BONUS - Included in the Advanced Training System is FREE Access to the Pass Pro Demo with Coach Al and Willie

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More about the Pass Pro Demo with Coach Al and Willie:

Join NFL Coach Paul Alexander and HOF candidate Willie Anderson as they spent two hours talking and demonstrating elite pass protection concepts and techniques. It's not a drill video. It's the precious details, perspectives and observations from the hearts of experts. Consider it a master class. Willie Anderson was arguably the best pass blocker of his era allowing just a staggering low of 13 sacks in 12 NFL seasons. Coach Alexander, holds the record for the #1 offensive line pass protection statistic as compiled by Pro Football Focus over the 11 year span of the metric. Taped at a demonstration at APlus Performance Center in Alpharetta, GA 2/23/2019.