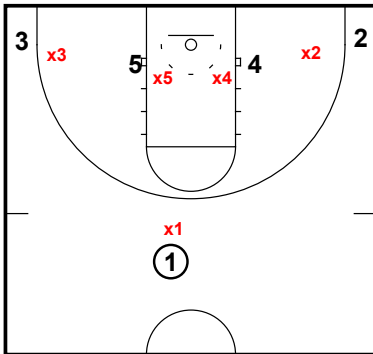


Ball Screen- 1-4+1-5 Mix BS

General

PNR- Attacking the Switch (1-4+1-5 Mix BS)
Concepts

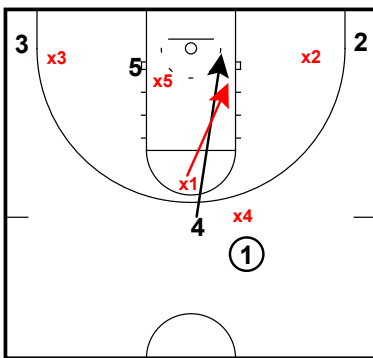


Switching the pick and roll screen has become a widely popular coverage at all levels of basketball.

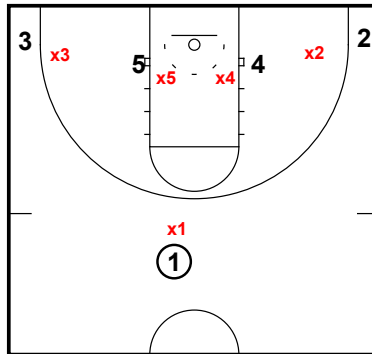
Switching serves many purposes for the defense:

- Takes away direct looks and scoring options
- Simple tactic if you have versatile personnel
- Does not require help or rotation from other defenders
- Can slow down pace and rhythm of offense
- Can force teams into play 1 v 1 basketball

PNR- Attacking the Switch (1-4+1-5 Mix BS)
Concepts



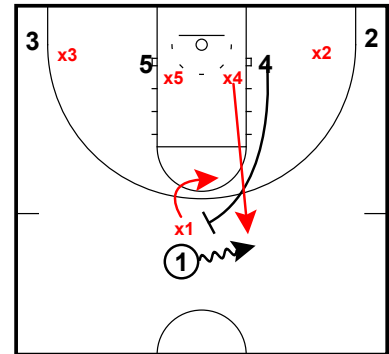
PNR- Attacking the Switch (1-4+1-5 Mix BS)
Concepts



One way of attacking the switch coverage is the **1-4-5 mix ball screen action.**

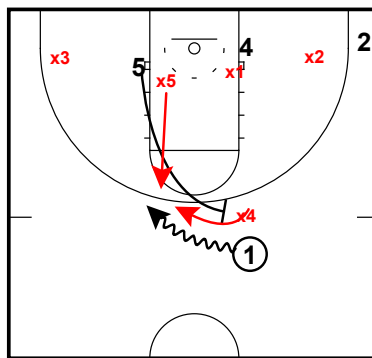
This is designed to put stress on the x4 and x5 in a middle ball screen. This action is not often worked on by the defense and can be difficult to negotiate for the defense.

PNR- Attacking the Switch (1-4+1-5 Mix BS)
Concepts



4 sets high ball screen for 1. x1 and x4 switch men.

PNR- Attacking the Switch (1-4+1-5 Mix BS)
Concepts



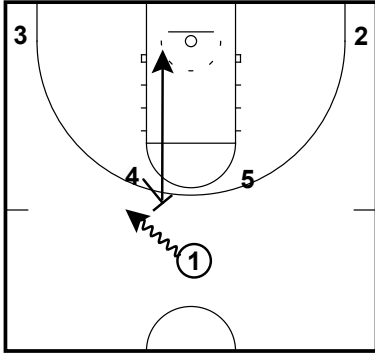
5 sets high ball screen for 1. x4 and x5 switch the ball screen.

Do the defenders switch? Do they not switch?
This is not an action that is really practiced or talked about. Most teams do not want to switch their 5 off the offensive 5 as they want to keep big on big.

