



BETHEL BASKETBALL

SKILL DEVELOPMENT

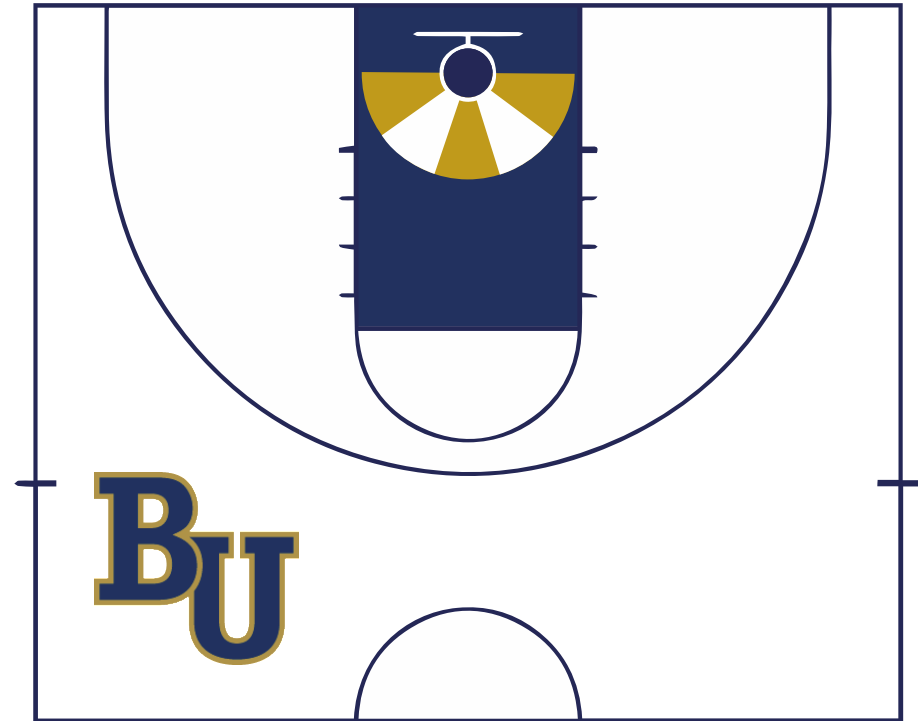




FREEDOM FROM CHOICE



- POST AND PERIMETER DRIVES
- HAND TO THE GLASS
- FRONT OF THE RIM
- GO TO MOVES
- COMPETING FOR THE GOLD AREAS—ELIMINATE WHITE





