

2019 - Favorite Quotes

the main difference between those who go far and those who do not is some people have a vision and the others do not and therefore can only react to the current events as they happen

“being strengthened with all power, according to his glorious might, for all endurance and patience with joy;”

- Colossians 1:11

a protagonist faithfully labors in the world, stewarding creation with affectionate care, all the while refusing to engage in speculation about what will come next. This is not know-nothingism; it is a recognition that whatever comes *next*, we know what happens *last*. And in that we find sufficient grounds for hope

- Jake Meador

The Christian life begins not with high deeds and achievements but with the most simple and ordinary act of humble asking. Then the life and joy grow in us over the years through commonplace, almost boring practices. Daily obedience, reading and prayer, worship attendance, serving our brothers and sisters in Christ as well as our neighbors, depending on Jesus during times of suffering. And bit by bit our faith will grow, and the foundation of our lives will come closer to that deep river of joy.

- Tim Keller

The joy that Christmas brings, the assurance of God’s love and care, is like a subterranean river of joy, a fountain of mirth, that will always reinvigorate you no matter the circumstances of your life.

- Tim Keller

Joy is not only happiness. Its is not the kind of happiness that is a fizziness or giddiness that goes away in the face of negative circumstances. It is more like the ballast that keeps a ship stable and upright in choppy water.

- Tim Keller

Though the mills of God grind slowly: yet they grind exceedingly fine. He stands waiting, with exactness grinds he all.”

- Henry Wadsworth Longfellow

Human beings change through study, habit, and stories.

- David Goggins

The Christmas spirit does not shine out in the Christian snob. For the Christmas spirit is the spirit of those who, like their Master, love their whole lives on the principle of making themselves poor - spending and being spent - to enrich their fellow humans, giving time, trouble, care and concern, to do good to others - and not just their own friends - in whatever way there seems need.

- J.I. Packer

Attention is the precursor to adoration.

- John Mark Comer

I start with the premise that the function of leadership is to produce more leaders not more followers.

- Ralph Nader

What you aim at is what you see.

- Jordan Peterson

500 small decisions compose your day every day, could you aim one or two of those towards a better result?

- Jordan Peterson

Where you start is not as important as direction you are heading. Perhaps happiness is found in the journey uphill, and not in the fleeting sense of satisfaction awaiting at the next peak. Much of happiness is hope. The internal critic calls you to set something in order.

- Jordan Peterson

Culture isn't a piece of the game, it is the game.

- Gerstner

"Fail faster, succeed sooner."

- Tom Peters

Success is peace of mind which is a direct result of self-satisfaction in knowing you made the effort to become the best of which you are capable.

- John Wooden

On the field of the self stand a knight and a dragon. You are the knight. Resistance is the dragon.

- Steven Pressfield

The role of the director (leader) is to create a space where the actors and actresses can become more than they have ever been before, more than they've dreamed of being.

- Robert Altman

The management of anxiety overlaps with the management of ones self.

- Edwin Friedman

Are you proving people wrong or proving people right? Or more importantly proving yourself and your own standards right?

- Ryan Holiday

Your attitude and behavior are deeply personal but rarely private. Your response is an event for others.

- Focus 3

“There is a wonderful mystical law of nature that the three things that man craves the most in life - happiness, freedom, and peace - are always attained by giving them to someone else.”

- Unknown

Friendship comes from mutual esteem, respect and devotion. Just as in a successful marriage, both sides must work at it.

- John Wooden

We gather strength as we go.

- Latin saying

Death doesn't make life pointless, but rather purposeful.

- Ryan Holiday

Persistence is an action. Perseverance is a matter of will. One is energy. The other, endurance.

- Ryan Holiday

People experience most of their hope and joy and curiosity and engagement as a consequence of pursuing valued goals (and not, as people generally think, by attaining them).

- Self-Authoring

True will is quiet humility, resilience, and flexibility.

- Ryan Holiday

What the psalms are teaching us is that **all true prayer pursued far enough will become praise**. Any prayer, no matter how desperate its origin, no matter how angry and fearful the experience it traverses, will become praise. **It does not always get there quickly. It does not always get there easily. In fact, the trip can take a lifetime! But the end is always praise.** This is not to say that other kinds of prayer are inferior to praise, but that all prayer pursued far enough becomes praise. Don't rush it. Don't try to push it. It may take years, it may take decades before certain prayers arrive at the hallelujahs of [Psalm 150](#). **Not every prayer is capped off with praise. In fact most prayers, if the psalms are a true guide, are not. But prayer is always reaching toward praise, and if pursued far enough, will arrive there.**

- Eugene Peterson

The very presence of such prayers in the Scripture is a witness to God's understanding. He knows how we speak when we are desperate. ... Psalm 39 shows where your deepest feelings - your anger, your tears - belong. ... **Ultimately where your tears belong is not managed or packaged or manicured in some little confessional prayer. They belong in pre-reflective outbursts from the depths of your being in the very presence of God.** ... "I want you to speak and feel in my presence. It's safe. I understand what it's like to be desperate. ... I'm a God of grace. I understand."

- Derek Kidner

Who knows whether you have not come to the kingdom for such a time as this?

- Esther 4:14

Lord, I often catch myself imagining how much greater life would be if I had more. I also quietly boast in my heart when I see myself able to afford certain goods and inhabit certain places. Save my heart from such shallowness and foolishness. Amen.

You travel along a road in steps. Excellence is a matter of steps.

- Ryan Holiday

What is defeat? Nothing but education; nothing but first steps to something better.

- Wendell Phillips

Self-differentiation is a two-step process. The first step is knowing what one believes (an internal task) and the second step is defining oneself to others (an interpersonal task.)

- Edwin Friedman

When you know your why, your what becomes more impactful because your walking towards or in your purpose.

- Michael Jr.

Inspire people to walk in purpose.

- Michael Jr.

“Happiness begins where selfishness ends.”

- John Wooden

“Forget favors given; remember those received. “

- John Wooden

“Be more concerned with what you can do for others than what others can do for you.”

- John Wooden

Happy is your narrative meeting your expectation.

Man does not simply exist but always decides what his existence will be, what he will become the next moment. By the same token, every human being has the freedom to change at any instant.

- Viktor Frankl

Our actions may be impeded...but there can be no impeding our intentions or dispositions. Because we can accommodate and adapt. The mind adapts and converts to its own purposes the obstacle to our acting. The impediment to action advances action. What stands in the way becomes the way.

- Marcus Aurelius

“Overcoming obstacles is a discipline of three critical steps. It begins with how we look at our specific problems, our attitude or approach; then the energy and creativity with which we actively break them down and turn them into opportunities; finally, the cultivation and maintenance of an inner will that allows us to handle defeat and difficulty. It’s three interdependent, interconnected, and fluidly contingent disciplines: Perception, Action, and the Will.”

- Ryan Holiday

Genetics shape you, circumstances influence you, choices define you.

- Tim Knight

Success is not a matter of wanting, success is a factor of who you choose to become and what you choose to do.

- Tim Knight

Leadership gives purpose to people. A sense of belonging.

- Horst Schultz

Mission is what you do today. Vision is about where the mission takes you?

- Horst Schultz

When God put a calling on your life, he already factored in your stupidity.

System 1 thinking is the proverbial skydiver, where System 2 thinking is the proverbial lawyer.

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When you're a businessman and you die, you leave money. But when you're a coach, you leave legacies, pieces of you, in every one of those players you coach."

- Lee Corso

Adaptation is not a reaction, but a series of actions.

The best forecasters are foxes (wide range of experience) with dragonfly eyes (thousands of different perspectives).

- David Epstein

You can have everything in life you want if you will just help enough people get what they want.

- Zig Ziglar

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Coordination is ultimately what limits the ability to express force.

To give anything less than your best is to sacrifice the gift.

- Steve Prefontaine

I always ask our guys in the offseason: If you played [last year's version of] yourself one-on-one, could you dominate yourself now? If you can't say yes, then you have not done your job improving. Those guys have improved

- Tony Bennett

Desirable difficulties make learning more challenging, slower, and more frustrating in the short term, but better in the long term. (Ex getting an answer really wrong makes you remember the correct answer)

- David Epstein

For learning that is both durable (it sticks) and flexible (it can be applied broadly), fast and easy is precisely the problem.

