

Matt Cline

Eastern Michigan Assistant Coach

2-3 Zone

Quick Biography

- **Binghamton, NY native**
- **2007-2011:** Student Manager, University of South Alabama
- **2011-2013:** Graduate Assistant, Florida State University
- **2013-2014:** Assistant Coach, Northwest Florida State College
- **2014-2016:** Director of Operations, Eastern Michigan University
- **2016-2017:** Director of Operations, East Tennessee State University
- **2017-Present:** Assistant Coach, Eastern Michigan University
- **Shout-out: Koji Vroom & Zack Verhulst - EMU Graduate Assistant's**



Notable Stats

- 13-14 NCAA Statistical Championship for Field Goal Percentage Defense (36.9%)
- Tim Bond set the all-time steals record
- James Thompson IV set the all-time rebounding record
- 6x MAC leader in scoring defense
- 5x MAC leader in blocked shots
- 5x conference leader in turnover margin
- 5x MAC leader in steals

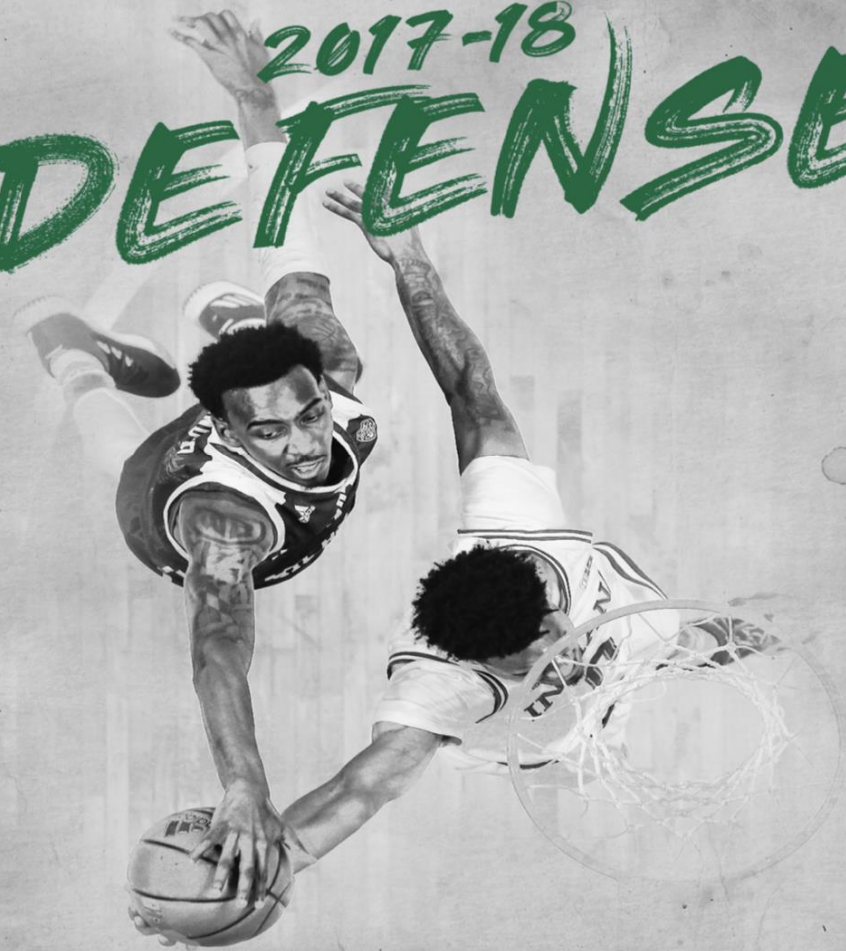
2-3 Zone Statistics



#DemandMore

EASTERN
M. BASKETBALL

2017-18
DEFENSE



CONFERENCE RANK
NATIONAL RANK

BLOCKS
PER GAME

1ST

3RD

TOTAL
BLOCKS

1ST

3RD

TOTAL
STEALS

1ST

4TH

STEALS
PER GAME

1ST

7TH

DEFENSIVE
FG %

1ST

15TH

SCORING
DEFENSE

1ST

44TH

TURNOVERS
FORCED

1ST

68TH

SHUT 'EM DOWN

NCAA RANKINGS

3rd total steals (314)

4th SPG (9.8)

14th TO Forced (16.8)

MAC RANKINGS

2nd scoring defense (64.1 ppg)

Three Eagles in top-10 in steals



2-3 Zone Presentation...

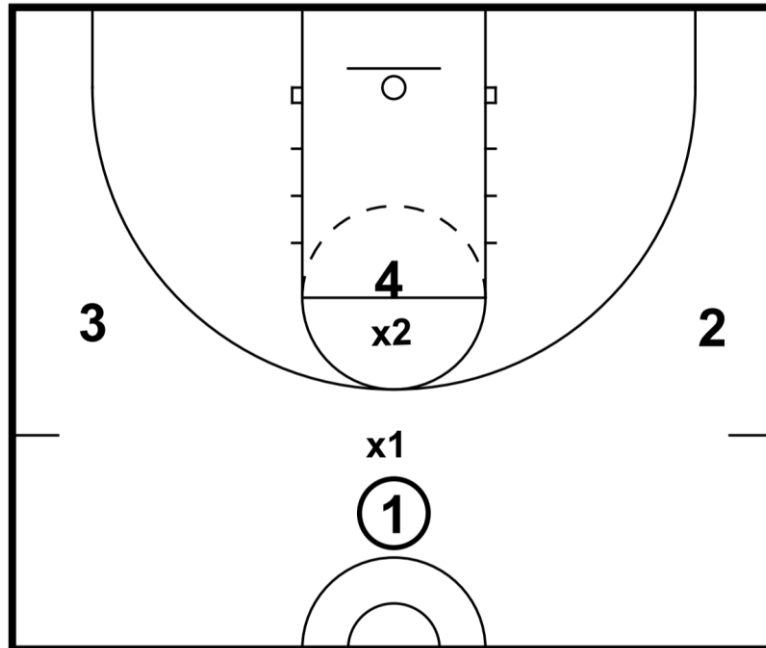
- **Basic Principles of Guards, Wings, Center**
- **Short Corner Trap**
- **Coverage when ball gets into HP**
- **BLOB defense**
- **Common Actions teams run**
- **Rebounding responsibilities**
- **Transition defense**

***Fast Draw & Video included**



Guards: Basic Principles

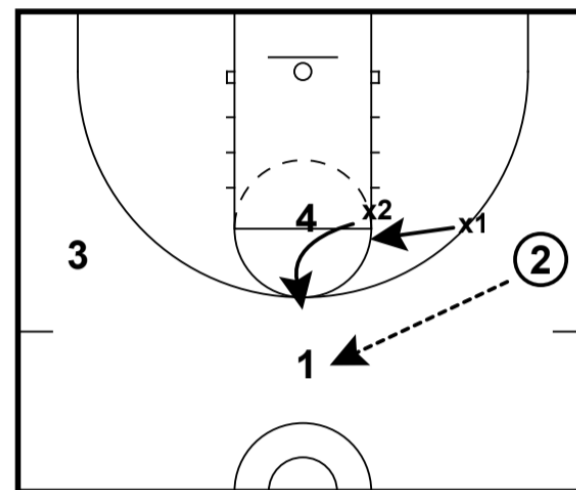
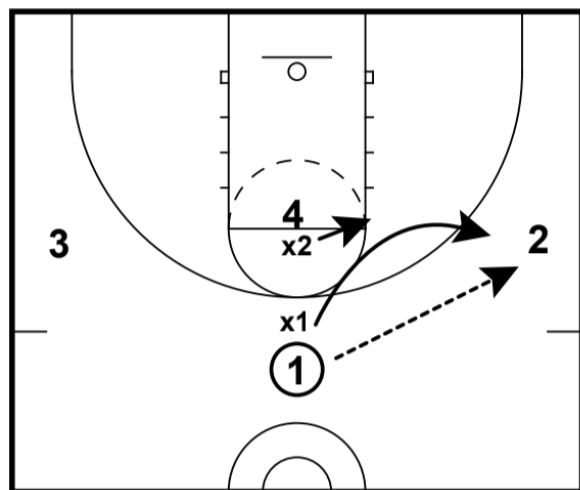
- **Ball at Top of the Key**
 - **X1 Guard on ball/ X2 Guard taking away High Post**
 - At all times, must **prevent dribble penetration** and **prevent High Post pass**



