

E3 HOOPS PLAYBOOKS

4-1 CHAMELEON ZONE DEFENSE

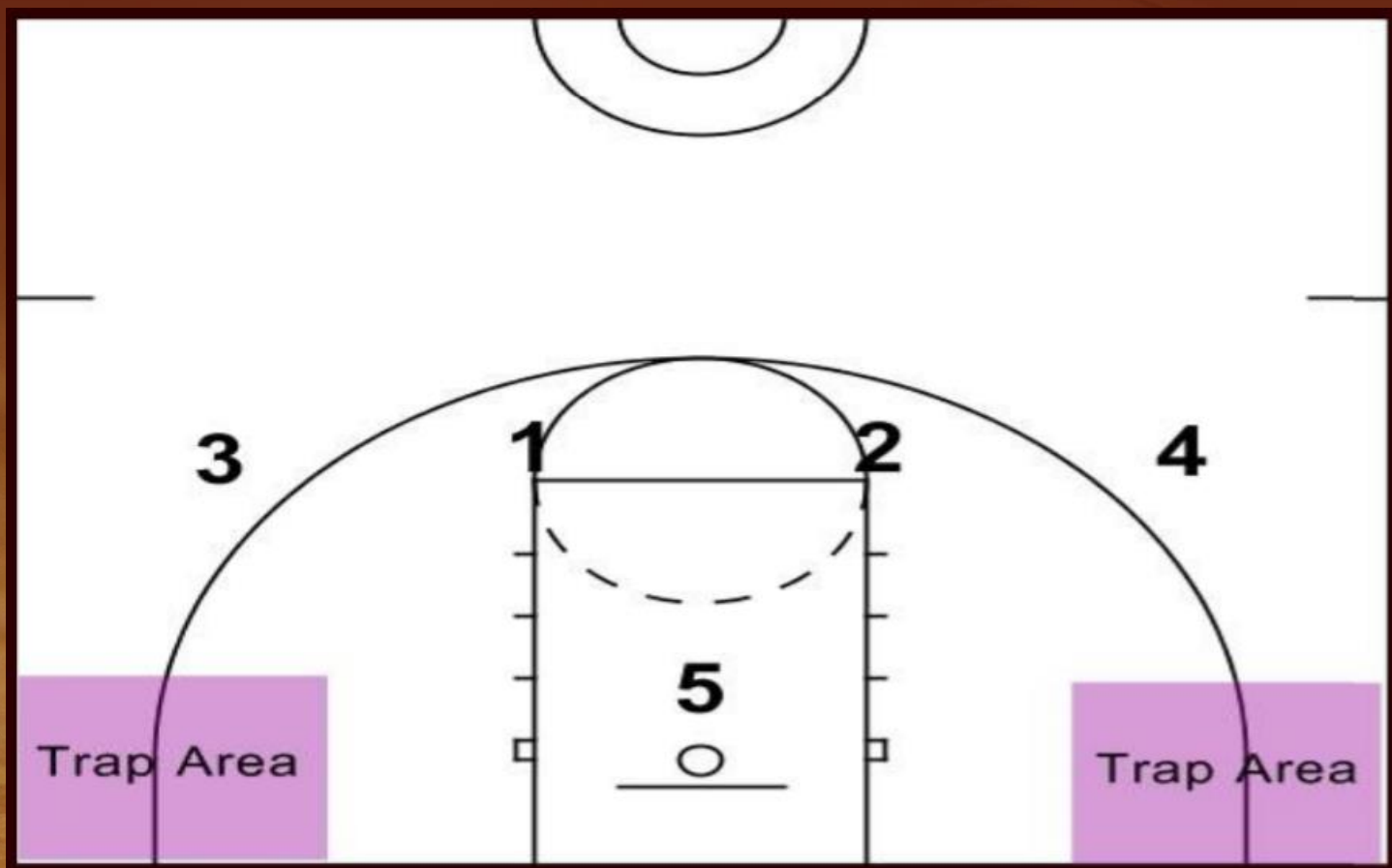
Coach Tyler Whitcomb



HOOPS ANALYTICS

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THE SET UP



- Line 4 guys a 2-3 steps above the Free Throw Line extended
- Your front line must stand close enough together where they do not get split by a pass
- We allow a few passes around the perimeter before we start trapping
- Once we the ball is passed to the corner, we are in our defense
- We want the ball to get skipped to the corner so we can trap and rotate

