


ILLINOIS OFFENSIVE

DEFENSIVE PLAYBOOK



Learn how Brad Underwood brought analytics into his offensive and defensive scheme this season

CHRIS FILIOS

Illinois Playbook

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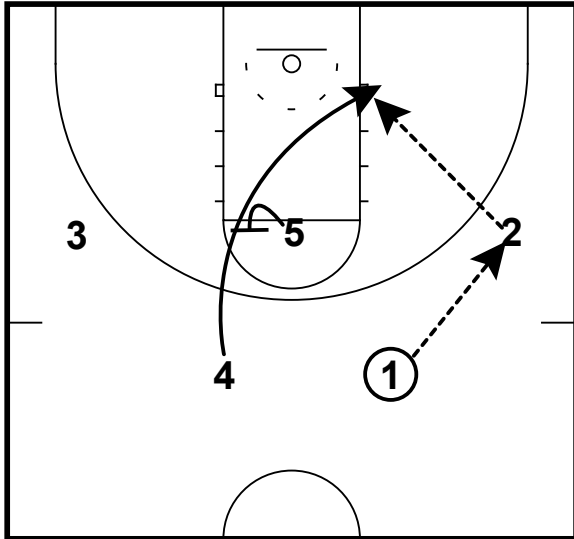
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Illinois Playbook

Half Court Man Offense

Spread First Cutter
Half Court Man Offense- Sets

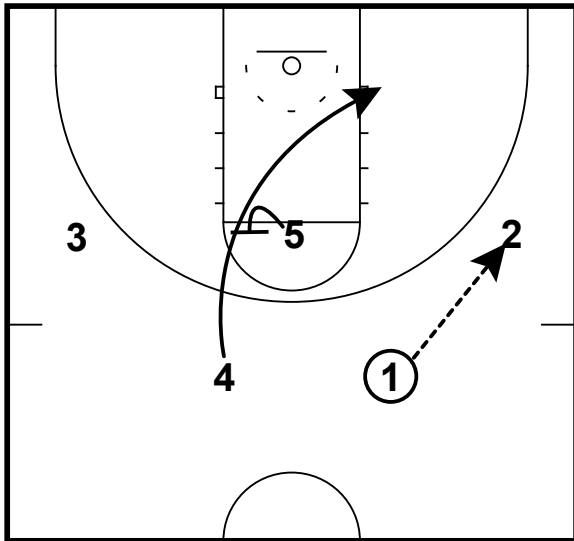


Spread set. 1-4 are interchangeable pieces. 1 passes to 2. 5 back screens for 4 to ball side block.

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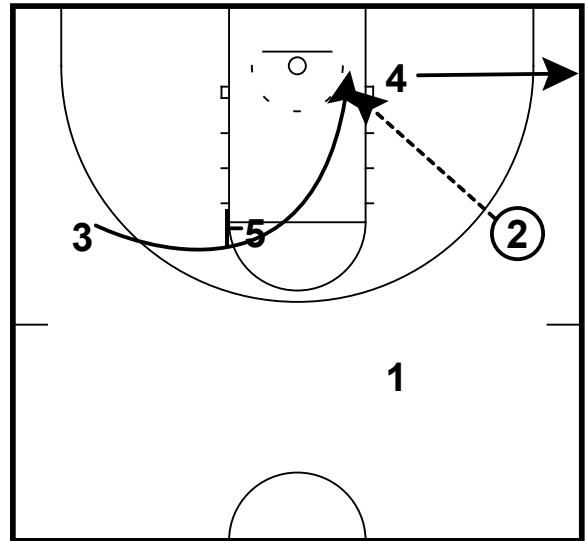
Half Court Man Offense

Spread Second Cutter
Half Court Man Offense- Sets



Spread set. 1-4 are interchangeable pieces. 1 passes to 2. 5 back screens for 4 to ball side block.

Spread Second Cutter
Half Court Man Offense- Sets

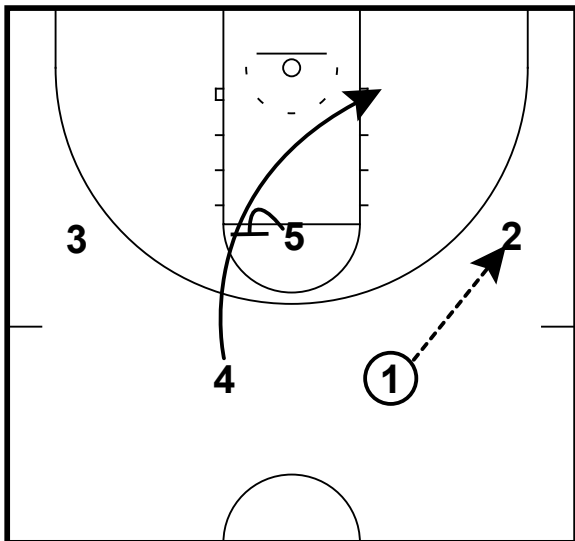


4 fills out to corner. 5 sets shuffle screen for 3. 3 curls screen to ball side block.

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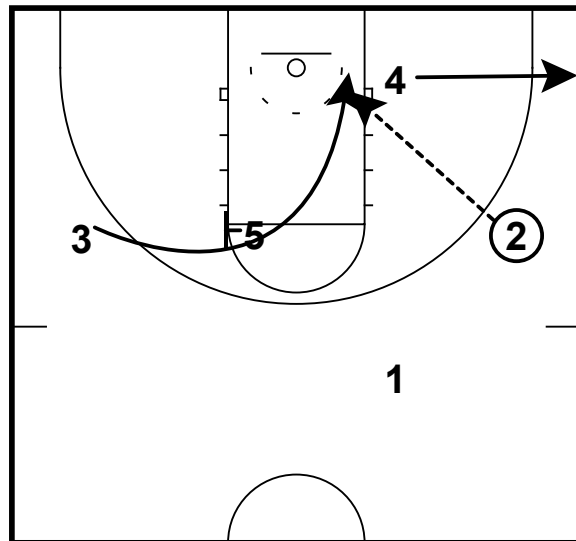
Half Court Man Offense

Spread Second Cutter Elbow Throwback
Half Court Man Offense- Sets



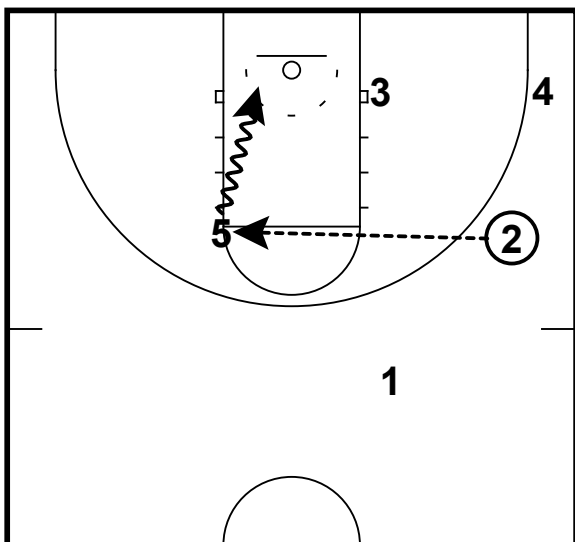
Spread set. 1-4 are interchangeable pieces. 1 passes to 2. 5 back screens for 4 to ball side block.

Spread Second Cutter Elbow Throwback
Half Court Man Offense- Sets



4 fills out to corner. 5 sets shuffle screen for 3. 3 curls screen to ball side block.

Spread Second Cutter Elbow Throwback
Half Court Man Offense- Sets

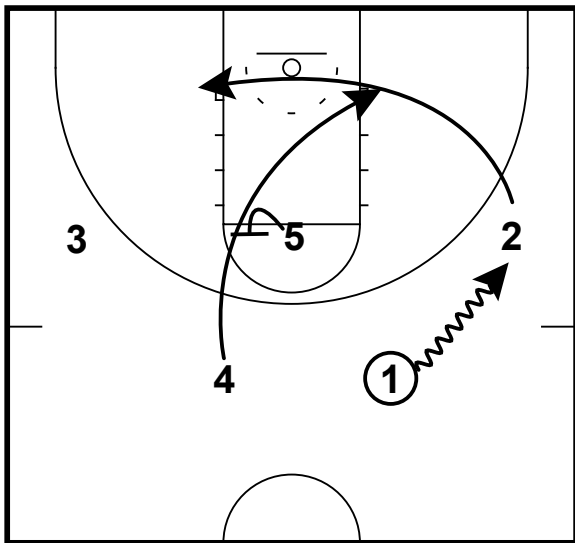


2 passes to 5 whose man is helping on 3's cut. 5 shoots or drives to rim.

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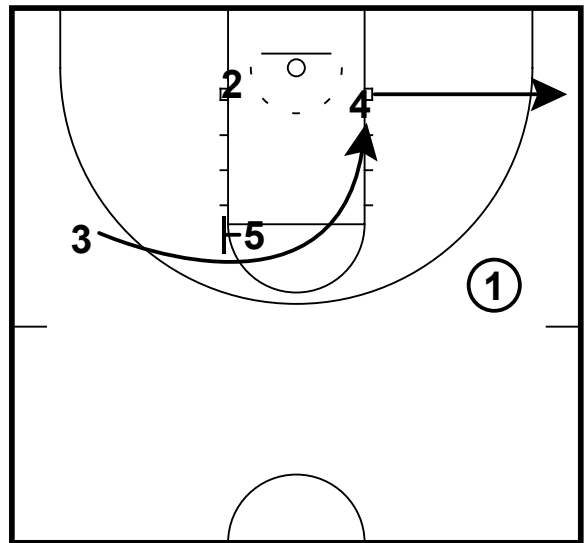
Half Court Man Offense

Spread Entry
Half Court Man Offense- Sets



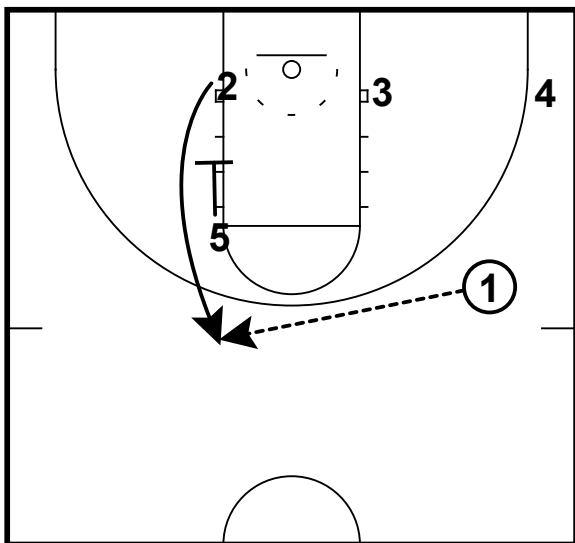
Spread set. 1-4 are interchangeable pieces. 1 dribble enters to wing. 2 cuts to opposite block. 5 back screens for 4 to ball side block.

Spread Entry
Half Court Man Offense- Sets



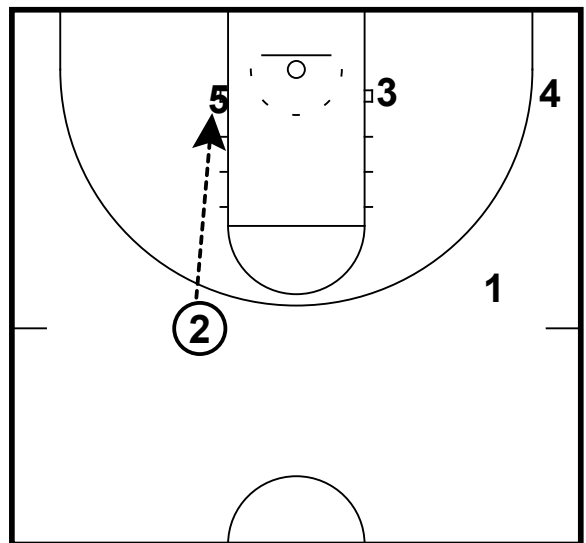
4 pops to corner. 5 sets shuffle screen for 3. 3 cuts to ball side block.

Spread Entry
Half Court Man Offense- Sets



5 pins down for 2.

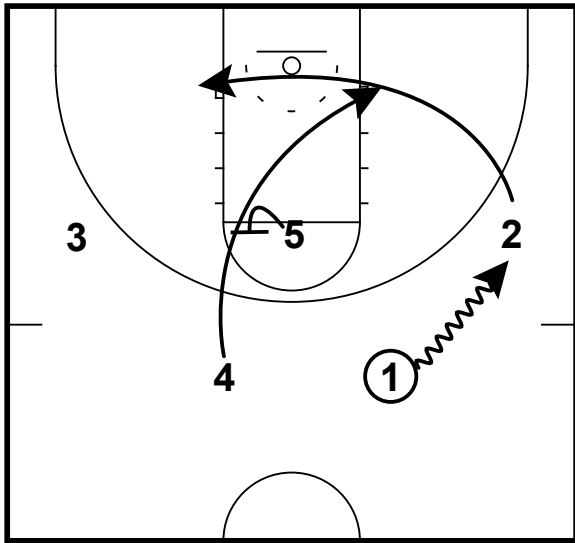
Spread Entry
Half Court Man Offense- Sets



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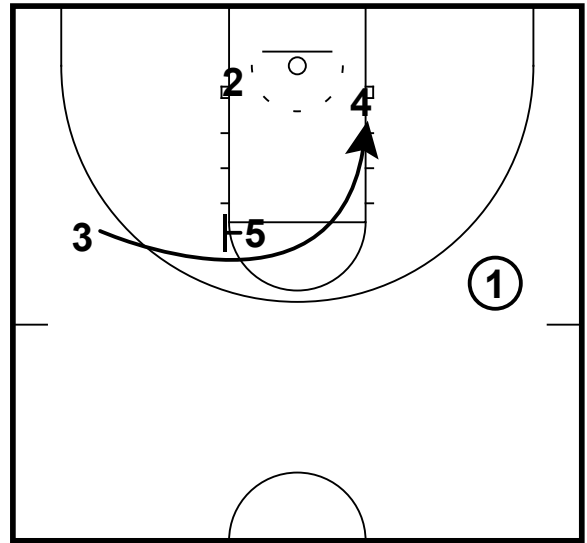
Half Court Man Offense

Spread Entry Misdirection 3
Half Court Man Offense- Sets



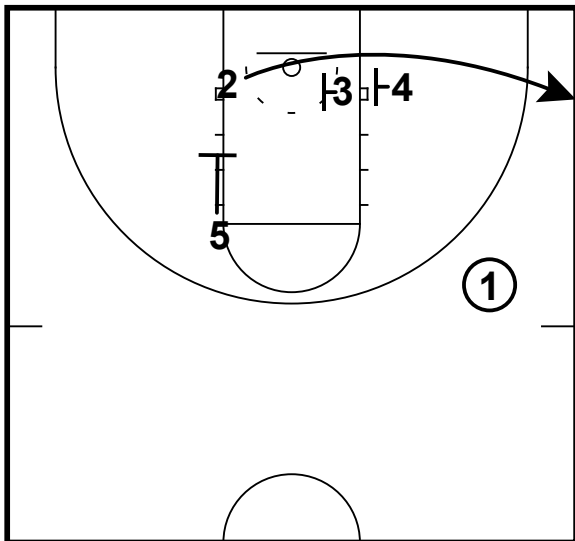
Spread set. 1-4 are interchangeable pieces. 1 dribble enters to wing. 2 cuts to opposite block. 5 back screens for 4 to ball side block.

Spread Entry Misdirection 3
Half Court Man Offense- Sets



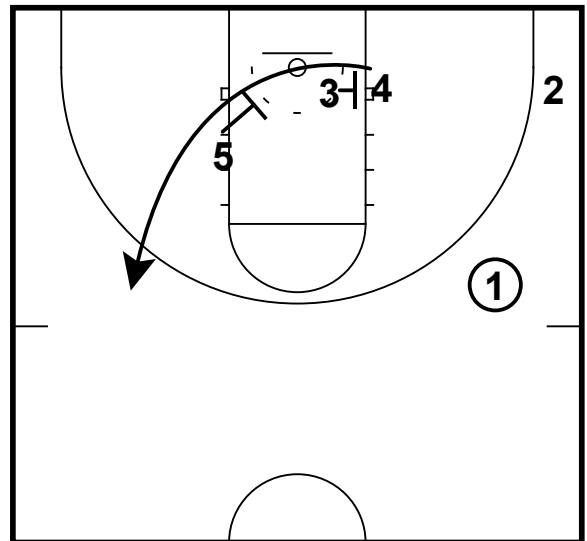
5 sets shuffle screen for 3. 3 cuts to ball side block.

Spread Entry Misdirection 3
Half Court Man Offense- Sets



3 and 4 set stagger for 2.

Spread Entry Misdirection 3
Half Court Man Offense- Sets

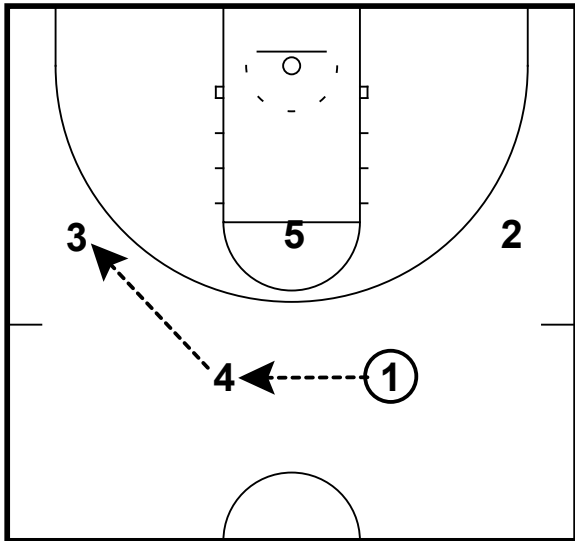


3 and 5 stagger screen for 4.

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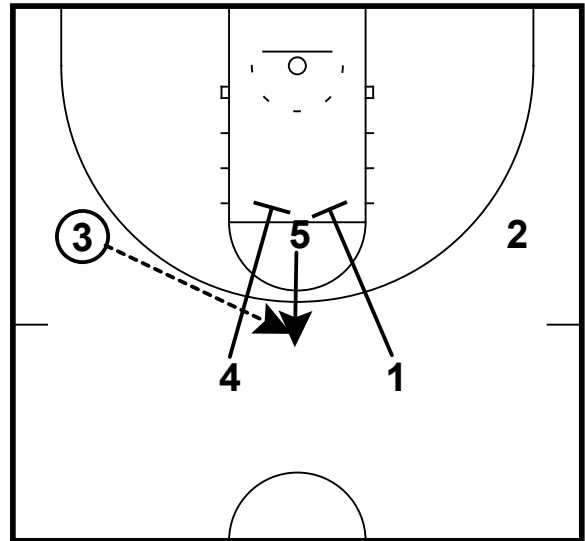
Half Court Man Offense

Spread 5 Elevator
Half Court Man Offense- Sets



Ball is reversed through 4 to 3.

Spread 5 Elevator
Half Court Man Offense- Sets

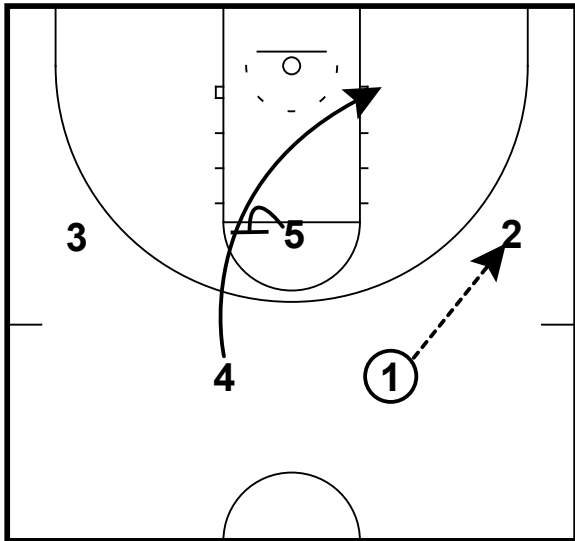


4 and 1 screen down. 5 pops back for shot.

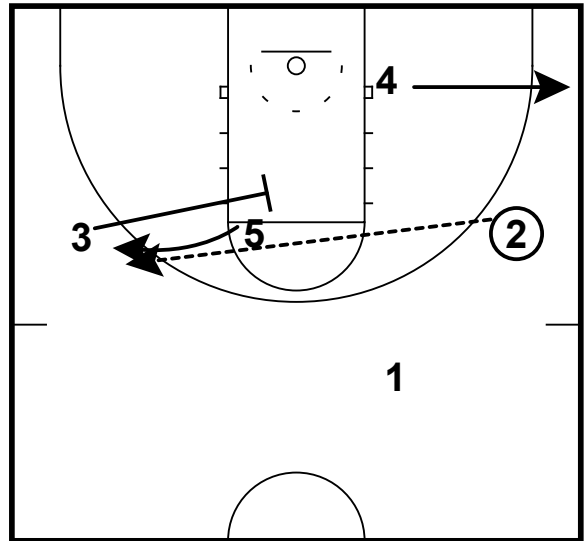
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Half Court Man Offense

Spread 5 Flare
Half Court Man Offense- Sets



Spread 5 Flare
Half Court Man Offense- Sets

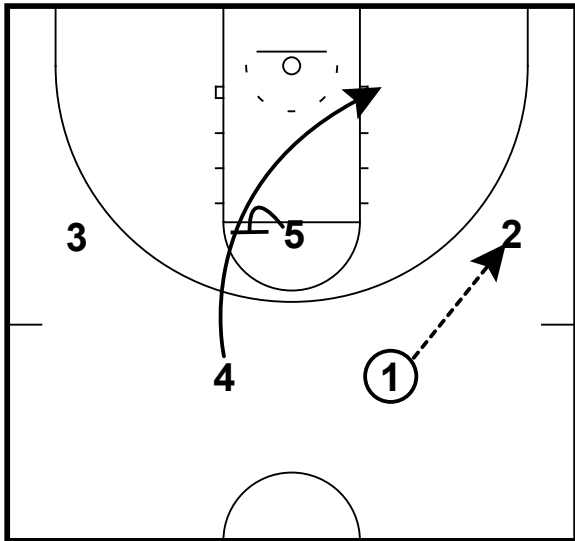


Spread set. 1-4 are interchangeable pieces. 1 passes to 2. 5 back screens for 4 to ball side block. 3 flares for 5.

Illinois Playbook

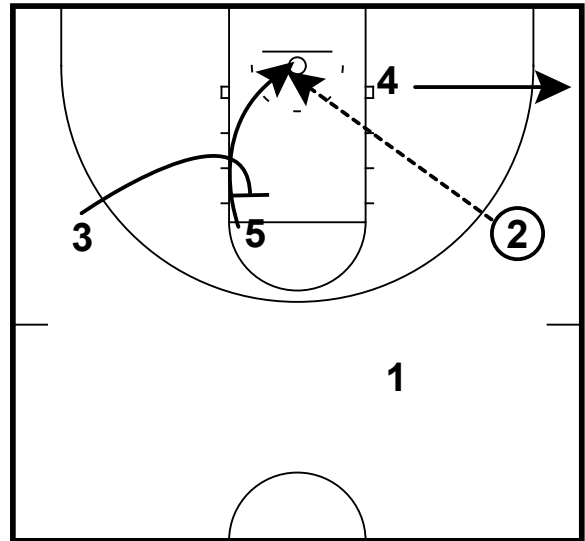
Half Court Man Offense

Spread 5 Lob
Half Court Man Offense- Sets



Spread set. 1-4 are interchangeable pieces. 1 passes to 2. 5 back screens for 4 to ball side block.

Spread 5 Lob
Half Court Man Offense- Sets

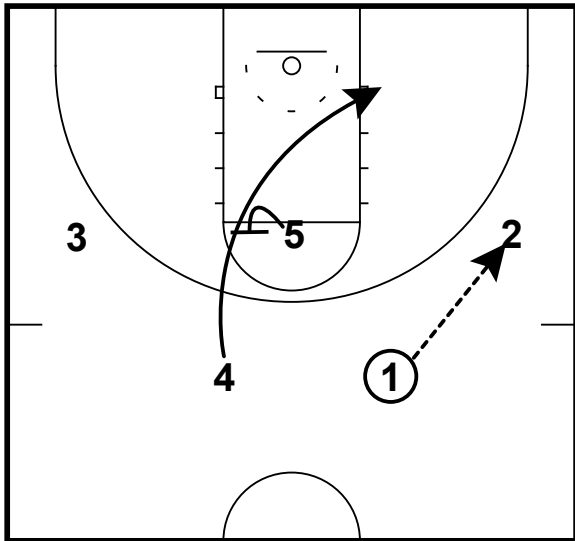


4 fills out to corner. 3 sets back screen for 5. 5 curls back screen to rim for lob.

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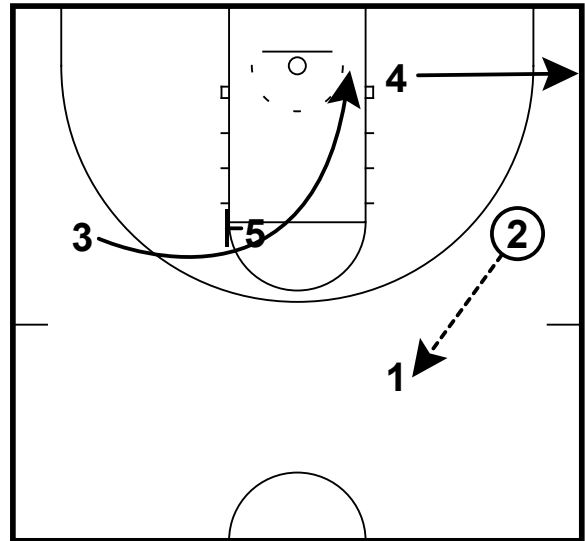
Half Court Man Offense

Spread Elbow Pick and Roll
Half Court Man Offense- Sets



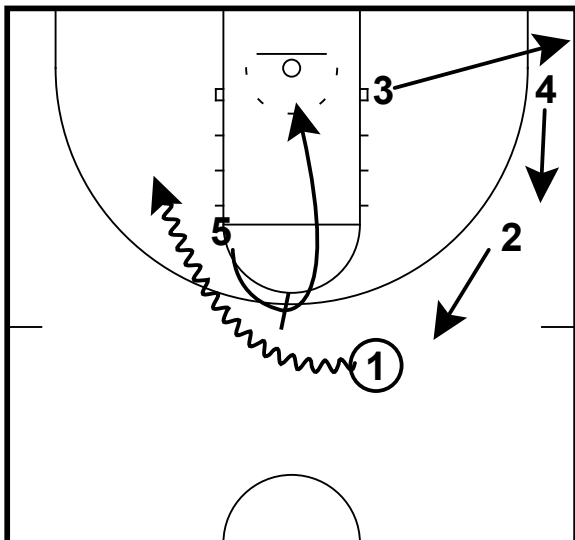
Spread set. 1-4 are interchangeable pieces. 1 passes to 2. 5 back screens for 4 to ball side block.

Spread Elbow Pick and Roll
Half Court Man Offense- Sets



4 fills out to corner. 5 sets shuffle screen for 3. 3 curls screen to ball side block. 2 passes to 1.

Spread Elbow Pick and Roll
Half Court Man Offense- Sets

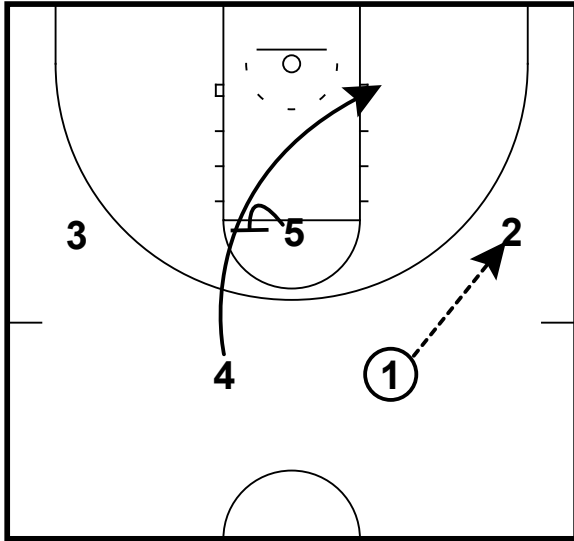


5 steps up and sets ball screen. 5 rolls to rim. 3 fills out to corner. 2 and 4 fills up.

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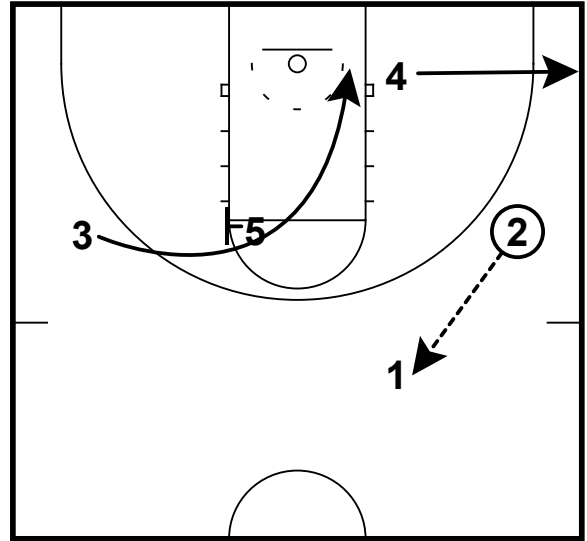
Half Court Man Offense

Spread Elbow Pick and Roll Elevator
Half Court Man Offense- Sets



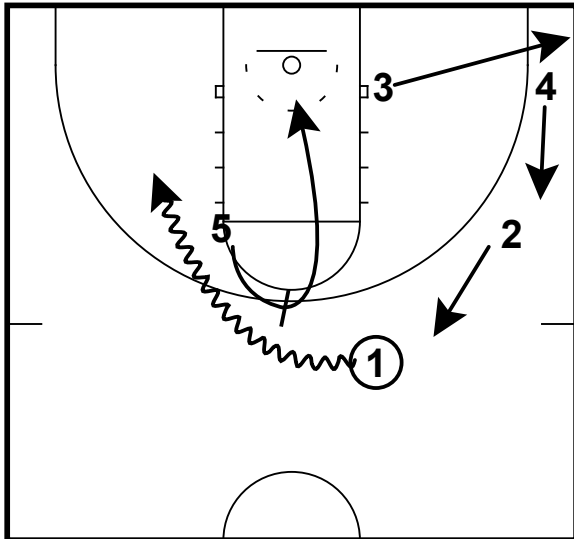
Spread set. 1-4 are interchangeable pieces. 1 passes to 2. 5 back screens for 4 to ball side block.

Spread Elbow Pick and Roll Elevator
Half Court Man Offense- Sets



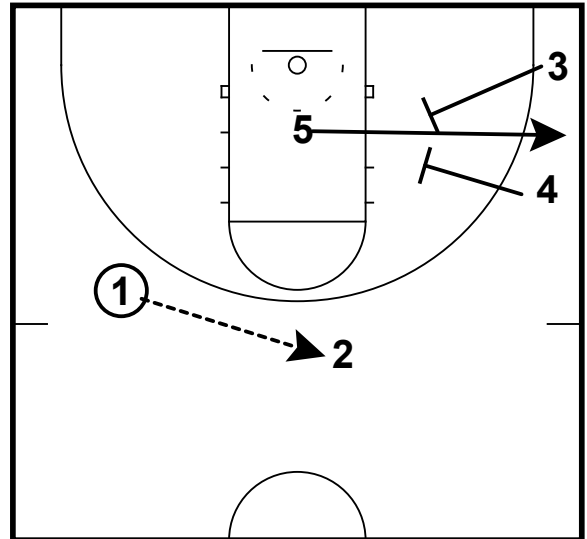
4 fills out to corner. 5 sets shuffle screen for 3. 3 curls screen to ball side block. 2 passes to 1.

Spread Elbow Pick and Roll Elevator
Half Court Man Offense- Sets



5 steps up and sets ball screen. 5 rolls to rim. 3 fills out to corner. 2 and 4 fills up.

Spread Elbow Pick and Roll Elevator
Half Court Man Offense- Sets

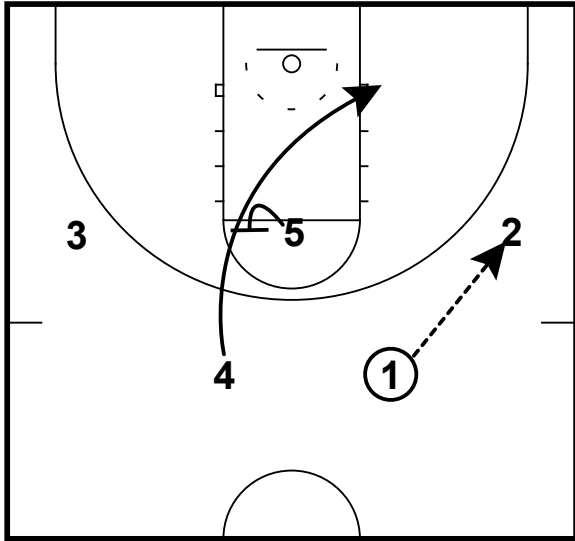


1 passes to 2. 3 and 4 set elevator screen for 5.

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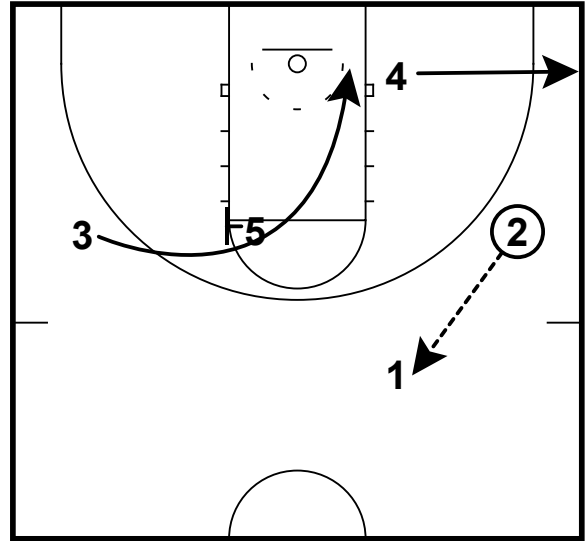
Half Court Man Offense

Spread Elbow Hand Off
Half Court Man Offense- Sets



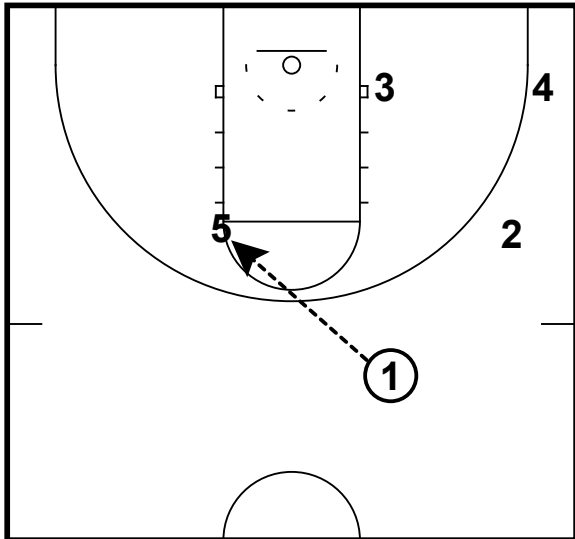
Spread set. 1-4 are interchangeable pieces. 1 passes to 2. 5 back screens for 4 to ball side block.

Spread Elbow Hand Off
Half Court Man Offense- Sets



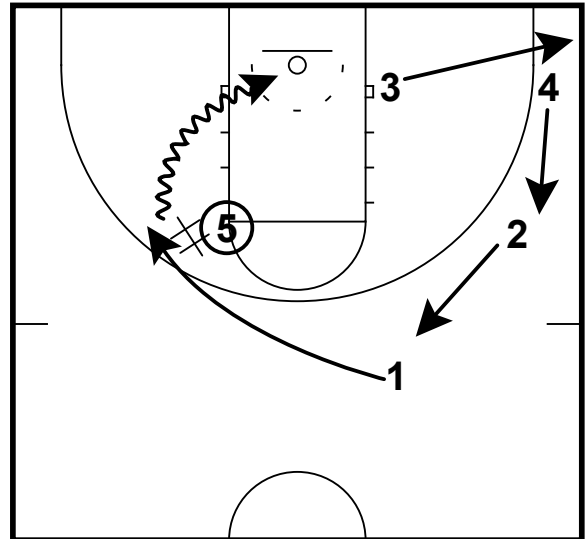
4 fills out to corner. 5 sets shuffle screen for 3. 3 curls screen to ball side block. 2 passes to 1.

Spread Elbow Hand Off
Half Court Man Offense- Sets



1 passes to 5.

Spread Elbow Hand Off
Half Court Man Offense- Sets

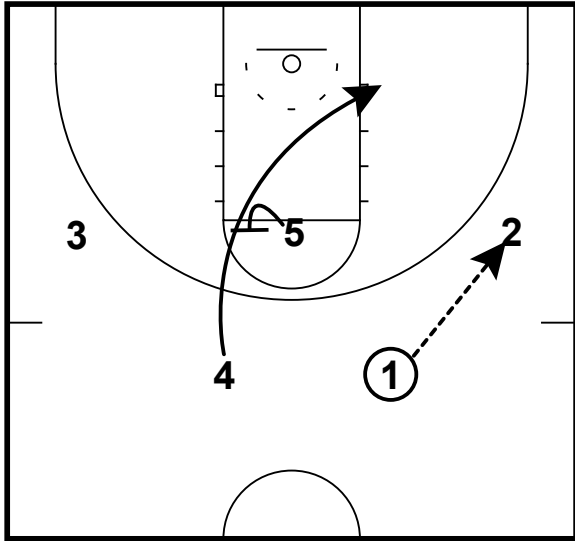


1 cuts off 5 for hand off. 3 fills out. 2 and 4 fill up.

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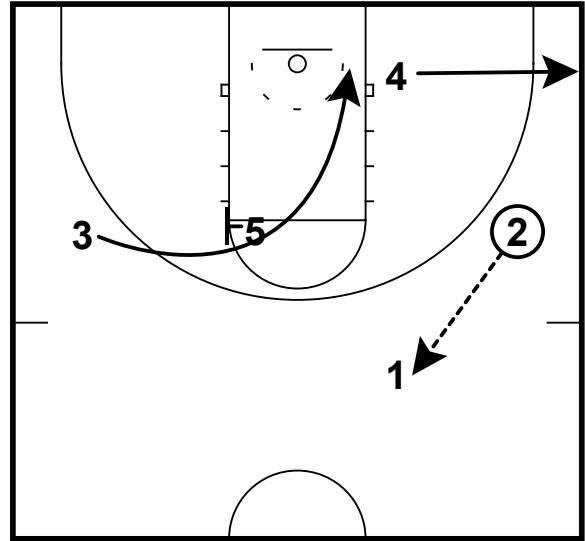
Half Court Man Offense

Spread Elbow Hand Off Keep
Half Court Man Offense- Sets



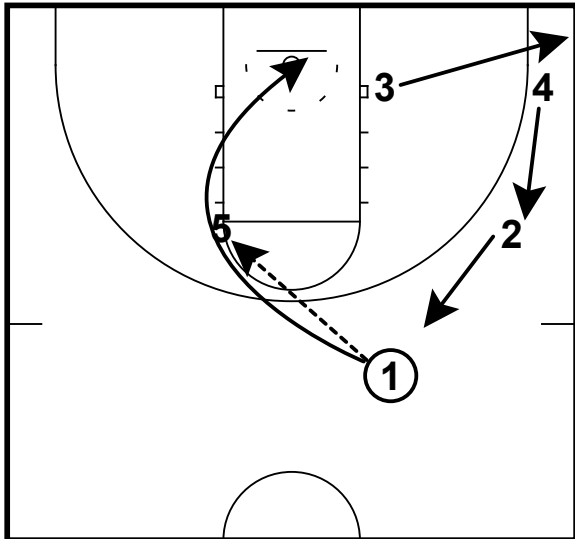
Spread set. 1-4 are interchangeable pieces. 1 passes to 2. 5 back screens for 4 to ball side block.

Spread Elbow Hand Off Keep
Half Court Man Offense- Sets



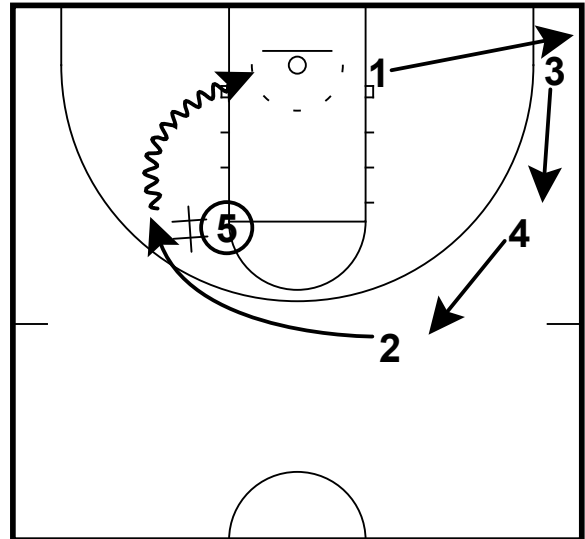
4 fills out to corner. 5 sets shuffle screen for 3. 3 curls screen to ball side block. 2 passes to 1.

Spread Elbow Hand Off Keep
Half Court Man Offense- Sets



1 passes to 5. 1 cuts off 5. 5 fakes hand off. 3 fills out to corner. 2 and 4 fill up.

Spread Elbow Hand Off Keep
Half Court Man Offense- Sets

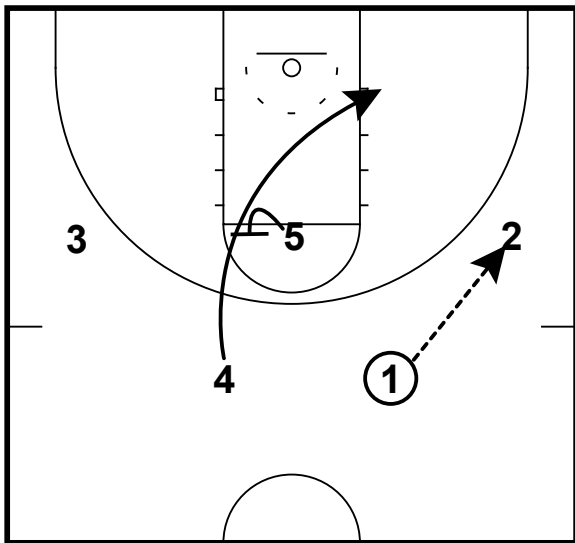


2 cuts off 5 for handoff. 1 fills out to corner. 4 and 3 fill up.