Guards: Basic Principles

- **Ball swung to the Wing**

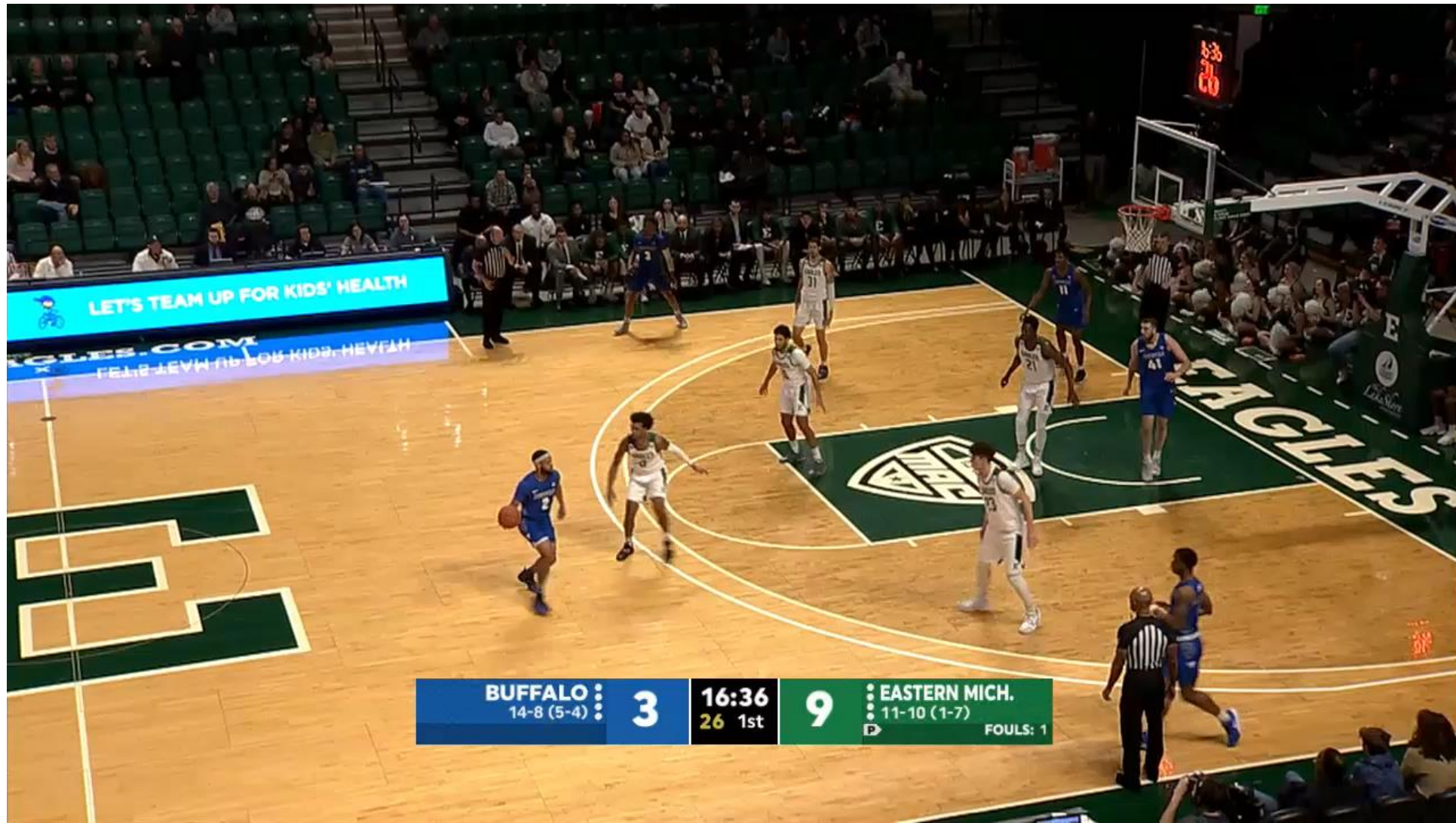
- **X1: banana cuts** from top of key to wing to take the ball
- **X2:** positions his inside foot at the ballside elbow
 - ACTIVE HANDS being long and wide, steals/deflections come from this.
 - Cannot allow ball into the High Post





NORTHERN ILL. 16-11 (9-5) FOULS: 8	11	8:43 27 1st	24	EASTERN MICH. 15-12 (5-9) BONUS FOULS: 2
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Guarding Penetration



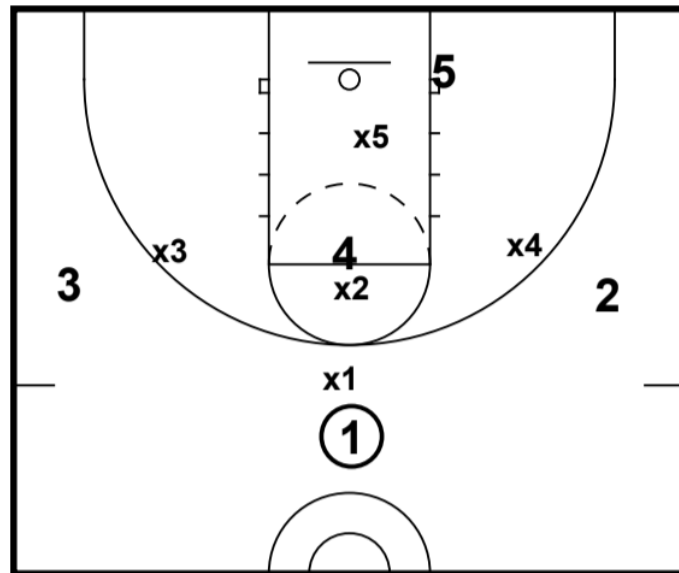
Basic Principles: Wings

- **Responsible for the First Pass on the Perimeter.. HAVE TO BE UP!**
 - Wings should be closing on the ball as it arrives.
 - Be aware of where to bump back to: corner or short corner.
 - **CAN'T allow straight line corner pass**, as it usually equals a 3 point shot.
 - *******After bump, forward cannot get too low in case of "right-back" pass*******
 - Weakside Wing checks the lob

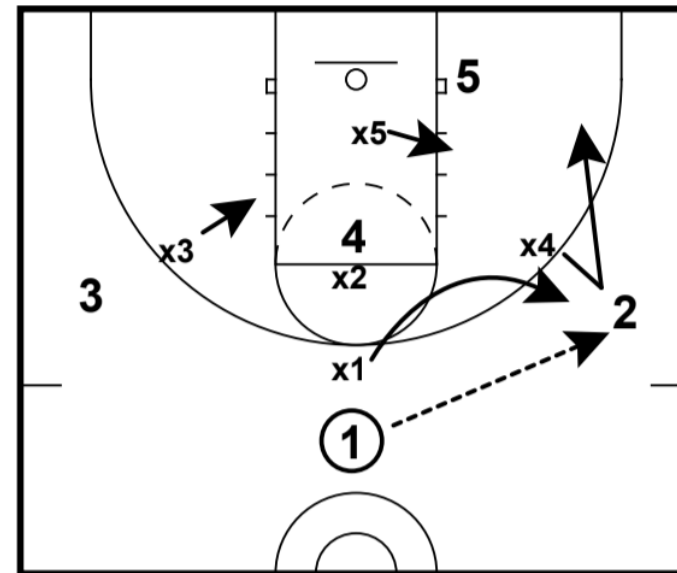
Basic Principles: Wings

- **Responsible for the First Pass on the Perimeter**

13



Guards staggered (one on the ball one high post), wings up to claim the first pass on either side, center chest on the ball aware of which side the post/short corner is.



On the first pass to the wing: x4 close and bump, x1 banana cuts to the ball, x2 covers high post and ready to take the pass back to the top, x3 slight drop, x5 chest on ball.

