# **ASCENDER**

**FOOTBALL** 







# **SCOUTING REPORT**

"SEIZE THE OPPORUNITIES AND MAKE IT HAPPEN!"



# ASCENDER

**FOOTBALL** 

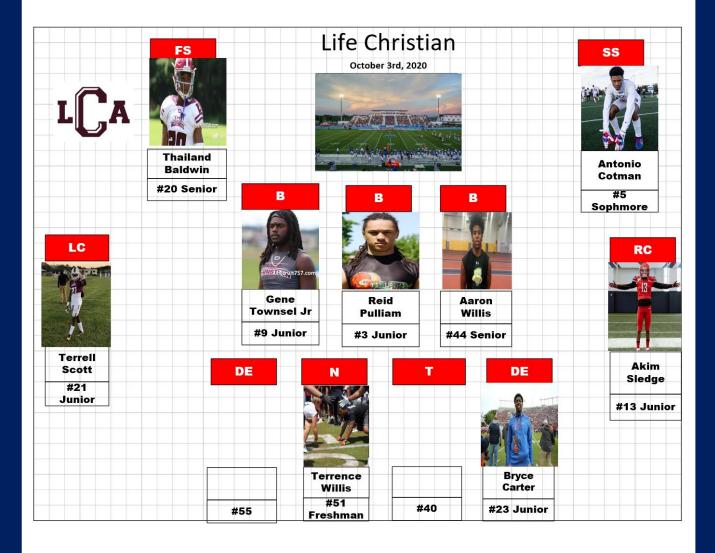
# Weekly Schedule

- Sunday (Review and Plan)
- •Monday (Review and Presentations)
- •Tuesday (Competition Tuesday)
- Wednesday (Ball Security Wed)
- •Thursday (Sweep the Corners)
- Friday (Lock In)

"You Will Play Like you Practice!"



# ASCENDER FOOTBALL





# COVERAGE REPORT

FRONT
BLITZ
STUNTS



**FOOTBALL** 

# THE BALL

# **12% RULE**

## Turnovers:

- •Sacks:
- •Penalties:
- •Drop balls:



# ASCENDER FOOTBALL

### **CREATING EXPLOSIVES**

"THIS IS WHO WE ARE"
(9)

AN EXPLOSIVE RUN IS:

ZQY +DI

AN EXPLOSIVE PASS IS:

TP+ ADZ



# ASCENDERS 3RD DOWN



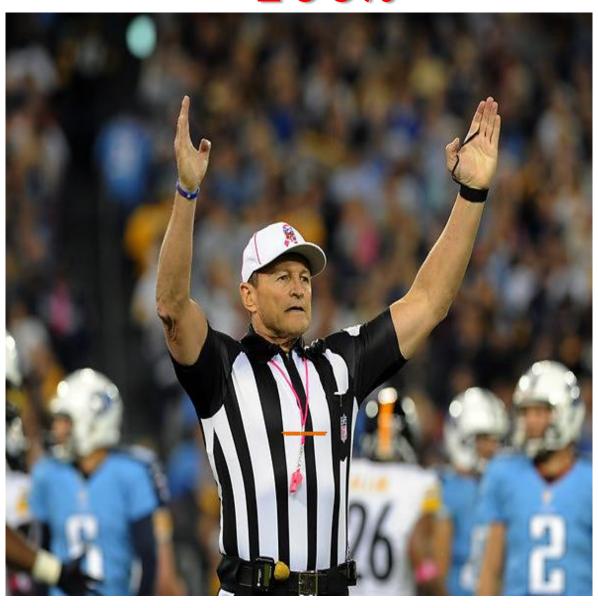
# 3<sup>RD</sup> DOWN "CONVERT" (40%)



### **ASCENDER**



# REDZONE 100%





# GAME PLAN



**FOOTBALL** 

LGA COLON

# FRONT BLITZ RUN GAME PROTECTION

B1,+2 W-0

(E) DINO GE

Blitz SWM

JESON BEW

Blitz: Sam C

Mike A / Will C

C SEANOROLLO

BIHZ: SAM B

EN CONTROL



# ASCENDER FOOTBALL

# RUN GAME

Doubles Rt 16

w 5 8 8 5 5 " Push"

Doubles LT 13

STORE W

# Doubles RT JET Doubles Rt comboys Cold るる。

TRIC LT 12

E STONEST

TRIC RT 16

TRIO RT 11

E ON ON T

TRIB Rt Cali Cold

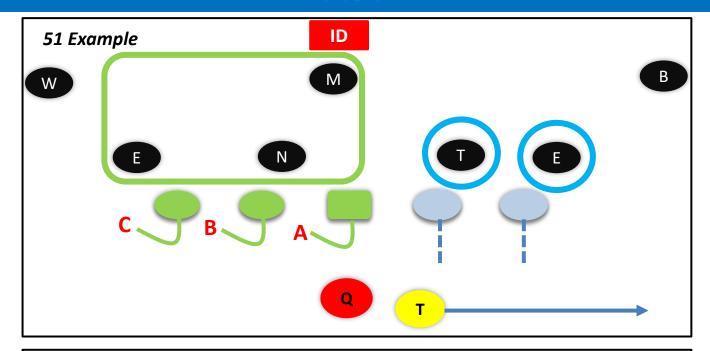
o WESONO ES TP

# Empty

EN S ROLL O

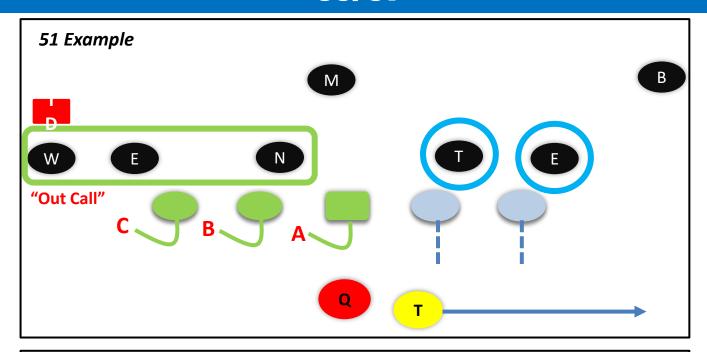


# Protections



Pass Protection Rules (Half slide half man)

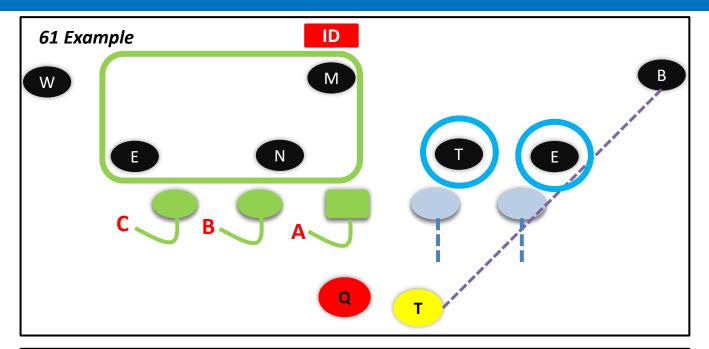
Center ID first LB away from the call side. (5 man box then the mike is the mike)



Pass Protection Rules (Half slide half man)

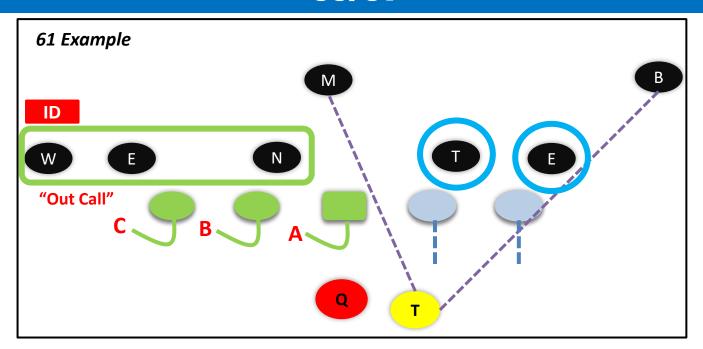
Center ID first LB away from the call side. (5 man box then the mike is the mike)

5 Man Box "Push" Call to Re-ID, T has #1 to #2



Pass Protection Rules (Half slide half man)

Center ID first LB away from the call side. (5 man box then the mike is the mike)



Pass Protection Rules (Half slide half man)

Center ID first LB away from the call side. (5 man box then the mike is the mike)

