

ASCENDER

FOOTBALL



SCOUTING REPORT

"SEIZE THE OPPORUNITIES AND MAKE IT HAPPEN!"



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Weekly Schedule

- **Sunday (Review and Plan)**
- **Monday (Review and Presentations)**
- **Tuesday (Competition Tuesday)**
- **Wednesday (Ball Security Wed)**
- **Thursday (Sweep the Corners)**
- **Friday (Lock In)**

“You Will Play Like you Practice!”



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Bishop Sycamore

October 10th, 2020



FS

SS

#15

#20

B

B

B

LC

RC

#3

#28

#32

#17

DE

N

T

DE

#21

#97

#75

#53

#5



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COVERAGE

REPORT

FRONT

BLITZ

STUNTS



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THE BALL

12% RULE

Turnovers:

- Sacks:
- Penalties:
- Drop balls:



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CREATING EXPLOSIVES

“THIS IS WHO WE ARE”

(9)

AN EXPLOSIVE RUN IS:

 10+ YDS

AN EXPLOSIVE PASS IS:

 16+ YDS



ASCENDERS

3RD DOWN



3RD DOWN
“CONVERT”
(40%)



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REDZONE

100%





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GAME PLAN



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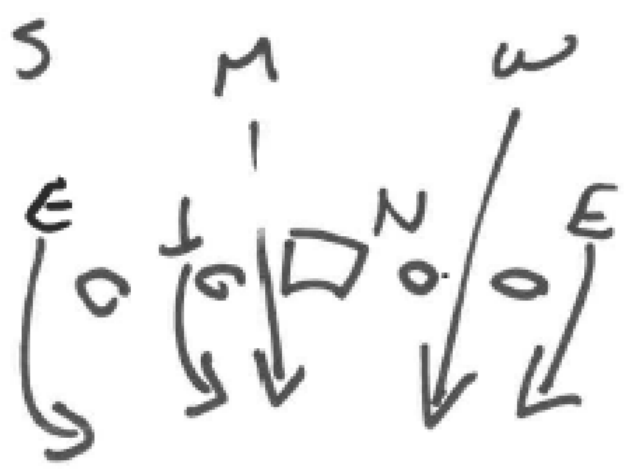
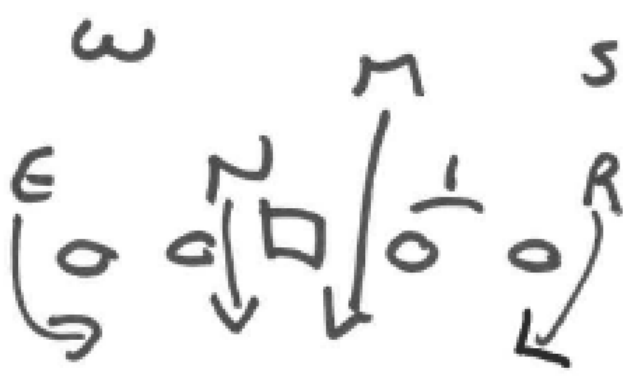
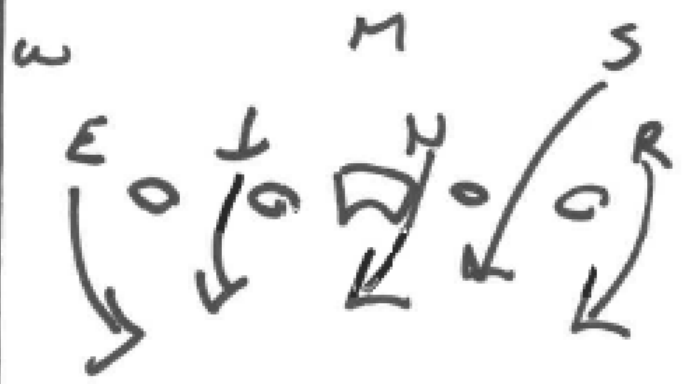


FRONT

BLITZ

RUN GAME

PROTECTION





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RUN GAME

Doubles RT 16



T B

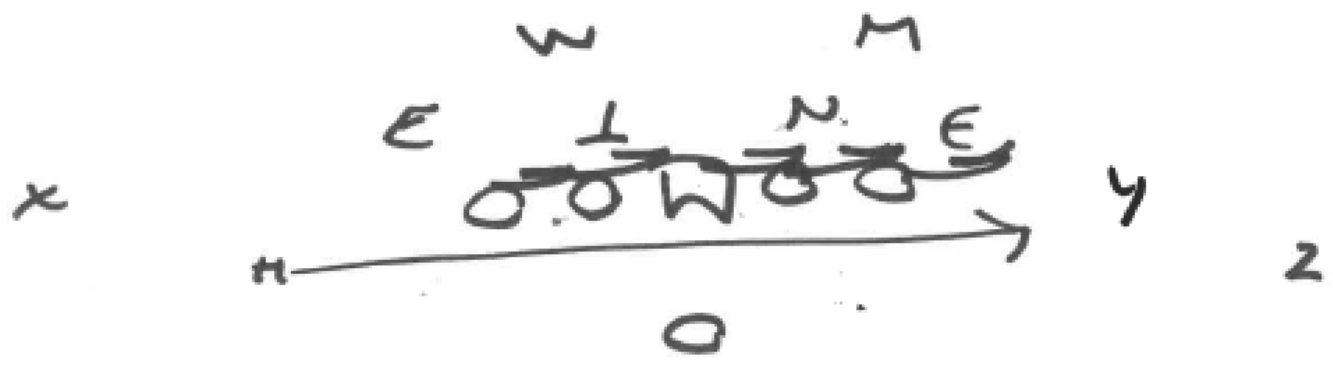
"Push"