Wing Close & Bump with High Hands (#31)



Basic Principles: Wings

- If ball gets into HP, forwards **drop** underneath the basket to get in front of drop-down pass.
 - Must be ready to sprint back out to shooter



Wing Drop



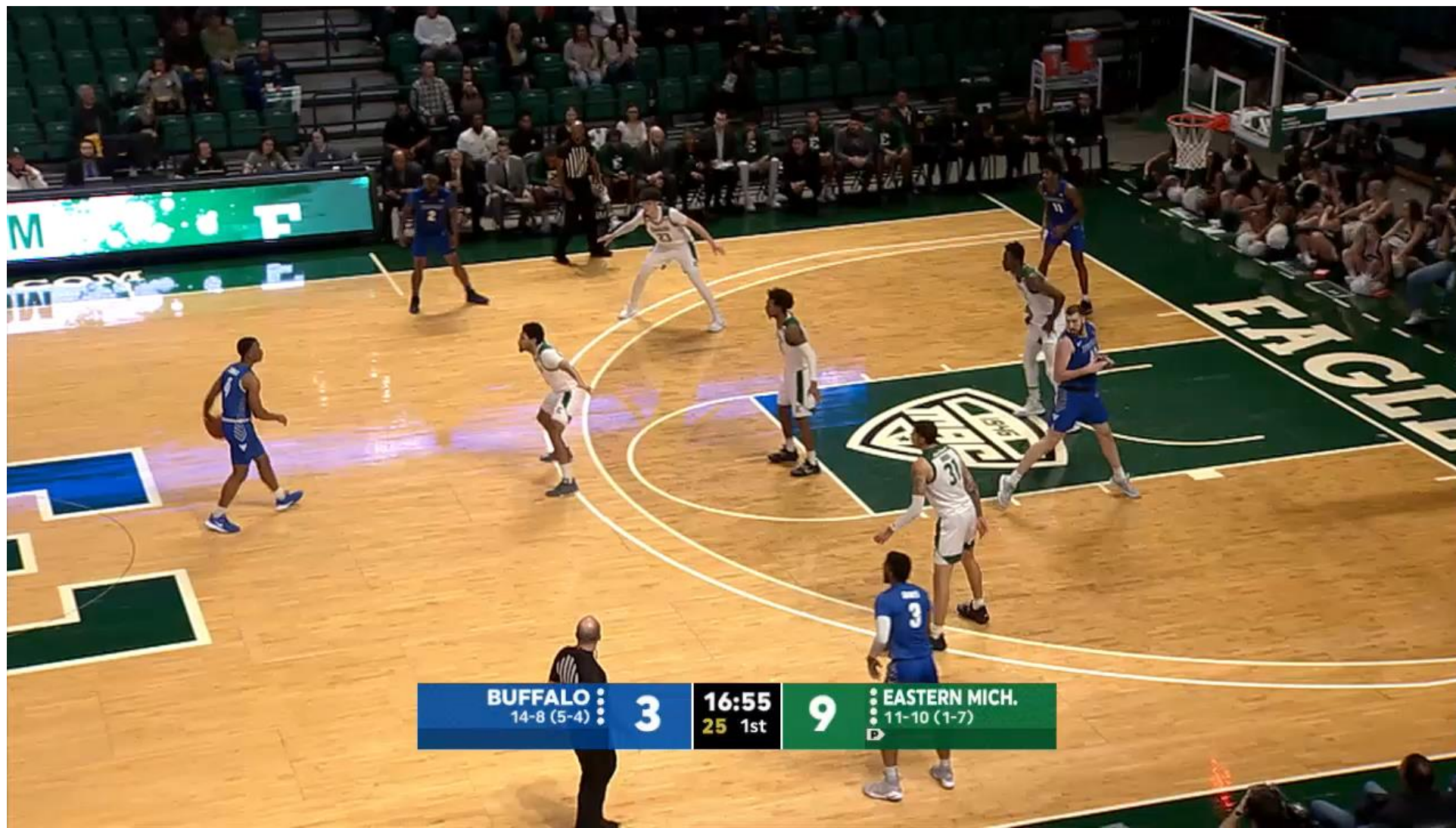
Basic Principles: Center

- **Chest on ball**

- CAN'T get sealed.
- Do work early and get around duck in's.
- Center is responsible for taking away initial short corner passes from top of the key

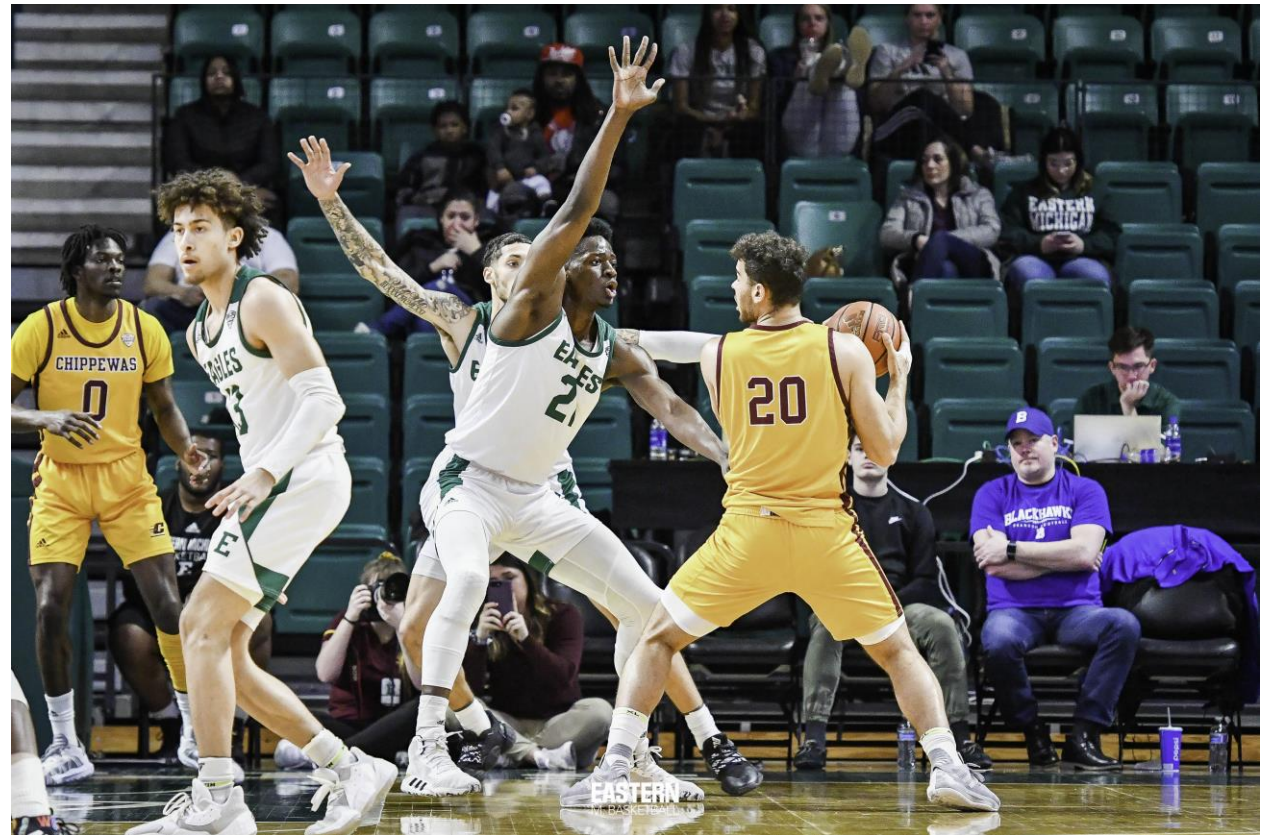


Center Chest on Ball



Basic Principles: Center

- **Working around the restricted area.**
 - If too high, this opens up lob, short corner, etc.
 - If too low, then center cannot reach HP in time in case ball makes it in.
 - If ball makes it to the HP, then center must come up and guard the ball 1v1.

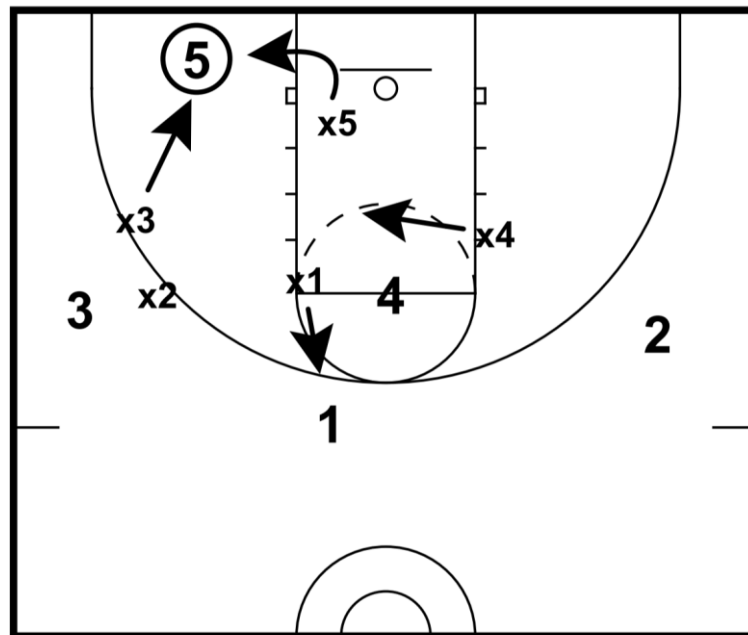


Center Roaming



Short Corner Trap

- If ball makes it into the "short corner" ...
 - the ball-side forward and center will trap.
 - Opposite forward runs to center of rim to take away reverse pass.
 - X2 deny one pass away/ X1 reads outlet pass
 - Only open man should be the opposite wing "skip pass".