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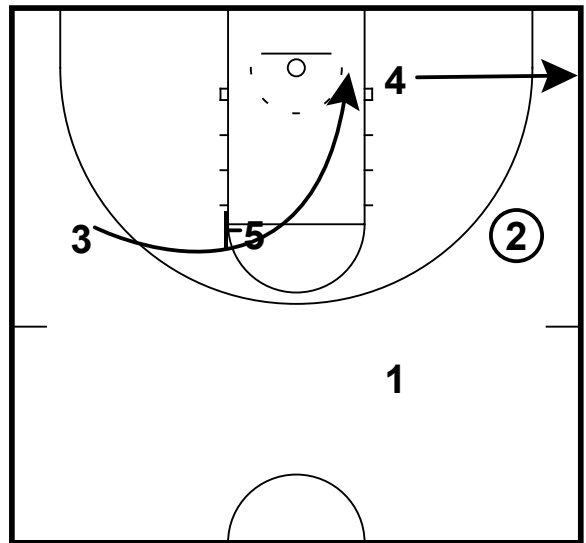
Half Court Man Offense

Spread Push Flare
Half Court Man Offense- Sets



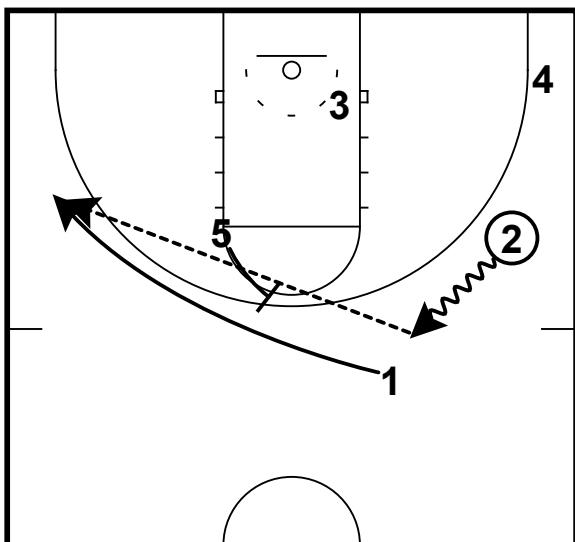
Spread set. 1-4 are interchangeable pieces. 1 passes to 2. 5 back screens for 4 to ball side block.

Spread Push Flare
Half Court Man Offense- Sets



4 fills out to corner. 5 sets shuffle screen for 3. 3 curls screen to ball side block.

Spread Push Flare
Half Court Man Offense- Sets

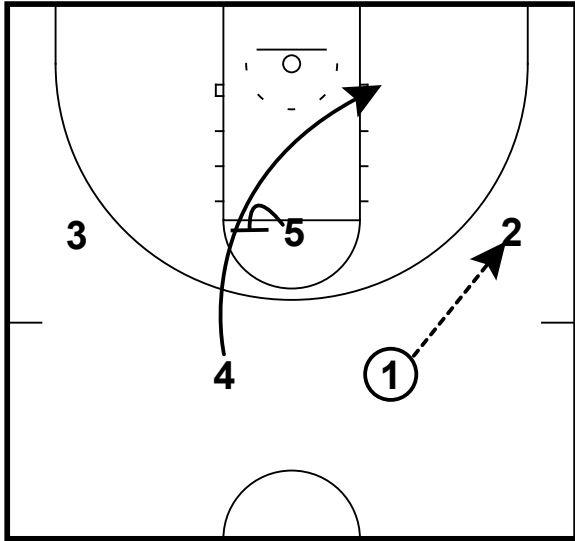


2 dribbles up. 5 sets flare screen for 1.

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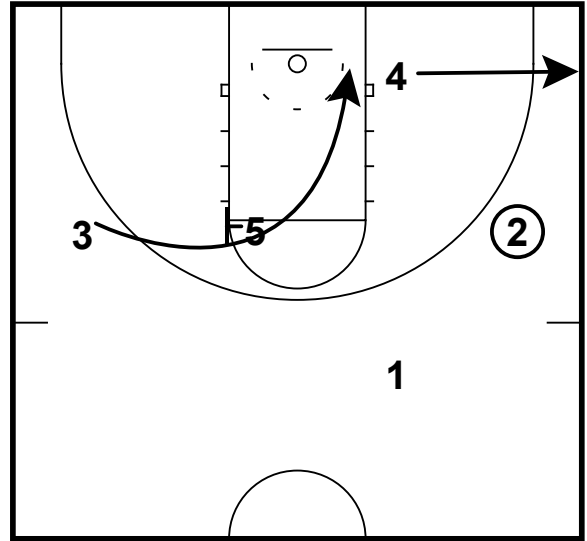
Half Court Man Offense

Spread Push Flare Pick and Roll
Half Court Man Offense- Sets



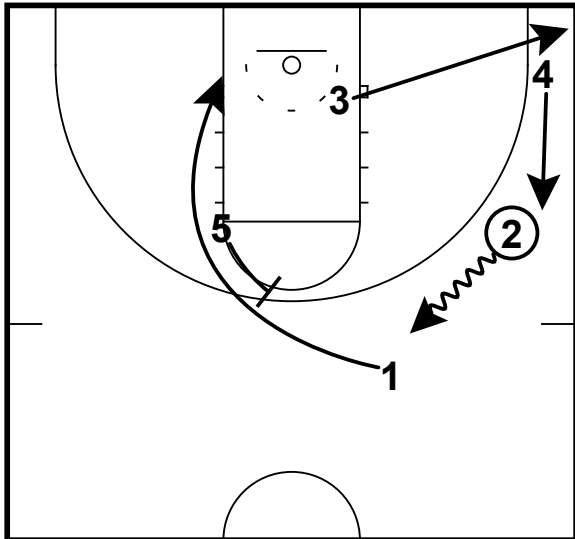
Spread set. 1-4 are interchangeable pieces. 1 passes to 2. 5 back screens for 4 to ball side block.

Spread Push Flare Pick and Roll
Half Court Man Offense- Sets



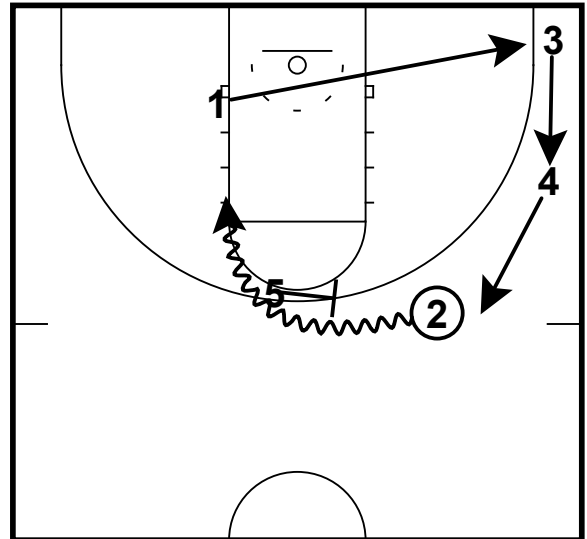
4 fills out to corner. 5 sets shuffle screen for 3. 3 curls screen to ball side block.

Spread Push Flare Pick and Roll
Half Court Man Offense- Sets



2 dribbles up. 5 sets back screen for 1. 3 fills out and 4 fills up.

Spread Push Flare Pick and Roll
Half Court Man Offense- Sets

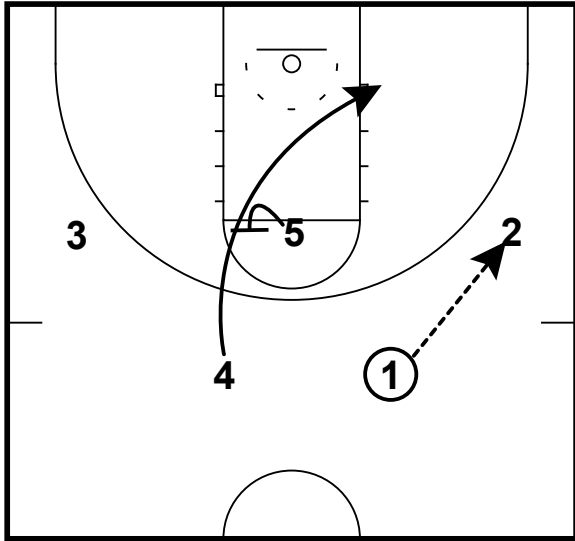


5 sets ball screen. 1 fills out to corner. 3 and 4 fill up.

Illinois Playbook

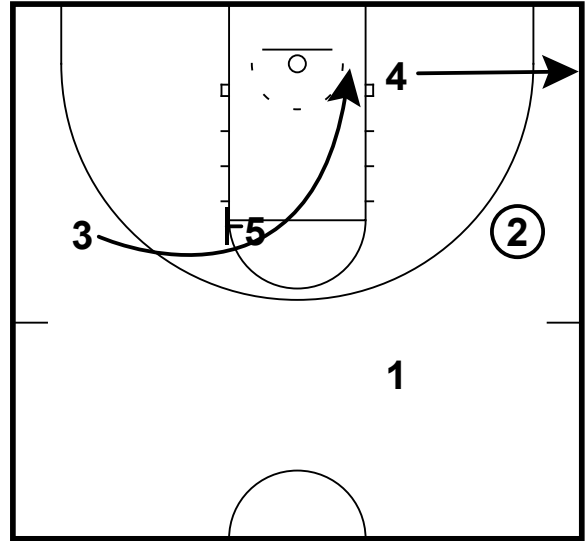
Half Court Man Offense

Spread Guard Post
Half Court Man Offense- Sets



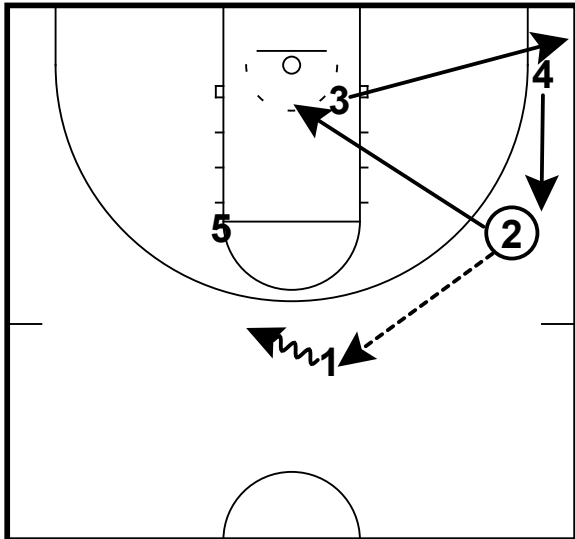
Spread set. 1-4 are interchangeable pieces. 1 passes to 2. 5 back screens for 4 to ball side block.

Spread Guard Post
Half Court Man Offense- Sets



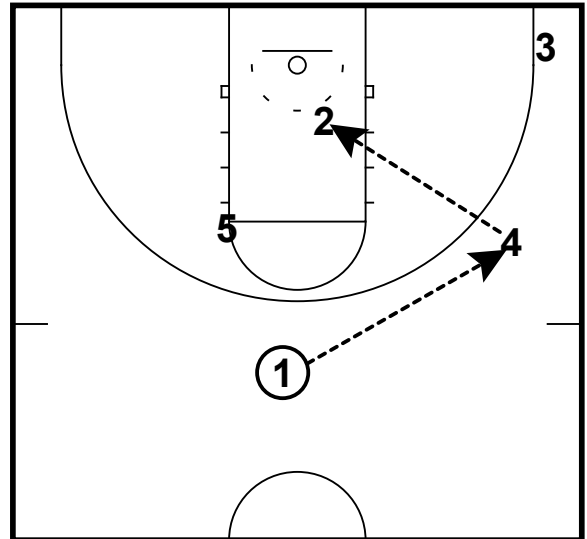
4 fills out to corner. 5 sets shuffle screen for 3. 3 curls screen to ball side block.

Spread Guard Post
Half Court Man Offense- Sets



2 passes to 1. 2 cuts to head of rim. 4 fills up. 3 fills out to corner.

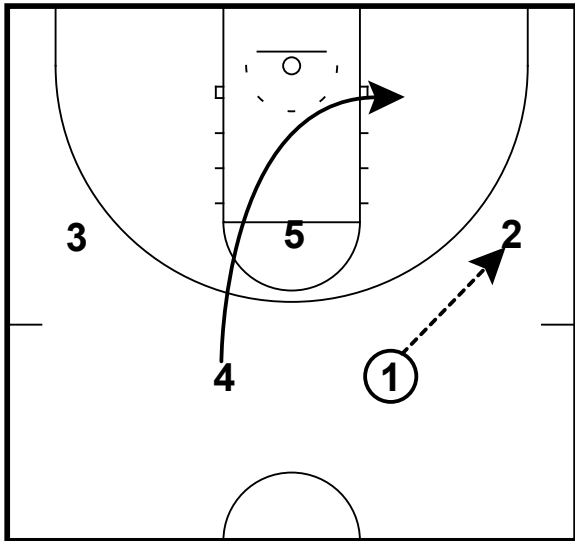
Spread Guard Post
Half Court Man Offense- Sets



Illinois Playbook

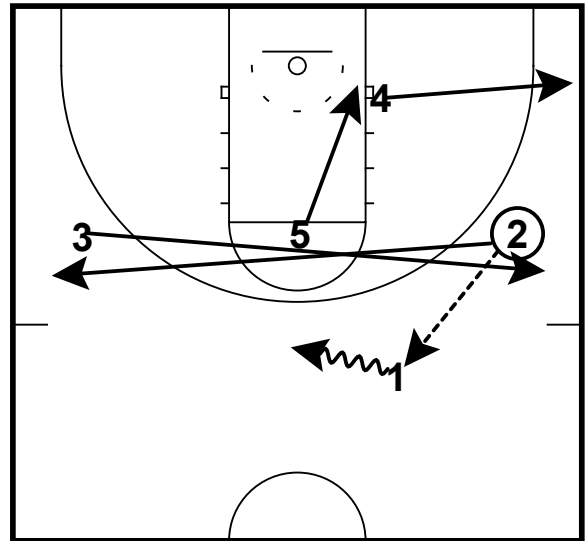
Half Court Man Offense

Spread Hi Low
Half Court Man Offense- Sets



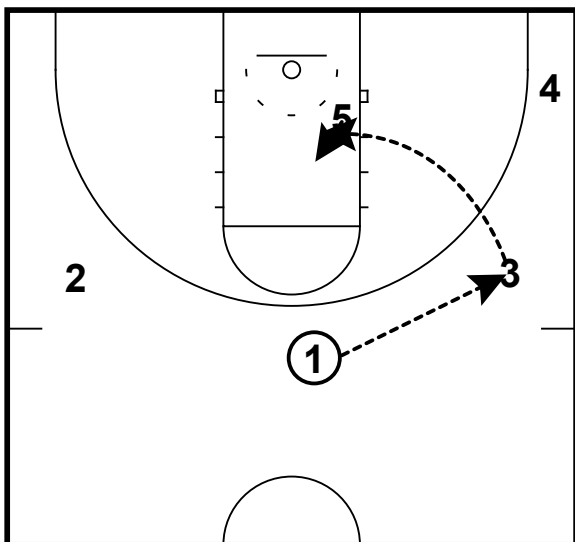
1 passes to 2. 4 cuts to block.

Spread Hi Low
Half Court Man Offense- Sets



2 passes to 1. 2 and 3 cross. 4 pops to corner. 5 dives to block.

Spread Hi Low
Half Court Man Offense- Sets

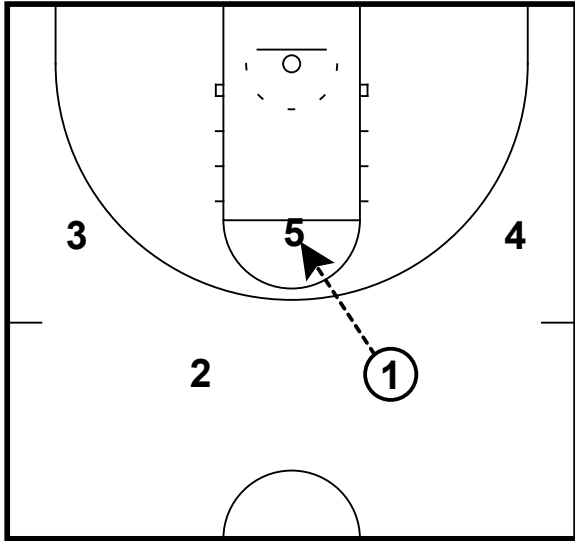


1 passes to 3. 5 post pins. 3 passes to 5.

Illinois Playbook

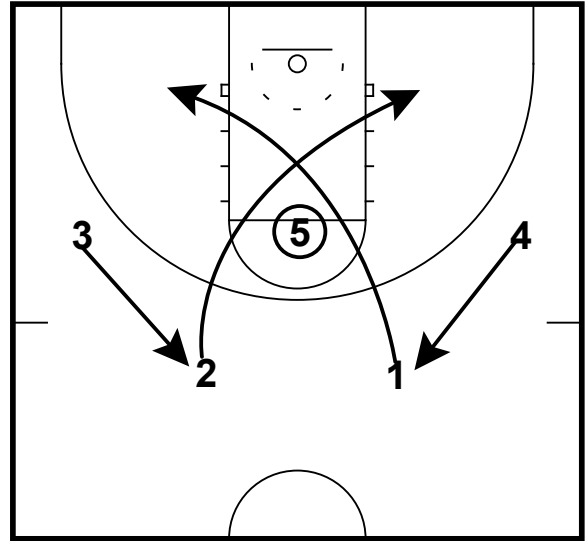
Half Court Man Offense

Spread Center Scissor Backdoor
Half Court Man Offense- Sets



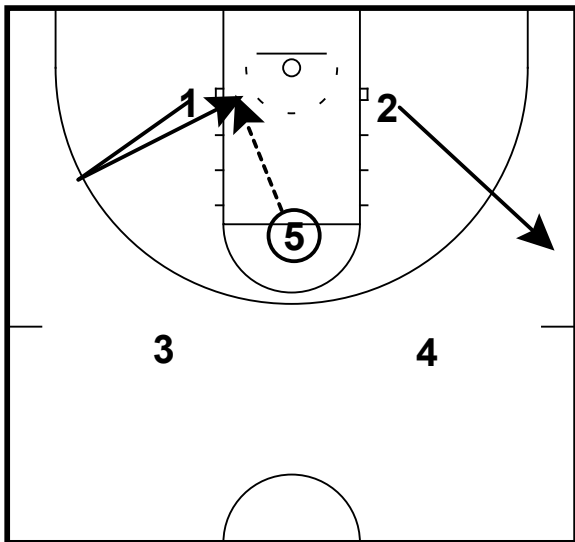
1 passes to 5.

Spread Center Scissor Backdoor
Half Court Man Offense- Sets



1 and 2 scissor cut off of 5. 3 and 4 lift up.

Spread Center Scissor Backdoor
Half Court Man Offense- Sets

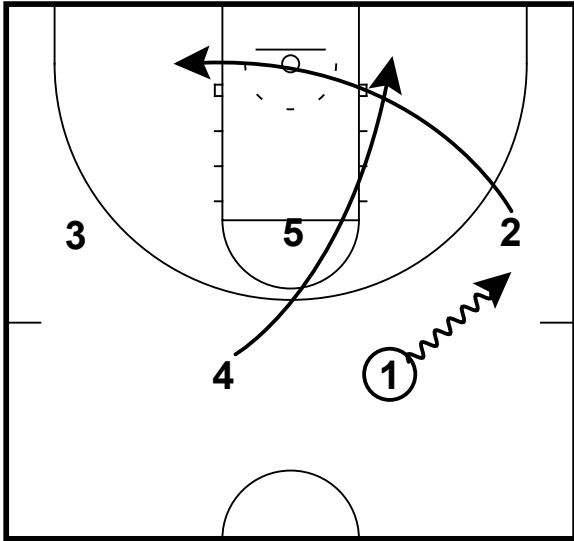


1 and 2 pop out. 1 goes back door on over play.

Illinois Playbook

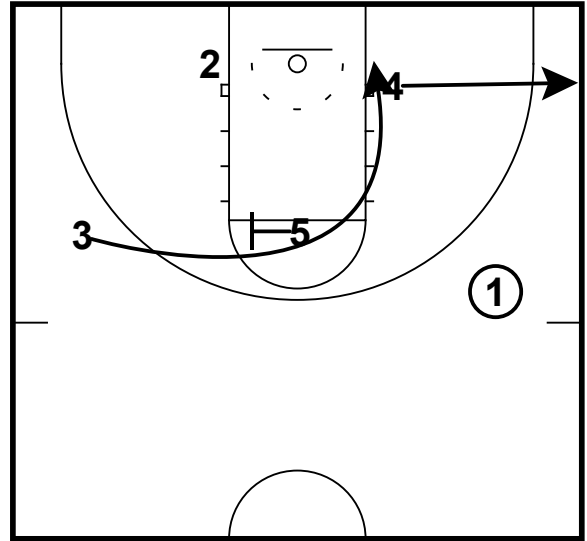
Half Court Man Offense

Spread Dribble Enter Pin
Half Court Man Offense- Sets



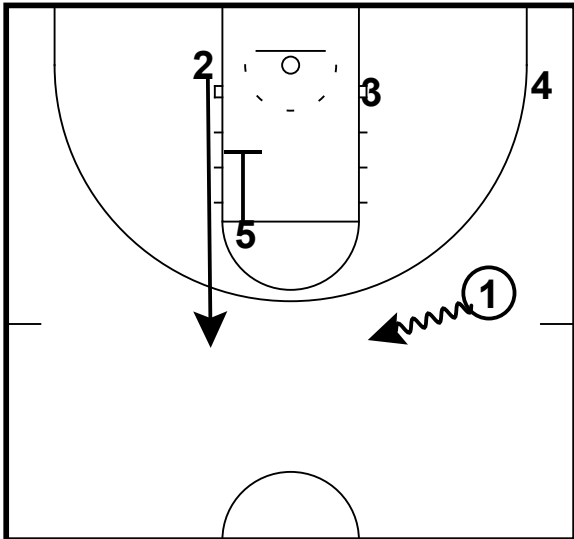
1 dribble enters. 2 cuts through to opposite block. 4 cuts off 5 to ball side block.

Spread Dribble Enter Pin
Half Court Man Offense- Sets



4 pops to corner. 3 curls off 5 to ball side block.

Spread Dribble Enter Pin
Half Court Man Offense- Sets

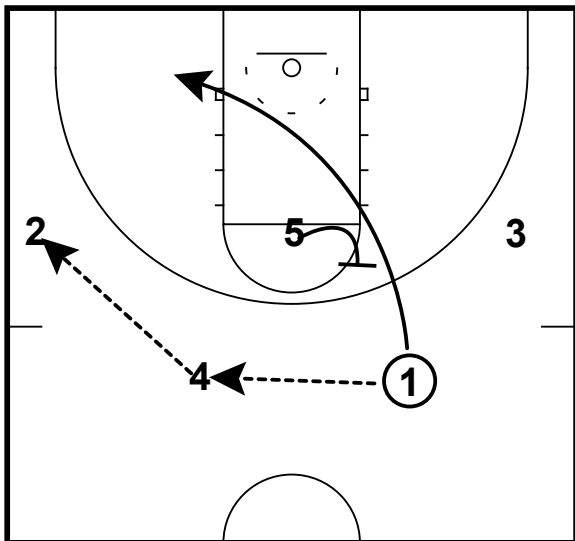


5 pins down for 2.

Illinois Playbook

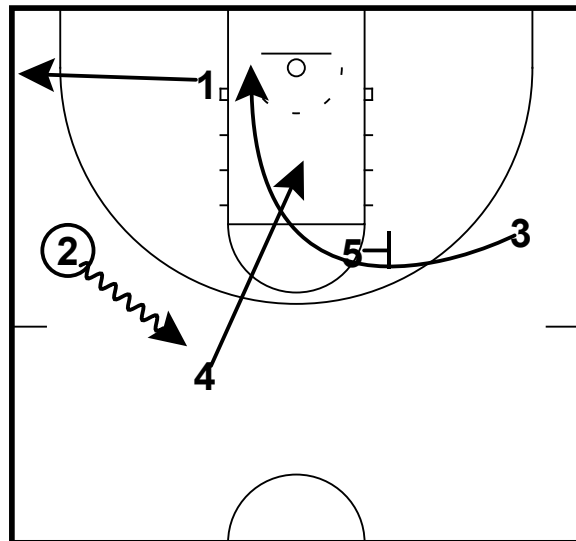
Half Court Man Offense

Spread High PNR
Half Court Man Offense- Sets



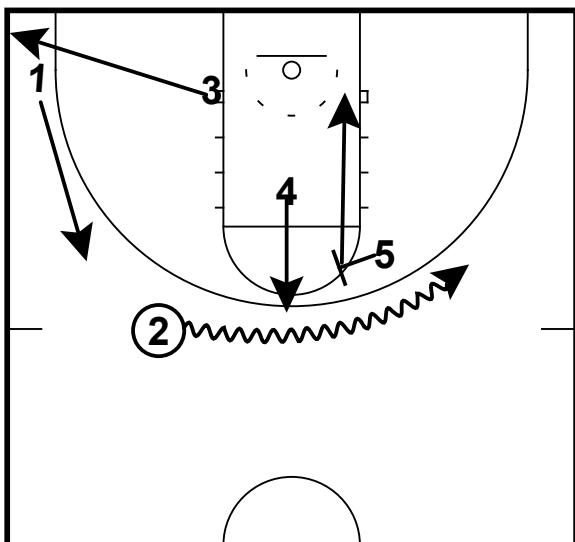
1 passes to 4. 4 passes to 2. 5 sets back screen for 1. 1 cuts to rim.

Spread High PNR
Half Court Man Offense- Sets



1 spaces to corner. 3 curl cuts off 5 to block. 4 dives to middle of paint.

Spread High PNR
Half Court Man Offense- Sets

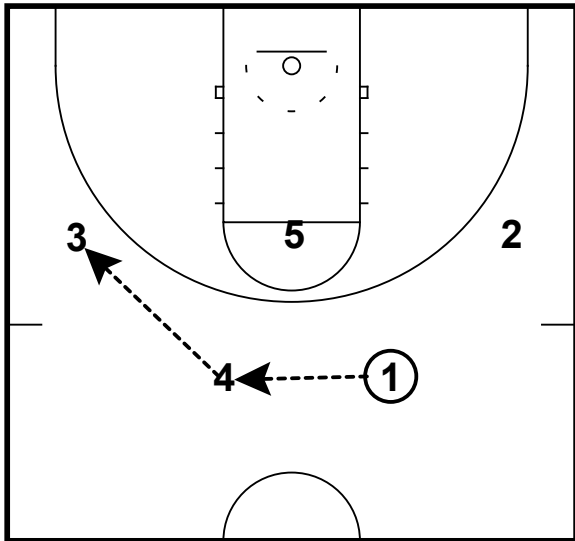


5 sets high PNR for 2. 4 replaces up. 3 spaces to corner. 1 spaces up.

Illinois Playbook

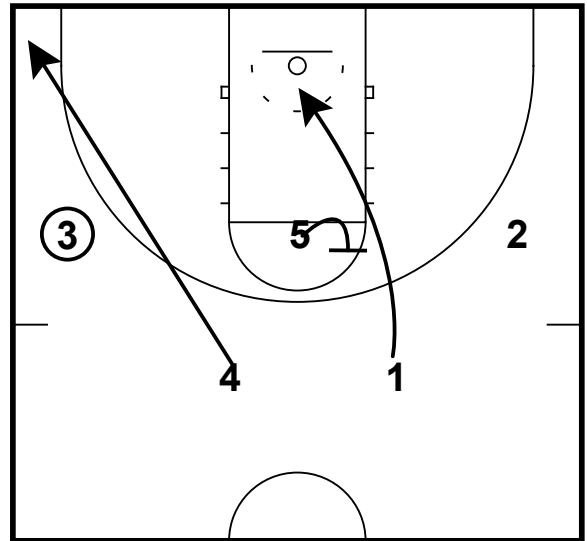
Half Court Man Offense

Spread Ricky Post
Half Court Man Offense- Sets



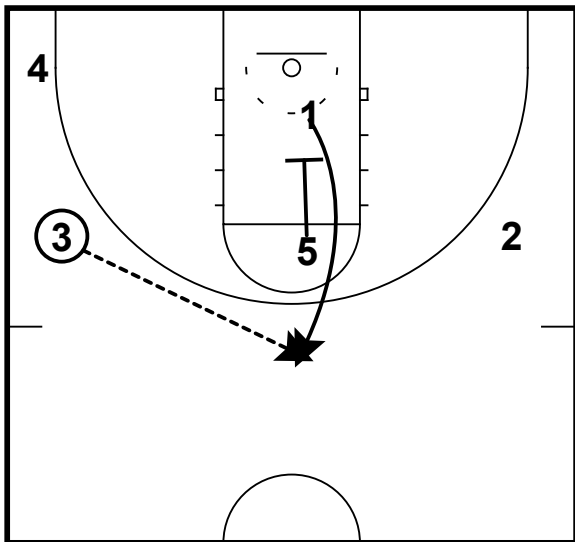
1 passes to 4. 4 passes to 3.

Spread Ricky Post
Half Court Man Offense- Sets



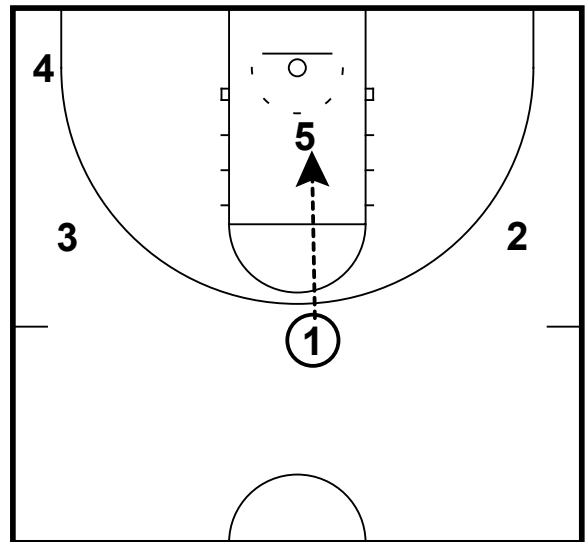
4 cuts corner. 5 back screens for 1. 1 cuts to rim.

Spread Ricky Post
Half Court Man Offense- Sets



5 pins down for 1. 3 passes to 1.

Spread Ricky Post
Half Court Man Offense- Sets

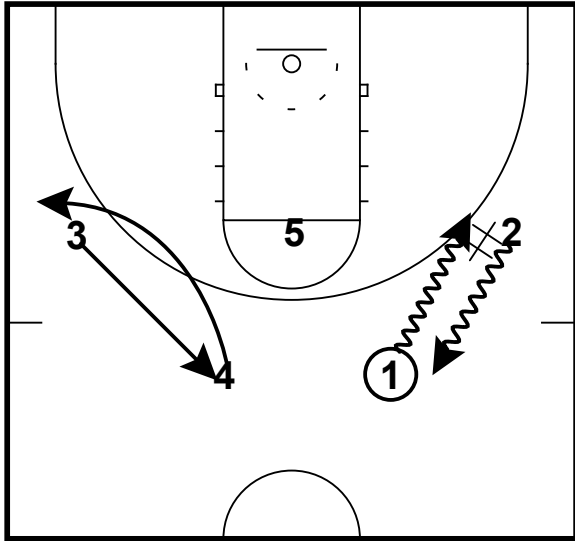


1 shoots or passes to 5 on hi-lo.

Illinois Playbook

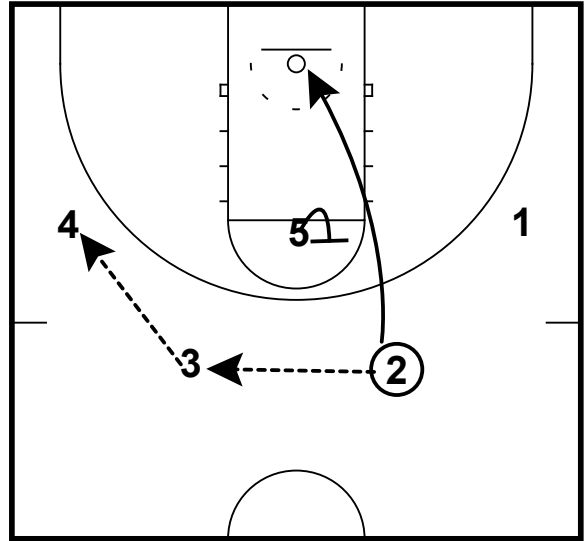
Half Court Man Offense

Spread Single-Double
Half Court Man Offense- Sets



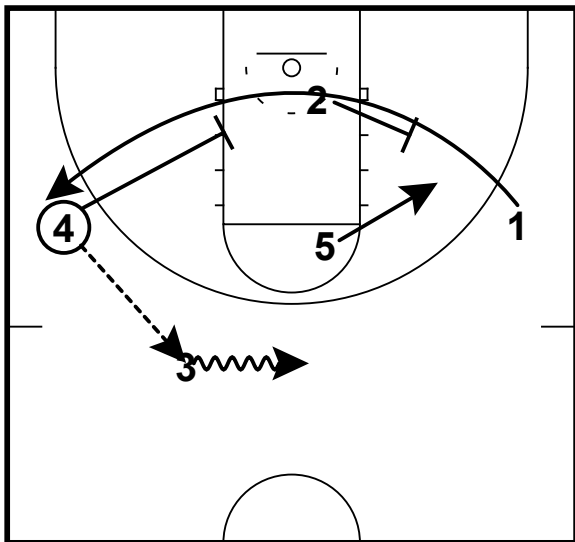
1 DHO 2. 3 and 4 exchange.

Spread Single-Double
Half Court Man Offense- Sets



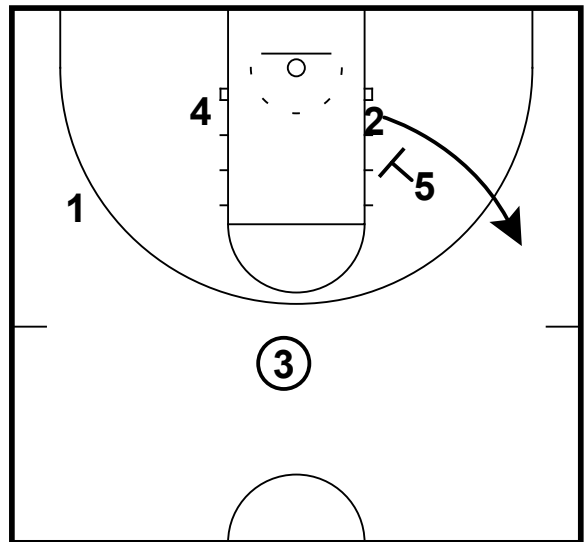
2 passes to 3. 3 passes to 4. 5 back screens for 2.

Spread Single-Double
Half Court Man Offense- Sets



4 passes to 3. 2 and 4 stagger for 1.

Spread Single-Double
Half Court Man Offense- Sets

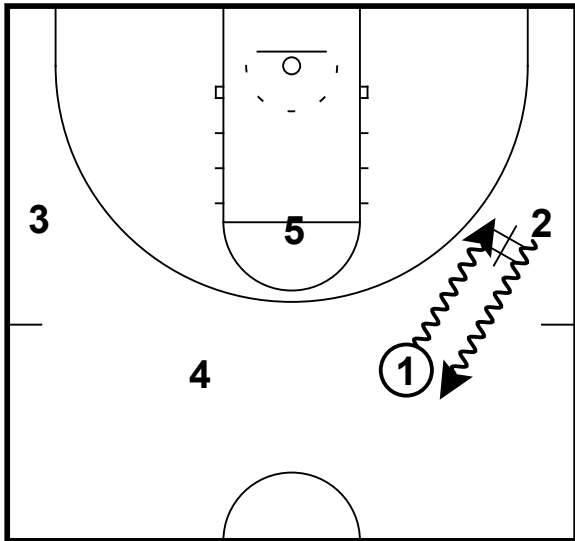


5 pins for 2.

Illinois Playbook

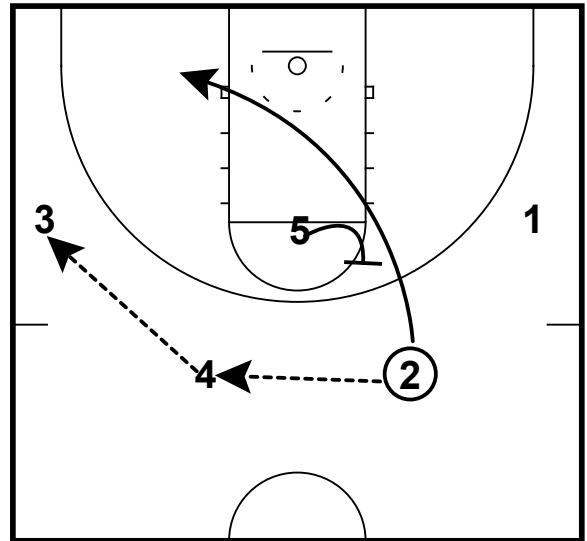
Half Court Man Offense

Spread Stagger Step-Up PNR
Half Court Man Offense- Sets



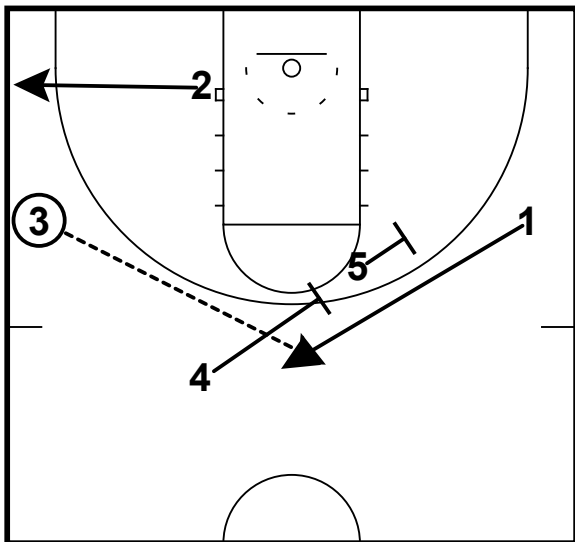
1 DHO 2.

Spread Stagger Step-Up PNR
Half Court Man Offense- Sets



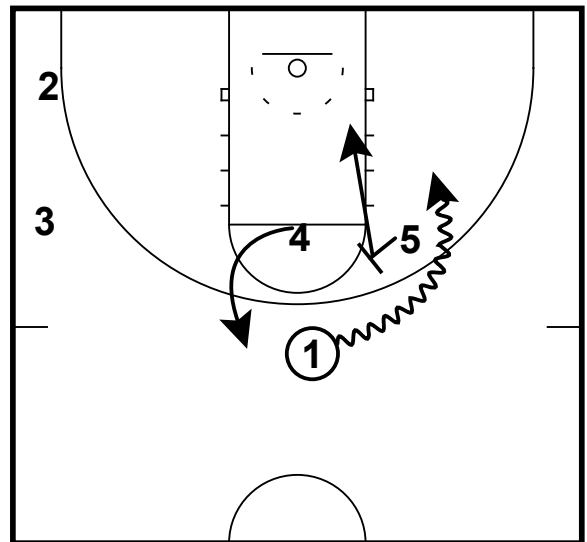
2 passes to 4. 4 passes to 3. 5 sets back screen for 2. 2 cuts to basket.

Spread Stagger Step-Up PNR
Half Court Man Offense- Sets



4 and 5 stagger away for 1. 3 passes to 1.

Spread Stagger Step-Up PNR
Half Court Man Offense- Sets

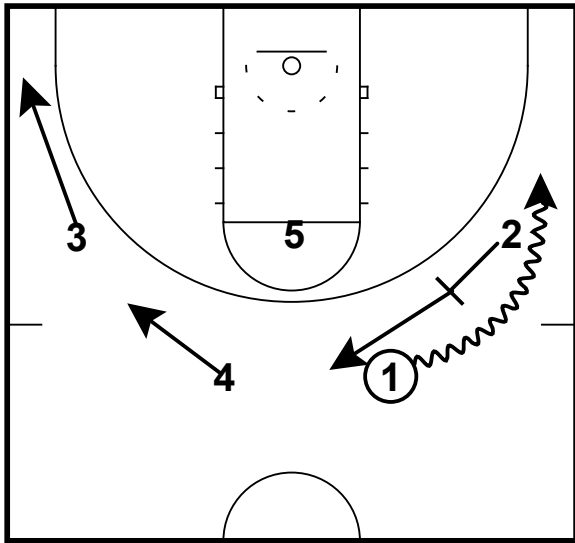


5 sets step up PNR. 4 replaces behind the screen.

Illinois Playbook

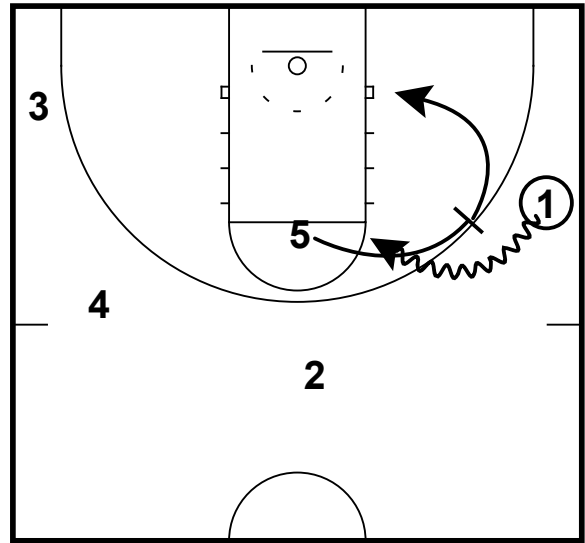
Half Court Man Offense

Spread Step-Up Wing PNR
Half Court Man Offense- Sets



2 sets step-up screen for 1. 3 and 4 space away on weak side.