BLOCK SHOOTING

2 MINUTE DRILL
CLOSEOUT SHOOTING
W SHOOTING





FINISHING SERIES

10-10-10
4 POST UPS





FINISHING SERIES

FINISHING SCHOOL 2 AND 2
FINISHING SCHOOL DRIBBLE
ADVANTAGE 1-1

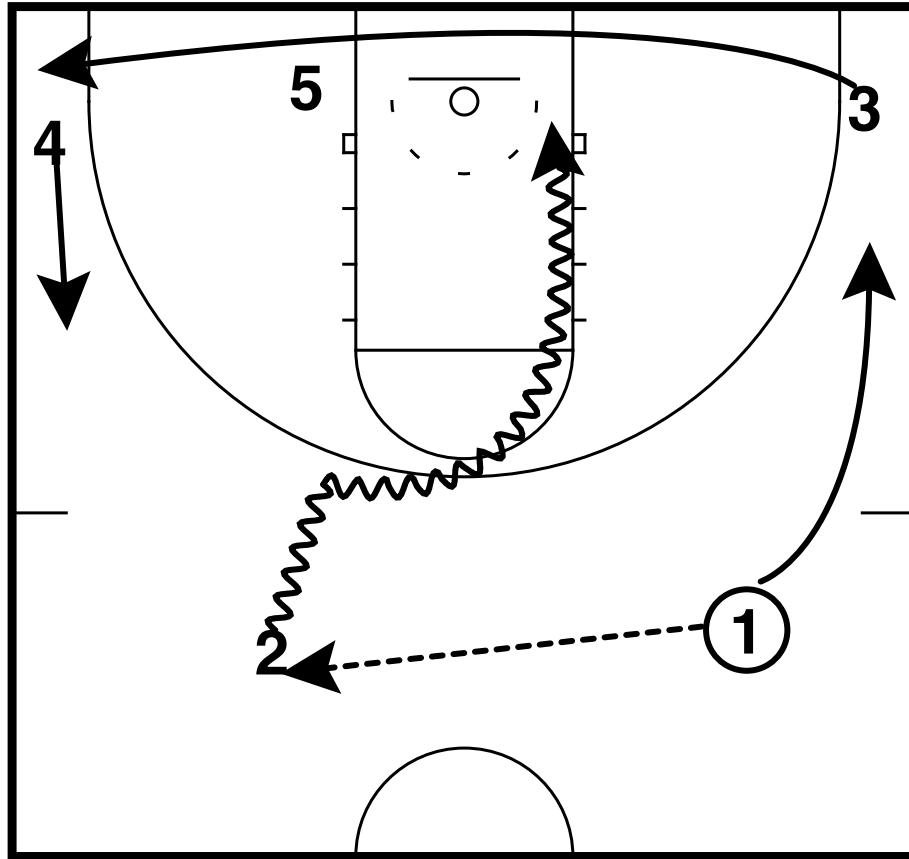




CONCEPTUAL SKILL WORK

FAN SERIES

FAN





CONCEPTUAL SKILL WORK

FAN SERIES

FAN DRIVE

