



Kenny Simpson, Head Coach

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**SOUTHSIDE
SOUTHERNERS
FOOTBALL**

Glazier Clinics

Buck Sweep RPO Series: How to
Maximize the same run play with subtle
RPO Action/Keys

COACH KENNY SIMPSON



Background Information

Graduated from Harding University 2003

Assistant/Head Junior High Coach at Madison Academy - 2003-2005

Defensive Coordinator at Alabama Christian Academy - 2005-2007

Head Coach Alabama Christian Academy - 2007-2010

- Took over Program that was 4-16 previous 2 seasons
- Led to first 4A playoff appearance in 2010
- Conference Coach of the Year, Montgomery Advertiser Coach of the Year

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Background Information

Took head coaching job at Southside, Batesville, AR in 2011

Team was on 26 game losing streak in 2011

Led team to First playoff birth (2016), first playoff win

First conference championship, Conference Coach of the Year,

Hooten's Coach of the Year Finalist (2017)

Playoff Appearance (2018)

Second conference championship (2019)

Wrote First Book – 2019

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How we got to the Wing-T Gun

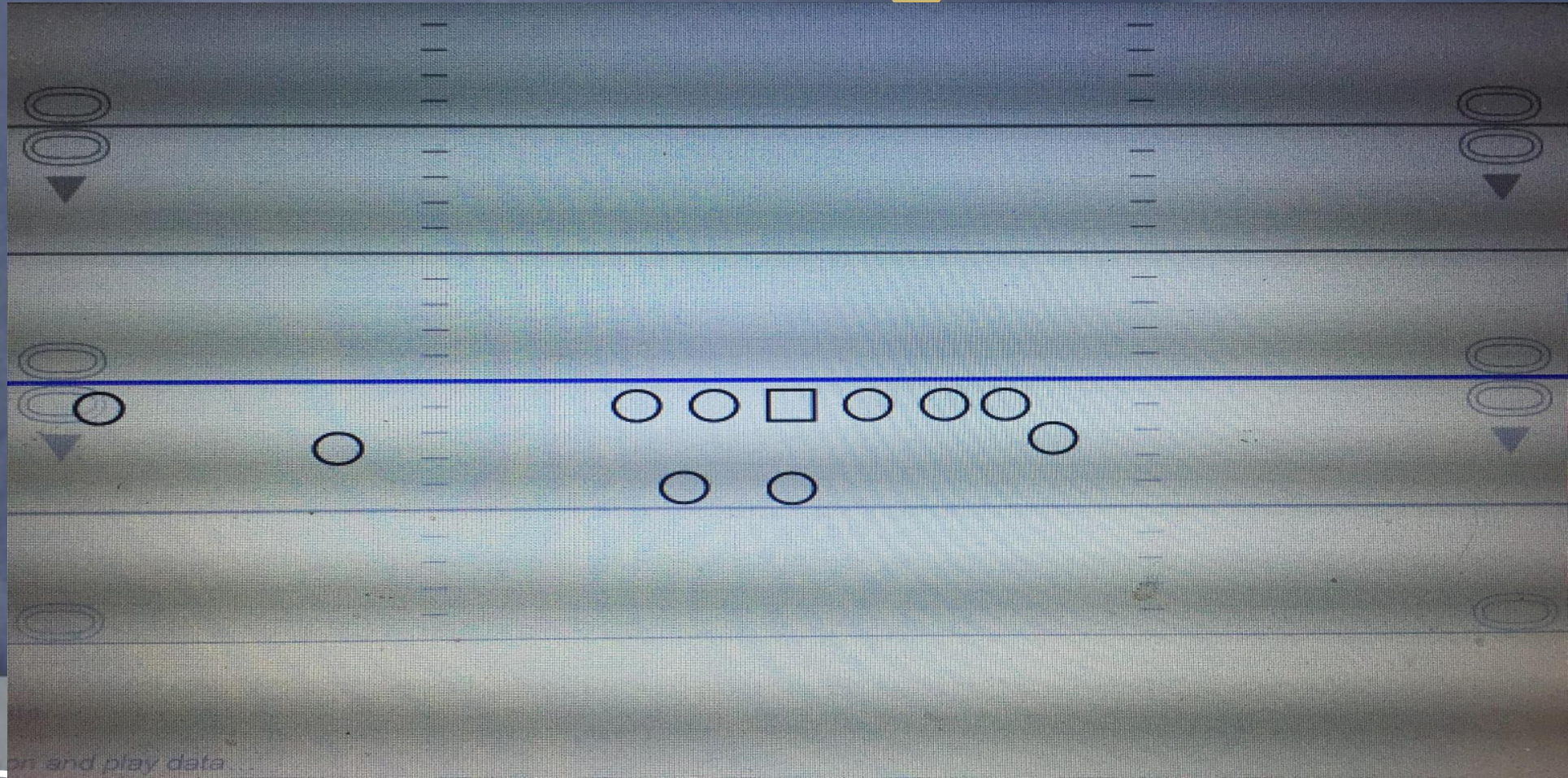