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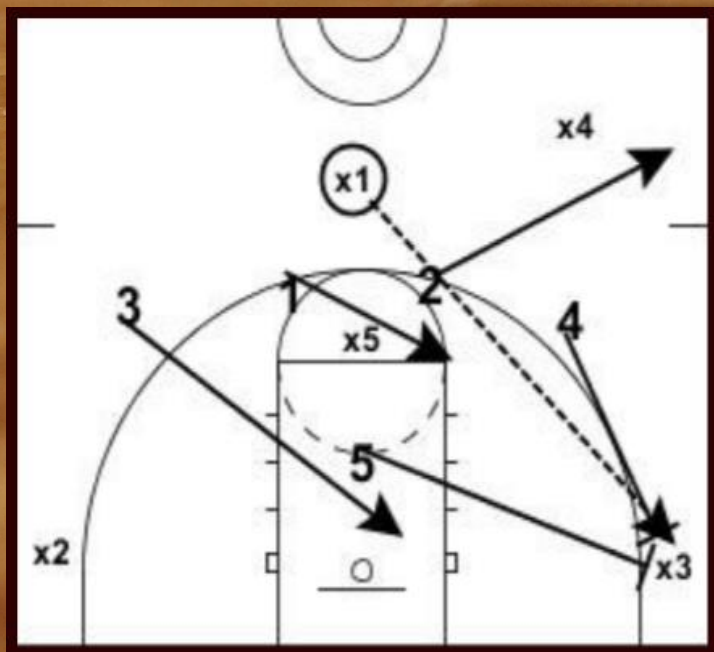
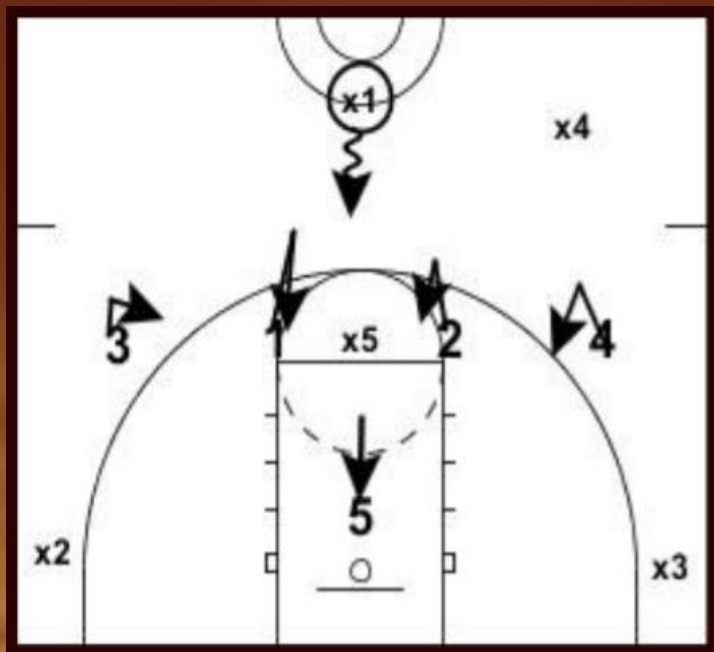
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4-1 ROTATIONS



- As soon as x1 crosses half court, we get bouncy and active, trying to intimidate the defense.

- When the ball is lobbed into the corner, on the flight of the ball we are moving and trapping.
- 4 and 5 trap corner
- 1 takes middle
- 3 guards the hoop
- 2 takes away the reversal