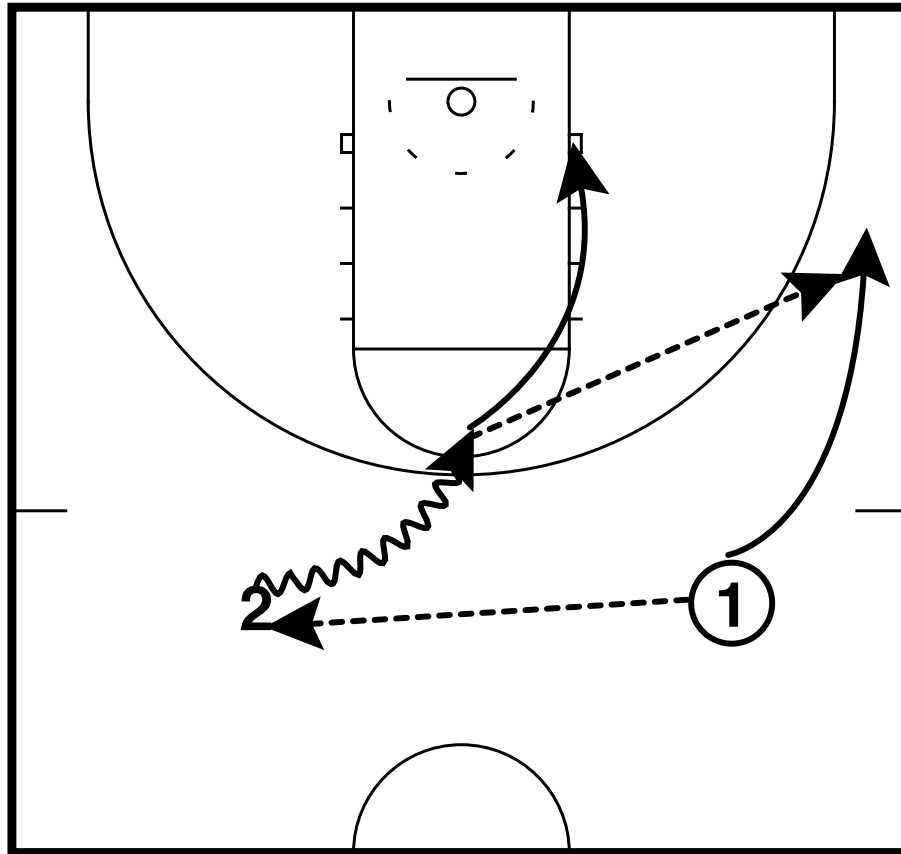




CONCEPTUAL SKILL WORK

FAN SERIES

FAN 3





CONCEPTUAL SKILL WORK

FAN SERIES

FAN 3

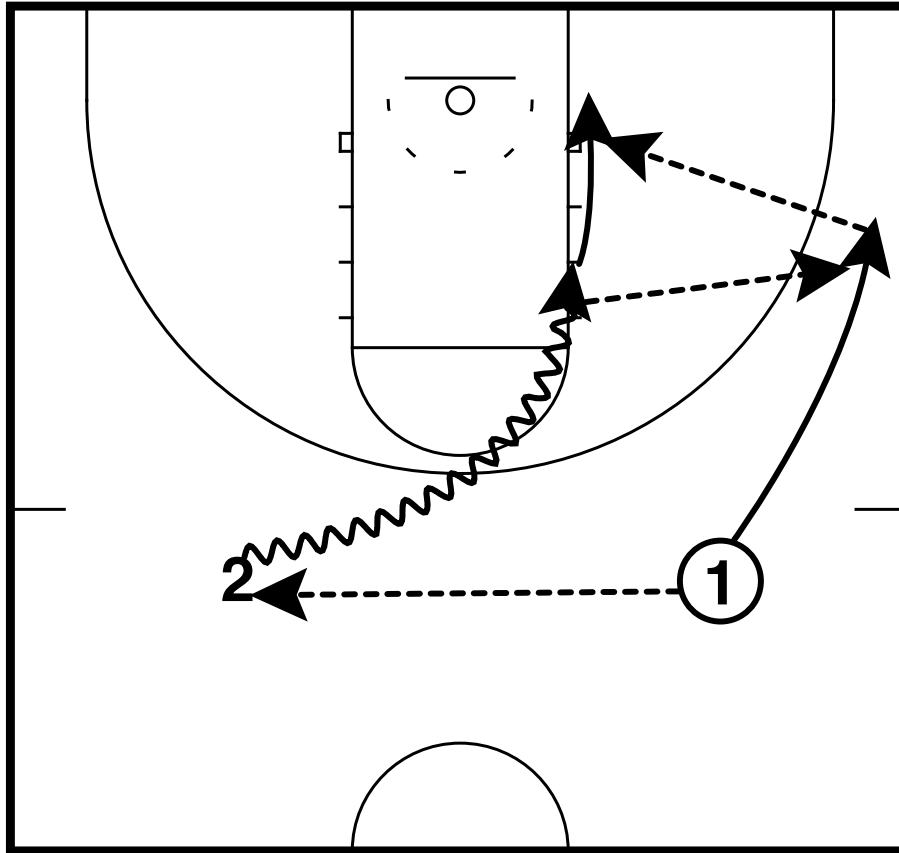




CONCEPTUAL SKILL WORK

FAN SERIES

FAN PPP





CONCEPTUAL SKILL WORK

FAN SERIES

FAN PPP

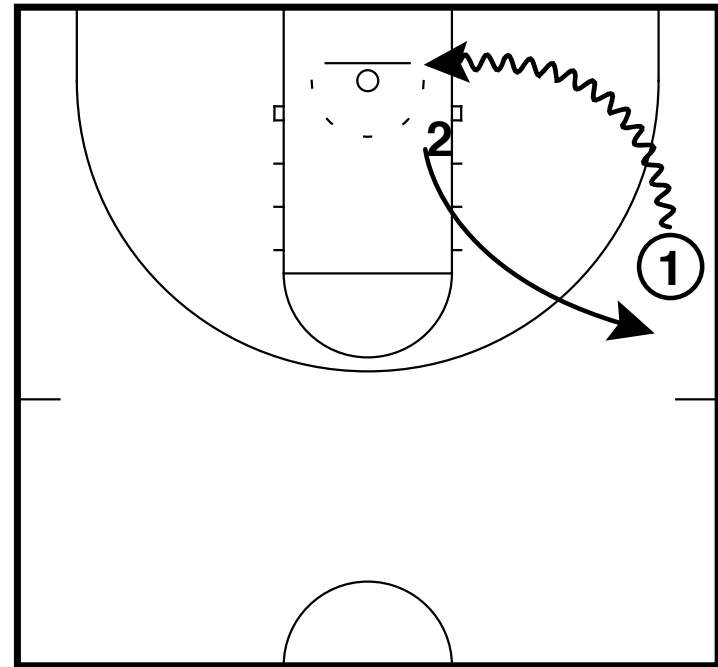
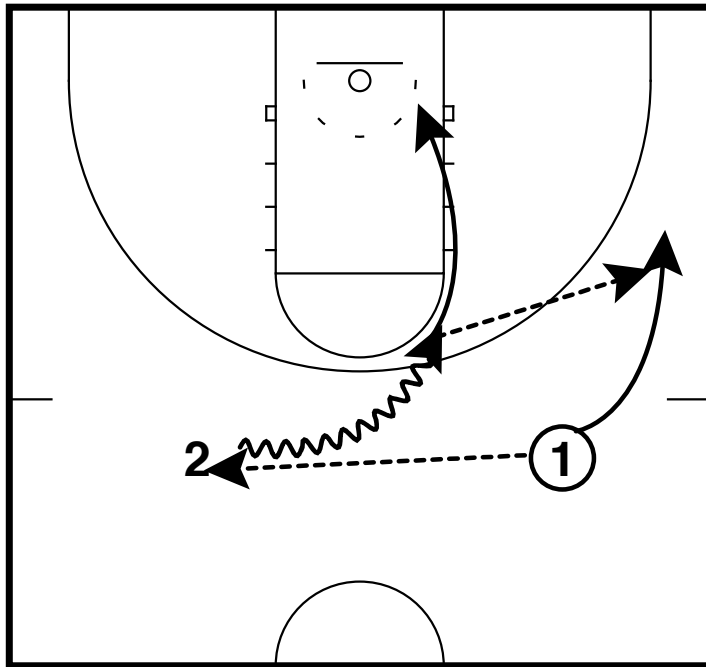