2013/2014

- We were a combined 2-18 and were having hard time winning games in conference
- Had no “identity” on offense -- having to trick people
- Didn't and won't ever have a “real RB” or D1 player
- Needed something “different” than the spread -- 8 of 10 teams we played ran 10 personnel and the other were “I” looks

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Our Base Alignment



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SERIES – BUCK

Our #1 play this season -- We based most of our RPO game and Play Action off this look

We spend 5 minutes EVERY DAY on this play and the tags off it.

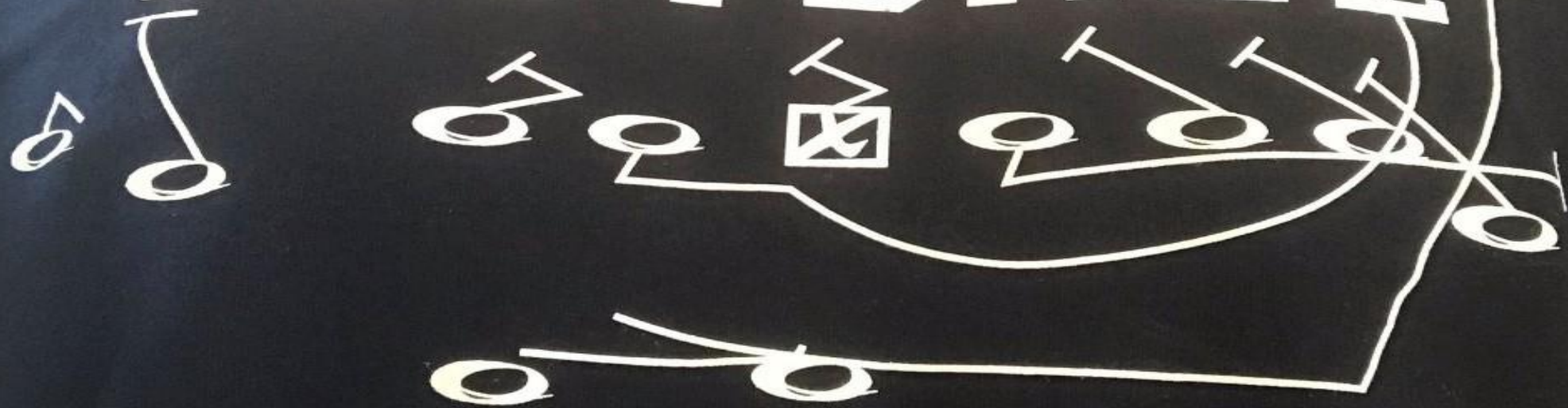
Must be able to run this play to make defenses honor full offense

*We don't abandon the play, but make adjustments to it that are built in

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SOUTHSIDE FOOTBALL



Drills – BUCK

OLine -- Back To End Zone Drill

We struggled very much with “over the top” players on Buck/Outside runs

Came up with Drill we stole to force OL/TE/Wing to work hips to sideline

We call it “over the top” --- Goal is for all down blockers to end up with their butt to the endzone we are working towards