VALPARAISO
5-3
FOULS: 5

17

8:26
27 1st

22

EASTERN MICH.
6-1
FOULS: 3

What Happens if the Ball Gets in to the High Post?

- **Guards**

- Guards must sprint to find shooters
- DON'T dig when ball makes it to the HP... Hard habit to break.

- **Wings**

- Drop immediately and take away High-Low pass
- If there is no drop down to cover, find shooter on perimeter

- **Centers**

- Guard the ball 1v1

HOME OF THE CARDINALS

PROUD PARTNER OF
TEAM BALL STATE
FOR OVER 30 YEARS!

Stoops

BSU.E



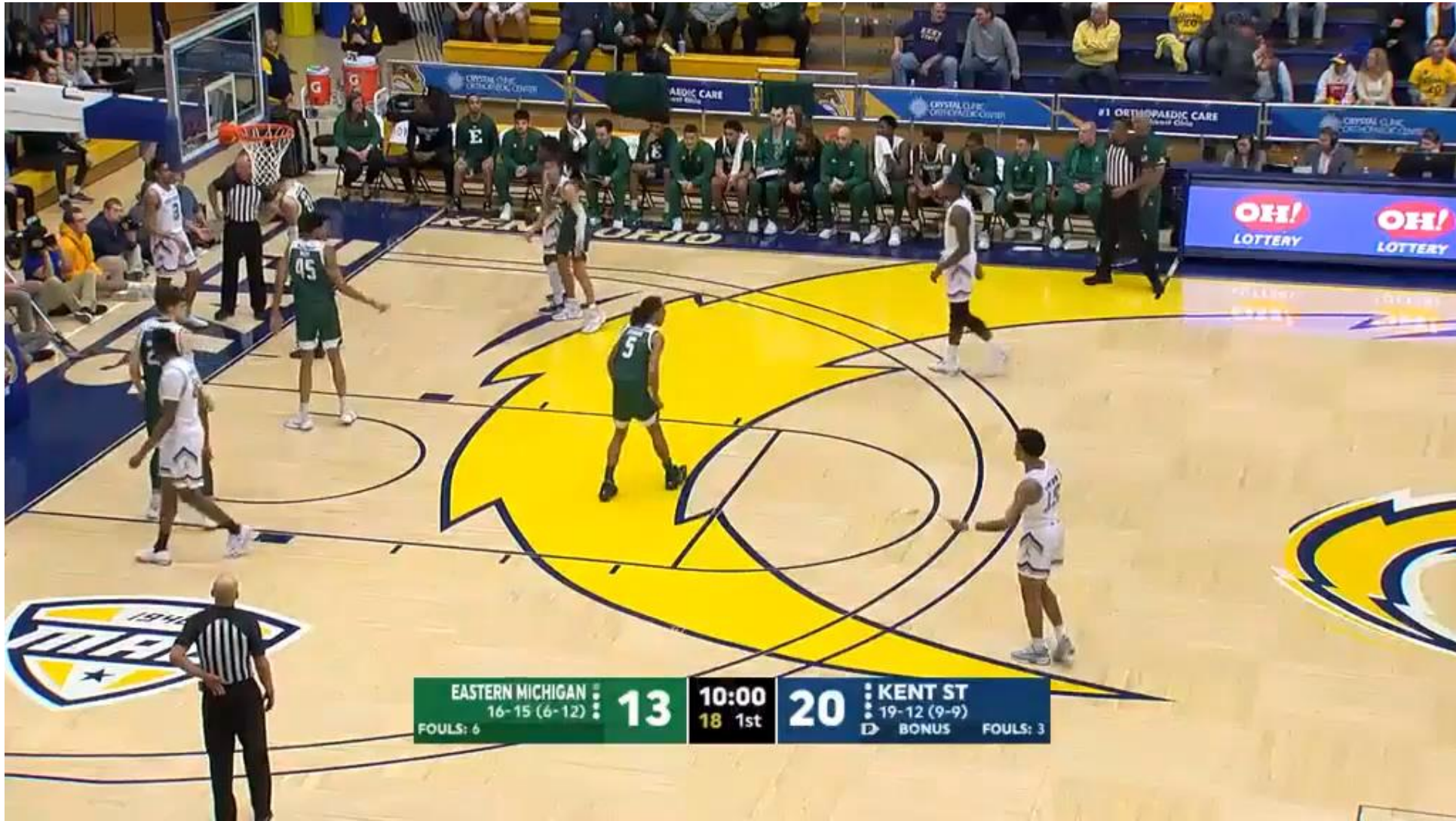
11:47
24



BLOB on Ball



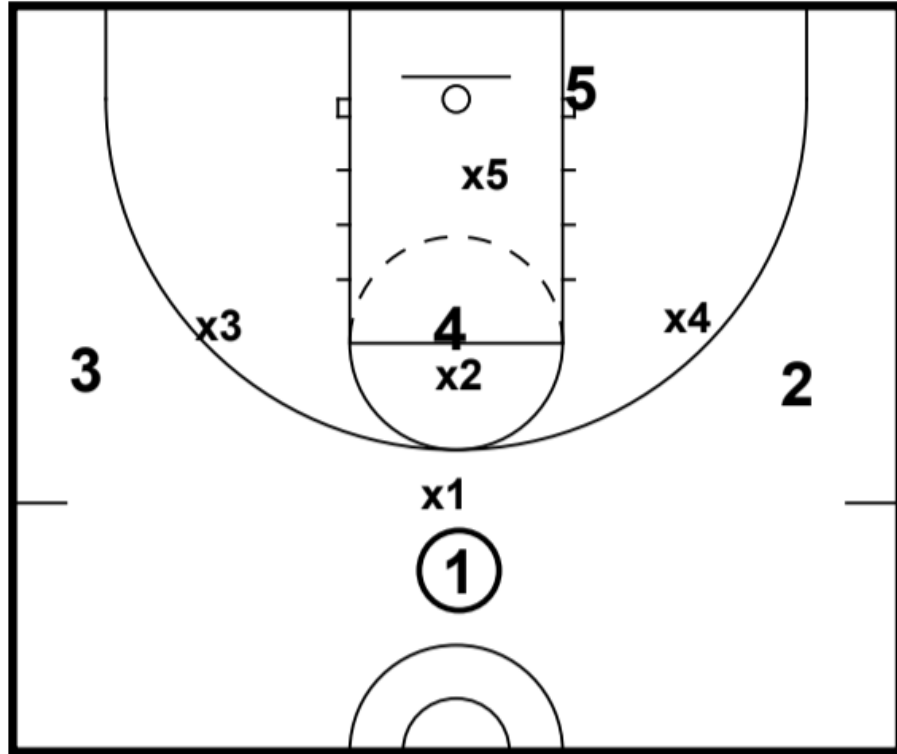
BLOB Corner



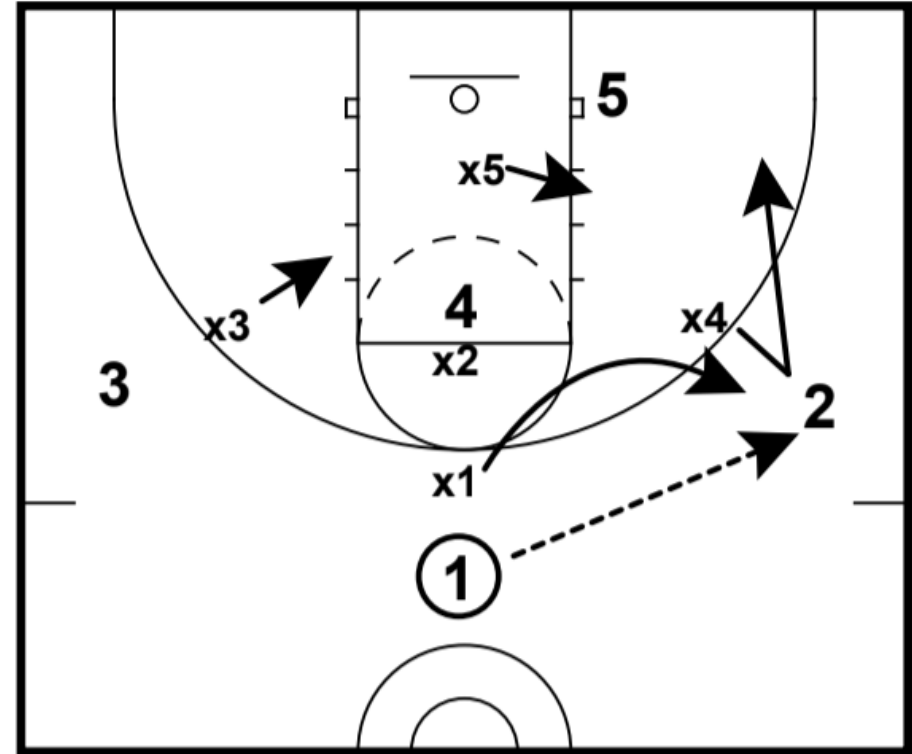
Most Common Actions vs. 2-3

- 13 (1 Guard Front)
- 21 (2 Guard Front)
- Ballscreen
- Elbow
- Overload





Guards staggered (one on the ball one high post), wings up to claim the first pass on either side, center chest on the ball aware of which side the post/short corner is.



