

PACK LINE DEFENSE MODIFICATIONS DEFEATING BALL SCREENS

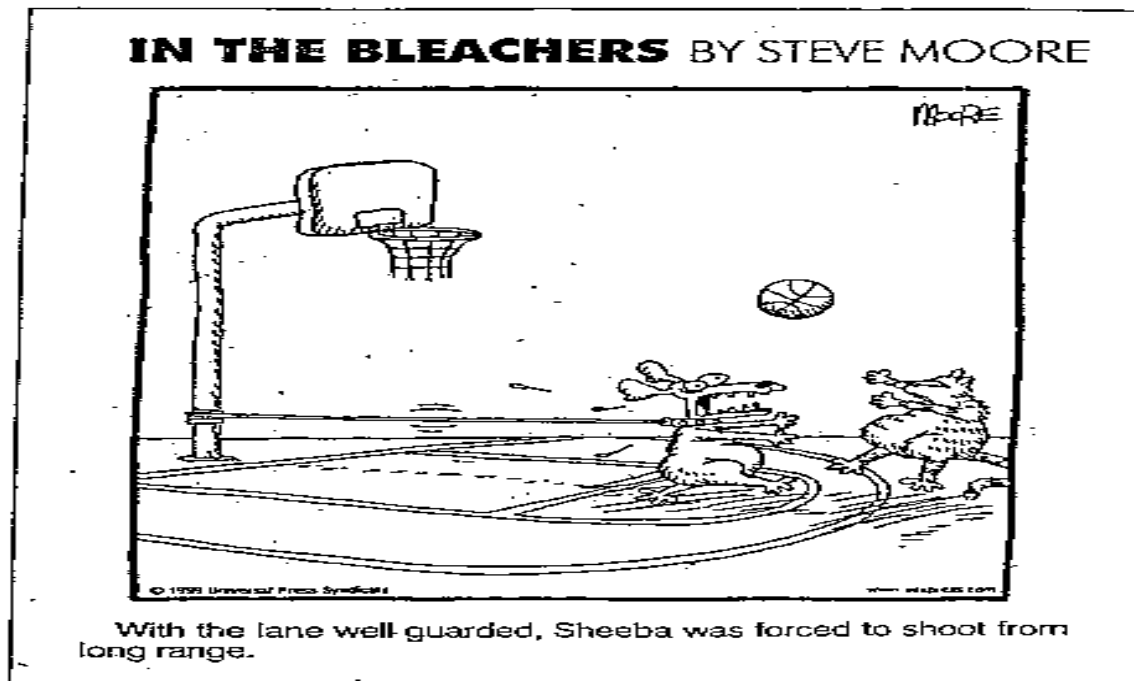


Grit & Grind Mentality

#TGHT

PACK LINE DEFENSE

- * Pack Line Defense, it's a mind set, a Belief System.
- * We do not have an Alternate Defense.
- * We are not a Scouting Report Team.
- * Numerous Ways to Defend Ball Screens, this is what 40 Years have Taught us.



GENERAL THOUGHTS

- **DEFENSE IS A GIVE & TAKE PROPOSITION**
- **WHERE DO YOU INFLUENCE THE BALL**
- **SHOW OR DROP BALL SCREEN COVERAGE**
- **MUST BE CLEAR & CONCISE - SIMPLICITY**
- **ADAPT or DIE, THE GAME IS CHANGING**

DEFENSIVE MUST HAVES

- **PHYSICAL BLUE COLLAR TEAM**
- **BE A COMMUNICATING TEAM**
- **SIMPLICITY & EXECUTION**
- **FUNDAMENTALS ARE LORD & MASTER**
- **REPETITION**

CHANGING COVERAGES

- **Multiple Coverages equals No Coverage**
- **Do it Harder & with Better Effort**
- **Better Fundamentals**
- **Substitute**
- **Change Coverage**

TEACHING LAYERS

- **DEFENDING THE BALL**
- **DEFENDING THE SCREENER**
- **OFF BALL DEFENDERS**

**This is a FIVE Man Proposition
We must be Connected!
Do your Job!**

SIDE BALL SCREENS:

LAYER ONE: Cancel the Screen

- **Body-up (Get into the Ball)**
- **Body-in (Force into Screen)**
- **Body Over (Arch and Over)**
- **Pursue the Ball – Sack the QB**

LAYER TWO: Quick One

- **Step for Step – Hand on Hip**
- **Force Ball to Bounce once North**
- **Presentation: Low Hands and Wide Stance**
- **Go to Body - Hit on Recovery**

LAYER THREE: Creating a Crowded Floor

- **Again, Defending the Ball Screen is a 5 Man Proposition.**
- **Shrink the Court – Nail Defender & Low Man**
- **Tagging & Fly Switching**
- **Must Verbalize - ELO**

MIDDLE BALL SCREENS:

LAYER ONE: Cancel the Screen

- **Body-up (Get into the Ball)**
- **Body-in (Force into Screen)**
- **Body Over (Arch and Over)**
- **Pursue the Ball – Sack the QB**

LAYER TWO: Level Show

- **Plane of Screener – Motor Running**
- **Force Ball East-West – Two Steps/Two Bounces**
- **Low and Active Hands**
- **Melt to Level of Screener Activity**

LAYER THREE: Creating a Crowded Floor

- **Again, Defending the Ball Screen is a 5 Man Proposition.**
- **Shrink the Court – Fence Defender**
- **Tagging Rolls & Stunting Pick & Pop**
- **Must Verbalize - ELO**

SPECIAL SITUATIONS

- **SQUARE COVERAGE (Cancel Ball Screen)**
- **TWO HIGH (Ball Screen Motion)**
- **SWITCHING**
- **STEP-UPS & CHANGING ANGLES**
- **GUARD & BIG to BIG BALL SCREEN**

PROBLEM AREAS

- **POOR BALL PRESSURE**
- **COMMITTING THREE DEFENDERS TO THE BALL**
- **LACK OF COMMUNICATION**
- **POOR BALL PURSUIT**
- **POOR FUNDAMENTALS**



DEFENDING COMMON OFFENSIVE MOVEMENTS

- *Basket Cut*
- *Down Screen*
- *Flare Screen*
- *DHO*
- *Wheel Cut*
- *Flex Cut*
- *Double Staggered*
- *America's Play*



Pack Line Defense Certification Course

by Jim Boone



Description

The Pack Line DEFENSE

\$125.00

Purchase Course

SPECIAL CLINIC RATE
\$50.00 Thru Next Week

What They're Saying:

Much thanks to Coach Boone for opening up his program to give us a detailed look at how he teaches defensively. It's hard to imagine a more thorough look into the Pack Line system. So appreciative of the game and practice footage along with Coach Boone sharing his thoughts on philosophy and his drills used to implement the system. Even if you don't play Pack there is something here to improve your team defensively!

~ Bob Starkey, Auburn University

This is a must for any basketball coach looking to improve their defensive play! Coach Boone has done an amazing job of providing a very thorough instruction in teaching Pack Line Defense. This is the most comprehensive teaching course and is put together so well to follow and implement. The access he has given into his programs is awesome!

~ Dave Pilipovich, former US Air Force Head Coach

Key Words:

CoachTube Jim Boone Pack Line

<https://coachtube.com/course/basketball/pack-line-defense-certification-course/11881746>