CONCEPTUAL SKILL WORK

FAN SERIES

FAN BASELINE DRIVE





CONCEPTUAL SKILL WORK

FAN SERIES

FAN BASELINE DRIVE

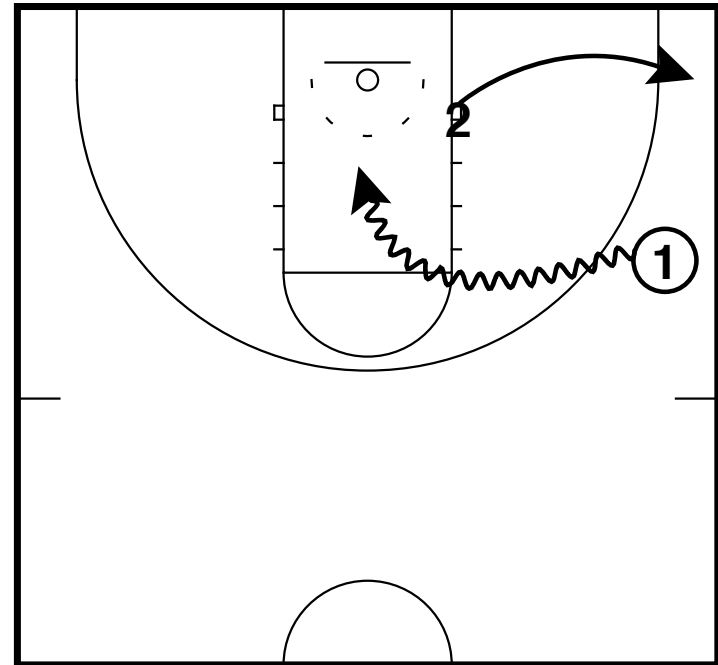
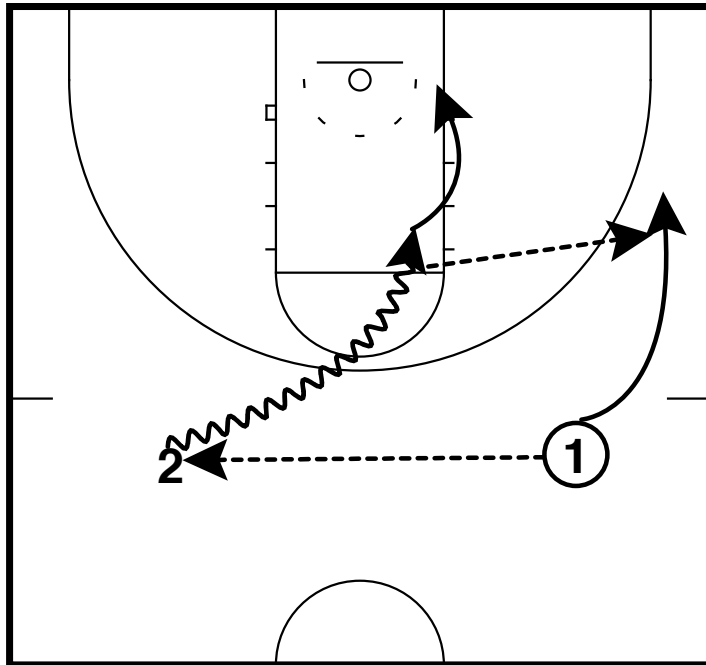