On the first pass to the wing: x4 close and bump, x1 banana cuts to the ball, x2 covers high post and ready to take the pass back to the top, x3 slight drop, x5 chest on ball.

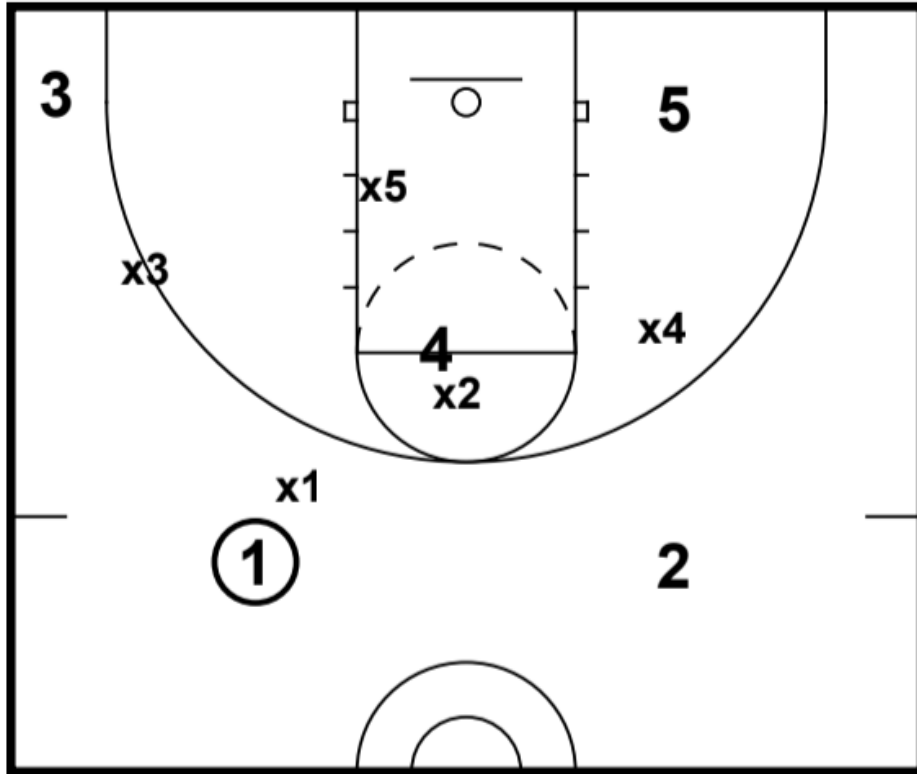
ESPN+

TRINITY TRINITY TRINITY TRINITY TRINITY

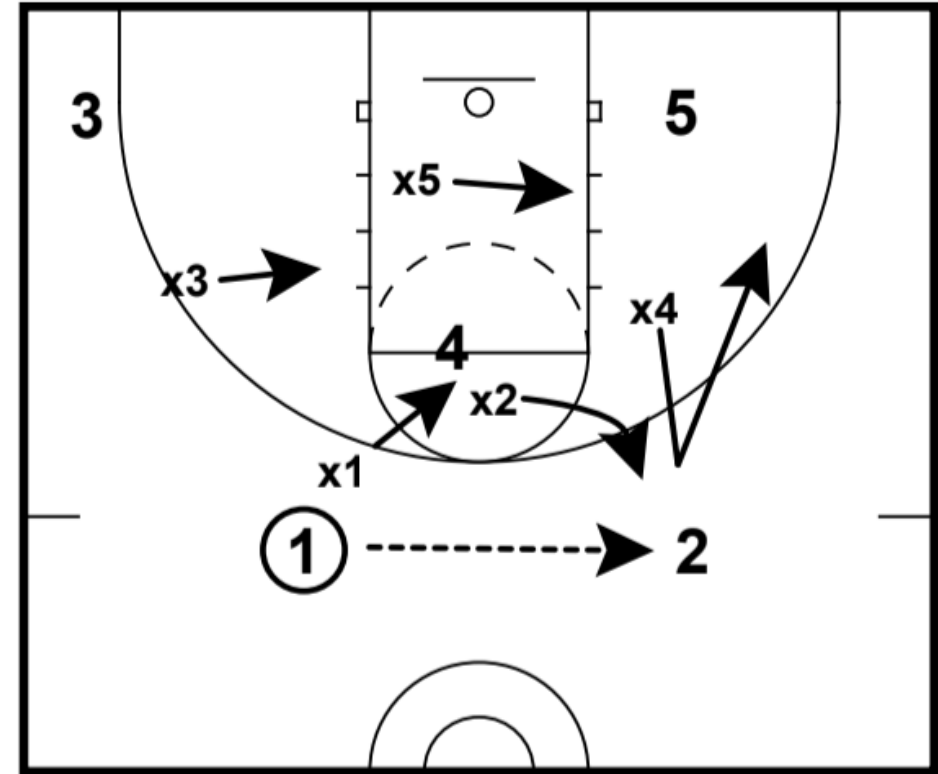
EMU RULES.COM

EMU

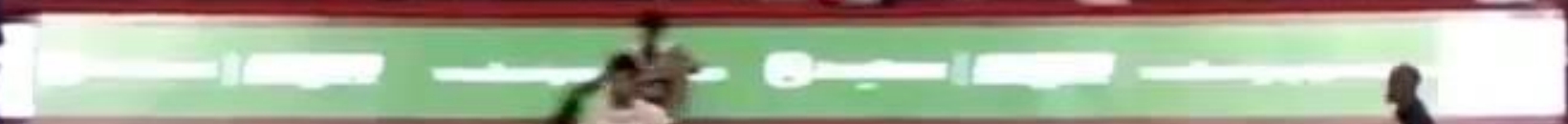
NORTHERN ILL. 16-11 (9-5) FOULS: 4	5	11:56 27 1st	20	EASTERN MICH. 15-12 (5-9) FOULS: 1
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Guards stagger (one on the ball, one high post), ball side wing plays the corner, opposite wing checks the lob and is ready to close and bump on the reversal, center chest on the ball.



On the reversal: x4 close and bump to corner or short corner (communication), x2 banana cut to the ball, x1 sprint to high post, x3 check the lob, x5 chest on ball.



