



October 2, 2021
 Fall Coaches Clinic
 Team Practice
 Stubblefield Center

UNIVERSITY OF ARKANSAS - FORT SMITH

TIME:	ACTIVITY:	NOTES:												
1:00	Pre-Practice SCREEN A MAN <i>We Want to See Sparks</i>	<table border="0"> <tr> <td><u>Perimeter</u></td> <td><u>Post</u></td> </tr> <tr> <td>Warm-up</td> <td></td> </tr> <tr> <td>Pairs Ball Handling</td> <td>Post Maker Drills</td> </tr> <tr> <td>Drift & Power Skips</td> <td>Low Post Scoring</td> </tr> <tr> <td>* 3/0 Pairs Shooting</td> <td><i>Tight/Slip/Wide/Pop</i></td> </tr> <tr> <td>* 5/5 Shell Defense</td> <td><i>Ball Screen Situations</i></td> </tr> </table>	<u>Perimeter</u>	<u>Post</u>	Warm-up		Pairs Ball Handling	Post Maker Drills	Drift & Power Skips	Low Post Scoring	* 3/0 Pairs Shooting	<i>Tight/Slip/Wide/Pop</i>	* 5/5 Shell Defense	<i>Ball Screen Situations</i>
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1:15	Four Corner Passing to 3/0 FB Jumpers (2) 6 Man Passing (2) Eleven Man FB													
1:25	Pair-up & Shoot - Shot Fake Free Throws (2's)													
1:30	3/3 Pairs Screening <i>Pin Down & FS - RS</i>													
1:40	4/4 Pairs Screening <i>Attacking Pin Down</i>													
1:50	Free Throws (2's)													
1:55	5/0 Offense 1) <i>Pace & Space</i> 2) <i>Four Pass Mentality</i> 3) <i>Attack Pin Down</i>													
2:05	Utah Conversion 1) <i>Initiate Pairs w/ Swing</i> 2) <i>Four Pass Mentality</i> 3) <i>Sprint Back on Defense</i>													
2:15	Three in a Row Free Throws (75)													

Comments:

Coaches, thank you for attending our Fall Clinic and welcome, we are very excited to host you and your staff. We ask that you be Seated in Section F of the Stubblefield Center, behind the Benches and Scorers Table. Please keep conversation at a minimum and your Cell phones on silent!

Thank you!

Next Activity: Today Q & A Session 2:30
 Breakout Session 3:00

TGHT