

IS ZONE

Inside Zone

Split Zone

Zone Insert

GAP

Power

Read

Counter

Read

Duo

O/S CHOICE

I/S CHOICE

Switch Variations

RPO's/Access Throws

Find #7, and take him out of the picture, attach schemes that take advantage of the alignment of the two outside #7

FAMILY: INSIDE ZONE

CONCEPT: Inside Zone Read

<p>B F</p> <p>C W M \$ C</p> <p style="text-align: center;">ELVIS</p>	<p>B F</p> <p>C W M \$ C</p> <p style="text-align: center;">RINGO</p>
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PST	
PSG	
C	
BSG	
BST	
Y	
A	
QB	

NOTES	Macho vs Bear
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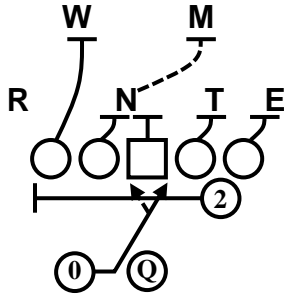
FAMILY: INSIDE ZONE

CONCEPT: Inside Zone Divide

B

F

C



\$

C

③

④

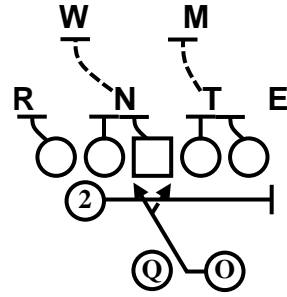
OVER

ELVIS

B

F

C



\$

C

③

④

OVER

RINGO

PST

PSG

C

BSG

BST

Y

A

QB

NOTES

Macho vs Bear

FAMILY: INSIDE ZONE

CONCEPT: Lock Zone Insert

B

F

B

F

C

\$

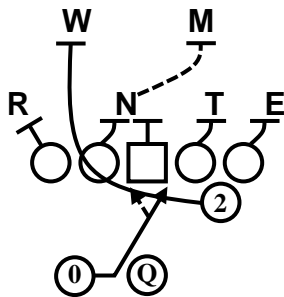
C

C

\$

C

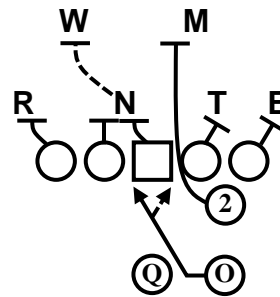
①



③

④

①



③

④

OVER

ELVIS

OVER

RINGO

PST

PSG

C

BSG

BST

Y

A

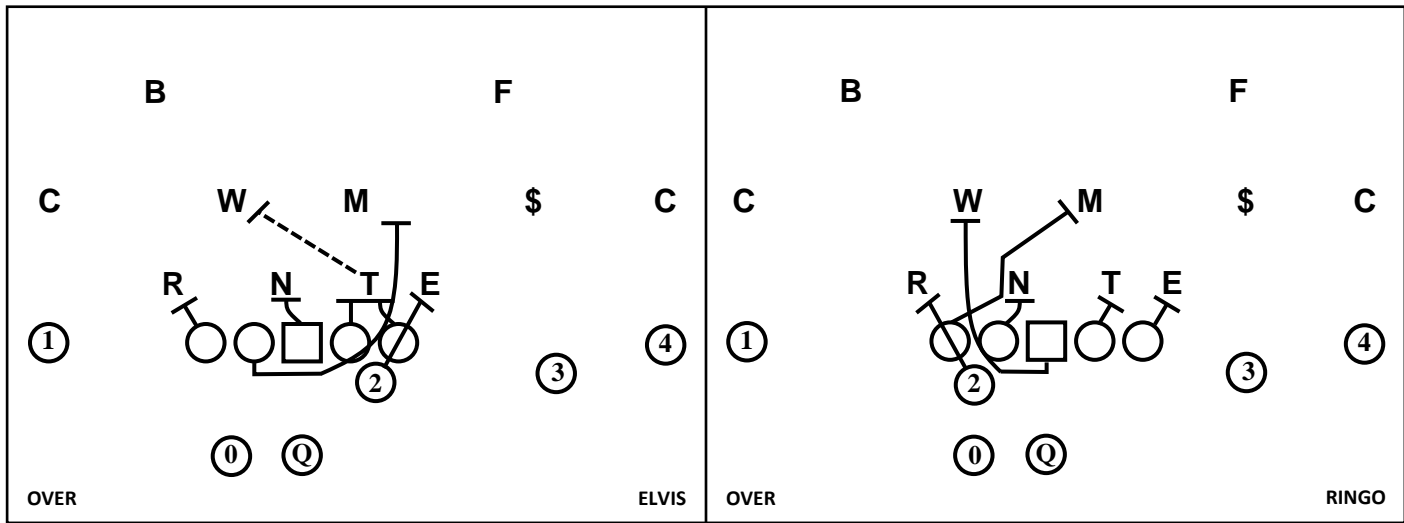
QB

NOTES

Macho vs Bear

FAMILY: GAP

CONCEPT: Power



PST	
PSG	
C	
BSG	
BST	
Y	
A	
QB	

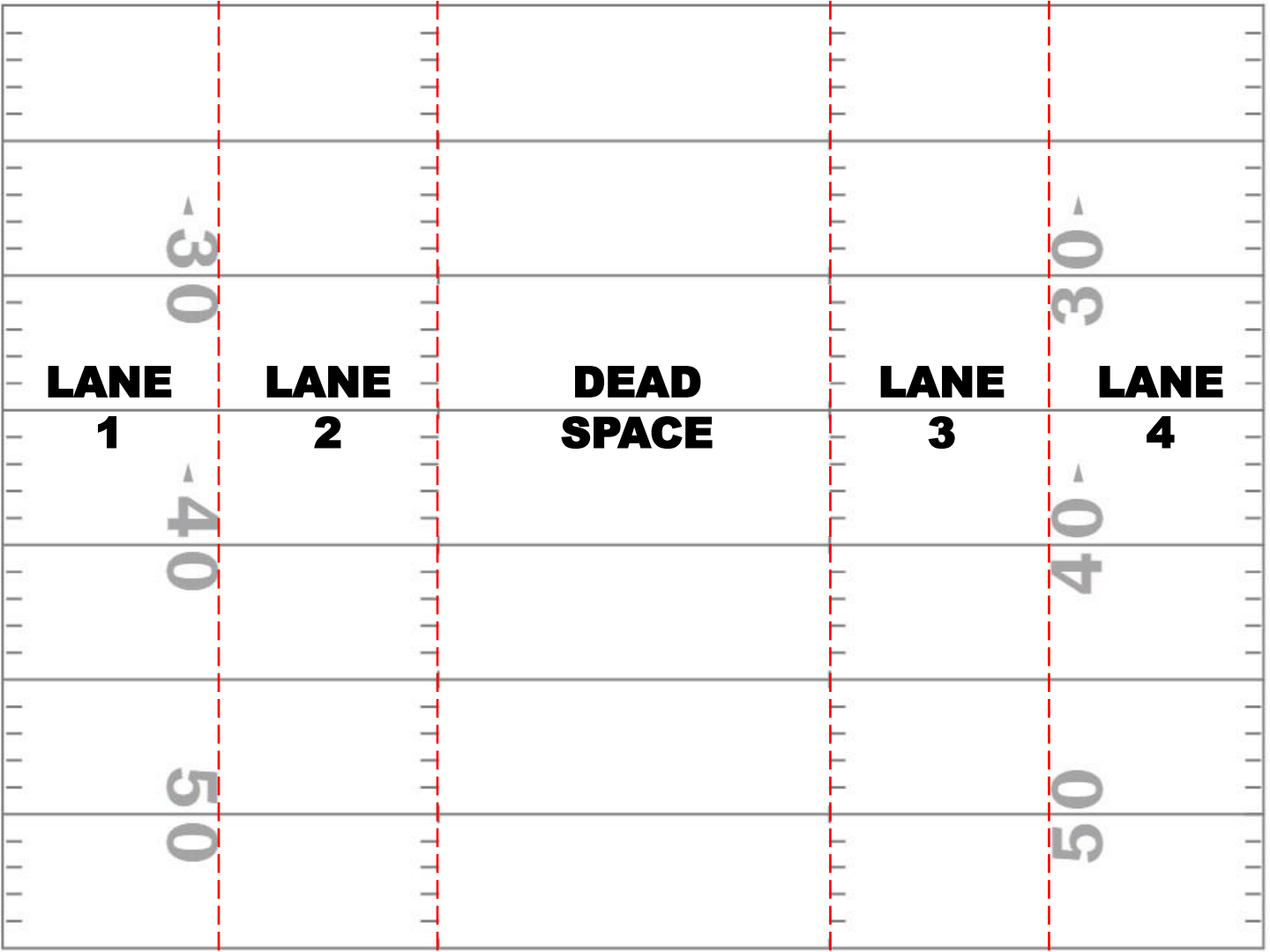
NOTES Macho vs Bear

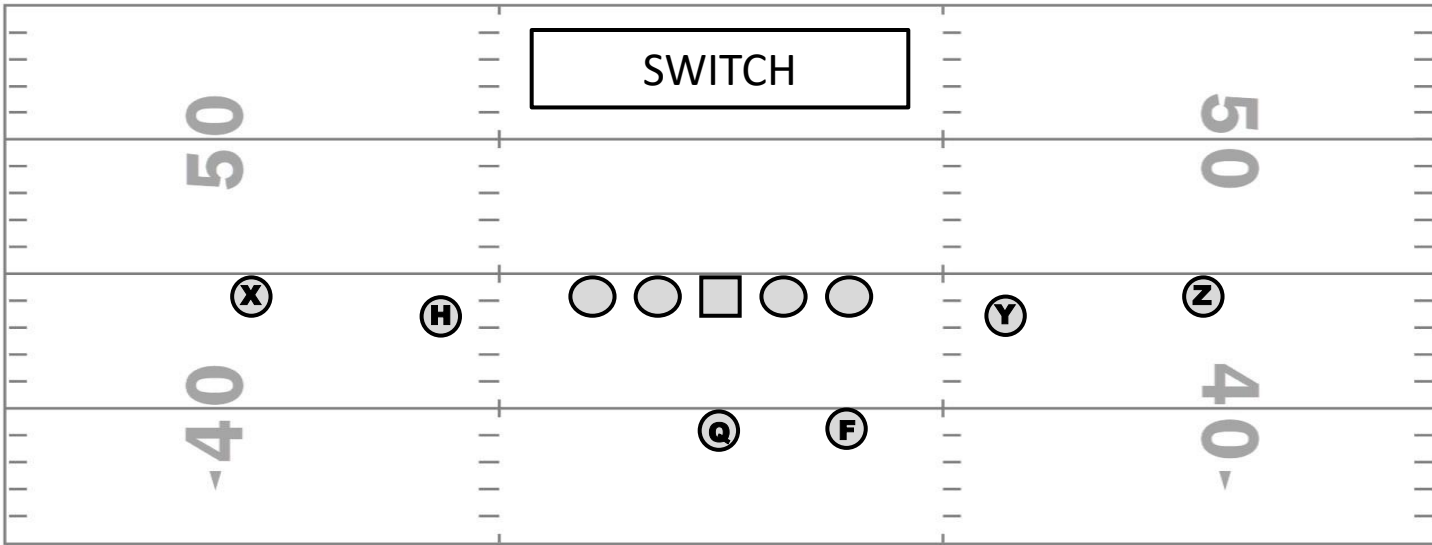
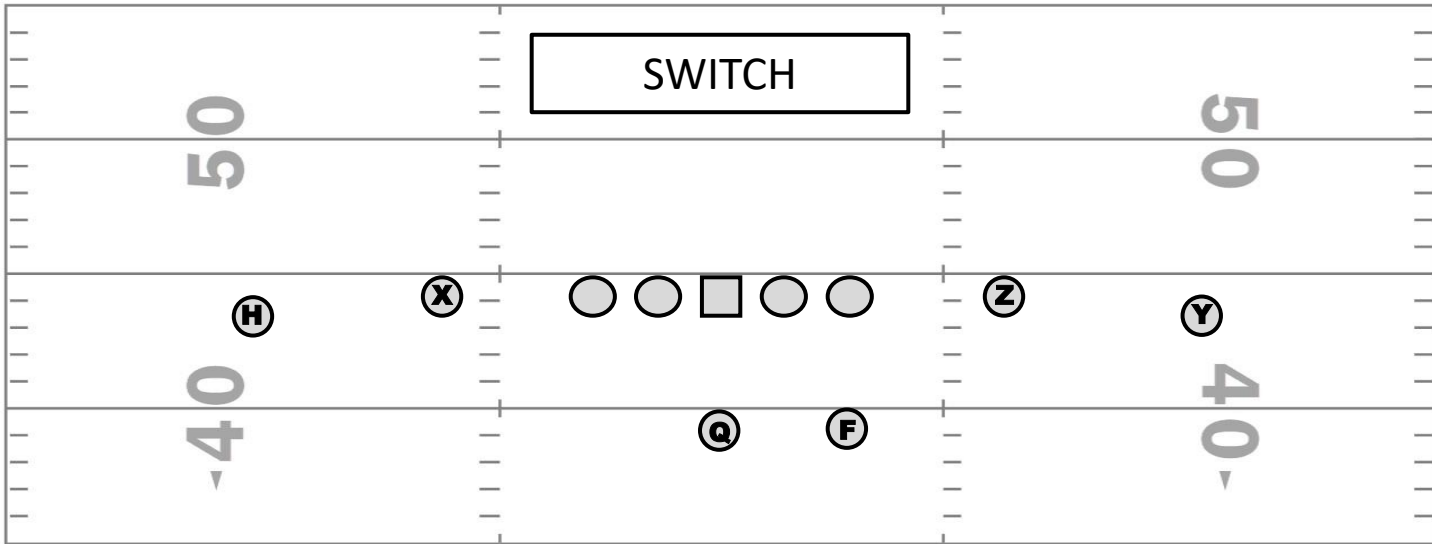
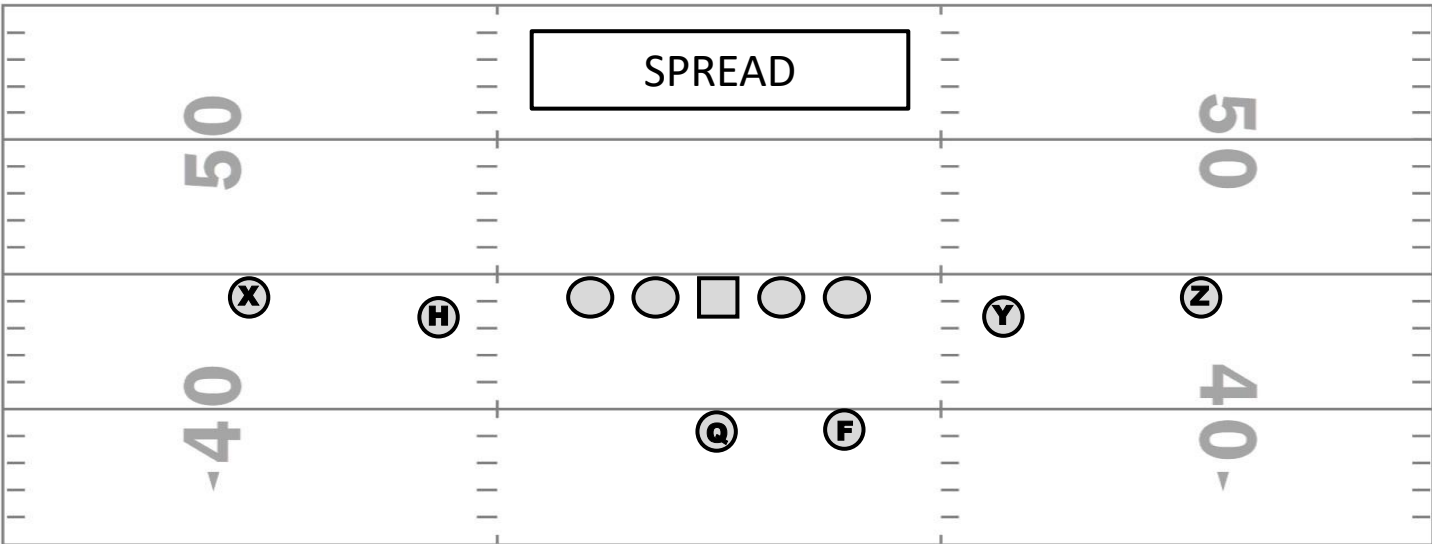
FAMILY: GAP