Doubles LT 13

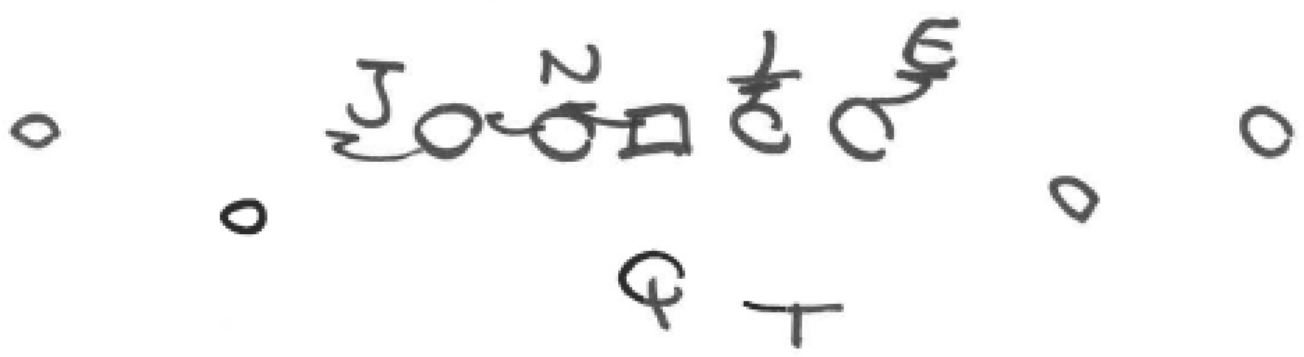


B T

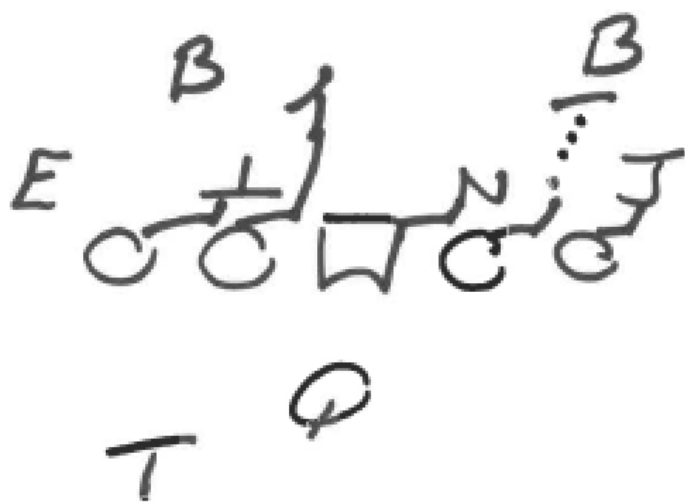
Doubles RT Jet



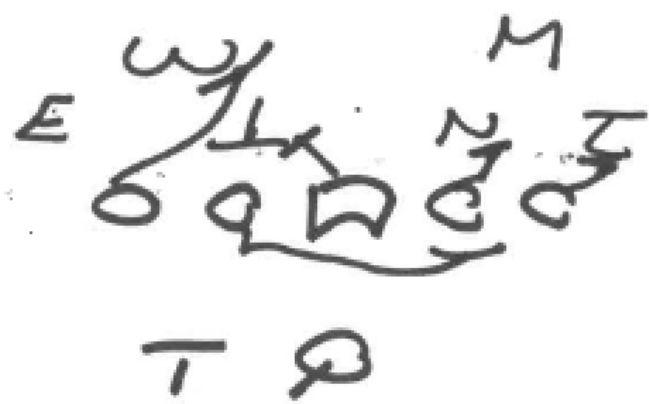
Doubles RT cowboys Cold



