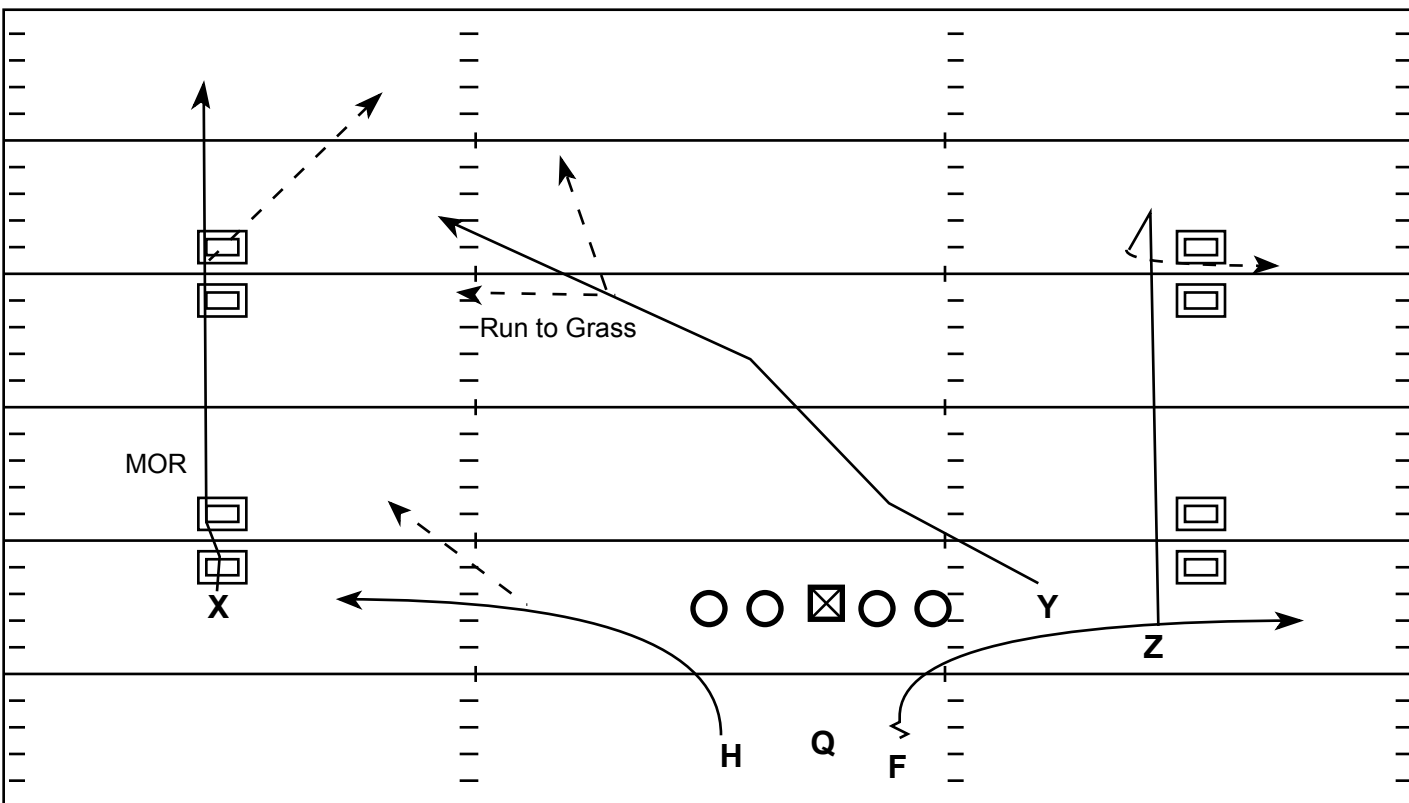


# Lavell Edwards Y-Cross



Background: This is how Lavell Edwards ran Y-Cross in the 1980's at BYU.

QB Progression: Peek Vertical - Cross - Flat - Deep Curl - RB Checkdown

#1: Must Outside Release Vertical Option

#2: Flat H-Option out of Backfield

BS #1: Deep Curl Option

BS #2: Cross

RB: Check Protection to Flat (Backside)