5 Man Box "Push" Call to Re-ID, T has #1 to #2

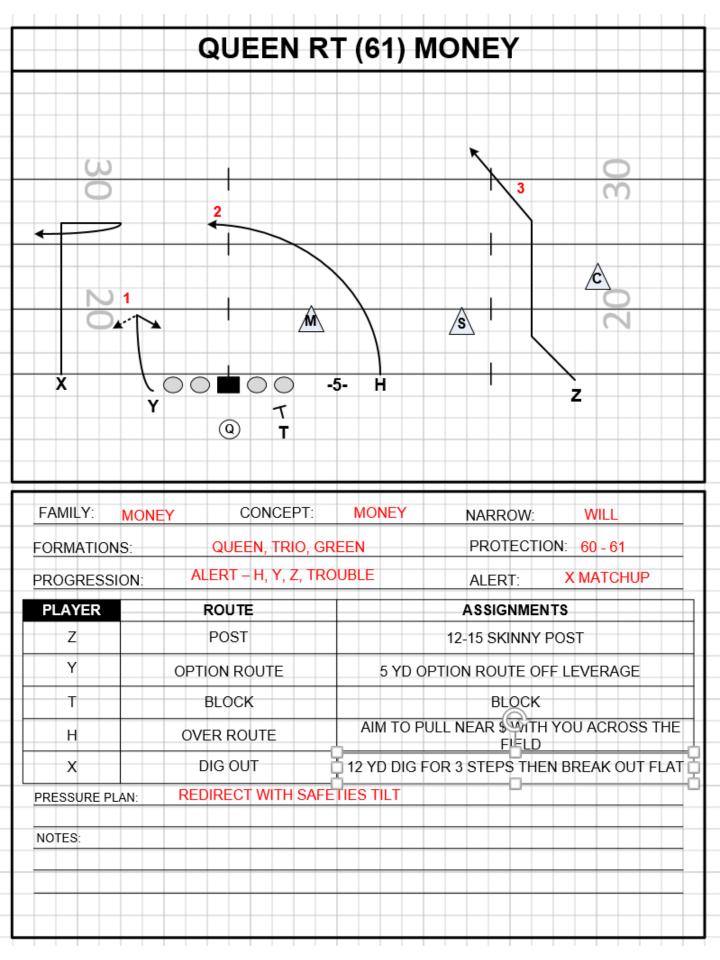


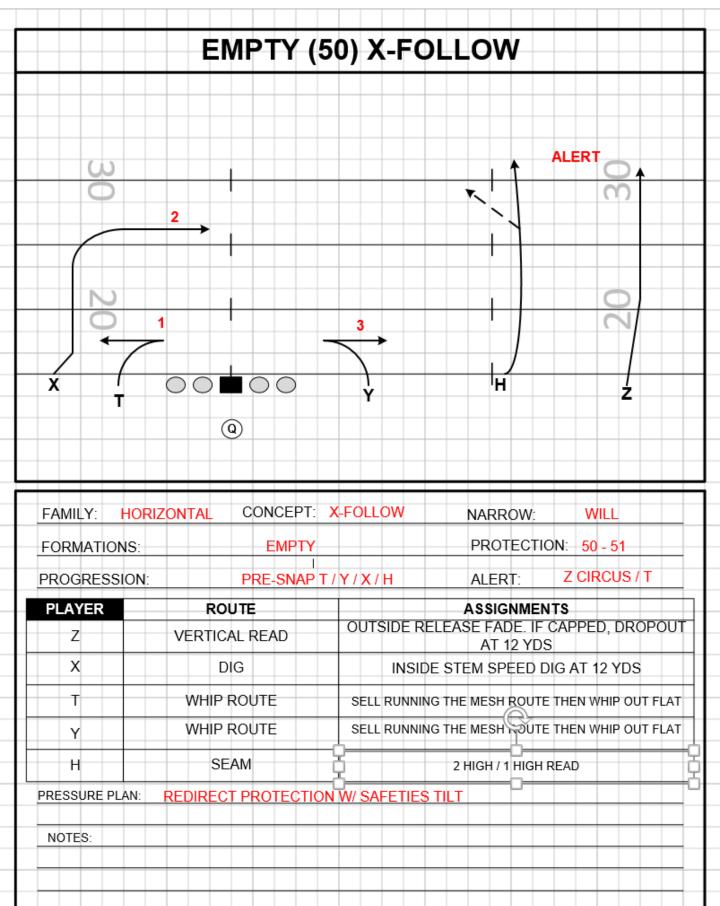
# **DECEPTIVES**

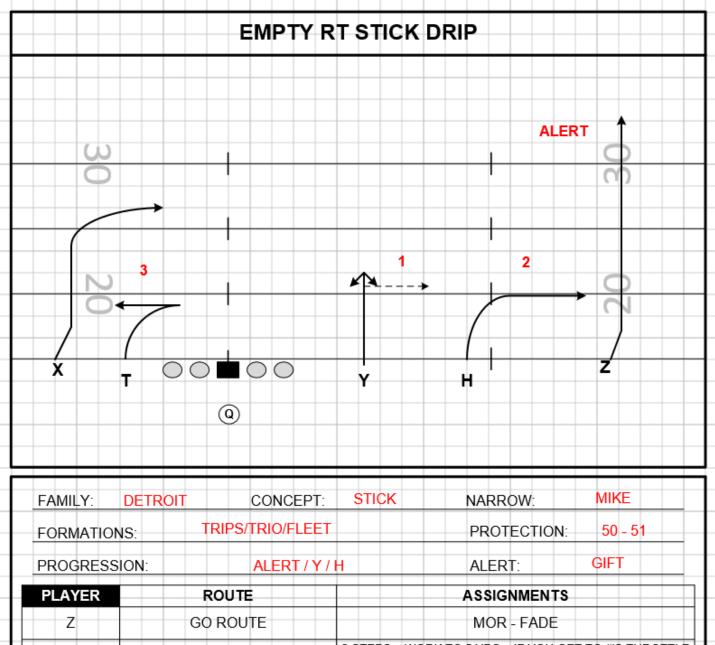


# ASCENDER FOOTBALL

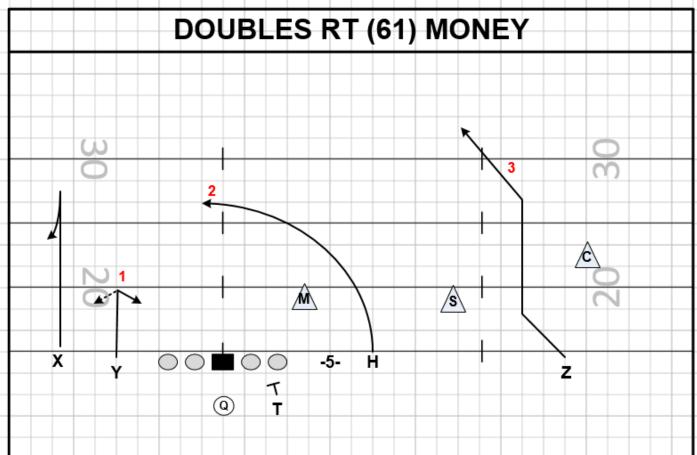
# NEW PASS PLAYS



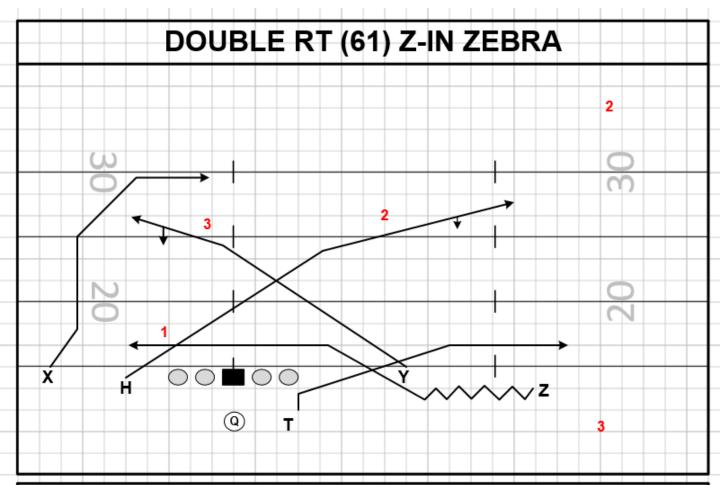




PLAYER	ROUTE	ASSIGNMENTS
Z	GO ROUTE	MOR - FADE
Н	SPEED OUT	2 STEPS – WORK TO 5 YDS – IF YOU GET TO #'S THROTTLE DOWN (ALERT – TRAP CORNER)
Y	STICK ROUTE	THROUGH 6 YDS – LULL AWAY FROM PRESSURE / NO PRESSURE - STICK
Т	WHIP ROUTE	SELL THE SHALLOW CROSS & BREAK OUT FLAT
x	DIG	INSIDE RELEASE DIG AT 10-12 YDS
PRESSURE PLAN:	NONE	
NOTES:		



FAMILY:	MONEY	CONCEPT:	MONEY	NARROW:	WILL
FORMATIONS	): :	QUEEN, DOUBL	ES	PROTECTIO	N: 60 - 61
PROGRESSIC	N: ALE	RT – H, Y, Z, TRO	OUBLE	ALERT:	X MATCHUP
PLAYER	R	DUTE		ASSIGNMEN	TS
Z	P	OST		12-15 SKINNY F	POST
Y	OPTIO	N ROUTE	5 YD OPTION ROUTE OFF LEVERAGE		
Т	ВІ	OCK	BLOCK		
Н	OVEF	ROUTE	AIM TO PULL NEAR \$ WITH YOU ACROSS THE FIELD		
х	LOCKED	DROPOUT	PUSH VERTICAL FOR 12 YDS THEN INSIDE TURN COMEBACK		
PRESSURE PLA	N: REDIF	RECT WITH SAFE	ETIES TILT		
NOTES:					