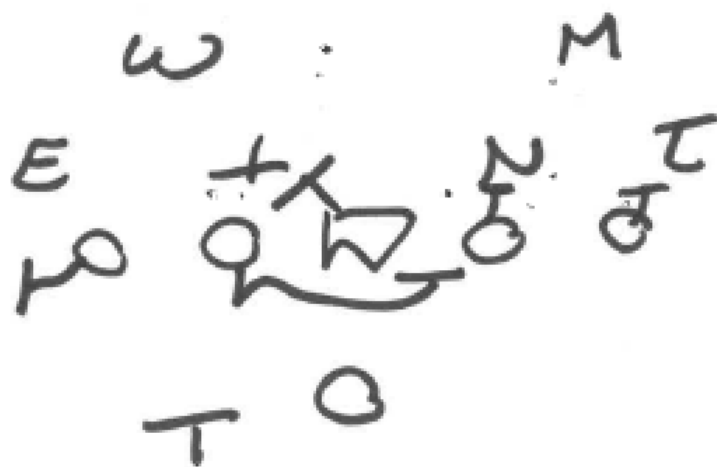
TRIC LT 12



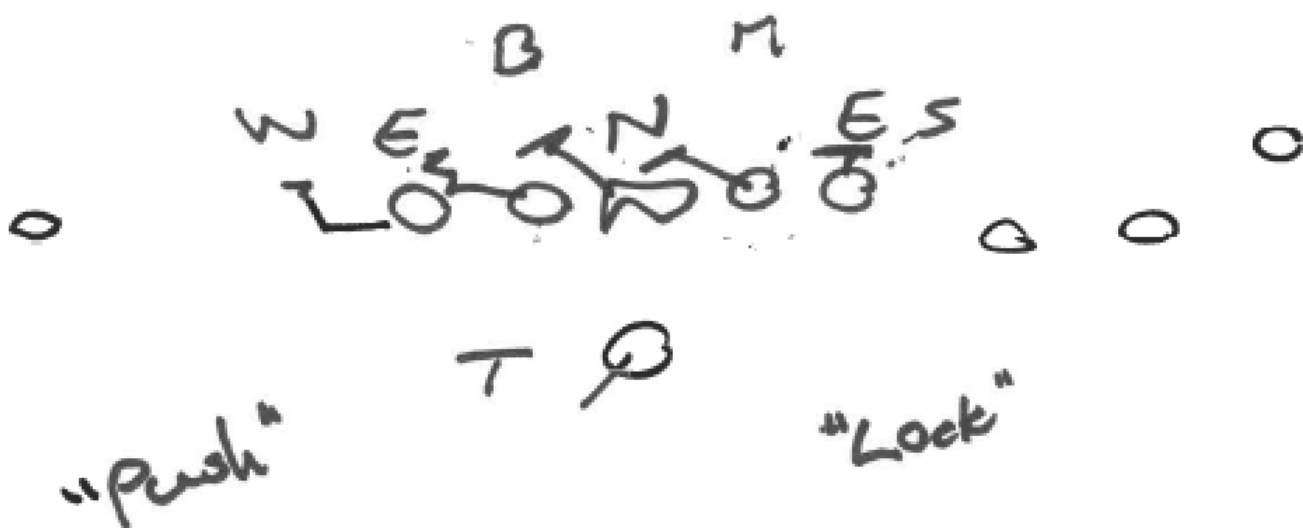
TRIC RT 16



TRIG RT II



TRIG Rt Cali Cold

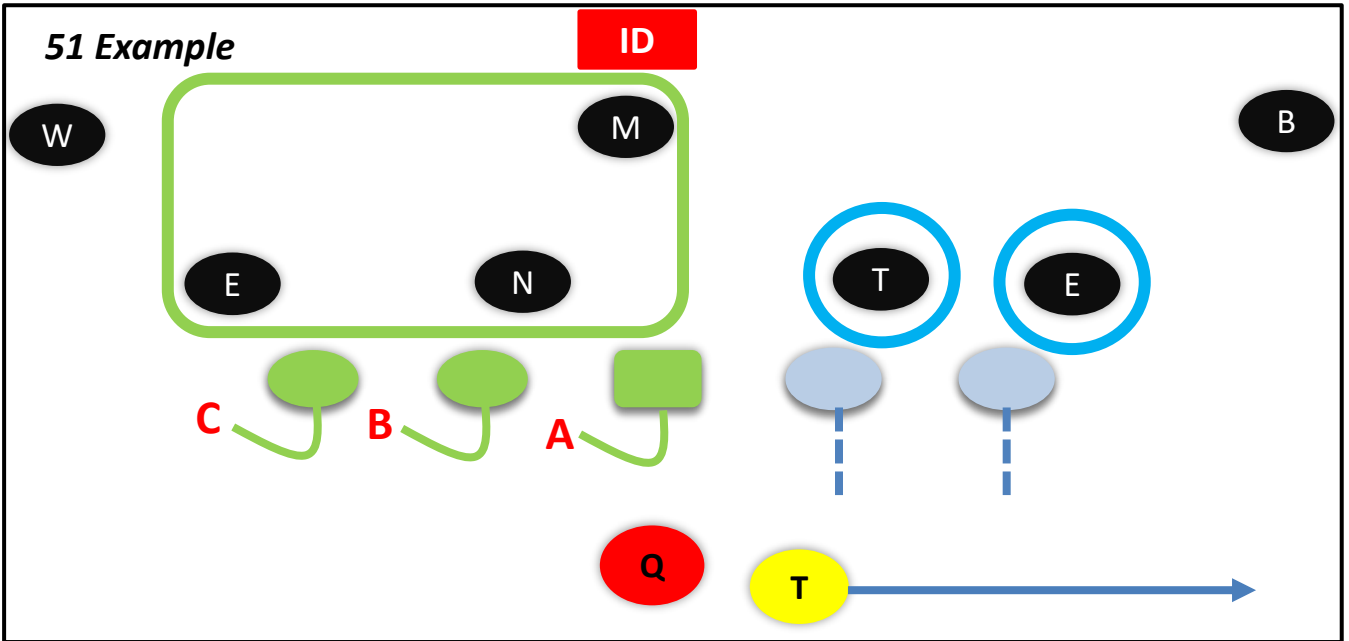




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