Spread Step-Up Wing PNR
Half Court Man Offense- Sets

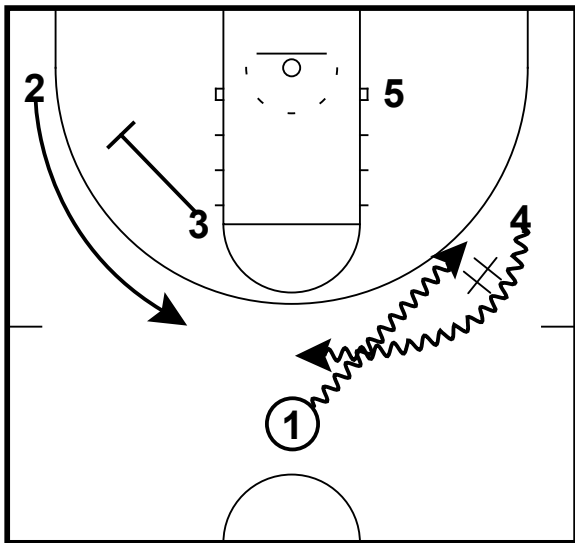


5 sets wing PNR for 1.

Illinois Playbook

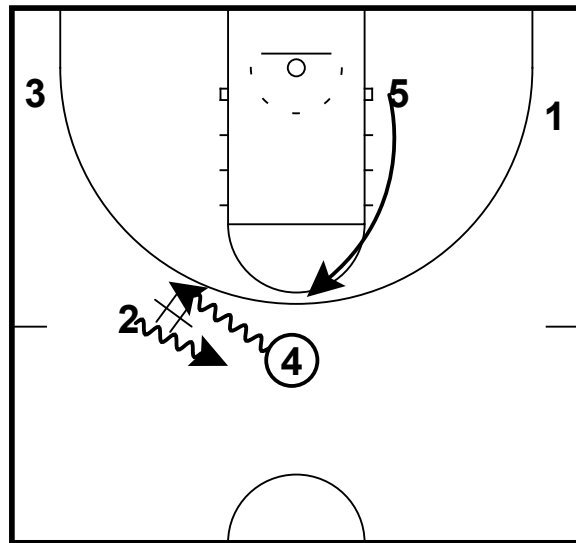
Half Court Man Offense

Weave Pistol
Half Court Man Offense- Sets



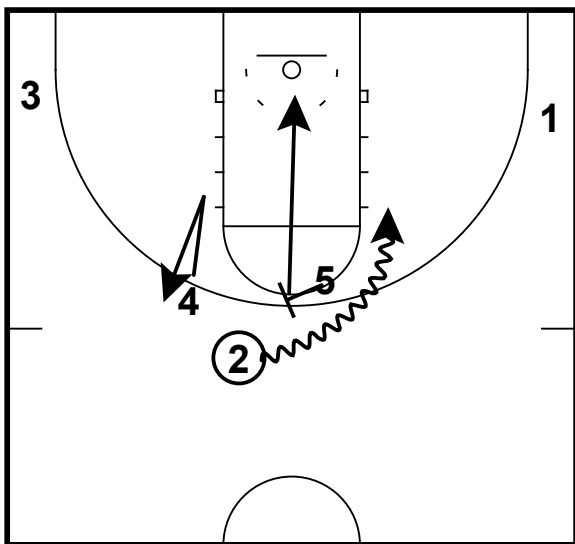
1 DHO 4. 3 pins for 2.

Weave Pistol
Half Court Man Offense- Sets



4 DHO 2. 5 lifts.

Weave Pistol
Half Court Man Offense- Sets

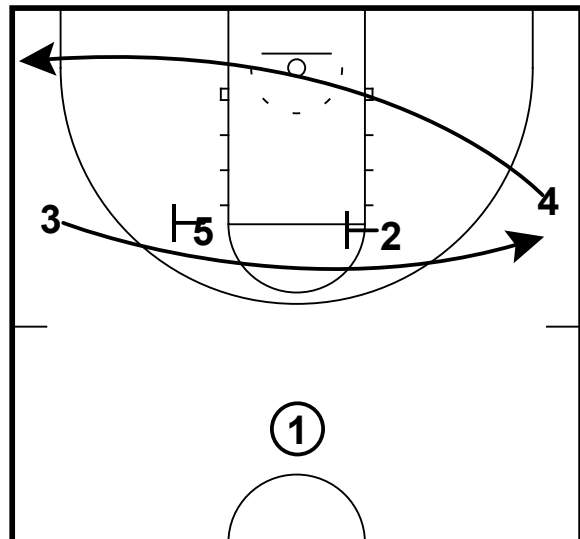


5 sets high PNR for 2. 4 replaces.

Illinois Playbook

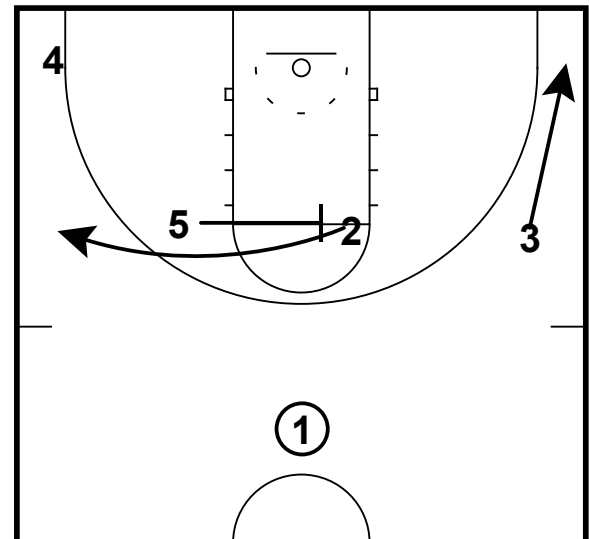
Half Court Man Offense

Iverson Elbow Pistol
Half Court Man Offense- Sets



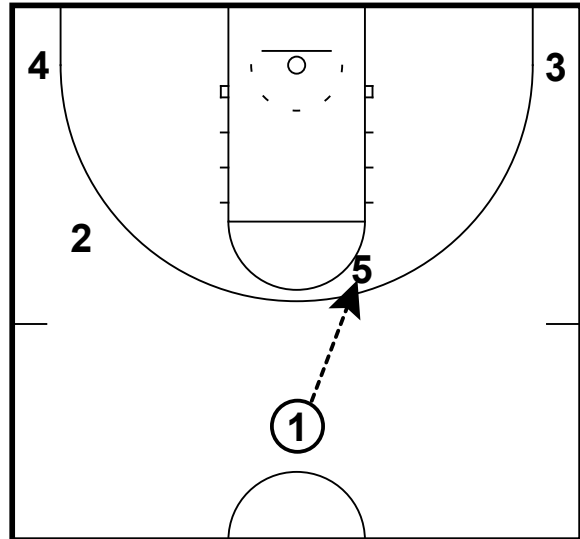
3 Iverson cuts over top of 2 and 5. 4 cuts underneath to opposite corner.

Iverson Elbow Pistol
Half Court Man Offense- Sets



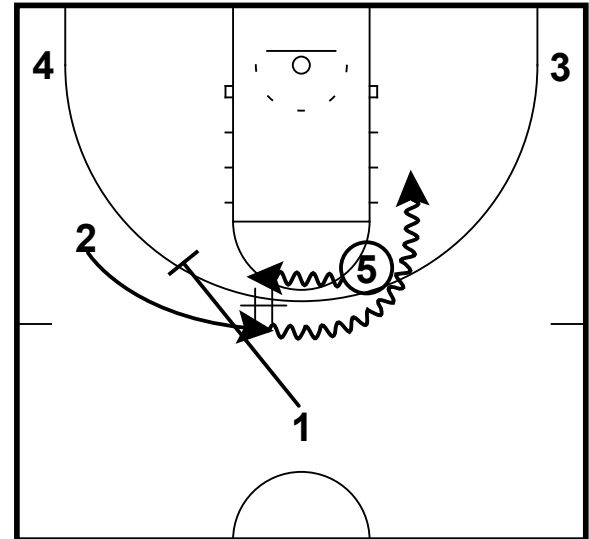
5 screens 2 out. 3 spaces to corner.

Iverson Elbow Pistol
Half Court Man Offense- Sets



1 passes to 5.

Iverson Elbow Pistol
Half Court Man Offense- Sets

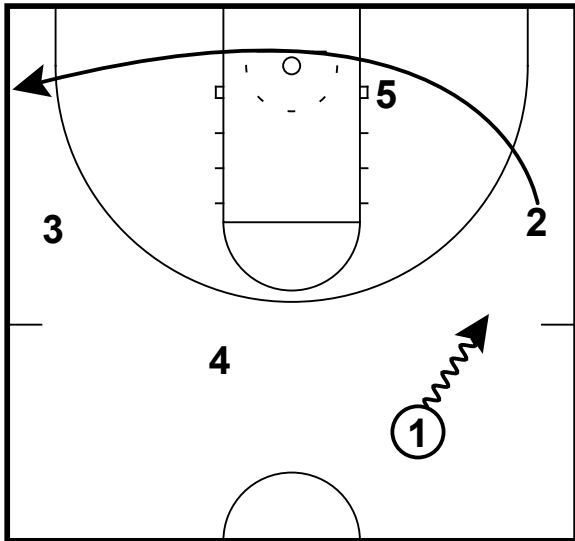


1 pins for 2. 5 DHO 2.

Illinois Playbook

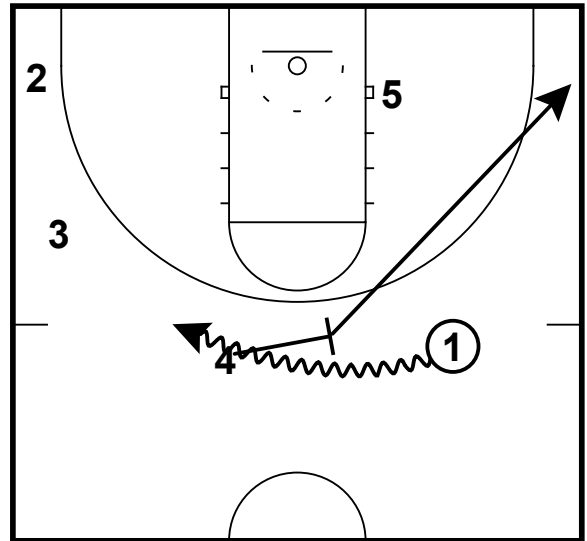
Half Court Man Offense

Pistol
Half Court Man Offense- Sets



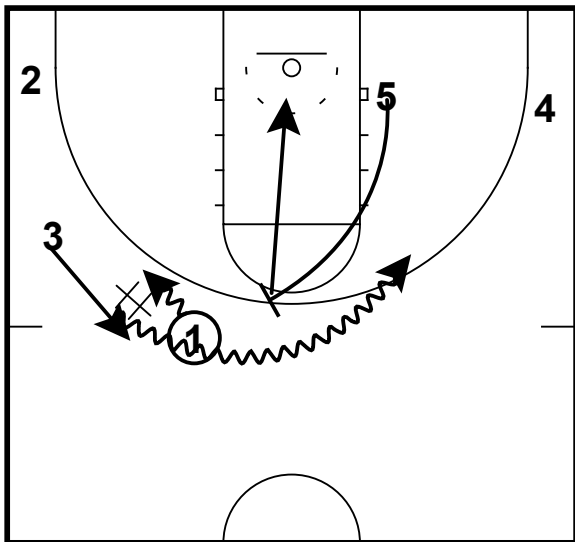
1 dribble enters. 2 cuts through.

Pistol
Half Court Man Offense- Sets



4 sets BS for 1 and pops to corner.

Pistol
Half Court Man Offense- Sets

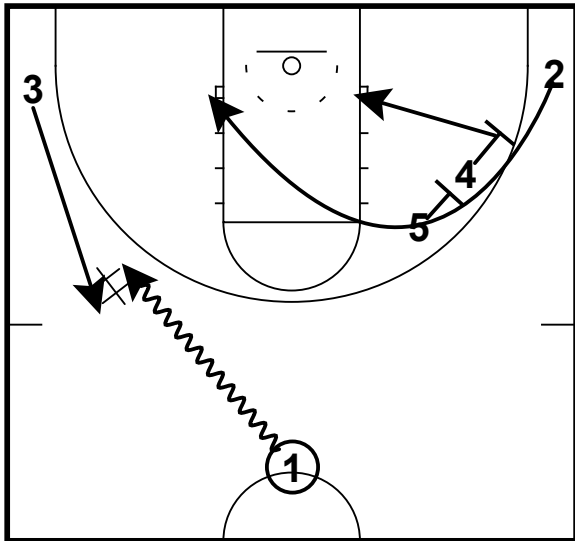


1 DHO 3. 5 sprints and sets high PNR for 3.

Illinois Playbook

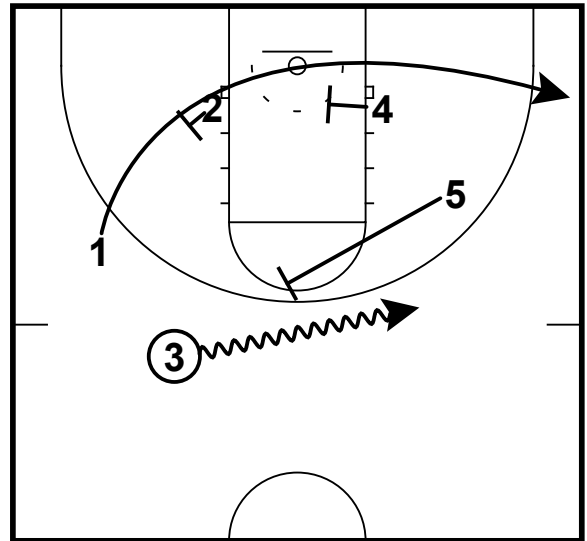
Half Court Man Offense

BS Stagger
Half Court Man Offense- Sets



1 dribble enters to wing. 1 DHO 3. 4 and 5 staggers for 2. 2 curls the stagger.

BS Stagger
Half Court Man Offense- Sets

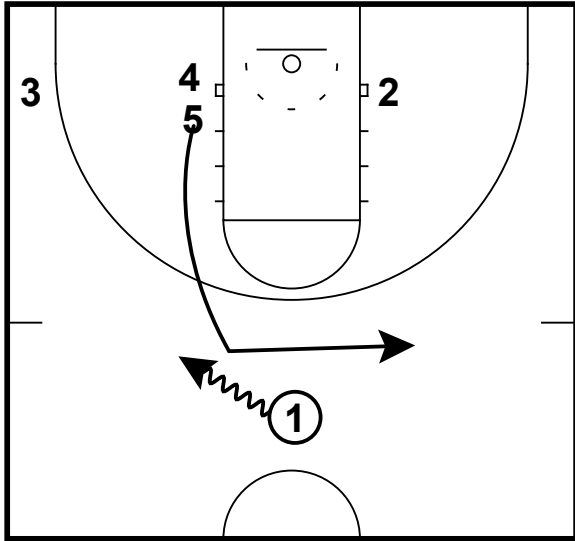


5 sets high pick for 3. 2 and 4 stagger for 1.

Illinois Playbook

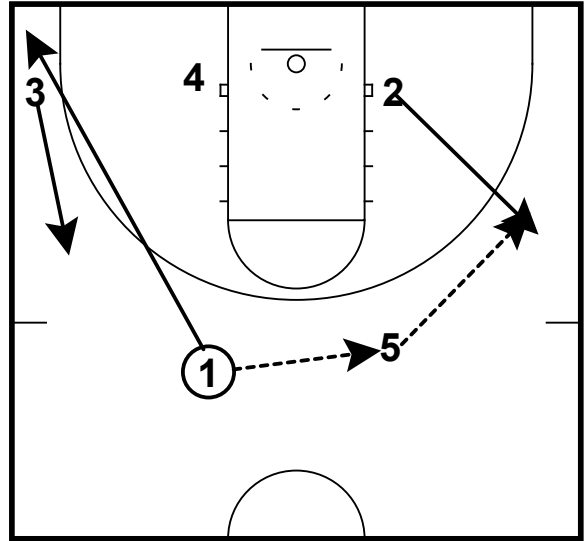
Half Court Man Offense

Ghost Wing PNR
Half Court Man Offense- Sets



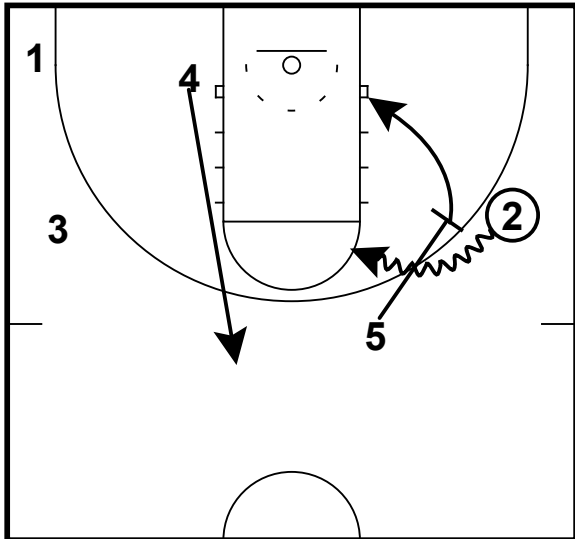
5 sprints up and ghost screens for 1.

Ghost Wing PNR
Half Court Man Offense- Sets



1 passes to 5 and cuts to weak side corner. 2 pops out. 5 passes to 2.

Ghost Wing PNR
Half Court Man Offense- Sets

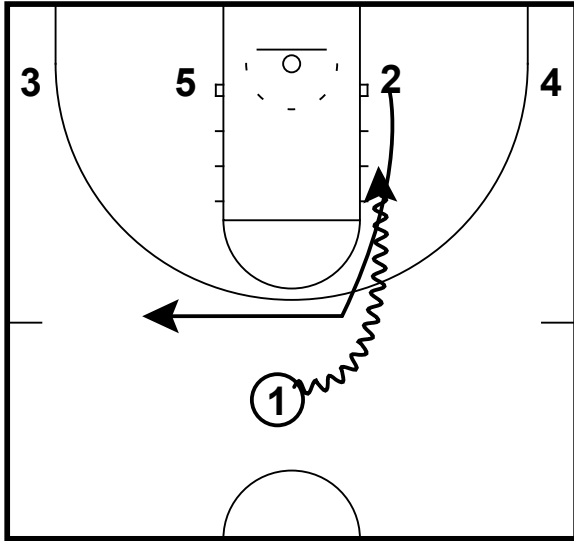


5 sets wing PNR for 2. 4 lifts up.

Illinois Playbook

Half Court Man Offense

Ghost BS Iso Drive
Half Court Man Offense- Sets

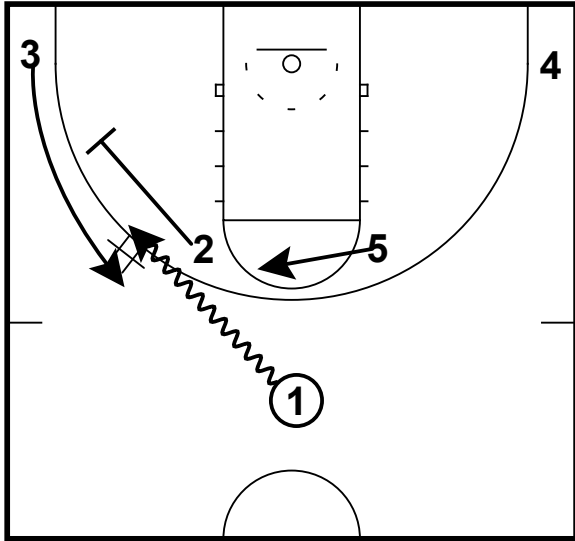


2 sprints up and ghost screens for 1. 1 drives open lane.

Illinois Playbook

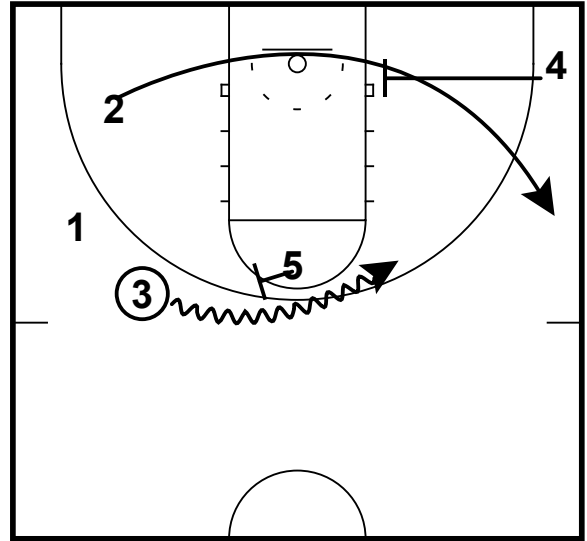
Half Court Man Offense

Dribble Chase Pistol Pin
Half Court Man Offense- Sets



2 pins for 3. 1 dribbles at pin. 1 DHO 3.

Dribble Chase Pistol Pin
Half Court Man Offense- Sets

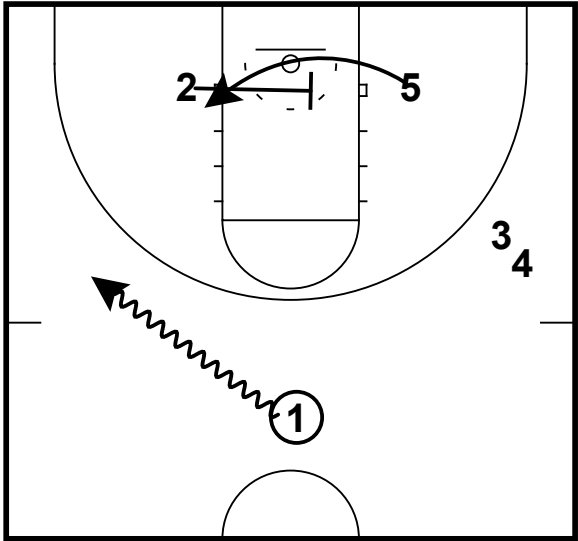


5 sets PNR for 3. 2 sprints off 4 pin in.

Illinois Playbook

Half Court Man Offense

Cross Screen
Half Court Man Offense- Sets

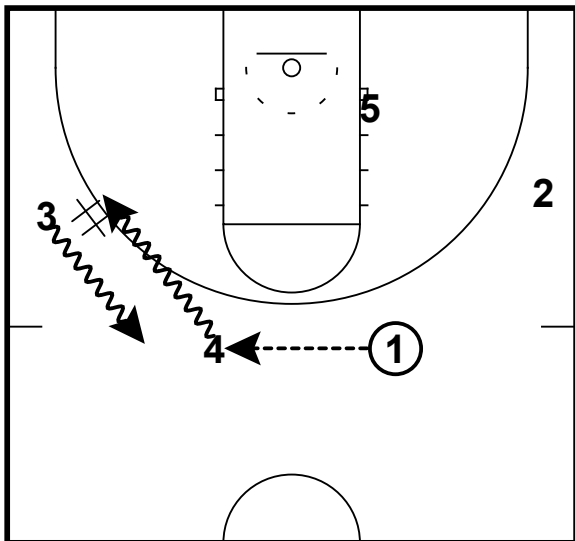


1 dribble enters. 2 cross screens for 5.

Illinois Playbook

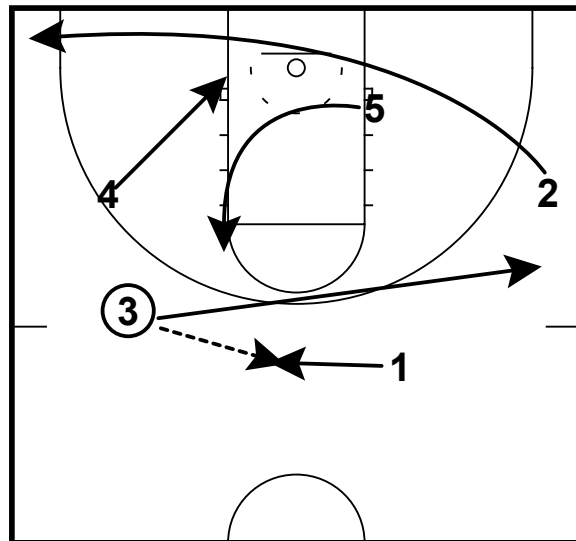
Half Court Man Offense

Distort High PNR
Half Court Man Offense- Sets



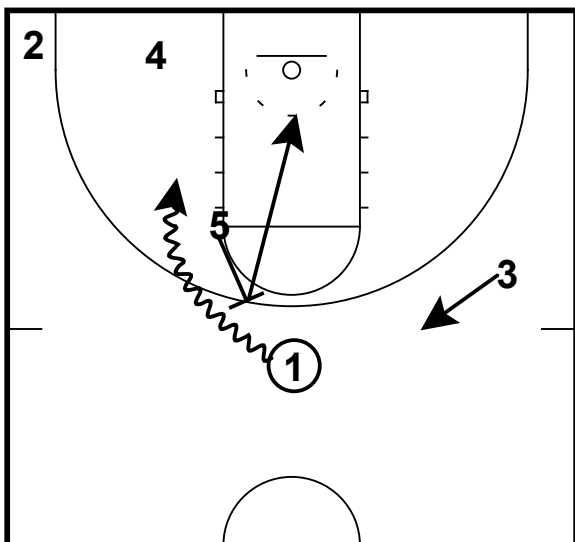
1 passes to 4. 4 DHO 3.

Distort High PNR
Half Court Man Offense- Sets



1 follows pass. 3 passes back to 1. 2, 3, 4 and 5 all cut to distort defense.

Distort High PNR
Half Court Man Offense- Sets

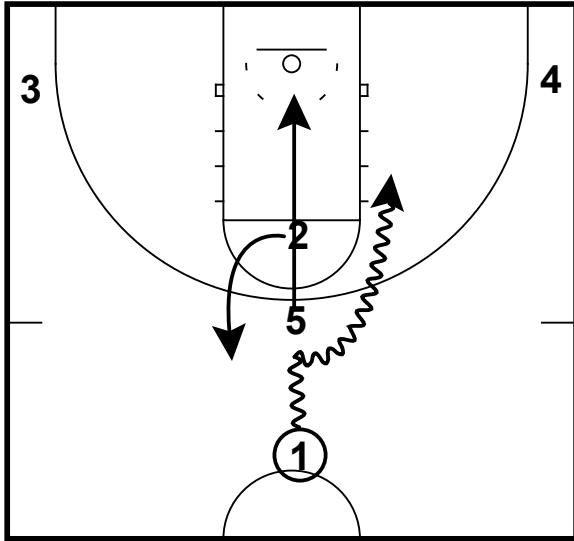


5 sets high PNR for 1. 3 fills behind.

Illinois Playbook

Half Court Man Offense

Stack Drive
Half Court Man Offense- Sets

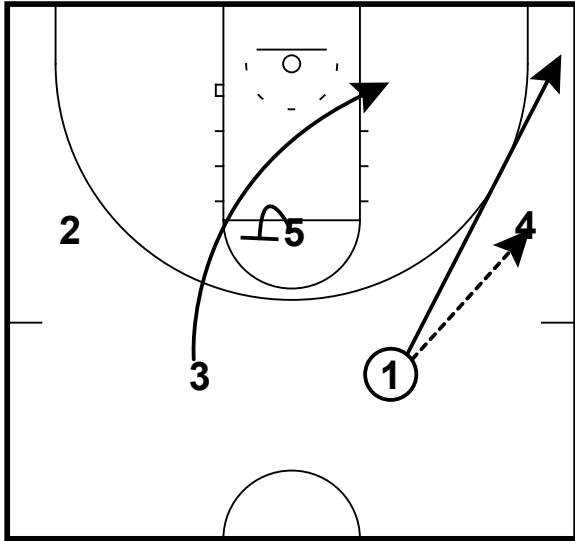


1 drives off stack. 5 dives and 2 replaces up opposite of the drive.

Illinois Playbook

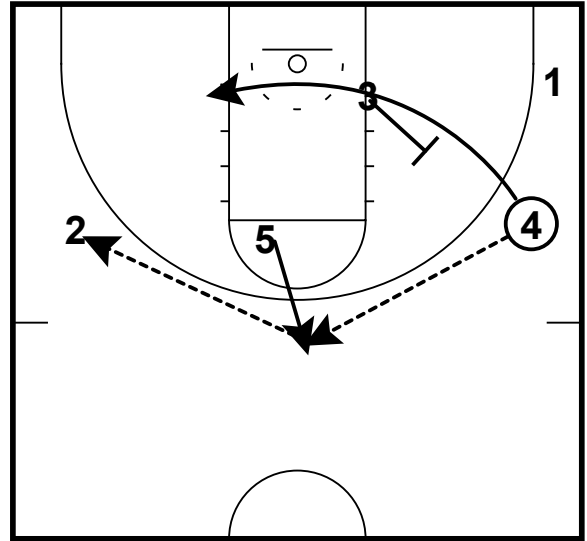
Half Court Man Offense

Chin Slice
Half Court Man Offense- Sets



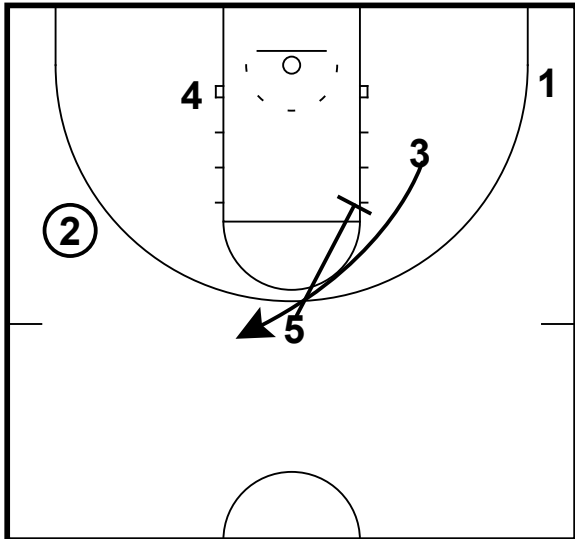
1 passes to 4 and cuts to ball side corner. 5 back screens for 3. 3 cuts to ball side block.

Chin Slice
Half Court Man Offense- Sets



4 passes to 5. 5 passes to 2. 3 sets shuffle screen for 4.

Chin Slice
Half Court Man Offense- Sets

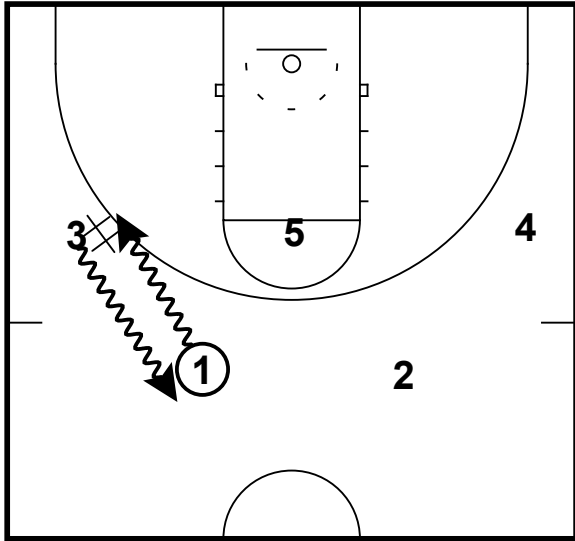


5 pins down for 3.

Illinois Playbook

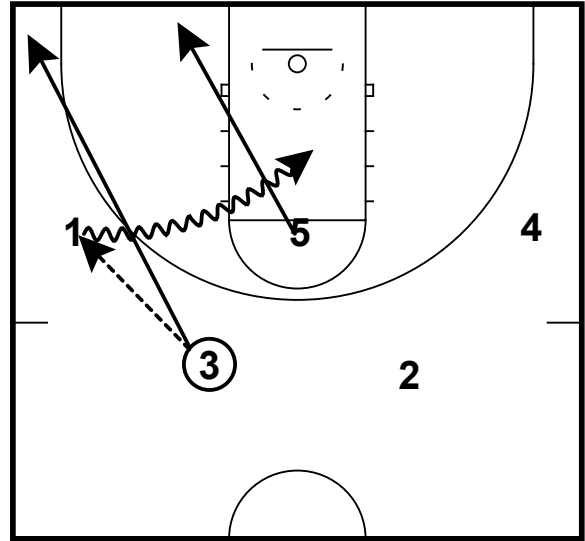
Half Court Man Offense

Double Blur Drive
Half Court Man Offense- Sets



1 DHO 3.

Double Blur Drive
Half Court Man Offense- Sets

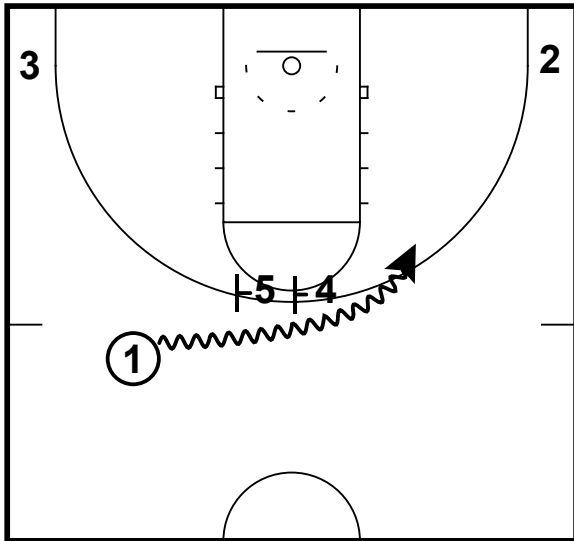


3 passes to 1. 3 and 5 blur cut. 1 drives off of blur cuts.

Illinois Playbook

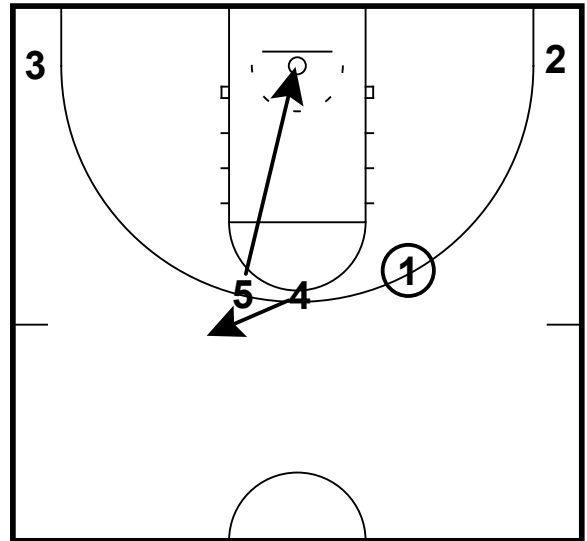
Half Court Man Offense

Double BS
Half Court Man Offense- Sets



4 and 5 set double ball screen for 1.

Double BS
Half Court Man Offense- Sets

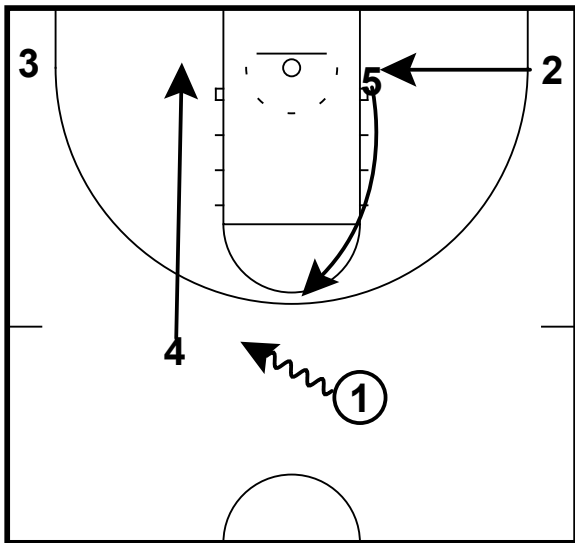


5 rolls and 4 pops.

Illinois Playbook

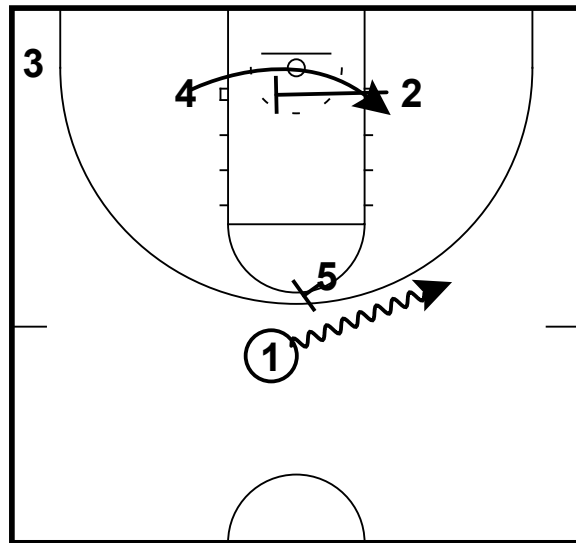
Half Court Man Offense

Dribble Enter T Action
Half Court Man Offense- Sets



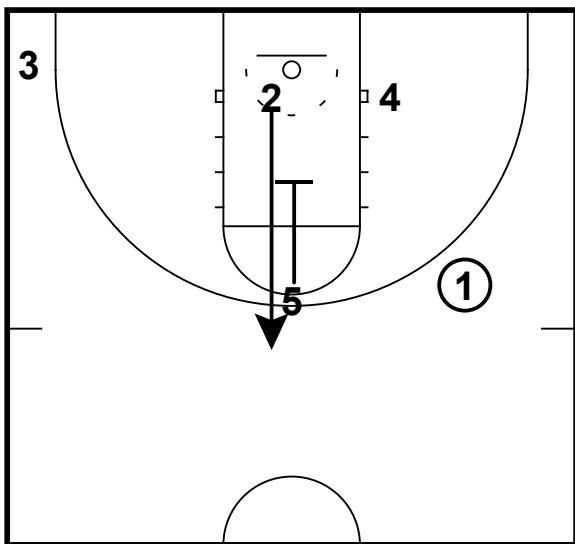
1 dribble enters. 4 back cuts. 5 lifts up. 2 cuts in to block.

Dribble Enter T Action
Half Court Man Offense- Sets



5 sets high BS. 2 cross screens for 4.

Dribble Enter T Action
Half Court Man Offense- Sets

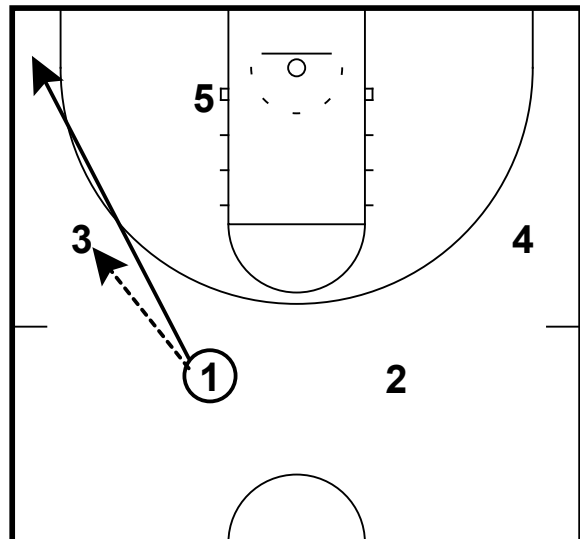


5 pins down for 2.

Illinois Playbook

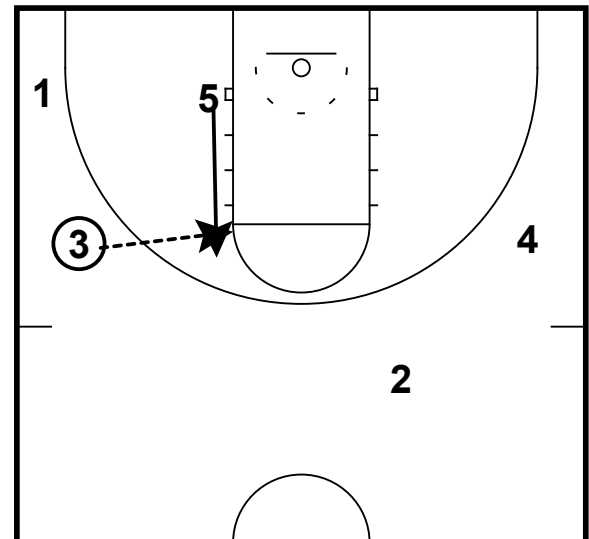
Half Court Man Offense

Elbow Pistol
Half Court Man Offense- Sets



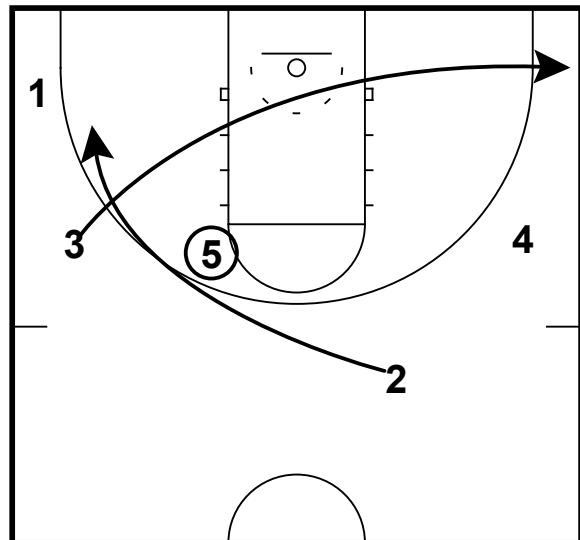
1 passes to 3 and cuts ball side corner.

Elbow Pistol
Half Court Man Offense- Sets



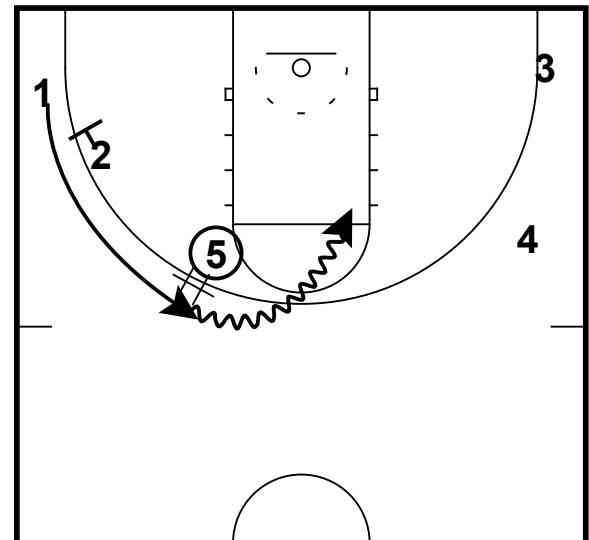
5 flashes to elbow. 3 passes to 5.

Elbow Pistol
Half Court Man Offense- Sets



3 back cuts. 2 cuts off 5.