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Drills – BUCK

Hurdle Drill

We want to be sure our Linemen and Backs are as low as possible as they attack

Wanted to work aiming points for guards, but not lose speed or have them slow down

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Drills – BUCK

Towel Drill

Done with all running backs and both guards

We literally want their hand on the Guard to hit as quick as possible

Towel hangs from Guard and Back must grab it when going on air/hurdles

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Beauty in Motion



RPO's – BUCK

Our Main RPO's --

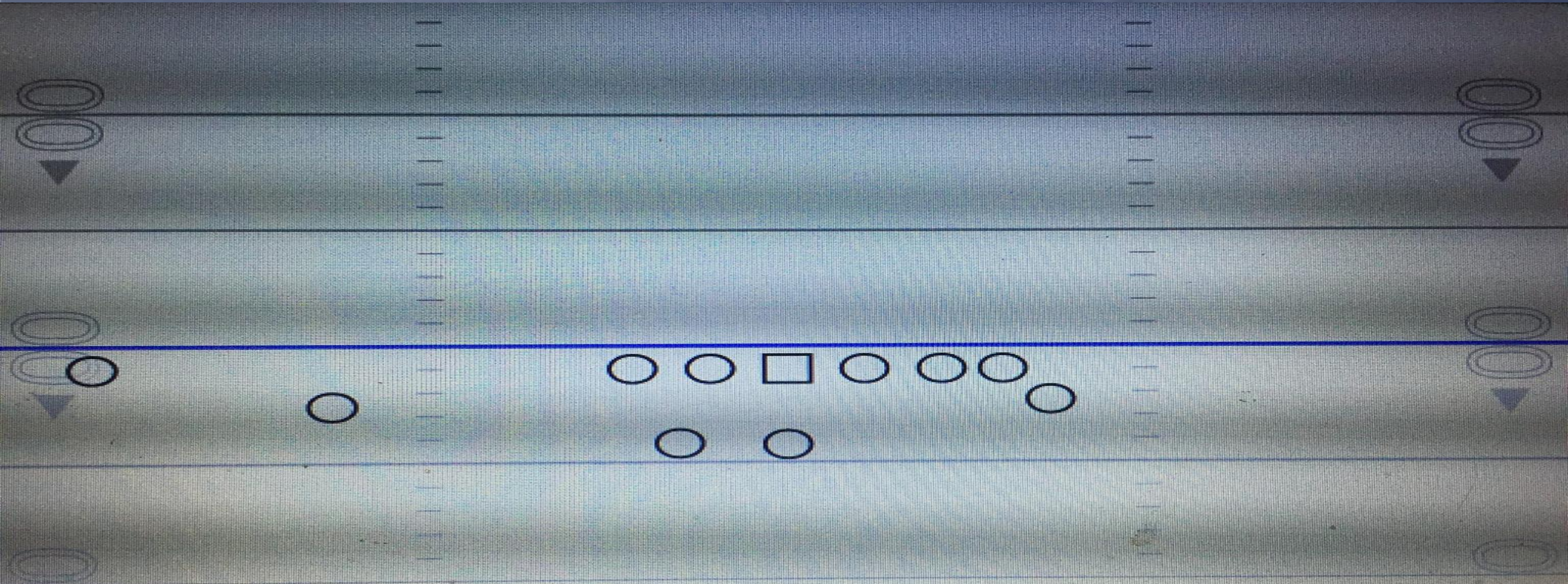
Our goal is to have a Run/Pass Option everytime we run Buck

- 1) Peak -- We read backside ILB (prefer this against 4-fronts)
- 2) Bubble/Fast -- Can be thrown as a “now” or QB can throw off run
- 3) STEAL CALL -- We do against every 3 front team (4I)
- 4) Read Routes -- We do this in our over sets
- 5) Crack and go -- Reading safety
- 6) BOGO -- Is a 4 way option

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Our Base Alignment



Peak -- Teaching points

Peak

We prefer against a 4 front -- Quick Tackle can step-hinge for throwing lane.