FAMILY: ZEBRA CONCEPT: CROSSERS NARROW	SAM
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FORMATIONS: DOUBLE, QUEEN PROTECTION: 60 - 61

PROGRESSION: PURE - Z/Y/T Z/X/H ALERT: MAN - F2

PLAYER	ROUTE	ASSIGNMENTS
Z	SHALLOW CROSS	MOTION TO THE Y ALIGN THEN SHALLOW CROSS AT THE DLINE HEELS
Y	DEEP CROSS	AIM 15 YARDS OPPOSITE HASH (SIT VS ZONE)
T	CHECK FLAT	CHECK BLITZ – GET TO FLAT
Х	ENDLINE DIG	LOSE 2 YDS ON RELEASE – POST DIG AT 15 YARDS (ENDLINE)
Н	DEEP CROSS	AIM 15 YARDS OPPOSITE HASH (SIT VS ZONE)

PRESSURE PLAN: REDIRECT PROTECTION TO SAFETIES TILT

5/6 MAN PRESSURE - THROW HOT/TROUBLE THROW

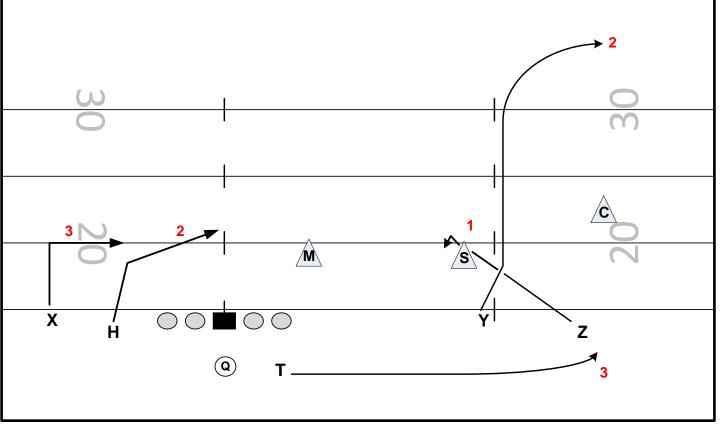
NOTES: COV 1 - F2 TO B1 (CONTROL MIKE WITH EYES)

BE AWARE OF POSSIBLE BACKSIDE TAGS



# PASS GAME

### **DOUBLES RT (51) CHEVRON 94**



FAMILY: GAS STATION CONCEPT: 3 MAN SNAG NARROW SAM

FORMATIONS: DOUBLE, TRIO, GREEN PROTECTION: 50 - 51

PROGRESSION: PURE - Z/Y/T Z/X/H ALERT: MAN - F2

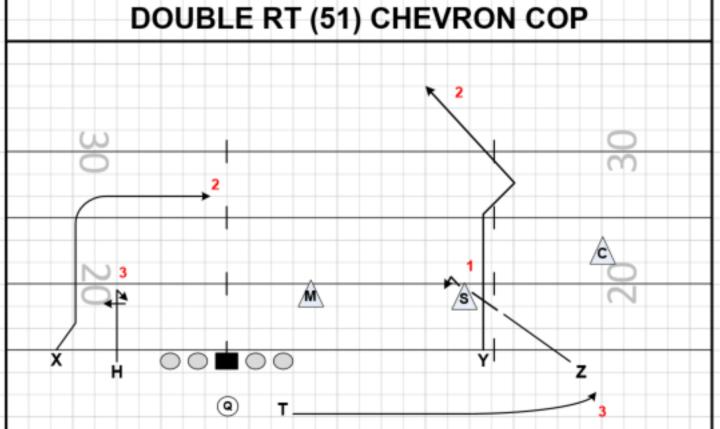
PLAYER	ROUTE	ASSIGNMENTS
Z	SNAG	3 MAN SNAG
Y	CORNER	CHEVRON CORNER – GAIN 2 ON RELEASE SPEED OUT AT 15 YDS
Т	HOT SWING	5 HARD STEPS – GIVE EYES TO QB
Х	PATIENT SLANT	5 YARD PATIENT SLANT
Н	SLANT	3 STEP SLANT GET VERTICAL ONCE IN HOLE

PRESSURE PLAN: REDIRECT PROTECTION TO SAFETIES TILT

5/6 MAN PRESSURE - THROW HOT/TROUBLE THROW

NOTES: COV 1 – F2 TO B1 (CONTROL MIKE WITH EYES)

BE AWARE OF POSSIBLE BACKSIDE TAGS



FAMILY: GAS STATION CONCEPT: 3 MAN SNAG NARROW SAM

FORMATIONS: DOUBLE, TRIO, GREEN PROTECTION: 50 - 51

PROGRESSION: PURE - Z/Y/T Z/X/H ALERT: MAN - F2

PLAYER	ROUTE	ASSIGNMENTS
z	SNAG	3 MAN SNAG
Y	COP ROUTE	COP – PUSH VERTICAL FOR 10 YDS SELL CORNER FOR 3 STEPS THEN PLANT FOR THE POST
Т	HOT SWING	5 HARD STEPS – GIVE EYES TO QB
х	SPEED DIG	LOSE 2 YDS ON RELEASE - SPEED DIG
н	GRAB	5 YD HITCH - PULL OUT WHEN QB GIVES EYES

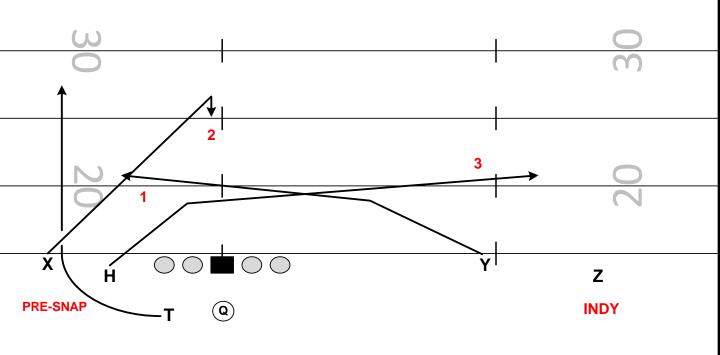
PRESSURE PLAN: REDIRECT PROTECTION TO SAFETIES TILT

5/6 MAN PRESSURE - THROW HOT/TROUBLE THROW

NOTES: COV 1 - F2 TO B1 (CONTROL MIKE WITH EYES)

BE AWARE OF POSSIBLE BACKSIDE TAGS

### **DOUBLES RT (50) MESH**



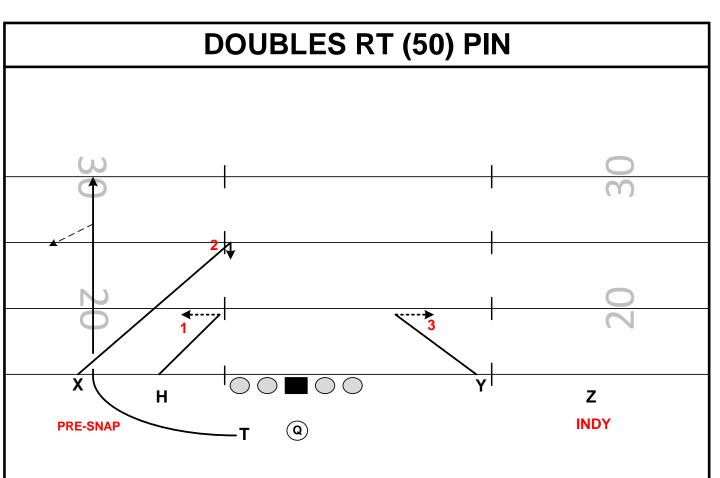
FAMILY: HORIZONTAL CONCEPT: MESH NARROW: WILL

FORMATIONS: DOUBLES / DUO / FLEET PROTECTION: 50 - 51

PROGRESSION: PRE-SNAP T / Y / X / H ALERT: Z INDY / T

PLAYER	ROUTE	ASSIGNMENTS
Z	INDY ROUTE	FADE/GLANCE/DROPOUT/STUTTER FADE
Y	SHALLOW CROSSER	SLAP HANDS OFF THE "MESHER"
Т	BULLET	REPLACE THE STEM OF THE "X". COVERAGE CAPPED=BACK SHOULDER. IF EVEN=LEAVING.
Н	SHALLOW CROSSER	SET THE MESH AT 6 YDS
X	HOOK ROUTE	ANGLE DEPARTURE – 10 YDS OVER "B" GAP

PRESSURE PLAN:	REDIRECT PROTECTION	W/ SAFETIES TILT	
NOTES:			



