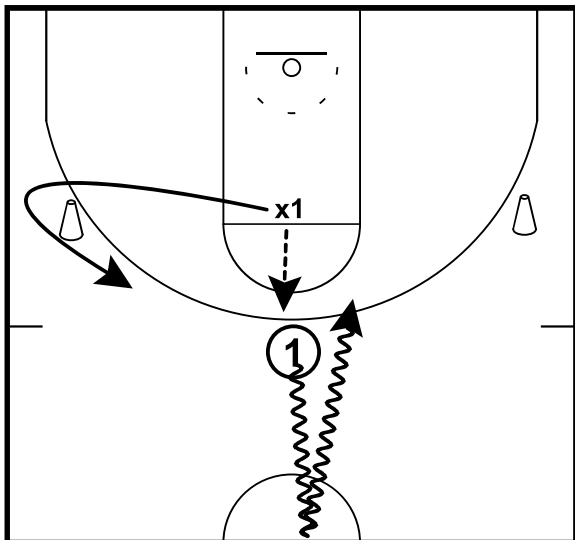


# Individual Skill Development for Dribble Drive Motion Offense

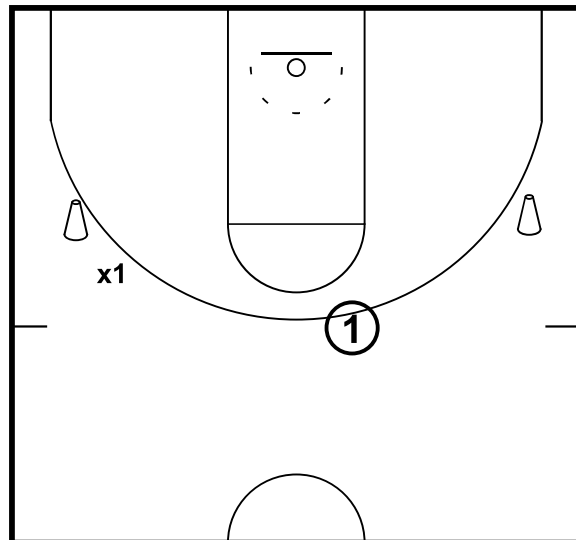
## 1 on 1 Drills

Pass into 1 on 1

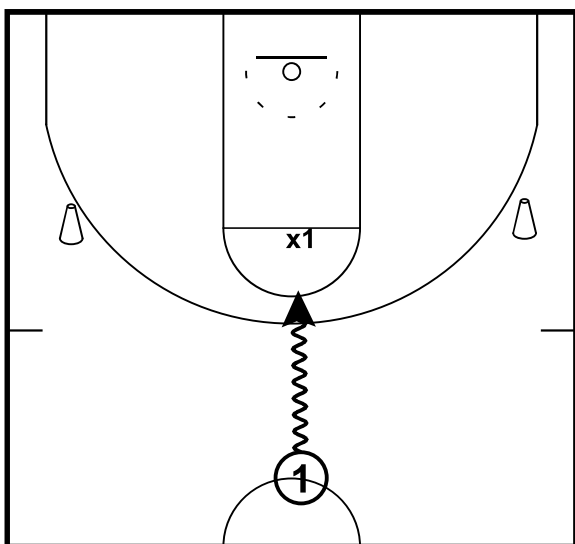


Defense passes to 1 and circles around either cone  
1 dribbles to half court

Pass into 1 on 1



Pass into 1 on 1



Work on inside out and hesitation dribble  
Read defender  
Chest to chest - go behind back  
Shoulder/chest - sever angle/power finish