QB Reads the backside ILB

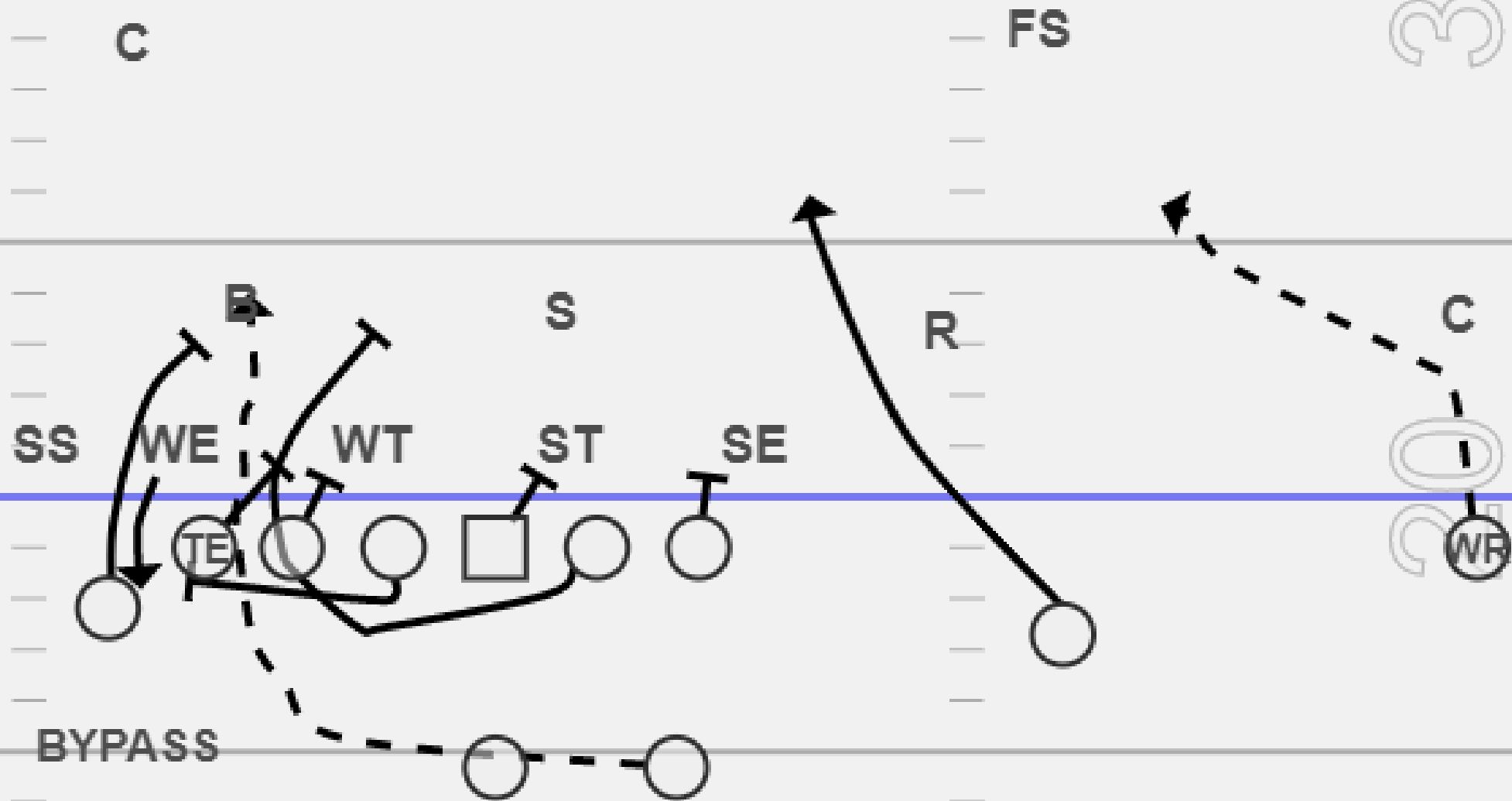
We tell Slot WR to run slow vertical -- if 2 high bend even more