- David Epstein

A leader knows the way, goes the way, and shows the way.

- Tony Evans

For Ezra had set his heart to study the law of the Lord and to practice it, and to teach His statutes and ordinances in Israel.

- Ezra 7:10

Luck is the residue of design.

- Safa

Faith is when you act as if God is telling the truth.

- Tony Evans

A kingdom man is a man who positions himself and operates according to the comprehensive rule of God over every area of his life.

- Tony Evans

Calibrated question: How am I supposed to do that?

He who has learned to disagree without being disagreeable has discovered the most valuable secret of negotiation.

- Robert Estabrook

Progress is made where paradigms meet.

In reality, leadership describes what leaders symbolize more than what they achieve. Productive leadership requires a sense of purpose and meaning in what their leaders represent, such as a social identity or some future opportunity.

- Stan McChrystal

The greatest ability is adaptability.

Train people well enough so they can leave, treat them well enough so they don't want to.

- Richard Branson

Culture is an omnipresent coach.

- Fergus Connelly

Culture coaches when you're not around.

- Fergus Connelly

Lord it feel like you are just looking on passively. But I know that ultimately there is no unanswered prayer, that you hear the desires of my heart and respond to my needs in ways beyond my wisdom. So I wait for you in prayer, Lord. Amen.

When you're in a new situation your genes turn on new proteins and manufactured different structures in your brain. You turn yourself on, and we don't know the limit to that.

If you want to be more than you are go somewhere you haven't been.

Expanding your mastery is deeply meaningful. Your instinct of meaning tells you when you optimize the rate at which you're learning and developing.

We become confident when we practice courage. You need to face the things that you're afraid of. Stand up straight with your shoulders back.

We learn who we are in practice not in theory.

The time to prepare for the operation was yesterday. During the transition to the target, the things I needed most were stillness and peace, with a few subtle cues to remind me of my larger purpose.

- Ben Ives

In order to move people to move themselves, she tells them, I need your expertise.

To sell well is to convince someone else to part with resources - not to deprive that person but to leave him better off in the end.

- Daniel Pink

To truly appreciate something, you must confine yourself to it. There's a certain level of joy and meaning that you reach in life only when you've spent decades investing in a single relationship, a single craft, a single career. And you cannot achieve those decades of investment without rejecting the alternatives. The act of choosing a value for yourself requires rejecting alternative values.

- Mark Manson

A world of flat organizations and tumultuous business conditions - and that's our world - punishes fixed skills and prizes elastic ones.

- Daniel Pink

You value what you see and you see what you value. The world organizes itself based on what you value.

- Jordan Peterson

Here's the Structure of meaning in the sermon on the mount. First set your sights properly love the Lord your God focus on what is divine. Second, worry about the day. Every day when you keep your purpose present when you need to recharge your batteries.

Every player on a team is a role player, and every player on a team should strive to excel at what I consider to be the most important role of all: the role of being a great teammate.

- Jay Bilas

No coach can make you work as hard or want to work as hard as a tough teammate

- Jay Bilas

Entitlement never wins championships. Investment wins championships.

- Jay Bilas

Being poor is not having too little, it is wanting more.

- Seneca

The proper form of being is an eternal form of becoming.

- Jordan Peterson

Reward is the other side of sacrifice.

- James Clear

Success is not a goal to reach or a finish line to cross. It is a system to improve, an endless process to refine.

- James Clear

Sustaining an effort is the most important thing for any enterprise. The way to be successful is to learn how to do things right, then do them the same way every week time.

- Pat Riley

Habits are the backbone of excellence.

- James Clear

We can develop leaders only when we structure things in a way that requires others to lead.

- Francis Chan

The greatest threat to success is not failure but boredom.

- James Clear

Settling is the subtlest form of disobedience.

Habits are how you embody your identity.

When you can't win by being better, you can win by being different. By combining your skills, you reduce the level of competition.

- James Clear

Genes do not determine your destiny they determine your areas of opportunity. Learn to align your ambition with your ability.

- James Clear

Genes can predispose, but they don't predetermine.

- Gabor Mate

The most effective form of motivation is progress.

- James Clear

Thoughts disentangle themselves when they pass through your fingertips.

- Dawson Trotman

Incentives can start a habit. Identity sustains a habit.

The costs of your good habits are in the present. The costs of your bad habits are in the future.

- James Clear

People accept what is the same, but they respect what is different.

- Steven Furtick

To quote another philosopher and Roman emperor Marcus Aurelius “stop arguing what it means to be a good man and just be one.”

‘we often over-estimate our ability to influence the process and determine the outcome—when all we can do is try to influence the distribution of possibilities.’

- Nassim Taleb

“Listen to yourself talk, as if a stranger was talking. Try not to identify too much with what you are saying. Then, observe. See if what you are saying makes you feel stronger physically or weaker. If it makes you feel weaker, stop saying it. Try to reformulate your speech until you can feel the ground under your feet solidifying. Then practice only saying things that make you strong. Stop trying to use your speech to get what you want. Instead, try to articulate what you believe to be true as carefully as possible. Then, accept the outcome.”

- Jordan Peterson

Habits are like the entrance ramp to a highway. They lead you down a path and, before you know it, you’re speeding toward the next behavior.

- James Clear

The best use of life is to spend it on something that outlasts it.

- William James

The closer you get to Jesus the less you need to promote yourself.

- Rick Warren

A sense of purpose sparks above and beyond behaviors.

- Chip Heath

Environment is the invisible hand that shapes human behavior.

- James Clear

Achievement is the enemy of mystery.

Pray in all circumstances not for all circumstances.

Pray confirm me prayers not comfort me prayers.

Your focus determines your feelings.

To be unspiritual means that other things have a growing fascination on you.

- Oswald Chambers

It's hard to give up something that almost works. Fasting is the risk of surrendering the almost things you can control for the promised things you can't control.

Fasting is just choosing another type of feasting

If you're always in a life vest you don't know if you can't swim.

Building habits in the present allows you to do more of what you want in the future.

Habits are mental shortcuts learned from experience.

Habits are, simply, reliable solutions to recurring problems in our environment.

- Jason Hreha

We change bit by bit, day by day, habit by habit. We are continually undergoing microevolutions of the self.

- James Clear

Progress requires unlearning. Becoming the best version of yourself requires you to continuously edit your beliefs, and to upgrade and expand your identity.

- James Clear

Behind every system of actions are a system of beliefs.

- James Clear

Goals are good for setting a direction, but systems are best for making progress.

- James Clear

Goals are the results you want to achieve. Systems are about the processes that lead to those results.

- Scott Adams

Habits are the compound interest of self-improvement.

- James Clear

A good journey begins with knowing where we are and being willing to go somewhere else.

- Richard Rohr

Settling is the subtlest form of rebellion.

Have you lost your sense of chosenness?

Familiarity and memorability are often at odds.

- Chip Heath

The limits of our language are the limits of our world.

- Ludwig Wittgenstein

“The point is to prepare the kid for the road, instead of preparing the road for the kid.”

The more we let god take over, the more truly ourselves we become - because he made us.

- CS Lewis

The great lesson here for all imaginatively gridlocked systems is that the acceptance and even cherishing of uncertainty is critical to keeping the human mind from voyaging into the delusion of omniscience.

- Edwin Friedman

Obedience unlocks understanding.

- Rick Warren

Understanding can wait, obedience can't.

- rick Warren

Innovations are new answers to old questions; paradigm shifts reframe the question.

- Edwin Friedman

“it is self regulation, not feeling for others, that is critical in the face of entities that lack that quality. There is a third alternative that is both caring AND self preserving-one that frees healers, leaders, and parents from this either or choice. It is promoting responsibility for self in another through challenge. But that requires raising ones threshold for their pain and not being sensitive to their sensitivities.”

- Edwin Friedman

A good plan violently executed now is better than a perfect plan executed next week.

There is nothing quite as potent as a focused life, one lived on purpose.

- Rick Warren

The man without a purpose is like a ship without a rudder - a waif, a nothing, a no man.

- Thomas Carlyle

Maturity is the willingness to take responsibility for ones own emotional being and destiny.

- Freidman

No one ever made a decision because of a number. They need a story.

- Daniel Kahneman

The narcissism of small differences.

You are not entitled to your opinion. You are entitled to your informed opinion. No one is entitled to be ignorant.