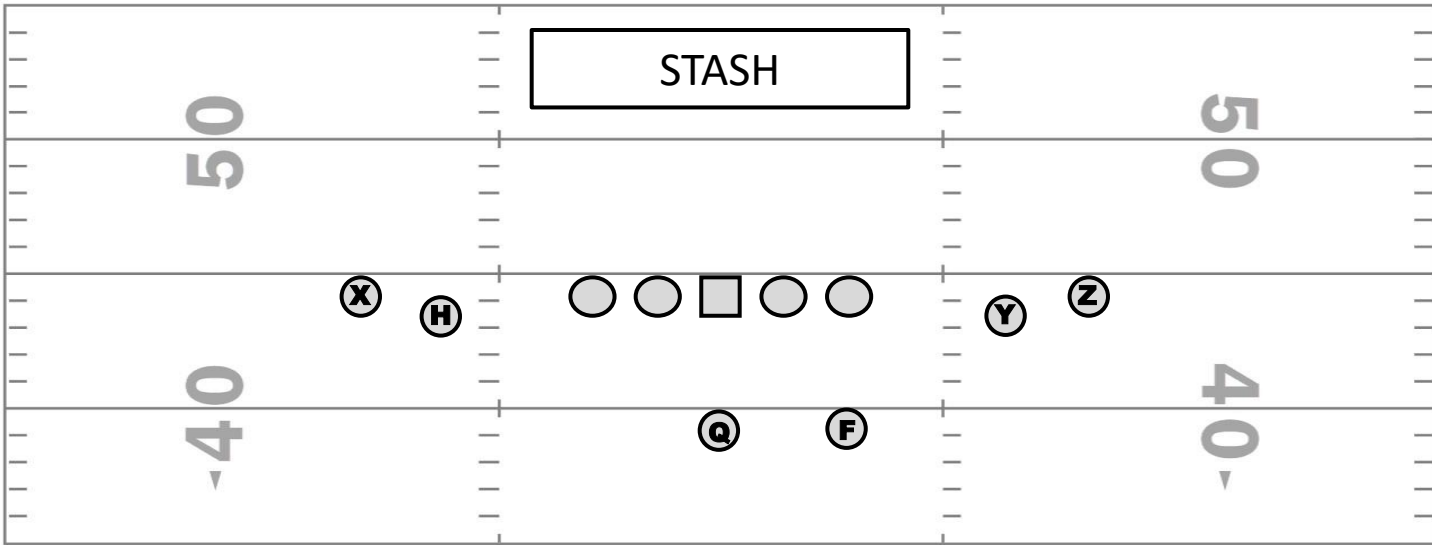
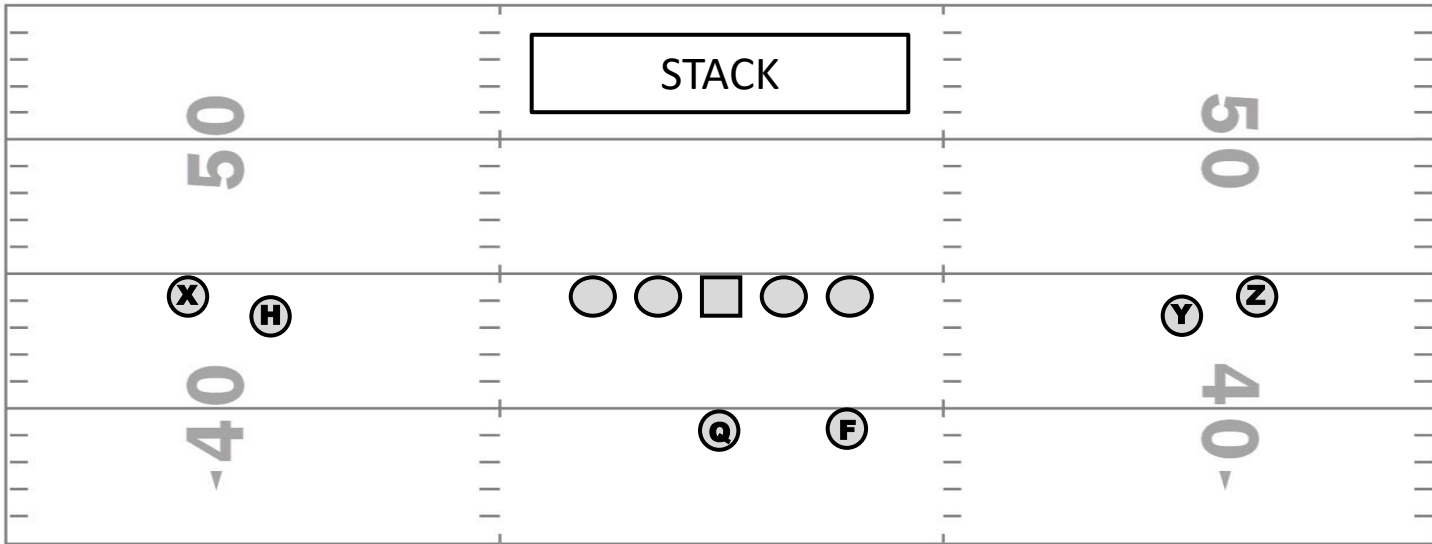
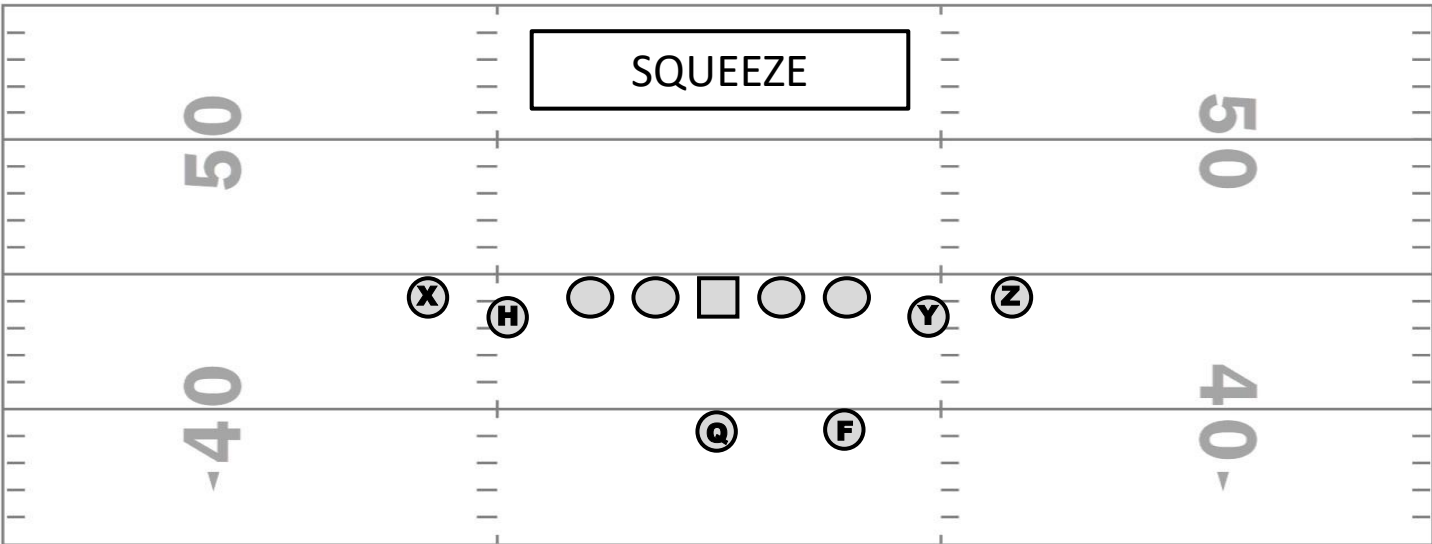
CONCEPT: Power Read

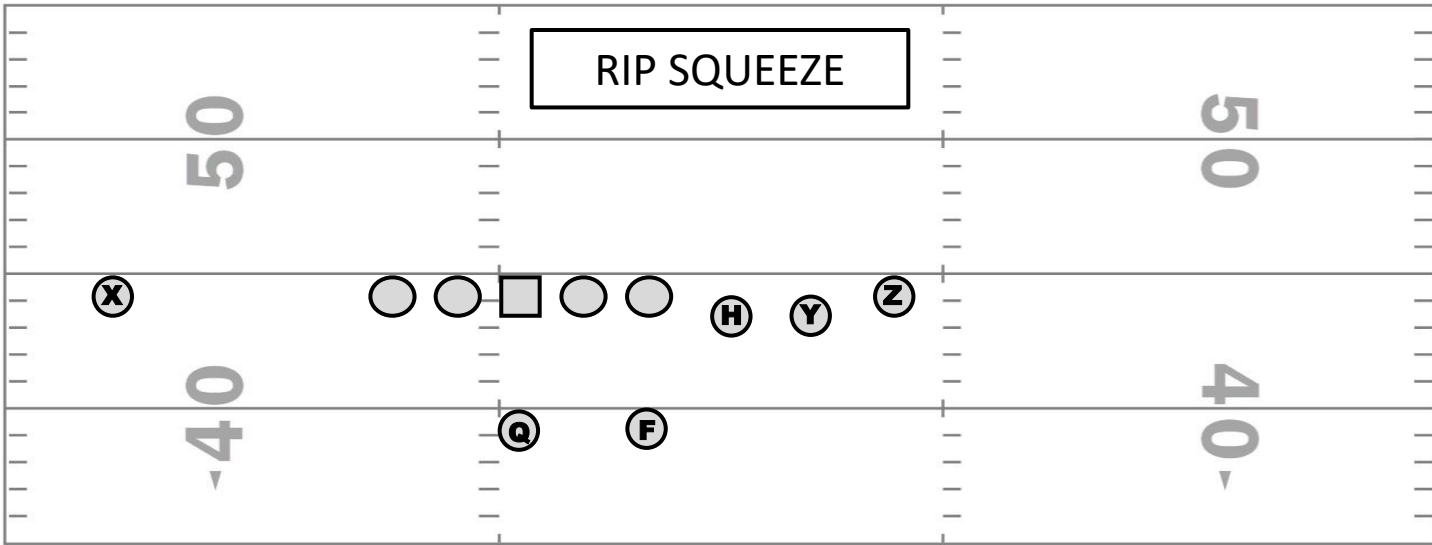
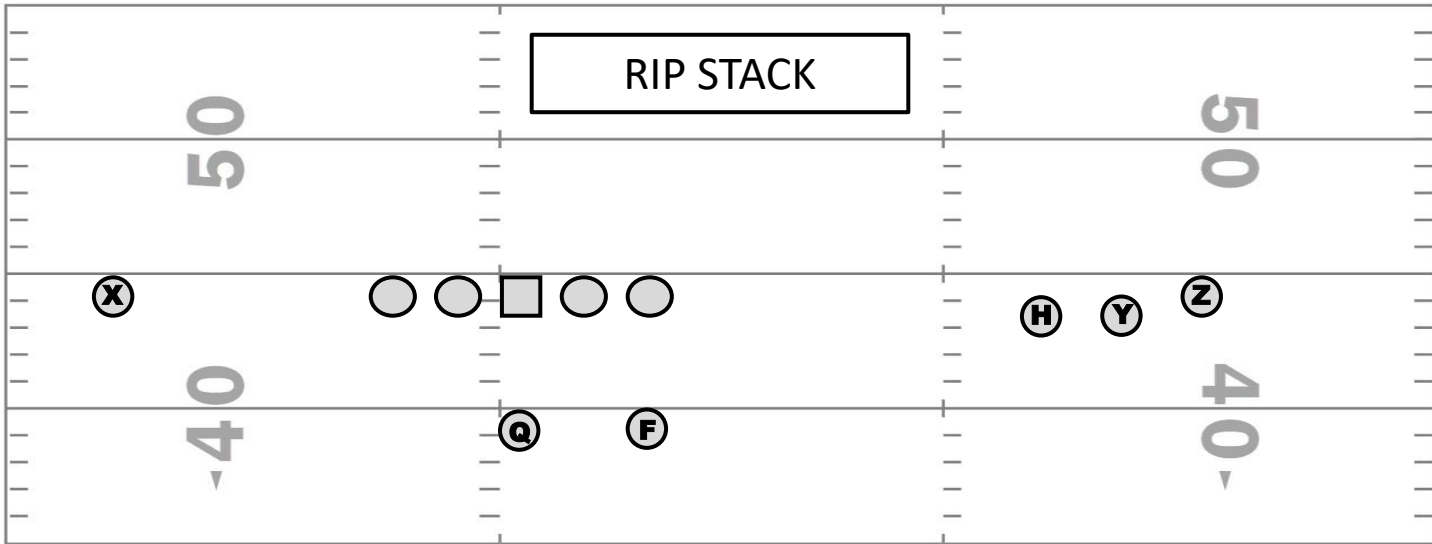
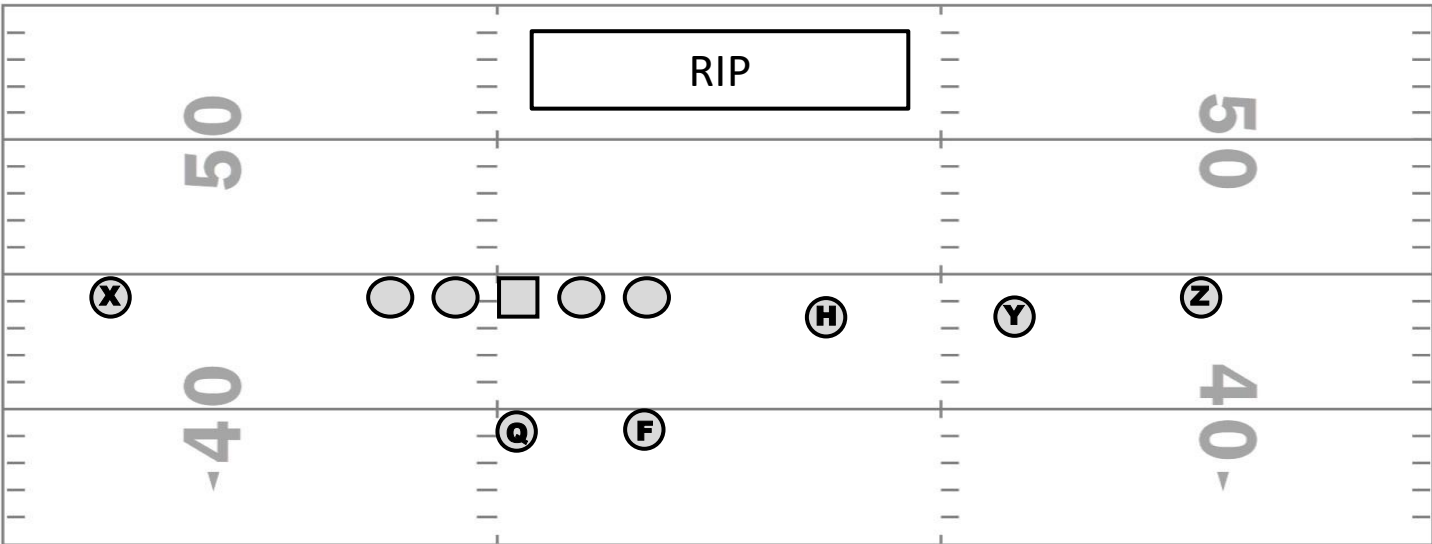
<p>B F</p> <p>C \$ C</p> <p style="text-align: right;">④</p> <p style="text-align: right;">OVER ELVIS</p>	<p>B F</p> <p>C \$ C</p> <p style="text-align: right;">④</p> <p style="text-align: right;">OVER RINGO</p>
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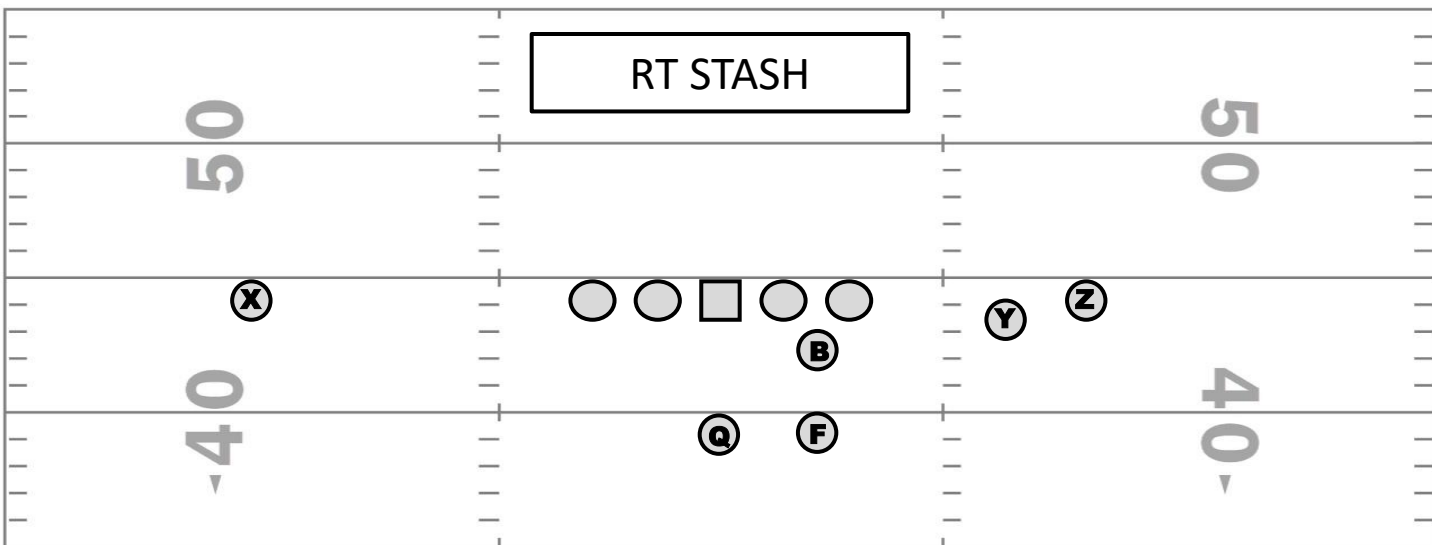
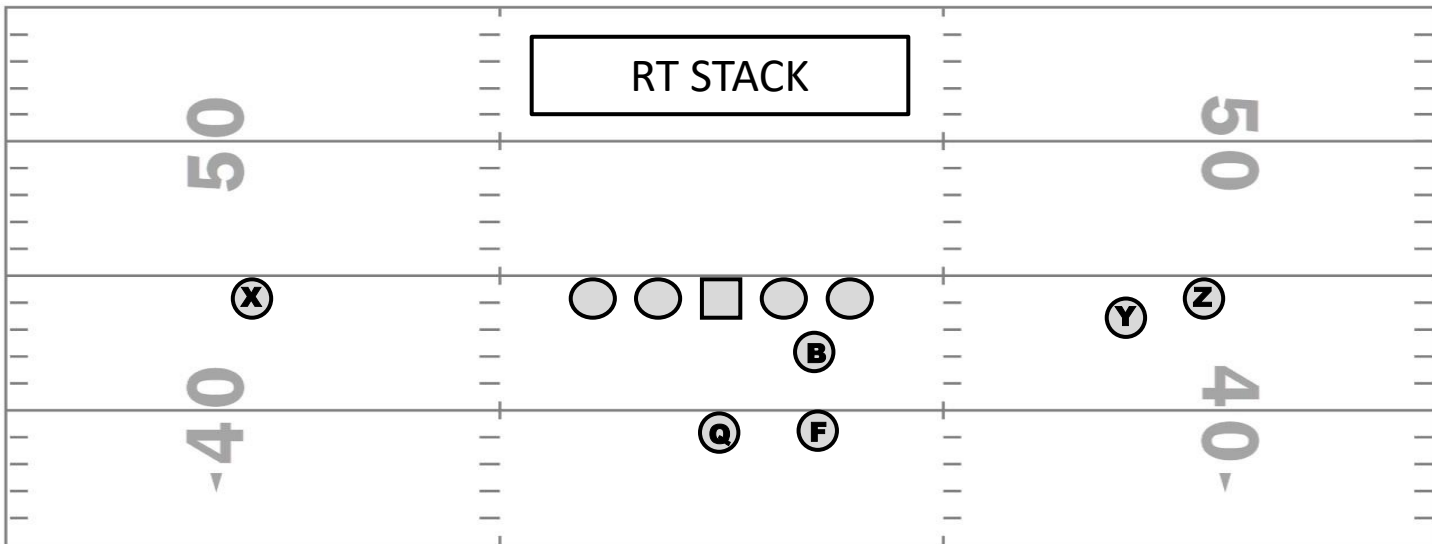
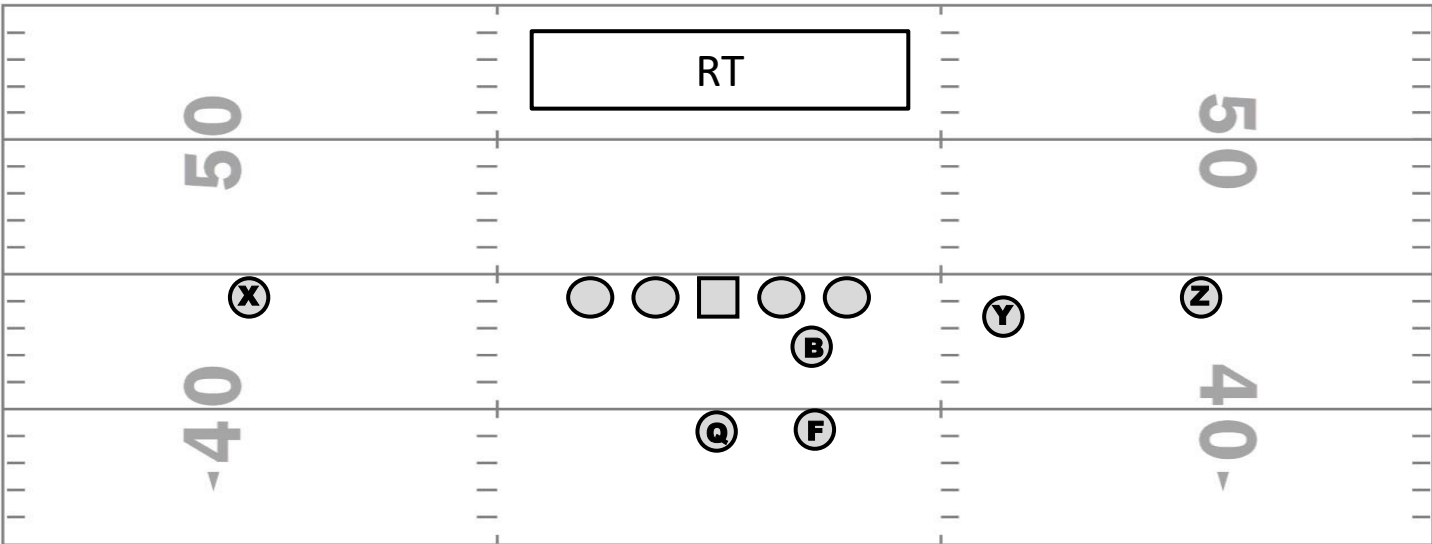
PST	
PSG	
C	
BSG	
BST	
Y	
A	
QB	
NOTES	Macho vs Bear

