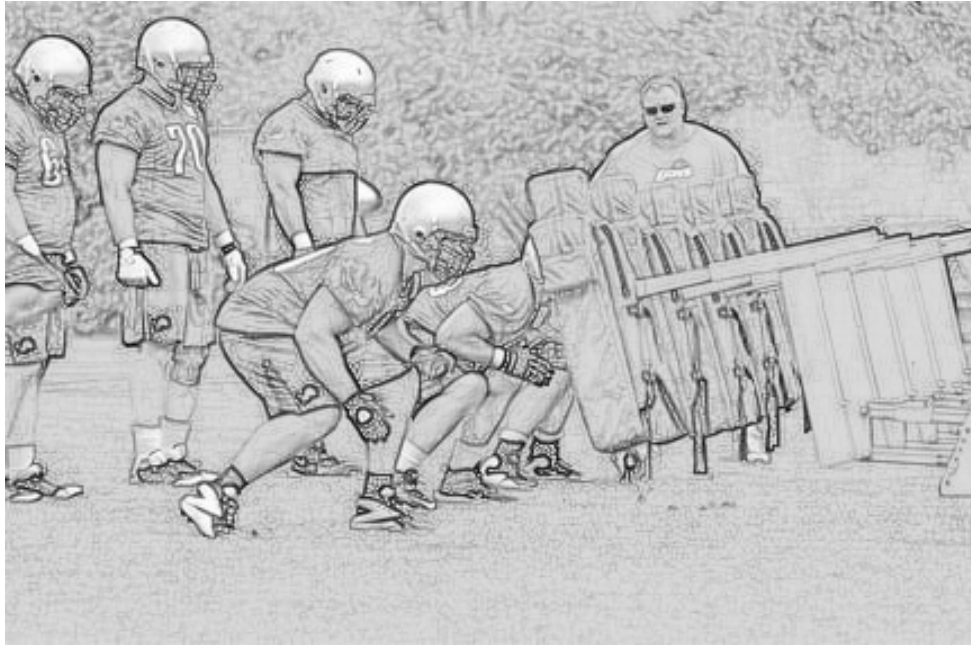


SECTION FOUR

DRILLS & PRACTICE



CH 17: RUNNING BACK & RECEIVER DRILLS

CH 18: O-LINE STANCE & SLED PROGRESSION

CH 19: O-LINE CHUTES & FOOTWORK

CH 20: OFFENSIVE LINE POSITION & COMBO DRILLS

CH 21: PASS PROTECTION DRILLS



FOLLOW ALONG WITH VIDEO

Every chapter in this section literally goes word-for-word.

Just have the book open while you watch the video

And Coach Holmes will take you thru each Chapter and all the drawings.

DRILLS BUNDLE

- 1. Drills Playbook**
- 2. Practice Schedules & Installation**
- 3. O-Line Drills & Techniques**
- 4. O-Line: Stance, Chute & Footwork**
- 5. O-Line: Position & Combo Drill**

\$80

The advertisement features a green background with white brushstrokes. On the right side, there is a stack of four books and a video case. The top book is 'WING T DRILLS & PLANNING' by Roger Holmes, with a subtitle 'THIS IS THE "HOW" TO RUN THE OFFENSE'. Below it are three video cases: 'Practice Schedules & Installation of the Wing T', 'Offensive Line: Position & Combo Drills', and 'Offensive Line: Stance, Chutes & Footwork'. The bottom video case is 'Individual Offensive Line Drills & Techniques'. The author's name, 'ROGER HOLMES', is visible on each item.

GO TO:

<https://rebrand.ly/HolmesDrillBundle>

to grab this super deal