If QB reads wrong -- We tell him to run to area LB vacated

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Buck - Peak









“KEY” -- Teaching points

Can be run against any front or coverage

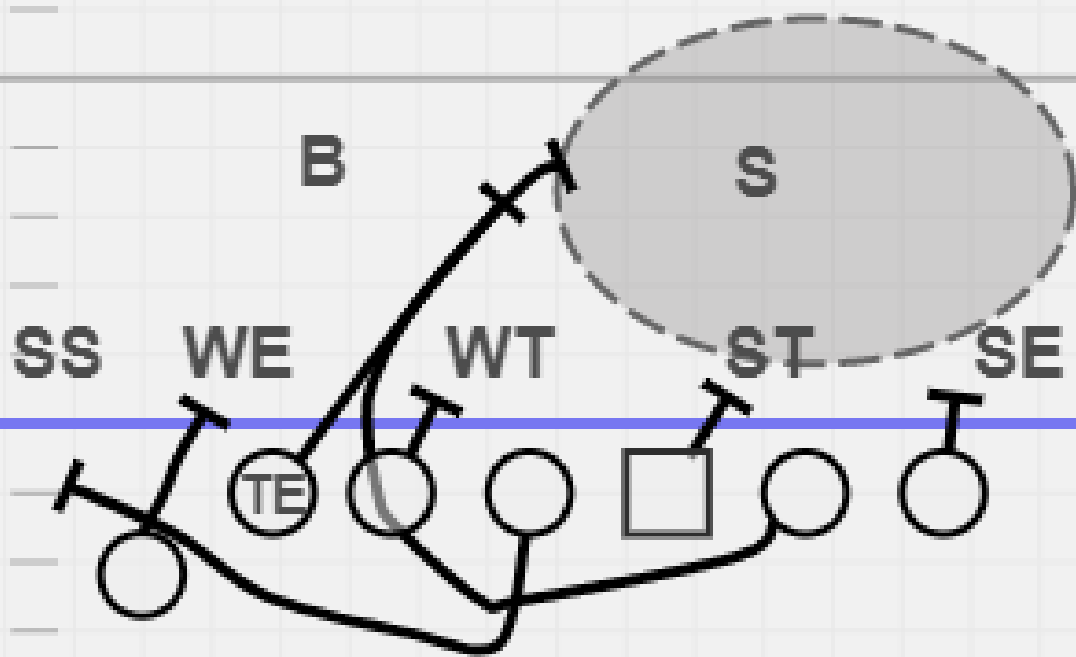
We put this in because our QB better runner than thrower

QB looks at backside LB just like he would on peak, but we run a Bubble/Fast to occupy the flats defender

Key points – Safer play than peak or pass because can run on any down and distance.

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Bubble/Fast -- Teaching points

