

RIDE 35 GM vs 3-5

I do not really like our base rules for the Ride vs the 3-5. The Playside Guard is uncovered so he will call “GM”, the HB/FB read the first DL playside and can bounce, attack B, or windback. Not to say we don’t have success but by scheme it is not best because they have both a MLB and OLB to fit inside and we only have one person to block if the both fill. If we want to stay with our base rules we will go to different unbalance looks and force them to adjust by sliding the front or by pulling their LB’s to a 3-4 look.

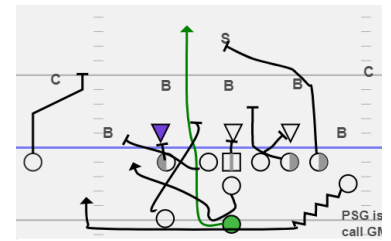


Fig 9-18: RIDE 35 GM vs 3-5

VARIATION VS 3-5 DEFENSE: RIDE 35 M COMBO

This has been our best adjustment to the 3-5. Our OG & OT on both side are responsible for the stack aligned over our OT’s. They will M or Gut based on the alignment of the DT on their side. We ask our Center to reach his head to the play side to reach the nose. If the Nose beats the reach block, then the Center will simply wash him down the line. The HB must step straight to the Centers tail and read the block on the nose. The HB is responsible for the MLB. Our FB will only take his 1 lateral step and get downhill on Combo. He is now reading the Nose and can go play side or bend it back depending on the Centers block on the Nose.

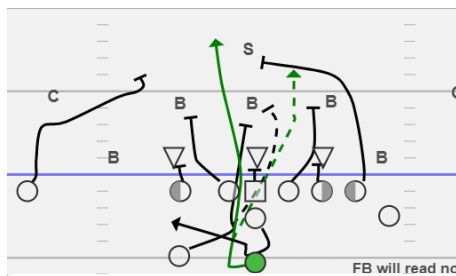


Fig 9-19: RIDE 35 M COMBO

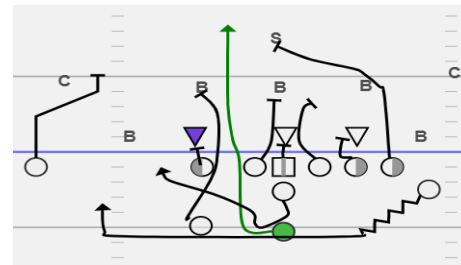


Fig 9-20: RIDE 35 M

Ride 35 M is a variation that will allow you to bet a hat on both MLB and the OLB but when the 4 technique works inside and the ball is forced to bounce outside you will be one block short as the Pony and OLB will be there to fit.

Ride Option vs Inside Veer

We always install the Ride Option, but it is not often a major play in our offense. The University of Delaware used to say that if you run the Veer, you don’t need the Ride Option. The reason we have the same belief is because when we call this play, we are guessing how the DE is going to react before the snap and assume he will be closing. Obviously when we are making this call on 3rd and 3 or 4 yards and anticipate our QB getting to the edge to pitch the ball and the DE gets up-field we are looking at a bad play. Now by running the Veer we give our QB the opportunity to make us right.

However, some years we do not have a QB who can make the Veer Read. and we tend to run the Ride Option more.