Elbow Pistol
Half Court Man Offense- Sets

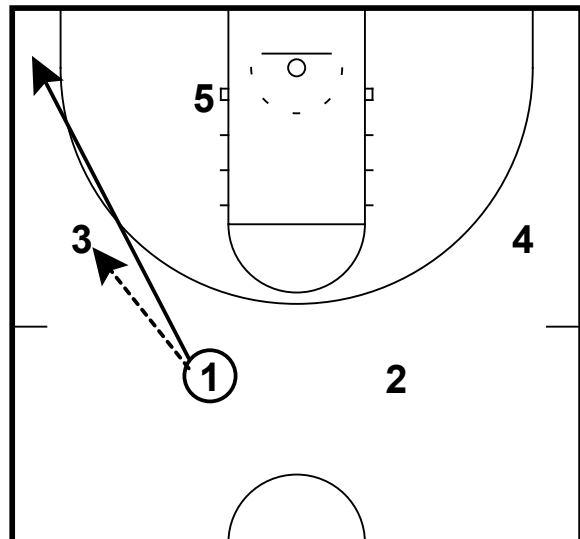


2 pins for 1. 5 DHO 2.

Illinois Playbook

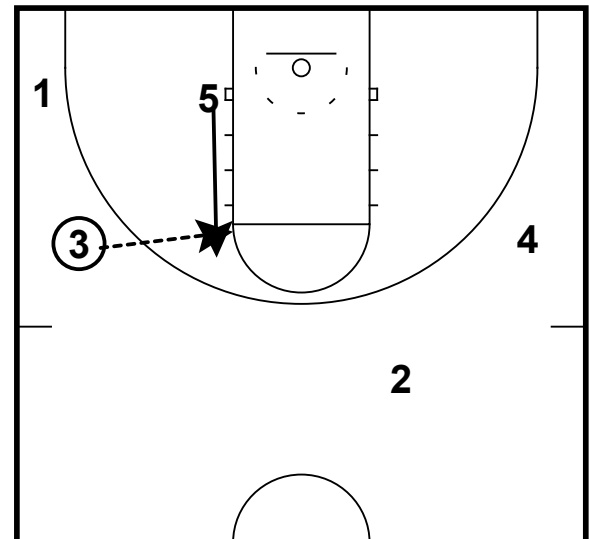
Half Court Man Offense

Elbow Pistol Curl
Half Court Man Offense- Sets



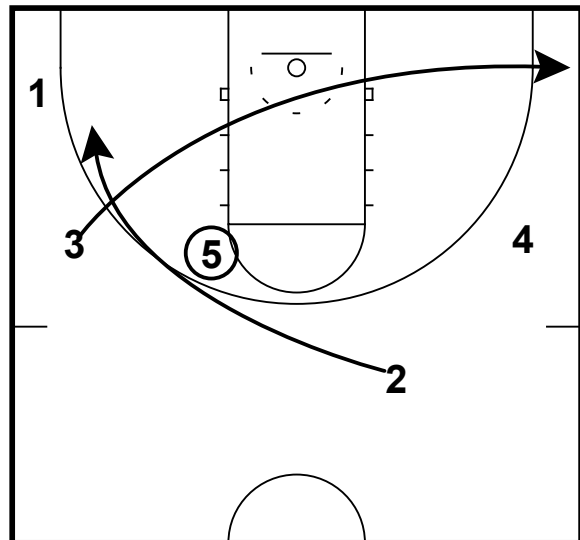
1 passes to 3 and cuts ball side corner.

Elbow Pistol Curl
Half Court Man Offense- Sets



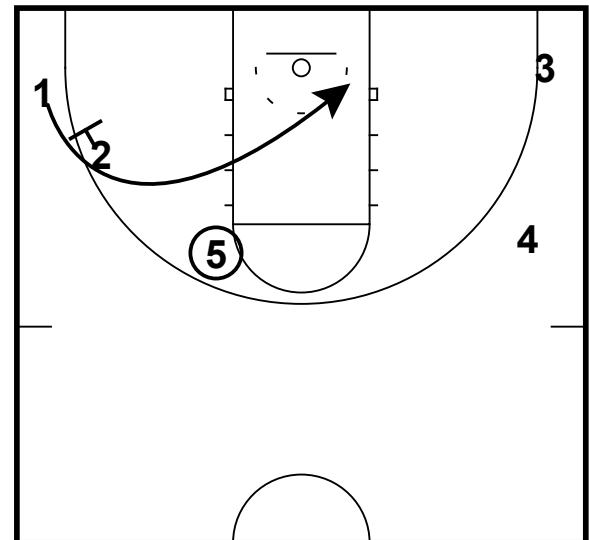
5 flashes to elbow. 3 passes to 5.

Elbow Pistol Curl
Half Court Man Offense- Sets



3 back cuts. 2 cuts off 5.

Elbow Pistol Curl
Half Court Man Offense- Sets

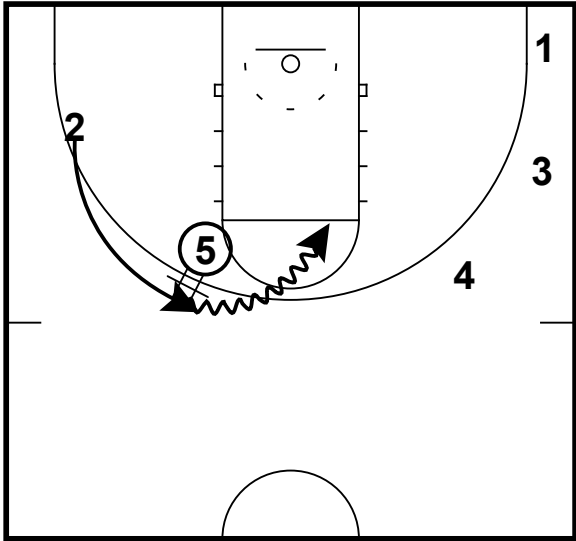


2 pins down for 1. 1 curl cuts the screen.

Illinois Playbook

Half Court Man Offense

Elbow Pistol Curl
Half Court Man Offense- Sets

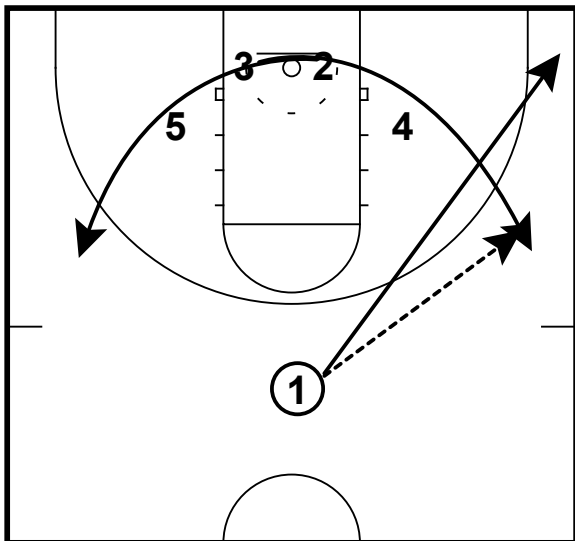


5 DHO 2.

Illinois Playbook

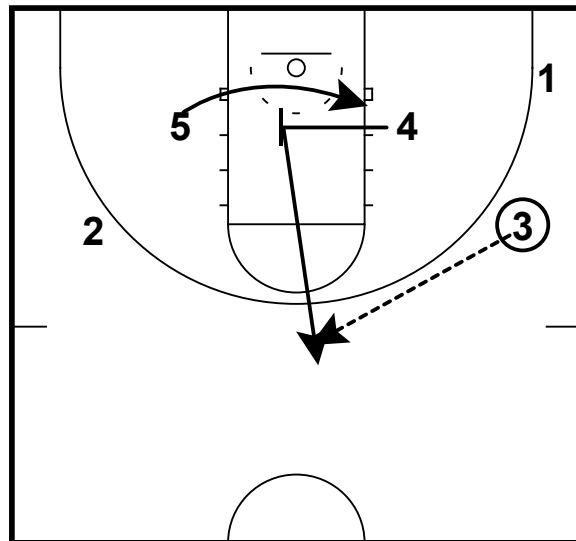
Half Court Man Offense

Hi-Lo Stagger
Half Court Man Offense- Sets



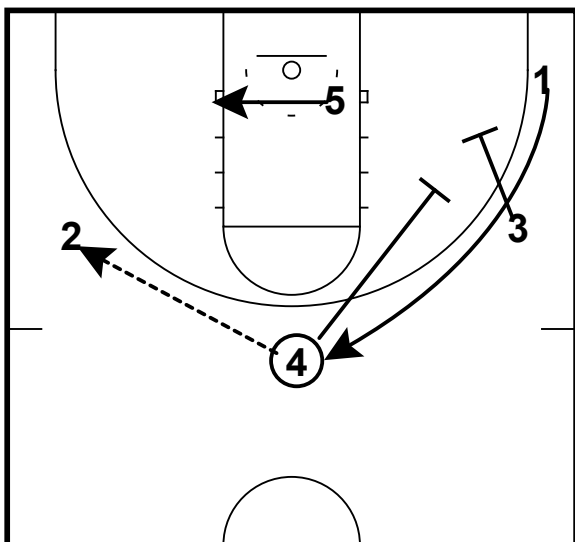
4 and 5 set floppy action. 1 passes to 3 and cuts to ballside corner.

Hi-Lo Stagger
Half Court Man Offense- Sets



4 cross screens for 5. 4 flashes high. 3 passes to 4.

Hi-Lo Stagger
Half Court Man Offense- Sets

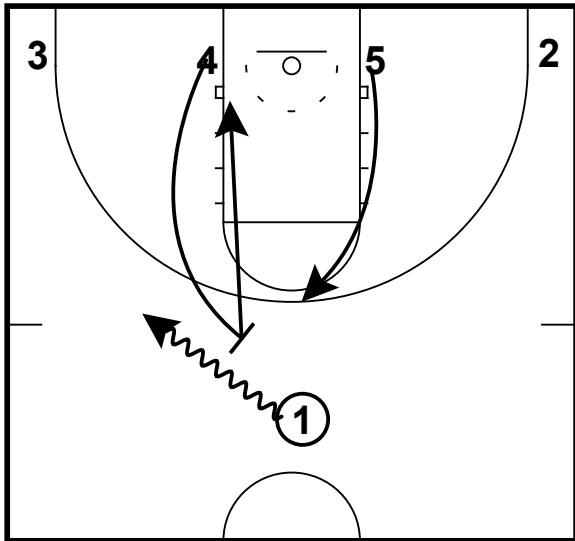


4 looks hi-lo and then swings to ball to 2. 5 goes block to block. 3 and 4 stagger for 1.

Illinois Playbook

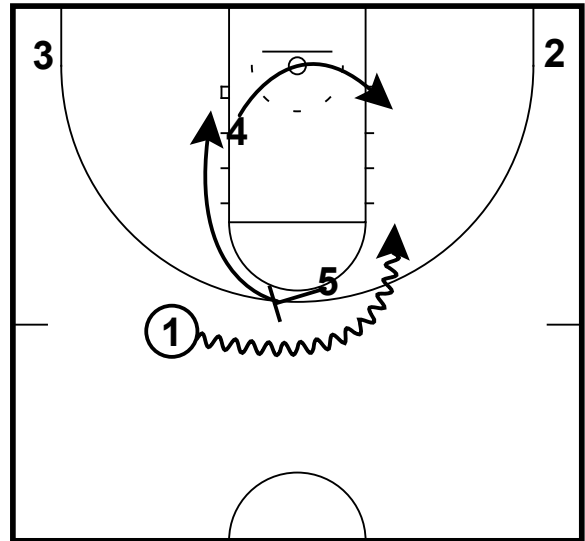
Half Court Man Offense

High Mix BS
Half Court Man Offense- Sets



4 sprints high and sets PNR for 1. 5 sprints up behind.

High Mix BS
Half Court Man Offense- Sets

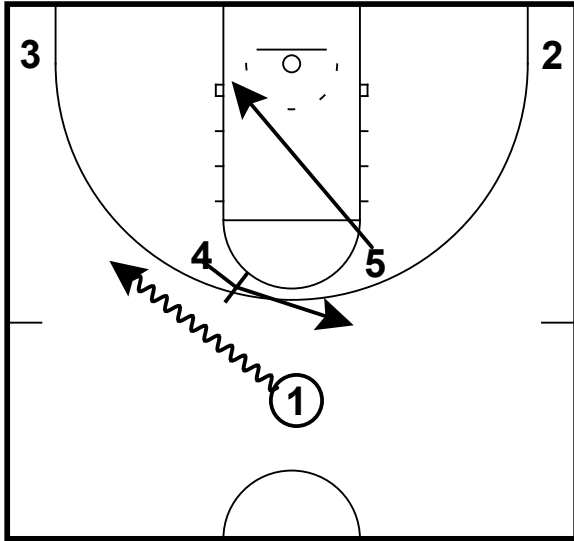


5 sets high PNR for 1. 4 loops to ball side block.

Illinois Playbook

Half Court Man Offense

Horns Dive Opposite
Half Court Man Offense- Sets

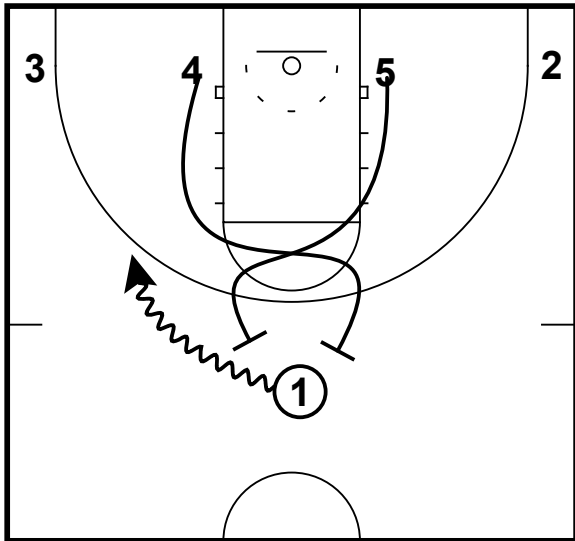


4 and 5 set Horns PNR for 1. 1 comes off 4. 4 pops and 5 dives.

Illinois Playbook

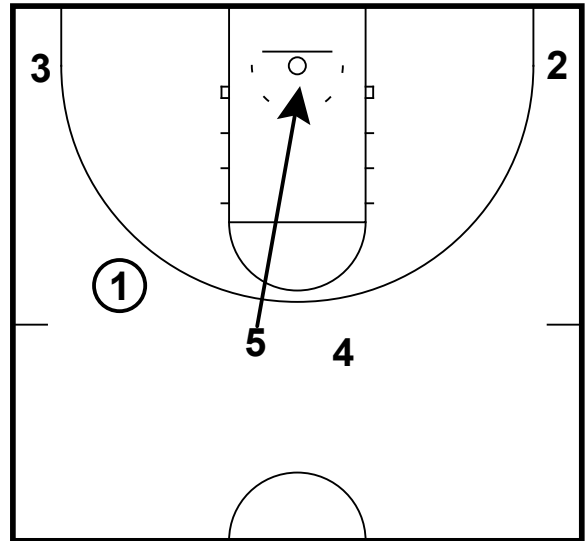
Half Court Man Offense

Horns Sprint
Half Court Man Offense- Sets



4 and 5 sprint high and set Horns PNR for 1.

Horns Sprint
Half Court Man Offense- Sets

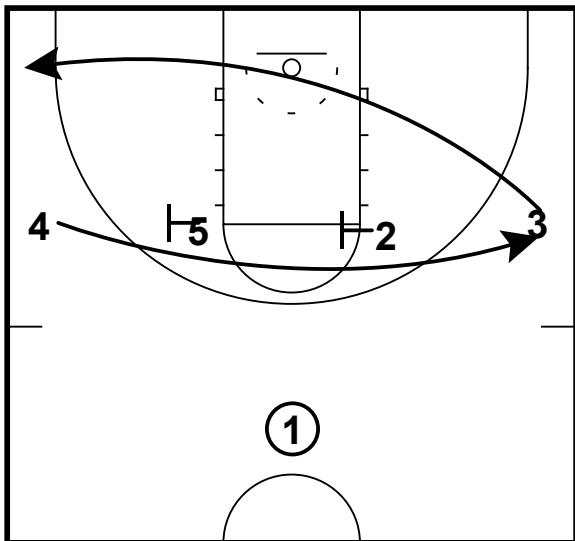


5 dives and 4 pops.

Illinois Playbook

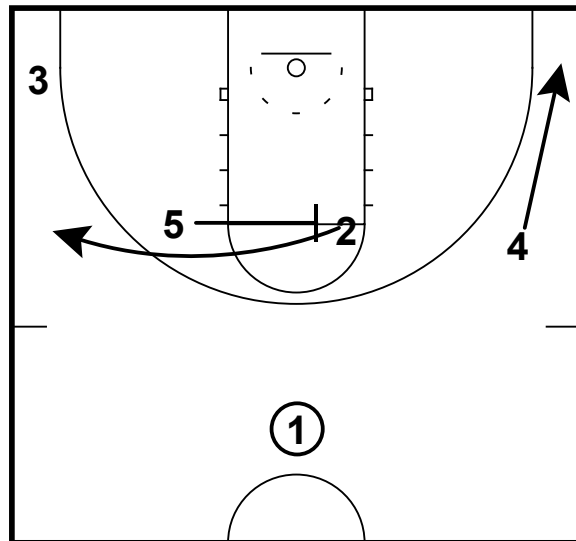
Half Court Man Offense

Iverson BS Pin In
Half Court Man Offense- Sets



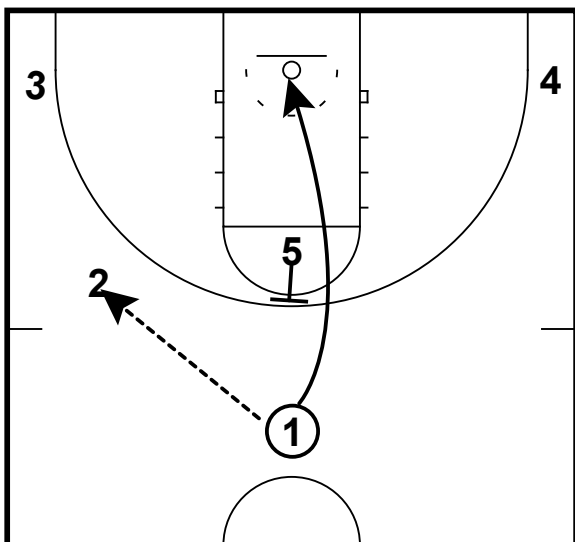
4 Iverson cuts over top of 2 and 5. 3 cuts under to opposite corner.

Iverson BS Pin In
Half Court Man Offense- Sets



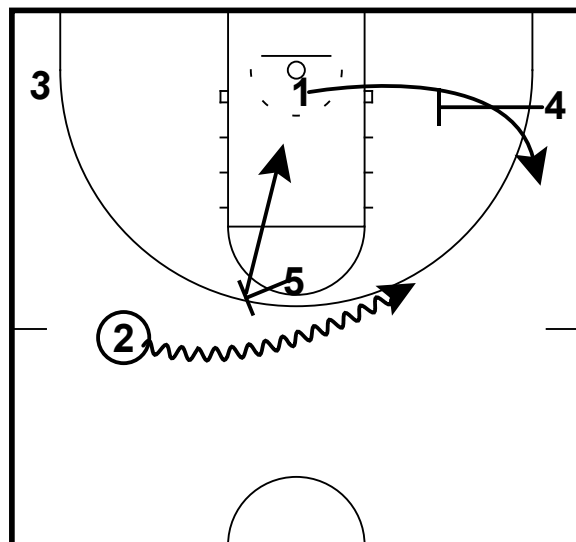
5 screens out for 2. 4 slides to corner.

Iverson BS Pin In
Half Court Man Offense- Sets



1 passes to 2. 5 back screens for 1.

Iverson BS Pin In
Half Court Man Offense- Sets

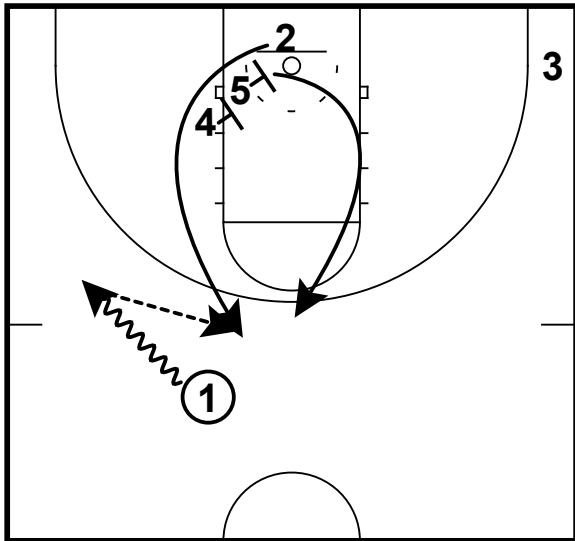


5 sets high PNR for 2. 4 pins in for 1.

Illinois Playbook

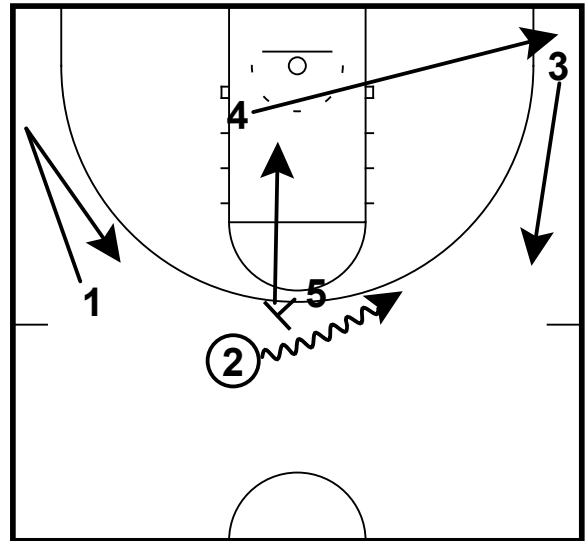
Half Court Man Offense

Loop 5
Half Court Man Offense- Sets



1 dribble enters. 4 and 5 staggers for 2. 2 zippers to top. 5 loops up with zipper cut. 1 passes to 2.

Loop 5
Half Court Man Offense- Sets

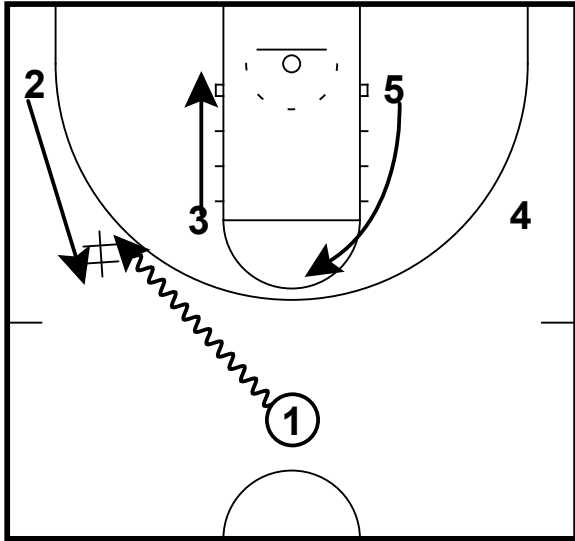


4 cuts to corner. 3 lifts. 5 sets high PNR for 2.

Illinois Playbook

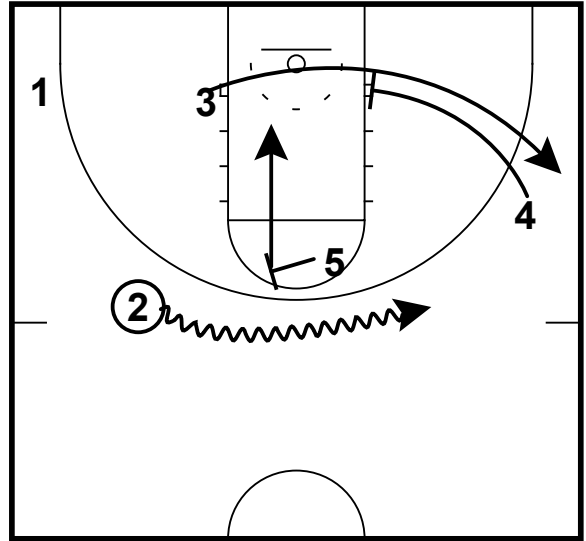
Half Court Man Offense

Pistol Pin
Half Court Man Offense- Sets



1 DHO 2. 3 slides down. 5 lifts.

Pistol Pin
Half Court Man Offense- Sets

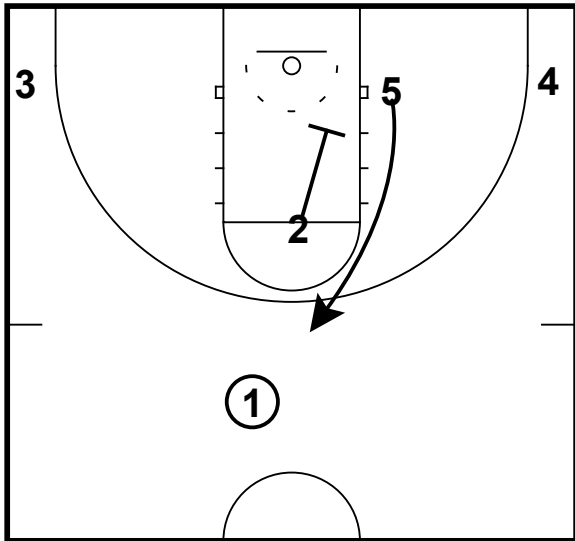


5 sets high PNR for 2. 4 pins in for 3.

Illinois Playbook

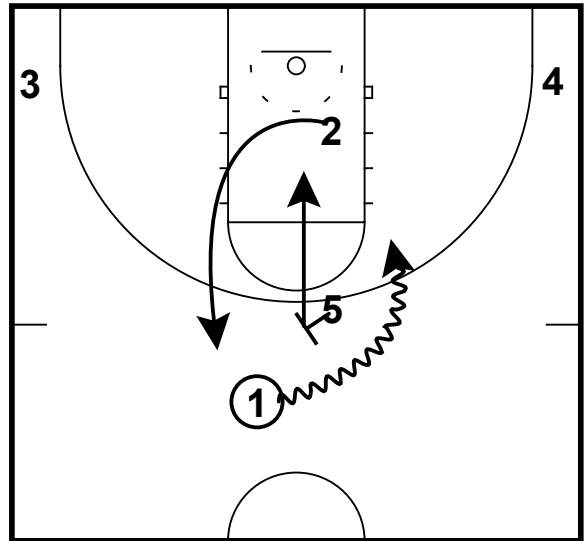
Half Court Man Offense

Ram RR
Half Court Man Offense- Sets



2 ram screens for 5. 5 sprints high.

Ram RR
Half Court Man Offense- Sets

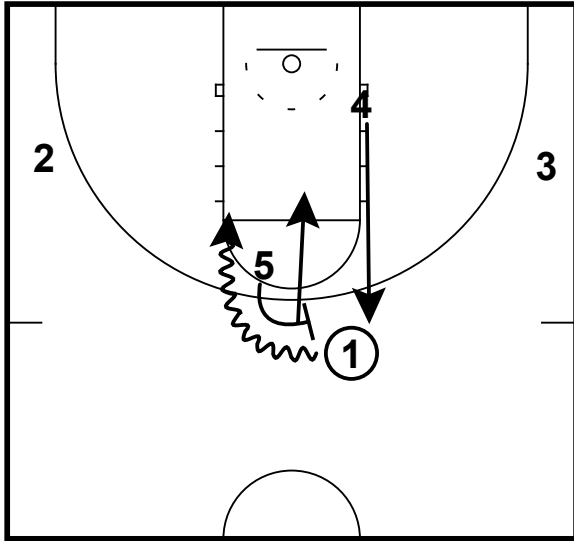


5 sets high PNR. 2 replaces.

Illinois Playbook

Half Court Man Offense

Roll & Replace
Half Court Man Offense- Sets

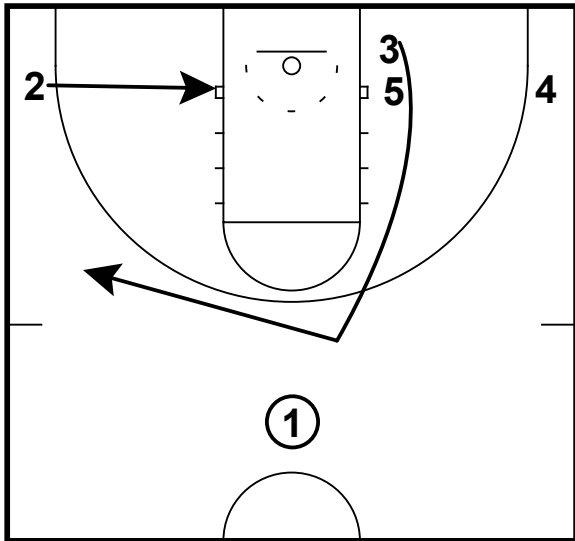


5 sets high pick and roll. 4 replaces up the lane to top.

Illinois Playbook

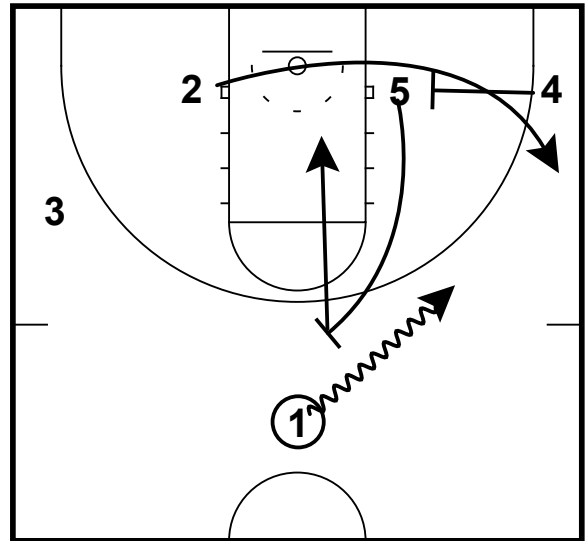
Half Court Man Offense

Stack Slide Pin
Half Court Man Offense- Sets



3 sprints up and sets slide screen for 1.

Stack Slide Pin
Half Court Man Offense- Sets

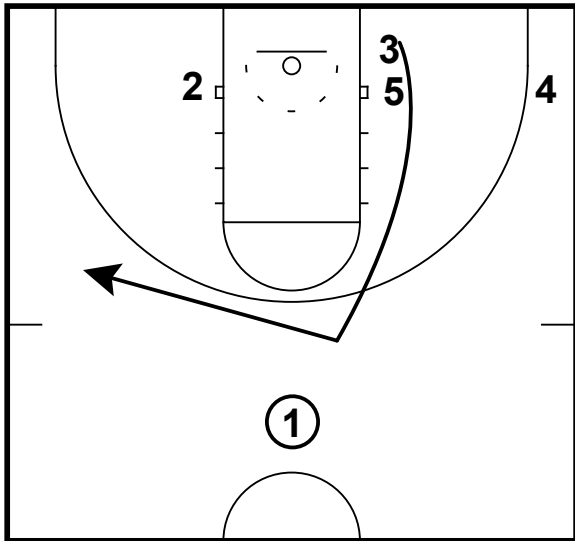


5 sprints behind 3 and sets high PNR. 4 pins in for 2.

Illinois Playbook

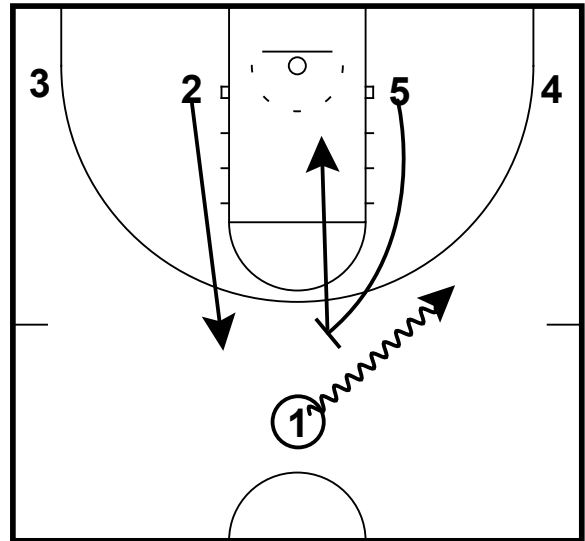
Half Court Man Offense

Stack Slide RR
Half Court Man Offense- Sets



3 sprints up and sets slide screen for 1.

Stack Slide RR
Half Court Man Offense- Sets

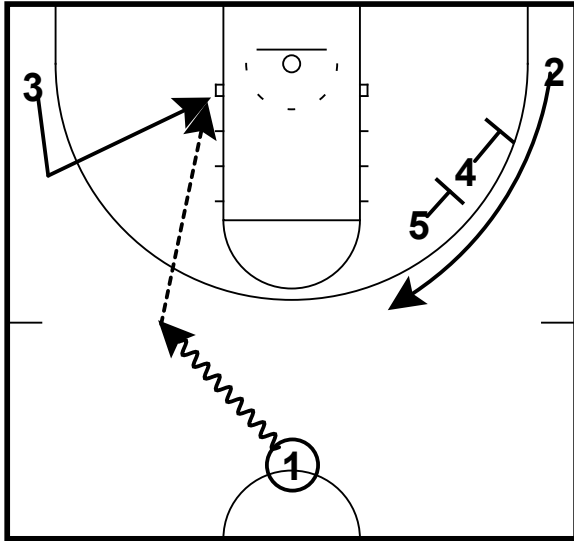


5 sprints behind 3 and sets high roll-replace for 1. 2 replaces.

Illinois Playbook

Half Court Man Offense

Stagger Backdoor Half Court Man Offense- Sets

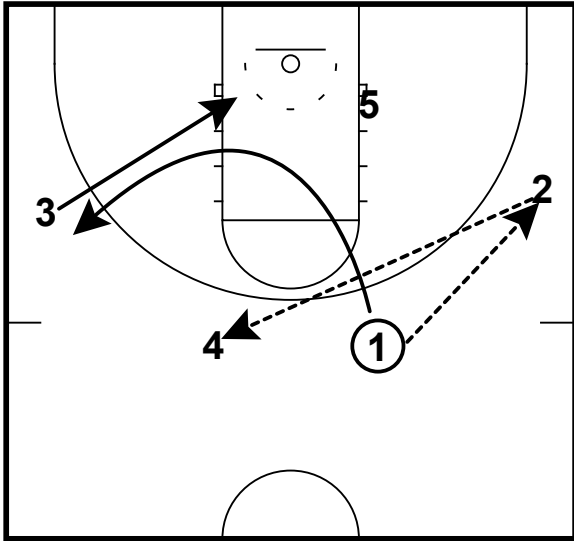


1 dribble enters. 3 lifts and back cuts on overplay. 1 passes to 3 for layup. 4 and 5 stagger away for 2.

Illinois Playbook

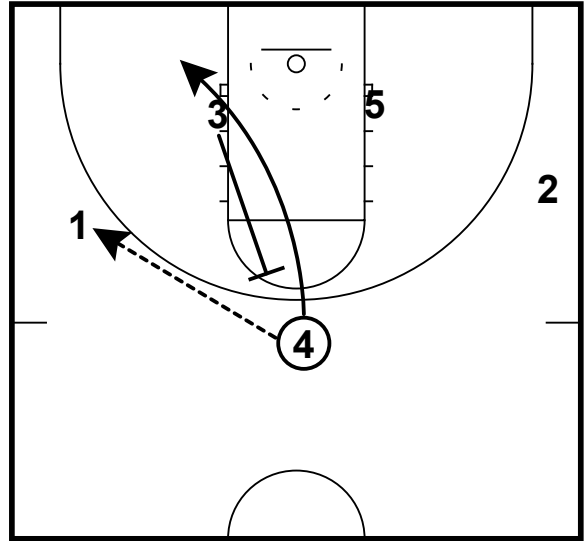
Half Court Man Offense

Thru Slice RR
Half Court Man Offense- Sets



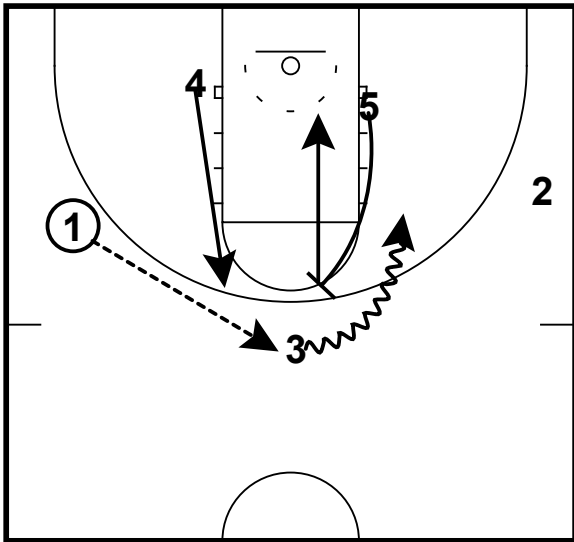
1 passes to 2 and cuts through. 3 cuts to block. 2 passes to 4.

Thru Slice RR
Half Court Man Offense- Sets



4 passes to 1. 3 slice screens for 4.

Thru Slice RR
Half Court Man Offense- Sets

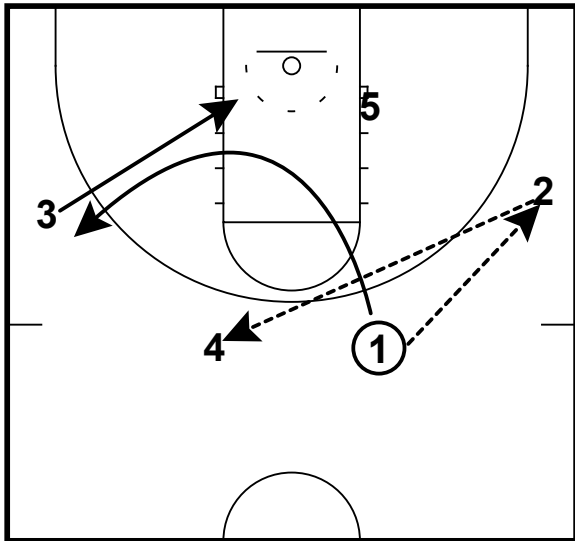


1 passes to 3. 5 sets roll replace for 3.

Illinois Playbook

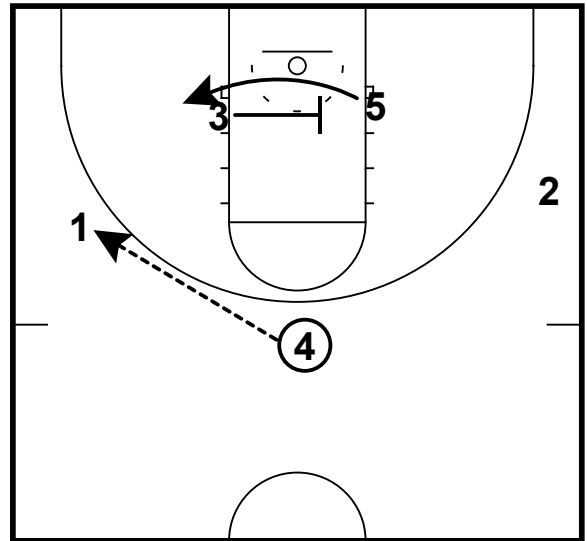
Half Court Man Offense

Thru T Action
Half Court Man Offense- Sets



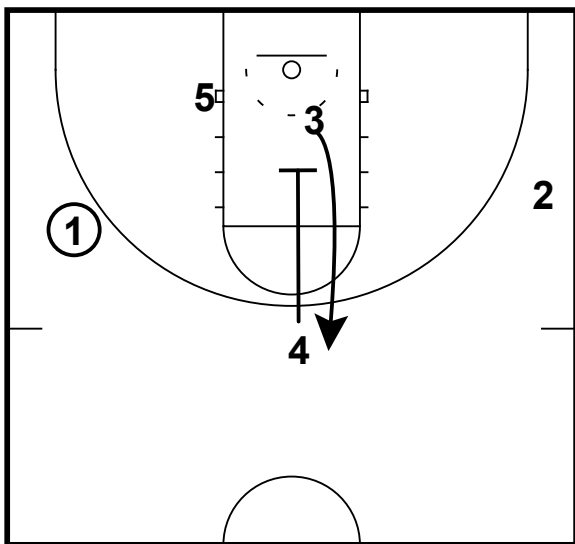
1 passes to 2 and cuts through. 3 cuts to block. 2 passes to 4.

Thru T Action
Half Court Man Offense- Sets



4 passes to 1. 3 cross screens for 5.

Thru T Action
Half Court Man Offense- Sets

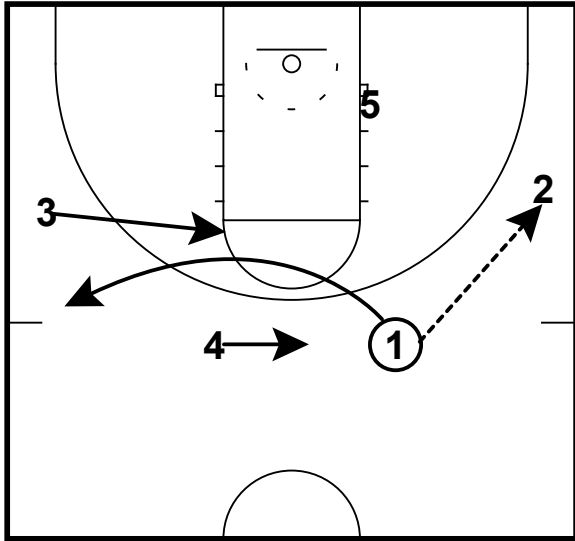


4 pins down for 3.