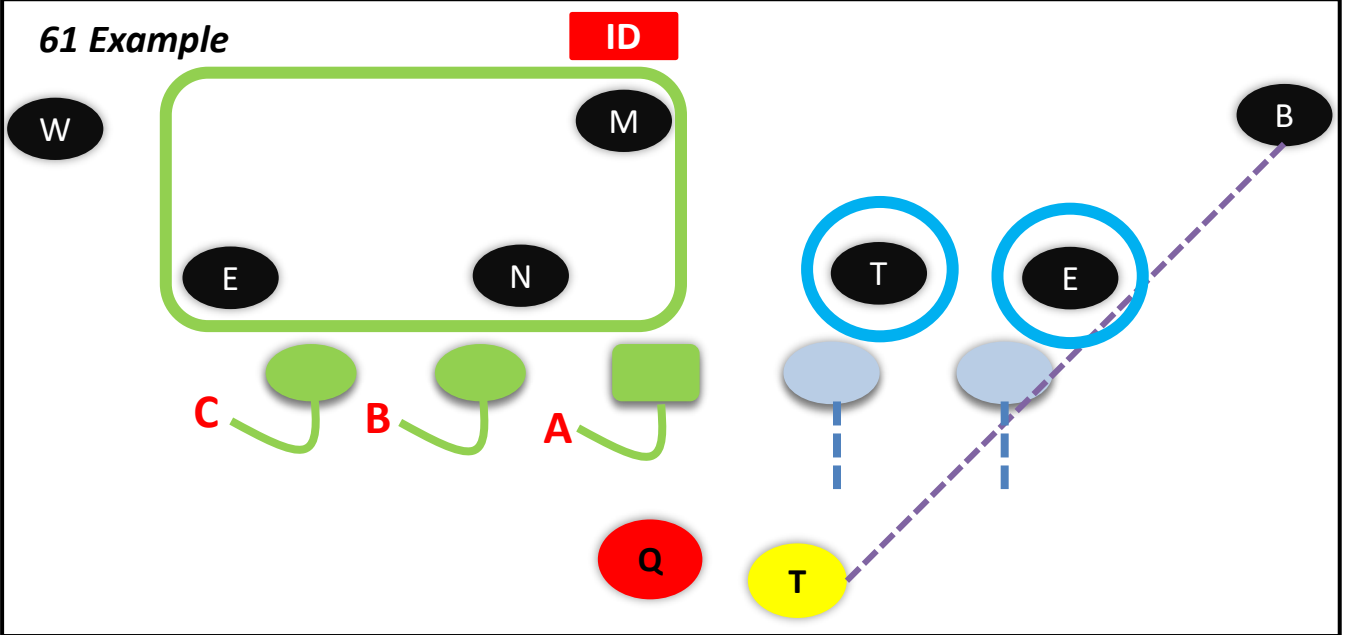
Protections



Pass Protection Rules (Half slide half man)

Center ID first LB away from the call side. (5 man box then the mike is the mike)

