

Acknowledgements

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Trevor Bernadoni

What Really Matters

I have been associated with football as a player and coach for 50+ years and I hope I have 50+ years left but, I have found the best success is not necessarily the scoreboard but the people you surround yourself with. Loyalty amongst staff is the ability to put others before yourself and stick with them in good times and bad as well as maintaining healthy boundaries with those around you so, you can be loyal to them in a productive way. But what really matters is a coach's ability to adapt to his players skills and abilities and is not about you as a coach, its about your athletes that you have been entrusted to coach in helping making them successful both on and off the field.