MEYHEALTH

E. MICHIGAN : 10-9 (0-6) : FOULS: 4 BONUS	31	5:41 27 1st	22 : MIAMI 8-11 (1-5) FOULS: 7
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FOULS 3
Health. BONUS TOL 4
Akron 1ST 28
13:22
10
FOULS 2
BONUS TOL 4
PNC



13:22
28

13:22
28

BLUE & GOLD

GoZone.com

FirstEnergy

AKRON



	NC A&T (2-4) FOULS: 6 BONUS+	20	E EASTERN MICHIGAN (5-0) BONUS	11	1ST 8:49	25
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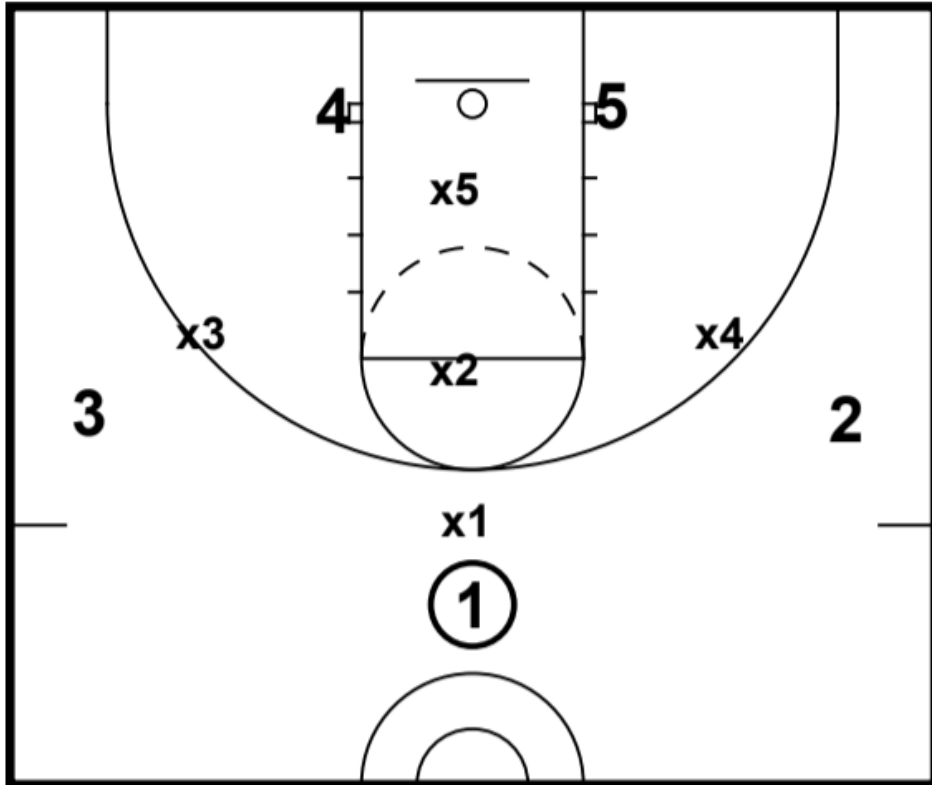
NFL NYG

CHI

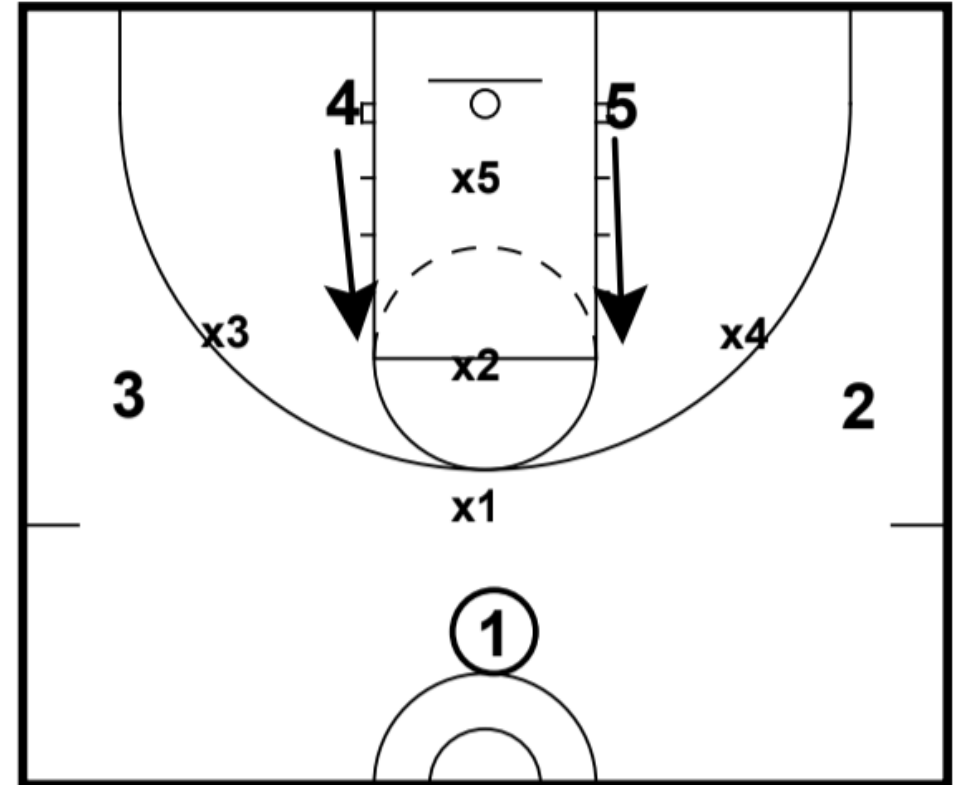
1:00 ET

Inactive: LB D. Trevathan, TE A. Shaheen

Elbow



Start like guarding 13

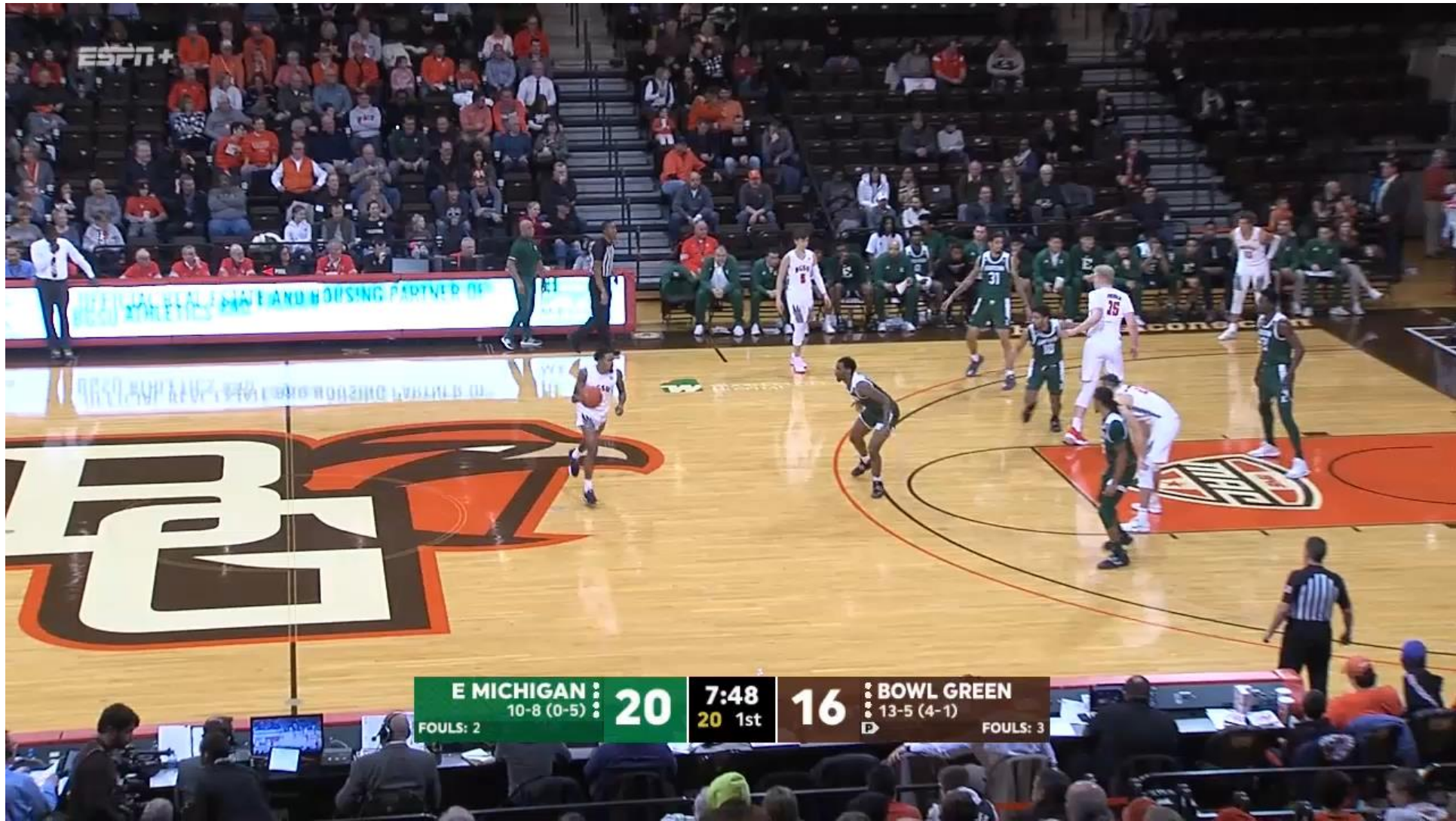


When big's flash to the elbow x2 can play both if they're tight, if the ball is on the wing high post guard takes the elbow and opposite wing will pinch in.

