

## **Ball Drills**

**Ball drills are critical for wide-receiver development. That is our main job; to be a playmaker and come down with the ball. The ball drills we use simulate all the different balls that we will see during a game. In my opinion the most productive ball drills incorporate different positions of the ball comparative to the body. We incorporate a ball in most drills, but we do not work awkward ball placement and focus on different targets on the body. I try to emphasize the most difficult catches in ball drills to make sure that we have seen every type of ball that we might encounter into a game. These types of drills also allow me to coach up the “noose technique” and not have to worry about feet or any other aspect except the catch. We do not run routes and throw them a ball. I feel that the focus of that would be about the route, I want to emphasize and develop the hands.**