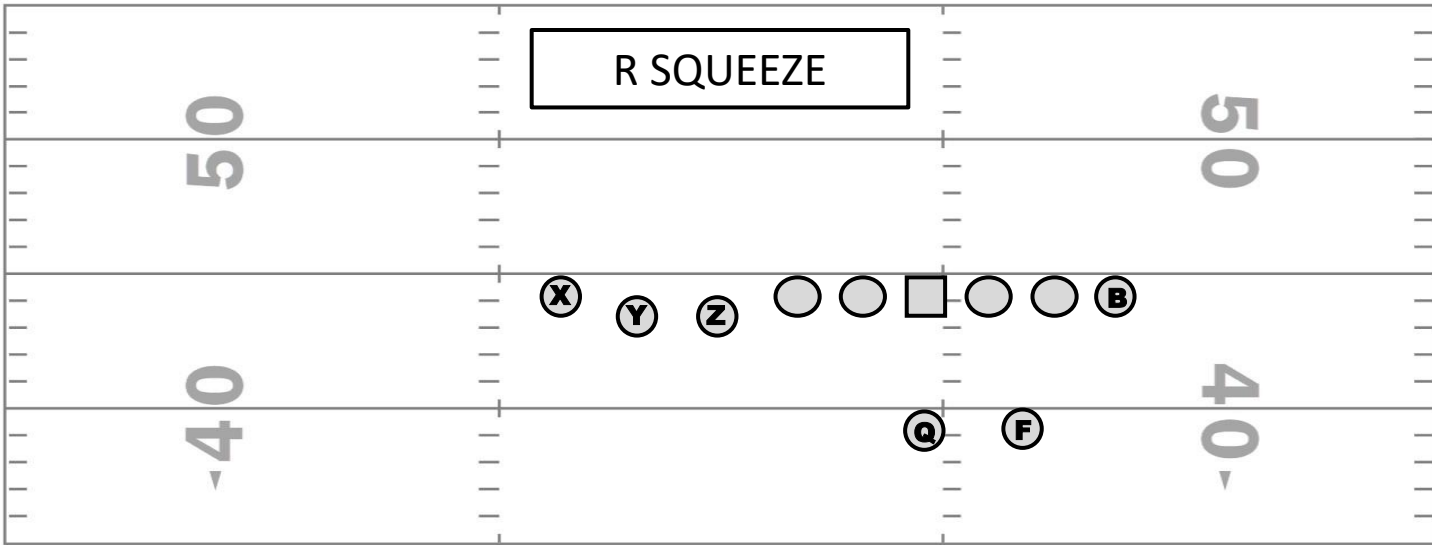
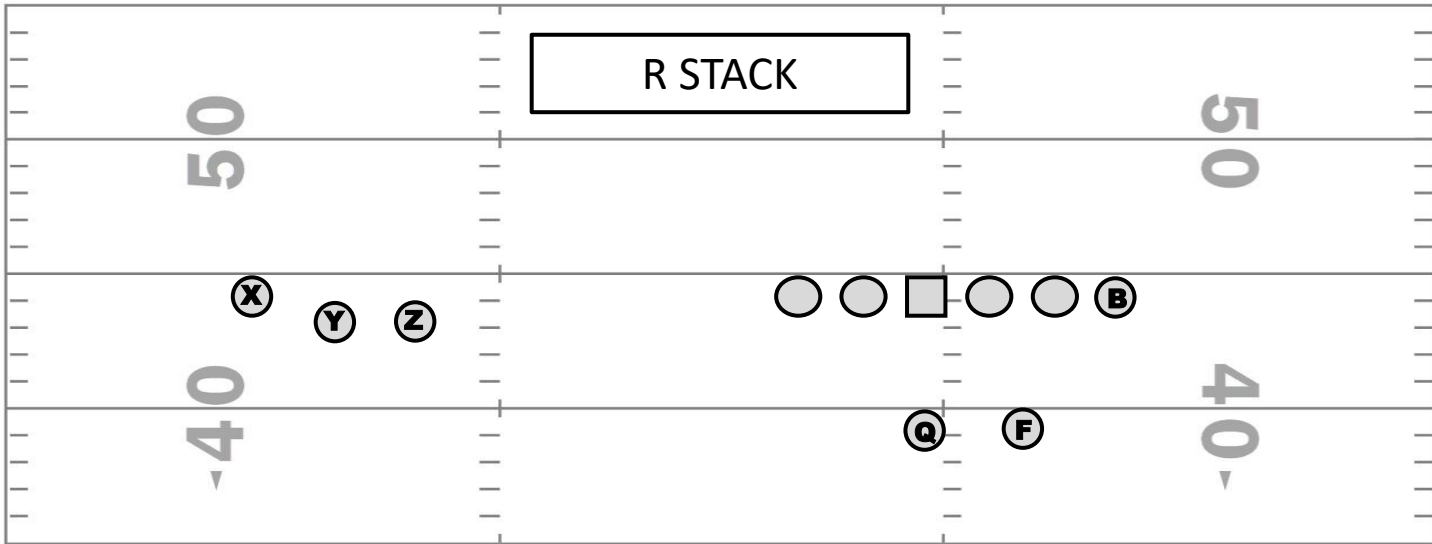
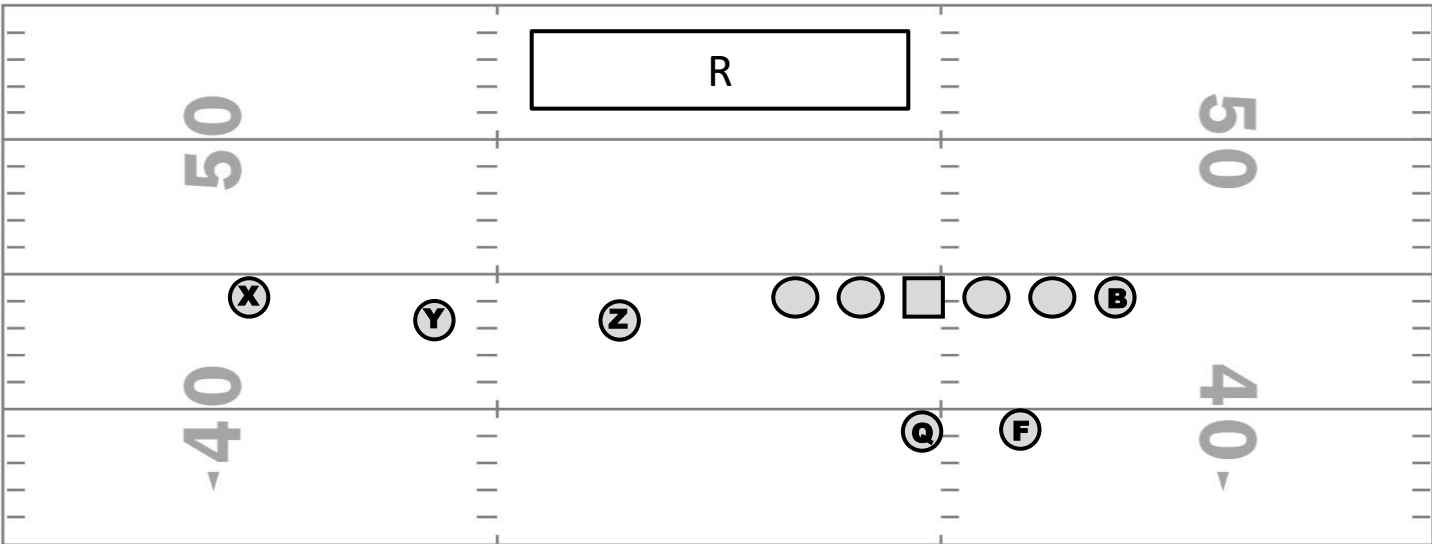




