Stick Flow

QB: Hot Throw = BS Slant
READ: Start on the Post-Wheel - Move to the Flat Defender if he expands with the Swing = Throw Stick, if he Sits = Throw Swing. If coverage allows QB can read the Slant-Swing Side

X: Slant

H: Wheel

Y: Stick, Settle v. Zone - Run Thru v. Man

Z: 5 Step Post

F: Swing (Look after 3 Steps to Boundary - 5 Steps to Field)