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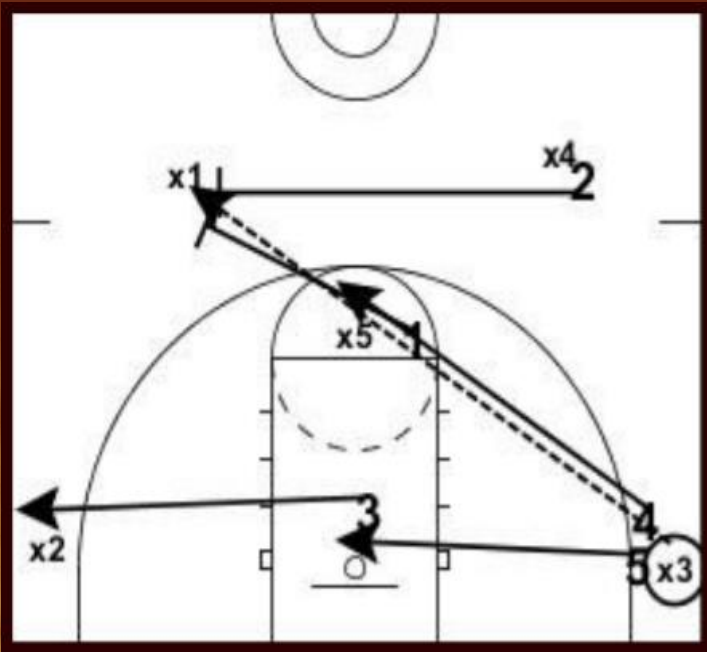
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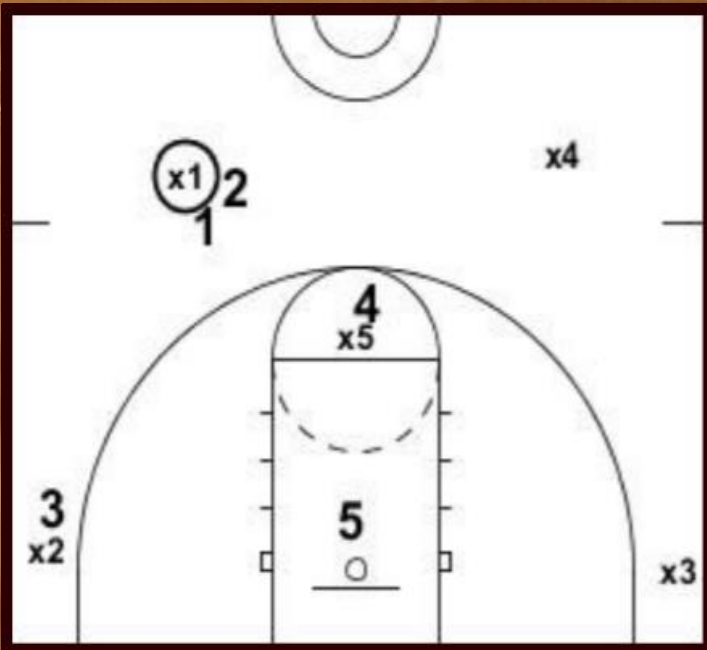
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4-1 ROTATIONS (CONT.)



- On the skip pass out of the corner on the flight of the ball...
- 1 and 2 trap the ball
- 3 takes away the reversal
- 4 takes away middle
- 5 protects the basket



- When we have a trap...
- Get a tip- there is no need to pick up a dumb foul.
- The two defenders have hip seal with their hips together preventing the split.