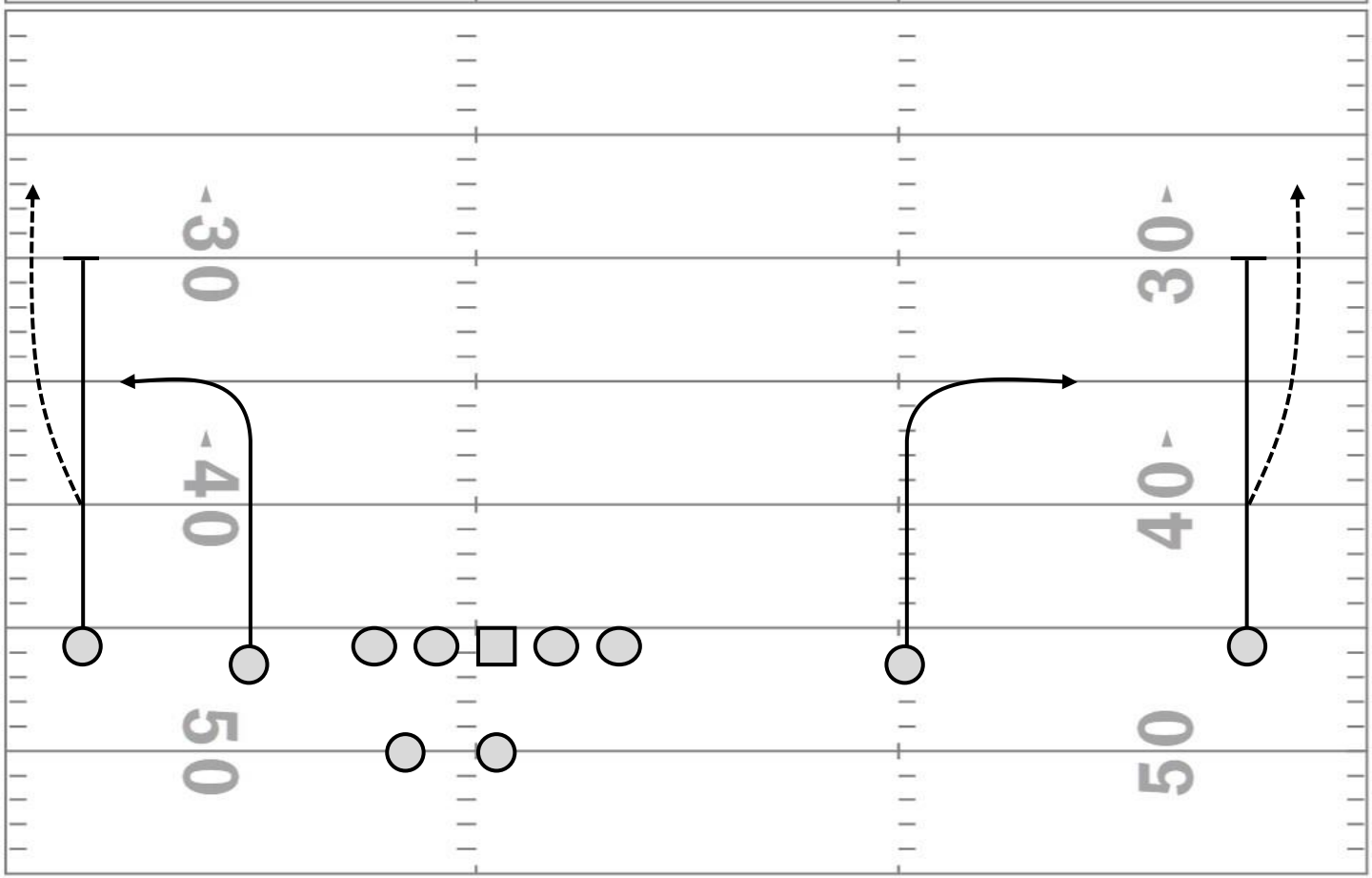
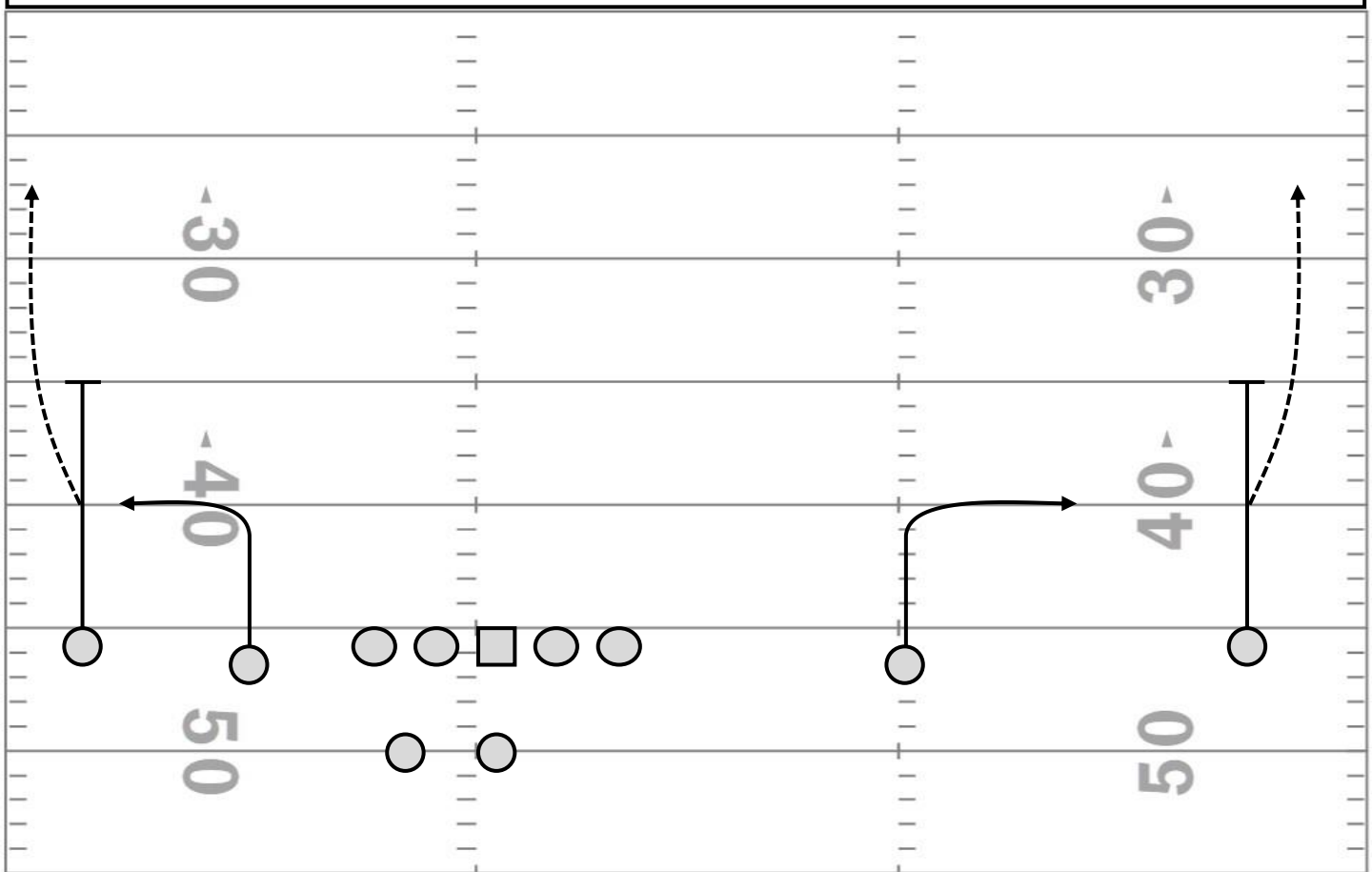




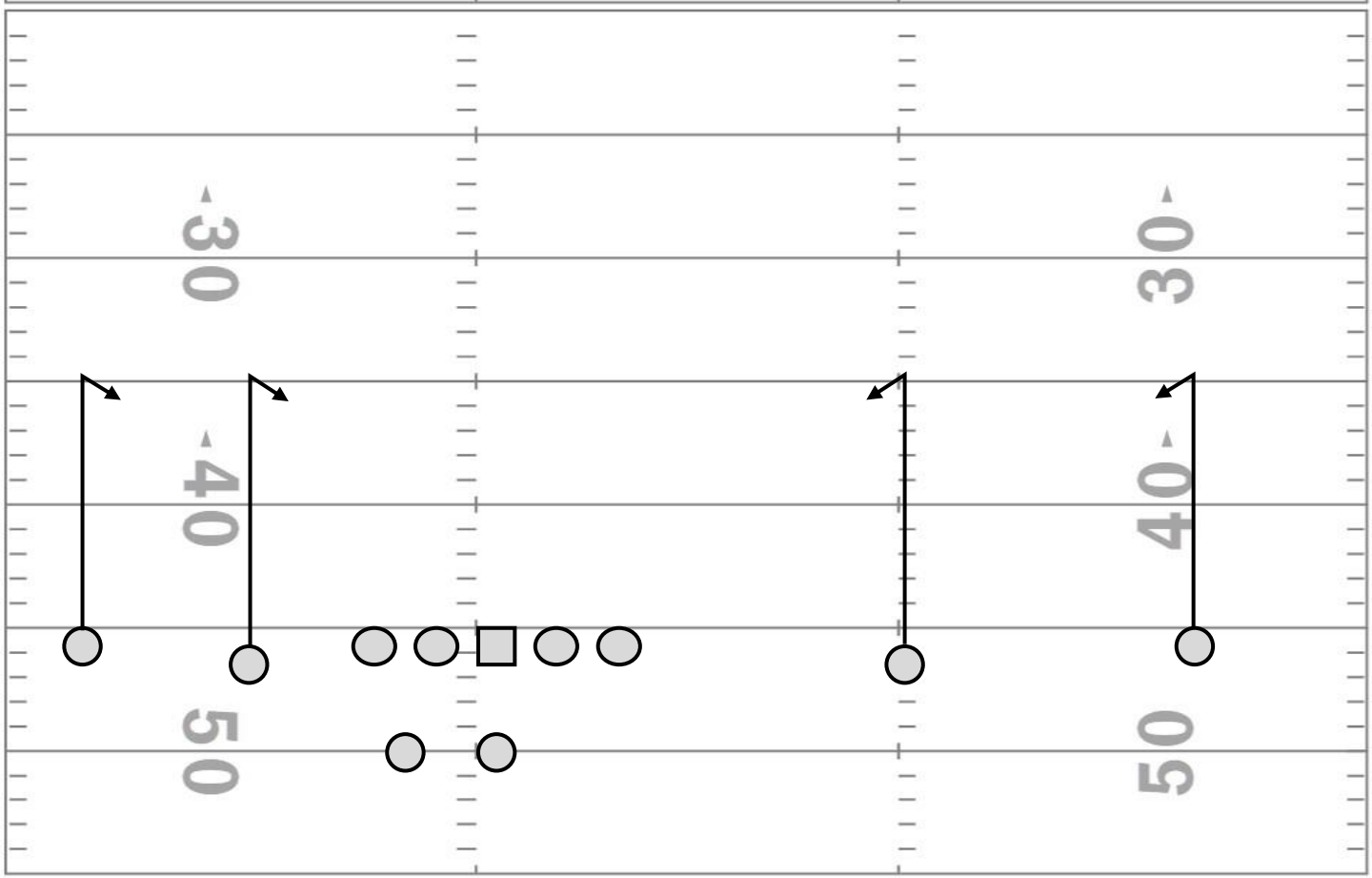
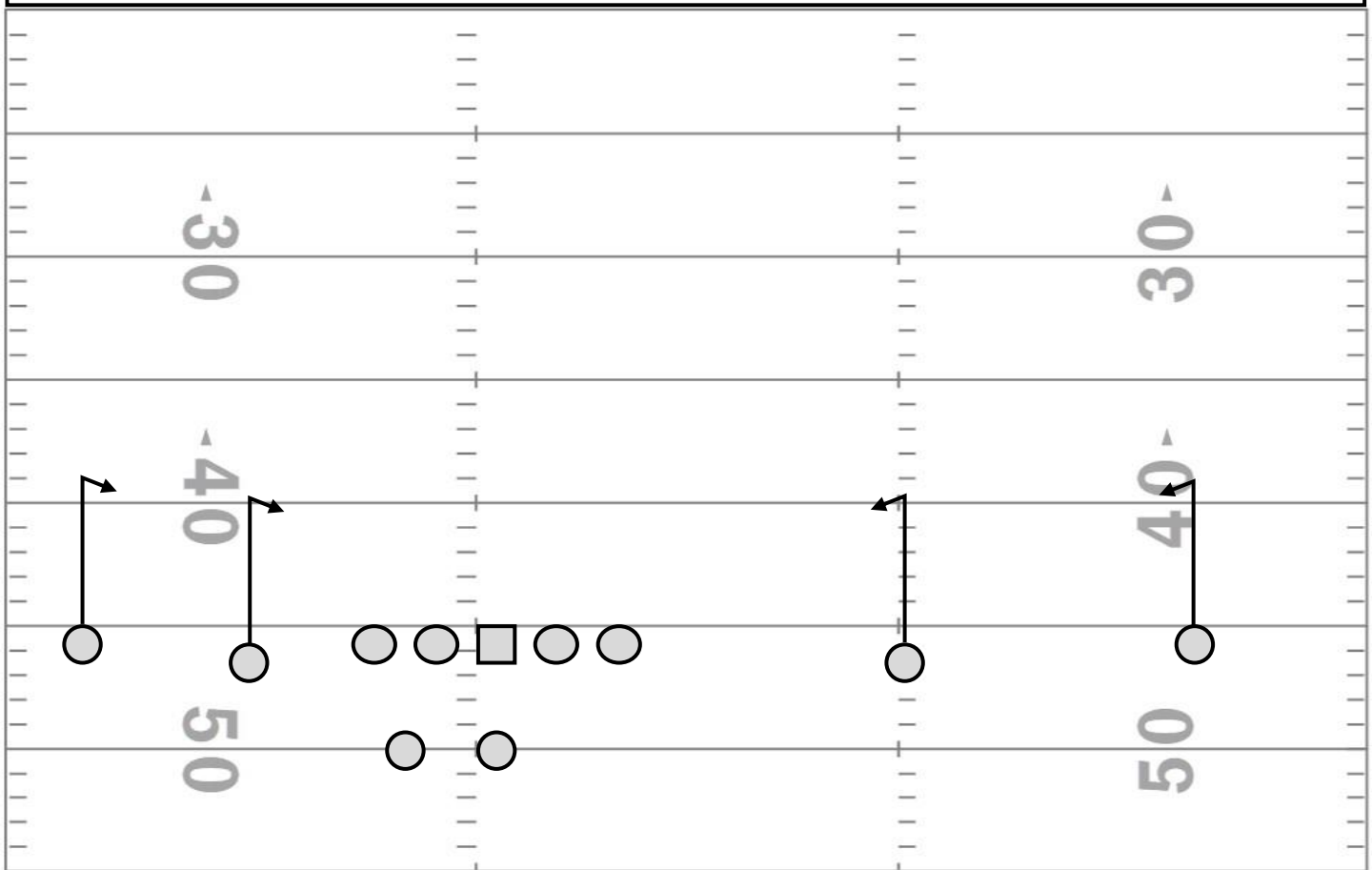