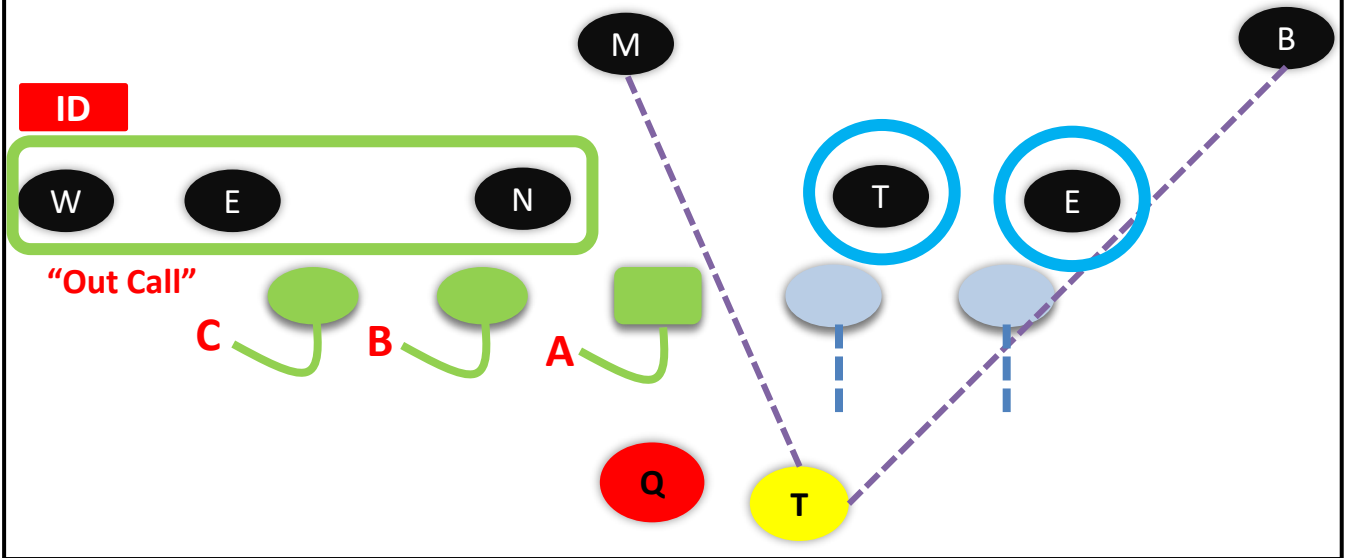
61 Example



Pass Protection Rules (Half slide half man)

Center ID first LB away from the call side. (5 man box then the mike is the mike)

61 Example



Pass Protection Rules (Half slide half man)

Center ID first LB away from the call side. (5 man box then the mike is the mike)

5 Man Box "Push" Call to Re-ID, T has #1 to #2



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DECEPTIVES



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NEW PASS PLAYS



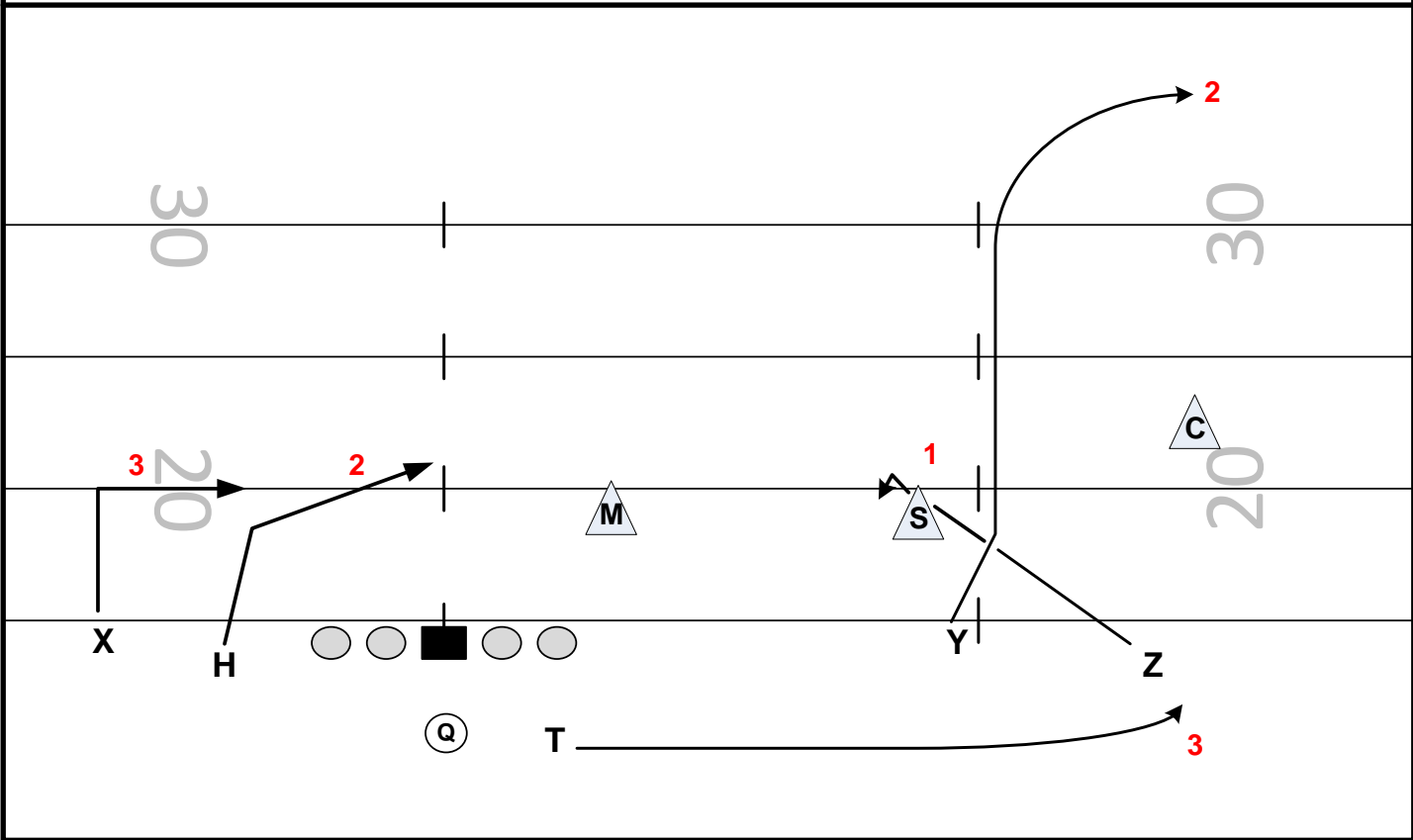
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PASS GAME