CONCEPTUAL SKILL WORK

FAN SERIES

FAN MIDDLE SEAM ATTACK





CONCEPTUAL SKILL WORK

FAN SERIES

FAN MIDDLE SEAM ATTACK

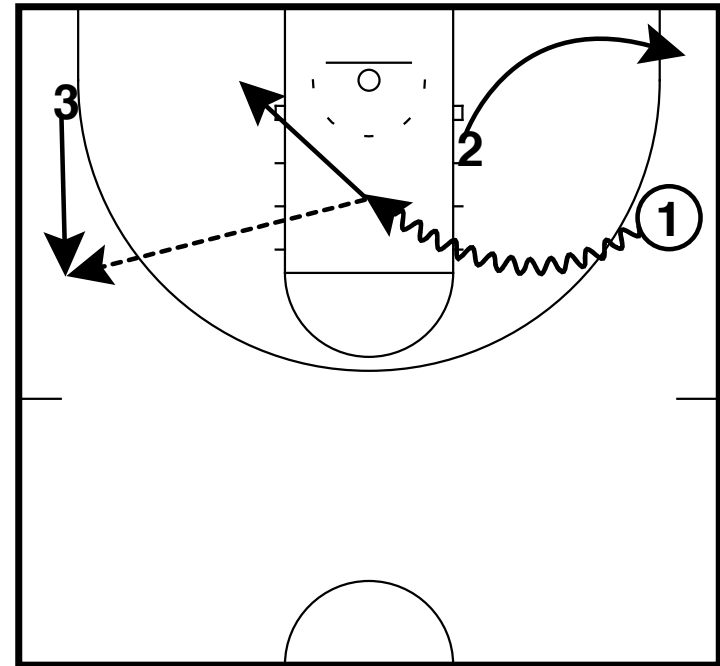
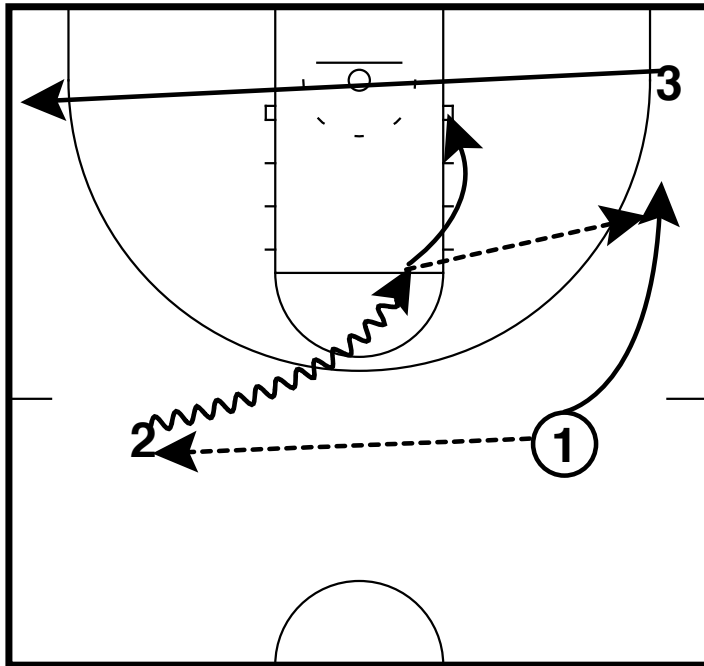




CONCEPTUAL SKILL WORK

FAN SERIES

FAN BY-PASS





CONCEPTUAL SKILL WORK

FAN SERIES

FAN BY-PASS





CONCEPTUAL SKILL WORK

FAN SERIES

FAN BASELINE DRIFT

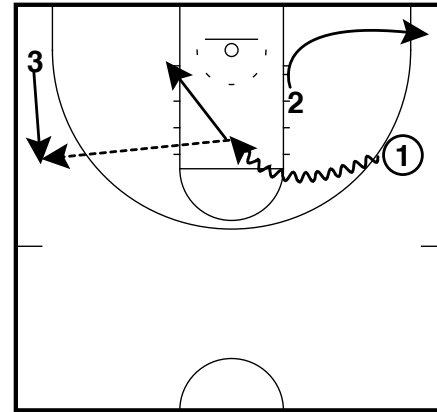
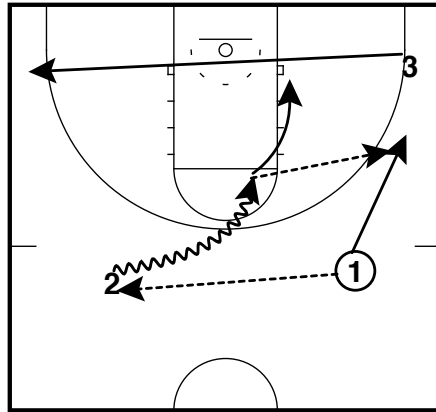