Bubble/Fast

Can be run against any front or coverage

The “now” look is killed by a cover 2 or man-to-man look

QB always reads players to pull backside in our offense so we may throw it late

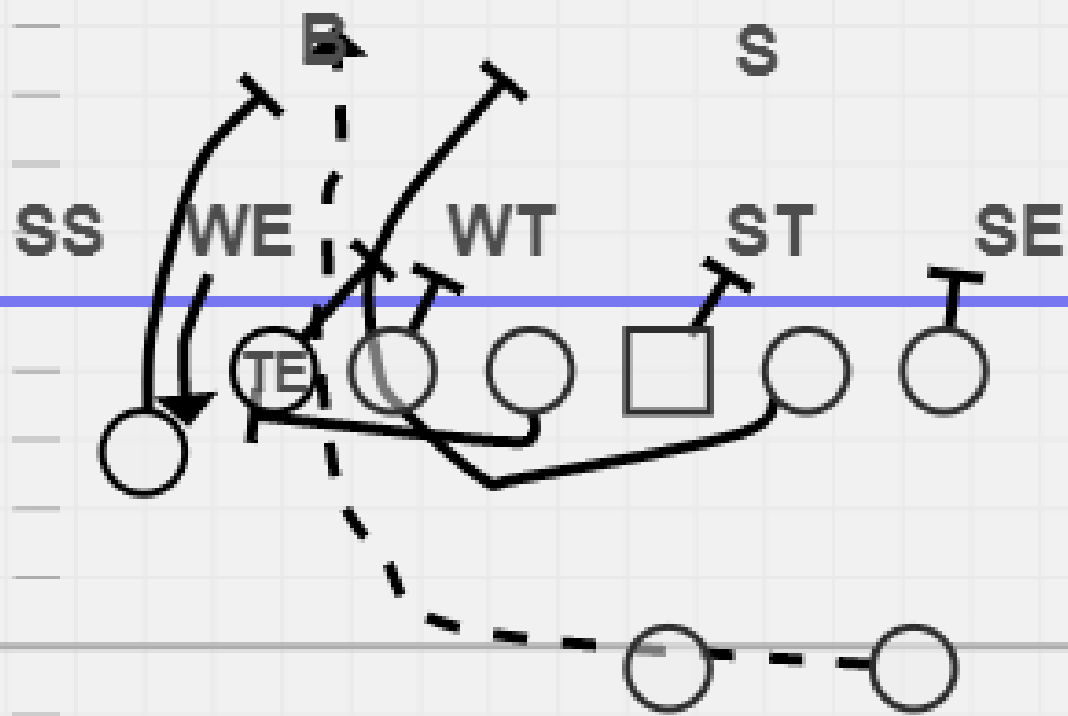
Key points -- Coach up QB on when he **MUST HAND IT** -- 3rd and 1's, etc...