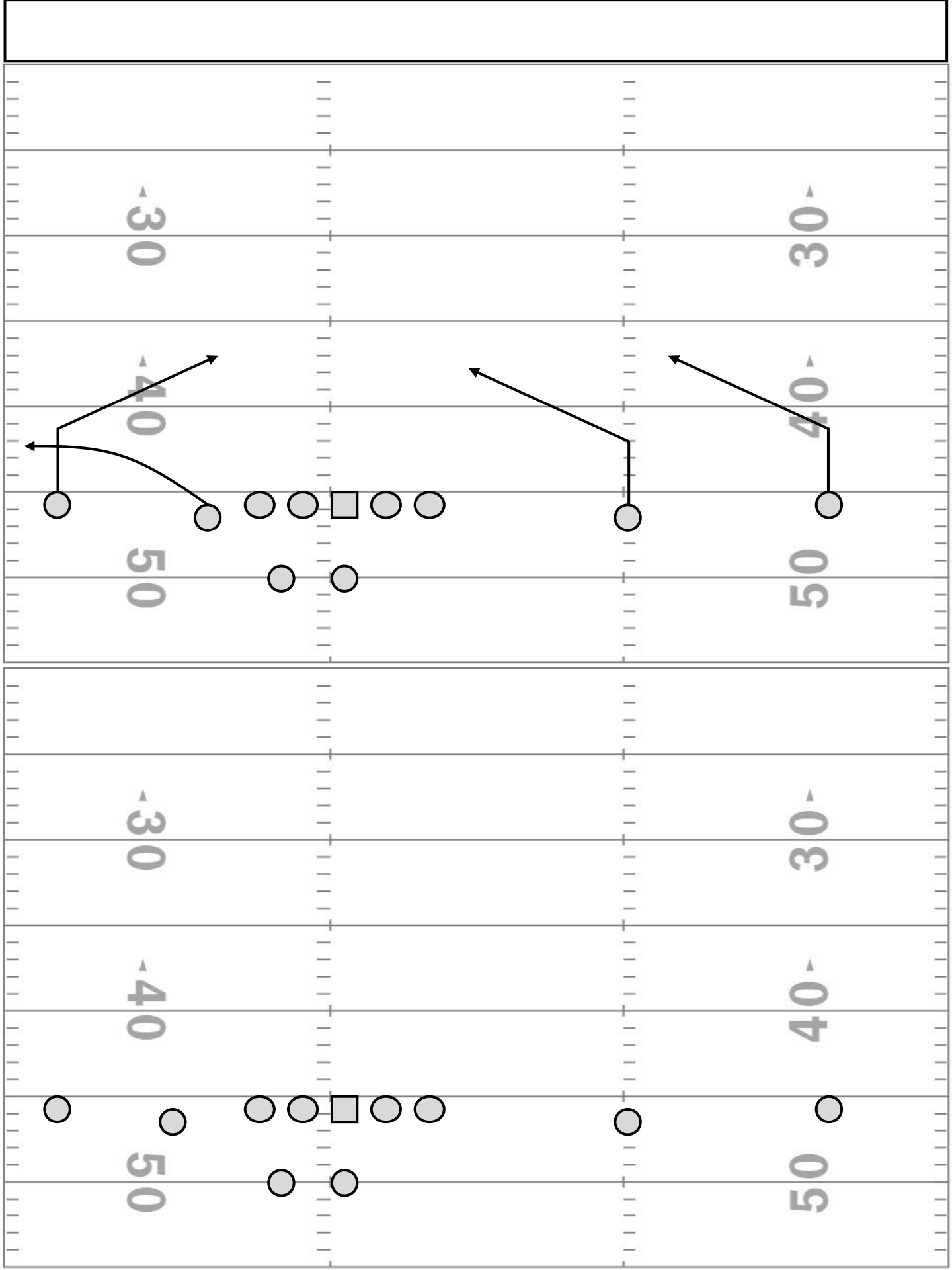


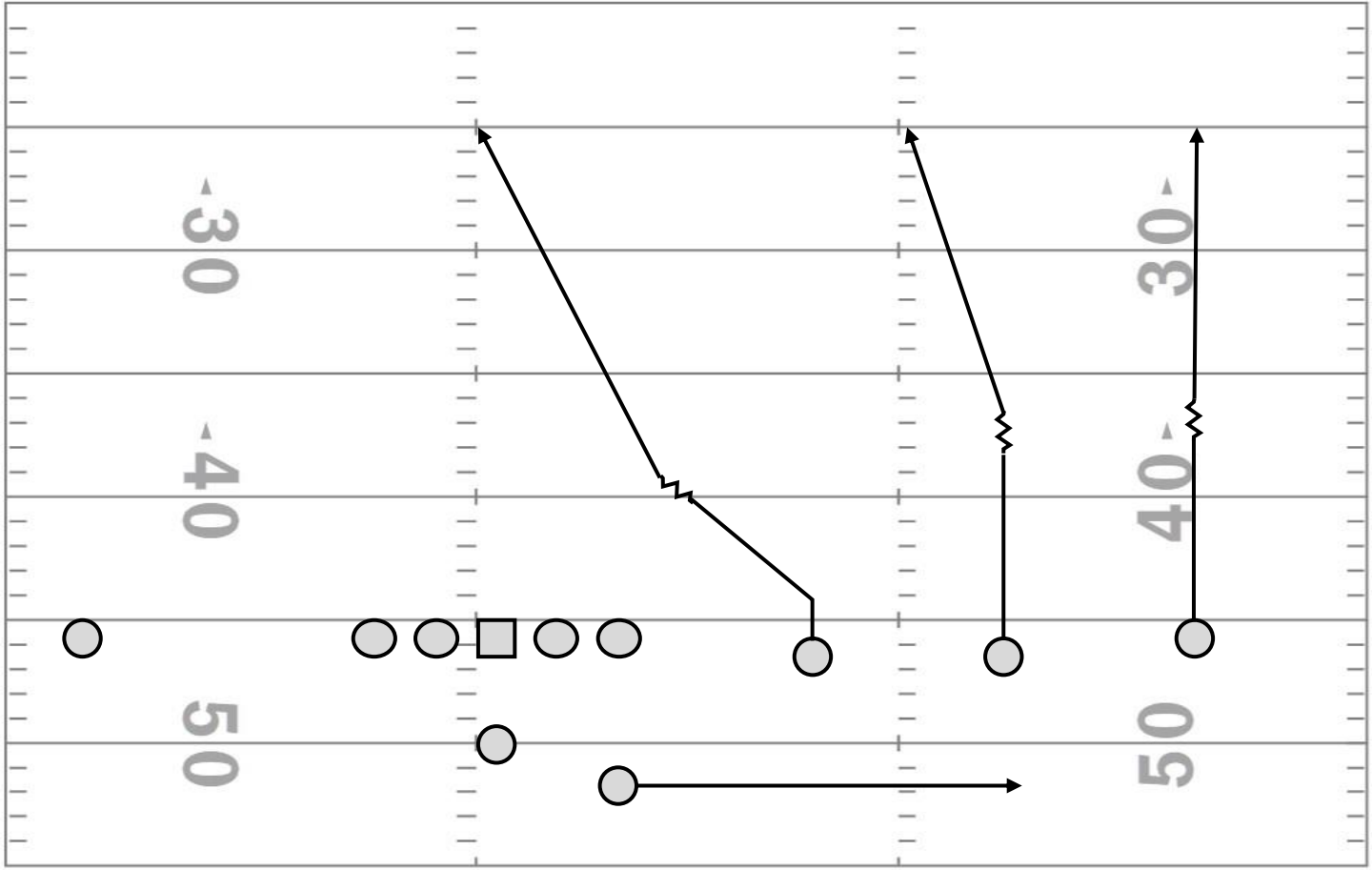
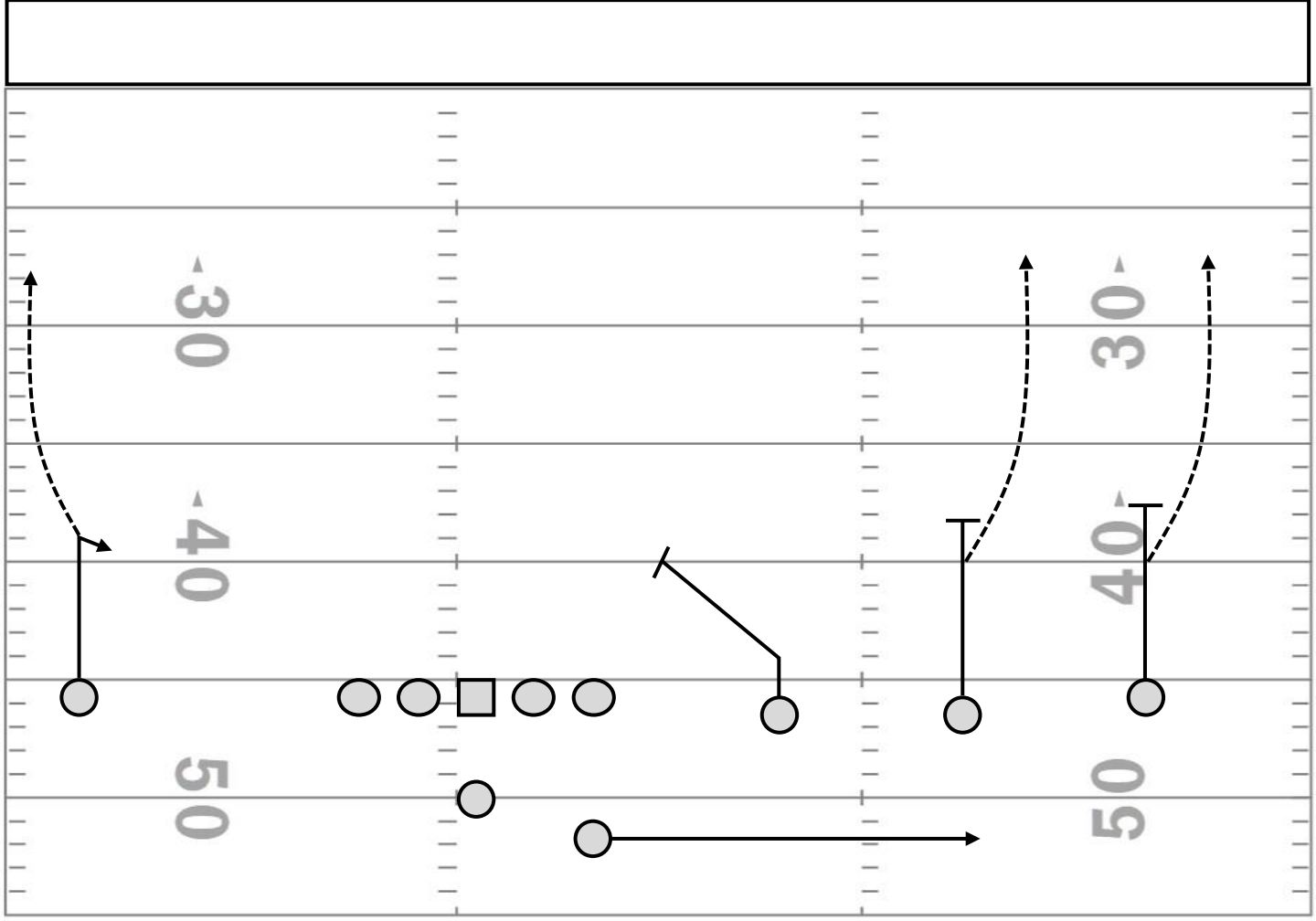
OAKLAND/OHIO



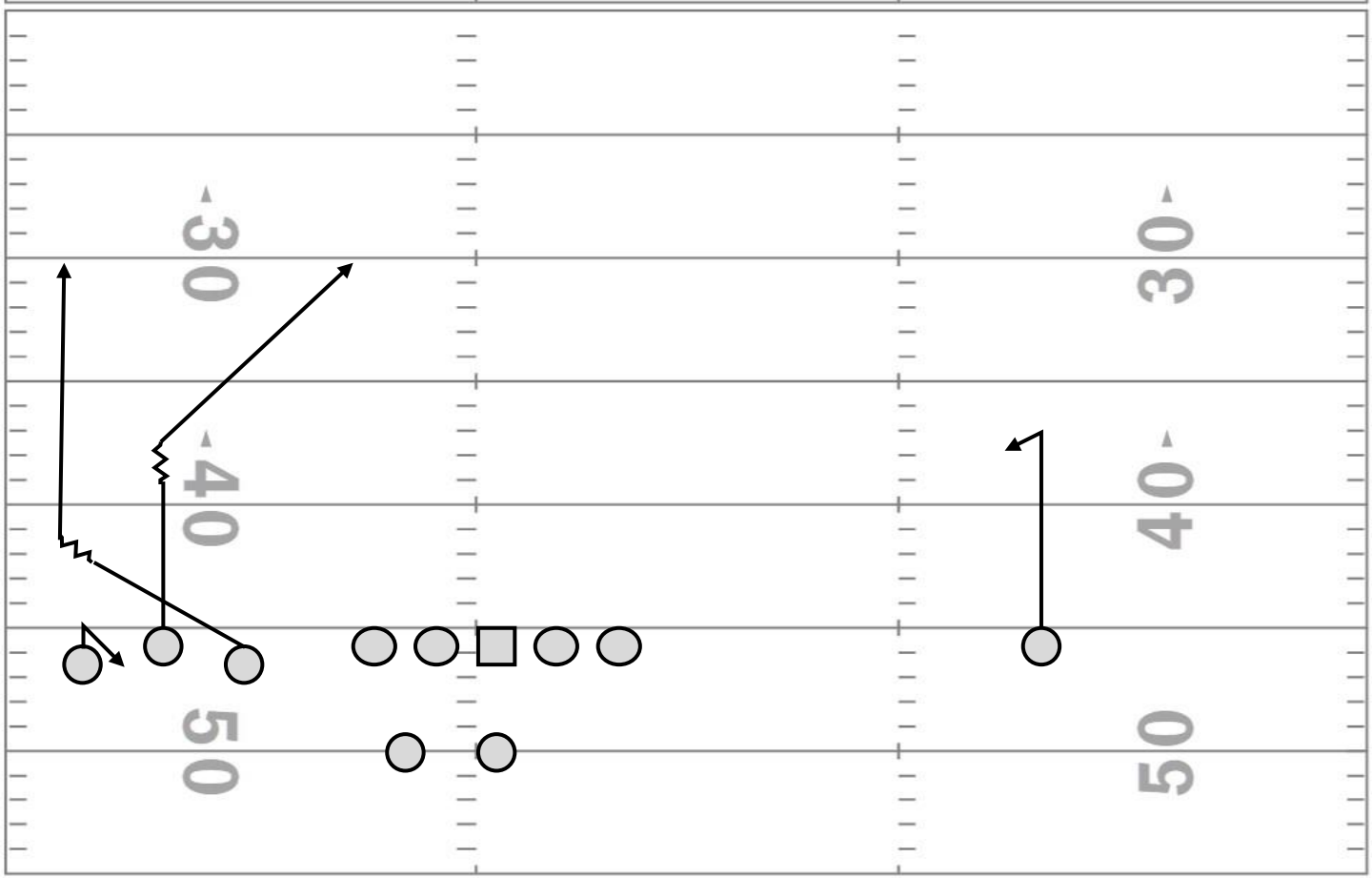
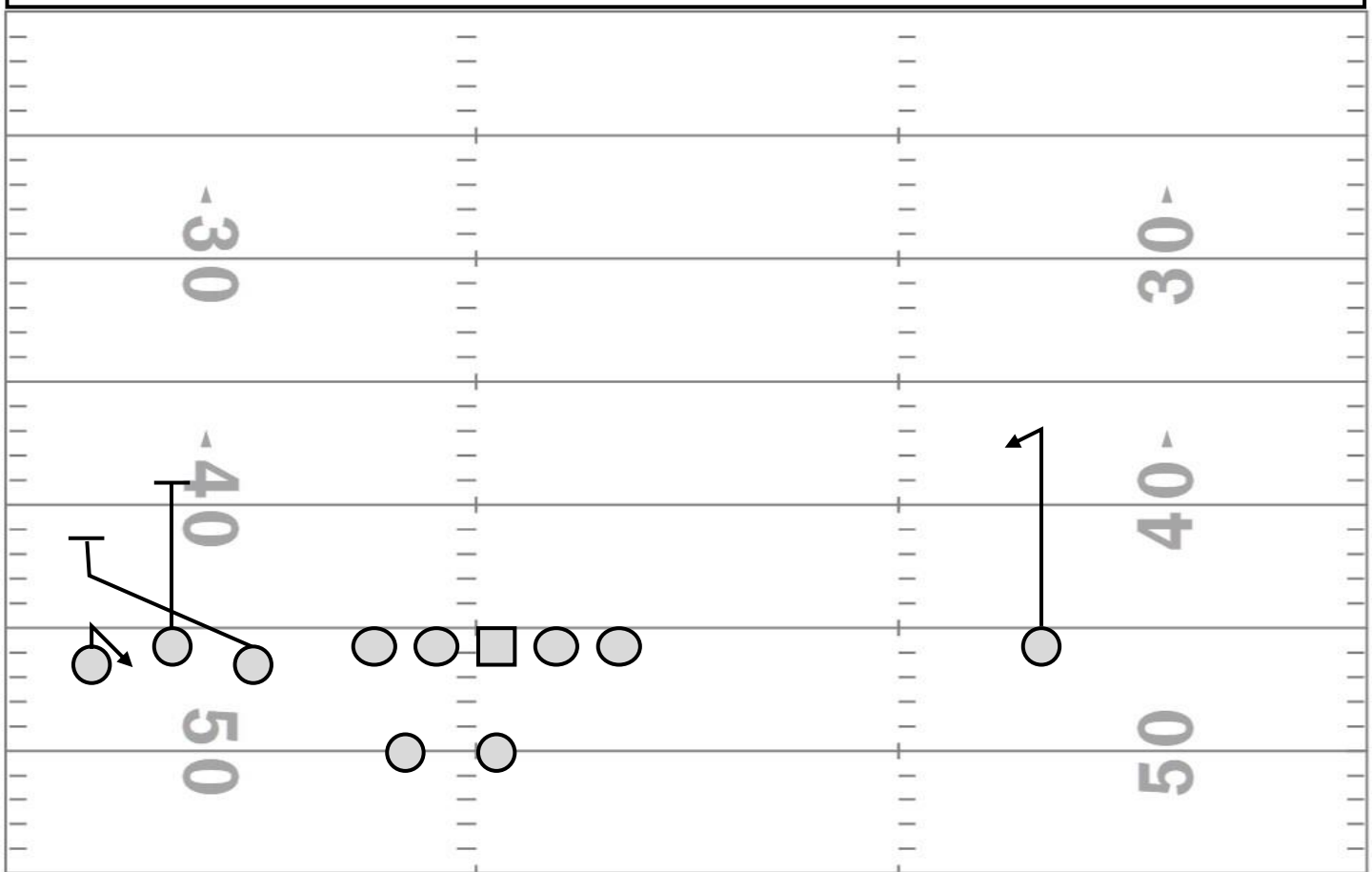
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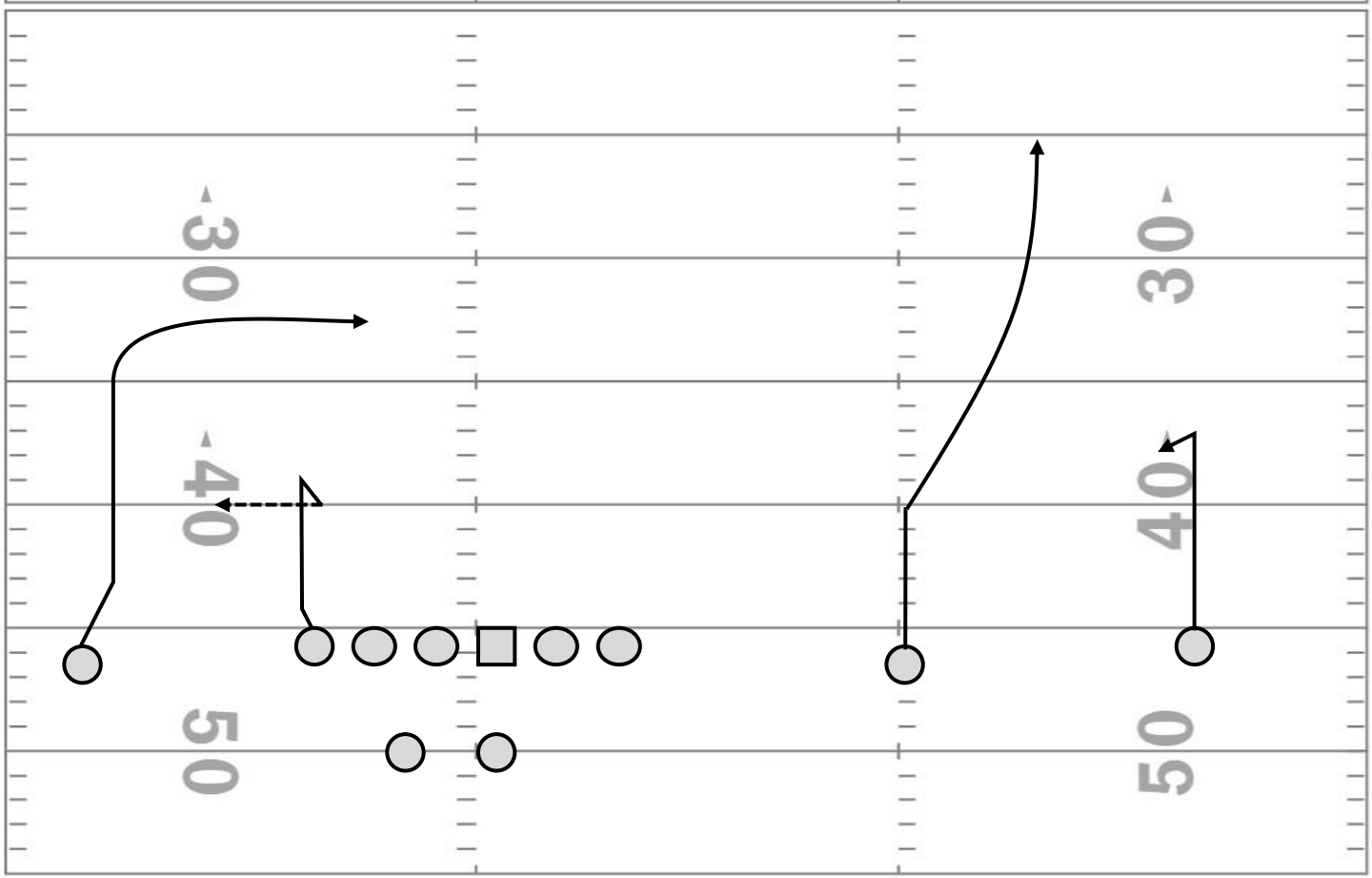
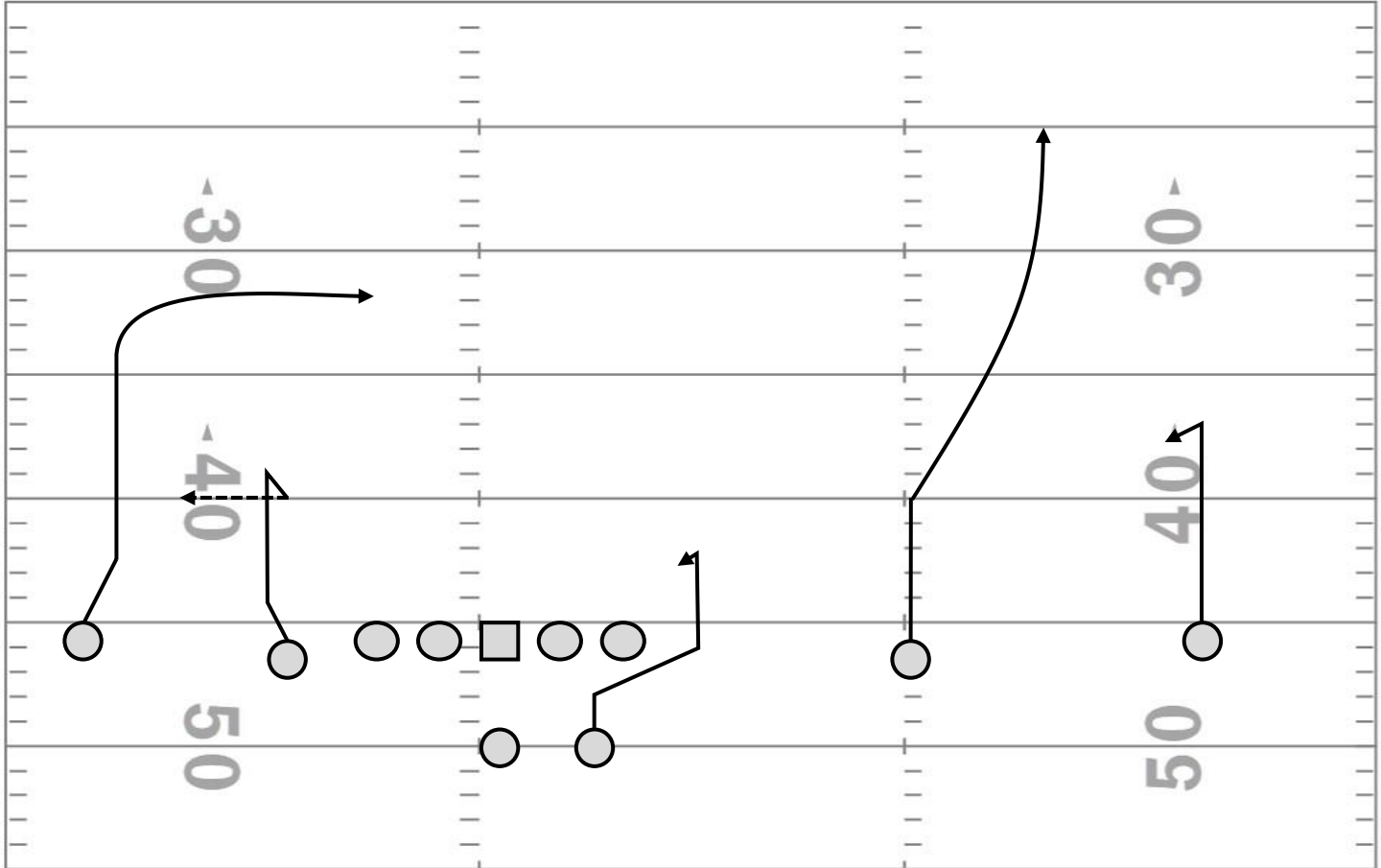


