

21 Sweep or 26 G.O.

The ball needs to be snapped when the WB is at the outside leg of the guard. The TB passes the QB first followed by the WB. The QB will hand the ball to the wing quickly, DO NOT show the defense his left hand after handing the ball off. He then boots away from the play to make the backside respect the waggle pass.

The ball carrier needs to take at least 2 more steps flat towards the sideline to sell Jet Sweep before square cutting up into the hole. DO NOT ROUND OFF! The wing will follow the backside guard through the hole, almost touching his back. The blocking right wing torpedo blocks the D-End, who should be squeezing down vs the Tight End down block.

In both formations, the TB has to pick up backside A-gap blitzes and center has playside A-gap. Versus traditional 1 and 3-tech shades, the center can block back vs the 1 if he is sure that there is no blitzers. The TB would fake right up the gut to occupy/block the backside ILB.

DIFFERENCE: Pistol QB will pivot off the midline with the foot closest to the hole turning his back to the defense. With both feet parallel, he stands there for 1-second. Under center QB takes 3 steps on the midline. Pistol TB has the midline, while under center FB veers off the midline.