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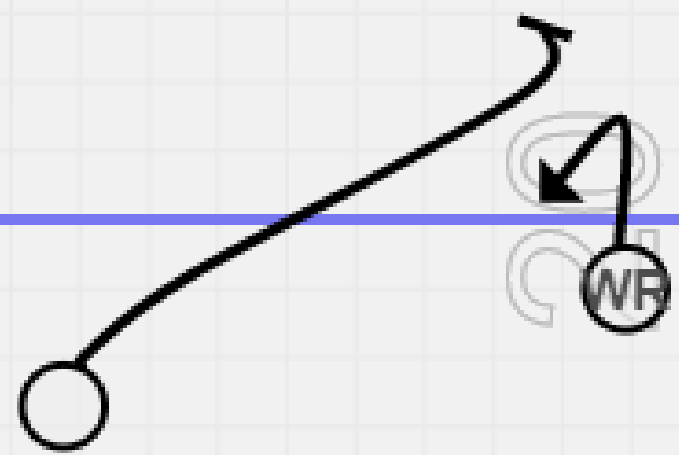
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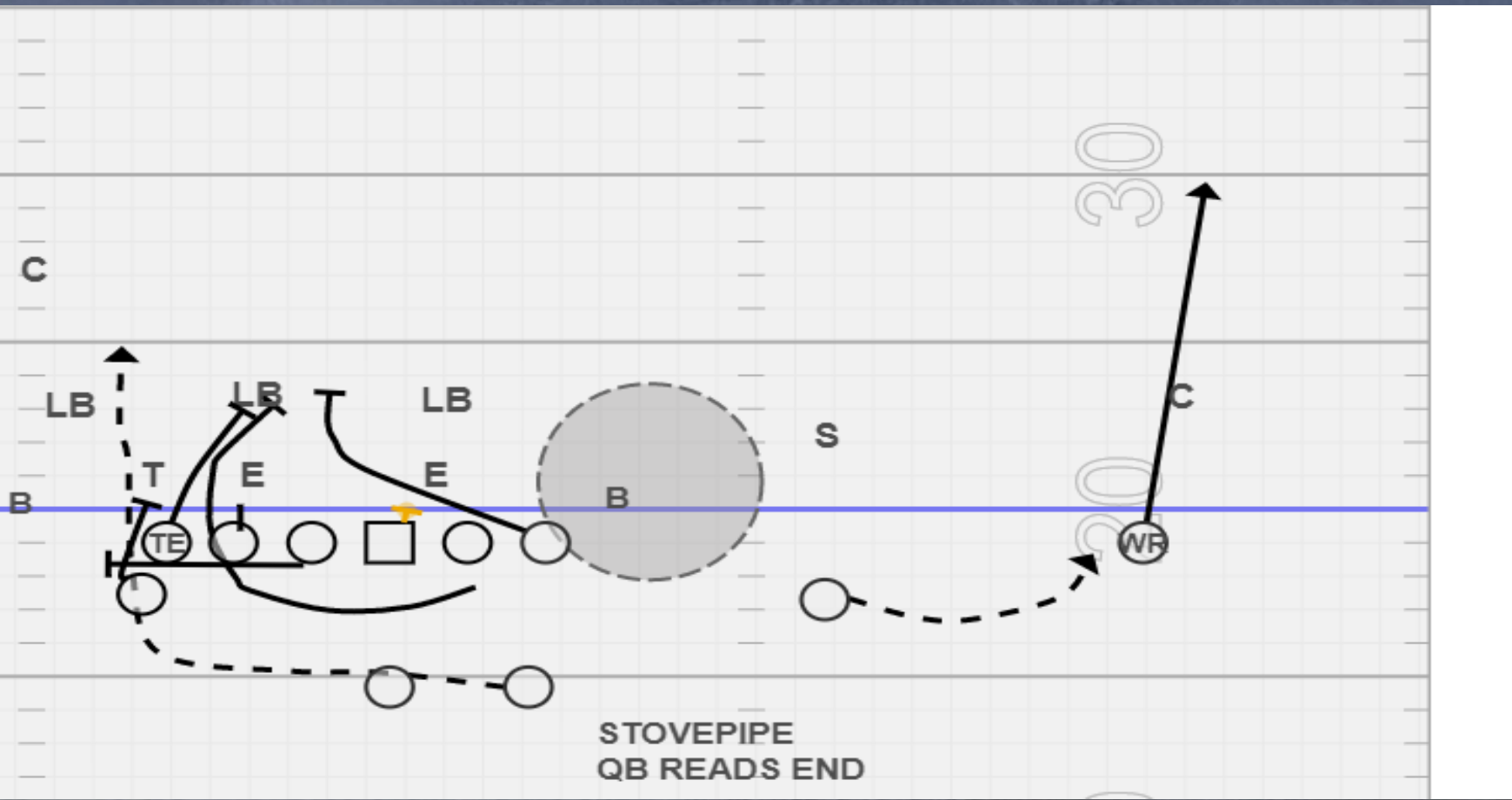




Stovepipe -- Teaching points

Stovepipe

Leaving 5 Technique unblocked





Steal Call -- Teaching points

Steal Calls

We love this against 3 front teams -- Reading the backside 4l

We starting pairing this with bubble/fasts last season and were running our version of triple option.