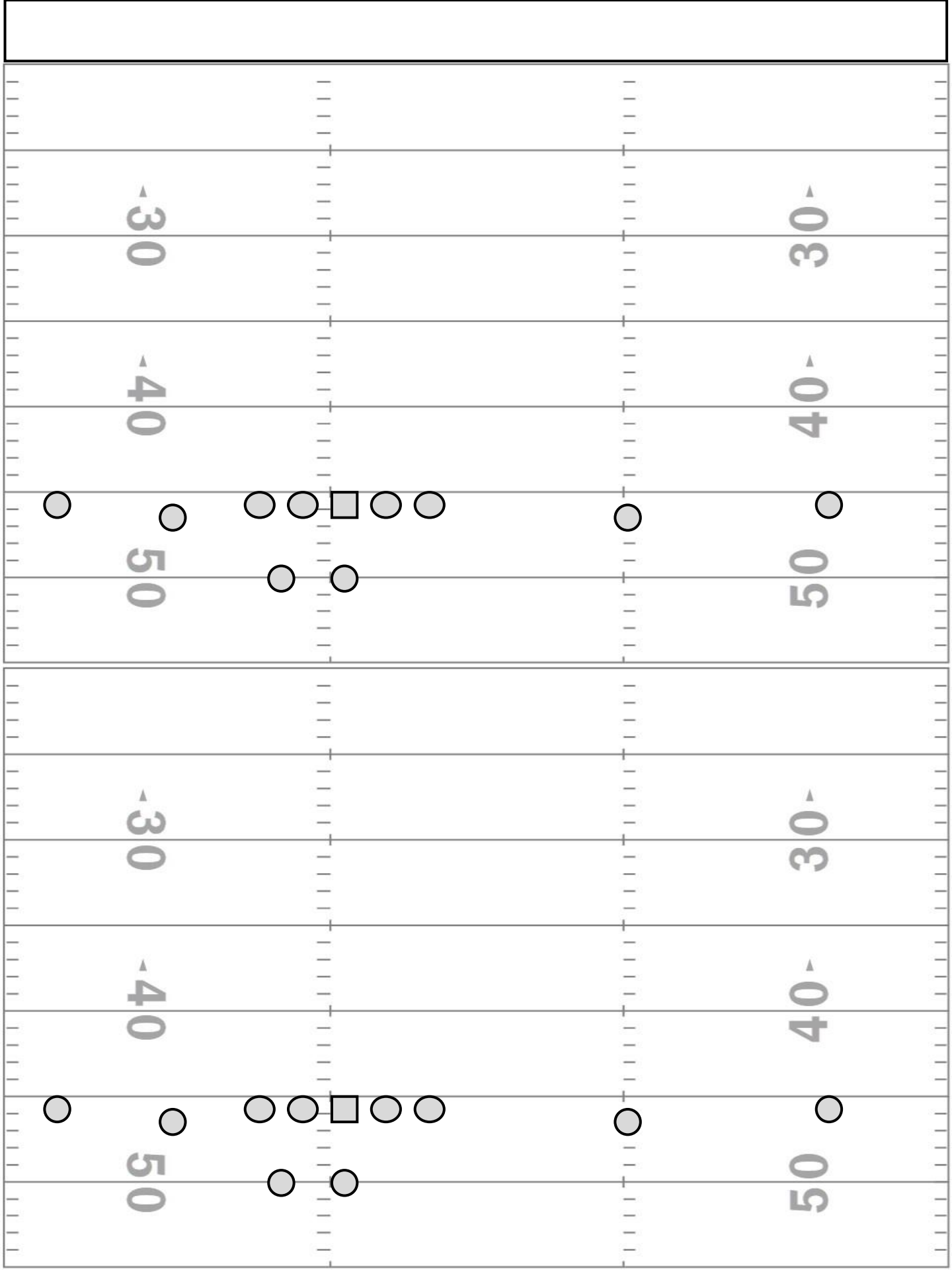


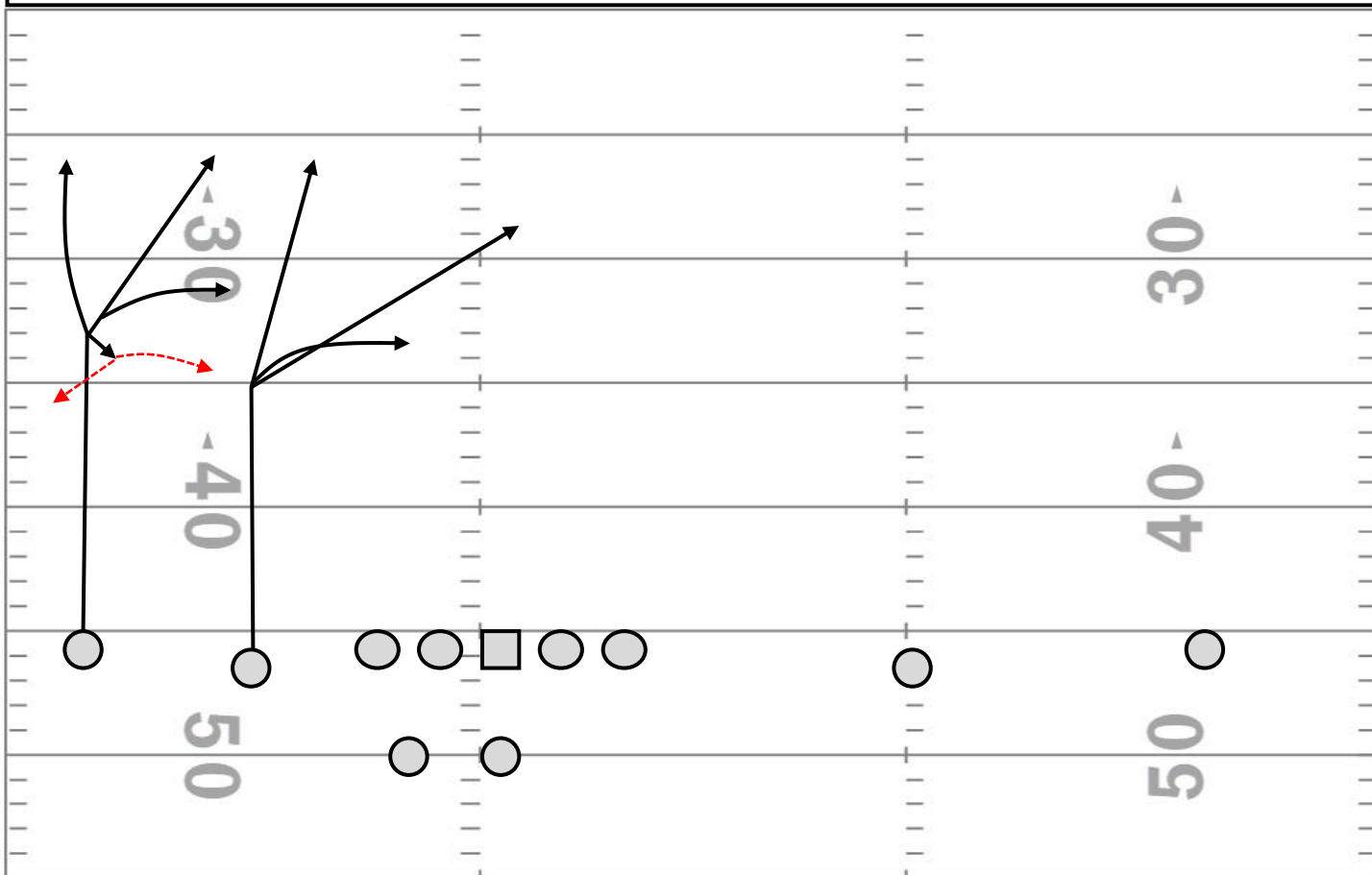
SWITCH/SWITCH N GO



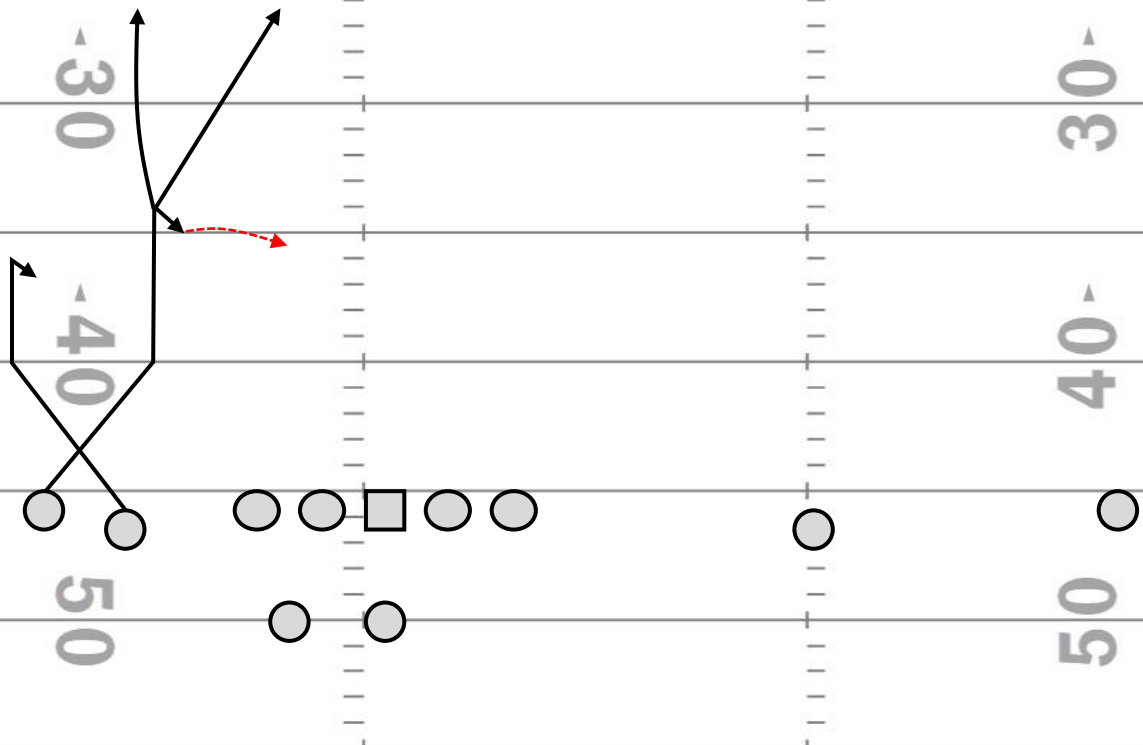
SPIN







POS	DESCRIPTION
#1 WR	<p style="text-align: center;">Outside Choice Route</p> <p>Attack the CB in Lane 1 Aim for the CB's I/S Shoulder If you can Win I/S, evaluate Lane 2</p> <ul style="list-style-type: none"> - If you can Win deep in Lane 2, keep it vertical on the Post - If you cant Win deep in Lane 2, Dig it under the Safety <p>If you cant Win I/S, attack Outside</p> <ul style="list-style-type: none"> - If you get a Man Turn CB, You must win vertical - If you get a Zone Turn CB, and can win deep, stay vertical - If you get a Zone Turn CB, and cannot win deep, Curl up and sit <p>If you sit it down and the OLB buzzes to you, Hunt for Grass</p>
#2 WR	<p style="text-align: center;">Occupy Route</p> <p>Read your lane, Hold the under coverage, occupy the deep coverage If the OLB is in your Lane</p> <ul style="list-style-type: none"> - Tempo Release, Give time to the OWR - Attack the O/S Shoulder of the OLB, Keep him from buzzing out to the OWR <p>If the OLB is not in your Lane work right away to the Safety Must get in the hip pocket of the Safety (Always attack the I/S Shoulder of the Safety)</p> <ul style="list-style-type: none"> - Vs 1 Hi it will look like a Post - Vs Cover 2 it will look like a Skinny Post - Vs Cover 4 it will look like a Bender



POS

DESCRIPTION

#1 WR

Inside Choice Route w/Switch Release

Switch Release and Attack the Inside Shoulder of the Safety lane 2 and make a decision on the run

If there is no Safety in your lane, attack vertically ASAP

If there is a Hi Safety in your lane and he rolls...