- Harlan Ellison

Caring is one of the greatest success strategies of all.

- Jon Gordon

Your focus determines your direction, and your direction determines your destiny.

- Coach Wilkerson

Pride is the first chapter in the book of failure, while humility is the first chapter in the book of success.

- Batterson

Faith is taking the first step before God reveals the second step. If you build it, he will come.

- Batterson

The farther backward you can look, the farther forward you can see.

- Winston Churchill

Change of place + change of pace = change of perspective

View affects vision!

The essential thing is heaven and earth is that there should be a long obedience in the same direction; there thereby results, and has always resulted in the long run, something which has made life worth living.

- Nietzsche

You need to practice daily rituals that will inch you closer to your dream. Then you need to stack those successes together. The net result is long obedience in the same direction.

- Mark Batterson

Obedience earns compound interest. Over time it's called faithfulness. And there is a cumulative effect. Eventually the blessings of God will overtake you. God's word does not return void. He is watching over His word to perform it. And he who began a good work will carry it to completion.

- Batterson

We live in a culture that celebrates fifteen minutes of fame, but God honors a lifetime of faithfulness. The longer I live, the more I believe in long obedience in the same direction.

- Batterson

Work ethic plus prayer will inch you closer to your dream.

When we fail to take action, we forfeit the future. Just as inaction is an action, indecision is a decision. Irrelevance is irreverent. Innovation is a form of incarnation.

- Batterson

The Brain processes print a page of 100 bits per second, while processes pictures at 1 billion bits per second. So technically a picture is really worth 10 million words.

- Batterson

Our main business is not to see what lies dimly at a distance but to do what lies clearly at hand.

- Thomas Carlyle

Luck is the residue of preparation.

To live in the past is to die in the present.

You don't discover your destiny your destiny discovers you.

We start dying the day we stop dreaming. And ironically, we start living the day we discover a dream worth dying for.

- Mark Batterson

Mismanaged success is the leading cause of failure. Well-managed failure is the leading cause of success.

- Mark Batterson

Great conflict cultivates great character. If you want to live in epic life, you have to overcome some epic challenges. You have to take some epic risks, make some epic sacrifices.

- Mark Batterson

Criticize by creating.

- Michaelangelo

Imagination is gods gift to you. A dream is your gift back to god.

- Mark Batterson

If you're looking for an excuse you'll always find one.

- Mark Batterson

God called us to play offense.

In every dream journey there comes a moment when you have to quit living as if the purpose of life is to arrive safely at death. You have to go after a dream that is destined to fail without divine intervention.

- Mark Batterson

Language becomes the oxygen that sustains belief. In this way, leaders rewrite the future.

- James Kerr

A quick mind comes with preparation. You prepare so well that you don't have to think; you just react.

- Mike Lombardi

Your best player has to set a tone for intolerance for anything that gets in the way of winning.

- Jeff Van Gundy

The measure of who we are is how we react to something that does not go our way.

- Gregg Popovich

Mental toughness is doing what is best for the team when it might not be best for you.

- Bill Belichick

Prayer is the act of seeing reality from God's point of view.

- Phillip Yancy

The problem is never how to get new innovative thoughts until your mind, but how to get old ones out.

- Dee Hock

Champions behave like champions before they're champions.

- Bill Walsh

The world gets out of the way for people who know where they are going.

Experience is not what happens to a man; it is what a man does with what happens to him.”

- Aldous Huxley

Storytelling helps leaders connect their people’s personal meaning to their vision of the future.

- James Kerr

Successful cultures are organic and adaptive, they change and flow, yet always just under the surface is a bed rock of values, smoothed by the current above, but unyielding.

- James Kerr

Leaders are storytellers. All great organizations are born from a compelling story. This central organizing Thought helps people understand what they stand for and why.

- James Kerr

Authenticity is the alignment of head, mouth, heart and feet - thinking, saying and doing the same thing consistently. This builds trust.

- Lance Secretan

Only when we are brave enough to explore the darkness will we discover the infinite power of the light.

- Brené Brown

The quality of our lives is the sum of decision quality plus luck.

- Annie Duke

Integrity comes from the Latin *integritas* or *integer*. It means being whole and undivided. It is the ethical accuracy of our actions. When our thoughts and words and deeds are as one. A chiropractic alignment in which our core values, purpose, beliefs, and behaviors all flow in the same direction.

High performing teams promote a culture of honesty, authenticity and safe conflict.

Mantras and anchors are the way in which we can tell our story to ourselves and bring us back to the present moment. A mental roadmap in times of pressure.

Where we direct our mind is where our thoughts will take us; our thoughts create an emotion; the emotion defines behavior; or behavior defines our performance. So simply, if we can control our attention, and therefore thoughts, we can manage her emotions enhance our performance.

- James Kerr

Pressure is expectation, scrutiny, and consequence.

- Gilbert Enoka

Stories are how we think. They are how we make meaning of life. Call them schemas, scripts, cognitive maps, mental models, metaphors, or narratives. Stories are how we explain how things work, how we make decisions, how we justify decisions, how we persuade others, how we understand our place in the world, create our identities, and define each social values.

- Pamela Rutledge

We don't so much tell our stories, as stories tell us. Our narratives frame and structure our lives, becoming the prism through which we perceive and live. Great stories happen to those who tell them.

- James Kerr

Our words shape our story and our story becomes the framework for our behaviors.

- James Kerr

The truth will set you free, but not until it's done with you.

- David Foster Wallace

Christianity is not something you do as much as something that gets done to you.

Information is not transformation.

Accepting oneself does not preclude an attempt to become better.

- Flannery O'Connor

There is one quality that trumps all, evident in virtually every great entrepreneur, manager, and leader. That quality is self-awareness. The best thing leaders can do to improve their effectiveness is to become more aware of what motivates them in their decision-making.

- Anthony Tjan

Building purpose is not as simple as carving a mission statement in granite. It's a never-ending process of trying, reflecting, failing, and above all, learning. High-purpose environments don't descend from on high; they are dug out of the ground, over and over, as a group navigates its problems together and evolves to meet the challenges of a fast-changing world.

- Dan Coyle

For the strength of the pack is the wolf and the strength of the wolf is the pack.

- Rudyard Kipling

Pressure is a privilege.

Everything is earned.

If you're not growing anywhere you're not going anywhere.

Creating engagement around a clear, simple set of priorities can function as a lighthouse, orienting behavior and providing a path toward a goal.

- Dan Coyle

If you want to grow you'd better name your priorities, then you'd better name the behaviors that support the priorities.

- Don Meyer

May you learn to see your self with the same delight, pride, and expectation with which God sees you and every moment.

- Brother Dave

Sooner or later we must distinguish between what we are not and what we are. We must except the fact that we are not what we would like to be. We must cast off or false exterior self like that she's been showing garment that it is. We must find a real self, and all it elemental poverty, but also and it's great and very simple dignity; created to be the child of God, and capable of loving with something of God on sincerity and his unselfishness.

- Thomas Merton

To know oneself is, above all, to know what one lax. It is the measure oneself against truth, and not the other way around. The first product of self-knowledge is humility.

- Flannery O'Conner

Without knowledge of self there is no knowledge of God.

- John Calvin

True love is love that causes us pain, that hurts, and yet brings us joy. That is why we must pray and ask for the courage to love.

- Mother Theresa

“When a flower doesn't grow, you fix the environment for which it grows; not the flower”

- Justin Barber

Excellence is a process of evolution, of cumulative learning, or incremental improvement.

- James Kerr

Culture is a set of living relationships working toward a shared goal. It's not something you are. It's something you do.

- Dan Coyle

Culture from the Latin, cultus which means care.

Vision without action is a dream. Action without vision is a nightmare.

- Will Hogg

From self-knowledge we develop character and integrity.

- mike Lombardi

Action isn't just the effect of motivation; it's also the cause of it.

- Mark Manson

Improvement at anything is based on thousands of tiny failures, and the magnitude of your success is based on how many times you've failed at something.

- mark Manson

Character cannot be summoned at the moment of crisis if it has been squandered by years of compromise and rationalization. The only testing ground for the heroic is the mundane. The only preparation for that one profound decision which can change a life, or even a nation, is those hundreds of half-conscious, self-defining seemingly insignificant decisions made in private. Habit is the daily battleground of character.

