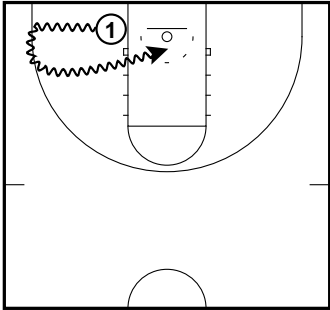


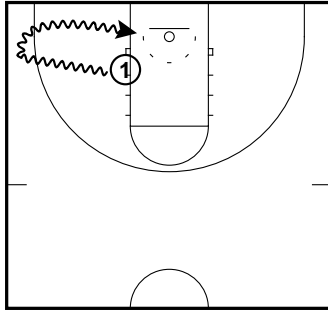
Bethel

ARC FINISHING
INDIVIDUAL SKILLS



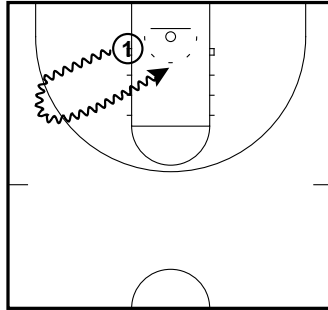
2 MOVES TURN CORNER FINISH
 1. DRIBBLE JAB
 2. BETWEEN LEGS CROSS
 3. PUSH CROSS
 4. SPEED

ARC FINISHING
INDIVIDUAL SKILLS



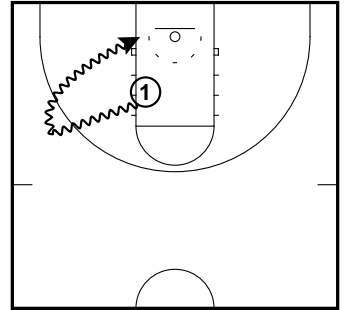
LEFT HAND WORKING VARIOUS FINISHES
 EMPHASIS ON TURNING CORNER
 EYES ON RIM
 HAND ON TOP OF BALL

ARC FINISHING
INDIVIDUAL SKILLS



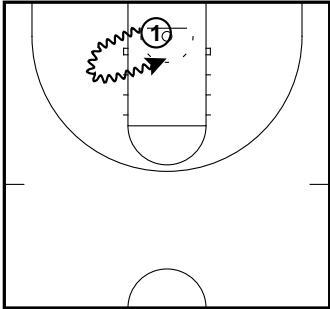
RIGHT HAND WING ATTACK

ARC FINISHING
INDIVIDUAL SKILLS



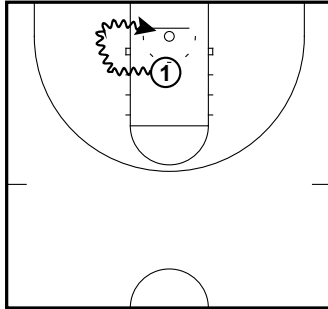
LEFT HAND WING ATTACK

ARC FINISHING
INDIVIDUAL SKILLS



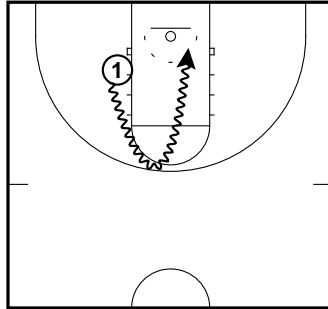
RIGHT HAND POST

ARC FINISHING
INDIVIDUAL SKILLS



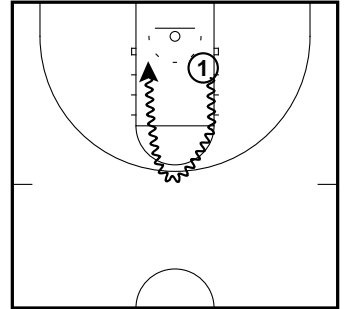
LEFT HAND POST

ARC FINISHING
INDIVIDUAL SKILLS



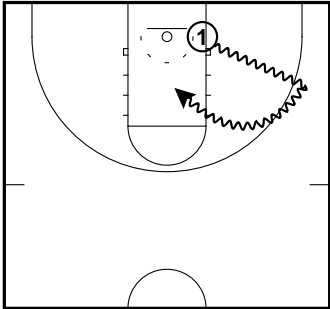
RIGHT HAND TOP

ARC FINISHING
INDIVIDUAL SKILLS



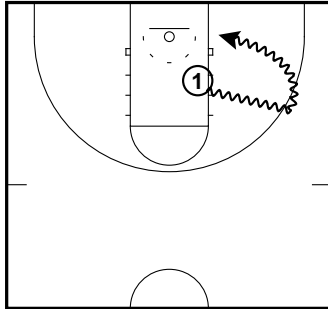
LEFT HAND TOP

ARC FINISHING
INDIVIDUAL SKILLS



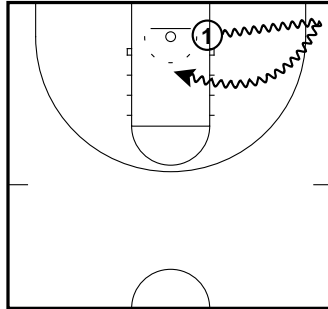
LEFT HAND WING

ARC FINISHING
INDIVIDUAL SKILLS



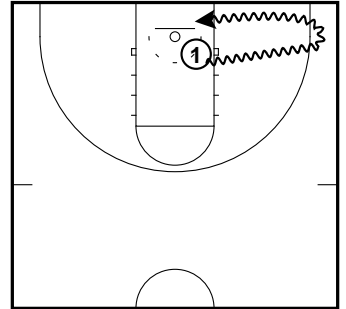
RIGHT HAND WING

ARC FINISHING
INDIVIDUAL SKILLS



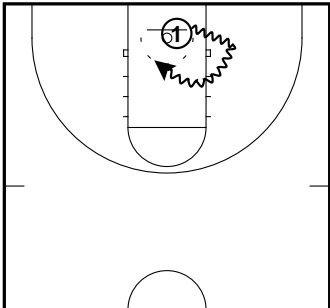
CORNER LEFT

ARC FINISHING
INDIVIDUAL SKILLS



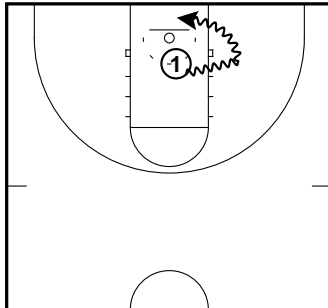
CORNER RIGHT

ARC FINISHING
INDIVIDUAL SKILLS



POST LEFT

ARC FINISHING
INDIVIDUAL SKILLS



POST RIGHT