FAMILY: HORIZONTAL CONCEPT: MESH NARROW: WILL

FORMATIONS: DOUBLES, QUEEN PROTECTION: 50 - 51

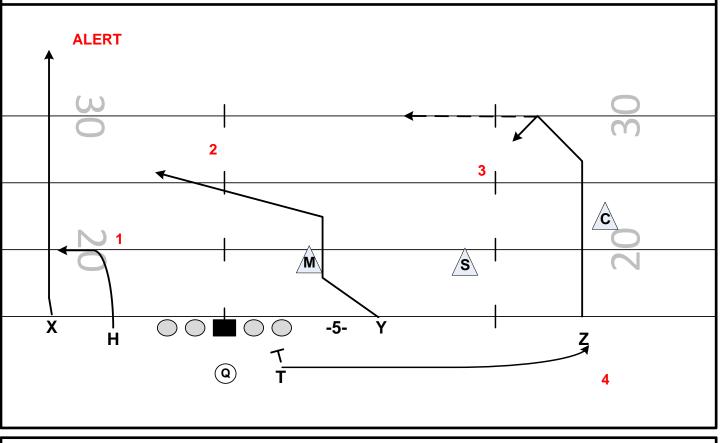
PROGRESSION: PRE-SNAP T/H/X/Y ALERT: Z INDY/T

PLAYER	ROUTE	ASSIGNMENTS
Z	INDY ROUTE	FADE/GLANCE/DROPOUT/STUTTER FADE
Y	PIN ROUTE	5 STEP "MESH" RELEASE – PIN BACK HORIZONTAL
Т	BULLET	REPLACE THE STEM OF THE "X". COVERAGE CAPPED=BACK SHOULDER. IF EVEN=LEAVING.
Н	PIN ROUTE	5 STEP "MESH" RELEASE – PIN BACK HORIZONTAL
Х	HOOK ROUTE	ANGLE DEPARTURE – 10 YDS OVER "B" GAP

PRESSURE PLAN:	REDIRECT PROTECTION W/ SAFETIES TILT

NOTES:

### **DOUBLES RT (61) CADDY**



FAMILY: CARS CONCEPT: Y CROSS NARROW: WILL

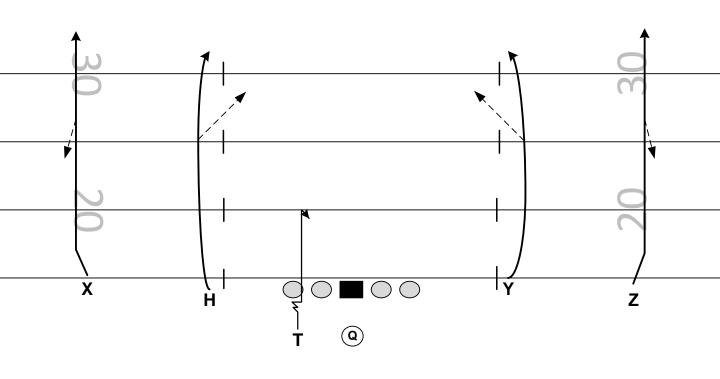
FORMATIONS: DOUBLE, TRIO, GREEN PROTECTION: 60 - 61

PROGRESSION: ALERT – H, Y, Z, TROUBLE ALERT: X MATCHUP

PLAYER	ROUTE	ASSIGNMENTS
Z	POST CURL	12-15 – CURL UP AND FIND THE WINDOW
Y	STAIRCASE	UNDER THE SAM, OVER THE MIKE, FIND GRASS
Т	SWING	C/R SWING – 5 STEPS PARALLEL TO LOS
Н	SPEED OUT	BE AWARE OF TRAP CORNER
Х	GO ROUTE	MOR - FADE
	DEDIDECT WITH CAFE	TIEO TIL T

PRESSURE PLAN:	REDIRECT WITH SAFETIES TILT
NOTES:	

### **DOUBLES RT (60) DAYTONA**



FAMILY: CARS CONCEPT: 4 VERTICALS NARROW: SAM OR WILL

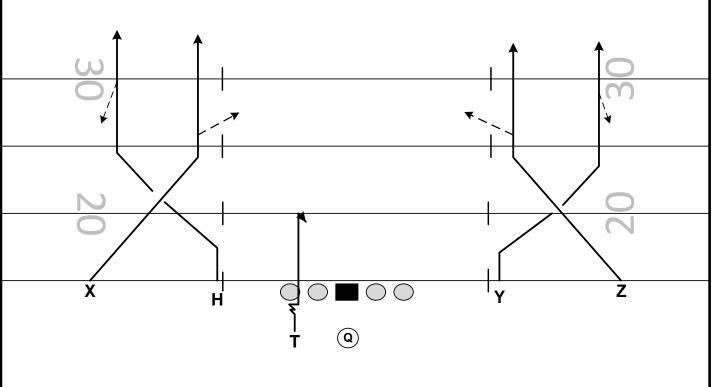
FORMATIONS: DOUBLE, TRIO PROTECTION: 60 - 61

PROGRESSION: COVERAGE READ ALERT: Z/X MATCHUP

PLAYER	ROUTE	ASSIGNMENTS
Z	GO ROUTE	CAP COVERAGE – DROPOUT. IF EVEN - LEAVING
Y	SEAM	2 HIGH/1 HIGH READ
Т	TAKE IT ROUTE	5 YARDS OVER THE CENTER
Н	SEAM	2 HIGH/1 HIGH READ
X	GO ROUTE	CAP COVERAGE – DROPOUT. IF EVEN - LEAVING

PRESSURE PLAN	: REDIRECT PROTECTION TO SAFE	ETIES TILT	
NOTES:			

### **DOUBLES RT (60) DAYTONA SWITCH**



FAMILY: VERTICAL CONCEPT: STICKS NARROW: SAM OR WILL

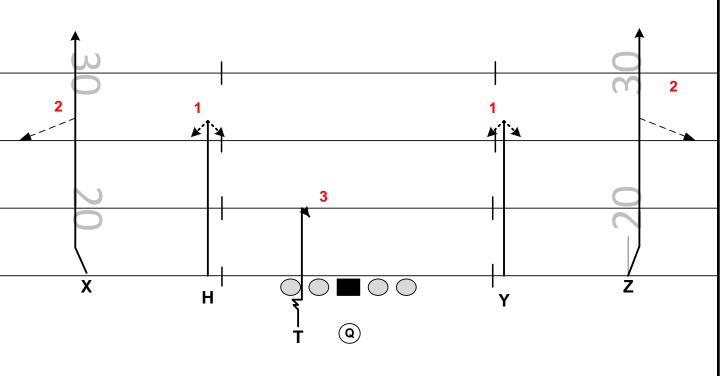
FORMATIONS: DOUBLES / TRIO PROTECTION: 60 - 61

PROGRESSION: PICK A SIDE – INSIDE OUT TO T ALERT: DROPOUTS

PLAYER	ROUTE	ASSIGNMENTS
Z	VERTICAL SWITCH	ANGLE DEPARTURE – MIDDLE OF THE FIELD OPEN – BEND, MIDDLE CLOSED - SEAM
Υ	VERTICAL SWITCH	PRESS 3 STEPS VERTICAL TO ATTACK HOLE PLAYER, THEN CREATE THE "SWITCH"
Т	TAKE IT ROUTE	5 YARDS OVER THE CENTER
Н	VERTICAL SWITCH	PRESS 3 STEPS VERTICAL TO ATTACK HOLE PLAYER, THEN CREATE THE "SWITCH"
X	VERTICAL SWITCH	ANGLE DEPARTURE – MIDDLE OF THE FIELD OPEN – BEND, MIDDLE CLOSED - SEAM

X	VERTICAL SWITCH	BEND, MIDDLE CLOSED - SEAM	
PRESSURE PLAN: REDIRECT PROTECTION TO SAFETIES TILT			
NOTES:			

### **DOUBLES RT (60) MARKER**



FAMILY: VERTICAL CONCEPT: STICKS NARROW: SAM OR WILL

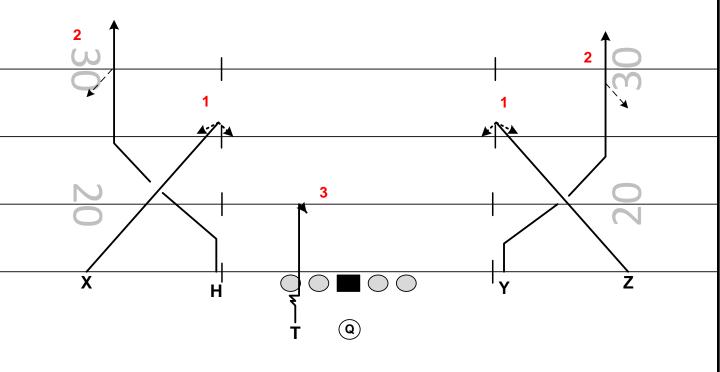
FORMATIONS: DOUBLE, QUEEN, TRIO, KING PROTECTION: 60 - 61