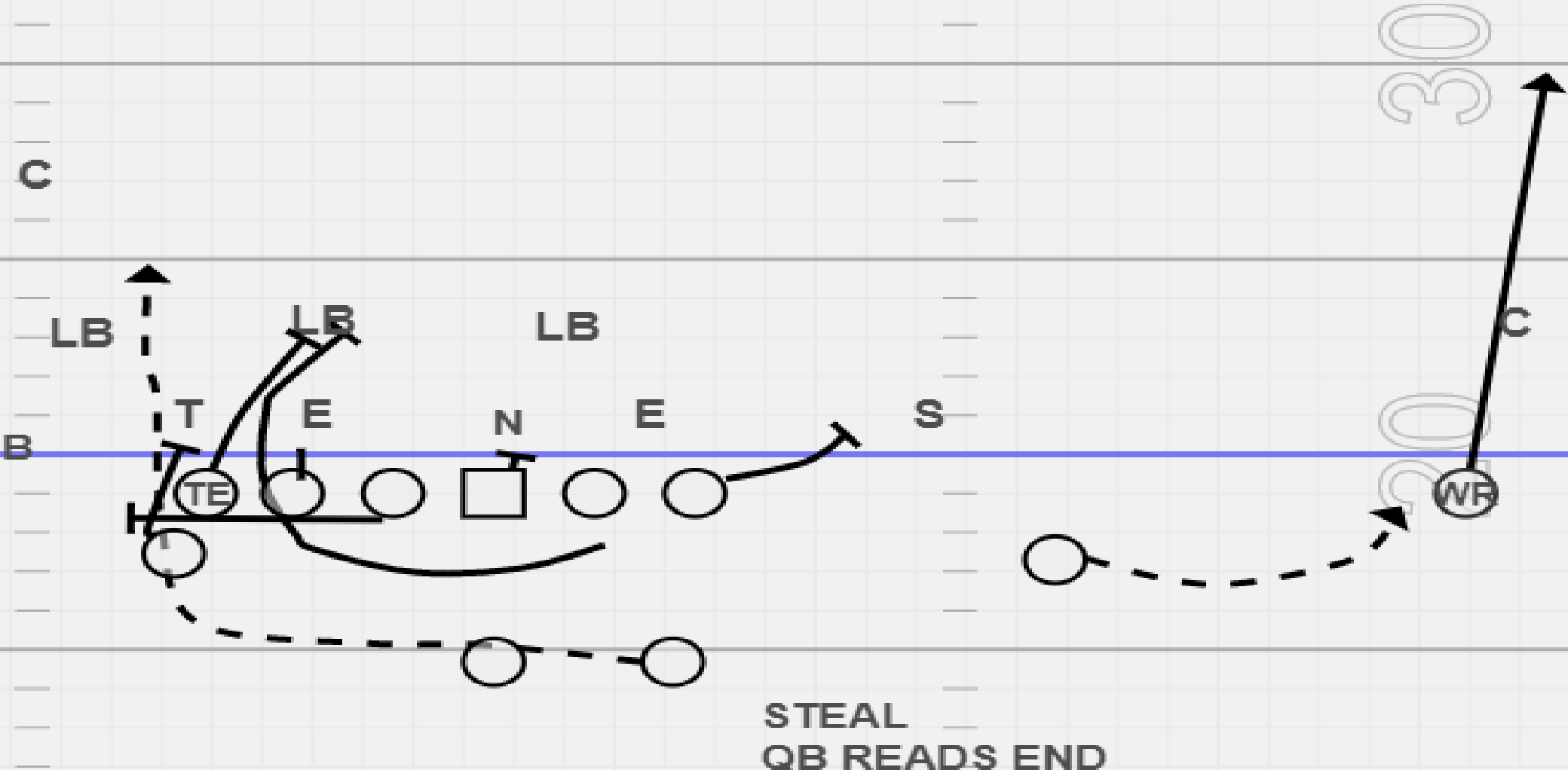
QB is told to pull if the 4l can make the tackle on the back (if RB is best athlete). Told to pull if he can beat the 4l (if qb is who you want to run ball).

We tell QB to RUN BALL FIRST -- the bubble/fast are if OLB leaves man open

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Steal - Bubble





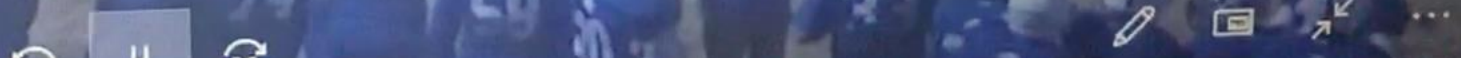


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Unity



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Read Routes

We run our version of an “over” look and let WR’s run routes

Our backside WR always runs a route -- Guy away from Buck

Our playside WR is given signal -- Can be told to crack or block if we want to “kill” the RPO

We are starting to use this with motion in Empty looks

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Read Routes

We run our version of an “over” look and let WR’s run routes

