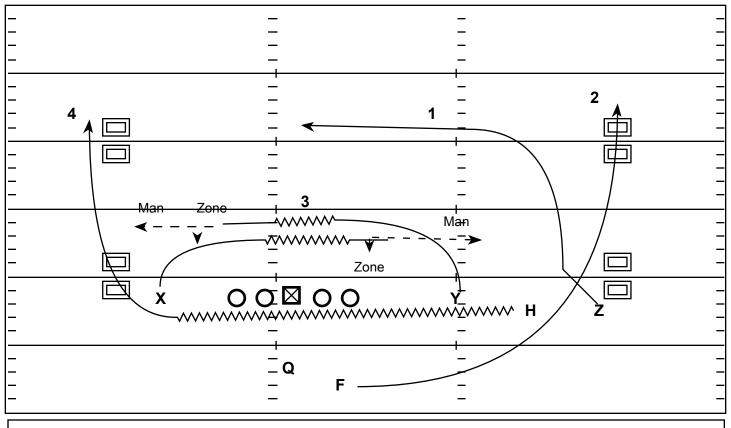
Base 3x1 Mesh



Background: Dig - Wheel gives you a very similar conflict as the Post - Wheel but now put extra stress on the Safety to stay low. While staying being a high threat for the Mesh

QB Progression: Dig - Wheel - Mesh - Motion Wheel

X: Under Mesh (Porsche, Responsible for closing distance with the Over Mesh)

H: Motion into Wheel

Y: Over Mesh (Truck, Responsible for setting depth of the mesh at 5-6 Yards or Linebackers Toes)

Z: Inside Release Dig

F: Wheel