

Delete box and insert logo.

YOUR SCHOOL



2022-2023

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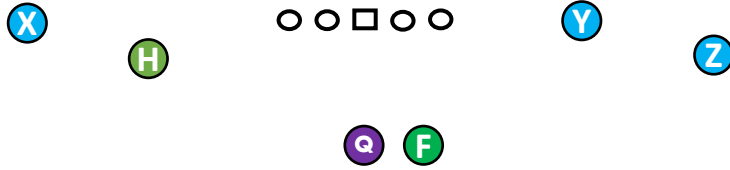
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FORMATIONS



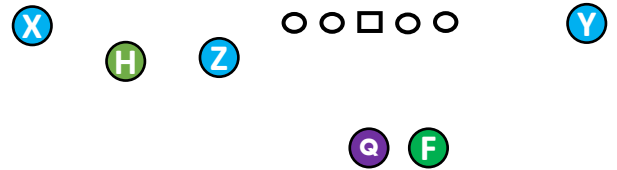
OPEN

RANDOM EXTRA TEXT



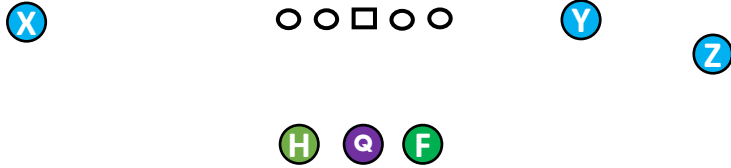
OPEN FLIP

RANDOM EXTRA TEXT



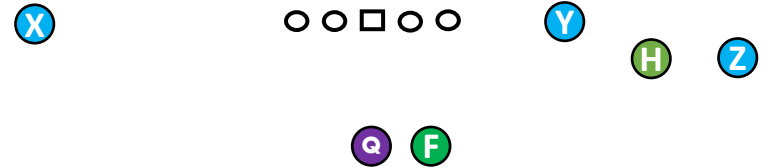
BLU

RANDOM EXTRA TEXT



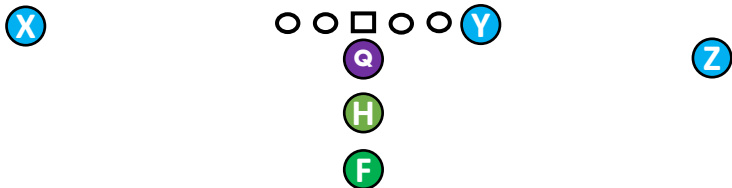
TRIPS

RANDOM EXTRA TEXT



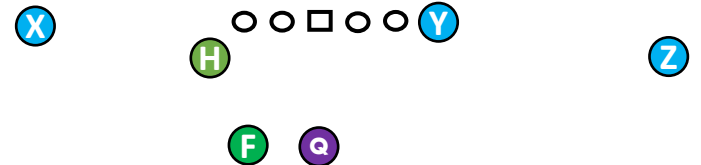
PRO

RANDOM EXTRA TEXT



DEUCE

RANDOM EXTRA TEXT



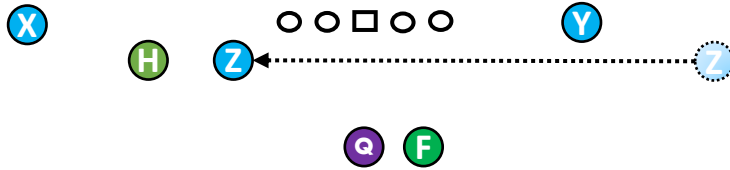
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MOTIONS



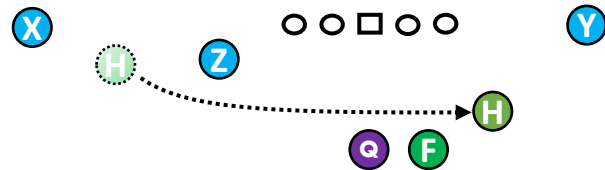
MOVE

ACROSS THE FORMATION – Z MOVE



JET

DEEP ACROSS FORMATION – H JET



PUSH

BACK PUSHES OUT WIDE – F PUSH



FLY

SHORT IN – H FLY



ORBIT

MOTION IN THEN OUT – Z YOYO



SHOOT

SHORT OUT – H SHOOT



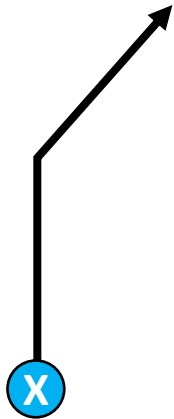
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ROUTE NAMES & DESCRIPTIONS