Illinois Playbook

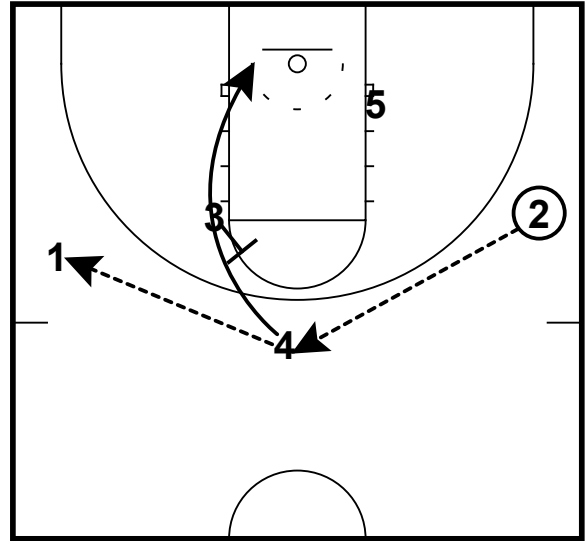
Half Court Man Offense

Upscreen RR
Half Court Man Offense- Sets



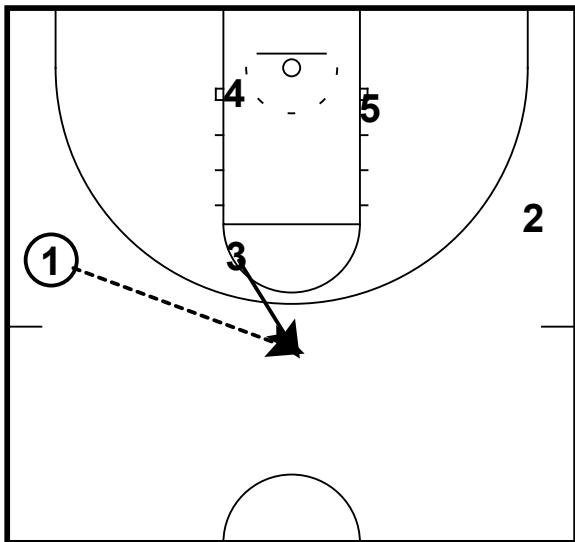
1 passes to 2 and shallow cuts to opposite wing. 3 goes to elbow.

Upscreen RR
Half Court Man Offense- Sets



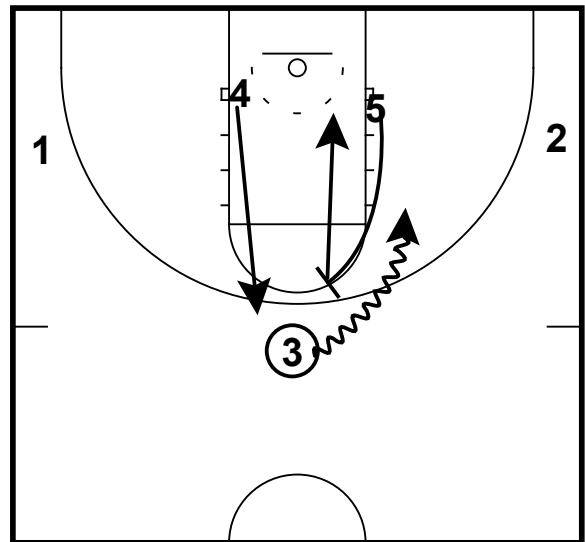
2 passes to 4. 4 passes to 1. 3 sets upscreen for 4. 4 cuts to rim.

Upscreen RR
Half Court Man Offense- Sets



3 pops. 1 passes to 3.

Upscreen RR
Half Court Man Offense- Sets

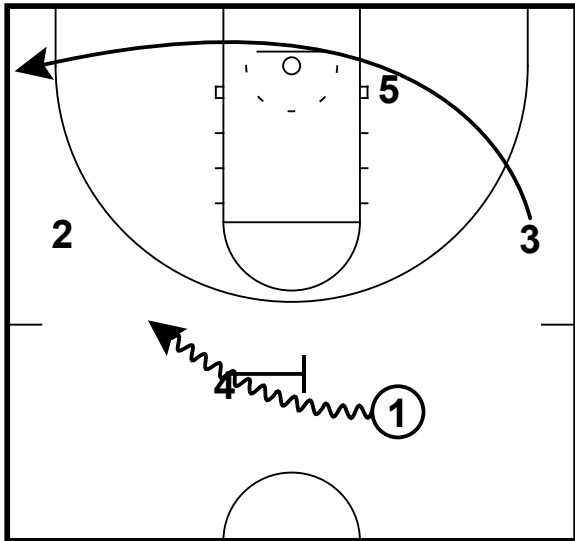


5 sets high RR for 3.

Illinois Playbook

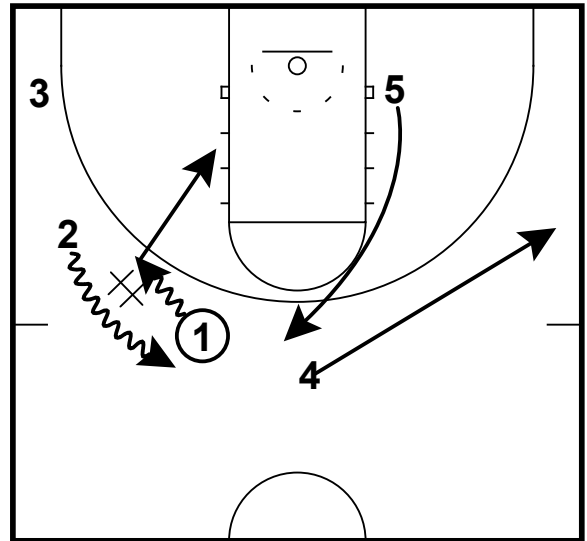
Half Court Man Offense

Weave Pistol
Half Court Man Offense- Sets



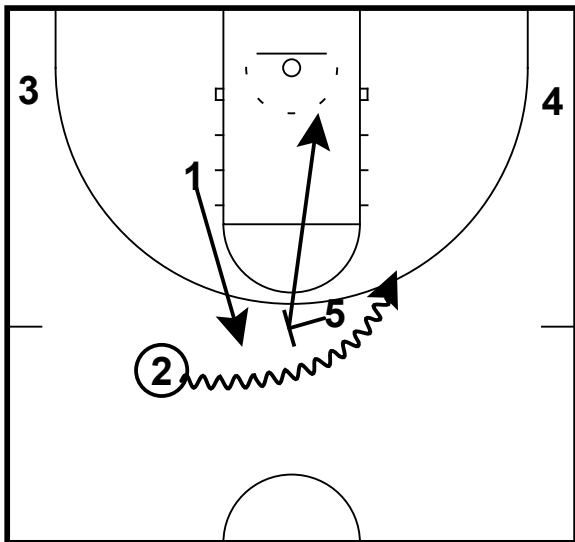
3 cuts through. 4 sets BS for 1.

Weave Pistol
Half Court Man Offense- Sets



1 DHO 2. 4 spaces and 5 lifts.

Weave Pistol
Half Court Man Offense- Sets

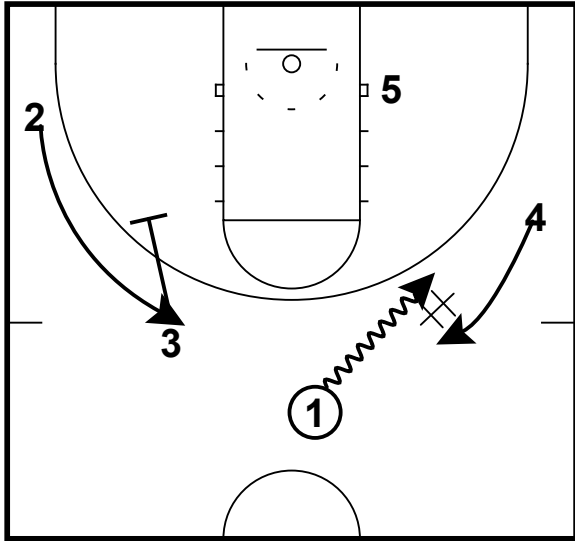


5 sets high PNR for 2. 1 replaces behind.

Illinois Playbook

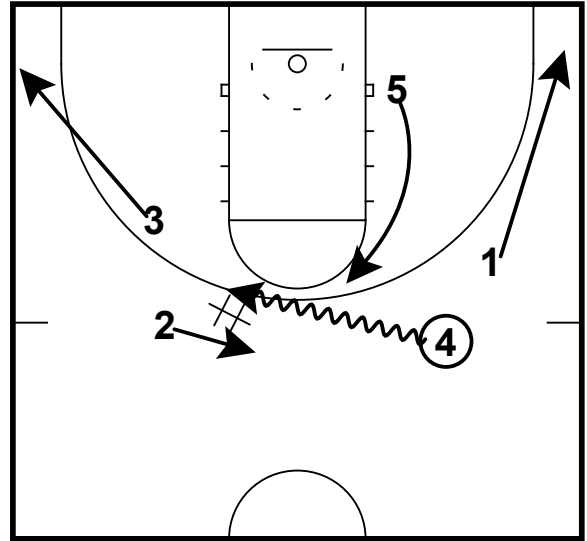
Half Court Man Offense

Weave Pistol
Half Court Man Offense- Sets



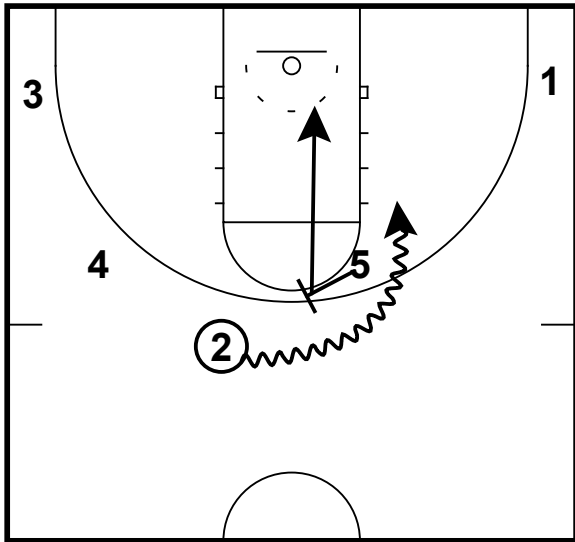
1 DHO 4. 3 pins for 2.

Weave Pistol
Half Court Man Offense- Sets



4 DHO 2. 1 and 3 spaces to corners. 5 lifts up/

Weave Pistol
Half Court Man Offense- Sets

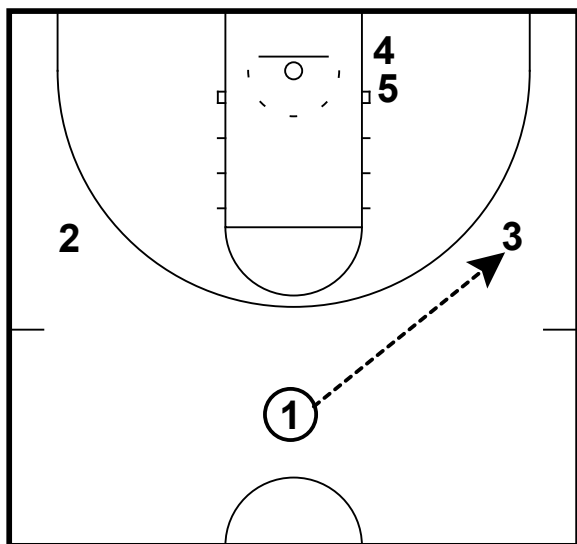


5 sets high PNR for 2.

Illinois Playbook

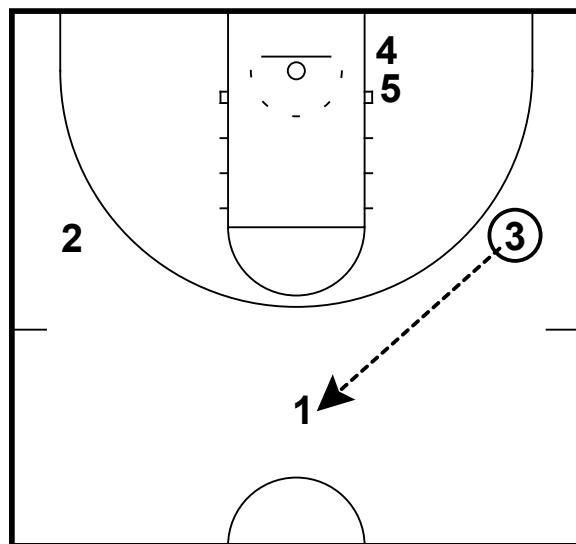
Half Court Zone Offense

Shallow High Ballscreen
Half Court Zone Offense- Sets



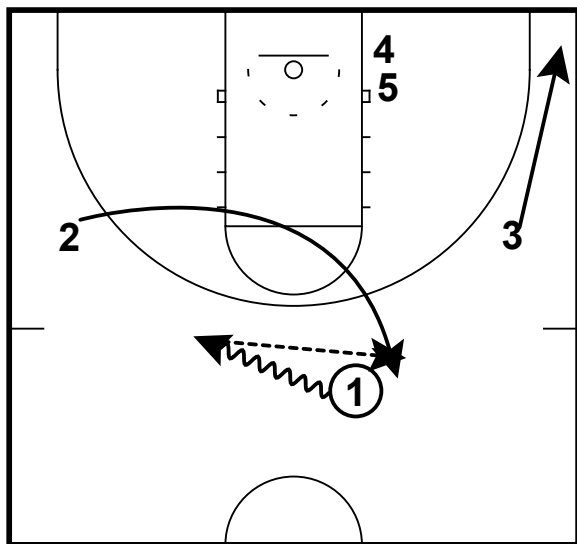
1 passes to 3.

Shallow High Ballscreen
Half Court Zone Offense- Sets



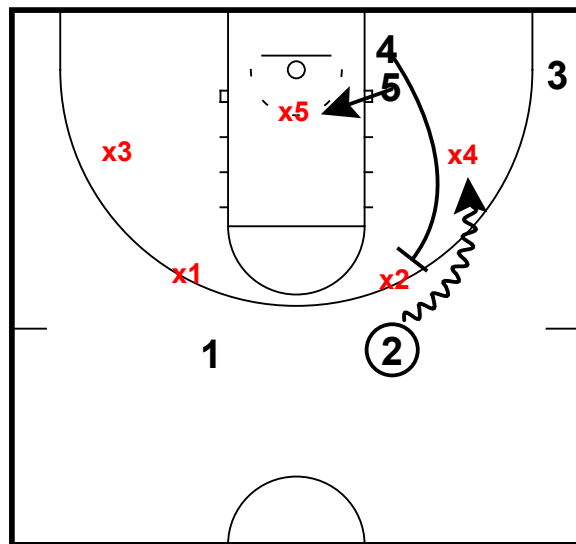
3 passes to 1.

Shallow High Ballscreen
Half Court Zone Offense- Sets



1 dribble enters. 2 shallow cuts to the top. 3 spaces to corner. 1 passes to 2.

Shallow High Ballscreen
Half Court Zone Offense- Sets

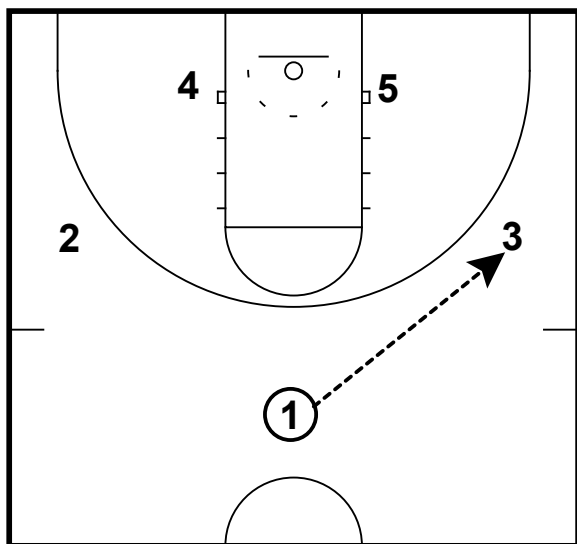


4 sprints up and sets high BS for 2. 5 ducks in on middle man.

Illinois Playbook

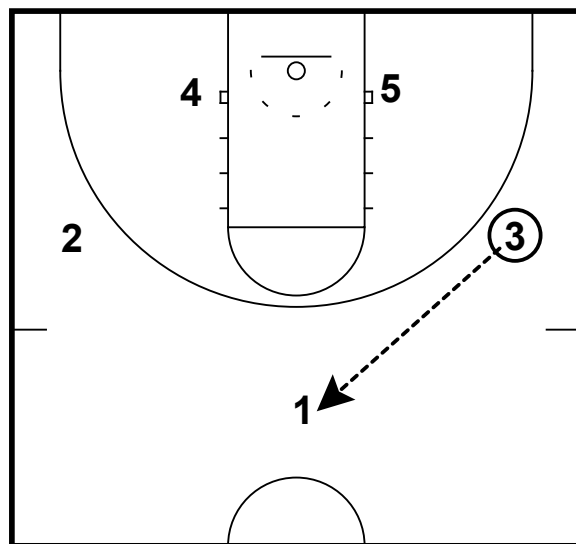
Half Court Zone Offense

Shallow Flash
Half Court Zone Offense- Sets



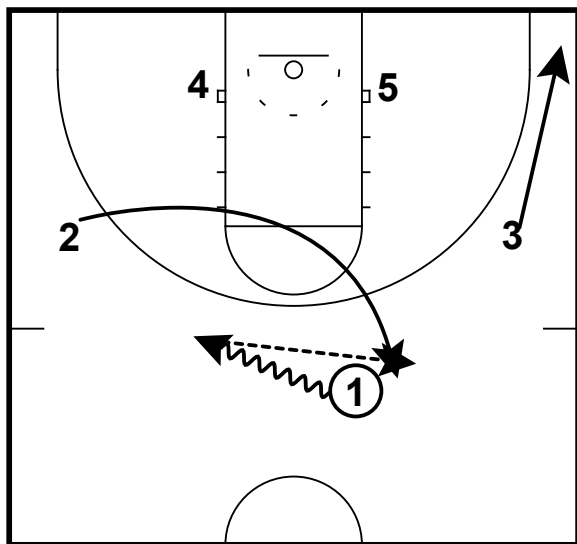
1 passes to 3.

Shallow Flash
Half Court Zone Offense- Sets



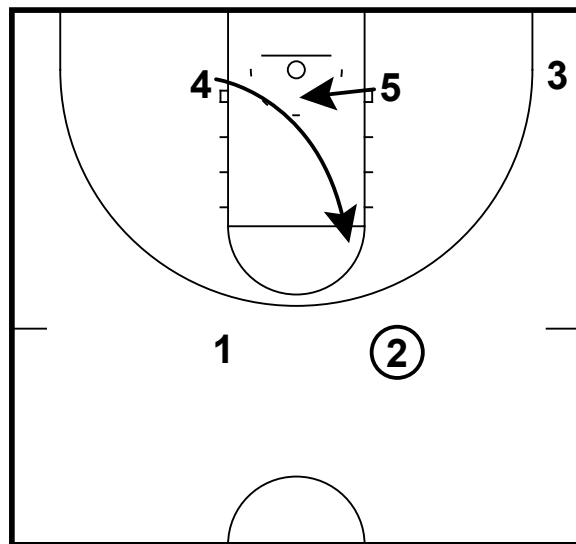
3 passes to 1.

Shallow Flash
Half Court Zone Offense- Sets



1 dribble enters. 2 shallow cuts to the top. 3 spaces to corner. 1 passes to 2.

Shallow Flash
Half Court Zone Offense- Sets

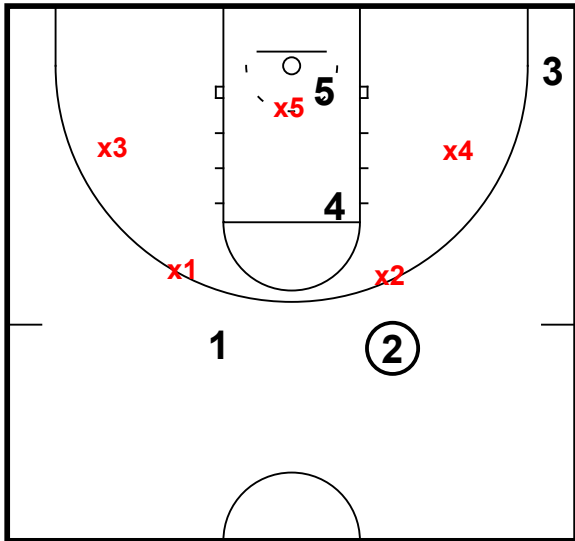


4 flashes to elbow and 5 ducks in on middle man.

Illinois Playbook

Half Court Zone Offense

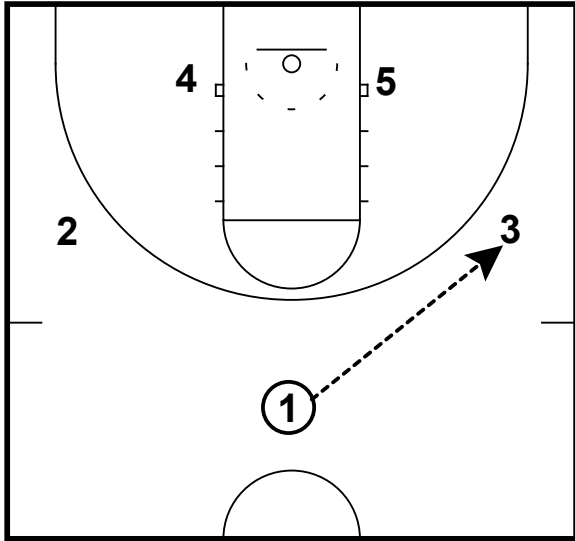
Shallow Flash
Half Court Zone Offense- Sets



Illinois Playbook

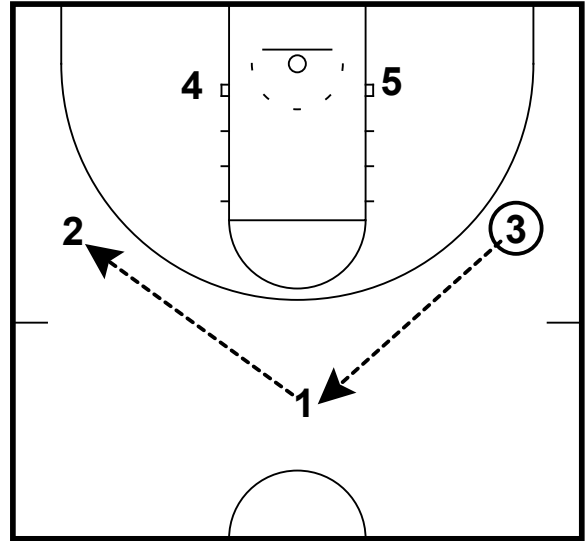
Half Court Zone Offense

Overload Ballscreen
Half Court Zone Offense- Sets



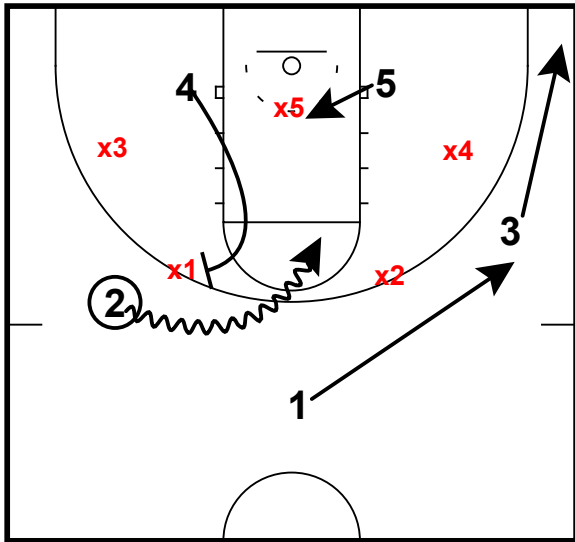
1 passes to 3.

Overload Ballscreen
Half Court Zone Offense- Sets



3 passes to 1. 1 passes to 2.

Overload Ballscreen
Half Court Zone Offense- Sets

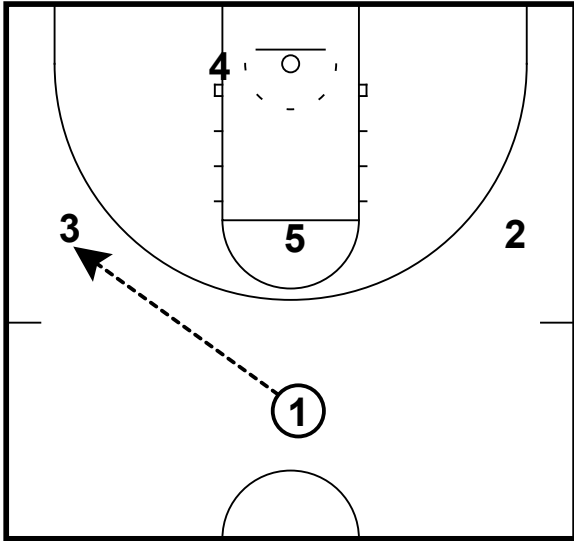


4 sets high BS for 2. 5 ducks in on middle man. 1 and 3 space.

Illinois Playbook

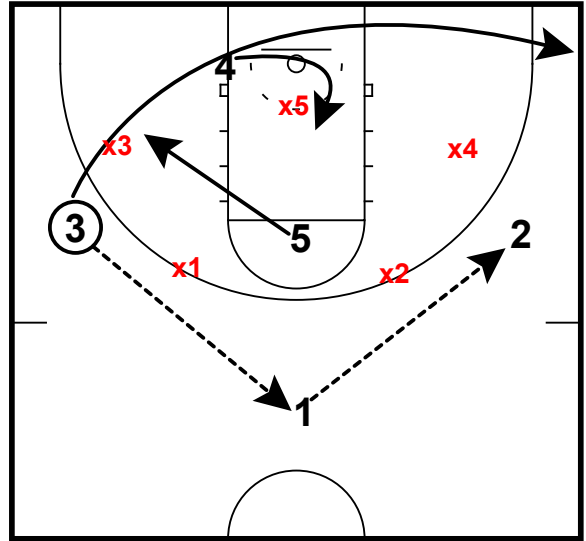
Half Court Zone Offense

Overload
Half Court Zone Offense- Sets



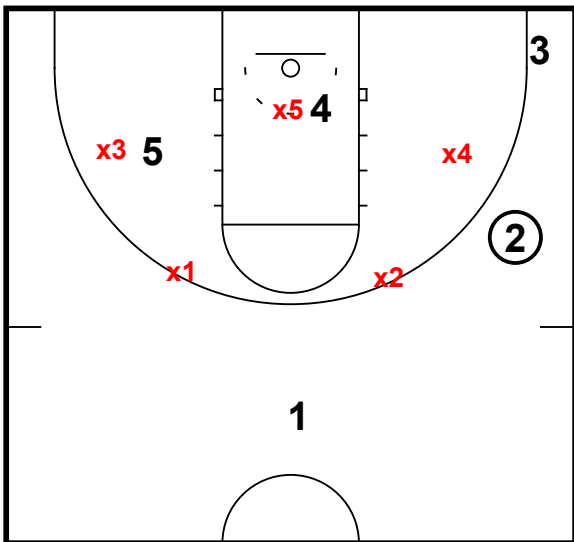
1 passes to 3.

Overload
Half Court Zone Offense- Sets



3 passes to 1 and sprints through to opposite corner. 1 passes to 2. 5 seals x3 and 4 curls around to seal x5.

Overload
Half Court Zone Offense- Sets

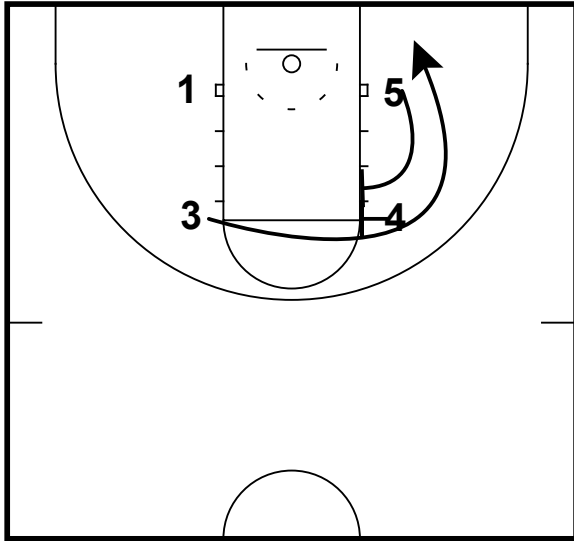


Illinois Playbook

BLOBs

Box 2 Curl
BLOB

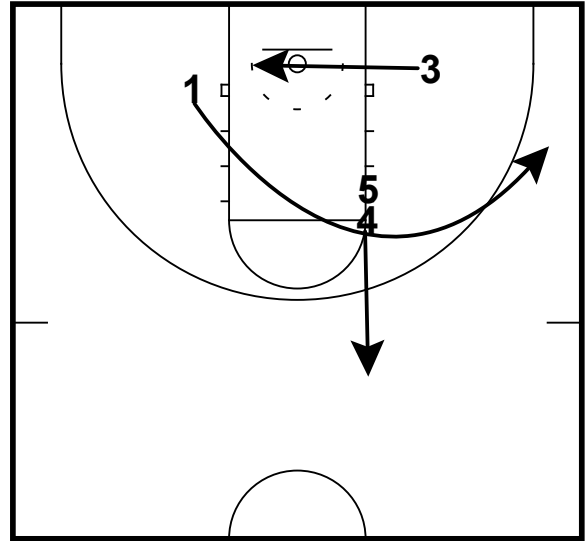
②



4 and 5 double for 3. 3 curls the stagger.

Box 2 Curl
BLOB

②

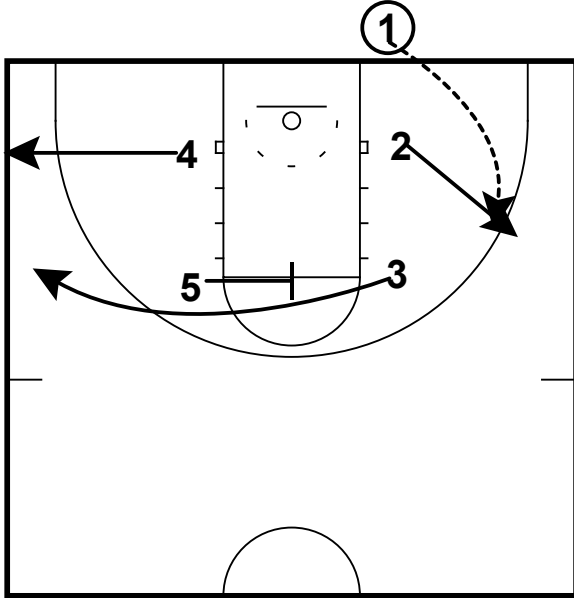


4 and 5 double screen for 1. 4 pops and 5 dives.

Illinois Playbook

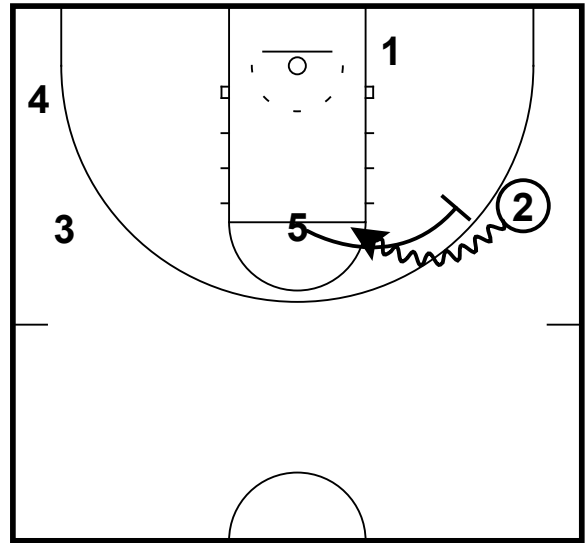
BLOBs

Box Side BS Back
BLOB



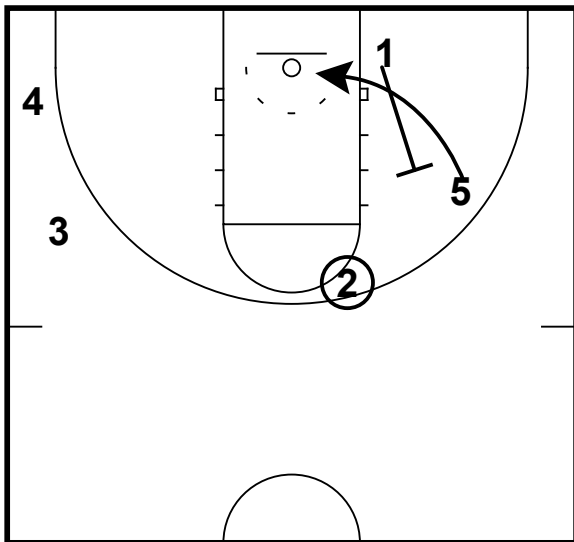
4 pops. 5 back screens for 3 to opposite wing. 2 pops for catch.

Box Side BS Back
BLOB



5 sets wing ball screen for 2.

Box Side BS Back
BLOB

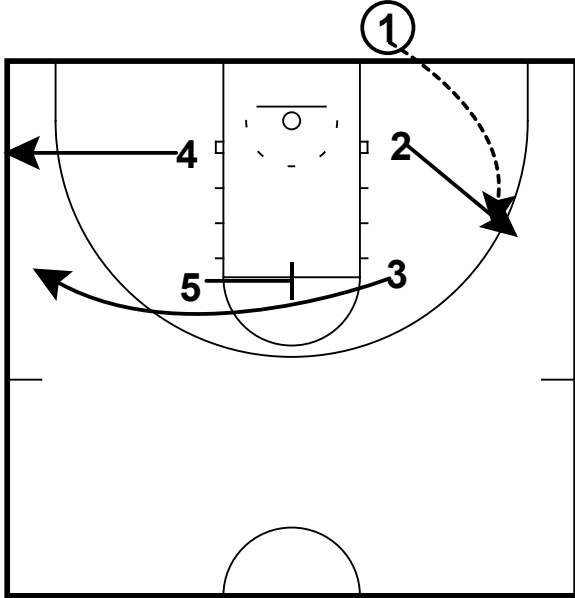


1 back screens for 5.

Illinois Playbook

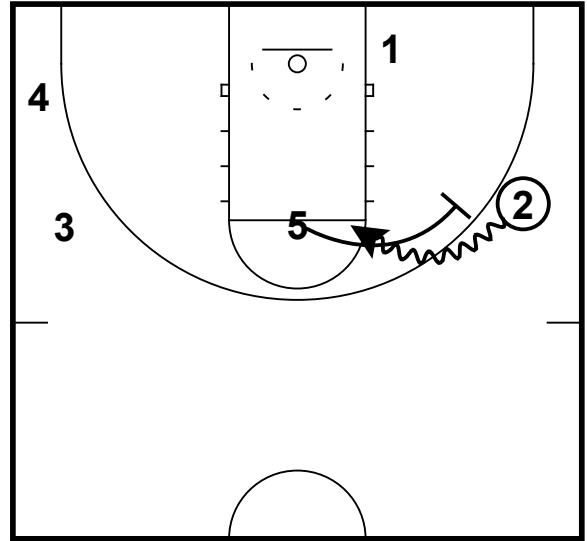
BLOBs

Box Side BS Pin
BLOB



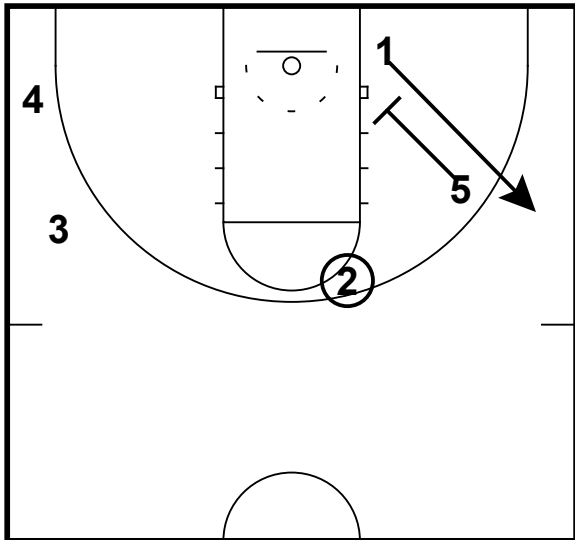
4 pops. 5 back screens for 3 to opposite wing. 2 pops for catch.

Box Side BS Pin
BLOB



5 sets wing ball screen for 2.

Box Side BS Pin
BLOB

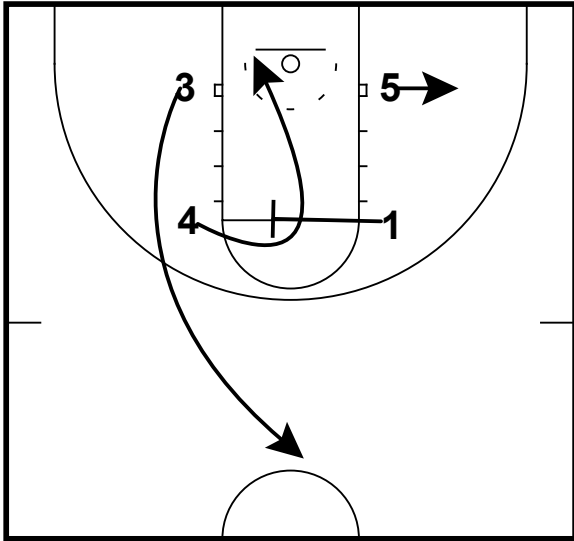


5 pins down for 1.

Illinois Playbook

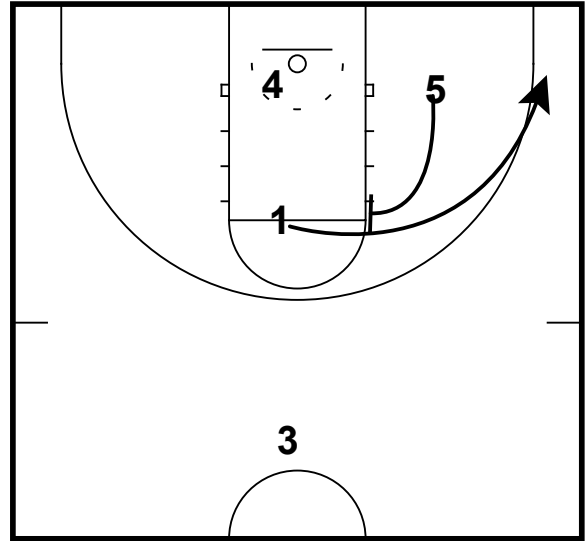
BLOBs

Box STS
BLOB
②



5 pops. 3 lifts to top. 1 cross screen for 4. 4 curls to rim.

Box STS
BLOB
②



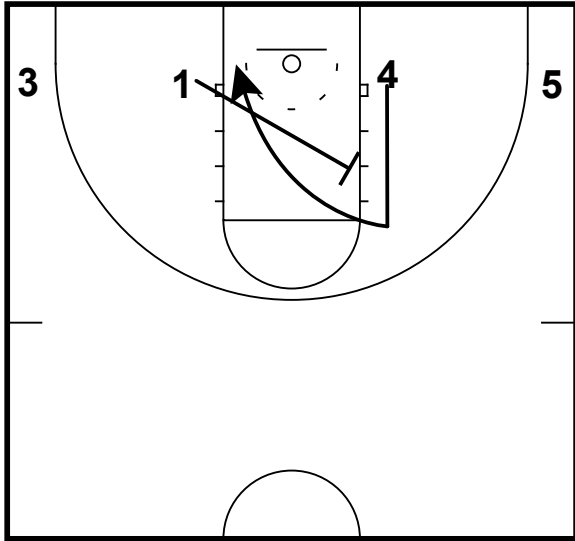
5 pins in for 1.

Illinois Playbook

BLOBs

Flat STS
BLOB

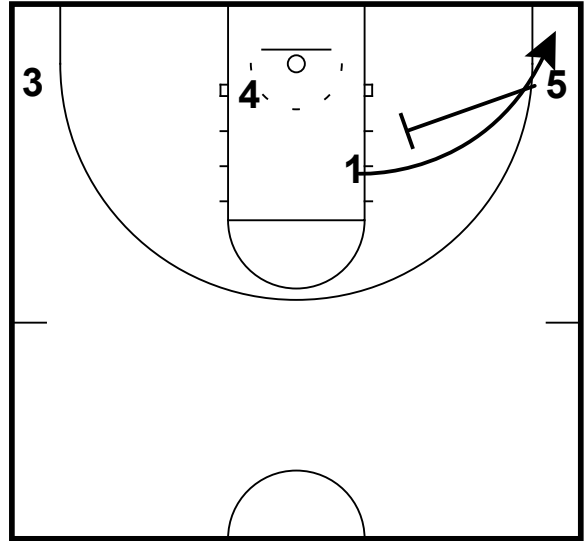
②



4 pops up lane. 1 sets slice back screen for 4.

Flat STS
BLOB

②

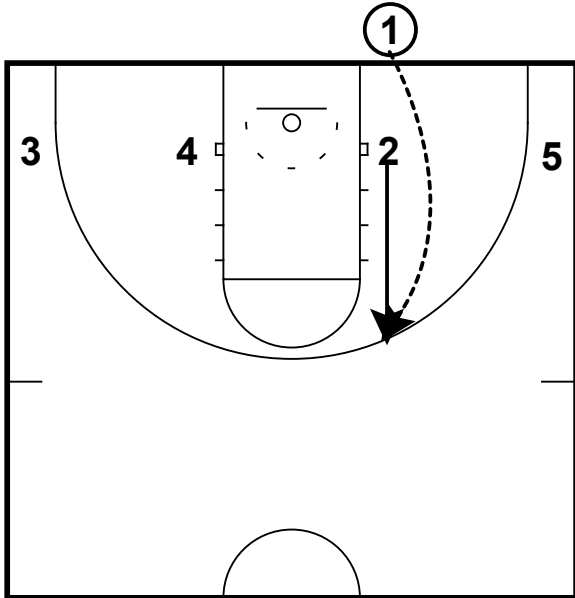


5 pins in for 1.

Illinois Playbook

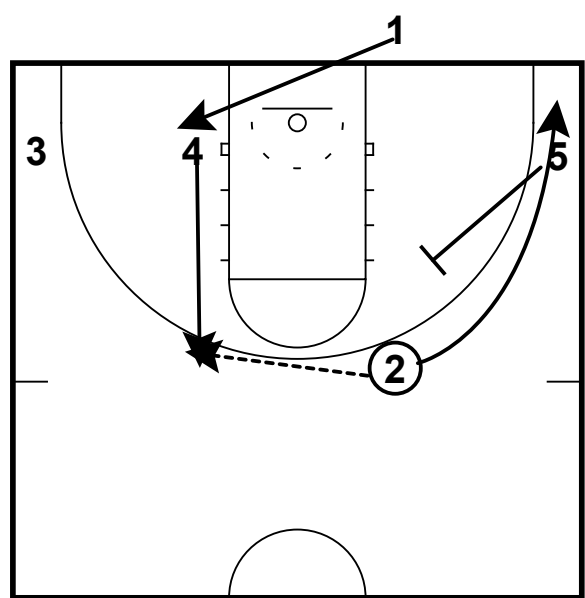
BLOBs

Flat Flare
BLOB



2 pops. 1 passes to 2.