Ball Screen- 1-4+1-5 Mix BS

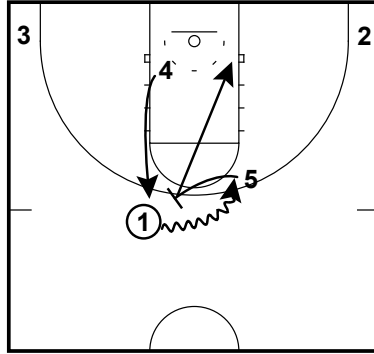
Florida Gators

Horns Twist
Half Court Man Offense- Sets



4 sets horns ball screen and rolls to rim.

Horns Twist
Half Court Man Offense- Sets

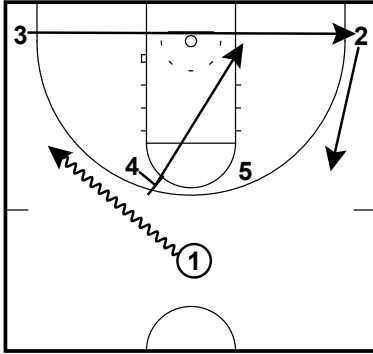


5 sets roll and replace ball screen. 4 replaces up.

Ball Screen- 1-4+1-5 Mix BS

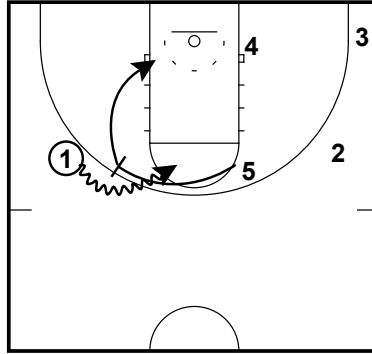
Northwestern Wildcats

Horns Twist
Half Court Man Offense- Sets



Horns set. 1 comes off 4. 4 dives to opposite block. 3 cuts to opposite corner. 2 lifts up.

Horns Twist
Half Court Man Offense- Sets

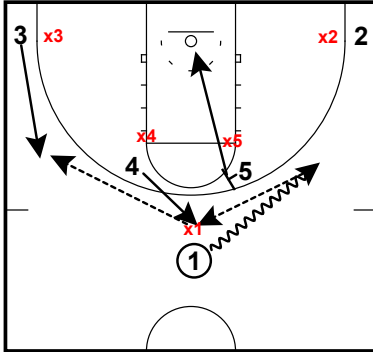


5 sprints out to set wing ballscreen, rolls to rim.

Ball Screen- 1-4+1-5 Mix BS

Barcelona

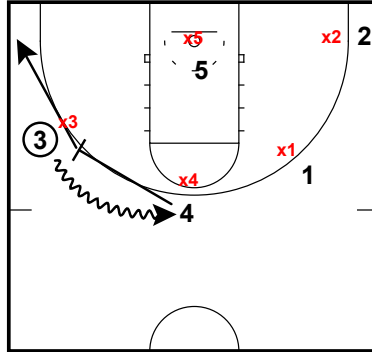
Horns Twist (Switch)
Half Court Man Offense- Sets



Attacking a defense that is switching 1-4...you can take advantage by getting into an action where the 4 and 5 are involved in the ball screen. It is not something that is practice very much or even talked about by some teams.

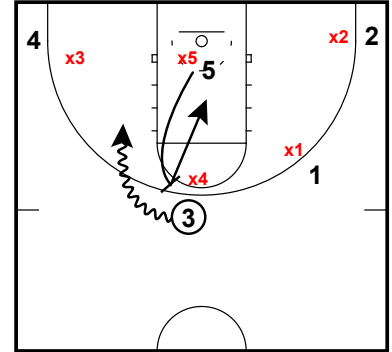
1 comes off 5. 5 rolls to rim. 4 pops. 3 lifts up.
Ball is reversed through 4 to 3.

Horns Twist (Switch)
Half Court Man Offense- Sets



4 chases into a wing ball screen with 3, forcing a switch.

Horns Twist (Switch)
Half Court Man Offense- Sets



When ball is centered, 5 sprints up and sets a high BS for 3 forcing x4 and x5 to guard the PNR.