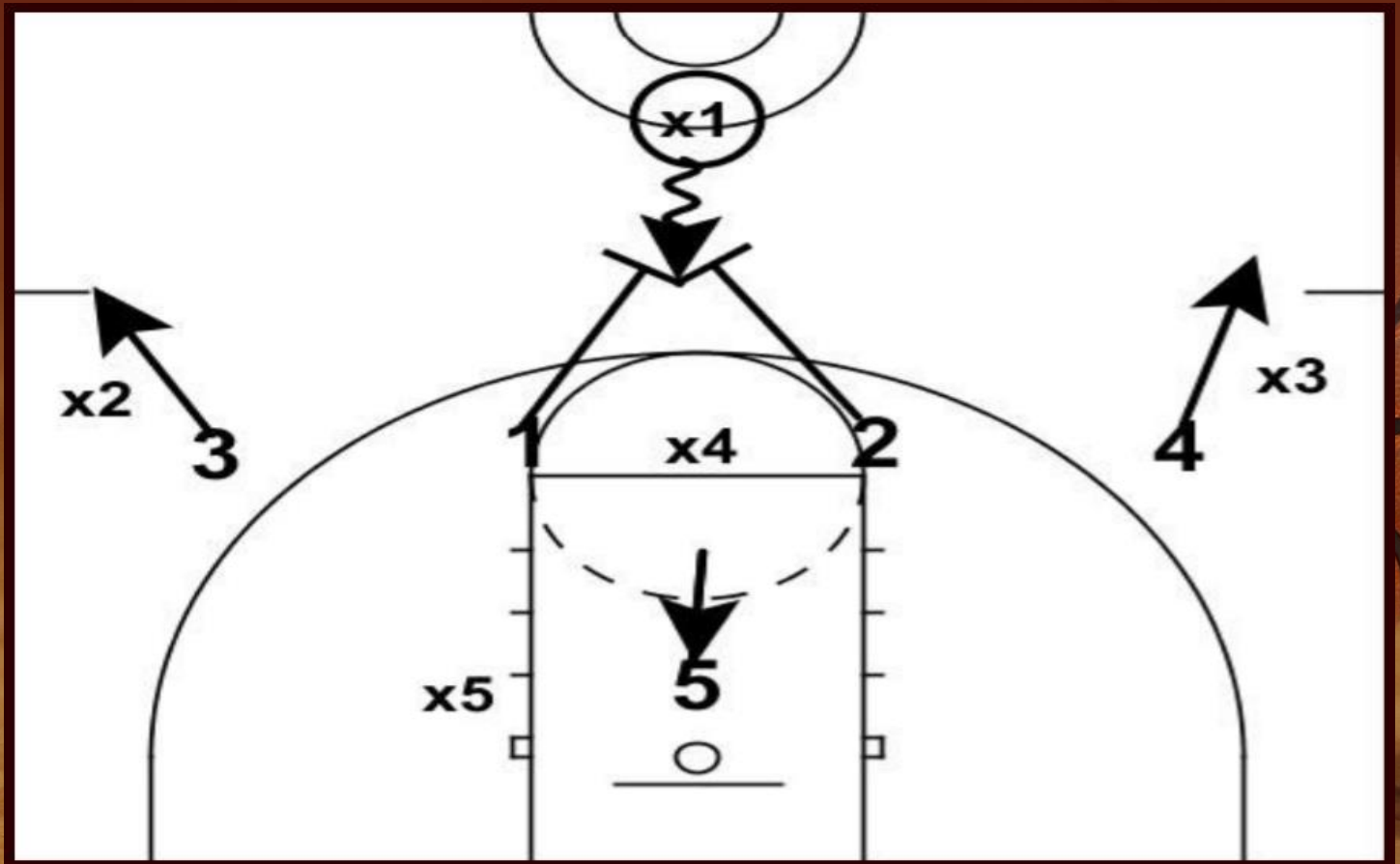
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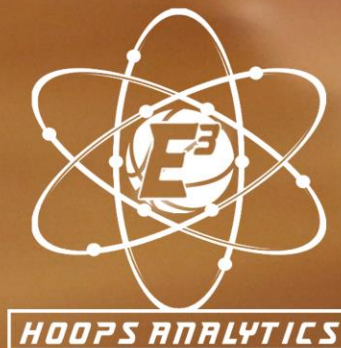
4-BLAST

TRAP IN THE MIDDLE OF THE COURT BY 1 AND 2



- When x1 crosses half court 1 and 2 run and double team the ball
- 2 and 3 take away passes on the wings
- 5 stunts at the middle but does not deny the middle
- If the ball is thrown in to the middle 5 will play cat and mouse until the defense recovers

