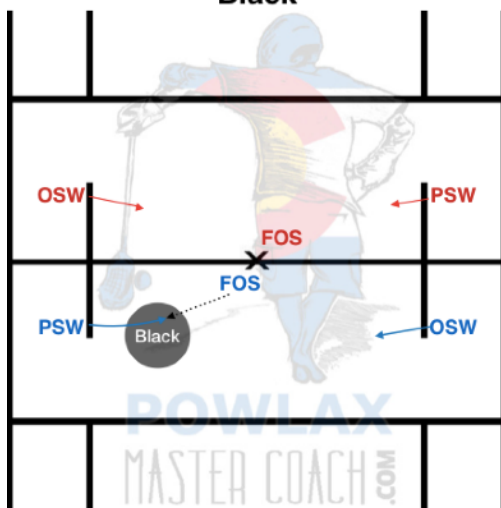




# Face Off Plays and Tactics



## Face Off Plays Black



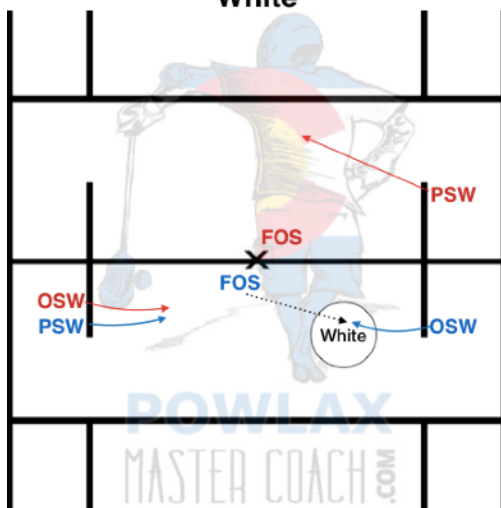
### Face Off Plays - Black

If our **PSW** has cushion because the other team wants to stop the fast break, we will be in Black.

The **FOS** will pull the ball to Quadrant 4 for the **PSW**.

If we can win possession using Black consistently, it will put the other team into a situation where they have to decide whether to give up possessions by staying conservative or give up offensive transition by trying to lock our **PSW**.

## Face Off Plays White

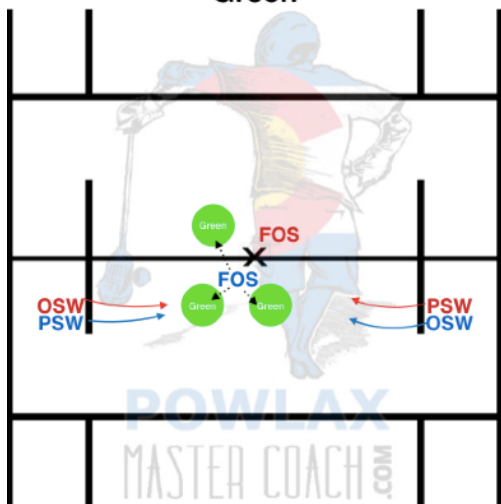


### Face Off Plays - White

Let's say we win a few face offs using Black and the other team decides to lock off our **PSW** and defend the fast break with their **PSW**.

This gives our **OSW** some cushion, and our **FOS** can pull the ball into Quadrant 3 in White.

## Face Off Plays Green



### Face Off Plays - Green

If the opposing team locks off both wings, we will move into Green.

Green is when our **FOS** pulls the ball to himself in quadrants 1, 3, or 4.

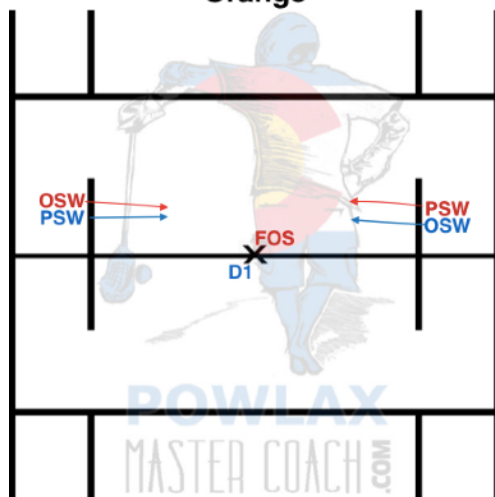
The **FOS** can pull the ball to himself at any time if he feels he can win the ball cleanly.



# Face Off Plays and Tactics



## Face Off Plays Orange



### Face Off Plays - Orange

If our FOS can't win the ball, we will move into orange where we will lock off everyone and play the ball. The wings will go hip to hip and try to box out their men while the **FOS** or **D1** will not go for the clamp and simply stand up and play the ball using these techniques.

1. Standing Neutral Grip - How you regularly hold the stick.
2. Belly-Helmet - **Don't go for the clamp**, simply stand up and put your belly on their helmet.
3. Play the ball as their **FOS** pulls it out.

**Teach players to play the ball, never to chop!**