- Daniel Coates

Excellence is mundane. Excellence is accomplished through the doing of actions, ordinary in themselves, performed consistently and carefully, habitualized, compounded together, added up over time,

“Yes, but the main thing is that greatness is doable. Greatness is many, many individual feats, and each of them is doable.”

“Superlative performance is really a confluence of dozens of small skills or activities, each one learned or stumbled upon, which have been carefully drilled into habit and then are fitted together in a synthesized whole. There is nothing extraordinary or superhuman in any one of those actions; only the fact that they are done consistently and correctly, and all together, produce excellence.”

The problem is that we “prefer our excellence fully formed”, “we prefer mystery to mundanity”, but why...????

“For if we think of genius as something magical we are not obliged to compare ourselves and find ourselves lacking...To call someone divine means: here there is no need to compete”
- Nietzsche

“[The Christian] will wait patiently for the revelation of [the eternal life contained in God’s promise], and in so doing he will constantly rise up with wings like an eagle—a pilgrim who is hard pressed but not pressed down, often weary but not exhausted, often distressed but not in despair, often astray but not lost, seeking but also finding, asking but also receiving, and in the last analysis—in the light of his ultimate goal—merry and joyful.”
— Karl Barth

Certainty is the enemy of growth. Being wrong opens up the possibility of change.

- mark Manson

Growth is an endlessly iterative process. When we learn something new, we don’t go from wrong to right. Rather we go from wrong to slightly less wrong.

- mark Manson

Do you want to make your children safe or strong?

- Jordan Peterson

To stand up straight with your shoulders back is to expect a terrible responsibility of life with eyes wide open. It means deciding to voluntarily transform the chaos of potential into the realities of habitable order.

- Jordan Peterson

A shared cultural system stabilizes human interaction but is also a system of value in the absence of such a system of value people simply cannot act. A valid goal by necessity is

something valuable because both action and perception require a goal. We are not happy unless we see ourselves progressing, the very idea of progression implies value.

- Jordan Peterson

One day in retrospect the years of struggle will strike you as the most beautiful.

- Freud

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- Mark Batterson

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Accepting oneself does not preclude an attempt to become better.

- Flannery O'Connor

There is one quality that trumps all, evident in virtually every great entrepreneur, manager, and leader. That quality is self-awareness. The best thing leaders can do to improve their effectiveness is to become more aware of what motivates them in their decision-making.

- Anthony Tjan

One's values determine what you pay attention to.

Modern relativism begins by asserting that making judgements about how to live is impossible, because there is no real good, and no true virtue. Thus relativism's closest approximation to virtue is tolerance.

- Jordan Peterson

Virtues are the ways of behaving that are most conducive to happiness in life.

- Aristotle

The favor of god is what god can do for you that you cannot do for yourself.

- Mark Batterson

I don't love my kids equally, I love them uniquely.

- Mark Batterson

Speech matters, because that's how you turn potential into reality.

It's OKAY to make mistakes. It's UNACCEPTABLE not to learn from them.

- Ray Dalio

Great creative minds think like artists but work like accountants.

- David Brooks

There is no worse course in leadership than to hold out false hope soon to be swept away.

- Winston Churchill

The task of the craftsman is not to generate meaning, but rather to cultivate in himself the skill of discerning the meanings that are already there.

- Hubert Dreyfus

I'll live the focused life, because it's the best there is.

- Winifred Gallagher

An idle mind is the Devils workshop.

- Winifred Gallagher

Who you are, what you think, feel, and do, what you love - is the sun of what you focus on.

- Winifred Gallagher

And finally, high standards are fun! Once you've tasted high standards, there's no going back. So, the four elements of high standards as we see it: they are teachable, they are domain specific, you must recognize them, and you must explicitly coach realistic scope.

- Amazon

The present is the past rolled up for action, and the past is the present unrolled for understanding.

Don't pursue passion in life, become passionate about pursuing your purpose.

There's two types of pain in this life, the pain of regret and the pain of discipline.

- Joe Taylor

Commencement speakers are always telling young people to follow their passions. Be true to yourself. This is a vision of life that begins with self and ends with self. But people on the road to inner light do not find their vocations by asking, what do I want from life? They ask, what is life asking of me? How can I match my intrinsic talent with one of the world's deep needs?

- David Brooks

I would maintain that thanks are the highest form of thought, and that gratitude is happiness doubled by wonder. —Chesterton

"Passion is an emotion sparked by the right attitude toward the right pursuits."

- Todd gongwer

The measure of who we are is how we react to something that does not go our way."

~ Gregg Popovich

Worship is worry in reverse.

Successful people do consistently what others do occasionally.

- Craig Groeschel

Success is moving from victim to victory through the greatest power we have - the power to choose.

- Dale Brown

an active focus on personal development and leadership would create capacity, capability and loyalty.

- James Kerr

Ethos is the Greek word for character. Descended from the same root as the word ethics, it is used to describe the beliefs, principles, values, codes and culture of an organization. It is the 'way we do things around here', the unwritten (and sometimes written) rules, the moral character of a particular group of people.

- James Kerr

Character rises out of our values, our purpose, the standards we set ourselves, our sacrifice and commitment, and the decisions we make under pressure, but it is primarily defined by the contribution we make, the responsibility we take, and the leadership we show.

- James Kerr

What you leave behind is not what is engraved in stone monuments, but what is woven into the lives of others.

- James Kerr

True leaders are stewards of the future. They take responsibility for adding to the legacy.

- James Kerr

Courage is resistance to fear, mastery of fear-not absence of fear.

- Mark Twain

Language becomes oxygen that sustains belief. In this way leaders rewrite the future.

- James Kerr

Wisdom consists of appreciating the preciousness and finiteness of our own existence and therefore not squandering it.

- Steven Pinker

Pressure is expectation, scrutiny, and consequence.

Ever tried. Ever failed. No matter. Try again. Fail again. Fail better.

- Samuel Beckett

It is better to have a thousand enemies outside the tent than one inside it.

- Arab proverb

What you leave behind is what is woven into the lives of others.

- Pericles

Saying yes to high performance means first saying no.

- James Kerr

Are you willing to do a hundred different things 1% better?

Just because its common sense, doesn't mean its common practice.

- Gilbert Enoka

Structure follows strategy.

- Alfred Chandler

Excellence is a process of evolution, of cumulative learning, of incremental improvement.

- James Kerr

Motivation comes from mastery, autonomy, and purpose.

- Daniel Pink

Leaders create ownership, autonomy, and initiative.

Leaders arm their subordinates with intent, then get out of the way.

Leaders create leaders by passing on responsibility, creating ownership, accountability, and trust.

- James Kerr

Your mission should be written on your walls, but its far more important that its written on the hearts of every single team member.

- Craig Groeschel

Healthy cultures never happen by accident. They are created. Culture is a combination of what you create and what you allow. If you don't like what you have, change what you tolerate and what you expect.

- Criag Groeschel

Lay first the foundation of humility...the higher your structure is to be, the deeper must be its foundation.

- St Augustine

The two questions we should continually be asking ourselves are: what am I working towards?
What are the core values that drive my life?

- James Clear

Our values decide our character. Our character decides our value.

The vision into action paradox: vision without action is a dream. Action without vision is a nightmare.

- Japanese Proverb

Leaders create the right environment for the right behaviors to occur.

- Owen Eastwood

Winning takes talent, but to repeat winning takes character.

- John Wooden

What is my job on the planet? What is it that needs doing, that I know something about, that probably won't happen unless I take responsibility for it?

- Buckminster Fuller

From self-knowledge we develop character and integrity. And from character and integrity comes leadership.

Only by knowing yourself can you become an effective leader.

- Vince Lombardi

Successful leaders balance pride with humility: absolute pride in performance; total humility before the magnitude of the task.

- James Kerr

You are always saying no to something.

Leaders listen attentively, speak candidly, and treat others respectfully.

- Amazon Leadership Principles

Excellence doesn't mean perfection. It means doing all you can with all you have at that moment.

- Dr Tony Evans

People do not decide their futures, they decide their habits and their habits decide their futures.

- F.M. Alexander

A principle for the mind, a picture for the heart.

If we build it, they will come - but only if we're explicit about who it's for and why it's for them.

- Bernadette Jiwa

You become obsessed with the things you pray about.

- Nirup Alphonse

Simplicity is the ultimate sophistication.