- Down, Press vertical and go bye him (Work it up the numbers and shield the CB)
- To the Middle, Press vertical (Work it up the numbers and shield the CB)

If there is a Hi Safety and he crosses your face, cross his and attack inside

If there is a Hi Safety and he bails and stays in Lane 2, Sit it down

If you sit it down and the OLB carries you, **Hunt for Grass**

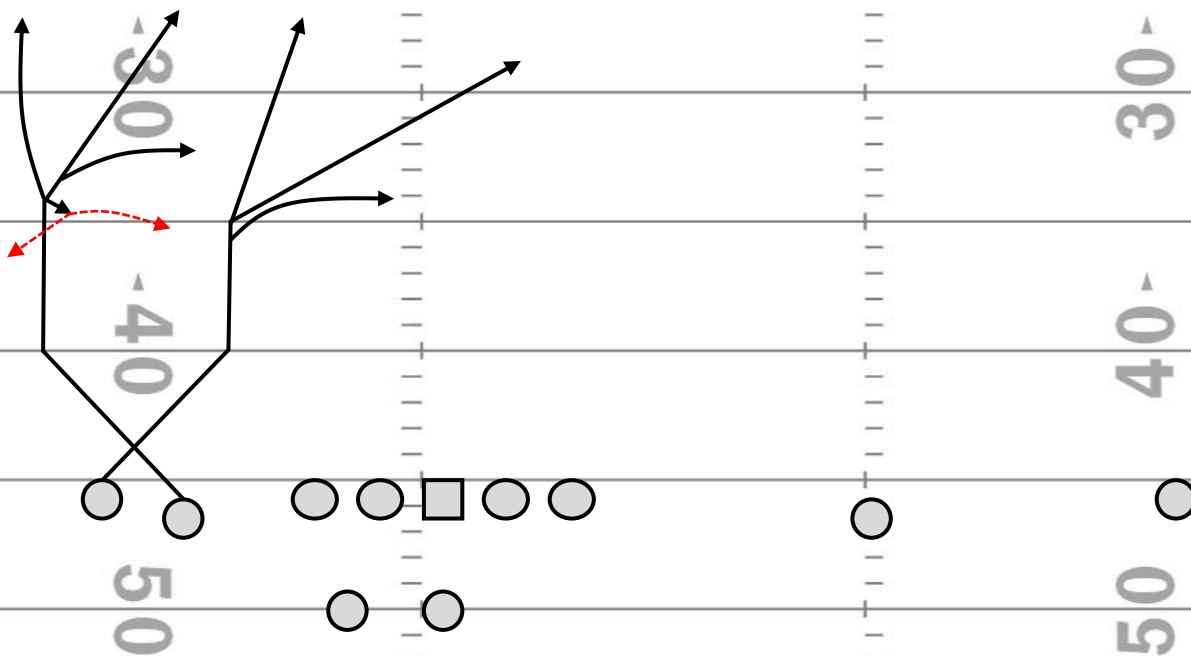
#2 WR

Occupy Route w/Switch Release

Go 1st and Create a rub for the OWR

Get into Lane 1 and press vertical to at least 8YDS (Could be deeper)

Snap the Route off and hold the CB



POS

DESCRIPTION

#1 WR

Occupy Route w/Switch Release

Go 1st and Create a rub for the IWR

Get into Lane 2 and press vertical to 10YDS

If the OLB is in Lane 2, Must attack his O/S Shoulder and force him to go around you

Must get in the hip pocket of the Safety

- Vs 1 Hi it will look like a Post
- Vs Cover 2 it will look like a Skinny Post
- Vs Cover 4 it will look like a Bender

#2 WR

Outside Choice Route w/Switch Release

Attack the CB in Lane 1.

Press vertical to 10YDS and make your decision on the run.

Attack the I/S Shoulder of the CB on your stem

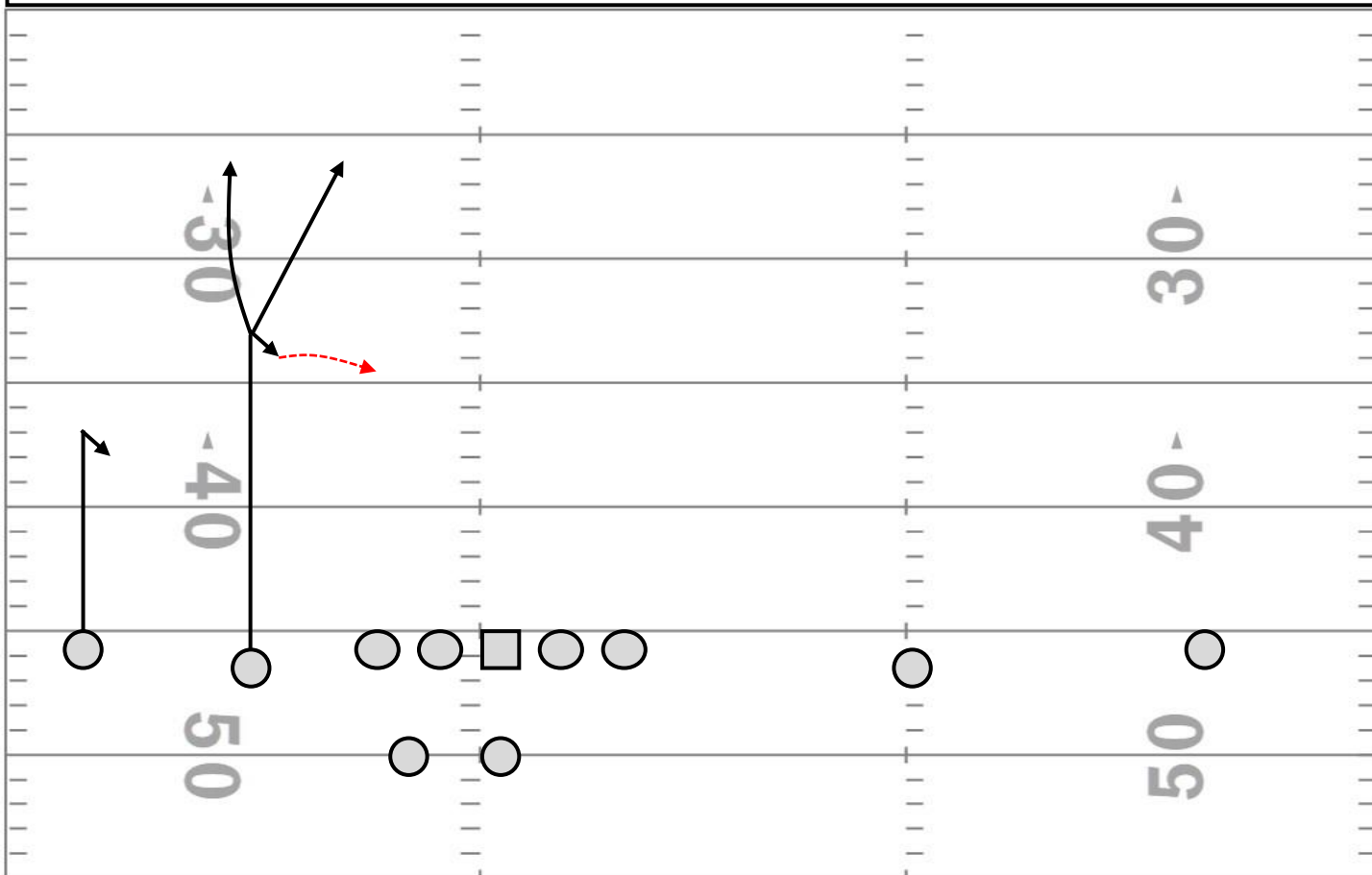
If you can touch the CB when you get to 10YDS go vertical.

- Unless he is in a full turn, in which case you can sit it down.

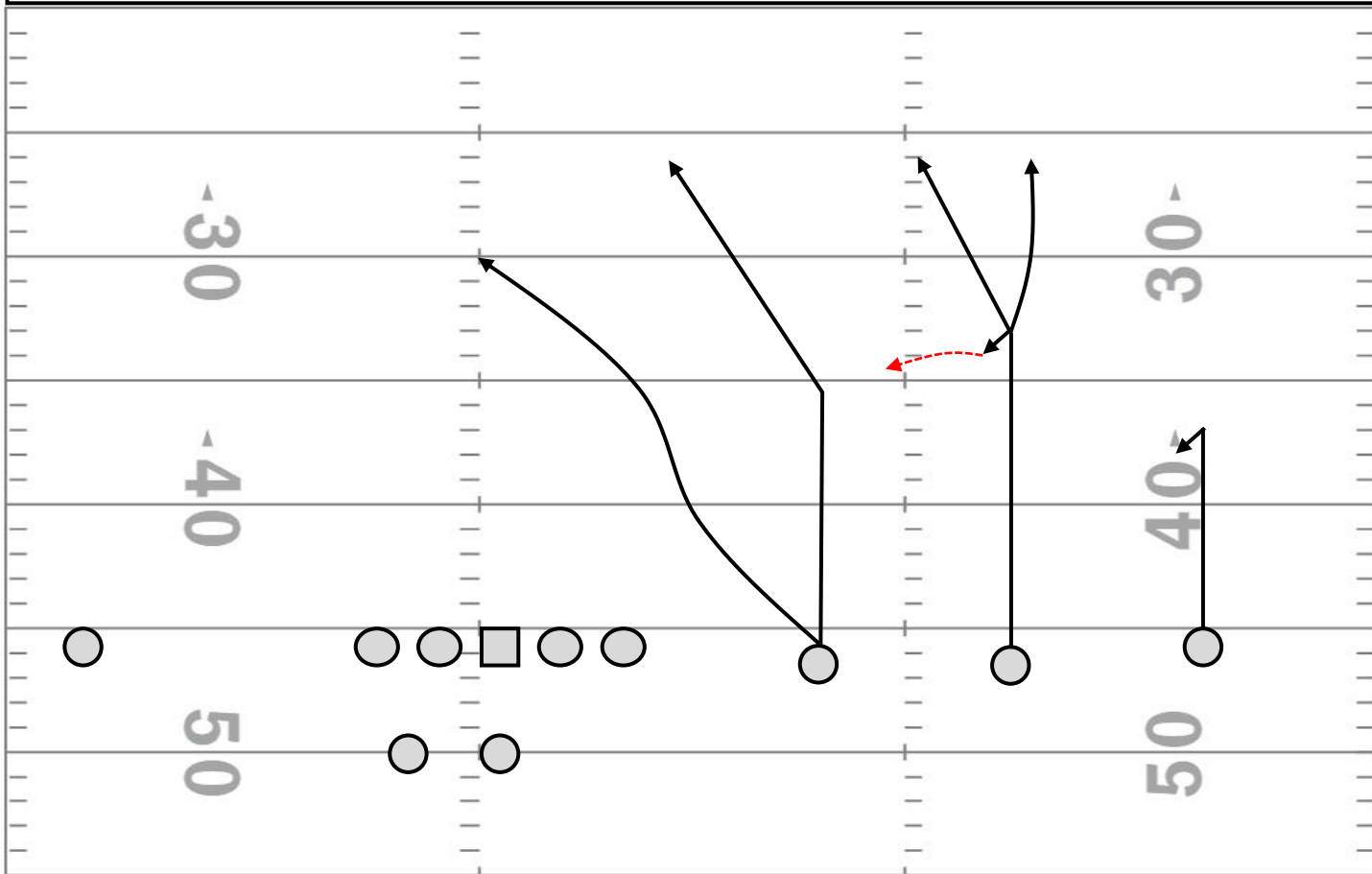
If the CB is bailing when you get to 10YDS and you cant win deep, sit it down.

If the CB is playing hard O/S leverage and you can win inside slip him and win inside.

If you sit it down and the OLB buzzes to you, **Hunt for Grass**

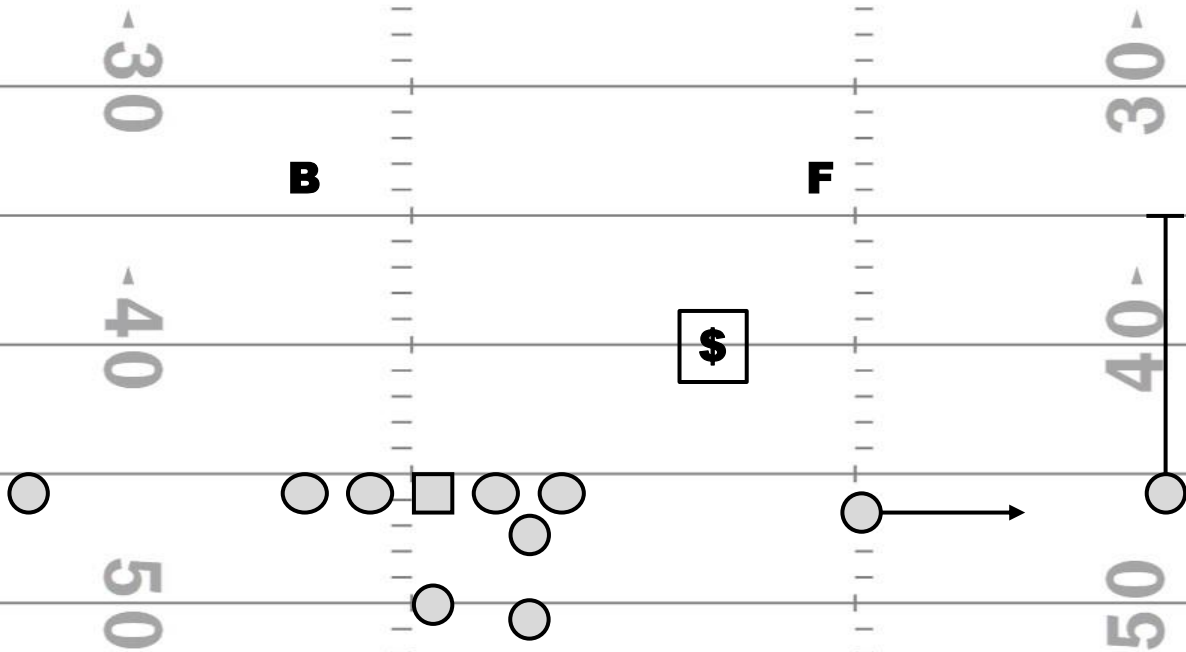


POS	DESCRIPTION
#1 WR	<p style="text-align: center;">Snap Route</p> Press vertical to 8YDS and run a Snap Route Try and attract the CB and get him to cover you
#2 WR	<p style="text-align: center;">Inside Choice Route</p> Attack the Inside Shoulder of the Safety in your lane and make a decision on the run If there is no Safety in your lane, attack vertically ASAP - If it is Press Man beat the Man, and work the Slot Fade If there is a Hi Safety in your lane and he rolls... - Down, Press vertical and go bye him (Work it up the numbers and shield the CB) - To the Middle, Press vertical (Work it up the numbers and shield the CB) If there is a Hi Safety and he crosses your face, cross his and attack inside If there is a Hi Safety and he bails and stays in Lane 2, Sit it down If you sit it down and the OLB carries you, Hunt for Grass