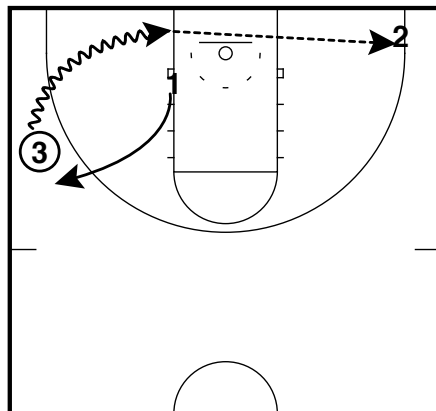
CONCEPTUAL SKILL WORK

FAN SERIES

FAN BY-PASS TO DRIFT



FAN BY-PASS TO DRIFT
CORE OFFENSE





CONCEPTUAL SKILL WORK

FAN SERIES

FAN BY-PASS TO DRIFT

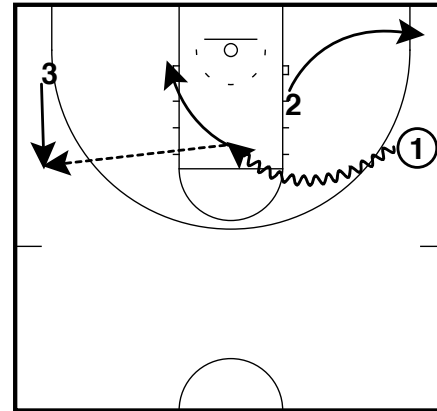
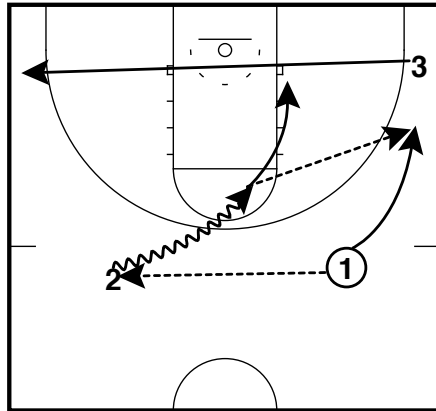




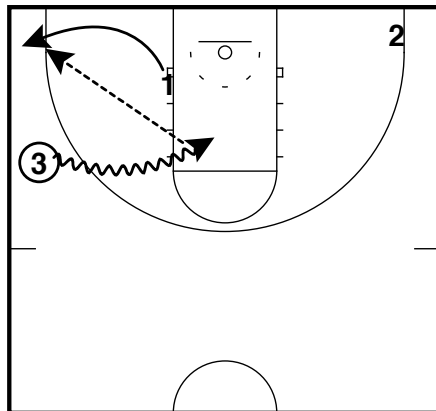
CONCEPTUAL SKILL WORK

FAN SERIES

FAN BY-PASS ESCAPE 3



FAN BY-PASS ESCAPE 3
CORE OFFENSE





CONCEPTUAL SKILL WORK

FAN SERIES

FAN BY-PASS ESCAPE 3

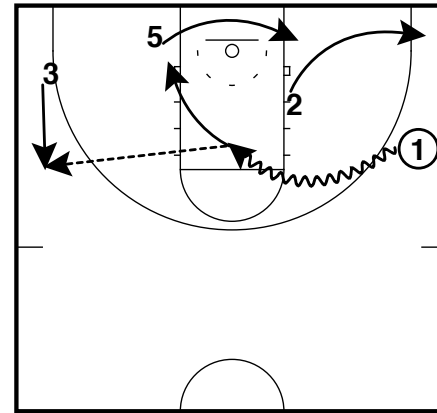
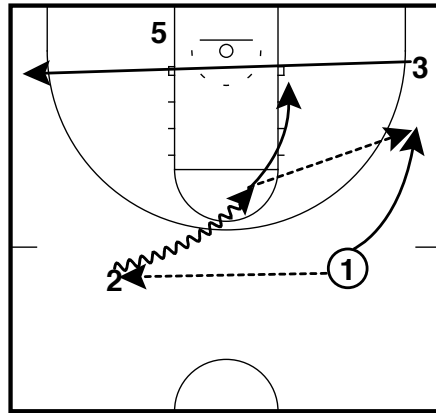