Flat Flare
BLOB

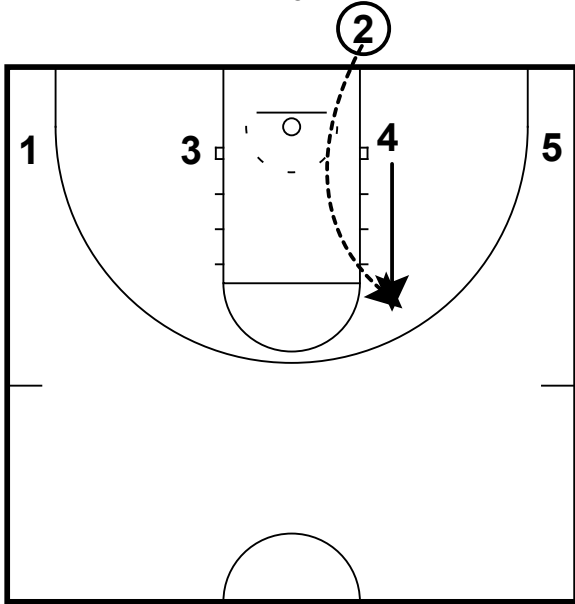


4 pops up lane. 5 flares for 2.

Illinois Playbook

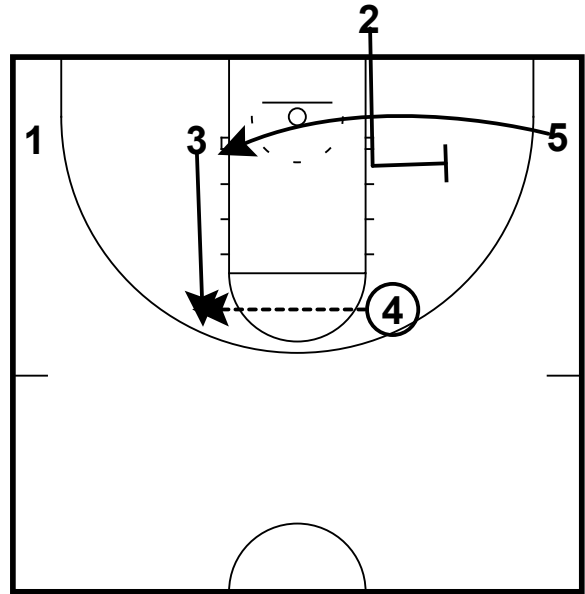
BLOBs

Flat Flex
BLOB



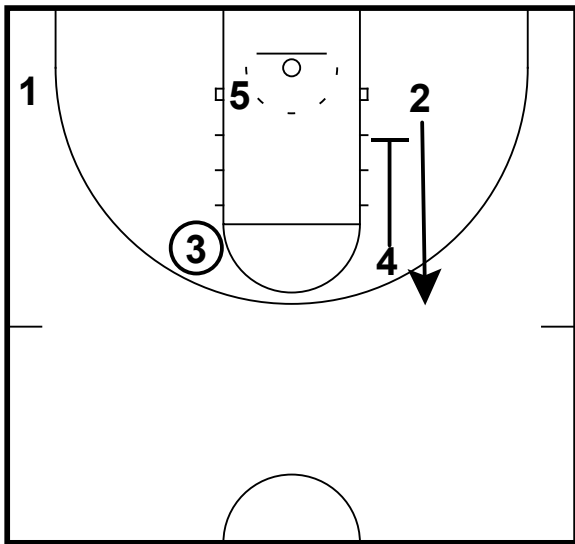
4 pops. 2 passes to 4.

Flat Flex
BLOB



3 pops up lane. 4 passes 3. 2 sets flex screen for 5.

Flat Flex
BLOB

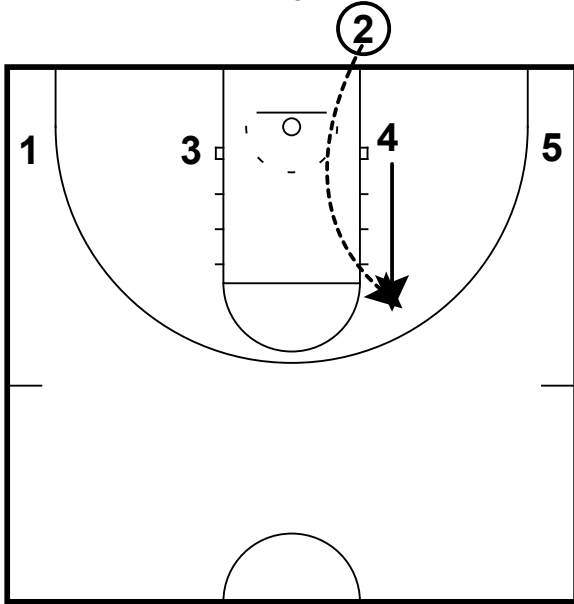


4 pins down for 2.

Illinois Playbook

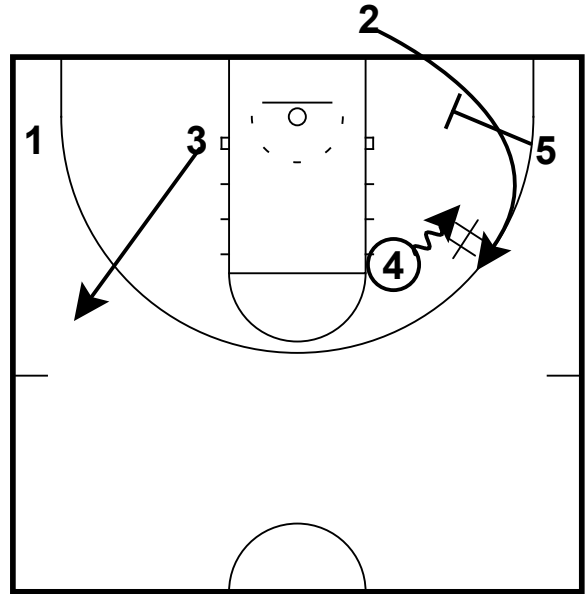
BLOBs

Flat Pistol
BLOB



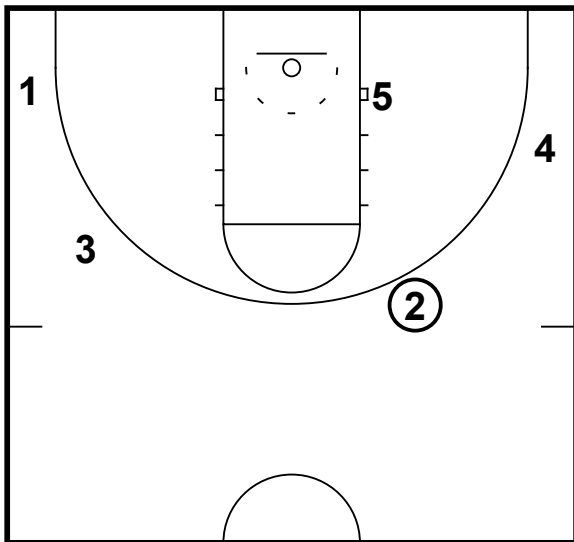
4 pops. 2 passes to 4.

Flat Pistol
BLOB



3 pops out. 5 pins in for 2. 4 DHO 2.

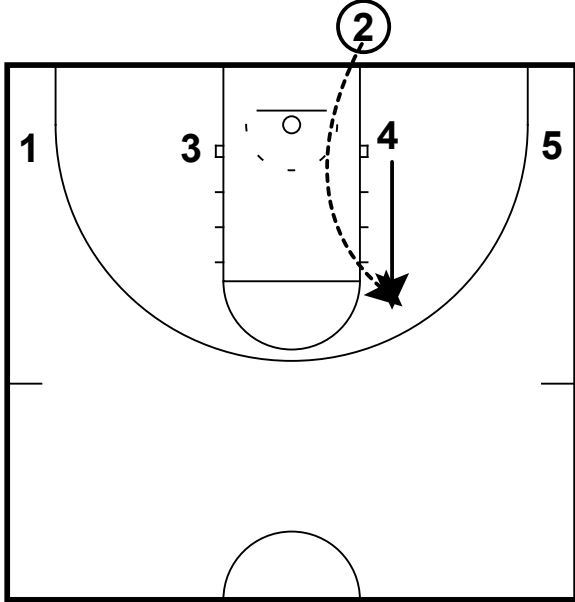
Flat Pistol
BLOB



Illinois Playbook

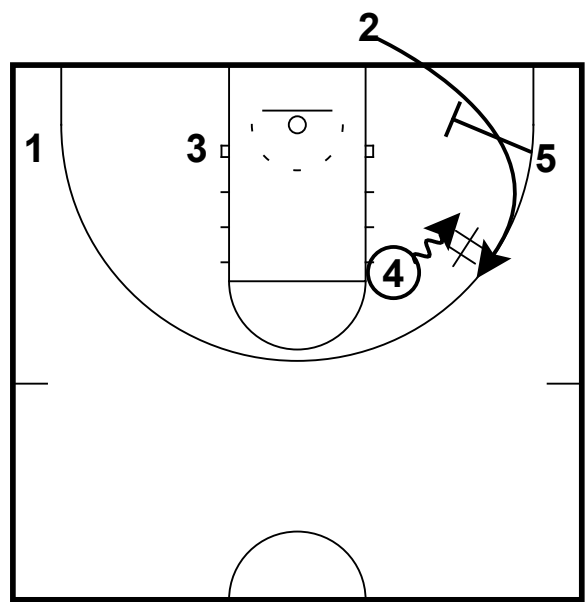
BLOBs

Flat Pistol Stagger
BLOB



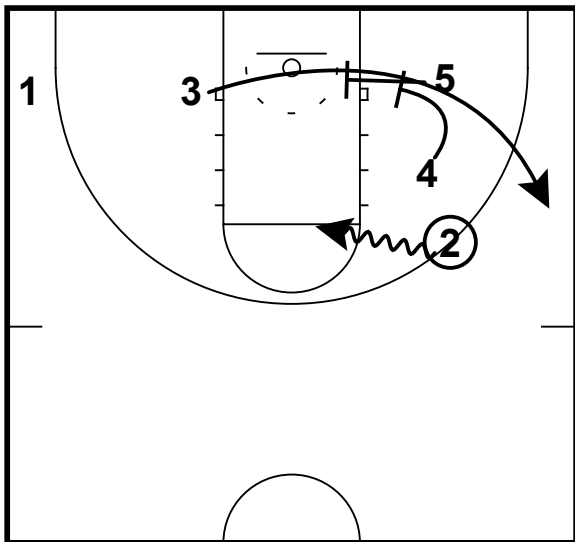
4 pops. 2 passes to 4.

Flat Pistol Stagger
BLOB



5 pins in for 2. 4 DHO 2.

Flat Pistol Stagger
BLOB

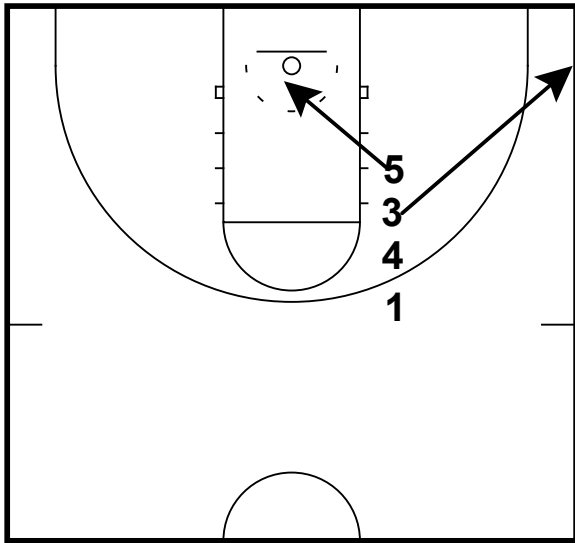


4 and 5 stagger for 3.

Illinois Playbook

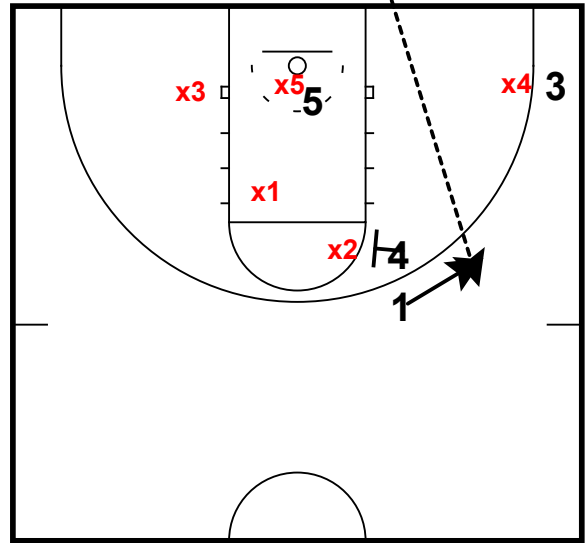
BLOBs vs Zone

Line
BLOB vs Zone
②



5 dives to rim. 3 cuts to corner.

Line
BLOB vs Zone
②

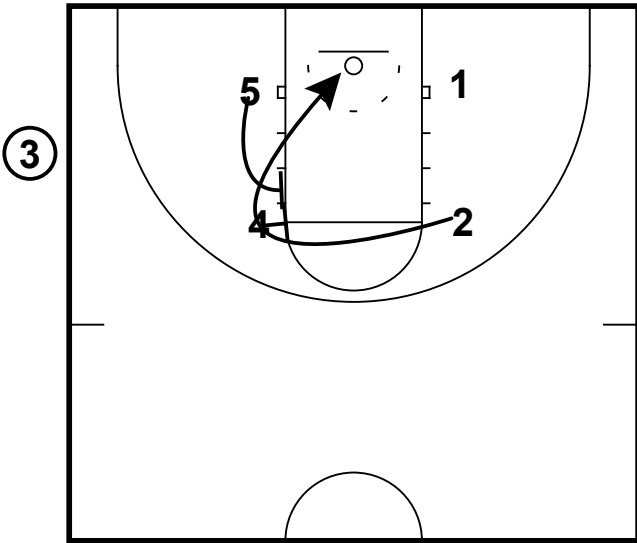


4 pins in for 1.

Illinois Playbook

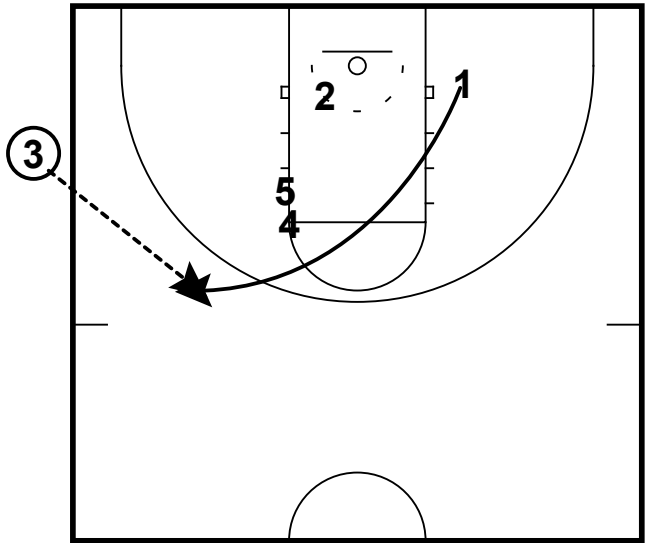
SLOBs

Box 2 Curl PNR
SLOB



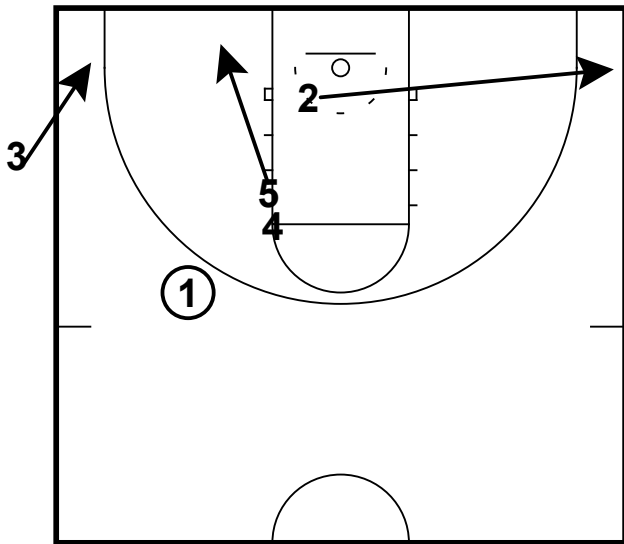
4 and 5 double screen for 2. 2 curls the screen to the basket.

Box 2 Curl PNR
SLOB



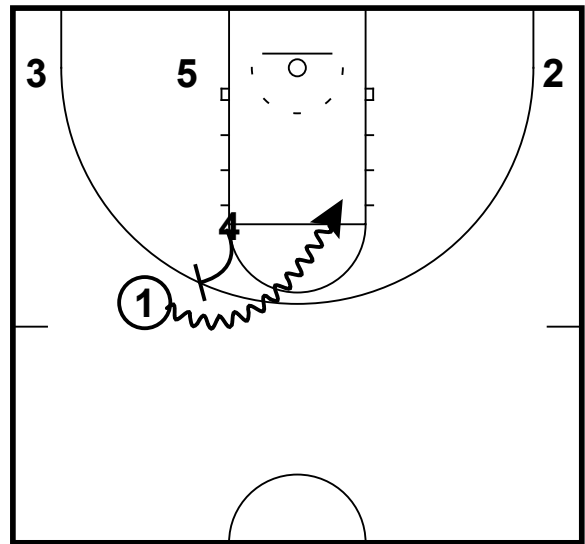
4 and 5 double for 1. 3 passes to 1.

Box 2 Curl PNR
SLOB



3 cuts to corner. 5 dives down. 2 cuts to corner.

Box 2 Curl PNR
SLOB

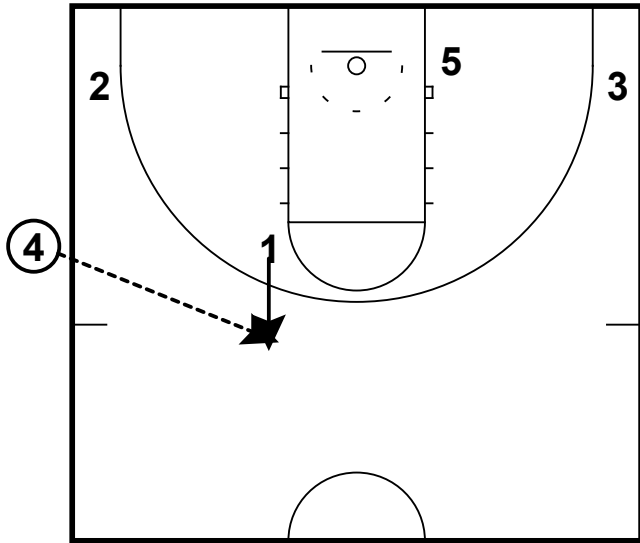


4 sets high BS for 1.

Illinois Playbook

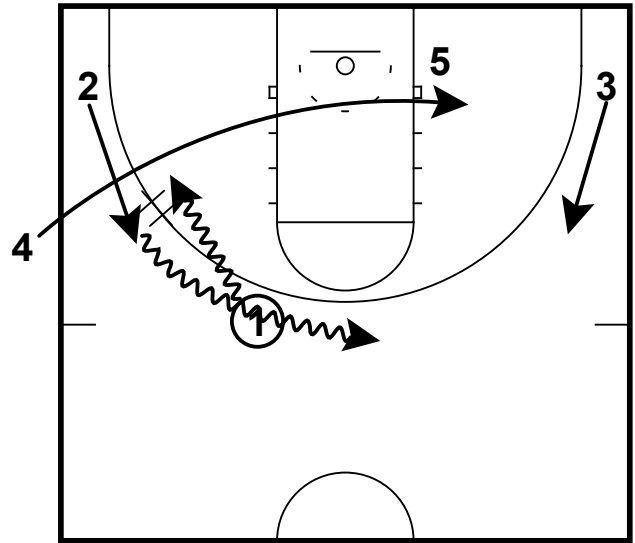
SLOBs

Weave
SLOB



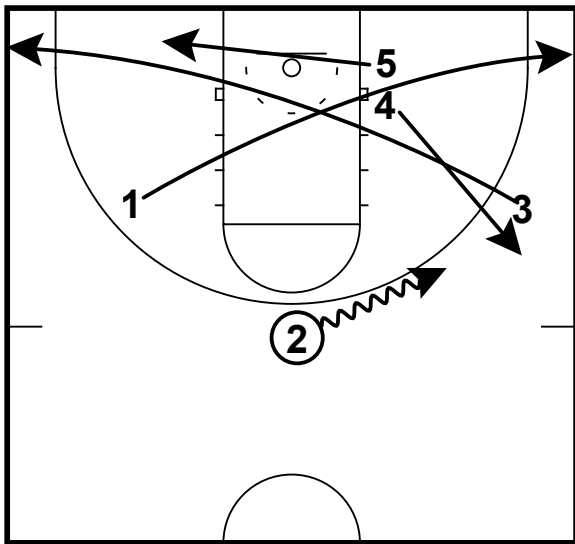
1 pops. 4 passes to 1.

Weave
SLOB



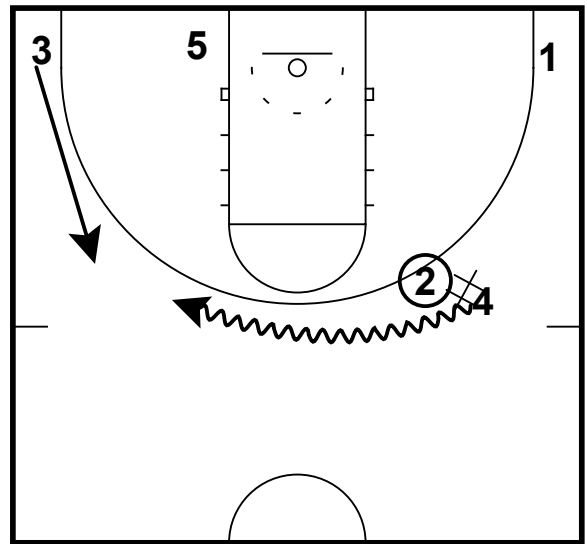
4 cuts through. 1 DHO 2.

Weave
SLOB



3 back cuts through to opposite corner. 5 goes block to block. 4 pops to wing. 1 cuts to corner.

Weave
SLOB

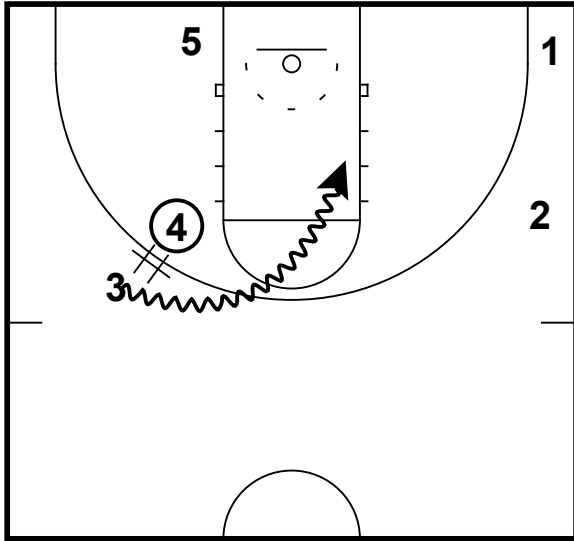


2 DHO 4. 3 lifts.

Illinois Playbook

SLOBs

Weave
SLOB

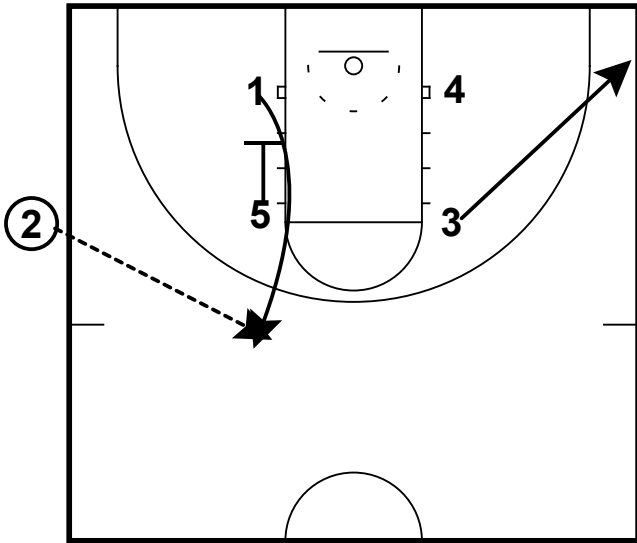


4 DHO 3.

Illinois Playbook

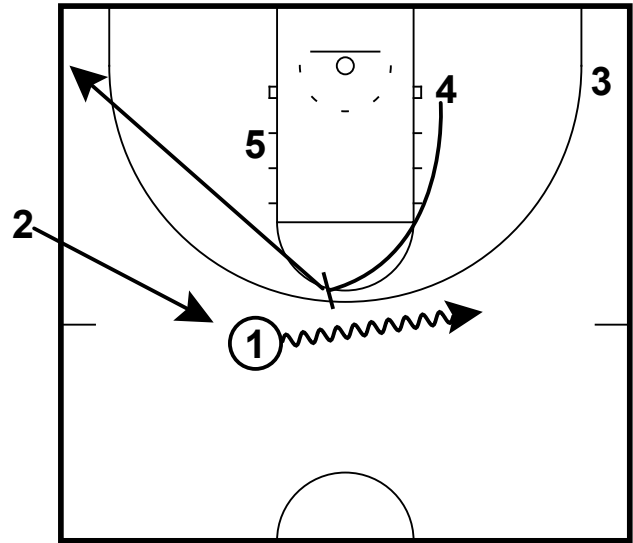
SLOBs

Zipper Mix BS
SLOB



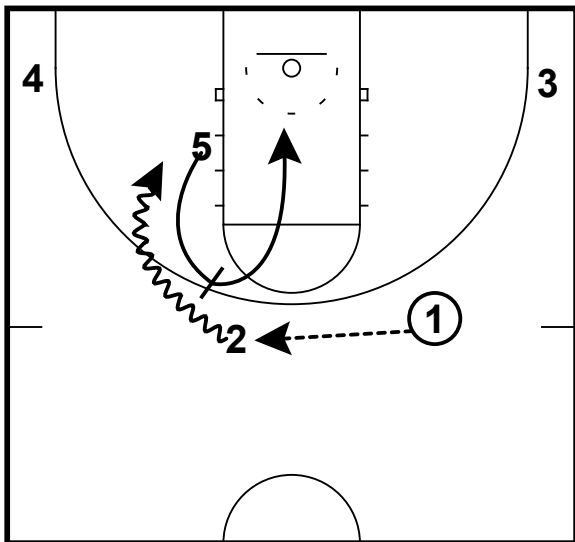
5 sets zipper pin down for 1. 1 zippers to top. 3 spaces to corner.

Zipper Mix BS
SLOB



4 sprints up and sets high BS for 1. 4 cuts to weak side corner. 2 fills behind.

Zipper Mix BS
SLOB

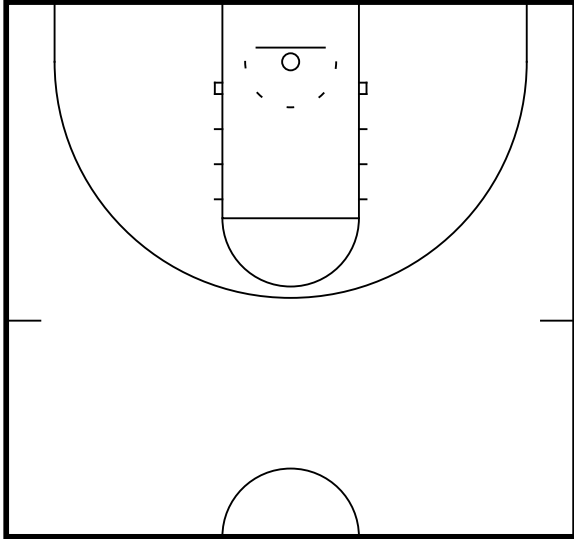


1 passes to 2. 5 sets step-up PNR for 2.

Illinois Playbook

Half Court Man to Man Defense

Statistical Comparison
Concepts



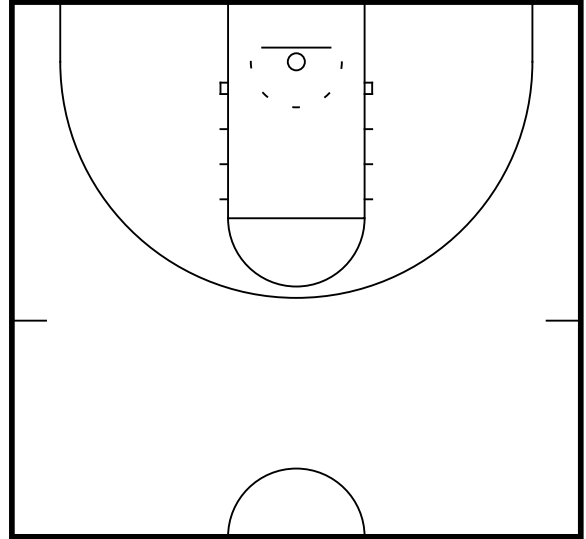
BEFORE (PRESSURE)- 2018:

AdjD: 103.0 (129)
EFG%: 53.3% (282)
TO%: 23.2 (4)
OR%: 31.3% (288)
FTR: 47.9 (350)
2P%: 54.1% (312)
3P%: 34.5% (137)

Category: Stat (Rank out of 353 schools)

*Stats taken from Kenpom.com

Statistical Comparison
Concepts



BEFORE (PRESSURE)- 2019:

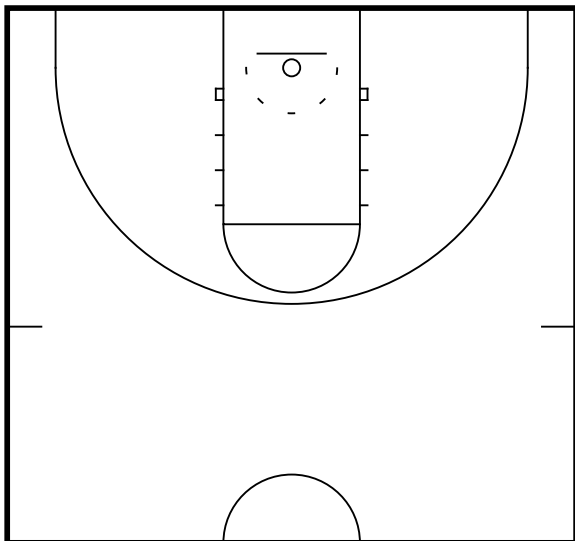
AdjD: 101.1 (108)
EFG%: 52.2% (245)
TO%: 21.7 (24)
OR%: 31.9% (307)
FTR: 42.4 (338)
2P%: 53.6% (308)
3P%: 33.0% (91)

*Stats taken from Kenpom.com

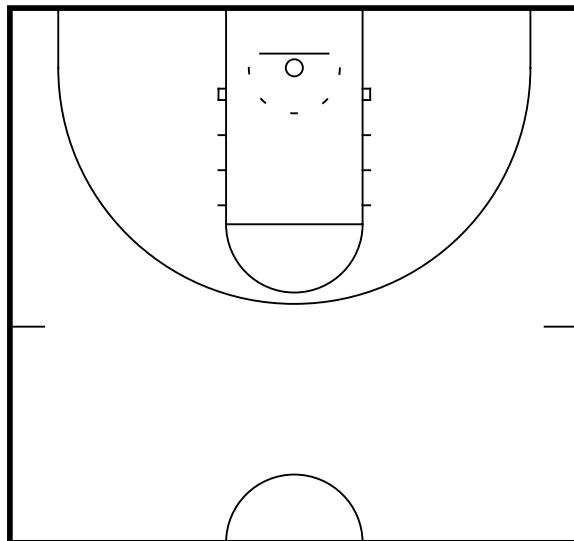
Illinois Playbook

Half Court Man to Man Defense

Statistical Comparison
Concepts



Statistical Comparison
Concepts



AFTER (PACKLINE)- 2020:

AdjD: 92.6 (25)
EFG%: 46.5% (55)
TO%: 16.9 (300)
OR%: 25.1% (51)
FTR: 23.1 (18)
2P%: 45.4% (52)
3P%: 32.4% (134)

*These are the numbers through 23 games.

*Stats taken from Kenpom.com

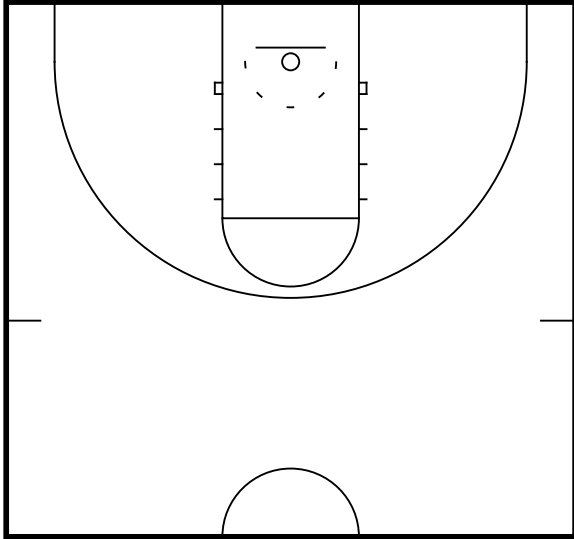
The switch in defensive philosophy from an aggressive pressure denial defensive system to a more disciplined defense with packline principles has led some staggering defensive improvements.

While they are forcing less turnovers, they have greatly improved in every other major defensive metric.

Illinois Playbook

Half Court Man to Man Defense

Statistical Comparison Concepts



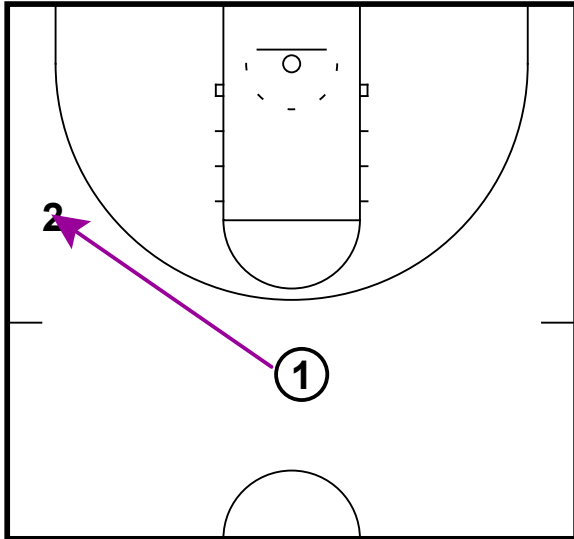
In short, the Illini are:

- giving up less points
- holding teams to lower shooting %s
- giving up less off rebounds
- less fouling
- keeping opponents off the free throw line

Illinois Playbook

Half Court Man to Man Defense

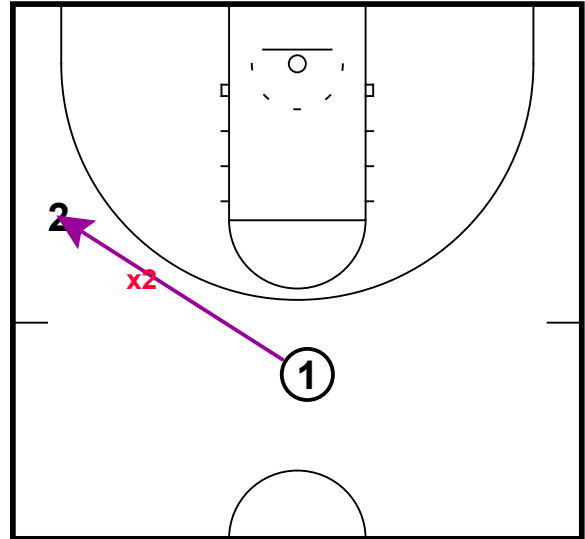
On the Line-Up the Line vs In the Gap
Concepts



BEFORE (PRESSURE):

The "line" refers to the imaginary direct line between offensive players.

On the Line-Up the Line vs In the Gap
Concepts



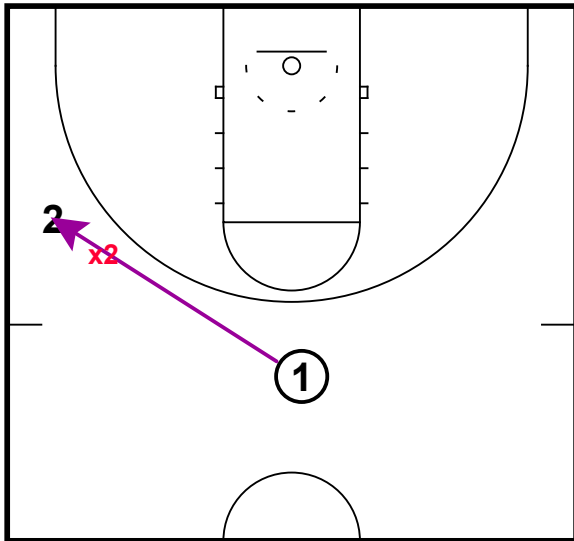
BEFORE (PRESSURE):

This means that x2 is in a denial position on the direct passing line between the two offensive players.

Illinois Playbook

Half Court Man to Man Defense

On the Line-Up the Line vs In the Gap
Concepts

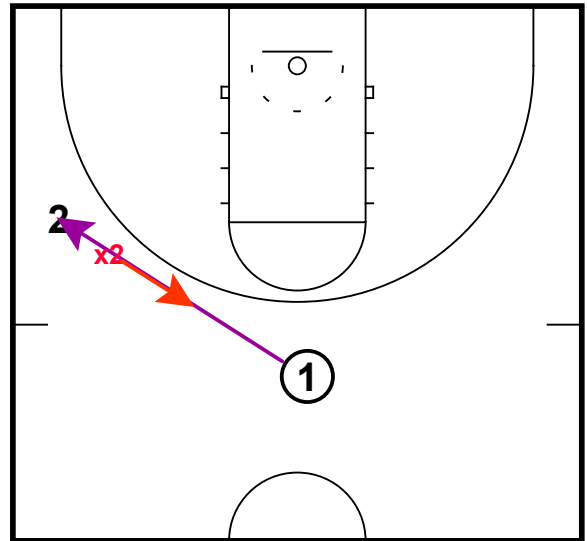


BEFORE (PRESSURE):

When guarding 1 pass away, the off ball defender is located "on the line, up the line."

This means that x2 is in a denial position on the direct passing line between the two offensive players.

On the Line-Up the Line vs In the Gap
Concepts



BEFORE (PRESSURE):

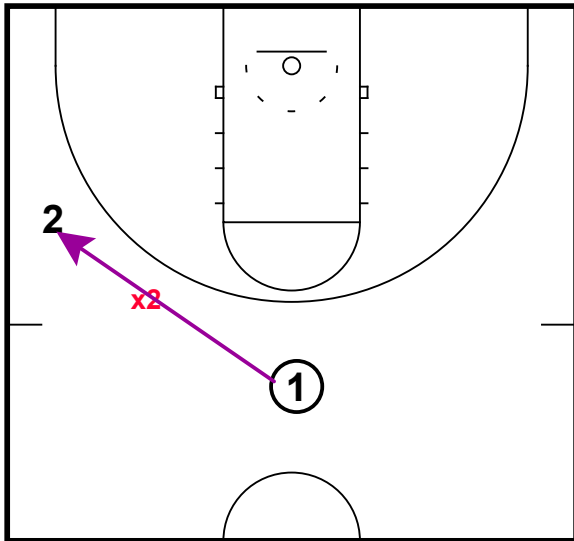
The defender also is "up the line." While on the line, the defender needs to be towards the ball, NOT hugging his man. Rather he is towards the man with the ball, about 1/3 of the way "up the line."

While this is not completely unique to pressure man defenses, it is a staple of the Brad Underwood defense.

Illinois Playbook

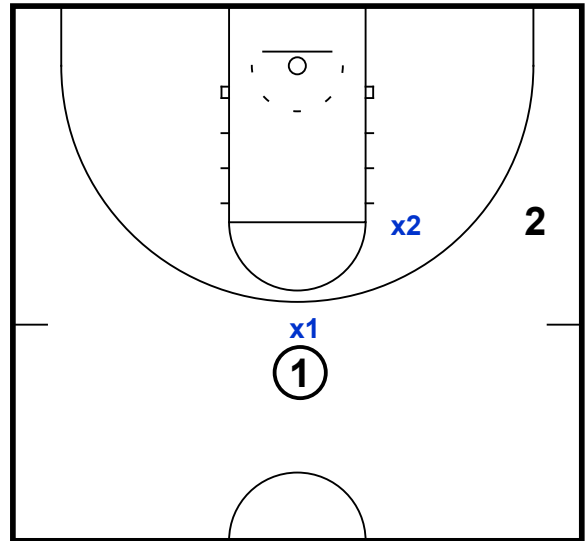
Half Court Man to Man Defense

On the Line-Up the Line vs In the Gap
Concepts



BEFORE (PRESSURE):

On the Line-Up the Line vs In the Gap
Concepts



AFTER (PACKLINE):

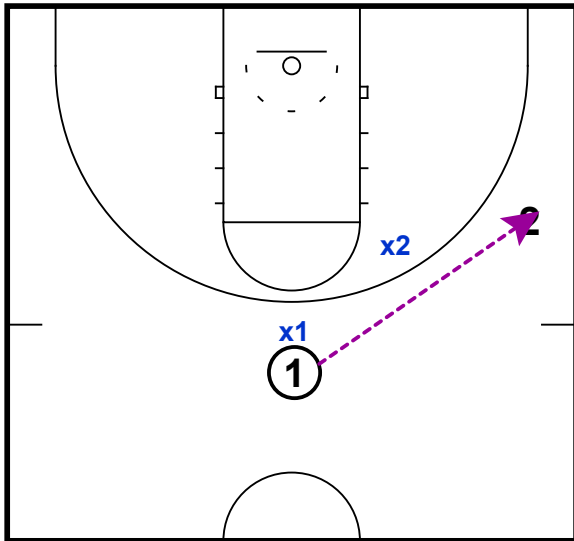
Illinois' new more disciplined gap help based defense philosophy is designed to prevent penetration of the basketball.

Gap Integrity is most important part of this defensive philosophy.