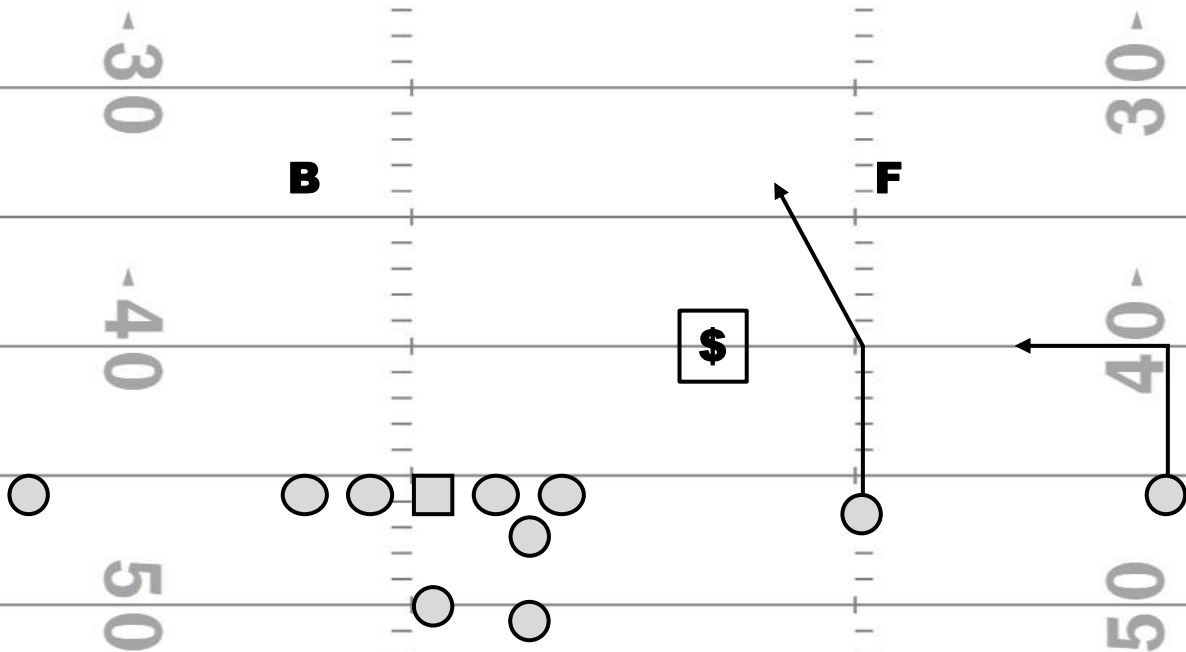


POS	DESCRIPTION
#1 WR	<p style="text-align: center;">Snap Route</p> Press vertical to 8YDS and run a Snap Route Try and attract the CB and get him to cover you
#2 WR	<p style="text-align: center;">Inside Choice Route</p> Execute Inside Choice Route
#3 WR	<p style="text-align: center;">Occupy Route</p> Attack the First Safety Inside of the Inside Choice Route and Occupy him Must get in the hip pocket of the Safety <ul style="list-style-type: none"> - Vs 1 Hi it will look like a Post - Vs 2 Hi it will look like a Cross Route - Vs Cover 0 Run the Cross Route to give the Inside Choice more room

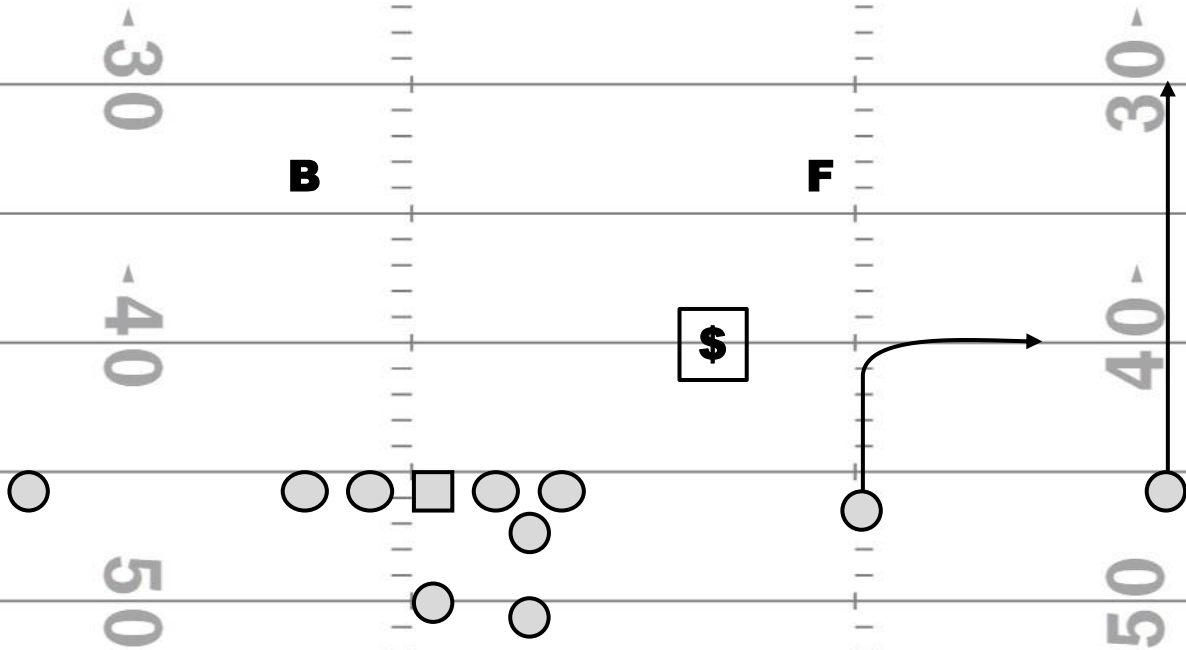
I/S Leverage Safety = Attack Outside



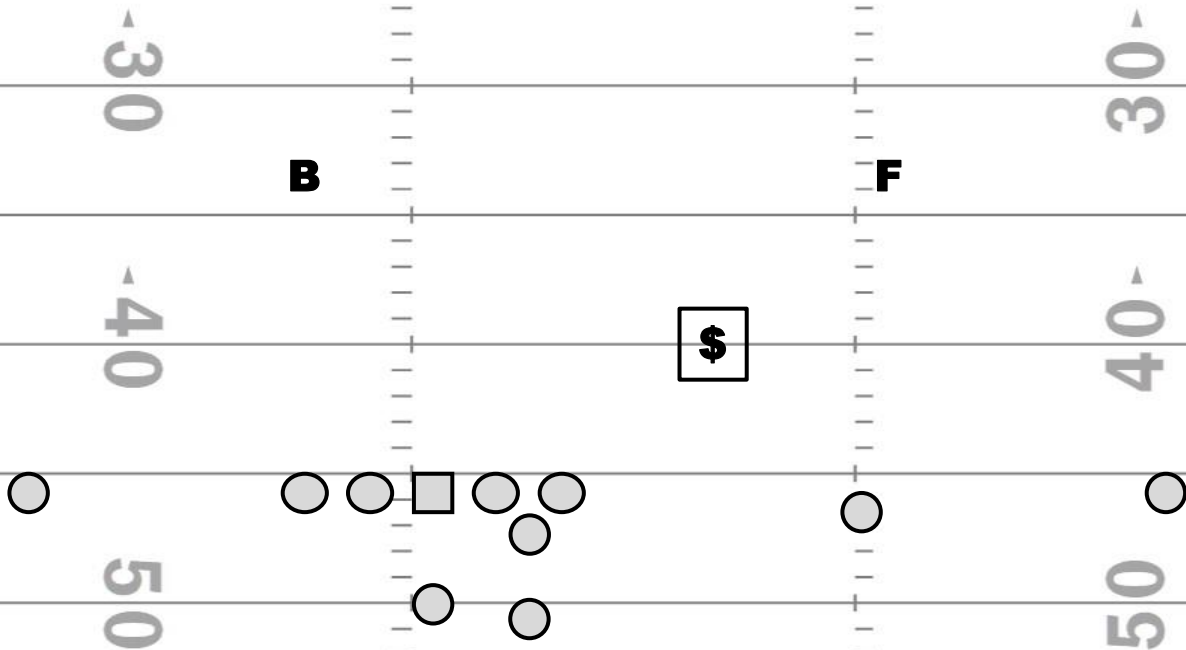
O/S Leverage Safety = Attack Inside



I/S Leverage Safety = Attack Outside



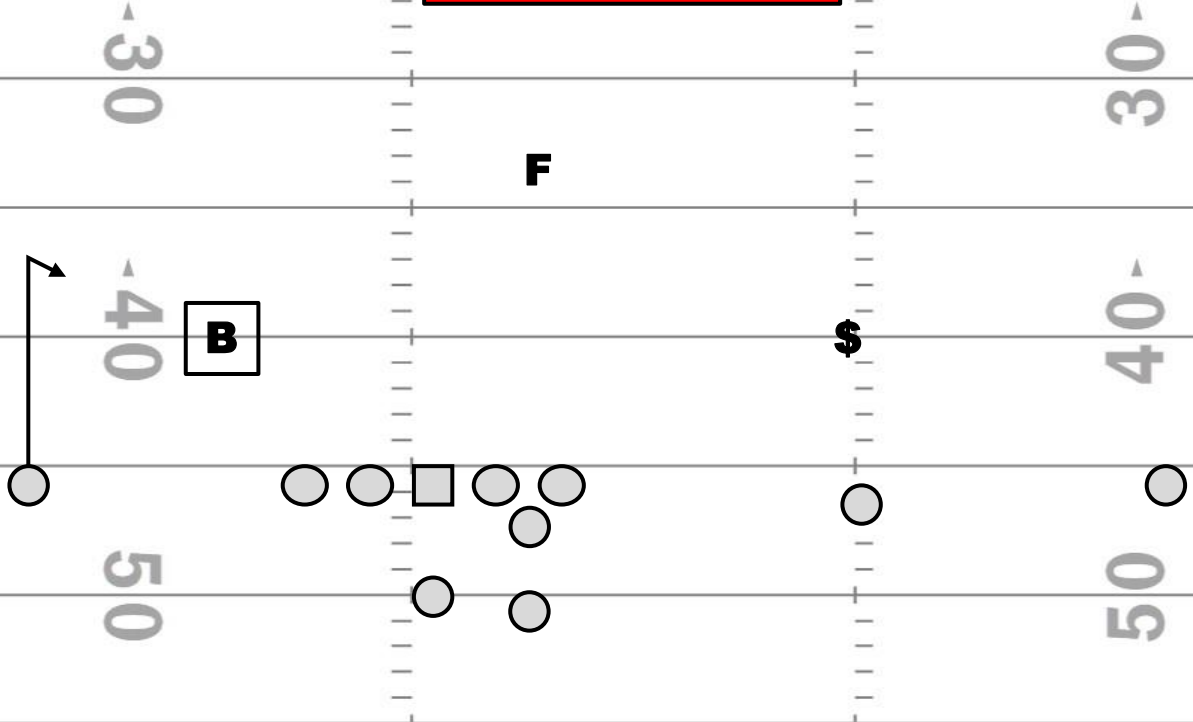
O/S Leverage Safety = Attack Inside



ATTACKING #7 vs 1 HI

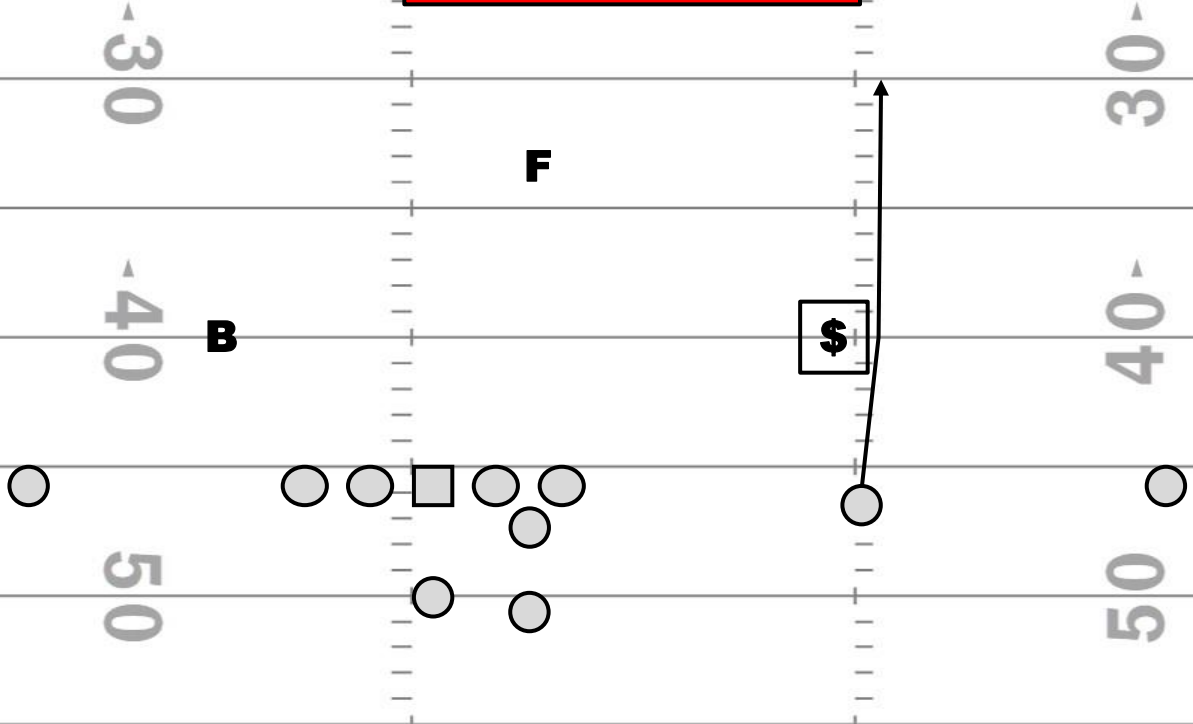
SLOT (RT) CLIPPERS #1 SNAP

Down Boundary Safety



SLOT (RT) CLIPPERS #3 SEAM

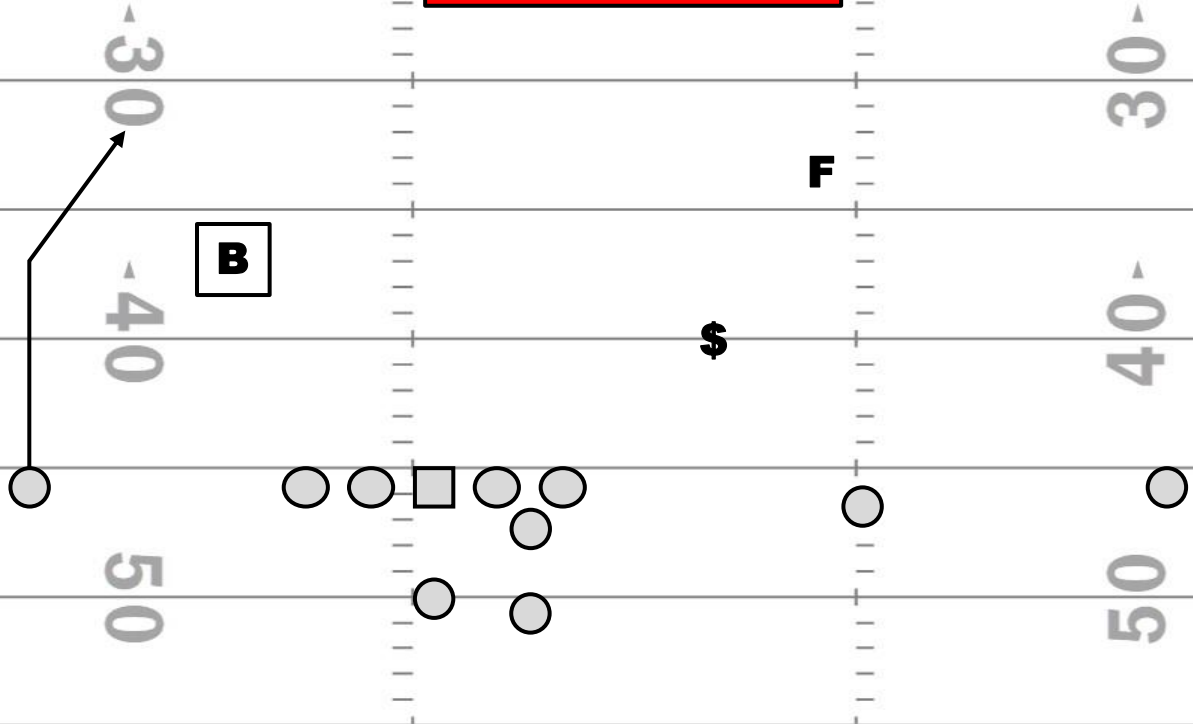
O/S Leverage Field Safety



ATTACKING #7 vs 2 HI

SLOT (RT) CLIPPERS #1 POST

Down Boundary Safety



SLOT (RT) CLIPPERS #3 POST

O/S Leverage Field Safety