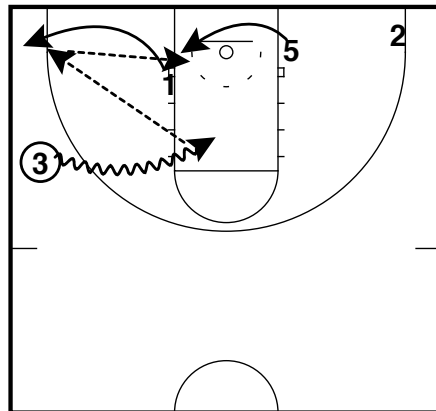
CONCEPTUAL SKILL WORK

FAN SERIES

FAN BY-PASS ESCAPE PUNCH



FAN BY-PASS ESCAPE PUNCH
CORE OFFENSE





CONCEPTUAL SKILL WORK

FAN SERIES

FAN BY-PASS ESCAPE PUNCH

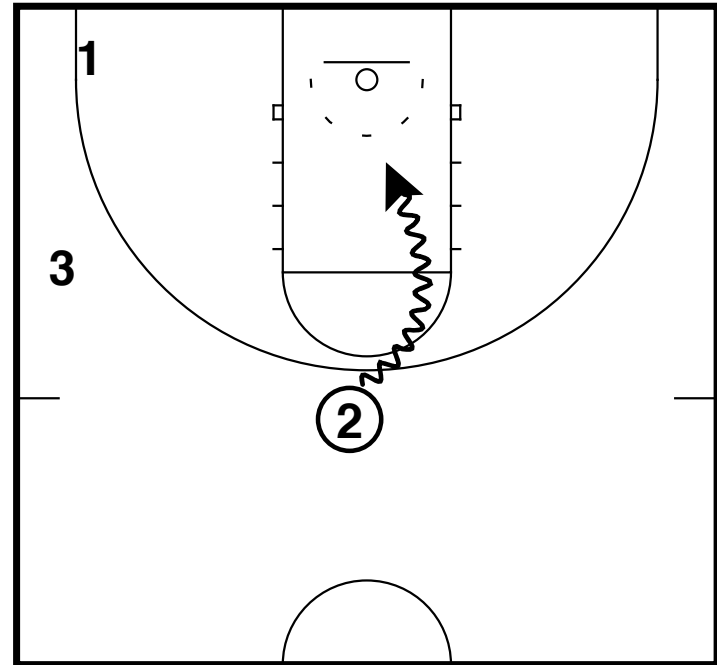
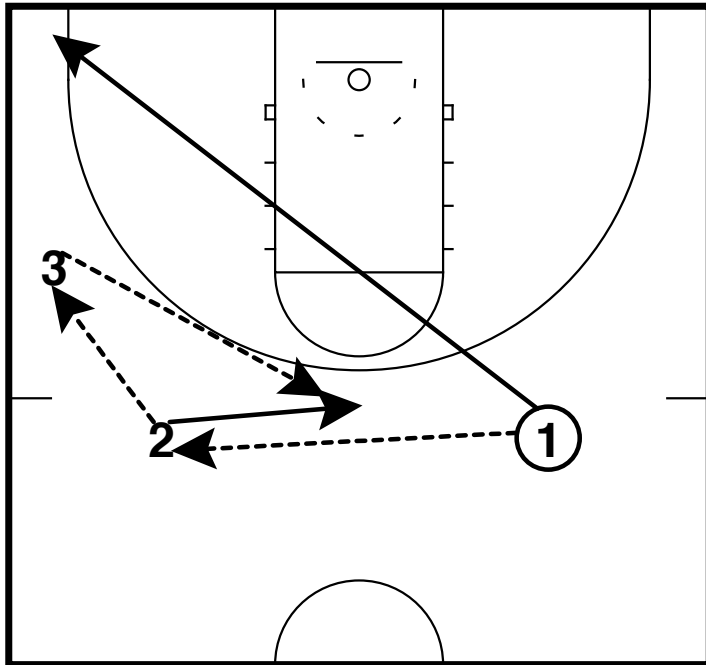




CONCEPTUAL SKILL WORK

SWING SERIES

SWING BOOMERANG



ATTACK



CONCEPTUAL SKILL WORK

SWING SERIES

SWING BOOMERANG





CONCEPTUAL SKILL WORK

SWING SERIES

SWING BOOMERANG JUMP SKIP

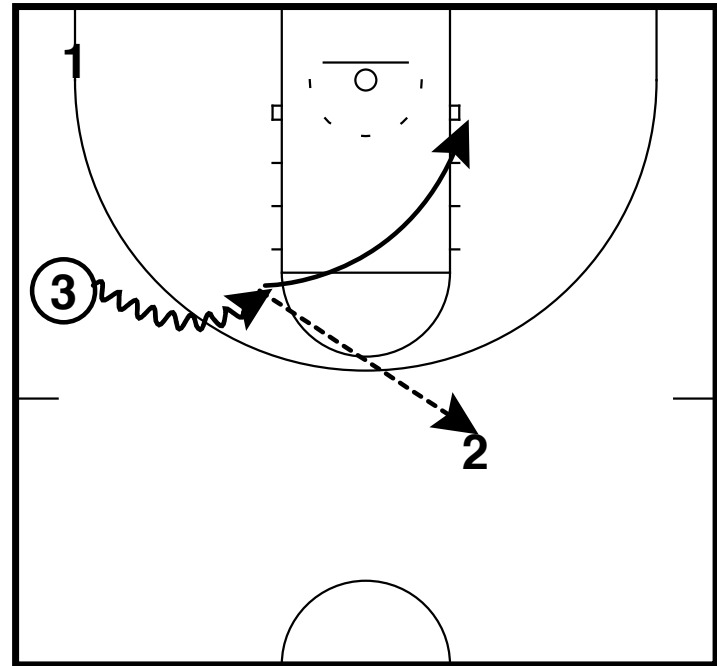
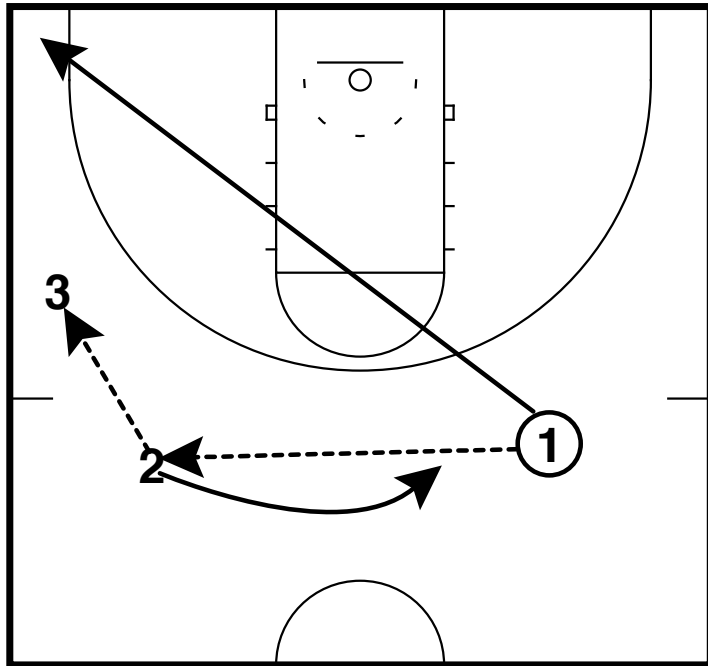