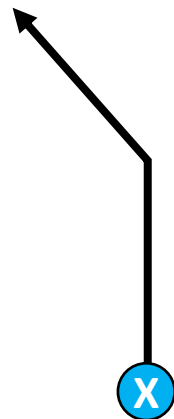
POST

5-7 INSIDE BREAK TO POST



CORNER

5-7 YARDS OUTSIDE BREAK TO CORNER



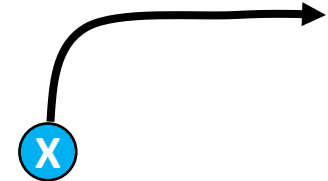
MOR VERTICAL

MANDATORY OUTSIDE RELEASE
VERTICAL, GET OUTSIDE THE
CORNER



SPEED OUT

DRIVE 3 YARDS AND ROUND
CUT OUT TO 5 YARDS



DRAG/SHALLOW

AIM AT THE HEELS OF THE DEFENSIVE LINE, AND SPRINT AS FAST AS YOU CAN. TURN YOUR HEAD TO LOOK FOR THE BALL WHEN YOU CLEAR THE TACKLE



STICK

4-5 YDS, HARD PLANT BACK TO
QB, SETTLE



CURL

SIMILAR TO STICK BUT DEEPER,
10-15 YDS



SLANT

1 -R 3 STEPS VERTICAL THEN GET ACROSS THE FIELD, LOOK FOR AN OPEN WINDOW TO SETTLE DOWN IN



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RUN GAME

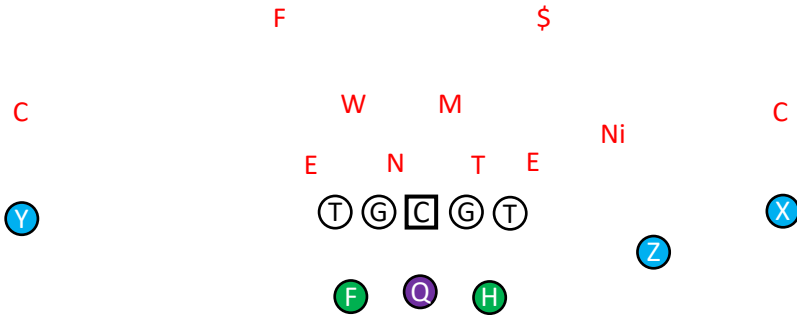


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RUN PLAY



CONCEPT:

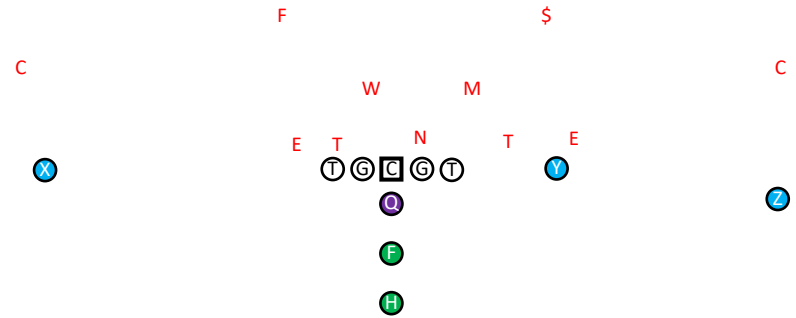
SIGNAL:

EXAMPLE CALL:

POS	RULES	TECHNIQUE	COACHING POINTS
PST	[insert text]	[insert text]	[insert text]
PSG	[insert text]	[insert text]	[insert text]
C	[insert text]	[insert text]	[insert text]
BSG	[insert text]	[insert text]	[insert text]
BST	[insert text]	[insert text]	[insert text]
Y	[insert text]	[insert text]	[insert text]
H	[insert text]	[insert text]	[insert text]
F	[insert text]	[insert text]	[insert text]
Q	[insert text]		
X	[insert text]		
Z	[insert text]		

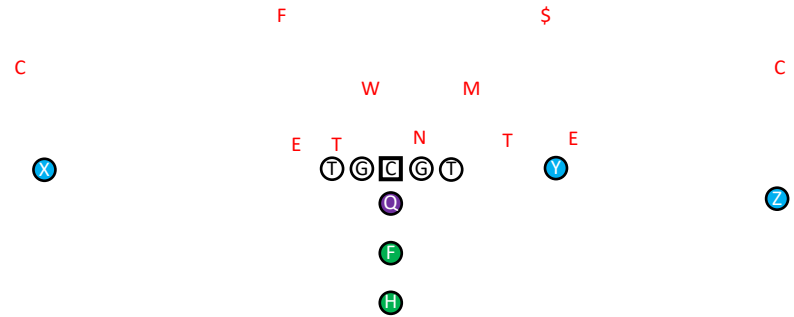
OTHER NOTES:

VS FRONT #1



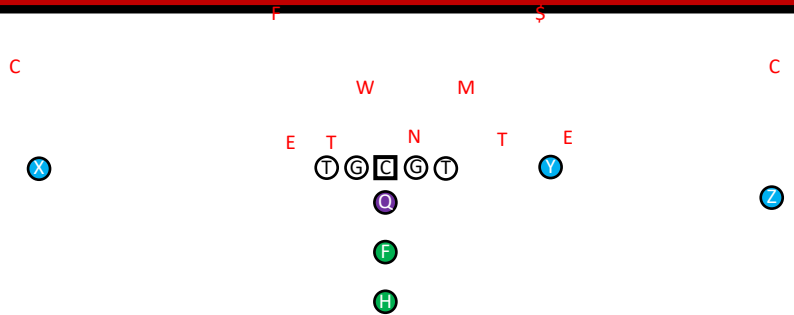
NOTES:

VS FRONT #2



NOTES:

VS FRONT #3



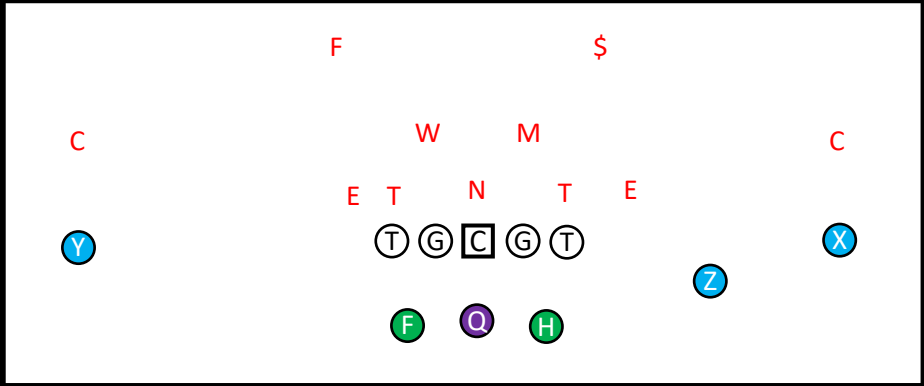
NOTES:

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PLAY VARIANTS

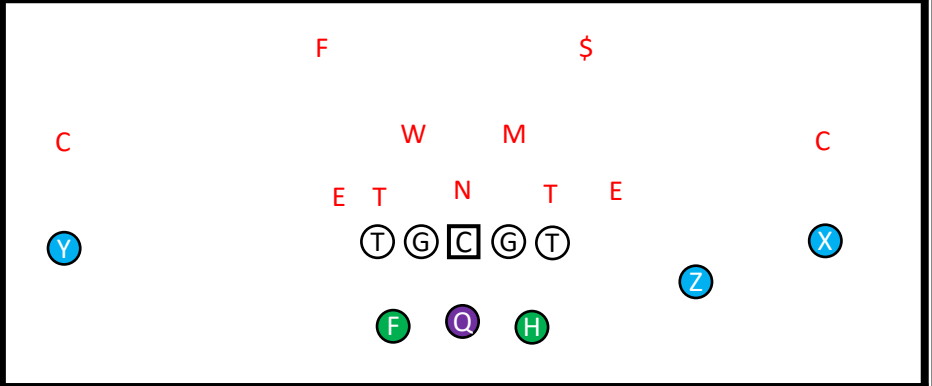


PLAY 1



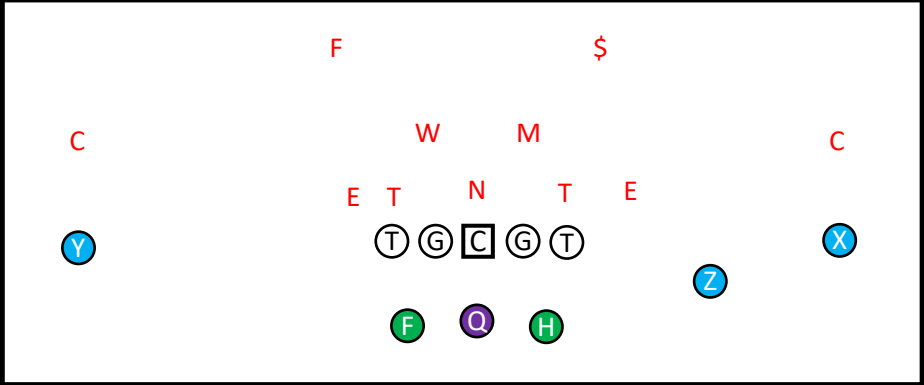
Notes:

PLAY 1



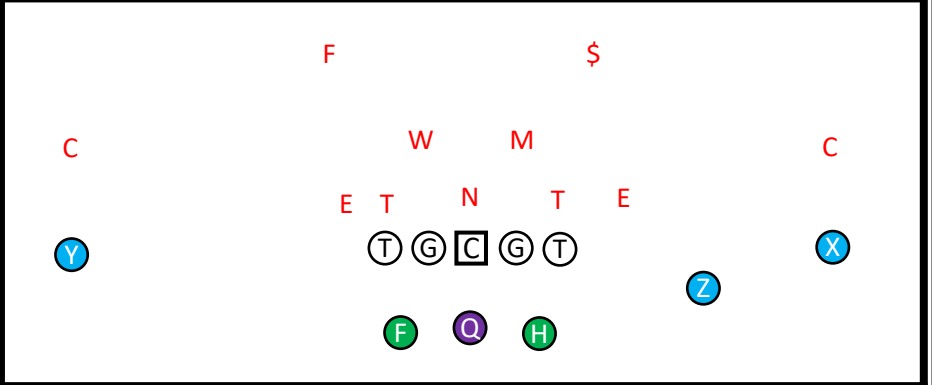
Notes:

PLAY 1



Notes:

PLAY 1



Notes:

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PASS GAME



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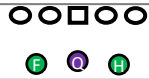
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PASS PLAY



30
40



X

30
40

40
40

CONCEPT:

PURPOSE:

QB STEPS/PROGRESSION:

PROTECTION:

POS	ROUTES	COACHING POINTS
X	ROUTE	ROUTE NOTES :
Y	ROUTE	ROUTE NOTES :
Z	ROUTE	ROUTE NOTES :
H	ROUTE	ROUTE NOTES :
F	ROUTE	ROUTE NOTES :

X

ROUTE

ROUTE NOTES :

Y

ROUTE

ROUTE NOTES :

Z

ROUTE

ROUTE NOTES :

H

ROUTE

ROUTE NOTES :

F

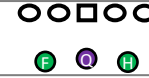
ROUTE

ROUTE NOTES :

OTHER NOTES :

FORMATION EXAMPLE

30
40



30
40

40
40

NOTES:

FORMATION EXAMPLE

30
40



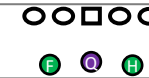
30
40

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40

NOTES:

FORMATION EXAMPLE

30
40



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40

40
40

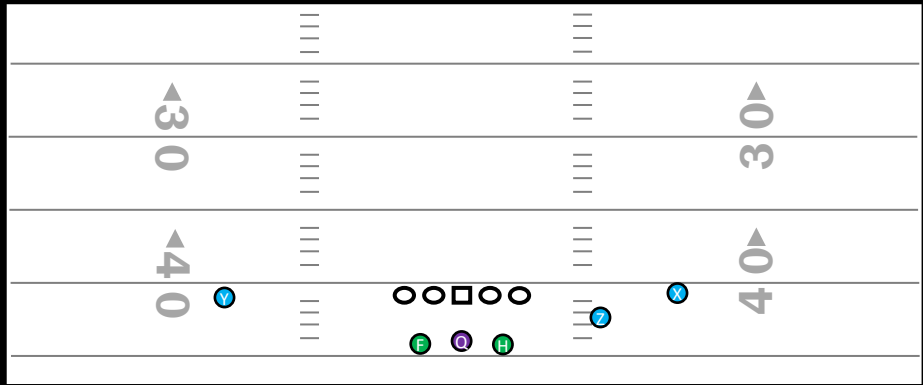
NOTES:

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PLAY VARIANTS

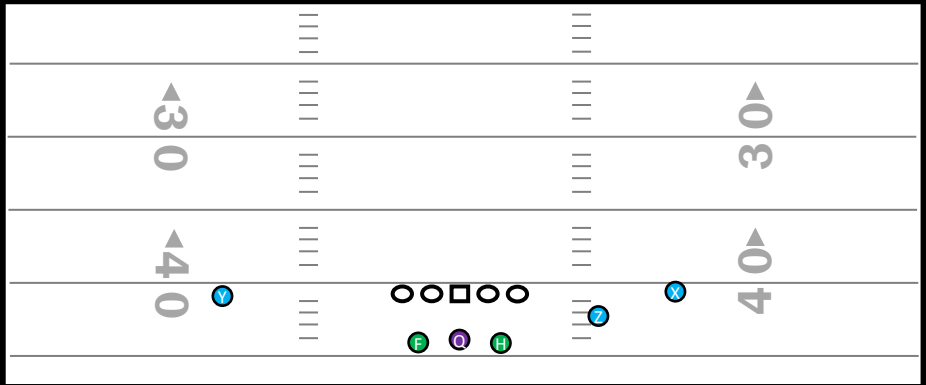


PLAY 1



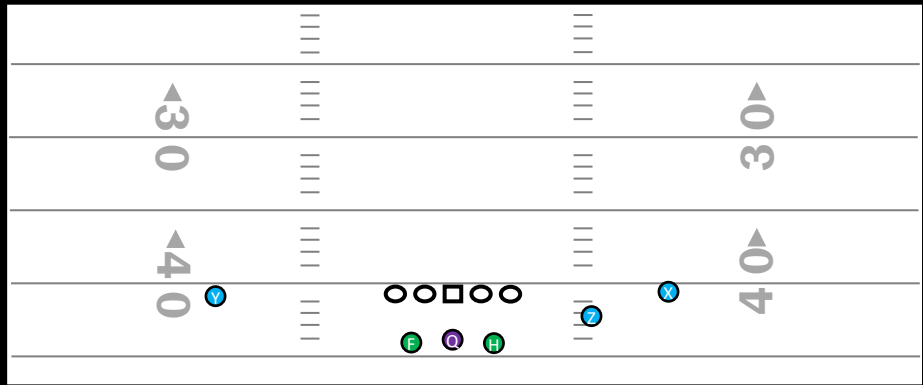
Notes:

PLAY 2



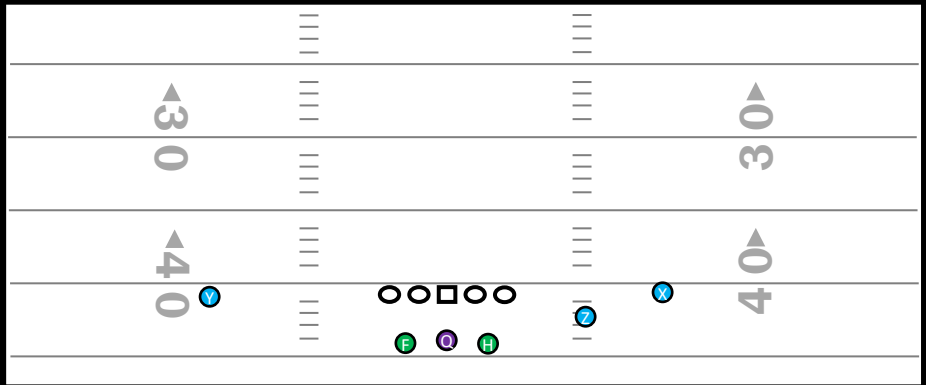
Notes:

PLAY 3



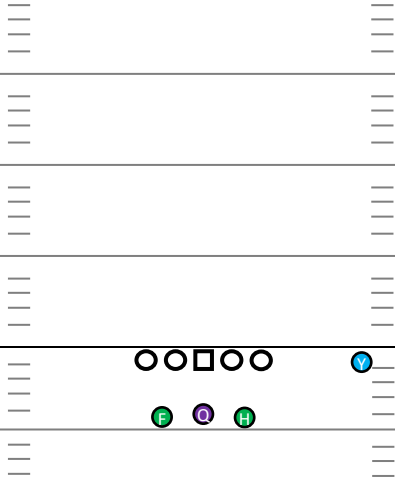
Notes:

PLAY 4



Notes:

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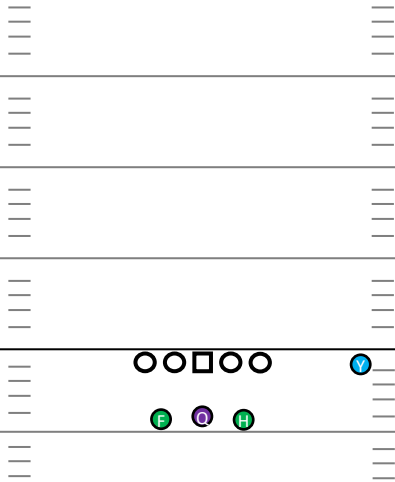


NOTES:

PASS PLAY

- **FORMATION -**
- **PROTECTION -**
- **PROGRESSION -**
- **DROP -**
- **MOTION -**
- **CONCEPT -**
- **HOT -**

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NOTES:

PASS PLAY

- **FORMATION -**
- **PROTECTION -**
- **PROGRESSION -**
- **DROP -**
- **MOTION -**
- **CONCEPT -**
- **HOT -**