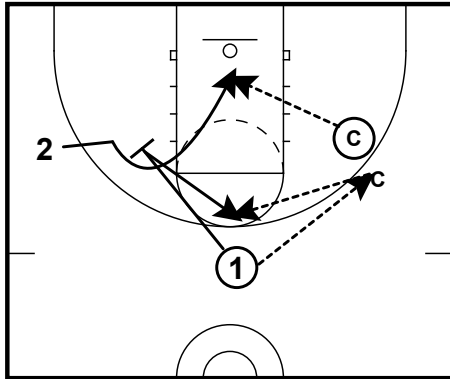


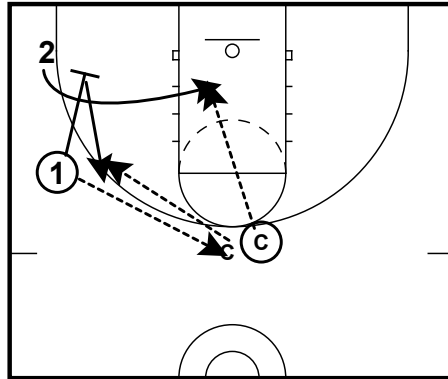
Chapel Hill High

5 Fist Breakdown Drills
Continuity/Motion



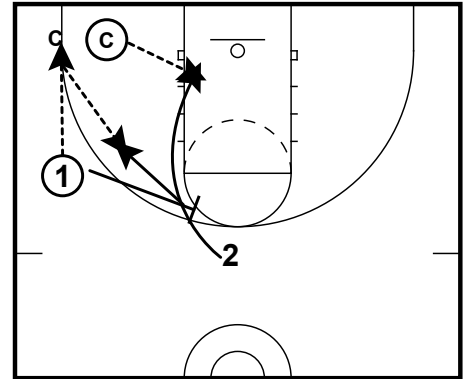
2 Ball Shooting: Top and Wing

5 Fist Breakdown Drills
Continuity/Motion



2 Ball Shooting: Wing and Corner

5 Fist Breakdown Drills
Continuity/Motion



2 Ball Shooting: Wing and Top