PROGRESSION: PICK A SIDE – INSIDE OUT TO T ALERT: Z/X MATCHUP

PLAYER	ROUTE	ASSIGNMENTS
Z	GO ROUTE	CAP COVERAGE – DROPOUT. IF EVEN - LEAVING
Υ	MARKER ROUTE	DEEP HITCH ROUTE – GET TO 1 <sup>ST</sup> DOWN MARKER
Т	TAKE IT ROUTE	5 YARDS OVER THE CENTER
Н	MARKER ROUTE	DEEP HITCH ROUTE – GET TO 1 <sup>ST</sup> DOWN MARKER
Х	GO ROUTE	CAP COVERAGE – DROPOUT. IF EVEN - LEAVING

PRESSURE PL	PRESSURE PLAN: REDIRECT PROTECTION TO SAFETIES TILT		
NOTES:			

### **DOUBLES RT (60) MARKER SWITCH**



FAMILY: VERTICAL CONCEPT: STICKS NARROW: SAM OR WILL

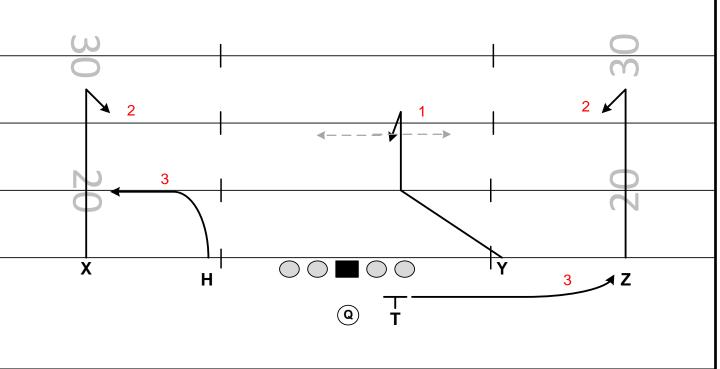
FORMATIONS: DOUBLE, QUEEN PROTECTION: 60 - 61

PROGRESSION: PICK A SIDE – INSIDE OUT TO T ALERT: DROPOUTS

PLAYER	ROUTE	ASSIGNMENTS
Z	MARKER SWITCH	ANGLE DEPARTURE – LANDMARK IS PAST THE 1 <sup>ST</sup> DOWN STICKS ON THE HASH
Υ	VERTICAL SWITCH	PRESS 3 STEPS VERTICAL TO ATTACK HOLE PLAYER, THEN CREATE THE "SWITCH"
Т	TAKE IT ROUTE	5 YARDS OVER THE CENTER
Н	VERTICAL SWITCH	PRESS 3 STEPS VERTICAL TO ATTACK HOLE PLAYER, THEN CREATE THE "SWITCH"
X	MARKER SWITCH	ANGLE DEPARTURE – LANDMARK IS PAST THE 1 <sup>ST</sup> DOWN STICKS ON THE HASH

^	WARRER SWITCH	STICKS ON THE HASH	
PRESSURE PL	RESSURE PLAN: REDIRECT PROTECTION TO SAFETIES TILT		
NOTES:			

#### **DOUBLES RT (61) HONDA**



FAMILY: CARS CONCEPT: OPTION - CURL/FLAT NARROW: MIKE

FORMATIONS: DOUBLE, TRIO, TRIPS, KING, QN PROTECTION: 60 - 61/50 - 51

PROGRESSION: TRIANGLE PROGRESSION INSIDE/OUT ALERT: Y WILL FIND GRASS

PLAYER	ROUTE	ASSIGNMENTS
Z	12 YD CURL	LANDMARK – INSIDE EDGE OF NUMBERS
Y	OPTION ROUTE	8 -10 YD OPTION ROUTE - WORK MIKE LB FOR GRASS
Т	CHECK SWING	5 STEPS PARALLEL TO EDGE OF NUMBERS
Н	SPEED OUT	BE AWARE OF TRAP CORNER
Х	12 YD CURL	LANDMARK – INSIDE EDGE OF NUMBERS

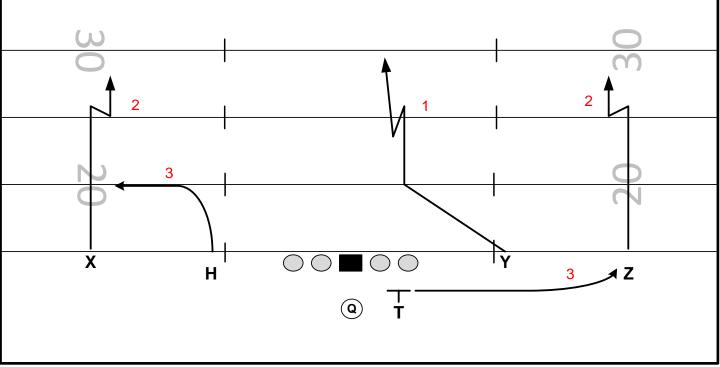
PRESSURE PLAN: REDIRECT PROTECTION WITH SAFETY TILT

NOTES: COVER 2 – CURL ROUTES INSIDE RELEASE AND GET BACK TO

LANDMARK. COVER 1 – OPTION ROUTE MUST WIN VS/ MIKE LB

PROGRESSION: OPTION - CURL FLAT (AWAY ROT / 2 HIGH OR EVEN = FIELD)

#### **DOUBLES RT (61) HONDA PUMP**



FAMILY: CARS CONCEPT: OPTION - CURL/FLAT- PUMP NARROW: MIKE

FORMATIONS: DOUBLES/DUO/TRIPS/TRIO/FLEET PROTECTION: 60 - 61/50 - 51

PROGRESSION: TRIANGLE PROGRESSION INSIDE/OUT ALERT: Y WILL FIND GRASS

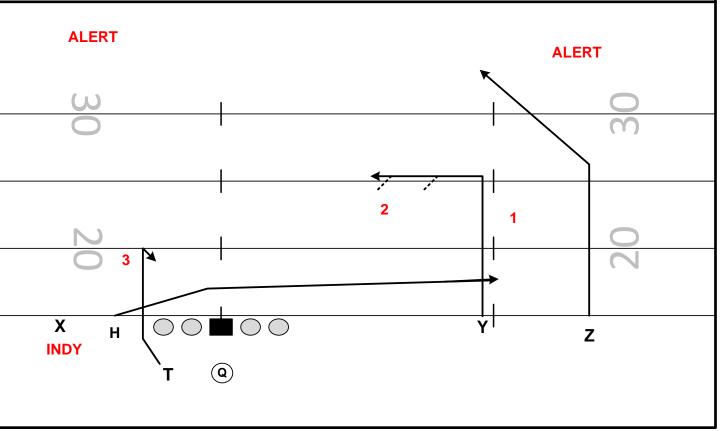
PLAYER	ROUTE	ASSIGNMENTS
Z	12 YD CURL & GO	LANDMARK – INSIDE EDGE OF NUMBERS – STUTTER & GO
Y	OPTION ROUTE & GO	8 -10 YD OPTION ROUTE - WORK MIKE LB FOR GRASS
Т	CHECK SWING	5 STEPS PARALLEL TO EDGE OF NUMBERS
Н	SPEED OUT	BE AWARE OF TRAP CORNER
Х	12 YD CURL & GO	LANDMARK – INSIDE EDGE OF NUMBERS – STUTTER & GO

PRESSURE PLAN: REDIRECT PROTECTION WITH SAFETY TILT

NOTES: COVER 2 – CURL ROUTES INSIDE RELEASE AND GET BACK TO

LANDMARK. COVER 1 – OPTION ROUTE MUST WIN VS/ MIKE LB

### **DOUBLES RT (60) BENZ**



FAMILY: CARS CONCEPT: DRIVE (HIGH-LOW) NARROW: SAM

FORMATIONS: DOUBLE, QUEEN, TRIO, TRIPS PROTECTION: 60 – 61/50 - 51

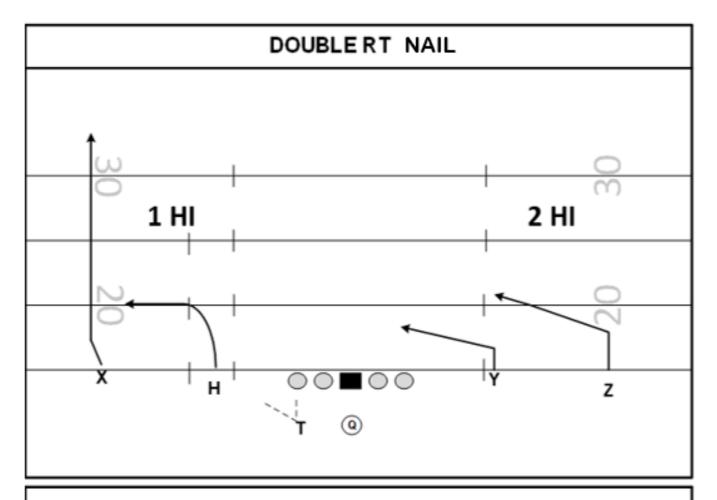
PROGRESSION: ALERT – H / Y / TROUBLE (MIKE RD) ALERT: INDY

PLAYER	ROUTE	ASSIGNMENTS
Z	POST	POST ROUTE – BREAK AT 10-12 YDS
Y	BASIC ROUTE	10 – 12 YD DIG – FIND GRASS. ASSUME 1 <sup>ST</sup> WINDOW CLOSED
Т	SIT ROUTE	C/R SIT AT 5 YDS
Н	SHALLOW CROSS	RELEASE AT HEELS OF DL – AIM 5-6 YDS OPPOSITE HASH
X	INDY ROUTE	FADE/GLANCE/DROPOUT/STUTTER FADE