- Leonardo da Vinci

Most great revolutions in science are preceded by revolutions in measurement.

- Erik Brynjolfsson

The power of genius is the force of will necessary to make all the mistakes necessary to get the right answer.

If it weren't for the conviction we gained in the struggle - for the ownership that we developed in the process - I don't think we'd actually have had the guts to put our solutions into practice.

- AL Rogo

“On matters of style, swim with the current, on matters of principle, stand like a rock.”

- Thomas Jefferson

Scouting is about elimination more than finding.

- Mike Lombardi

Just bet on you. You put the work in, and you commit to something without knowing the outcome. Most people are afraid to do that.

- Herm Edwards

You gain trust by focusing on three things: consistency, precise messaging, and a willingness to explain your motivations.

“The biggest threat to good decision making is harmful emotions, and decision making is a two-step process (first learning and then deciding).”

- Ray Dalio

Develop transformational processes to make sure gaps don't exist.

When you feel like your situation is beyond your control, pray and surrender. Focus on what you can control and let go of what you can't.

- Jon Gordon

The 'now' is where your power is the greatest.

- Jon Gordon

Our goal is not to please everyone but instead for them to trust that what we tell them is the truth.

- Greg Brenneman

The illiterate of the 21st century will not be those who cannot read and write but those who cannot learn, unlearn, and relearn.

- Alvin Toffler

Success that is not shared is a failure.

Don't think about how you feel, choose to do what you need to do to get better.

- Nick Saban

Hard is not always bad for you.

- Nick Saban

Seeing, savoring and showing the supremacy of Christ is the ultimate goal.

- John Piper

I did work hard, but God was working hard in me. God gave me the passion and work to do.

- Judah Smith

Living things die, after all, without attention. Life is indistinguishable from effortful maintenance.

- Jordan Peterson

Prayer offerings turn to praise offerings.

- Mark Batterson

I don't believe in coincidences, I believe in Providence. I believe there is a God in heaven who directs our steps, who prepares good works in advance, who causes all things to work together for good, who fights our battles for us!

- Mark Batterson

Our job as marketers, teachers, and leaders is to build better bridges to enable the right change to happen. We can choose to do it on purpose.

- Bernadette Jiwa

Focus on being interested rather than being interesting.

We'll start the war from right here.

- Theodore Roosevelt

If we do little things like they are big things, then god will do big things like they are little things.
SOW SOW SOW!

- mark batterson

Prayer is the difference between seeing with our physical eyes and seeing with our spiritual eyes.

- Mark Batterson

Memory is the past's guide to the future.

- Jordan Peterson

You can't fix a car with an axe, but you can cut down a tree. At least that's something.

- Jordan B Peterson

Work like it depends on you, pray like it depends on God.

The world has yet to see what God will do with and for and through and in and by the man who is fully and wholly consecrated to him.

- Dwight L Moody

By becoming a little better each and every day, over a period of time, you will become a lot better.

- John Wooden

Successful people do ordinary things with extraordinary consistency, commitment, and focus.

- Jon Gordon

Be great at the things that take no talent.

- Brad Stevens

Do the best you can, until you know better. Then, when you know better, do better.

- Maya Angelou

Meaning is the mature replacement of expediency. Meaning emerges when impulses are regulated, organized and unified. Meaning emerges from the interplay between the possibilities of the world and the value structure operating within that world.

- Jordan B. Peterson

Once integrated, the successful adult must learn how to be just the right amount different from everyone else.

- Jordan B. Peterson

“Discipline is the greatest form of love you can show someone. Great players crave discipline”
– Tom Izzo

“People think focus means saying yes to the thing you’ve to focus on. But that’s not what it means at all. It means saying no to the hundred other good ideas that there are. You have to pick carefully. I’m actually as proud of the things we haven’t done as the things I have done. Innovation is saying no to 1,000 things.”

- Steve Jobs

The story of the golden calf reminds us that without rules we quickly become slaves to our passions - and there’s nothing freeing about that.

- Norman Doidge

Apparent complexity is really composed of simple underlying patterns.

- Sun Tzu

Don't confuse hope for a plan.

The biggest risk is that you have a losing strategy when you think you have a winning one.

- Farnam Street

Part of decision making really comes pArtly from preparation. You don't know when you're going to use it.

- Farnam Street

The purpose of memory is to extract out the lessons of past in order to avoid mistakes of the past and to restructure the future.

- Jordan Peterson

Passing on knowledge is like passing on DNA - it is more important than the individual, because it lives way beyond the individuals life.

- ray dalio

Satisfaction of success doesn't come from achieving your goals, but from struggling well.

- ray Dalio

Good habits come from thinking repeatedly in a principled way, like learning to speak a language. The good thinking comes from exploring the reasoning behind the thinking.

- Ray Dalio

"never a question whether we will or will not develop habits and virtues, but what kind of habits and virtues we will develop."

- Stanley Hauerwas

Together, individualism and liberalism eat away at the conditions and virtues necessary for community, leaving Americans incredibly lonely and without any story by which to make sense of their sad condition.

The secret to all victory lies in the organization of the non-obvious.

- Aurelius

The Path of least resistance is the path of the loser.

“My philosophy is you maximize what they do well, first,” Borrego said. “Don’t try to complete the entire puzzle” on the fly.

“We get lost as coaches in trying to create this incredible player overnight, and we end up losing our player. ...We’ll identify a few areas, two or three areas, that we want to focus on right now in the summertime and we’ll work on those.”

Do that – just that – to great success with those five guys, and you’ve made a difference already.

- James Borrego

It’s not what you know, but what you can remember when you need it.” Since there is an infinite amount of detail in any situation, the trick is to find useful models that capture the salient facts and provide a framework to organize the rest of the relevant details.

the pain is part of the path.

- Brad Stevens

“When considering the consequences of not doing the little things, you realize there are no little things.”

– Brad Stevens

Amateurs talk strategy, professionals talk logistics.

Inches make champions.

- Vince Lombardi

Success is peace of mind, which is a direct result of self-satisfaction in knowing you made the effort to become the best which you are capable.

- John Wooden

Ambition is a noble passion which may legitimately take many forms... but the noblest ambition is that of leaving behind something of permanent value.

- GH Hardy

Whatever you hold in your mind on a consistent basis is exactly what you will experience in your life.

- Tony Robbins

"Toughness is being able to physically and emotionally perform your task through any condition."

- brad Stevens

What happened? As long as the task involved only mechanical skill bonuses worked as they would be expected: the higher the pay, the better the performance. Okay? But once the task called for even rudimentary cognitive skill, a larger reward led to poorer performance... Around the desire to do things because they matter, because we like it, they're interesting, or part of something important. And to my mind, that new operating system for our businesses revolves around three elements: autonomy, mastery and purpose. Autonomy: the urge to direct our own lives. Mastery: the desire to get better and better at something that matters. Purpose: the yearning to do what we do in the service of something larger than ourselves. These are the building blocks of an entirely new operating system for our businesses.

- Daniel Pink

Where do you look for life, for satisfaction and contentment, for identity and belonging, for meaning and purpose, for inner peace and security? What gets you out of bed each morning? Be honest with yourself! What rules your heart?

Failure is just Practice for Success.

- Unknown

So this is your heritage, the certainty that you wasted your life.

- Paulo Coelho

The future has many names. For the weak, it's unattainable. For the fearful it's unknown. For the bold it's ideal.

- Victor Hugo

"I wanted to change the world. But I have found that the only thing one can be sure of changing is oneself."

-Aldous Huxley

People think of freedom as the ability to implement your whim but sustainable freedom isn't about that at all. Real freedom is about responsibility, it's about determining which load you're going to pickup and carry.

- Jordan Peterson

The leaders who work most effectively, it seems to me, never say 'I'. That's not because they have not trained themselves not to say I. They don't think 'I'. They think "we" they think "team" ...this is what creates trust, what enables you to get the task done."

- Peter Drucker

Principles are ways of dealing with situations. They are the evolving record of our understanding of what works well.

- Ray Dalio

"In retrospect, my crash [failure] was one of the best things that ever happened to me because it gave me the humility I needed to balance my aggressiveness. I learned a great fear of being wrong that shifted my mind-set from thinking 'I'm right' to asking myself 'How do I know I'm right?' And I saw clearly that the best way to answer this question is by finding other independent thinkers who are on the same mission as me and who see things differently from me. By engaging them in thoughtful disagreement, I'd be able to understand their reasoning and have them stress-test mine."