CONCEPTUAL SKILL WORK

SWING SERIES

SWING QUICK PITCH





CONCEPTUAL SKILL WORK

SWING SERIES

SWING QUICK PITCH

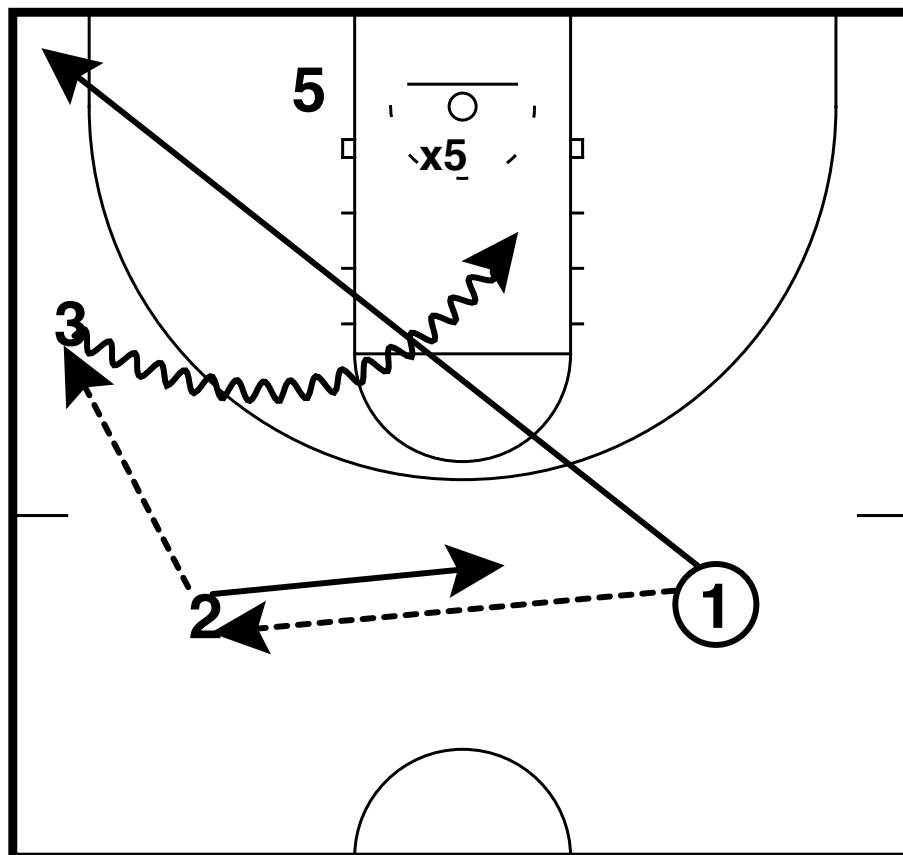




CONCEPTUAL SKILL WORK

SWING SERIES

SWING MIDDLE SEAM READ





CONCEPTUAL SKILL WORK

SWING SERIES

SWING MIDDLE SEAM READ





CONCEPTUAL SKILL WORK

SWING SERIES

SWING QUICK PITCH CHEAT





SITUATIONAL OFFENSE/ DECISION MAKING

WING TOP CHEAT





SITUATIONAL OFFENSE/ DECISION MAKING

FAN SWING





SITUATIONAL OFFENSE/ DECISION MAKING SWING





SITUATIONAL OFFENSE/ DECISION MAKING SWING ADVANTAGE





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Coaching resources can be accessed at
coachdougnovak.com

Point of Attack Finishing Video can be found on
CoachTube – Doug Novak