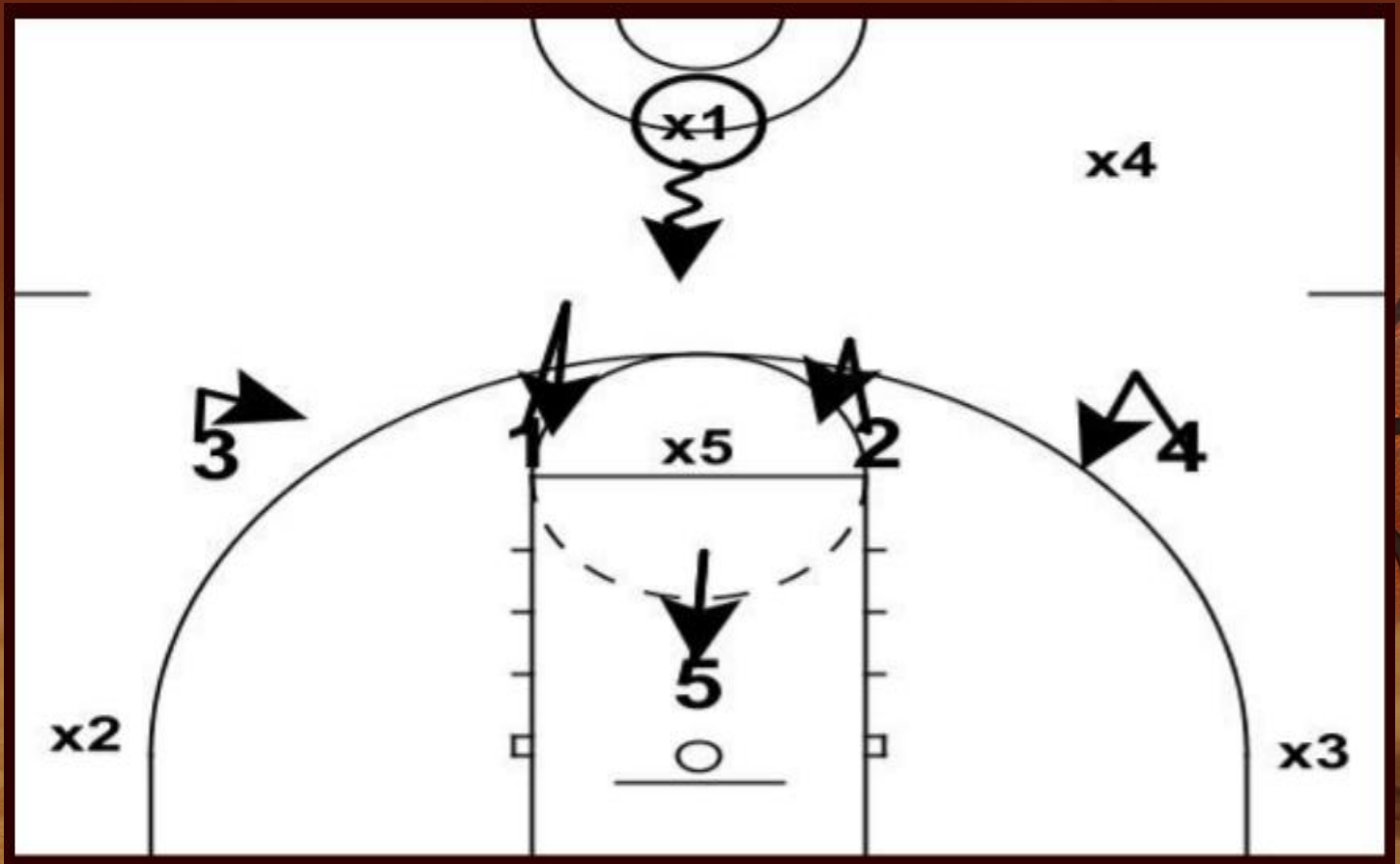
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4-FIRE

TRAP IN THE CORNER AFTER WE STUNT



- Line 4 guys a 2-3 steps above the Free Throw Line extended
- Your front line must stand close enough together where they do not get split by a pass
- We allow a few passes around the perimeter before we start trapping
- Once we the ball is passed to the corner, we are in our defense
- We want the ball to get skipped to the corner so we can trap and rotate

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4-1 -> 2-3 ZONE

ON THE FIRST PASS FALL INTO 2-3



- On the flight of the ball...
- 1 denies the middle
- 2 closes out on x3
- 3 drops to become the bottom weakside defender
- 4 takes the ball until 2 gets there; 4 becomes the bottom strong side defender
- 5 protects the basket



- Now apply your 2-3 rules.

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4-1 -> 2-3 ZONE

ON THE FIRST PASS FALL INTO 1-2-2



- On the flight of the ball...
- 1 takes the top of the zone
- 2 takes the ball
- 3 denies middle
- 4 drops to cover the corner
- 5 protects the basket



- Now apply your 1-2-2 Zone rules.

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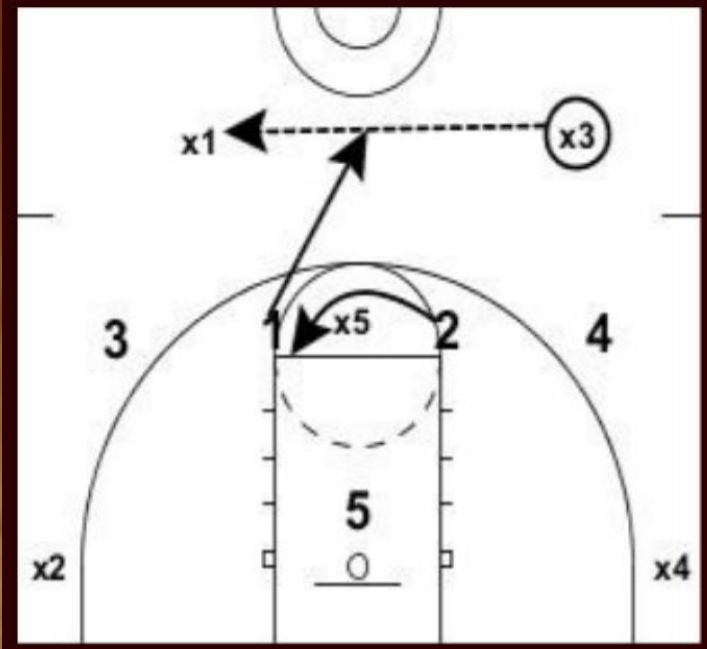