Illinois Playbook

Half Court Man to Man Defense

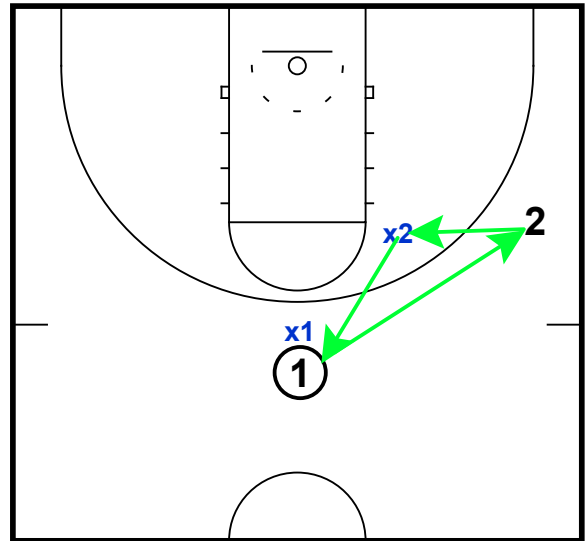
On the Line-Up the Line vs In the Gap
Concepts



AFTER (PACKLINE):

RULE: If the player that you are guarding does NOT have the ball, you are below the line of the ball.

On the Line-Up the Line vs In the Gap
Concepts



AFTER (PACKLINE):

Your position is your help. When your player does NOT have the ball on the perimeter, you are:

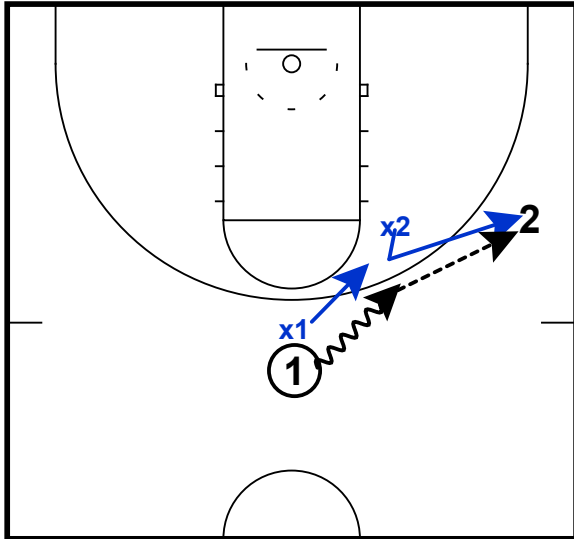
1. You are about half way between the ball and your player.
2. You are below the line of the ball that connects the ball to your man.
3. You are actively able to see ball and man.

This position is also referred to as the flat triangle.

Illinois Playbook

Half Court Man to Man Defense

On the Line-Up the Line vs In the Gap
Concepts



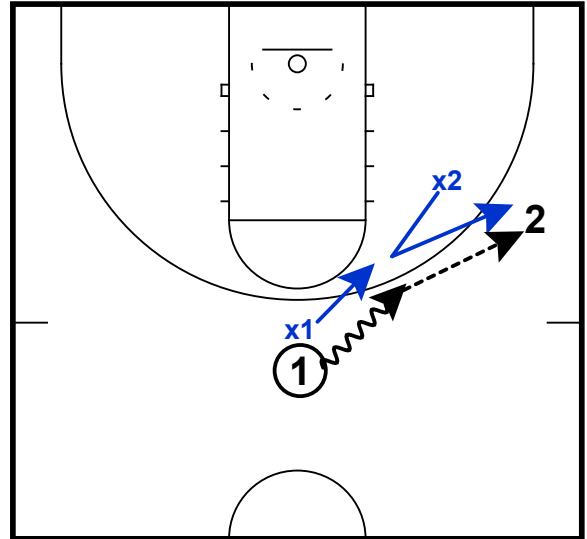
AFTER (PACKLINE):

Your position in early help is key!

By having good, early gap positioning, it provides:

1. Visual to offense that there is no open driving lane.
2. If the ball is driven, x2 is able to bluff- thus providing minimal help, and then being able to recover to own man and take away shot.

On the Line-Up the Line vs In the Gap
Concepts



AFTER (PACKLINE):

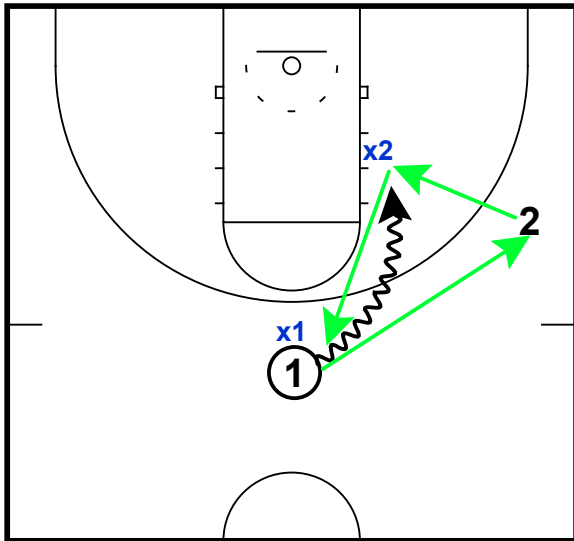
If x2 is not half way between ball and man (too glued to man), on it:

1. Provides open driving lane to ball handler.
2. It puts x2 into a help and recover situation where alot of ground needs to be covered. It is really hard in this situation to help on the penetration and recover to own man to take away shot.

Illinois Playbook

Half Court Man to Man Defense

On the Line-Up the Line vs In the Gap
Concepts



AFTER (PACKLINE):

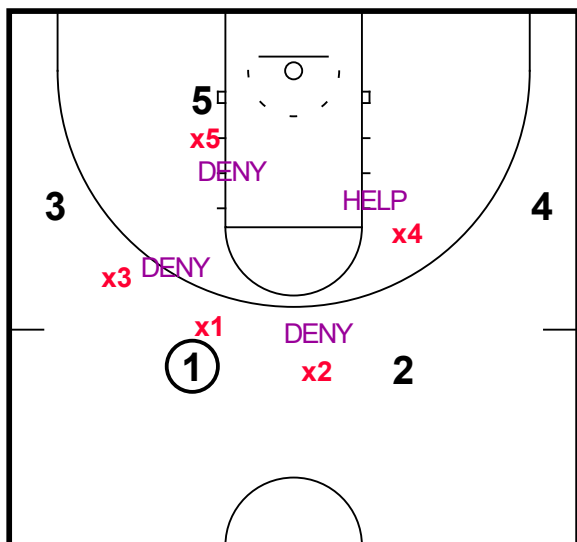
If x2 is too deep in his positioning, also known as the "deep triangle"...the ball handler is able to get deep penetration of the ball and x2 is forced to "sell-out" in his help. This deep position is impossible to recover from when ball is kicked out to his man for shot.

Compare the triangle in this frame to the one in frame 3. It is much larger.

Illinois Playbook

Half Court Man to Man Defense

Positioning- Denial vs Gap Help
Concepts



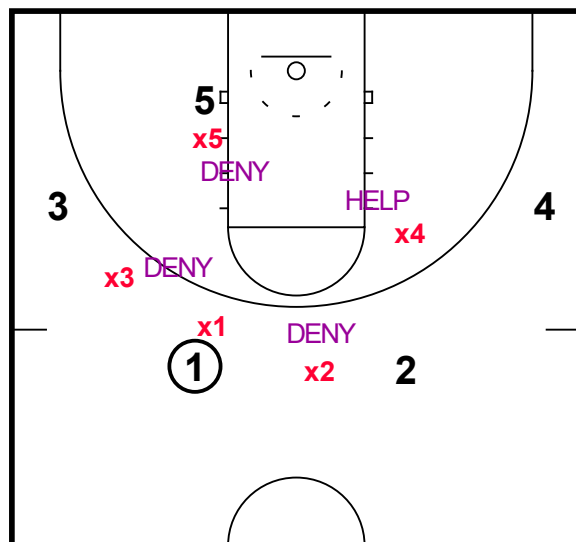
BEFORE (PRESSURE):

In Brad Underwood's pressure defense system the number 1 rule is extreme pressure on the ball at all times.

The number 2 rule is no direct passes.

Every player that is 1 pass away is in a "on the line, up the line" defensive position. The player positions themselves in a ball-you-man position in the direct line between the ball and the person they are guarding.

Positioning- Denial vs Gap Help
Concepts



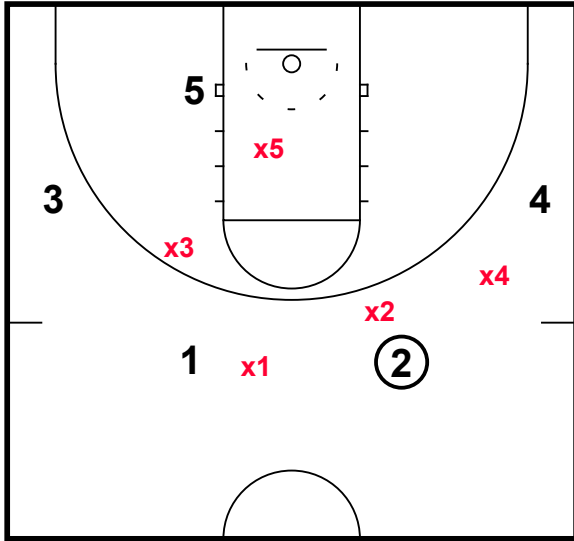
BEFORE (PRESSURE):

- x1- on the ball.
- x2- on the line, up the line in denial position with ball 1 pass away.
- x3- on the line, up the line in denial position with ball 1 pass away.
- x4- in help position communicating "help" with ball 2 passes away with at least 1 foot inside the paint.
- x5- on top of post player and is up the line, on the line.

Illinois Playbook

Half Court Man to Man Defense

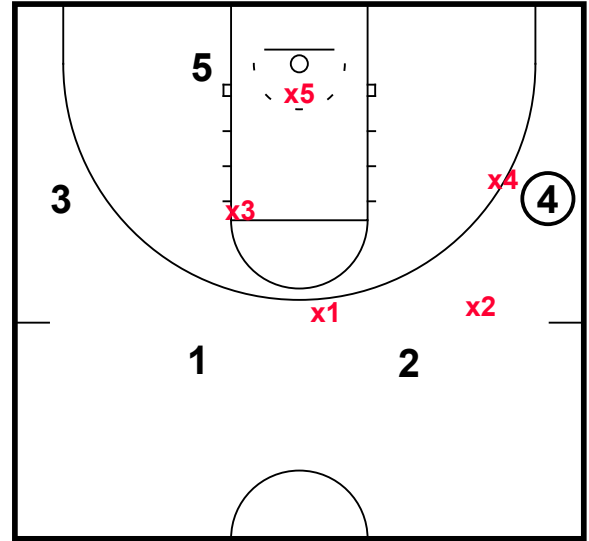
Positioning- Denial vs Gap Help
Concepts



BEFORE (PRESSURE):

- x1- "Deny"
- x2- "Ball"
- x3- "Help"
- x4- "Deny"
- x5- "Help"

Positioning- Denial vs Gap Help
Concepts



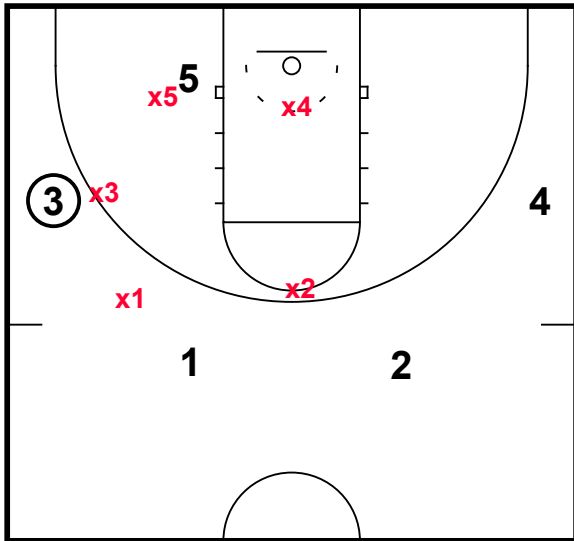
BEFORE (PRESSURE):

- x1- "Help"
- x2- "Deny"
- x3- "Help"
- x4- "Ball"
- x5- "Help"

Illinois Playbook

Half Court Man to Man Defense

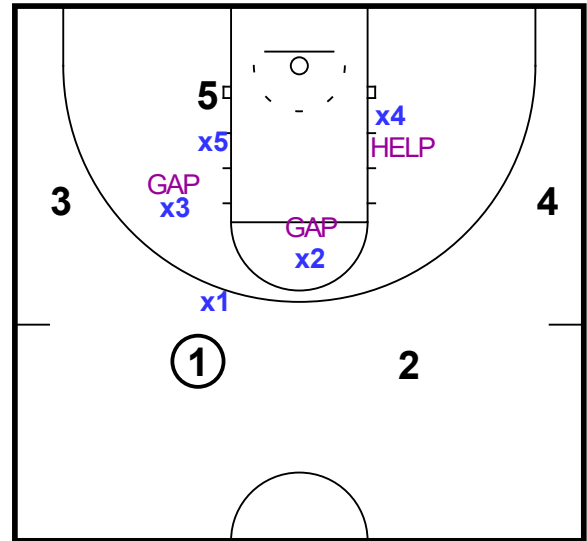
Positioning- Denial vs Gap Help
Concepts



BEFORE (PRESSURE):

- x1- "Deny"
- x2- "Help"
- x3- "Ball"
- x4- "Help"
- x5- Full Front Denial. No post entry. Dare x3 to throw lob pass over the top.

Positioning- Denial vs Gap Help
Concepts



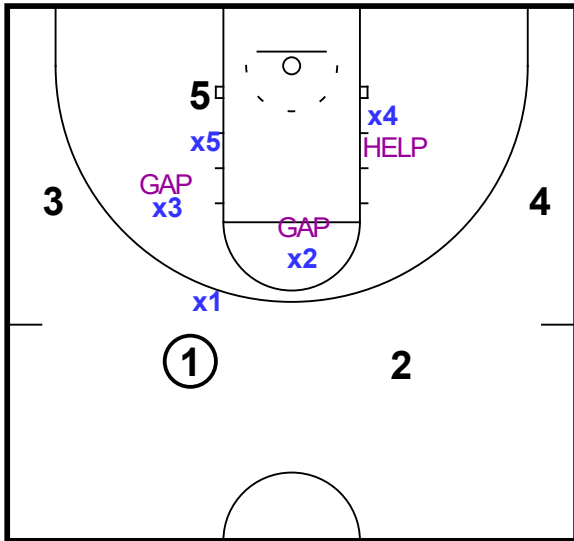
AFTER (PACKLINE):

In Brad Underwood's more disciplined, gap help based defense, ball pressure is still priority #1. However, instead of aggressive denials, off ball defenders are providing gap help to the ball.

Illinois Playbook

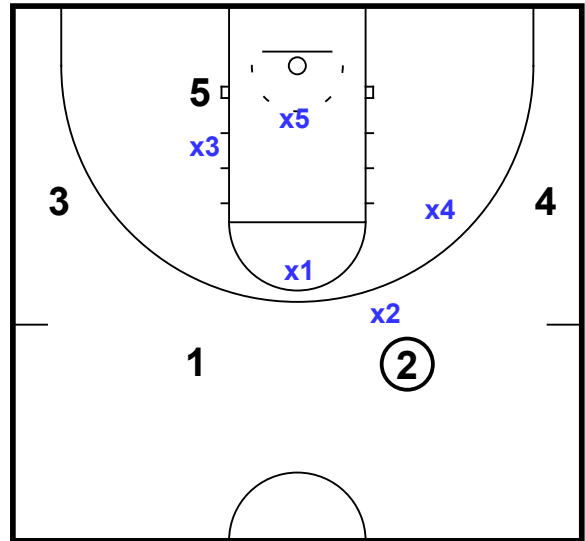
Half Court Man to Man Defense

Positioning- Denial vs Gap Help
Concepts



- x1- on the ball.
- x2- in gap position communicating "gap" with ball 1 pass away.
- x3- in gap position communicating "gap" with ball 1 pass away.
- x4- in help position communicating "help" with ball 2 passes away with at least 1 foot inside the paint.
- x5- on top of post player and is up the line, on the line.

Positioning- Denial vs Gap Help
Concepts

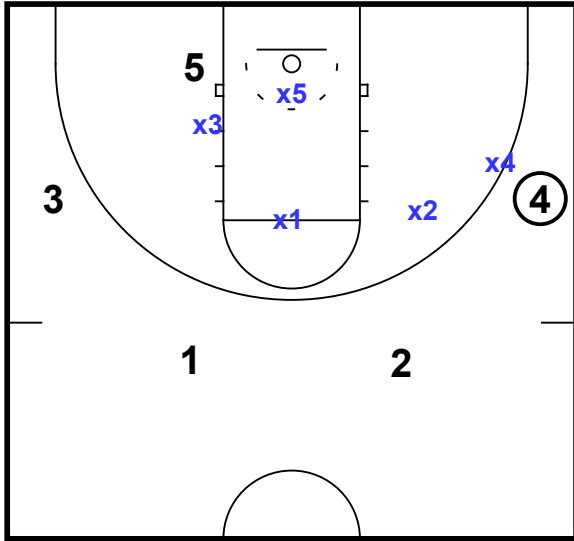


- x1- "Gap"
- x2- "Ball"
- x3- "Help"
- x4- "Gap"
- x5- "Help"

Illinois Playbook

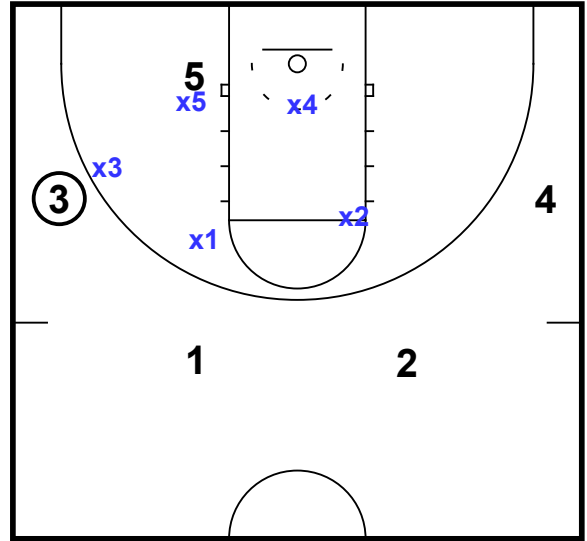
Half Court Man to Man Defense

Positioning- Denial vs Gap Help
Concepts



- x1- "Help"
- x2- "Gap"
- x3- "Help"
- x4- "Ball"
- x5- "Help"

Positioning- Denial vs Gap Help
Concepts

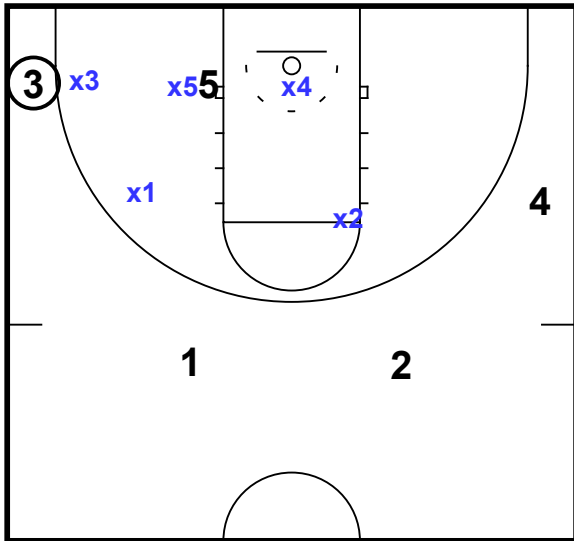


- x1- "Gap"
- x2- "Help"
- x3- "Ball"
- x4- "Help"
- x5- 3/4 post position with hand in the lane eliminating touch inside the post area.

Illinois Playbook

Half Court Man to Man Defense

Positioning- Denial vs Gap Help
Concepts

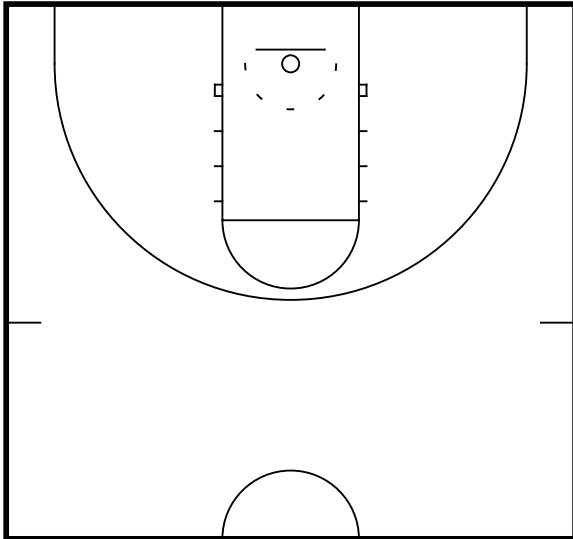


- x1- "Gap"
- x2- "Help"
- x3- "Ball"
- x4- "Help"
- x5- if the ball is as low or lower than the post player, the post defender will slide to full front (if in post box) or slide behind (if out of post box).

Illinois Playbook

Half Court Man to Man Defense

Middle Pick and Roll Coverage
Concepts

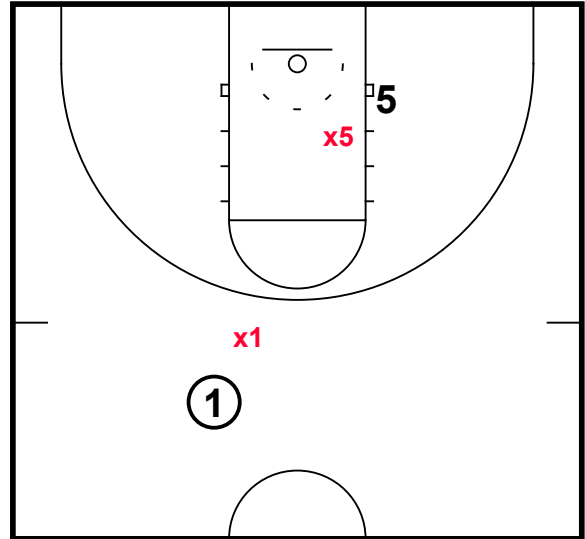


As with all the techniques in your defensive scheme, they need to be connected to each other and fit the overall defensive philosophy and personnel.

In Underwood's pressure system, the defense employed aggressive ball screen coverages- hard hedges and traps. He did this with smaller, more mobile defensive bigs.

This is in contrast to the newly adopted less aggressive defensive style. With bigger personnel, the Illini have moved to ball screen coverages where the defensive big stays below the level of the screen and between the ball and the basket.

Middle Pick and Roll Coverage
Concepts



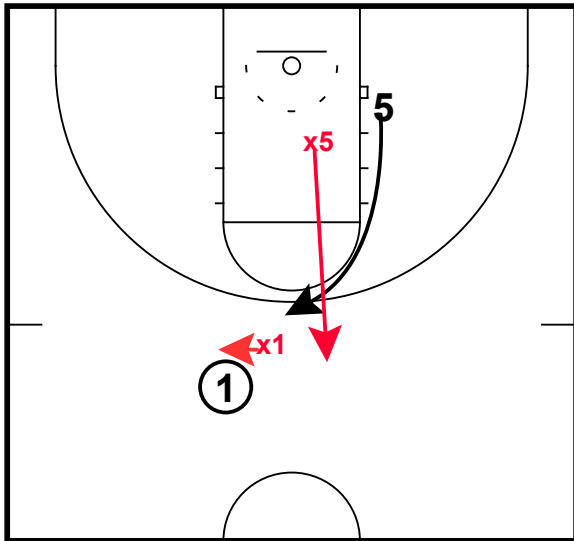
BEFORE (PRESSURE)- HARD HEDGE:

The most utilized coverage Underwood used in the pressure defensive system was the hard hedge.

Illinois Playbook

Half Court Man to Man Defense

Middle Pick and Roll Coverage
Concepts

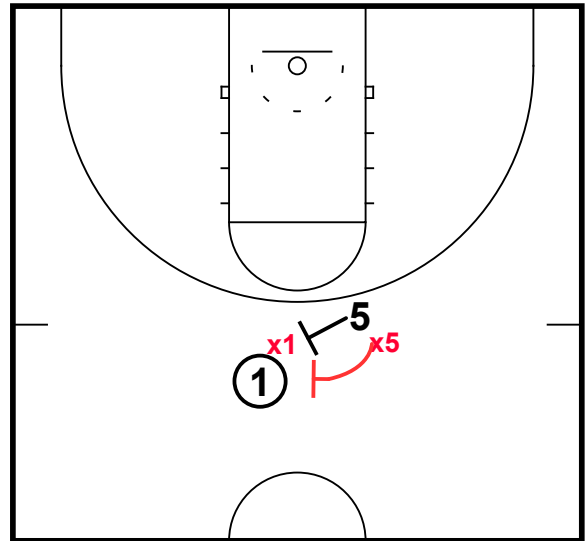


BEFORE (PRESSURE)- HARD HEDGE:

As soon as x5 recognizes that the offense is setting a ball screen, he immediately communicates with x1 by calling "screen [direction]".

When x1 hears x5 call out the screen, he immediately shifts his positioning to force the ball into the screen.

Middle Pick and Roll Coverage
Concepts



BEFORE (PRESSURE)- HARD HEDGE:

As 5 is going to set the screen, x5 steps up and positions himself early.

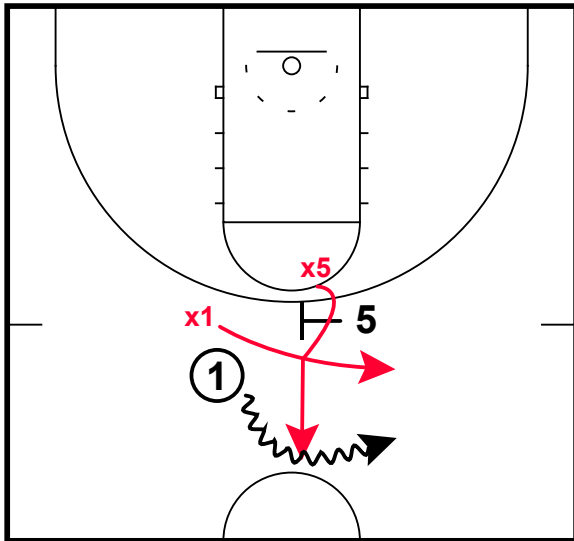
x5 positioning:

- chest parallel to the sideline
- low and wide stance
- "extension of the screen" --> inside hand on screener (5). Having a hand on the screener is key as it helps eliminate the chance of being split by the ball handler.
- high, wide arms/hands. This makes the show wider and eliminates the defender from picking up a cheap hand check foul.

Illinois Playbook

Half Court Man to Man Defense

Middle Pick and Roll Coverage
Concepts



BEFORE (PRESSURE)- HARD HEDGE:

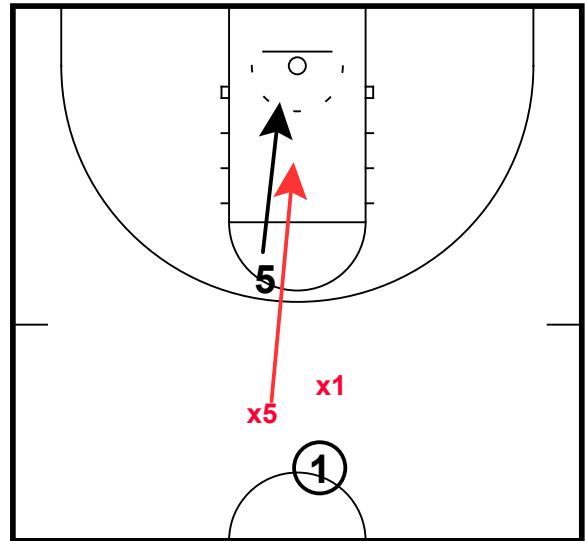
x1 forces the ball handler into the screen and the show man.

As the ball handler attacks, it is x5 job to drive the ball handler up the floor towards the half court line.

In a hard show, x5 will give at least 2 hard slides up the floor. He must be very careful as to not commit a blocking foul when sliding as the ball handler attacks. He must be in a stance with active feet, have arms out, and hands to the sky.

x1 goes over the screen and under x5 taking an angle to cut off the ball handler and square the ball up.

Middle Pick and Roll Coverage
Concepts



BEFORE (PRESSURE)- HARD HEDGE:

x1 will square up the ball and x5 will recover.

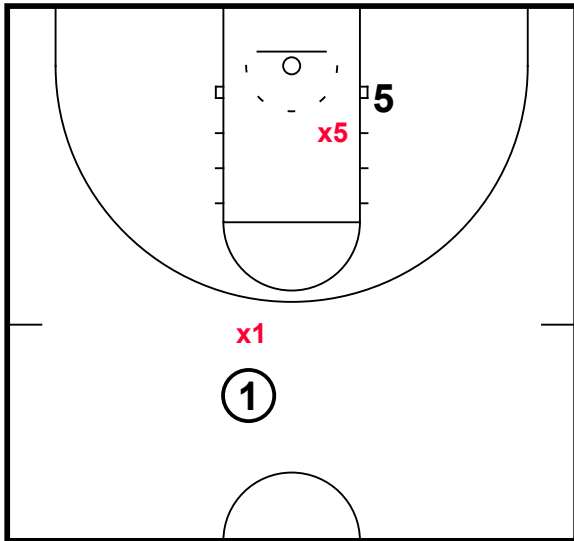
x5 recovery will be based on communication from other big- he may recover to own man or they may have "x-out" (switch).

x5 sprints with high hands in recovery.

Illinois Playbook

Half Court Man to Man Defense

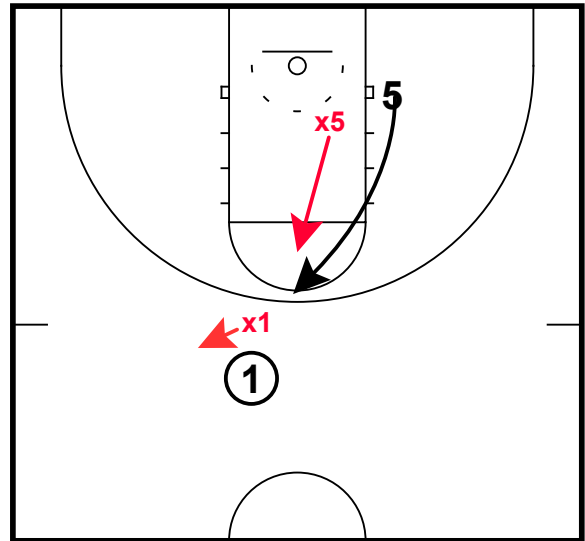
Middle Pick and Roll Coverage
Concepts



BEFORE (PRESSURE)- BLITZ:

The other option he used was the blitz coverage.

Middle Pick and Roll Coverage
Concepts



BEFORE (PRESSURE)- BLITZ:

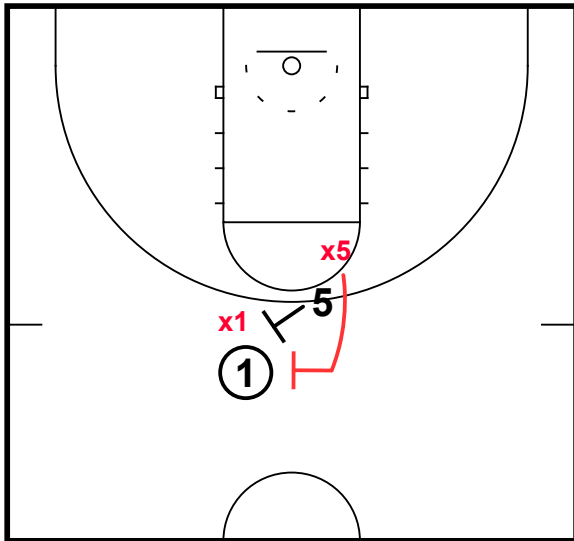
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Illinois Playbook

Half Court Man to Man Defense

Middle Pick and Roll Coverage
Concepts



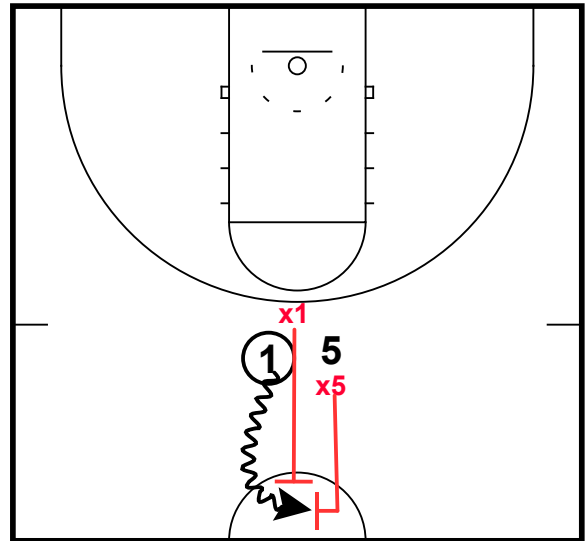
BEFORE (PRESSURE)- BLITZ:

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x5 positioning:

- chest parallel to the sideline
- low and wide stance
- "extension of the screen" --> inside hand on screener (5). Having a hand on the screener is key as it helps eliminate the chance of being split by the ball handler.
- high, wide arms/hands. This makes the show wider and eliminates the defender from picking up a cheap hand check foul.

Middle Pick and Roll Coverage
Concepts



BEFORE (PRESSURE)- BLITZ:

x1 forces the ball handler into the screen and the show man.

As the ball handler attacks, it is x5 job to drive the ball handler up the floor towards the half court line.

Much like a hard show, x5 will slide up the floor. He must be very careful as to not commit a blocking foul when sliding as the ball handler attacks. He must be in a stance with active feet, have arms out, and hands to the sky.

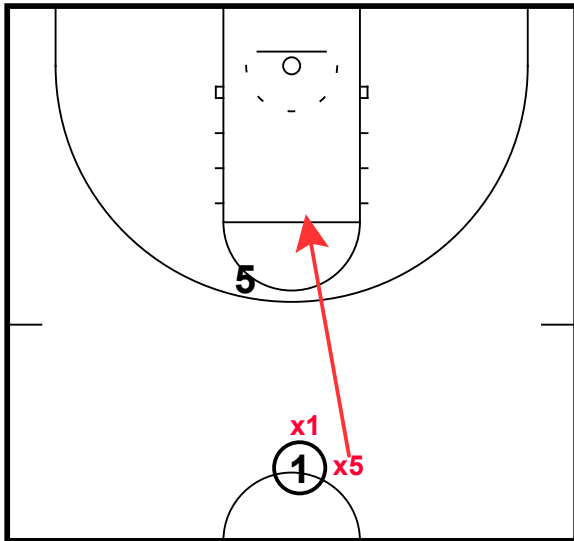
x1 goes over the screen and aggressively attacks the ball.

On the trap, x1 and x5 must be shoulder to shoulder as not to allow the ball handler split them with the dribble. That is the cardinal sin.

Illinois Playbook

Half Court Man to Man Defense

Middle Pick and Roll Coverage
Concepts



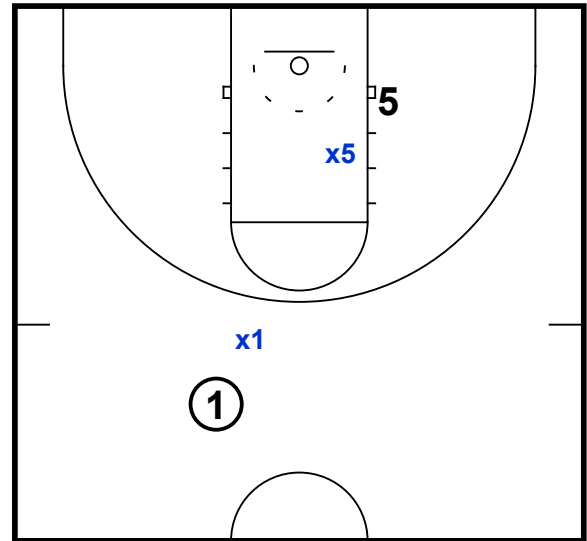
BEFORE (PRESSURE)- BLITZ:

x5 will stay with the trap until the ball is picked up. He does not need to stay with it even if the ball hasn't been passed. The ball handler is no longer a threat to make a play with the dribble or shot, x5 may recover.

x5 recovery will be based on communication from other big- he may recover to own man or they may have "x-out" (switch).

x5 sprints with high hands in recovery.

Middle Pick and Roll Coverage
Concepts



AFTER (PACKLINE)- DROP:

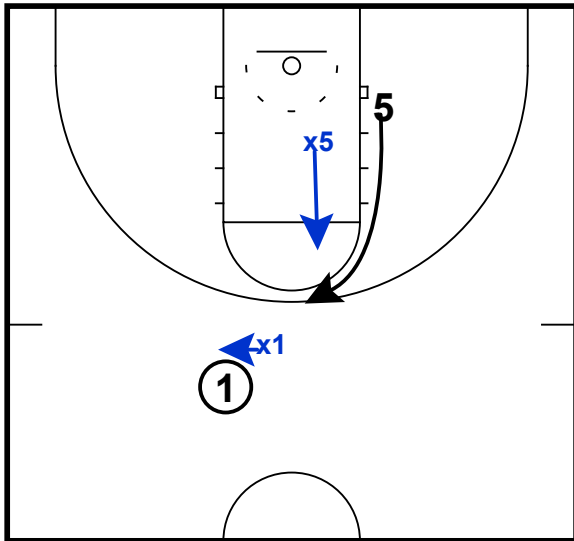
As Underwood's team transition from ultra-aggressive to a more disciplined defense with bigger personnel, so did their defensive ball screen coverage. With the addition of bigger, less mobile, rim protectors, the scheme called for a "drop" or "catch" coverage.

"Drop" coverage is a pick-and-roll defense in which the defender guarding the screener greets the ball-handler at or below the level of the screen until the ball-handler's defender gets back in front of his original man.

Illinois Playbook

Half Court Man to Man Defense

Middle Pick and Roll Coverage
Concepts

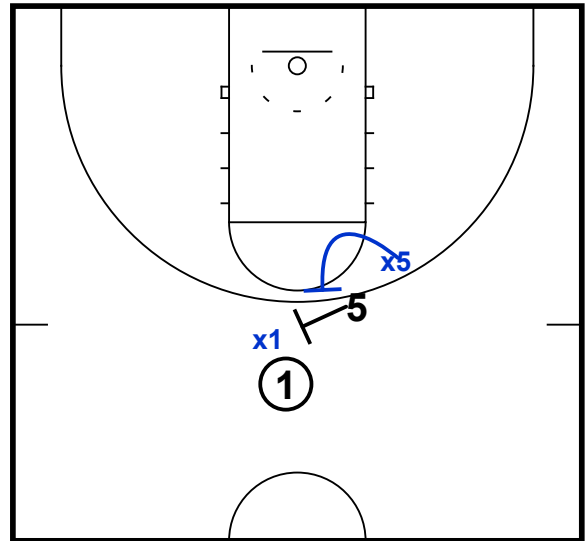


AFTER (PACKLINE)- DROP:

As soon as x5 recognizes that the offense is setting a ball screen, he immediately communicates with x1 by calling "screen [direction]".

When x1 hears x5 call out the screen, he immediately shifts his positioning to force the ball into the screen.

Middle Pick and Roll Coverage
Concepts



AFTER (PACKLINE)- DROP:

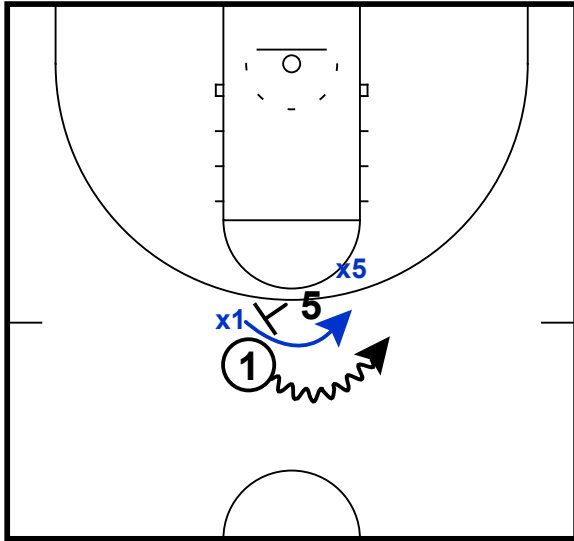
As 5 is going to set the screen, x5 positions himself below the level of the screen.

The depth of x5 is determined based on x5's athletic ability. The more mobile he is, the higher he can come up the floor.

Illinois Playbook

Half Court Man to Man Defense

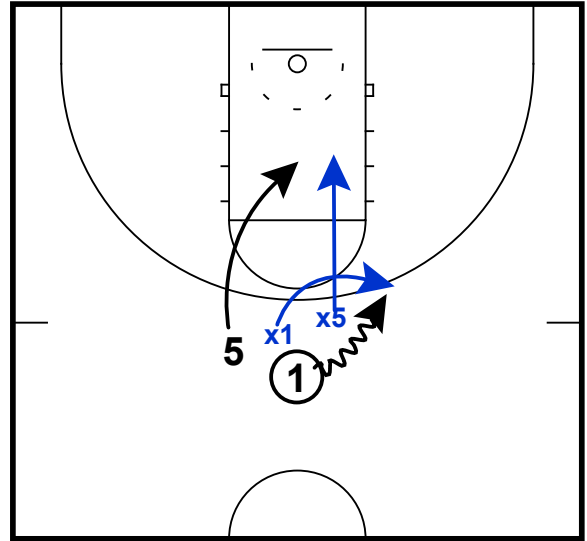
Middle Pick and Roll Coverage
Concepts



AFTER (PACKLINE)- DROP:

As 1 comes off the ball screen, x1 gets skinny to the screen and fights over the top. x5 stays between the ball and the basket and drops (or retreats) with the level of the roller.

