

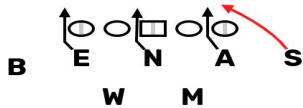
3-4 DEFENSE

STRUCTURE

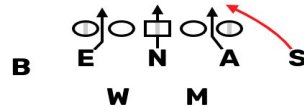
- **BASE 4 0 4 ; COVER 4 QUARTERS VARIATIONS**
- **HEAVY AUTOMATIC FORMATIONS CALLS AND ALIGNMENTS BASED UPON STRUCTURE OF TE/WR ALIGNMENT**
- **AREA OF WHERE I COACH WE SEE ALOT OF DIFFERENT OFFENSES ; (WING - T ; SINGLE WING ; DBL TE/DBL WING ; T ; OPTION ; ETC.)**
- **WE MAKE A RUN STRENGTH CALL AND A PASS STRENGTH CALL (R : RIP/LIZ ; P : RIGHT/LEFT)**
- **PRACTICE WISE : BIG ON BLOCK RECOGNITION, PLAY RECOGNITION, (ALIGN, ASSIGN, KEY), BIG TEAM D SESSION.**
- **OFFENSIVE BACKGROUND REALLY HELPED ME UNDERSTAND WHERE AND HOW THEY ATTACK**

SINGLE - MAN PRESSURES

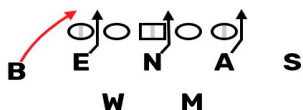
BASE WEAK STUD



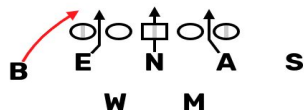
BASE PINCH STUD



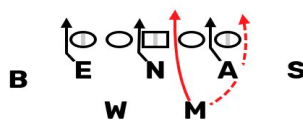
BASE STRONG BULL



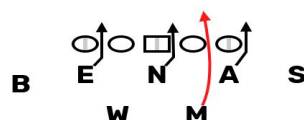
BASE PINCH BULL



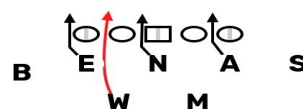
BASE WEAK MIKE



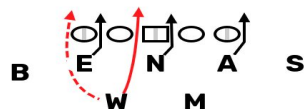
BASE STRONG MIKE



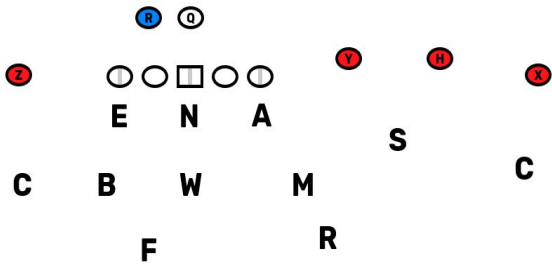
BASE WEAK WILL



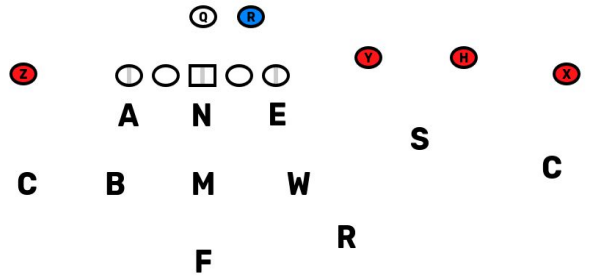
BASE STRONG WILL



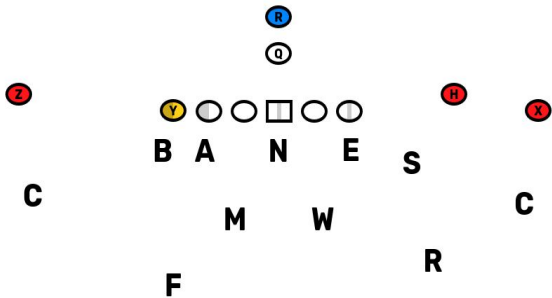
BASE VS. FORMATIONS



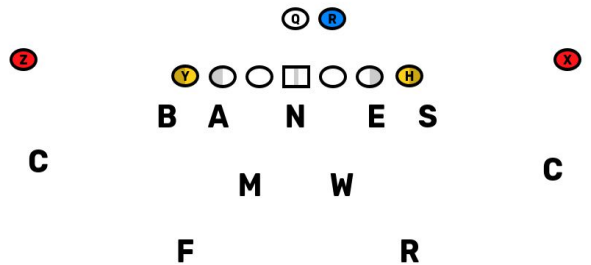
BASE VS. 3 X 1 WEAK
 SKY - COVER 4
 FREE OR BULL WILL HAVE RB OUT OF BACKFIELD DEPENDING ON STUNT
 FREE CAN STILL READ #3 HELPING DEEP MIDDLE



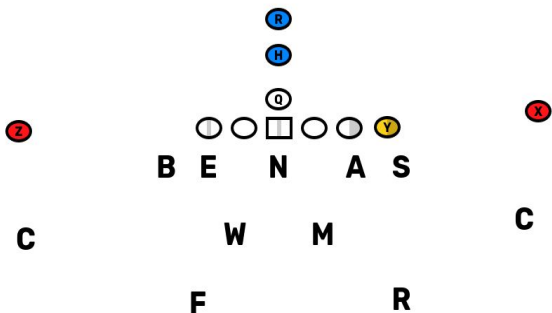
BASE VS. 3 X 1 STRONG
 SKY - COVER 4
 FREE - THIEF TECH READING RELEASE OF # 3 HELPING POST ; DEEP MIDDLE



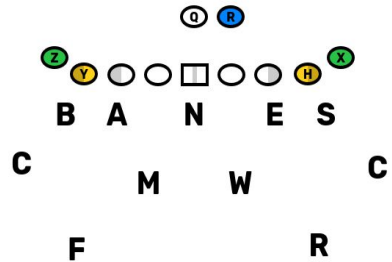
HOW WE TREAT PISTOL SETS.
 IF QB OPENS UP TO YOUR SIDE YOU ARE THE READ SIDE (PROTECTOR)
 SLOW PLAY UNTIL BALL IS GIVEN
 IF QB OPENS AWAY FROM YOU : YOU ARE AGGRESSIVE IN RUN FIT (AGGRESSOR)



3-4 BASE IF FORMATION IS BALANCED WE SET THE PASS STRENGTH TO RB
 RUN STRENGTH CAN BE SET BASED UPON TENDENCY
 ALSO CAN LOOK AT SHADING THE END AND ANCHOR TO A 5 WITH THE TE BLOCKING DOWN THREAT



BASE VS. 2-BACK ; SET PASS STRENGTH TO 2-RECEIVER SURFACE
 COVER 4 - SKY TO S/R/C SIDE
 F : THIEF TECH
 C : MEG ON Z
 B/W : RB OUT OF BACKFIELD LEFT



BASE VS. CONDENSED SETS.
 TO THE TE/W CAN PLAY HAMMER - COVER 2
 WILL OFTEN SHADE TO TE