- Ray Dalio

The purpose of memory is to extract out from the past lessons to construct the future.

- Jordan Peterson

Popovich's rules include: don't skip steps, have a sense of humor, and get over yourself.

Heroism is about values and virtues, not about power. Responsibility, respect, humility, truth, justice, freedom, and love, are the essence of moral heroism.

- Kofman

[Leadership has nothing to do with formal authority; it has everything to do with moral authority.](#)

You can't threaten or buy hearts and minds; you can only earn and deserve them. People will only give their best to worthy missions and trustworthy leaders.

Creating momentum is the art of creating sustained effectiveness.

- Ferguson Connelly

"For to this end we toil and strive, because we have our hope set on the living God, who is the Savior of all people, especially of those who believe."

1 Timothy 4:10

A smooth sea never made a skillful sailor.

The future belongs to those who show up.

Always be killing sin, or it will be killing you.

- John Owen

Don't activate your inner-lawyer, don't get defensive.

Spiritual blindness happens at the intersection of the deceptiveness of sin and the delusion of self-knowledge.

- Paul David Tripp

"Destiny is not a matter of chance; it is a matter of choice. It is not a thing to be waited for, it is a thing to be achieved."

—William Jennings Bryan

What you do is more important than how you do everything else, and doing something well does not make it important.

- Tim Ferris

What are your convictions? Because growth is non-linear.

Strategy is an action plan that's focused on achieving a defined purpose.

- Ferguson Connelly

"All the benefits in life come from compound interest—money, relationships, habits—anything of importance."

- Naval

"Success is the enemy of learning. It can deprive you of the time and the incentives to start over. Beginner's mind also needs beginner's time."

- Naval

Sophisticated foods are bittersweet (wine, beer, coffee, chocolate). Addictive relationships are cooperative and competitive. Work becomes flow at the limits of ability. The flavor of life is on the edge."

- Naval

"A job is a vocation only if someone else calls you to do it for them rather than for yourself. And so our work can be a calling only if it is reimagined as a mission of service to something beyond merely our own interests. Thinking of work mainly as a means of self-fulfillment and self-realization slowly crushes a person...we are continuing God's work of forming, filling, and subduing. Whenever we bring order out of chaos, whenever we draw out creative potential, whenever we elaborate and "unfold" creation beyond where it was when we found it, we are following God's pattern of creative cultural development."

- Tim Keller

There are no secrets to success. It is the result of preparation, hard work, and learning from failure.

- Colin Powell

In many areas of life, freedom is not so much the absence of restrictions as finding the right ones, the liberating restrictions. Those that fit with the reality of our nature and the world produce greater power and scope for our abilities and a deeper joy and fulfillment. Experimentation, risk, and making mistakes bring growth only if, over time, they show us our limits as well as our abilities. If we only grow intellectually, vocationally, and physically through judicious constraints—why would it not also be true for spiritual and moral growth? Instead of insisting on freedom to create spiritual reality, shouldn't we be seeking to discover it and disciplining ourselves to live according to it?

- Tim Keller

What you know doesn't mean anything. What do you do consistently?

- tony robbins

We think that if we don't feel something there can be no authenticity in doing it. But the wisdom of God says something different: that we can act ourselves into a new way of feeling much quicker than we can feel ourselves into a new way of acting.

- Eugene Peterson

Deep work are professional activities performed in a state of distraction free concentration that push your cognitive capabilities to their limit. These efforts create new value, improve your skill, and are hard to replicate.

Pride blunts the very instrument we need to own in order to succeed: our mind. Our ability to learn, to adapt, to be flexible, to build relationships, all of this is dulled by pride.

- Ryan Holiday

We believe in teaching and learning foundational principles. We believe in the pursuit of mastery through deliberate practice. We believe in progress over perfection. Explore Excellence.

Leaders cannot rely on static maps.

- Kenneth Mikelsen

Passion is *about*. (I am passionate about _____). Purpose is about to and *for*. (I must do _____). I was put here to accomplish _____. I am willing to endure

_____ for the sake of this). Actually, purpose deemphasizes the *I*. Purpose is about pursuing something outside of yourself as opposed to pleasuring yourself.

- Ryan holiday

Evolution is chaos with feedback.

- Joseph ford

We grow in direct proportion to the amount of chaos we can sustain and dissipate.

- Ilya prigogine

The pretense of knowledge is our most dangerous vice, because it prevents us from getting any better. Studios self-assessment is the antidote.

- Ryan Holiday

A man is worked on by what he works on.

- Frederick Douglas

Facts are better than dreams.

- Churchill

“A true friend always lets you in, and never lets you down/“

- Tim Keller

Contrast who the audience is before they adopt your idea with who they will be when they leave. Acknowledge it will be difficult, but worth it because you've given them hope with a vision of the future.”

- Nancy Duarte

“Opportunity is not a lengthy visitor.”

- Daryl Morey

OWN it!

Leadership is simple, but not easy.

- jocko

Simple, not easy.

- dean lister

"I write because I don't know what I think until I read what I say."

- Flannery O'Connor

No man ever steps in the same river twice; for it's not the same river and he's not the same man.

"I think the thing attracting men to my message is a call to responsibility essentially. I think that people (especially young men) are sick of being fed a constant diet of, 'you're good enough', 'you should feel happy with who you are', an endless diet of rights and freedoms will give you a meaningful life, sort of pat you on the back side of reality. Then there is the lack of call to adventure. The accusation that men face increasingly that their active presence in the world does nothing but contribute to tyranny and oppression. Which I think is pernicious and destructive nonsense of the worst kind. Its necessary for men to grow up, get their act together, to adopt responsibility, to bear a burden, to speak truthfully, and to take responsibility because there are important things to do in the world. Because the world will be a lesser place if they don't allow whats within them to come forward.

- Jordan Peterson

"I don't believe in work-life balance. I believe if you view your work as a calling, as a labor or love, rather than laborious. When your work is a calling you are not approaching the amount of hours you are working with a sense of dread, or counting the minutes till the weekend. Your calling can become a life-affirming engagement that can provide its own balance and spiritual nourishment. Ironically it can take hard work to achieve this. So when you're in your 20's and 30's and you want to have a remarkable, fulfilling career, you must work hard. If you don't work harder than everyone else you will not get ahead. Also, if your looking for work-life balance in your 20's and 30's your probably in the wrong career. If you're doing something you love you don't want work-life balance, you want to do this thing you love as often as possible."

- Debbie Millman

A solid routine saves you from giving up.

- John Updike

Suffering ends the moment gratitude begins.

Joy is the feeling of competency increasing.

- Neitzche

One of the most common causes of failure is the habit of quitting when one is overtaken by temporary defeat.

- Napoleon Hill

Leadership isn't one person leading a team. It is a group of leaders working together, up and down the chain of command, to lead.

- jocko

In the Seal teams, the bond of brotherhood is our strongest weapon.

- jocko Willink

Clean up your room and see what happens.

- Jordan b. Peterson

When you do something you shouldn't do its worse than you think, and when you do something you should do its better than you think.

- Jordan B. Peterson

The thing that sustains people through life is the lifting of a worthwhile burden.

- Jordan B. Peterson

How you do anything is how you do everything.

The way you do small things is the way you do all things.

Everything is Everything.

You will never change your life until you change something you do daily. The secret of your success is found in your daily routine.

- Darren Hardy

Your success in life is the sum of habits you create.

- self journal

Success means doing the best you can with what we have. Success is the doing, not the getting, in the trying, not the triumph. Success is a personal standard, reaching for the highest that is in us, becoming all that we can be.

- Zig Ziglar

What might you want to do someday as a result of today?

- Greg Mckeown

Every day do something that will inch you closer to a better tomorrow.

- Doug Firebaugh

“For if we think of genius as something magical we are not obliged to compare ourselves and find ourselves lacking... To call someone divine means: here there is no need to compete”

- Nietzsche

Excellence is mundane. Excellence is accomplished through the doing of actions, ordinary in themselves, performed consistently and carefully, habitualized, compounded together, added up over time.

- Daniel Chambliss

“Yes, but the main thing is that greatness is doable. Greatness is many, many individual feats, and each of them is doable.”