PRESSURE PLAN: REDIRECT PROTECTION WITH SAFETIES TILT

NOTES: QB WILL SIGNAL "X" INDY ROUTE

IF SAFETIES ROTATE TO STRENGTH, SIT ROUTE BECOMES #2



FAMILY: QK GAME CONCEPT: ZONEMAN BEATER NARROW: FLAT DEFENDER

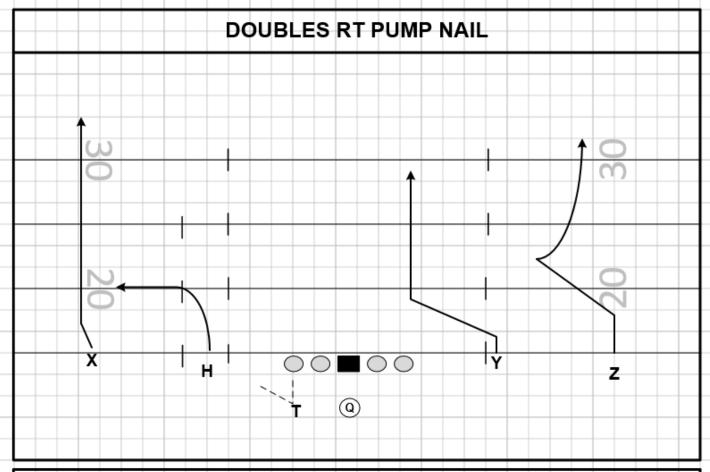
FORMATIONS: DOUBLE PROTECTION: SPAN

PROGRESSION: BEST MATCHUP - READ INSIDE OUT ALERT: NONE

PLAYER	ROUTE	ASSIGNMENTS
Z	TEMPO SLANT	5 STEP TEMPO SLANT
Y	SLANT	3 STEP SLANT
Т	PASS PROTECTION	PROTECTION - INSIDE/OUT
Н	OUT	3 STEP OUT
Х	GO	MOR

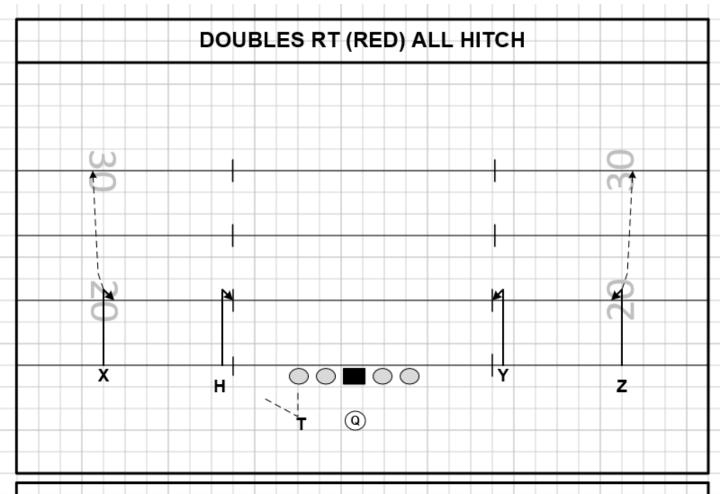
PRESSURE PLAN:	ION	E
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NOTES:



FAMILY: QK GAME	CONCEPT: ZONE/MAN BEATER	NARROW: FLAT DEFENDER
FORMATIONS:	DOUBLES	PROTECTION: 50 - 51
PROGRESSION: BEST M.	ATCHUP - READ INSIDE OUT	ALERT: NONE

	ROUTE	ASSIGNMENTS
Z	5 STEP SLANT & GO	5 STEP TEMPO SLANT & GO (GET WIDTH)
Y	3 SLANT & GO	3 STEP SLANT 7 GO
Т	PASS PROTECTION	PROTECTION - INSIDE/OUT
Н	OUT	3 STEP OUT
х	GO	MOR
PRESSURE PLAN	N: NONE	
NOTES:		