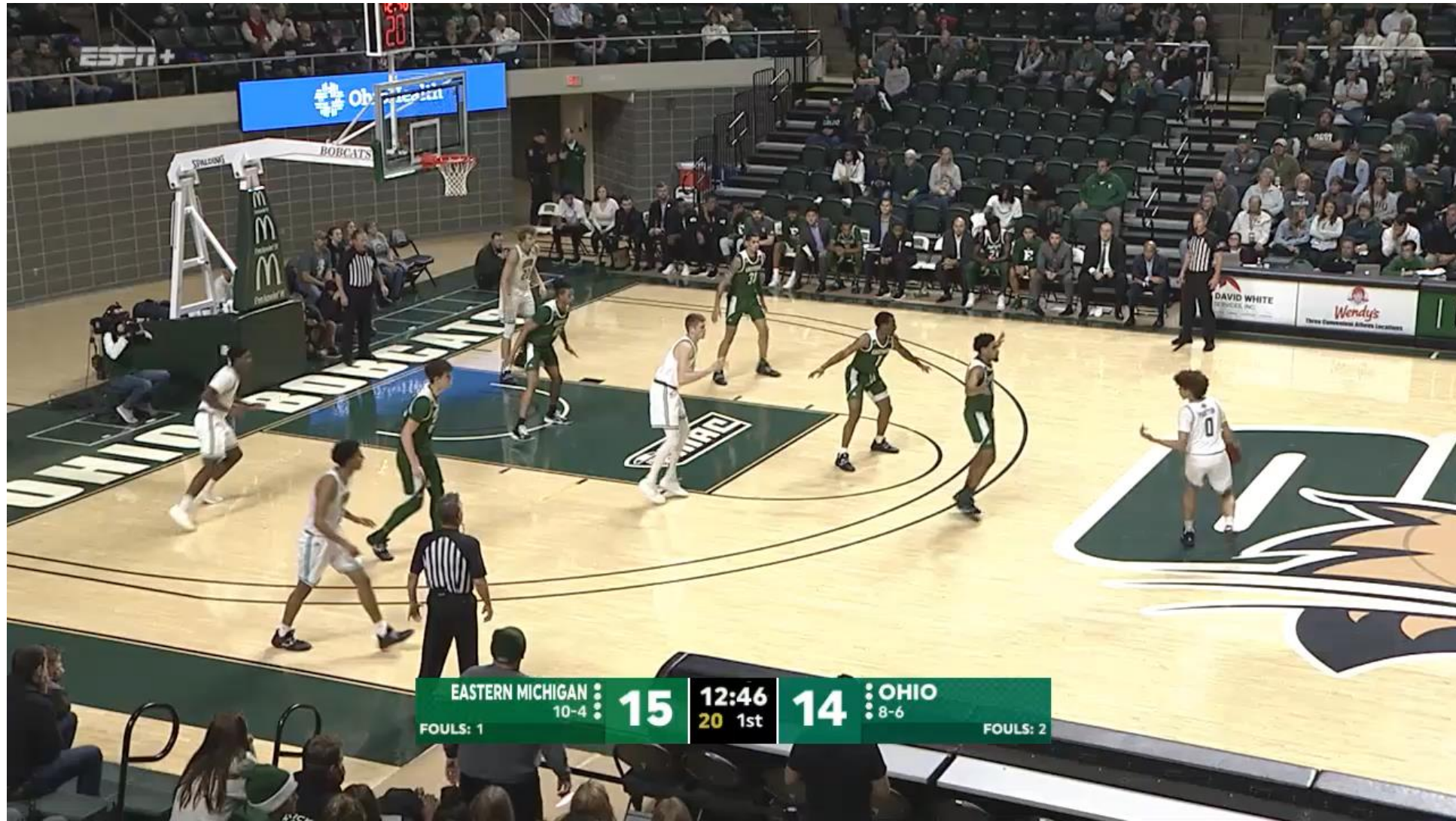


TOLEDO 11-10, 3-5 FOULS: 5	43	7:24 24 2nd	54	EASTERN MICH. 10-10, 0-7 FOULS: 5
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Double Ballscreen