- Angela Duckworth

“Nobody wants to show you the hours and hours of becoming. They'd rather show the highlight of what they've become.”

- Angela Duckworth

“...grit grows as we figure out our life philosophy, learn to dust ourselves off after rejection and disappointment, and learn to tell the difference between low-level goals that should be abandoned quickly and higher-level goals that demand more tenacity. The maturation story is that we develop the capacity for long-term passion and perseverance as we get older.”

- Angela Duckworth

“...there are no shortcuts to excellence. Developing real expertise, figuring out really hard problems, it all takes time—longer than most people imagine....you've got to apply those skills and produce goods or services that are valuable to people....Grit is about working on something you care about so much that you're willing to stay loyal to it...it's doing what you love, but not just falling in love—staying in love.”

- Angela Duckworth

I saw the angel in the Marble and carved until I set him free.

- Michelangelo

Adversity introduces a man to himself.

If we are only interested in results we defeat the purpose. The process is the purpose.

2017 - Favorite Quotes

If we are only interested in results we defeat the purpose. The process is the purpose.

Without great solitude no serious work is possible.

- Pablo Picasso

The ability to choose cannot be taken or even given away - it can only be forgotten.

- greg mckeown

It is the ability to choose which makes us human.

- Madeleine L'Engle

What if we stopped celebrating being busy as a measurement of importance? What if instead we celebrated how much time we had spent listening, pondering, meditating, and enjoying time with the most important people in our lives?

- greg mckeown

Instead of making just a millimeter of progress in a million different directions he began to generate tremendous momentum towards accomplishing the things that were truly vital.

- greg mckeown

Leadership is not about being right all the time. Leadership is about integrity, honesty, and accountability. All components of trust.

- Simon Sinek

Stoicism is not the suppression of emotion, it is the domestication of them.

- ryan holiday

“If parents want to give their children a gift, the best thing they can do is to teach their children to love challenges, be intrigued by mistakes, enjoy effort, and keep on learning. That way, their children don’t have to be slaves of praise. They will have a lifelong way to build and repair their own confidence.”

- Carol Dweck

In a weak culture, we veer away from doing the "right thing" in favor of doing "the thing that's right for me"

- Simon sinek

Our doubts are traitors, and make us lose the good we oft might win, by fearing to attempt”.

- William Shakespeare

We can say this much with confidence: When change works, it tends to follow a pattern. The people who change have clear direction, ample motivation, and a supportive environment. In other words, when change works, it’s because the Rider, the Elephant, and the Path are all aligned in support of the switch.

- Chip Heath

Change isn’t an event, its a process.

- Chip Heath

That’s the paradox of the growth mindset. Although it seems to draw attention to failure, and in fact encourages us to seek out failure, it is unflaggingly optimistic. We will struggle, we will fail, we will be knocked down—but throughout, we’ll get better, and we’ll succeed in the end.

- Chip Heath

When you improve a little each day, eventually big things occur.

- John Wooden

Clarity dissolves resistance.

- Chip Heath

Narrative is a key tool for leadership, because it helps us deal with organizations as living organisms that need to be tended, nurtured and encouraged to grow. It thrives on inspiration rather than administration, fostering change rather than stasis.

- Steve Denning

No good life is possible unless it is organized around a vocation. If you try to use your work to serve yourself, you'll find your ambitions and expectations will forever run ahead and you'll never be satisfied. If you try to serve the community, you'll always wonder if people appreciate you enough. But if you serve work that is intrinsically compelling and focus just on being excellent at that, you will wind up serving yourself and the community obliquely. A vocation is not found by looking within and finding your passion. It is found by looking without and asking what life is asking of us. What problem is addressed by an activity you intrinsically enjoy?

- David Brooks

Quantity has a quality all its own.

- Napoleon

"Thoughts, are like the precious moments that fly past; once gone they can never be caught again."

- Alexander Bell

"For success, like happiness, cannot be pursued; it must ensue."

- Victor Frankl,

"Winners act like winners before they become winners. That's how they become winners."

-Bill Walsh

"Ordinary people seek entertainment. Extraordinary people seek education and learning."

-Benjamin Hardy

"Every skill you acquire doubles your odds of success."

-Scott Adams

“Would you like me to give you a formula for success? It’s quite simple, really: Double your rate of failure. You are thinking of failure as the enemy of success. But it isn’t at all. You can be discouraged by failure or you can learn from it, so go ahead and make mistakes. Make all you can. Because remember that’s where you will find success.”

-Thomas J. Watson

"The moment you accept total responsibility for EVERYTHING in your life is the day you claim the power the change ANYTHING in your life."

-Hal Elrod

Often when you think you’re at the end of something, you’re at the beginning of something else.

- Fred Rogers

A team is a living organism. It has to be touched every single day.

- Unknown

As to methods, there may be a million and then some, but principles are few. The man who grasps principles can successfully select his own methods.

- Ralph Waldo Emerson

Do what you can, with what you have, where you are.

- Theodoore roosevelt

A saint is never consciously a saint; a saint is consciously dependent on God.

- Oswald chambers

Your aim determines the world you live in. What you aim at determines your work.

- John Peterson

Humility means to be deeply aware of your own ignorance.

- John Peterson

Our love grows soft if it is not strengthened by truth, and our truth grows hard if it is not softened by love.

- John Stott

Tell me and I forget. Teach me and I remember. Involve me and I learn.

- Ben Franklin

Discipline is your best friend. It will take care of you like nothing else can. It will put you on that path to freedom.

- Jocko Willink

Success is a few simple disciplines, practiced every day; while failure is simply a few errors in judgment, repeated every day.

—Jim Rohn

Winning is difficult, but to win again is more difficult - because egos appear. Many people who win once have already achieved what they wanted and don't have any more ambition."

- Carles Puyol

"We don't even have to be on the right page, just as long as we're on the same page."

- Brad Stevens

"It is essential to understand that battles are primarily won in the hearts of men. Men respond to leadership in a most remarkable way and once you have won his heart he will follow you anywhere."

- Vince Lombardi

Doubt kills more dreams than failure ever will.

- Suzy Kassam

If you don't know where you are going, you'll end up someplace else.

- Yogi Berra

What gets measured gets managed.

- Peter Drucker

Talent is never enough. With few exceptions the best players are the hardest workers.

- Magic Johnson

The future comes one day at a time.

- Dean Acheson

Sunshine is the best disinfectant.

- Louis Brandeis

Don't focus on the outcome. Focus on your people, purpose and process that create the outcome.

. – Jon Gordon

Try not to become a man of success, but rather, try to become a man of value.

- Alber Einstein

Don't Go through life. Grow through life.

- Eric Butterworth

Continuous improvement is better than delayed perfection.

- mark twain

The point of purpose is to determine how you will serve others. If you don't have a plan to serve, you don't need purpose.

- Cheryl bachelder

Purpose is often found at the intersection between a stirred heart, opportunity, and skill.

- Andy Stanley

No you're not perfect but you're not your mistakes.

- Kanye

Even though you're fed up, you got to keep ya head up.

- 2pac

Rosa Parks sat so Martin Luther could walk. Martin Luther walked so Obama could run. Obama ran so all the children could fly. So ima spread my wings, you can meet me in the sky.

- Jay Z

How can the sky be the limit when there's footprints on the moon.

- Logic

My hustle is nonstop. I'll never stop hustling.

- Jeezy

Be yourself. Everyone else is already taken."

- Oscar Wilde

I want you to be more.

- Coach K

Be where your feet are.

If your actions inspire others to dream more, learn more, do more, and become more, you are a leader.

- John Quincy Adams

People who think money will make you happy, don't have any.

- David Geff

Positive psychology can be summed up in three words. Other people matter.

- Dr Chris Peterson

"I've made billions and billions of dollars worth of failures."

- Jeff Bezos

"It is more important to know where you are going than to get there quickly. Do not mistake activity for achievement."

- Isocrates

Thanks for being part of the solution.

- Janet Judge

If you gave to the place where you lost your life for me, I can give to the place where I change my life for you.

Tim Keller

Whatever we plan in our subconscious mind and nourish with repetition and emotion will one day become reality.

- Earl Nightingale

The Law of Category "In the world of ideas, to name something is to own it. If you can name an issue, you can own the issue."