DOUBLES RT (51) CHEVRON 94



FAMILY: **GAS STATION**

CONCEPT: **3 MAN SNAG**

NARROW

SAM

FORMATIONS:

DOUBLE, TRIO, GREEN

PROTECTION: **50 - 51**

PROGRESSION:

PURE - Z / Y / T Z / X / H

ALERT: **MAN - F2**

PLAYER	ROUTE	ASSIGNMENTS
Z	SNAG	3 MAN SNAG
Y	CORNER	CHEVRON CORNER - GAIN 2 ON RELEASE SPEED OUT AT 15 YDS
T	HOT SWING	5 HARD STEPS - GIVE EYES TO QB
X	PATIENT SLANT	5 YARD PATIENT SLANT
H	SLANT	3 STEP SLANT GET VERTICAL ONCE IN HOLE

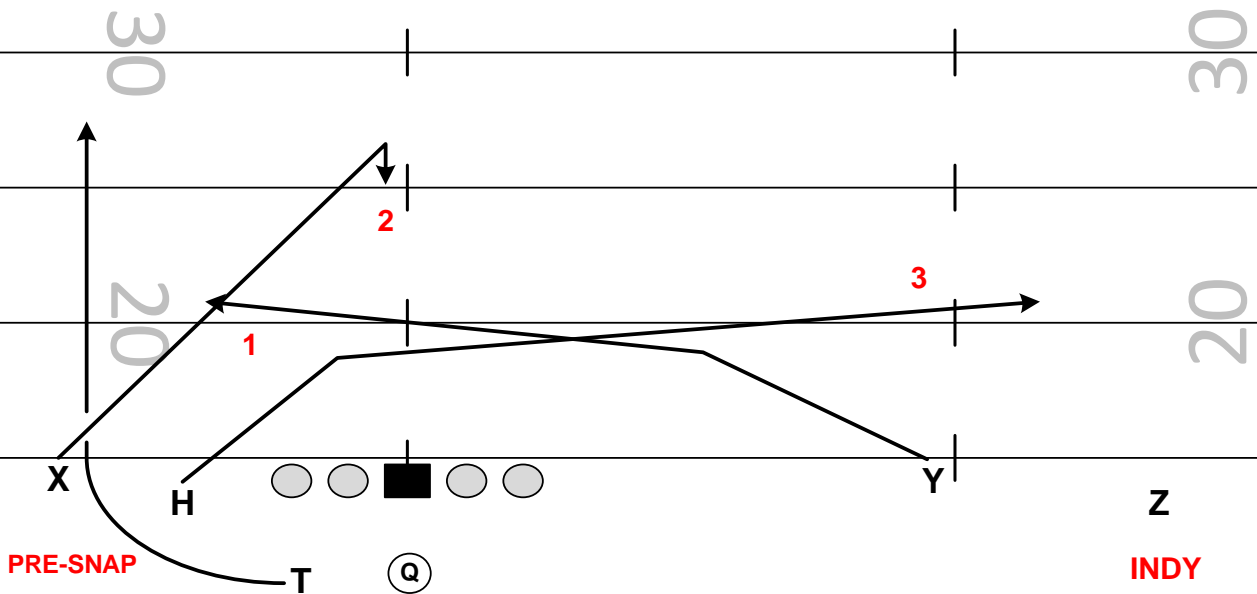
PRESSURE PLAN: **REDIRECT PROTECTION TO SAFETIES TILT**

5/6 MAN PRESSURE - THROW HOT/TROUBLE THROW

NOTES: **COV 1 - F2 TO B1 (CONTROL MIKE WITH EYES)**

