

WING-T & DOUBLE WING

Both of these offenses make a living off of 17-year old kids who will not do what their coaches taught them. They are going to prey on the kid who tries to find the ball rather than read their keys. The difference between the offenses is the physicality of the Double Wing and the Misdirection of the Wing T.

The Double Wing is going to pull two linemen and lead with both the fullback and Quarterback into a hole. This puts six blockers at the point of attack and once the defense puts all of its defenders there, they will hit you with misdirection. Most double wing coaches have no desire to throw the ball and when they do, they aren't very successful at it because they never practice it.

The Wing T is going to put a defender in conflict by having several plays that have the same blocking scheme or the same backfield action. This is called the "Look-A-Like" concept and makes it hard for teenagers to figure out which play is being ran since the two plays are going to look identical. Once the isolated defender makes a decision, the Wing T will use that decision, or technique against the player. In other words, when the defender goes right, the Wing T is going to the left.

DOUBLE WING

1. Power Toss
2. Sweep
3. Guard Trap
4. Counter
5. Play Action Pas

WING T

1. Buck
2. Belly
3. Down
4. Jet

While both offenses will have variations such as the double handoff, midline, veer, etc, it has always been our belief to take away what they do best and make sure that their best players do not beat you.