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4-1 → 1-3-1

AFTER THE FIRST PASS FALL INTO 1-3-1



- On the flight of the ball...
- 1 takes the top of the zone
- 2 denies the middle
- 3 and 4 stay on the wings
- 5 protects the basket



- Now apply your 1-3-1 Zone rules.

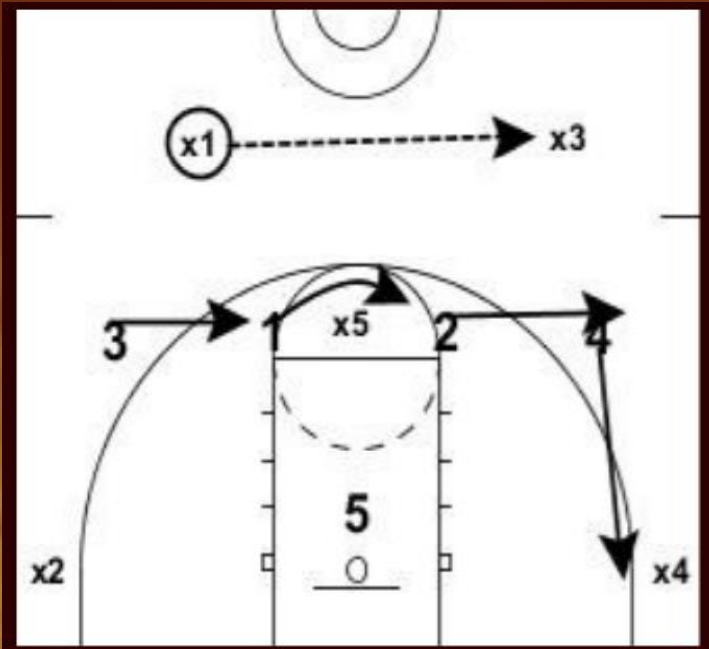
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4-1 → 3-2

AFTER THE FIRST PASS FALL INTO 3-2

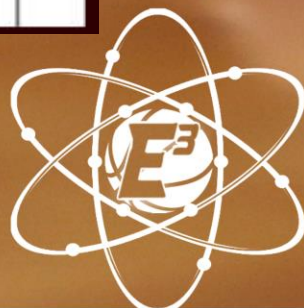


- On the flight of the ball...
- 1 denies the middle
- 2 bumps to the strong side wing
- 3 bumps to the weakside wing
- 4 drops to the corner
- 5 protects the basket



- Now apply your 3-2 Zone rules.

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4-1 -> MAN TO MAN

AFTER THE FIRST PASS FALL INTO MAN



- On the flight of the ball...
- Everybody matches up
- Can adjust your spots in the 4-1 so that you are purposely getting any mismatches



- Now apply your Man to Man rules.

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E3 HOOPS NEWS

1. Coach Tyler Whitcomb and E3 Hoops Analytics have partnered up to bring you the most innovative and exclusive platform that will cater to all your basketball analysis and scouting needs. Every team has unique tendencies. Therefore, we will work directly with YOU to get the MOST out of our service.
2. You are different than your opponents and we strive to be different than ours. Stay tuned for the only basketball platform that will provide you with the most in-depth scouting/playbook reports, customized metrics, video analysis, and much more...COMING THIS FALL!!!
3. Check out Tyler and Samario on this week's podcast of Hoop Heads Podcast as we talk about our new partnership of E3 Hoops Analytics, LLC and Tyler Whitcomb's Scouting Reports as we are teaming up to provide high school coaches with a one stop shop for all their basketball analysis needs. Thank you to Mike Klinzing and Jason Sunkle for inviting us on your podcast. You can also listen to the podcast at www.hoopheadspod.com
4. Connect With Us! E3 Hoops Analytics has partnered with iKaanic Media to make sure we are everywhere that you are.
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Check us out at:

www.e3hoopsanalytics.com

www.tylerwhitcomb.com

Email:

samario.clancy@e3hoopsanalytics.com

tyler.whitcomb@e3hoopsanalytics.com

kaan@ikaanic.media

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