BE AWARE OF POSSIBLE BACKSIDE TAGS

DOUBLES RT (50) MESH



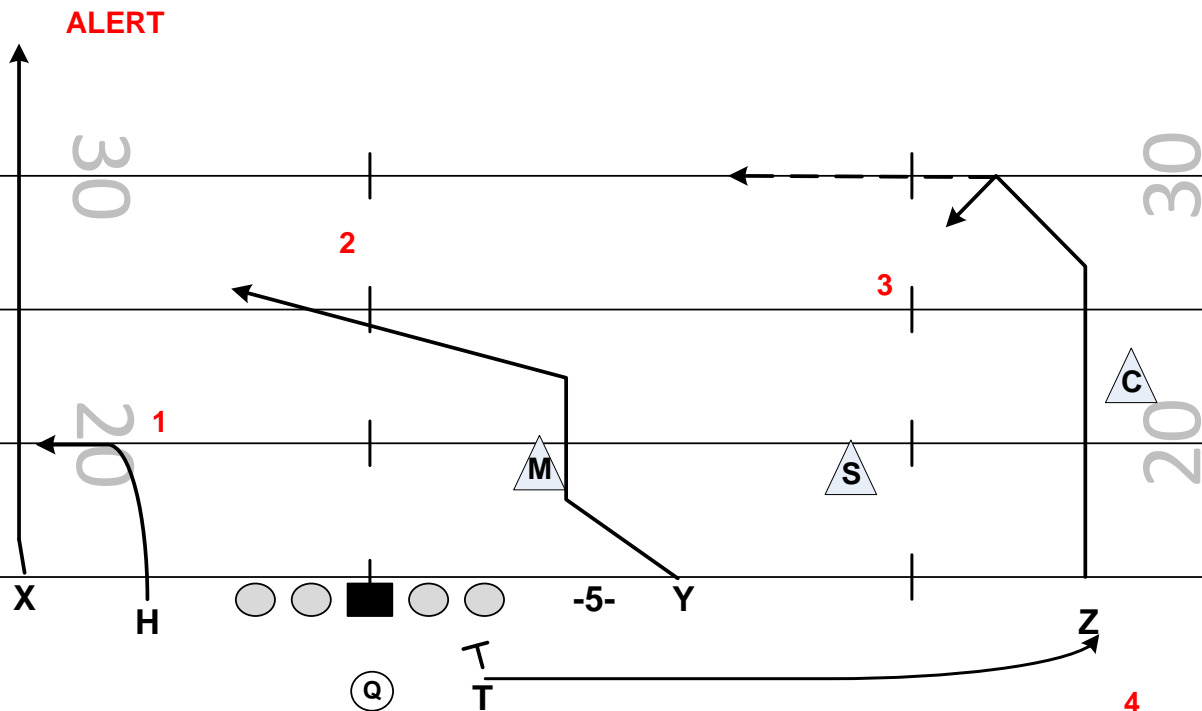
FAMILY: **HORIZONTAL** CONCEPT: **MESH** NARROW: **WILL**
 FORMATIONS: **DOUBLES / DUO / FLEET** PROTECTION: **50 - 51**
 PROGRESSION: **PRE-SNAP T / Y / X / H** ALERT: **Z INDY / T**

PLAYER	ROUTE	ASSIGNMENTS
Z	INDY ROUTE	FADE/GLANCE/DROPOUT/STUTTER FADE
Y	SHALLOW CROSSER	SLAP HANDS OFF THE "MESHER"
T	BULLET	REPLACE THE STEM OF THE "X". COVERAGE CAPPED=BACK SHOULDER. IF EVEN=LEAVING.
H	SHALLOW CROSSER	SET THE MESH AT 6 YDS
X	HOOK ROUTE	ANGLE DEPARTURE – 10 YDS OVER "B" GAP

PRESSURE PLAN: **REDIRECT PROTECTION W/ SAFETIES TILT**

NOTES:

