

ATO Quick Hitters

Video Playbook

**100+ Diagrammed Plays
with VIDEO examples**



ATO PlayBook

Table of Contents

1.	Pick and Roll Plays	7
1.1	Quick Hitter - Stagger / 2 man game	7
1.2	ATO - zipper, triple stagger, SPR	7
1.3	SPR - Iverson and baseline pin	7
1.4	SPR - Stepup	8
1.5	SPR - dribble weave, baseline cutter	8
1.6	SPR - SMASH, baseline cutter for short roll	8
1.7	SPR - to floppy	9
1.8	Weave SPR	9
1.9	UCLA Pop SPR	9
1.10	5 pick and pop	10
1.11	Horns - SPR setup angle	10
1.12	Quick Hitter - SPR middle stagger	11
1.13	Horns - SPR baseline runner	11
1.14	SPR - horizontal cut run out	11
1.15	SPR - 5 rip stepup	12
1.16	Chin Step Up	12

ATO PlayBook - Contents (cont.)

1.17	Chin Pick and Pop backcut	12
1.18	Step-up and Stagger against switch	13
1.19	5 Out Double Backdoor	13
1.20	SPR - screen X2, pop, roll	14
1.21	SPR - SMASH, baseline cutter for short roll	14
1.22	SPR - Chin Laser	14
1.23	Pick and Pop clear	15
1.24	Cross Floppy Step UP	15
1.25	Spain Side PNR Lob	15
1.26	SPR - Step up Bottom lift	16
1.27	SPR - inside MASH	16
1.28	SPR - DHO baseline exchange	16
2.	Sets for Shooters	17
2.1	ATO - backscreen, flex, stagger, drive and kick	17
2.2	Horns - gate, iverson, pin 3	17
2.3	5 Out PNP	17
2.4	ATO - Zipper, UCLA, Wide pin, Canada cut	18
2.5	Floppy	18
2.6	Wide Pin Curl - 5 pop	18
2.7	Baseline cutter behind the referee as a pick	19
2.8	Horns - Tight Curl 5-man Pop	19
2.9	Floppy Spain Version	19

ATO PlayBook - Contents (cont.)

2.10	Horns - GUT	20
2.11	Horns - Pop Clear	20
2.12	Horns - Single Iverson	20
2.13	Horns - Gut Pin	21
2.14	Chin Pin PNR	21
2.15	Horns - Flex Go	22
2.16	Flex Gate GO	22
2.17	Baseline Double	22
2.18	Horns Elbow Pin	23
2.19	Horns Push	23
2.20	Horns Iverson Pop	23
2.21	Stack PNR Pin	24
2.22	Horns Gut Through	24
3.	Need a 2pt bucket	25
3.1	Need 2 - Elbow, big to big screen, ISO	25
3.2	Need 2 - Flex Screener	25
3.3	Need 2 - 2 man game	25
3.4	Need 2 - Fake DHO Flex	26
3.5	Need 2 - Elbow Splits	26
3.6	Need 2 - Elbow Backcut	26
3.7	Need 2 - 2 Guard, Gut DHO, Counter	27
3.8	Elbow Lob	27

ATO PlayBook - Contents (cont.)

3.9	Curl DHO	27
3.10	Diamond STS MBS	28
3.11	Horns Wrap	28
3.12	5-out flare, SMASH	28
4.	Postups	29
4.1	Post up - Spain P&R Delayed	29
4.2	Post up - HPR into Sneak Post-up	29
4.3	PNP flex duck-in	29
4.4	High Low against ICE Defense	30
4.5	Baseline Cross	30
4.6	Floppy High/Low	30
4.7	Horns - Spin Sneak	31
4.8	HPR Stagger Baseline Pin	31
4.9	Shuffle STAB	31
4.10	Flex Opp STS	32
4.11	Horns - Rip STS Postup	32
4.12	Horns - Rip STS Postup	33
4.13	2-guard counter rip	34
4.14	Box overload lob	34
4.15	SPR - Flex Rub	34
4.16	Double Run Out Duck-In	35
4.17	Flex Twist STS	35

ATO PlayBook - Contents (cont.)

4.18	Post Lob vs fronted post	35
4.19	Baseline Post Pin	36
4.20	Horns Backscreen Pop	36
4.21	3 low stack	36
5.	ISO's	38
5.1	ISO Quick Hitter - Wing ISO	38
5.2	ISO - 5 Out Iso	38
5.3	Wing Iso	38
5.4	Chin wide pin ISO	39
5.5	4-low end of clock	39
5.6	Horns ISO	39
6.	Princeton Offense ATO's	40
6.1	Princeton - Elbow Opp DHO	40
6.2	Action - STAB	40
6.3	Action - 4 rip	40
6.4	Action - 4 rip SBS	41
6.5	Action - Middle Spain	41
6.6	Action - Flex	42
6.7	Action - Flip to laser	42
6.8	5-Rip	42
6.9	Flex Rub Duck In	43
6.10	Chin - 5 out SMASH	43

ATO PlayBook - Contents (cont.)

6.11	Chin Rescreen	43
6.12	Rod 2 Stagger Away	44
6.13	5-Out - Loop 5 rip	44
6.14	Chest - DHO Backcut	44
6.15	Wave 5-Rip	45
6.16	Chin Gate	45
7.	ATO's for Special Situations	46
7.1	4-Low - Duck-In ISO	46
7.2	4-Low ISO	46
7.3	BOB - need 2 STS	46
7.4	BOB - screen/rescreen	47
7.5	BOB - Box Lob	47
7.6	BOB - 1 Curl - Gate	47
7.7	SLOB - flex cut	48
7.8	SLOB - 5out DHO	48
7.9	SLOB - box rip	48
7.10	Step up angle against Zone	49
7.11	ATO - Zone SPR	49
7.12	Zone Inside Pin (2-3 zone)	50
7.13	Zone - horns cross	50