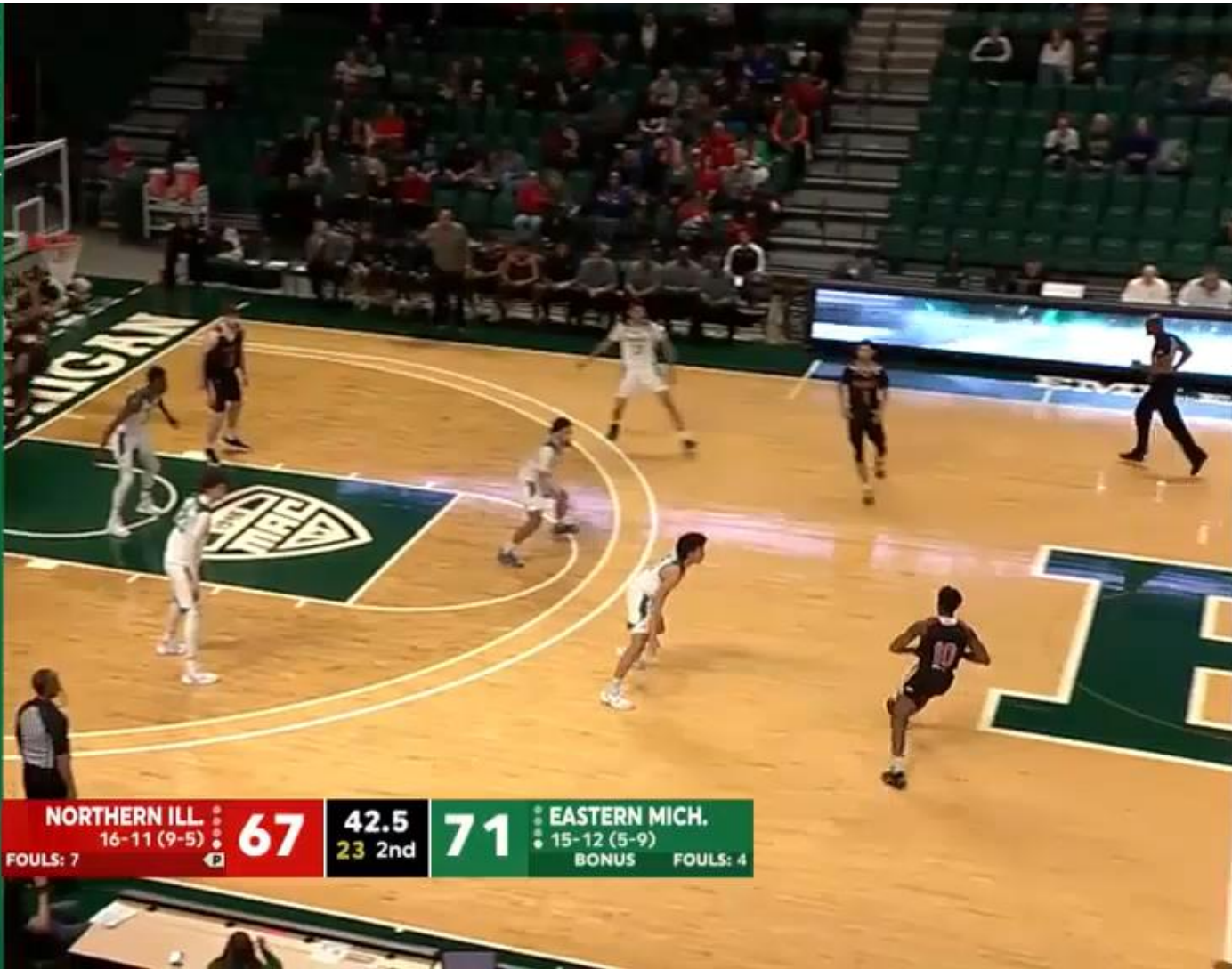
Overload



Guard Rebound

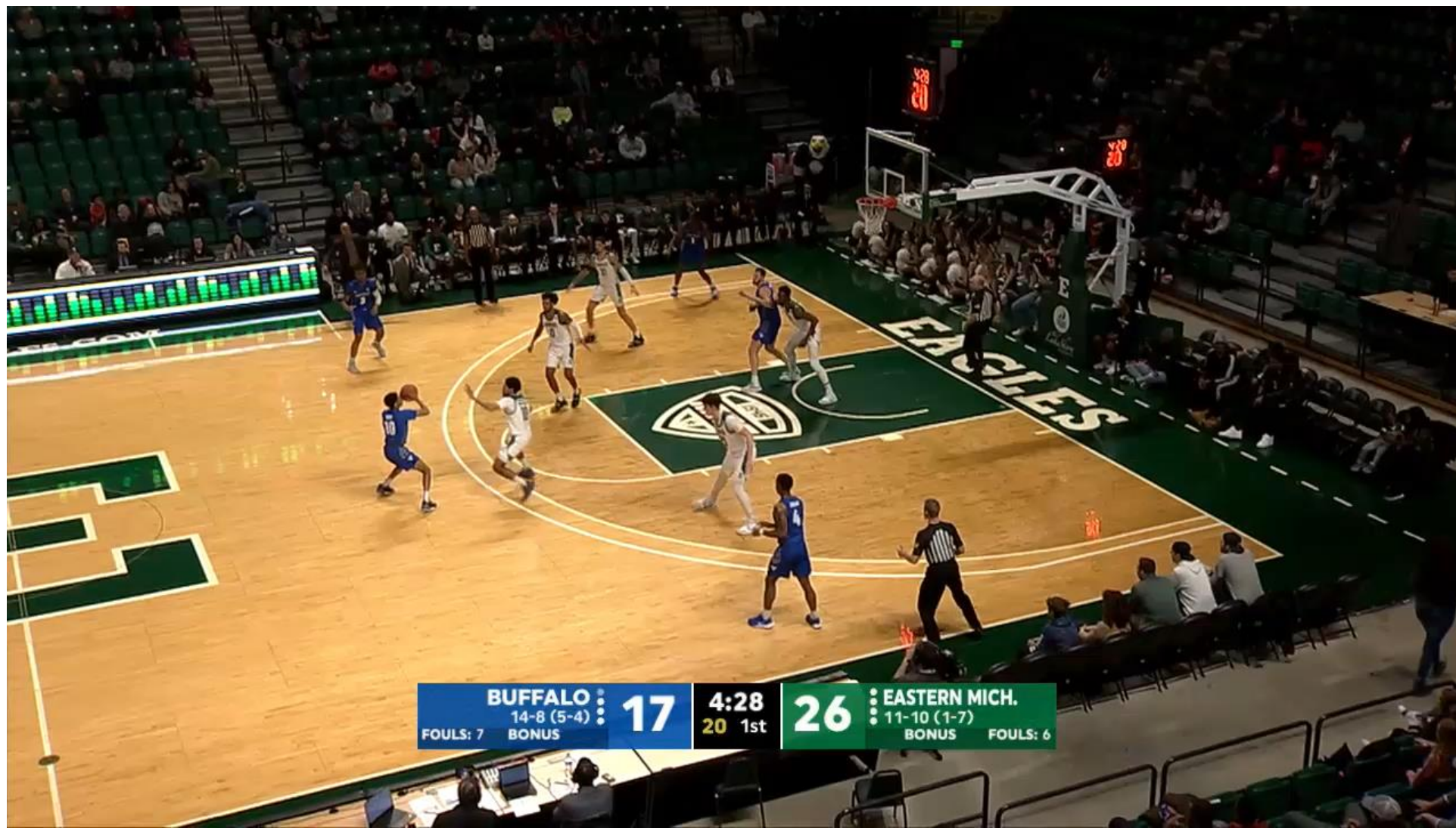
ESPN+
CLOSE CALL
Games Decided by 10-or-Less

	Score	Margin
 at Ohio	L, 68-74	-6
 at NIU	L, 68-71	-3
 OHIO	L, 58-60	-2
 at BGSU	L, 59-62	-3
 at Miami	L, 68-73	-5
 TOLEDO	W, 61-57	+4
 BUFFALO	W, 66-62	+4
 at Akron	L, 58-59	-1
 at CMU	W, 73-70	+3

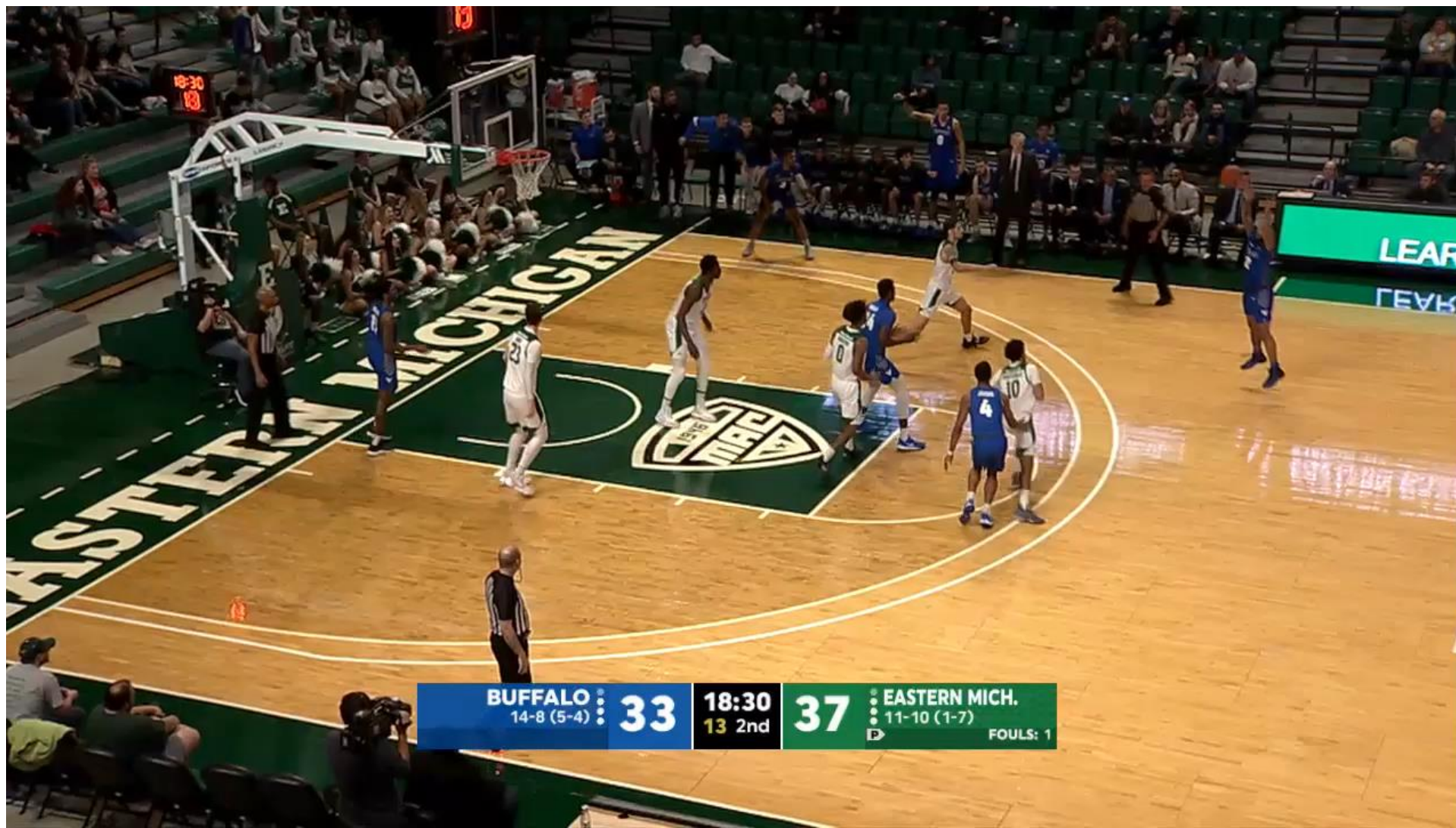


NORTHERN ILL. 67 42.5 71 **EASTERN MICH.**
16-11 (9-5) 23 2nd 15-12 (5-9)
FOULS: 7 FOULS: 4

Wing Rebound



Center Rebound



3 Second Drill Scramble



Thank you for listening!

Contact Information:

mattcline20@gmail.com

607-761-6080

