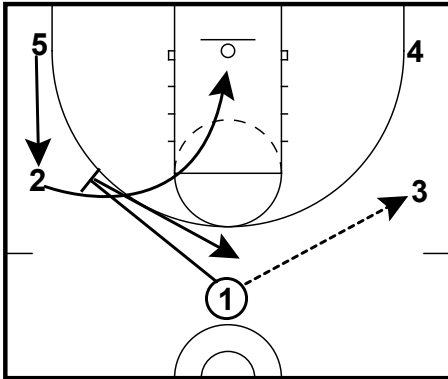
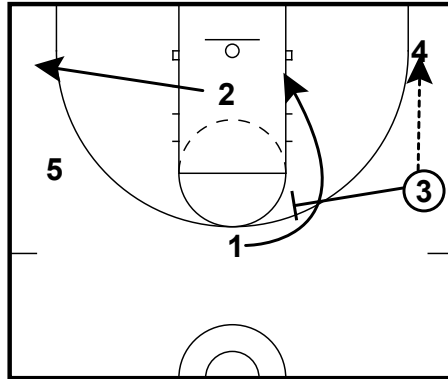


Chapel Hill High

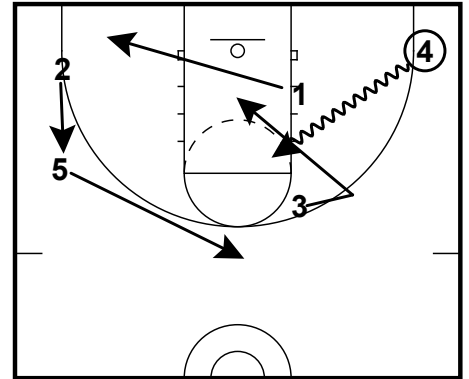
5 Fist
Half Court Offense



5 Fist
Half Court Offense



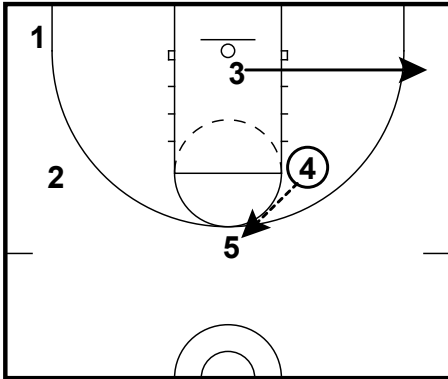
5 Fist
Half Court Offense



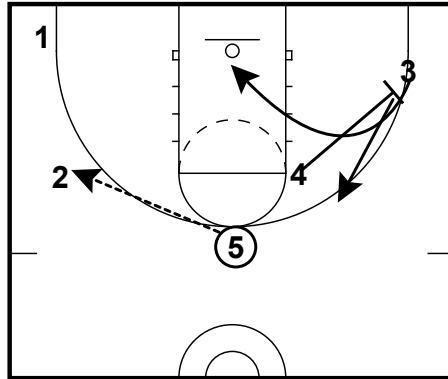
5 Fist is our screening series. Anytime you pass the ball, you screen away to the next spot. The cutter will always curl and the screener steps back to the ball. You can still back cut if your defender is above the 3 point arc from any spot.

Corner still uses dribble out rule.

5 Fist
Half Court Offense



5 Fist
Half Court Offense



5 Fist
Half Court Offense