Middle Pick and Roll Coverage
Concepts



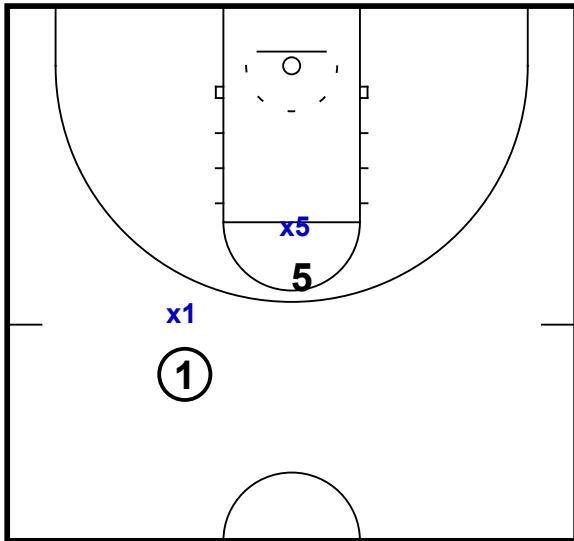
AFTER (PACKLINE)- DROP:

After fighting over the screen, x1 takes an angle and fights to get back in front of the ball. x5 will stay with the ball, giving ground to stay on level with roller, and will then recover to man when x1 recovers to the ball.

Illinois Playbook

Half Court Man to Man Defense

Middle Pick and Roll Coverage
Concepts

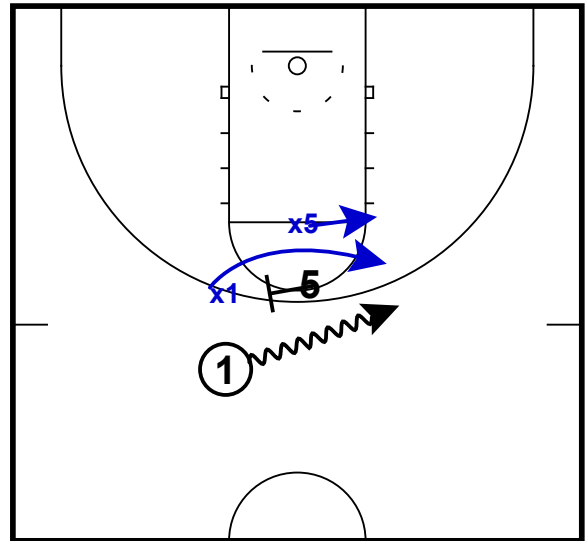


AFTER (PACKLINE)- DROP (UNDER):

One wrinkle to this coverage that Illinois frequently employs is having the on-ball defender go under the pick and roll.

They use against non-perimeter scoring guards in attempts to keep the ball in front and out of the paint.

Middle Pick and Roll Coverage
Concepts



AFTER (PACKLINE)- DROP (UNDER):

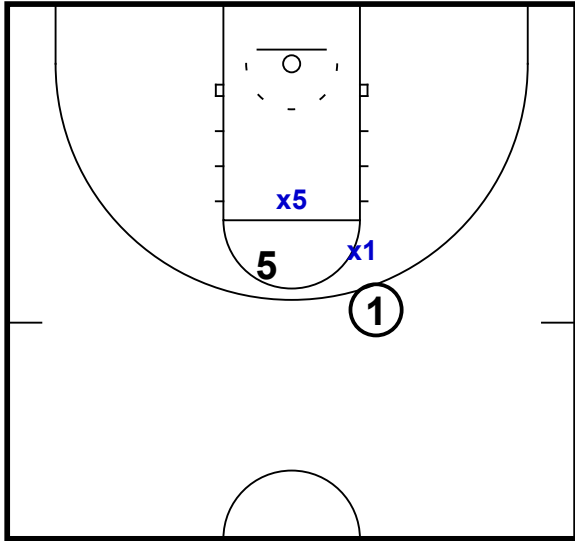
As the screen is happening, x5 is communicating to x1 the action that is happening.

x1 forces ball into screen. x5 keeps ball in front. x1 then slides under screen AND under x5 quickly to cut off and square ball back up.

Illinois Playbook

Half Court Man to Man Defense

Middle Pick and Roll Coverage
Concepts

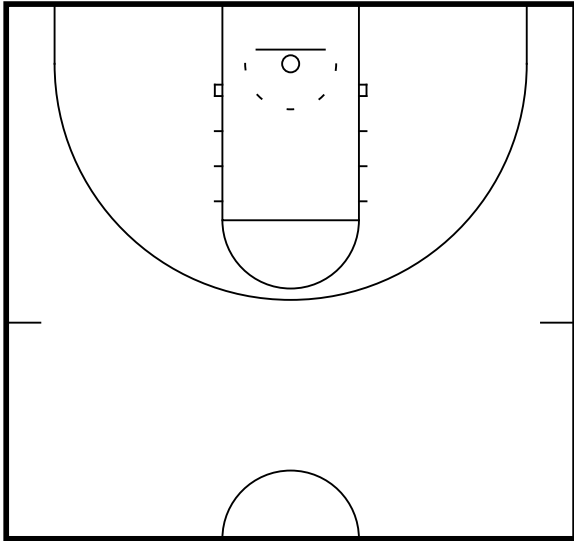


AFTER (PACKLINE)- DROP (UNDER):

Illinois Playbook

Half Court Man to Man Defense

Wing Pick and Roll Coverage
Concepts

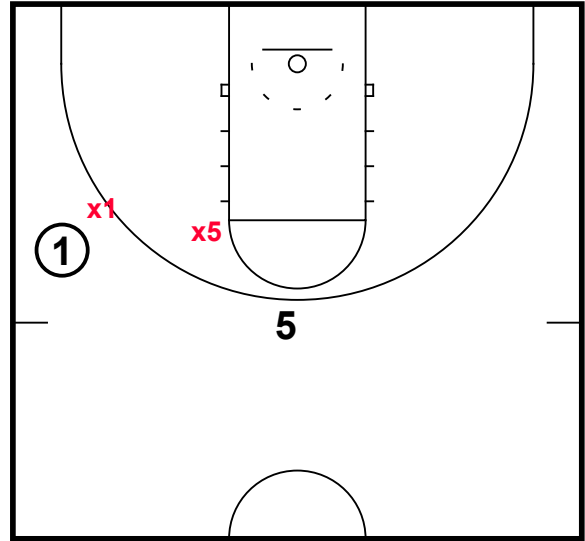


As with all the techniques in your defensive scheme, they need to be connected to each other and fit the overall defensive philosophy and personnel.

In Underwood's pressure system, the defense employed aggressive ball screen coverages- hard hedges and traps. He did with smaller, more mobile defensive bigs.

This is in contrast to the newly adopted less aggressive defensive style. With bigger personnel, the Illini have moved to ball screen coverages where the defensive big stays below the level of the screen and between the ball and the basket.

Wing Pick and Roll Coverage
Concepts



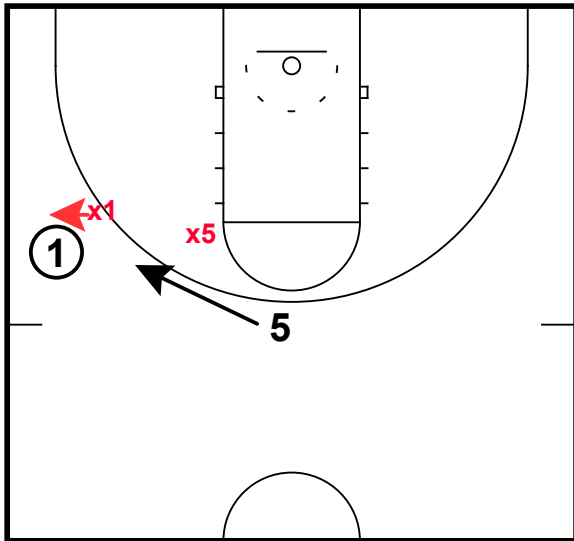
BEFORE (PRESSURE)- HARD HEDGE:

The most utilized coverage Underwood used in the pressure defensive system was the hard hedge.

Illinois Playbook

Half Court Man to Man Defense

Wing Pick and Roll Coverage
Concepts

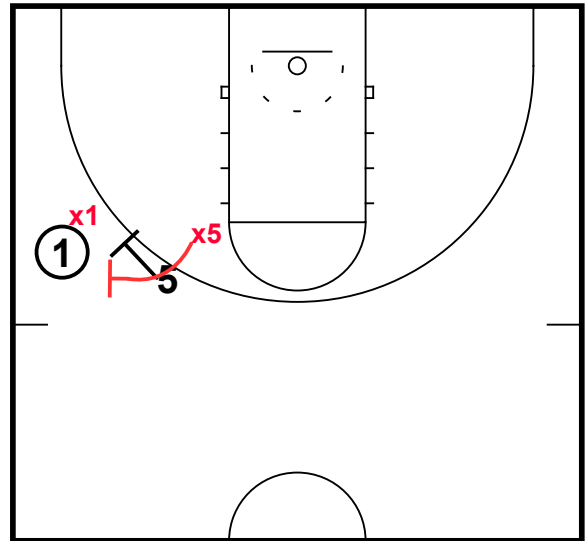


BEFORE (PRESSURE)- HARD HEDGE:

As soon as x5 recognizes that the offense is setting a ball screen, he immediately communicates with x1 by calling "screen [direction]".

When x1 hears x5 call out the screen, he immediately shifts his positioning to force the ball into the screen.

Wing Pick and Roll Coverage
Concepts



BEFORE (PRESSURE)- HARD HEDGE:

As 5 is going to set the screen, x5 steps up and positions himself early.

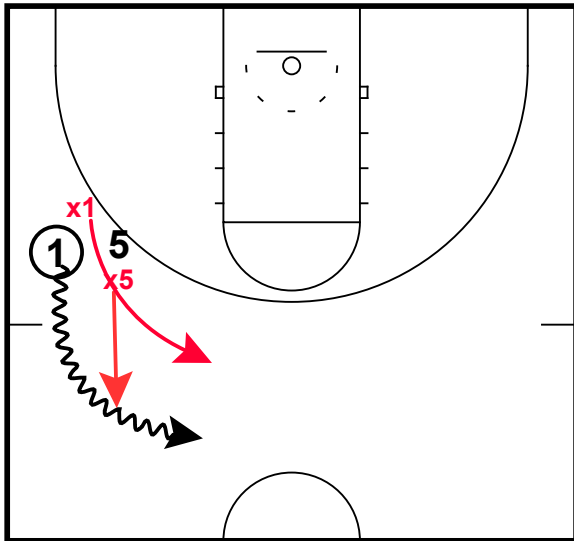
x5 positioning:

- chest parallel to the sideline
- low and wide stance
- "extension of the screen" --> inside hand on screener (5). Having a hand on the screener is key as it helps eliminate the chance of being split by the ball handler.
- high, wide arms/hands. This makes the show wider and eliminates the defender from picking up a cheap hand check foul.

Illinois Playbook

Half Court Man to Man Defense

Wing Pick and Roll Coverage
Concepts



BEFORE (PRESSURE)- HARD HEDGE:

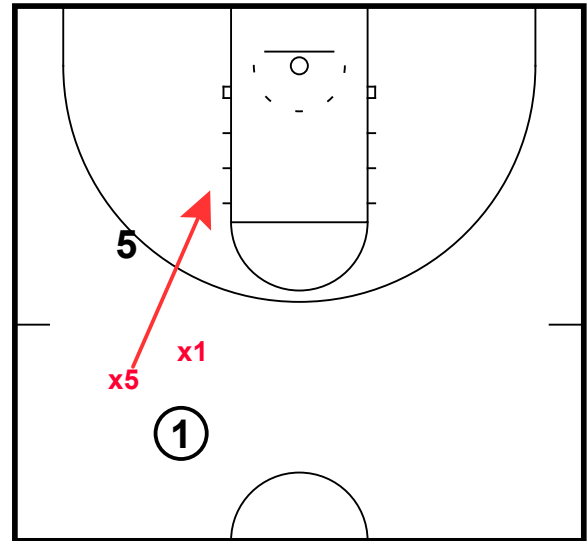
x1 forces the ball handler into the screen and the show man.

As the ball handler attacks, it is x5 job to drive the ball handler up the floor towards the half court line.

In a hard show, x5 will give at least 2 hard slides up the floor. He must be very careful as to not commit a blocking foul when sliding as the ball handler attacks. He must be in a stance with active feet, have arms out, and hands to the sky.

x1 goes over the screen and under x5 taking an angle to cut off the ball handler and square the ball up.

Wing Pick and Roll Coverage
Concepts



BEFORE (PRESSURE)- HARD HEDGE:

x1 will square up the ball and x5 will recover.

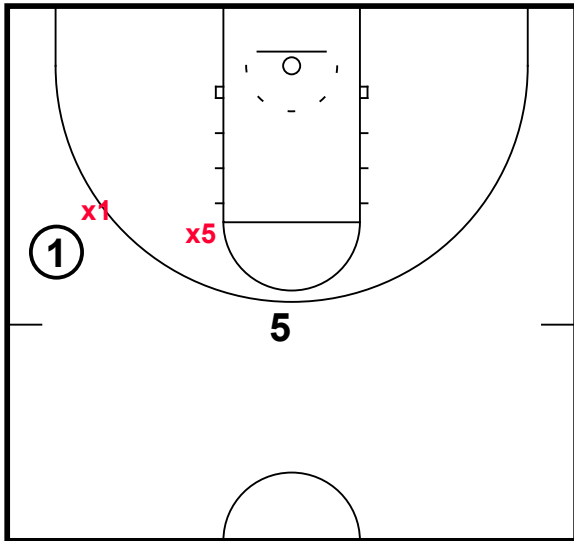
x5 recovery will be based on communication from other big- he may recover to own man or they may have "x-out" (switch).

x5 sprints with high hands in recovery.

Illinois Playbook

Half Court Man to Man Defense

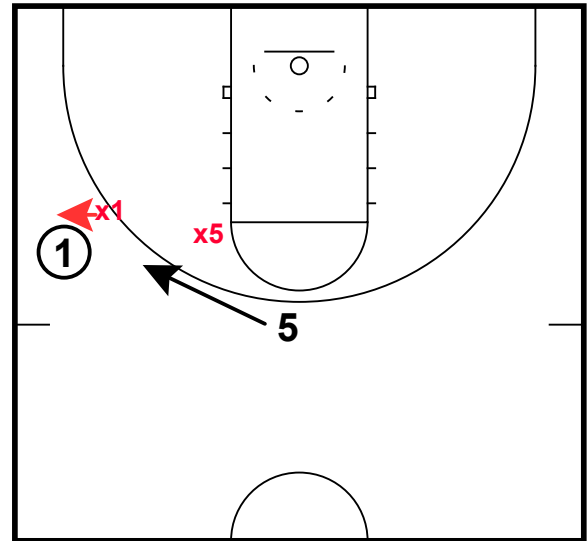
Wing Pick and Roll Coverage
Concepts



BEFORE (PRESSURE)- BLITZ:

The other option he used was the blitz coverage.

Wing Pick and Roll Coverage
Concepts



BEFORE (PRESSURE)- BLITZ:

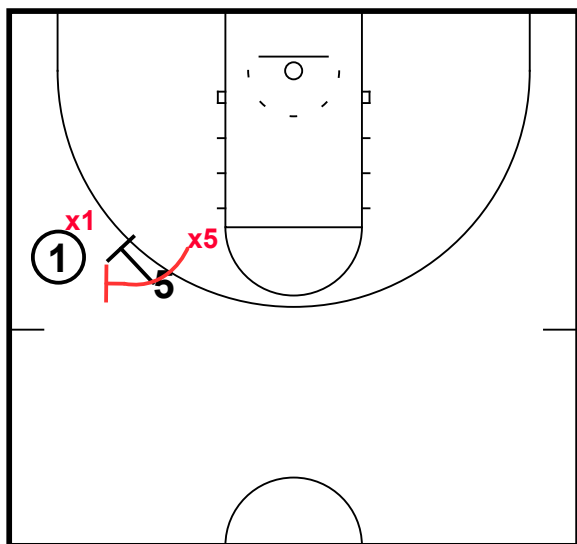
As soon as x5 recognizes that the offense is setting a ball screen, he immediately communicates with x1 by calling "screen [direction]".

When x1 hears x5 call out the screen, he immediately shifts his positioning to force the ball into the screen.

Illinois Playbook

Half Court Man to Man Defense

Wing Pick and Roll Coverage
Concepts



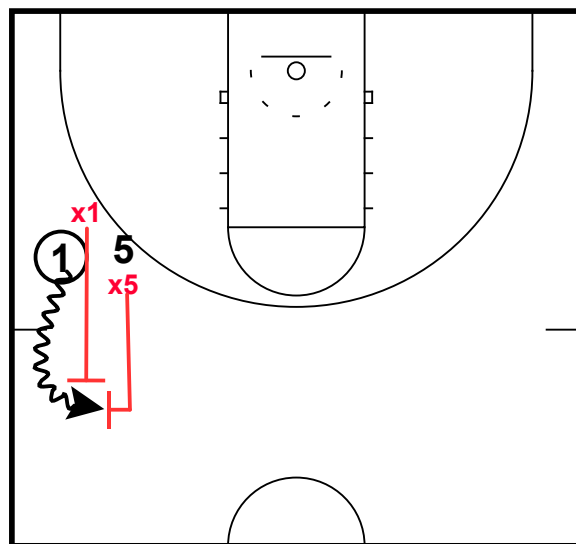
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Wing Pick and Roll Coverage
Concepts



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Much like a hard show, x5 will slide up the floor. He must be very careful as to not commit a blocking foul when sliding as the ball handler attacks. He must be in a stance with active feet, have arms out, and hands to the sky.

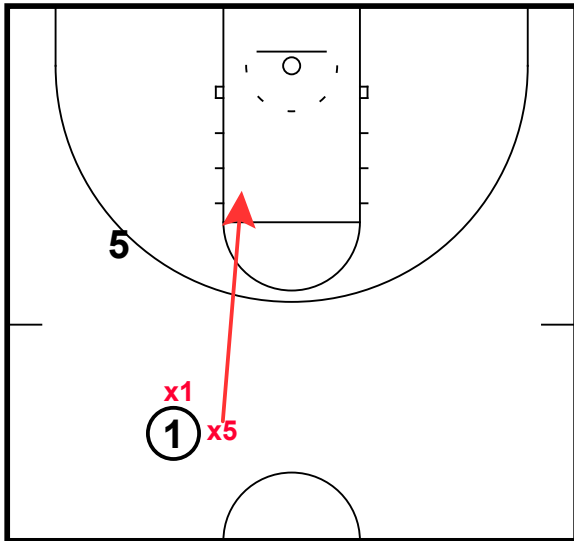
x1 goes over the screen and aggressively attacks the ball.

On the trap, x1 and x5 must be shoulder to shoulder as not to allow the ball handler split them with the dribble. That is the cardinal sin.

Illinois Playbook

Half Court Man to Man Defense

Wing Pick and Roll Coverage
Concepts



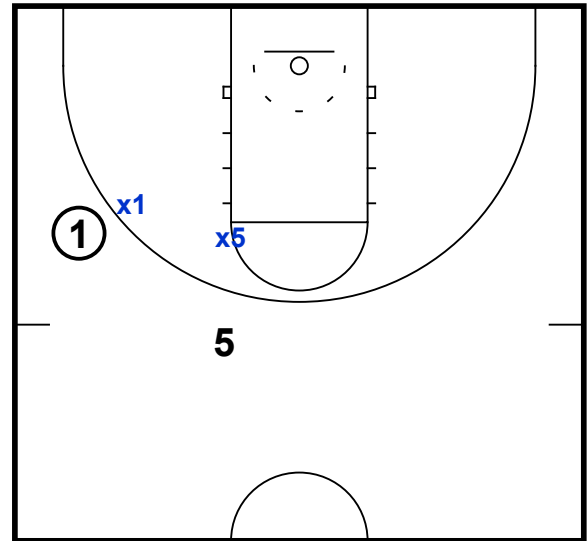
BEFORE (PRESSURE)- BLITZ:

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x5 recovery will be based on communication from other big- he may recover to own man or they may have "x-out" (switch).

x5 sprints with high hands in recovery.

Wing Pick and Roll Coverage
Concepts



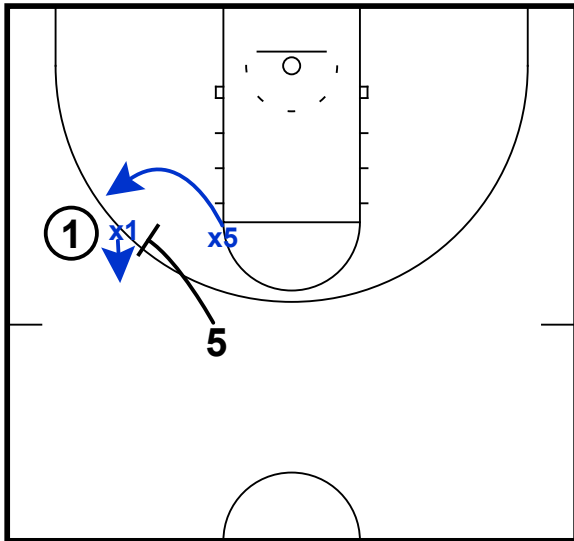
AFTER (PACKLINE)- ICE:

One of the major shifts in the defensive scheme is to move from the hard hedge or blitz to icing the wing pick and roll.

Illinois Playbook

Half Court Man to Man Defense

Wing Pick and Roll Coverage
Concepts



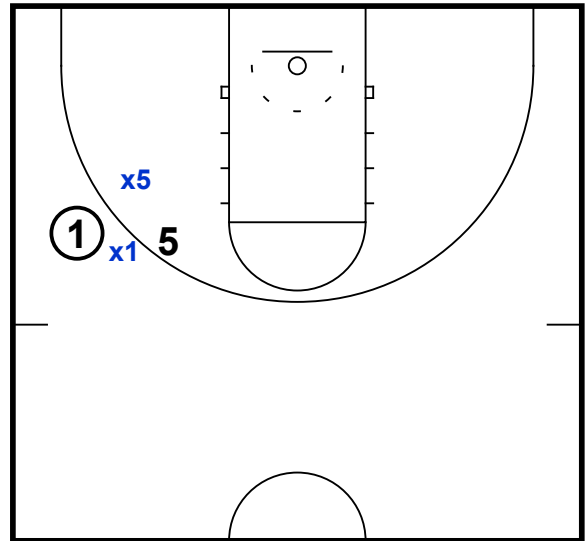
AFTER (PACKLINE)- ICE:

x5 is responsible for communicating the screen is coming and the coverage to x1- "Ice/Down."

x5 will slide down and position himself between the ball and rim. How high he comes up is based on his ability to move. More athletic= higher up floor. Less athletic= deeper.

On x5's call, x1 will jump on top of ball handler (with pressure) to push ball into x5. He will straddle the top hand/leg.

Wing Pick and Roll Coverage
Concepts



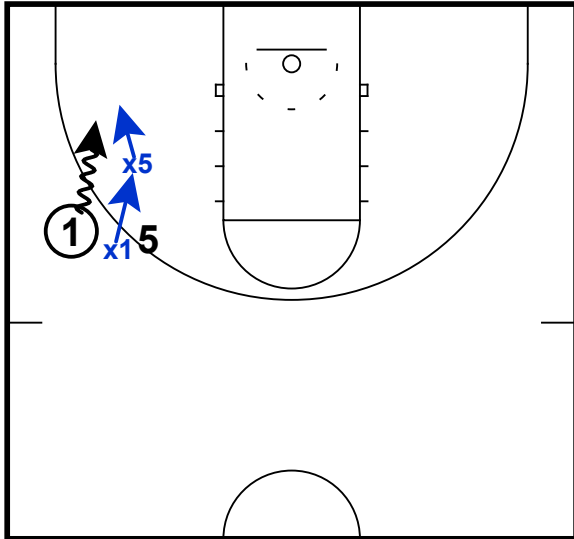
AFTER (PACKLINE)- ICE:

x1 should be parallel to the sideline and x5 square to the ballhandler.

Illinois Playbook

Half Court Man to Man Defense

Wing Pick and Roll Coverage
Concepts

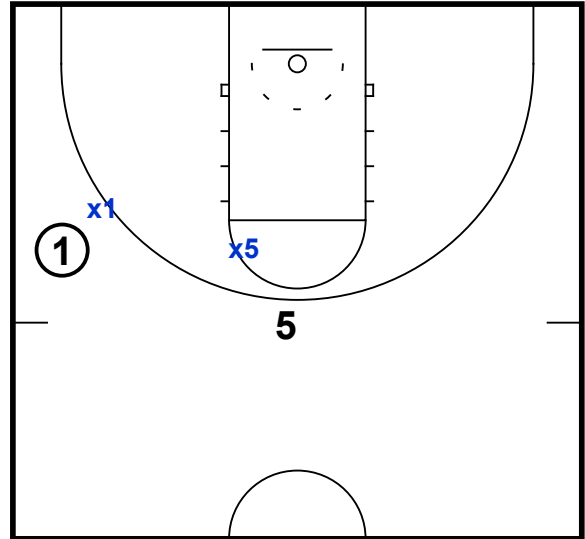


AFTER (PACKLINE)- ICE:

x1 and x5 want to keep the ball pinned on the outside and not let it back to the middle of the floor.

On recovery and ball pick-up, hands high making the pass more difficult or deflecting the ball.

Wing Pick and Roll Coverage
Concepts



AFTER (PACKLINE)- DROP:

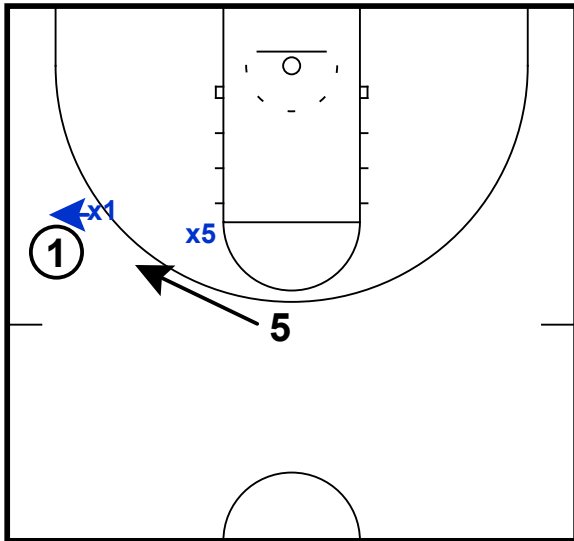
While the primary goal is to ice the wing pick and roll, there will be times where the guard is not able to get in position to force the ball handler to reject the screen. In those times, the big must be able to get himself in a position to corral the ball handler.

"Drop" coverage is a pick-and-roll defense in which the defender guarding the screener greets the ball-handler at or below the level of the screen until the ball-handler's defender gets back in front of his original man.

Illinois Playbook

Half Court Man to Man Defense

Wing Pick and Roll Coverage
Concepts

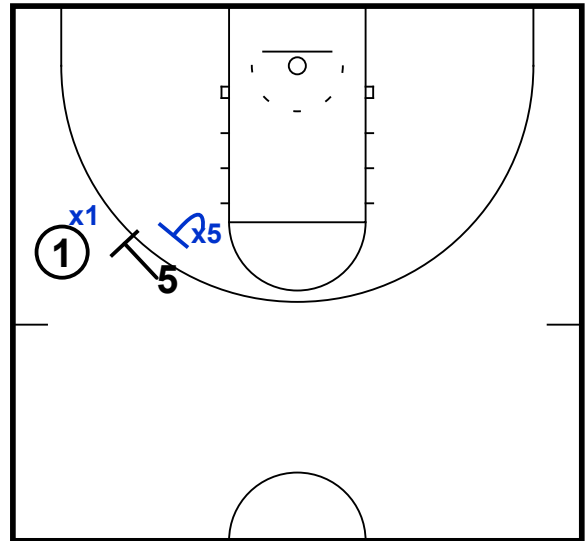


AFTER (PACKLINE)- DROP:

As soon as x5 recognizes that the offense is setting a ball screen, he immediately communicates with x1 by calling "screen [direction]".

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Wing Pick and Roll Coverage
Concepts



AFTER (PACKLINE)- DROP:

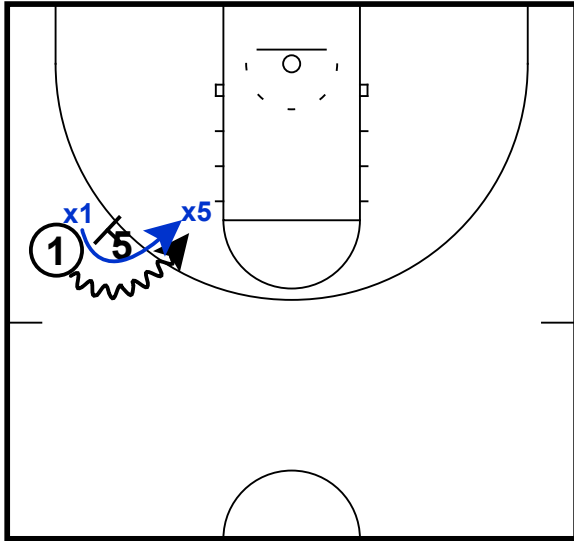
As 5 is going to set the screen, x5 positions himself below the level of the screen.

The depth of x5 is determined based on x5's athletic ability. The more mobile he is, the higher he can come up the floor.

Illinois Playbook

Half Court Man to Man Defense

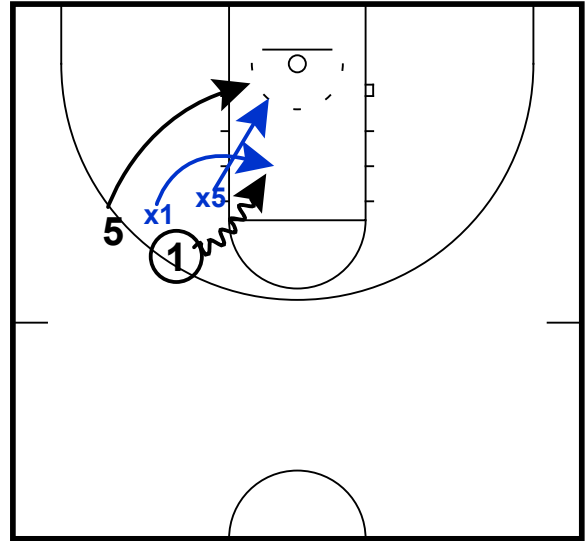
Wing Pick and Roll Coverage
Concepts



AFTER (PACKLINE)- DROP:

As 1 comes off the ball screen, x1 gets skinny to the screen and fights over the top. x5 stays between the ball and the basket and drops (or retreats) with the level of the roller.

Wing Pick and Roll Coverage
Concepts



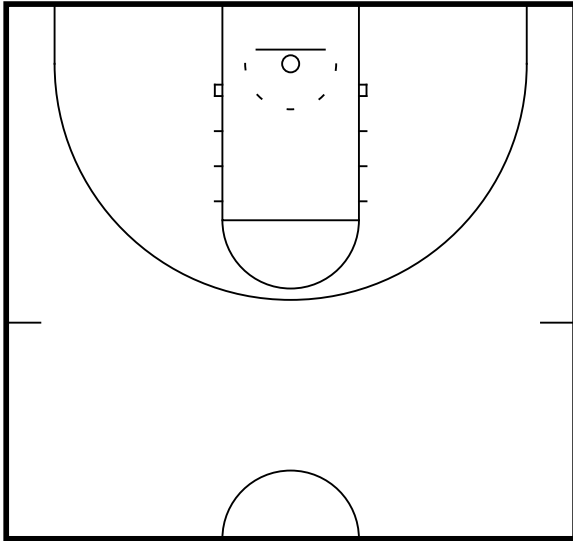
AFTER (PACKLINE)- DROP:

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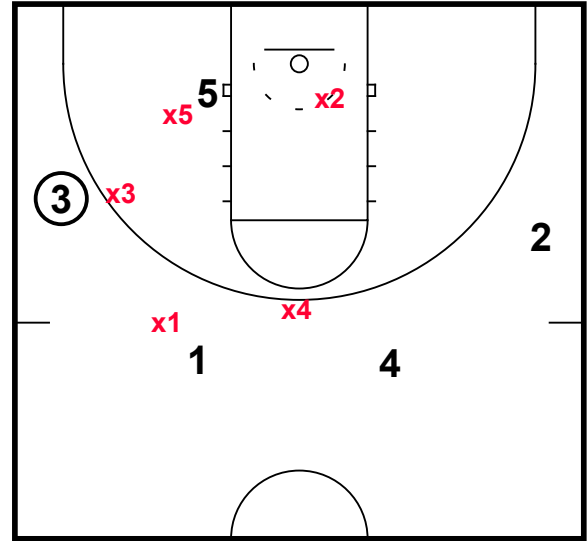
Illinois Playbook

Half Court Man to Man Defense

Defending the Post
Concepts



Defending the Post
Concepts



Whether utilizing a pressure defensive system or a packline based system, Underwood's teams at Illinois have mainly "crowded" or "digged" on the post.

They have rarely ever doubled the post with exception of a few players they have faced.

While the digging on the post in both systems is similar, there are a few small differences.

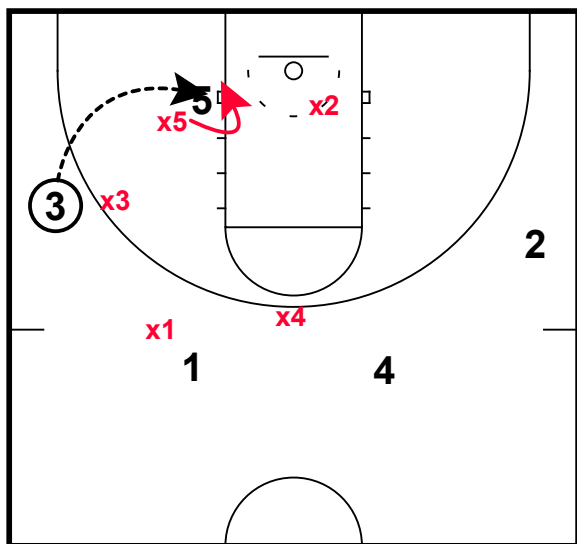
BEFORE (PRESSURE):

"Crowding" or "digging" on the post can make the post player feel uncomfortable without having to double, and take away open 3's.

Illinois Playbook

Half Court Man to Man Defense

Defending the Post
Concepts



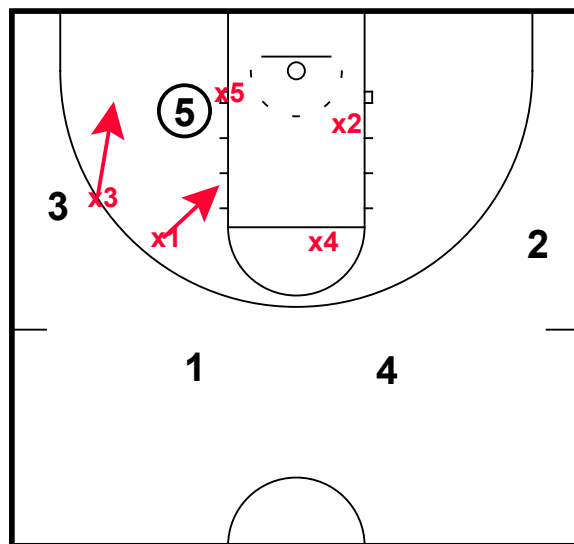
BEFORE (PRESSURE):

In Underwood's pressure defense, the post defender (x5) is either in a full front or 3/4 front position. x5 is looking to deny any pass into the post. Just as the perimeter players that are 1 pass away deny, so too will the post defender.

The defense is daring the offense to throw a lob pass over the top of the post defense. x2 is a help side defender playing like a safety breaking on the ball when the ball is lobbed in.

On the pass (if x5 can't deflect/steal the pass), x5 slides behind 5 to put his body between him and the basket.

Defending the Post
Concepts



BEFORE (PRESSURE):

x3 and x1 will sink to about 1/2 way between ball and man playing cat and mouse with the post player.

x3 will get his "butt to the baseline" so that he can see everything above him.

All off-ball defenders must have an open stance so that they see ball and man.

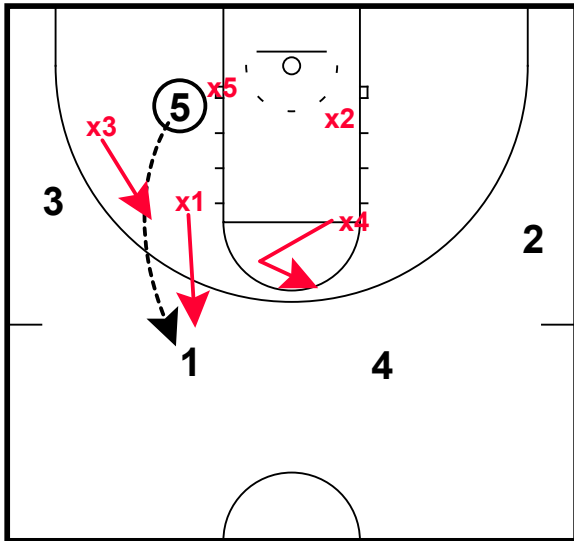
They must have active hands and feet so they can properly react when ball is passed out.

The amount of help from off ball defenders can be dependent on strength of post player and perimeter player's ability to shoot.

Illinois Playbook

Half Court Man to Man Defense

Defending the Post
Concepts

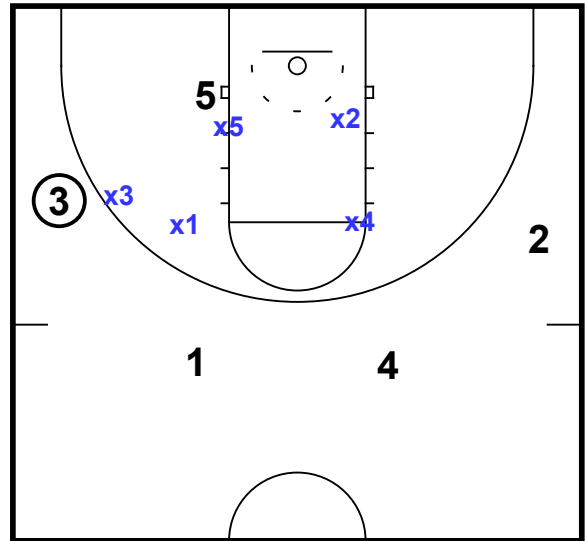


BEFORE (PRESSURE):

The most likely pass out is to the top.

On the pass, all perimeter defenders actively jump to the ball. x4 bluffs and recovers providing some help and time for x1 to recover to his man.

Defending the Post
Concepts



AFTER (PACKLINE):

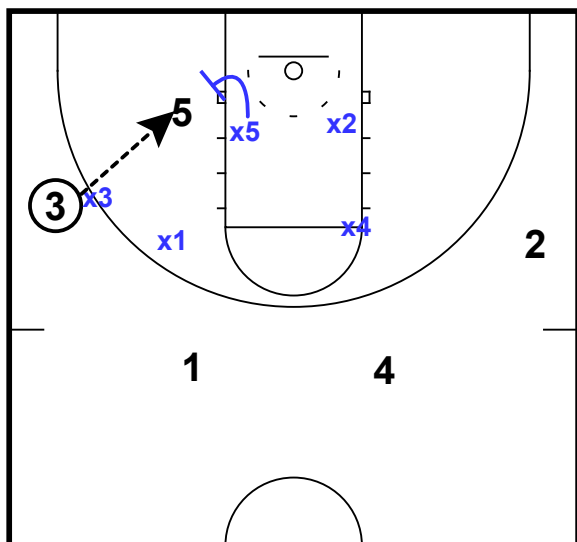
Just as with the pressure defensive philosophy, the most popular defensive scheme on the post is "crowding" or "digging."

While it is pretty much the same technique, there are a few differences.

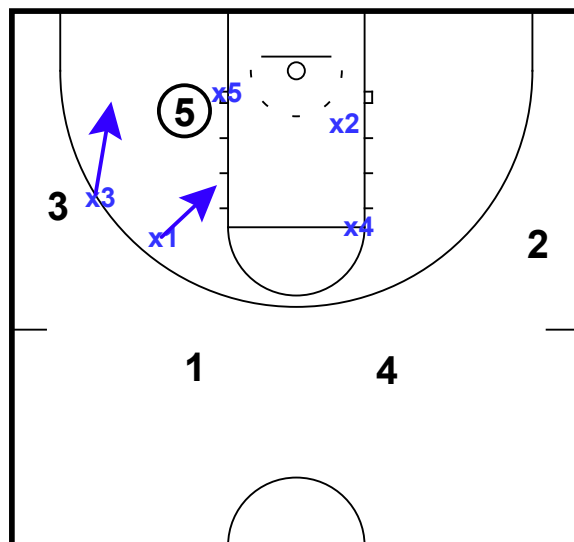
Illinois Playbook

Half Court Man to Man Defense

Defending the Post
Concepts



Defending the Post
Concepts



AFTER (PACKLINE):

Here is where the biggest difference is between the two philosophies. While in the pressure system, the post defender will be in a full front or an aggressive 3/4 denial position.

Instead, x5 is on the 5 shoulder with a hand in the passing lane trying to push the post catch outside the post box. His goal is no easy catches. There is no aggressive plays on the ball in attempts to steal the pass. Make the catch tough, but stay between man and basket.

On the pass (if x5 can't deflect/steal the pass), x5 slides behind 5 to put his body between him and the basket.

AFTER (PACKLINE):

x3 and x1 will sink to about 1/2 way between ball and man playing cat and mouse with the post player.

x3 will get his "butt to the baseline" so that he can see everything above him.

All off-ball defenders must have an open stance so that they see ball and man.

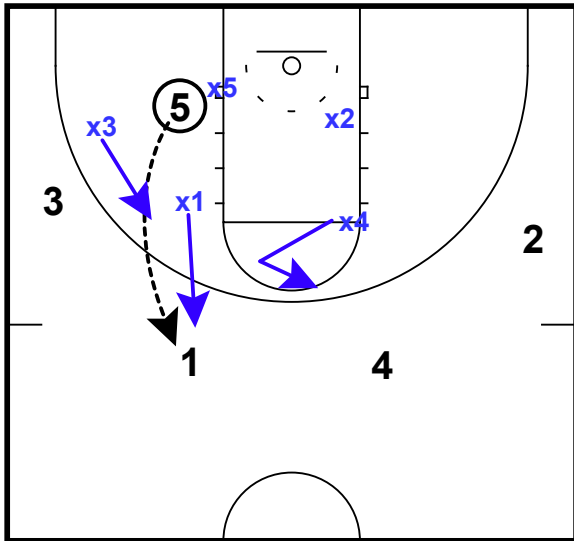
They must have active hands and feet so they can properly react when ball is passed out.

The amount of help from off ball defenders can be dependent on strength of post player and perimeter player's ability to shoot.

Illinois Playbook

Half Court Man to Man Defense

Defending the Post Concepts



AFTER (PACKLINE):

The most likely pass out is to the top.

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