—Thomas L. Friedman I

“Losers have goals. Winners have systems.”

- Scott Adams

“If you would not be forgotten as soon as you are dead and rotten, either write things worth reading, or do things worth writing.”

- Ben Franklin

If you let your learning lead to knowledge, you become a fool. If you let your learning lead to action, you become wealthy.”

- Jim Rohn

“Mastery doesn’t come from an infographic. What you know doesn’t mean shit. What do you do consistently?”

- Tony Robbins

I didn’t survive. I prepared.

- Nelson Mandela

Being busy is a form of laziness—lazy thinking and indiscriminate action. Being busy is most often used as a guise for avoiding the few critically important but uncomfortable actions.

- Tim Ferris

The best plan is the one that let’s you change you plan.

- Derek Sivers

“If [more] information was the answer, then we’d all be billionaires with perfect abs.” TF: It’s not what you know, it’s what you do consistently.

- Tim Ferris

You can’t get much done in life if you only work on the days you feel good.

- Jerry west

Train hard. Play easy.

- Alec Stewart

Are you done? Is that the best work you can possibly do?

- Alec Stewart

“To do original work: It’s not necessary to know something nobody else knows. It is necessary to believe something few other people believe.”

– Marc Andreessen

Good stories always beat good spreadsheets.

- Chris Sacca

It may be lucky, but its not an accident.

- Chris Sacca

“Give me six hours to chop down a tree and I’ll spend the first four sharpening the axe.”

- Abe Lincoln

There is no path. The path is made by walking.

- Antonio machado

Not playing, is sometimes more difficult.

- Gustavo santolalla

How you climb a mountain is more important than reaching the top.

- Yvon chouinard

Mistakes aren't a necessary evil, they are a valuable and inevitable consequence of doing something new.

- Ed Catmull

When you tug at a single thing in the universe, you find it's attached to everything else.

- John Muir

Okay. Is that a dream or a goal? Because there's a difference.' 'I'd never heard it said that way, but it stuck with me. So much so that I've said it to my kid now: 'Is that a dream, or a goal? Because a dream is something you fantasize about that will probably never happen. A goal is something you set a plan for, work toward, and achieve.

- Paul Levesque

A lonely place is an unmotivated place.

- Don Laird

'This is the best thing you're ever going to learn in SEAL training.' We were excited to learn what it was, and he told us that when you're a leader, people are going to mimic your behavior, at a minimum. . . . It's a guarantee. So here's the key piece of advice, this is all he said: 'Calm is contagious.'"

- Rorke Denver

"I'm not the strongest. I'm not the fastest. But I'm really good at suffering."

- Amelia Boone

"In the end, winning is sleeping better." —Jodie Foster

You succeed because you find your unique strengths and focus on developing habits around them.

- Tim Ferris

“Out on the edge you see all kinds of things you can’t see from the center. Big, undreamed-of things—the people on the edge see them first.”

—Kurt Vonnegut

“Routine, in an intelligent man, is a sign of ambition.”

—W.H. Auden

We systematically over estimate the value of access to information and underestimate the value of access to each other.

- clay shirky

If I fail more than you, I will learn more than you.

- Seth Godin

Mental toughness (response) is your ability to focus on the next most important thing.

- jack Clark (rugby coach Berkeley)

You have to put someone's back against the wall in order to create change.

- Billy Donavan

The biggest accelerator to growth is changing someone's relationship to feedback.

- Shaka smart

I don't make the depth chart, you guys make the depth chart.

- bill belichick

Praise specifically, criticize generally.

- Warren Buffett

Earn with your mind, not your time.

Trying to get everyone to like you is a sign of mediocrity.

- Colin Powell

The limits of my language mean the limits of my world.

- Ludwig Wittgenstein

Whenever you find yourself on the side of the majority it's time to pause and reflect.

- Mark Twain

The world is changed by your example, not by your opinion"

- Paulo coelho

Don't panic. Let silence do the work."

- cal fussman

A man is rich in proportion to the number of things which he can afford to let alone.

- Henry David Thoreau

Many a false step was made by standing still.

- fortune cookie

"Life shrinks or expands in proportion to ones courage"

- Anaïs Nin

A united team driven by high character, competitive and talented people working unselfishly to achieve sustainable excellence.

- Brooklyn nets

If you interrupt, that means you aren't listening

- greg popovich

"If you're looking for a formula for greatness, the closest we'll ever get, I think, is this: consistency driven by a deep love of the work."

"Life is a continual process of arrival into who we are."

- Maria popova

"The chief enemy of good decisions is a lack of sufficient perspectives on a problem."
Alain de Botton

"Never go to sleep without a request to your subconscious."

- thomas Edison

"The measure of success is not the number of hours you spend doing what you love, but limiting the number of hours doing what you hate."

"If you let your learning lead to knowledge, you become a fool. If you let your learning lead to action, you become wealthy."

- Jim Rohn

"All men were born as originals, but sadly, most men die as copies."

- Abraham Lincoln

"We do not rise to the level of our expectations. We fall to the level of our training"

- Archilochus
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Leadership Quotes

Vision is a picture of the future that creates passion in people.

God made you a leader to move people from here to there; to make people discontent with the way things are.

All leaders are leading in situation where things are going down, status quo, or an upturn. And each requires a different leadership style.

In a downturn a leader has to declare an emergency.

Seasoned leaders have to come up with some way of signaling to everyone in the organization they are in a code red.

In a status quo, the leader has to set a fire. Status quo is not acceptable and extremely dangerous for an organization.

Status quo is precursor to something bad.

In upturns, leaders need to pour gasoline on fires.

It's hard to row a boat to the other side of the lake when 3 are rowing, 5 are napping and the other 2 are doing their best to sink the boat. Contrast that with a boat where 10 are rowing. Who's going to win that race every time?

“Wise leaders understand that the single greatest determinant of whether followers will ever own a vision deeply is the extent to which those followers believe the leader will own it.”

– Bill Hybels, *Axiom: Powerful Leadership Proverbs*

“Seven Steps to Success

- 1) Make a commitment to grow daily.
- 2) Value the process more than events.
- 3) Don't wait for inspiration.

- 4) Be willing to sacrifice pleasure for opportunity.
- 5) Dream big.
- 6) Plan your priorities.
- 7) Give up to go up.”

– John C. Maxwell

“Talent is a gift, but character is a choice.”

– John C. Maxwell

“Leaders must be close enough to relate to others, but far enough ahead to motivate them.”

– John C. Maxwell

“The whole idea of motivation is a trap. Forget motivation. Just do it. Exercise, lose weight, test your blood sugar, or whatever. Do it without motivation. And then, guess what? After you start doing the thing, that's when the motivation comes and makes it easy for you to keep on doing it.”

– John C. Maxwell

“Nobody tells this to people who are beginners, I wish someone told me. All of us who do creative work, we get into it because we have good taste. But there is this gap. For the first couple years you make stuff, it's just not that good. It's trying to be good, it has potential, but it's not. But your taste, the thing that got you into the game, is still killer. And your taste is why your work disappoints you. A lot of people never get past this phase, they quit. Most people I know who do interesting, creative work went through years of this. We know our work doesn't have this special thing that we want it to have. We all go through this. And if you are just starting out or you are still in this phase, you gotta know its normal and the most important thing you can do is do a lot of work. Put yourself on a deadline so that every week you will finish one story. It is only by going through a volume of work that you will close that gap, and your work will be as good as your ambitions. And I took longer to figure out how to do this than anyone I've ever met. It's gonna take awhile. It's normal to take awhile. You've just gotta fight your way through.”

– Ira Glass

Our chief want is someone who will inspire us to be what we know we could be.”

– Ralph Waldo Emerson

“Leadership is not about titles, positions or flowcharts. It is about one life influencing another.”

– John C. Maxwell

“The purpose of life is not to be happy. It is to be useful, to be honorable, to be compassionate, to have it make some difference that you have lived and lived well.”

– Ralph Waldo Emerson

To be someone's best friend requires a minimum investment of time. More than that, though, it takes emotional energy. Caring about someone deeply is exhausting.”

– Malcolm Gladwell, *The Tipping Point: How Little Things Can Make a Big Difference*

When we become expert in something, our tastes grow more esoteric and complex.”

– Malcolm Gladwell, *Blink: The Power of Thinking Without Thinking*