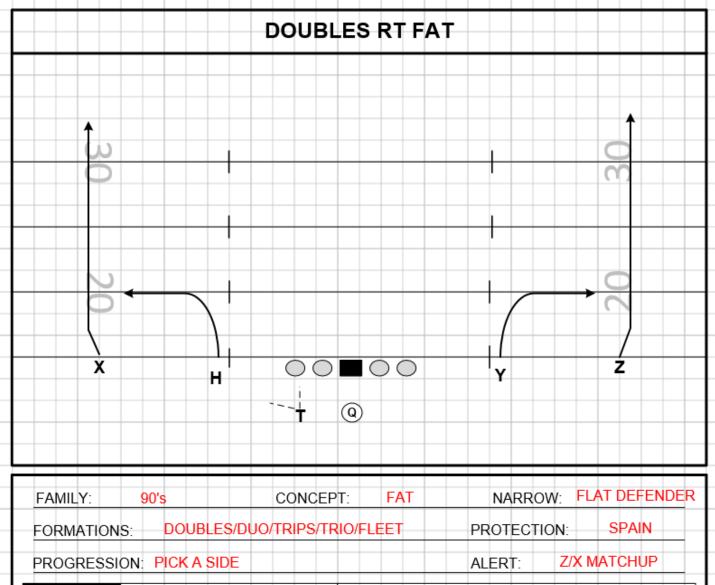


FAMILY: QK GAME CONCEPT: HITCH/\$EAM NARROW: DAYTONA RULES

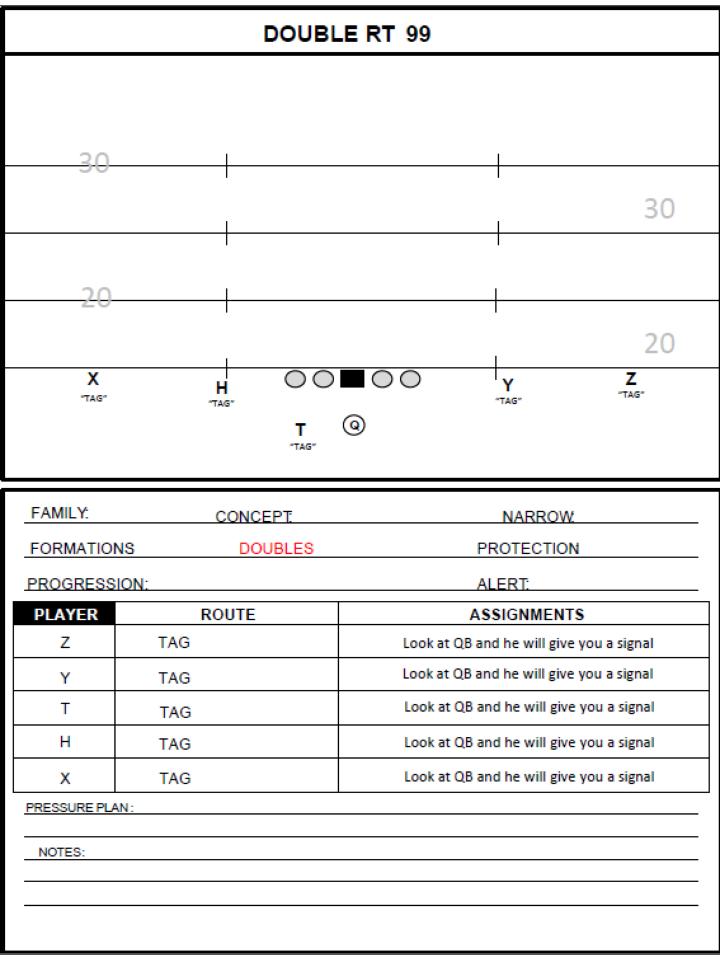
FORMATIONS: DOUBLES/DUO/TRIPS/TRIO/FLEET PROTECTION: SPAIN

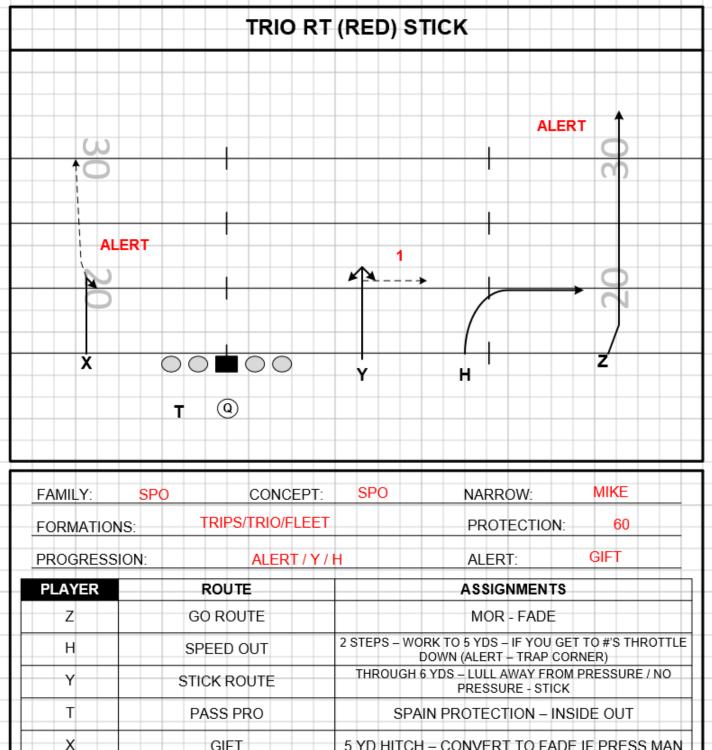
PROGRESSION: POST SAFETY - BEST LOOK/ SPLIT SAFETY - READ LIKE ALERT: BEST MATCHUP

	" DATTONA	
PLAYER	ROUTE	ASSIGNMENTS
Z	HITCH	5 YARD HITCH/ADJUST TO FADE VS. PRESS MAN
Υ	HITCH	5 YD HITCH
T	PASS PROTECTION	SPAIN PASS PROTECTION - INSIDE/OUT
Н	HITCH	5 YD HITCH
х	HITCH	5 YARD HITCH/ADJUST TO FADE VS. PRESS MAN
PRESSURE PLAN	: NONE	
NOTES:		



PLAYER	ROUTE	ASSIGNMENTS
Z	GO ROUTE	MOR - FADE
Y	SPEED OUT	BEGIN BEND AT 2 YDS - HORIZONTAL AT 5 YDS
T	PASS PROTECTION	SPAIN PASS PROTECTION - INSIDE OUT
Н	SPEED OUT	BEGIN BEND AT 2 YDS - HORIZONTAL AT 5 YDS
х	GO ROUTE	MOR - FADE
PRESSURE PLAN:	NONE	
NOTES:		





Т	PASS PRO	SPAIN PROTECTION – INSIDE OUT
Х	GIFT	5 YD HITCH - CONVERT TO FADE IF PRESS MAN
PRESSURE PLA	N: NONE	
NOTES:		

## 

FAMILY: GAS STATION CONCEPT: 2 MAN SNAG NARROW: WILL

FORMATIONS: TRIO PROTECTION: 50 - 51

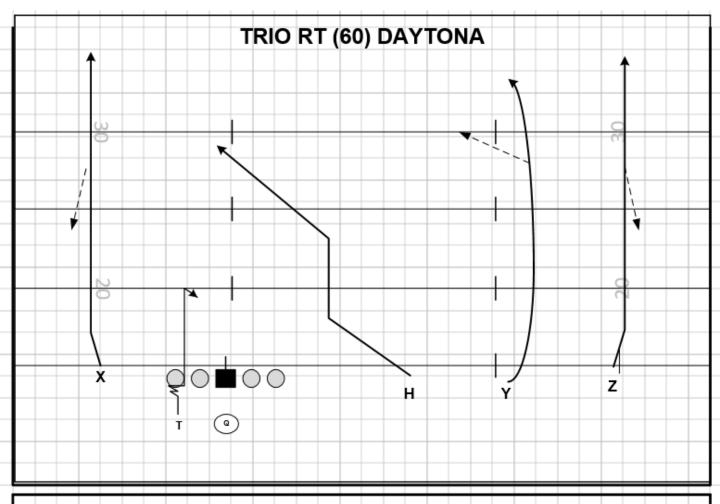
PROGRESSION: PURE ALERT: POST VS COV 4

PLAYER	ROUTE	ASSIGNMENTS
Z	10-12 YD POST	VERTICAL RELEASE – LOCK POST
Н	10 YD SPEED DIG	LOSE 2 YDS ON RELEASE – SPEED DIG
Y	GRAB	5 YD HITCH – PULL OUT WHEN QB MEETS EYES
Х	EXXON SNAG	2 MAN SNAG ROUTE
Т	HOT SWING	3 HARD STEPS – GIVE EYES TO QB

PRESSURE PLAN: REDIRECT PROTECTION TO SAFETIES TILT

5/6 MAN PRESSURE – THROW HOT/TROUBLE THROW

NOTES: COV 2: SNAG MID POINT COR & WILL / PRESS MAN: BULLETS CHECK



FAMILY: CARS CONCEPT: 4 VERTICALS NARROW: SAM OR WILL

FORMATIONS: TRIO PROTECTION: 60 - 61

PROGRESSION: COVERAGE READ ALERT: Z/X MATCHUP

PLAYER	ROUTE	ASSIGNMENTS
Z	GO ROUTE	CAP COVERAGE - DROPOUT. IF EVEN - LEAVING
Y	CROSS SEAM	AIM 22 AT OPPOSITE HASH
T	TAKE IT ROUTE	5 YARDS OVER THE CENTER
Н	SEAM	2 HIGH/1 HIGH READ
Х	GO ROUTE	CAP COVERAGE - DROPOUT. IF EVEN - LEAVING

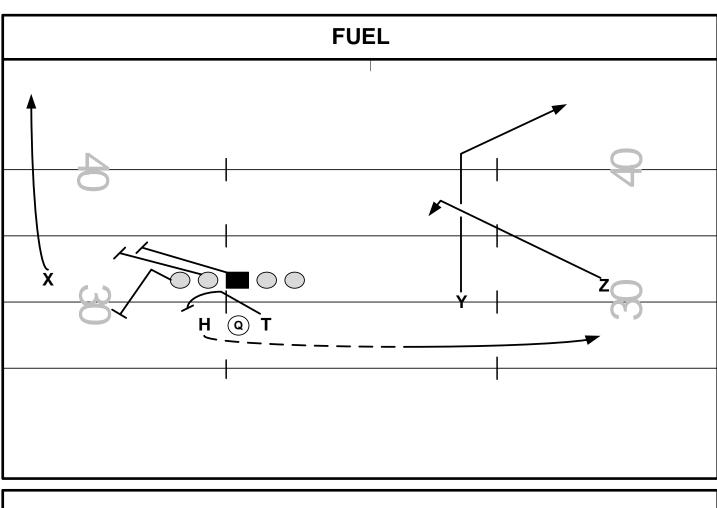
PRESSURE PLAN: REDIRECT PROTECTION TO SAFETIES TILT

NOTES:



## ASCENDER FOOTBALL

### SCREENS

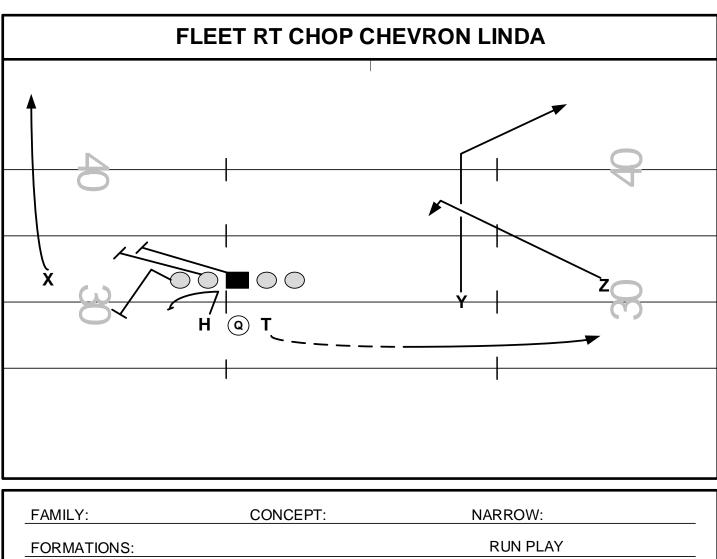


FAMILY:	CONCEPT:	NARROW:
FORMATIONS:		RUN PLAY

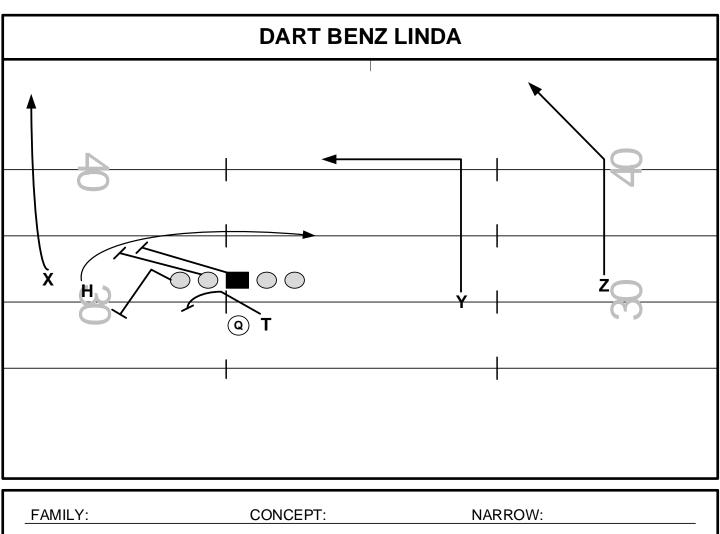
PROGRESSION: ALERT:

PLAYER	ROUTE	ASSIGNMENTS
Z	SNAG	
Y	CORNER	
Н	PLANE KEY 3	
Х	RUN OFF	
Т	LINDA	

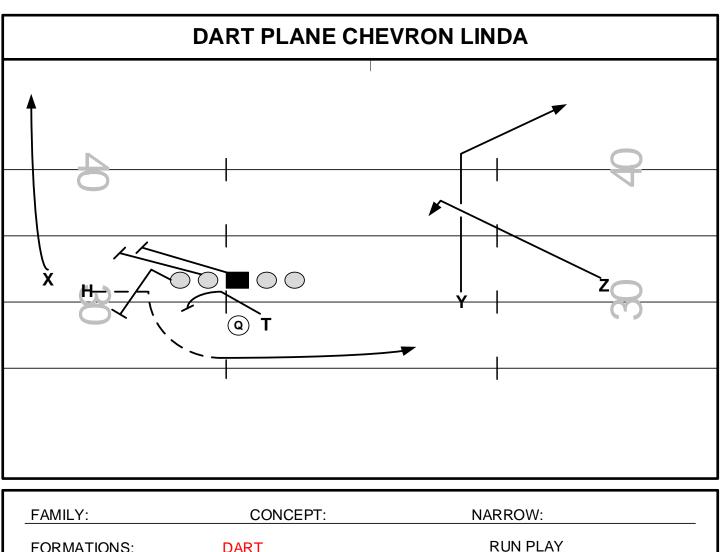
PRESSURE PLAN:		
NOTES:		



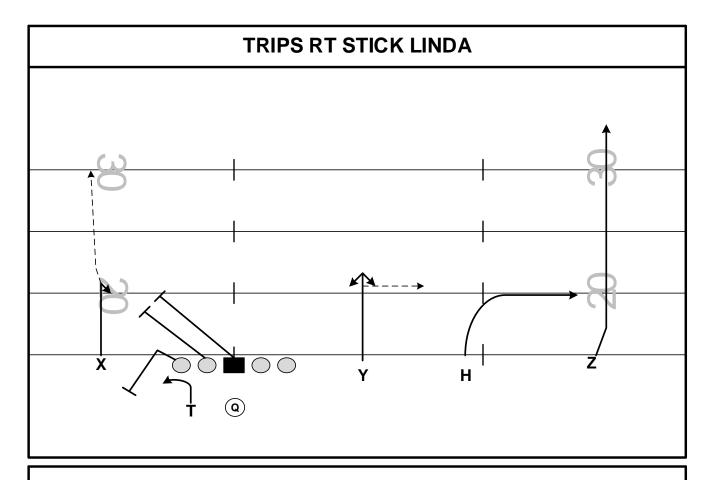
FORMATION	NS:	RUN PLAY
PROGRESS	SION:	ALERT:
PLAYER	ROUTE	ASSIGNMENTS
Z	SNAG	
Y	CORNER	
Н	LINDA	
Х	RUN OFF	
Т	CHOP MOTION	
PRESSURE PL	AN:	
NOTES:		



FORMATION	NS: DART	RUN PLAY
PROGRESS	SION:	ALERT:
PLAYER	ROUTE	ASSIGNMENTS
Z	POST	
Y	DIG	
Н	BENZ	
Х	RUN OFF	
Т	LINDA	
PRESSURE PL	AN:	
NOTES:		



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PROGRESS	SION:	ALERT:
PLAYER	ROUTE	ASSIGNMENTS
Z	SNAG	
Y	CORNER	
Н	PLANE KEY 3	
Х	RUN OFF	
Т	LINDA	
PRESSURE PL	AN:	
NOTES:		



FAMILY: SCREEN CONCEPT: STICK NARROW: MIKE

FORMATIONS: TRIPS/TRIO/FLEET PROTECTION: LINDA

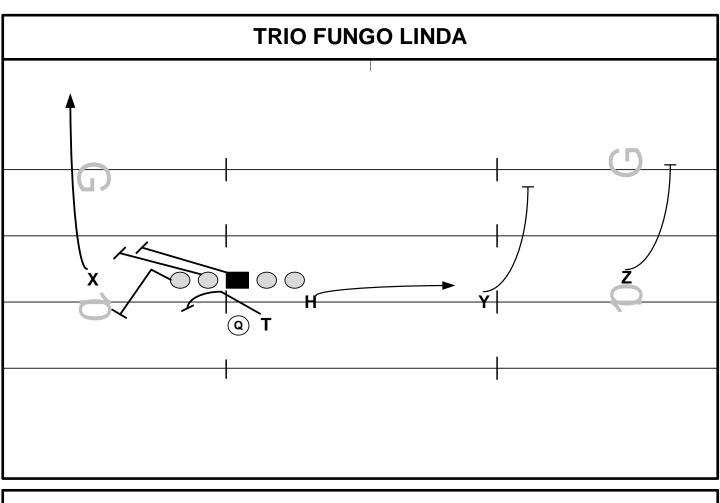
PROGRESSION: MIKE READ ALERT: GIFT

PLAYER	ROUTE	ASSIGNMENTS
F1	GO ROUTE	MOR - FADE
F2	SPEED OUT	2 STEPS – WORK TO 5 YDS – IF YOU GET TO #'S THROTTLE DOWN (ALERT – TRAP CORNER)
F3	STICK ROUTE	THROUGH 6 YDS – LULL AWAY FROM PRESSURE / NO PRESSURE - STICK
Т	HB SCREEN	ATTACK MIDPOINT BETWEEN "T" AND "B" GAP. RELEASE AND FIND QB EYES
B1	GIFT	5 YD HITCH – CONVERT TO FADE IF PRESS MAN

PRESSURE PLAN: REDIRECT WITH SAFETIES TILT

NOTES: SCREEN TO THE RIGHT = "ROSE"

BE AWARE FOR FRONT SIDE TAGS: CHEVRON/LINDA – BENZ/LINDA



FAMILY:	CONCEPT:	REVERSE	NARROW:

FORMATIONS: TRIPS / TRIO / FLEET RUN PLAY TEXAS

PROGRESSION: ALERT:

PLAYER	ROUTE	ASSIGNMENTS
Z	BLOCK	
Y	BLOCK	
Н	FUNGO	
Х	RUN OFF	
Т	LINDA	

Т	LINDA	
PRESSURE PL	AN:	
NOTES:		
11/26/2021		



## ASCENDER FOOTBALL

# KEYS TO VICTORY



### **ASCENDER**

### **FOOTBALL**

- 1) THE BALL
- 2) NO UNFORCED ERRORS
- 3) PLAY THE NEXT PLAY
- 4) COMMUNICATION
- 5) PLAY HARD AND AGGRESSIVE
- 6) IMG FOOTBALL GAME
- 7) EXPLOSIVE PLAYS
- 8) ESTABLISH RHYTHM
- 9) WIN THE SITUATIONS
- 10) DOMINATE 60 MINUTES
- 11) LIFE CHRISTIAN WILL PLAY ITS

**BEST FOOTBALL** 

12) DO YOUR PART, PLAY WITHIN YOUR SELF

## QB/WR STUDY

TOP COVERAGE VS 2X2:
TOP COVERAGE VS 3X1:
PREDOMINANTLY MAN OR ZONE:
CORNERS FIELD/BOUNDARY OR SAME SIDE:
CORNERS PRESS MAN OR SOFT MAN:
DEPTH OF SOFT CORNERS:

## QB/WR STUDY

WHAT PRESS TEGHNIQUE DO THE CORNERS PLAY:	
LT/CB	
RT/CB	
SAFETY DEPTH IN COV 2:	
SAFETY DEPTH IN COV 4:	

## QB/WR STUDY

•	SAFETIES ROLL TO THE FIELD OR BNDRY VS 2X2
•	SAFETIES ROLL TO THE FIELD OR BNDRY VS 3X1
•	WHO IS THEIR NICKEL:
•	TOP 3 <sup>RD</sup> DOWN COVERAGE:
•	WHAT UNIQUE COVERAGES:
•	HIGH/LOW PRESSURE ON BASE DOWNS
•	HIGH/LOW PRESSURE ON THIRD DOWN