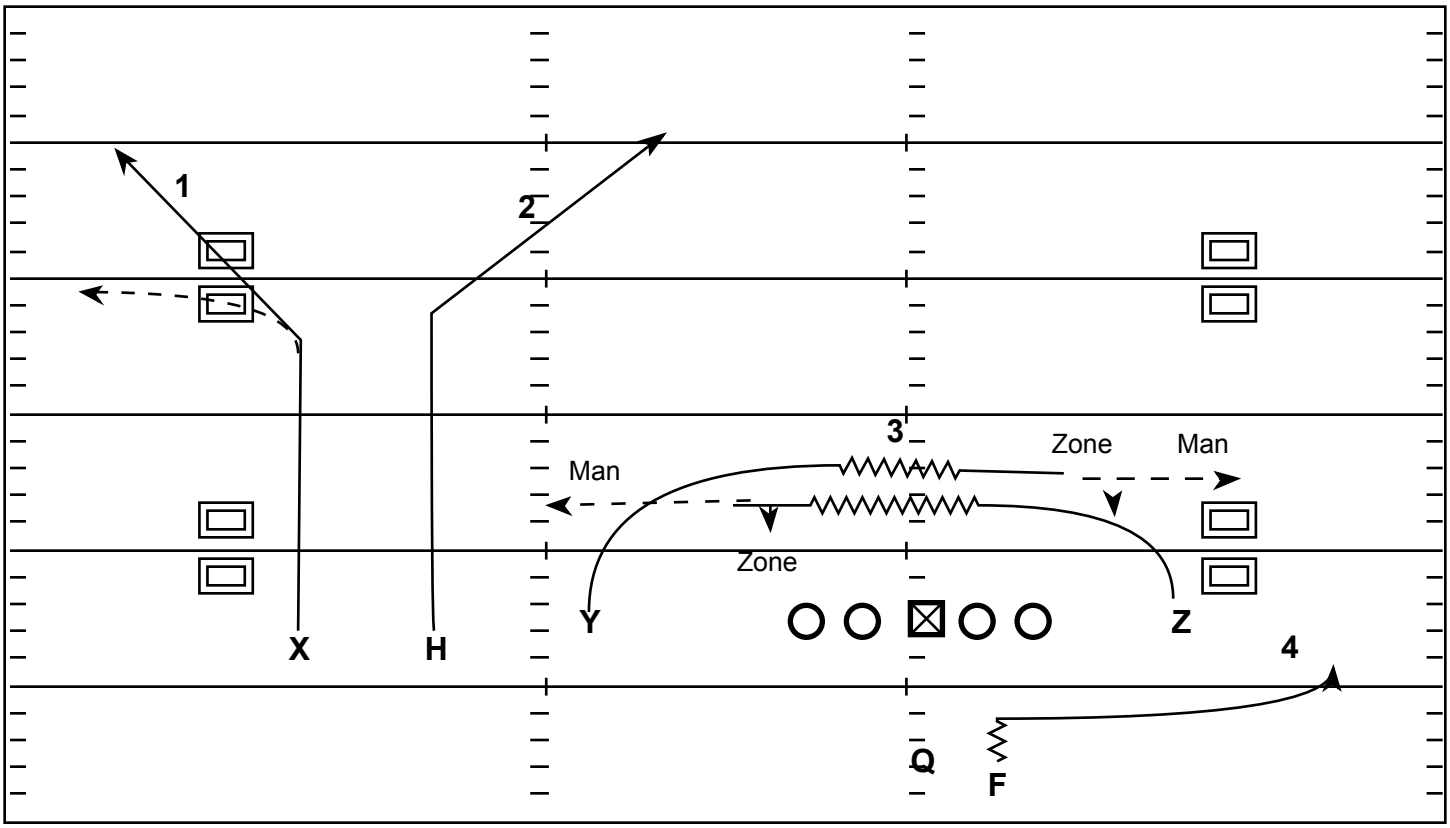
Base 3x1 Mesh



Background: Dig or Post forces safeties to stay high and not interfere with the mesh. Will also put safety in conflict in a cover 2 look between the corner & post
QB Progression: Corner - Post/Dig (If safety is clearly taking it away pre-snap skip it) - Mesh - Swing
X: Corner Option Route (If Coverage Caps Vertical Space Snap into an Out)
H: Post (some teams will run a Dig)
Y: Over Mesh (Truck, Responsible for setting depth of the mesh at 5-6 Yards or Linebackers Toes)
Z: Under Mesh (Porsche, Responsible for closing distance with the Over Mesh)
F: Check Release Swing