DOUBLES RT (61) CADDY



FAMILY: **CARS** CONCEPT: **Y CROSS** NARROW: **WILL**

FORMATIONS: **DOUBLE, TRIO, GREEN** PROTECTION: **60 - 61**

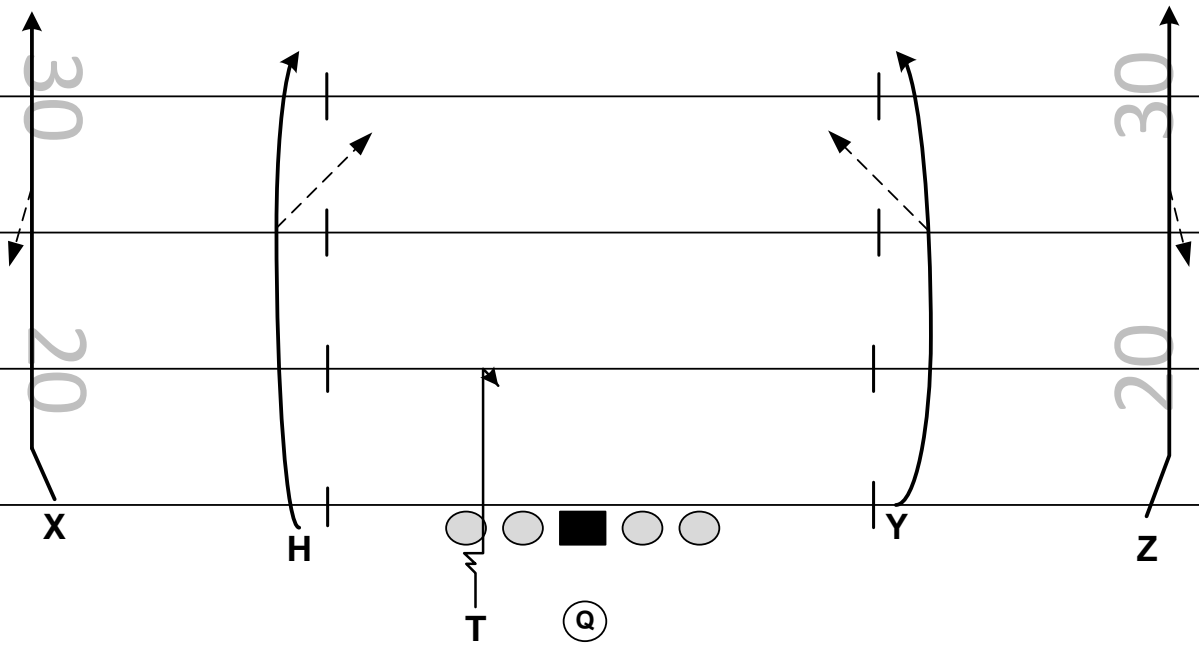
PROGRESSION: **ALERT - H, Y, Z, TROUBLE** ALERT: **X MATCHUP**

PLAYER	ROUTE	ASSIGNMENTS
Z	POST CURL	12-15 - CURL UP AND FIND THE WINDOW
Y	STAIRCASE	UNDER THE SAM, OVER THE MIKE, FIND GRASS
T	SWING	C/R SWING - 5 STEPS PARALLEL TO LOS
H	SPEED OUT	BE AWARE OF TRAP CORNER
X	GO ROUTE	MOR - FADE

PRESSURE PLAN: **REDIRECT WITH SAFETIES TILT**

NOTES:

DOUBLES RT (60) DAYTONA



FAMILY: **CARS**

CONCEPT: **4 VERTICALS**

NARROW: **SAM OR WILL**

FORMATIONS:

DOUBLE, TRIO

PROTECTION: **60 - 61**

PROGRESSION: **COVERAGE READ**

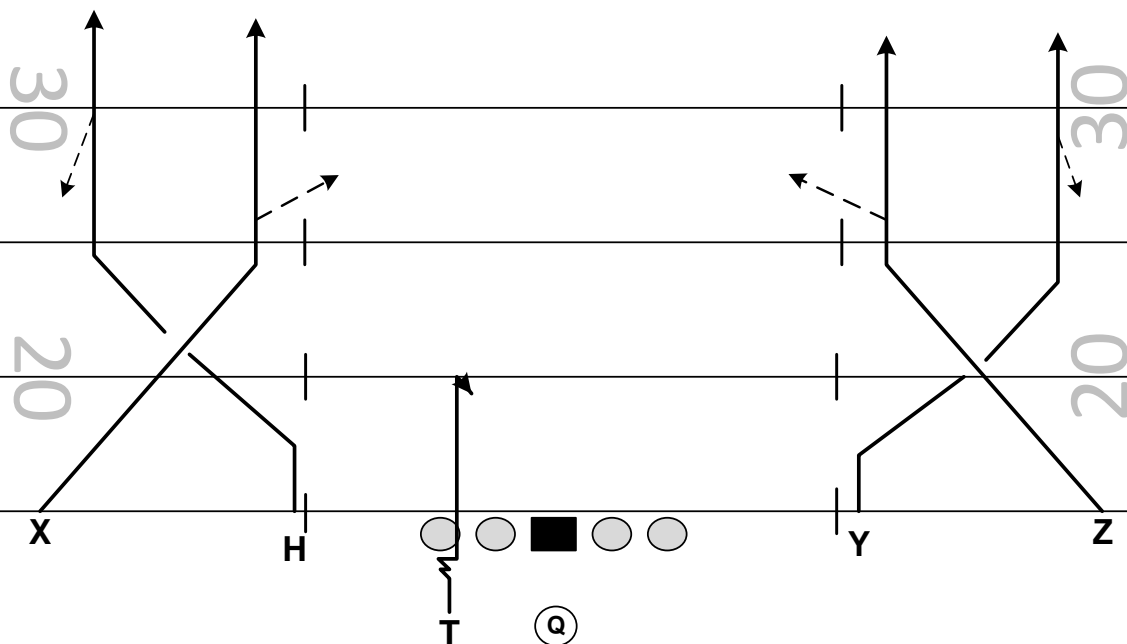
ALERT: **Z/X MATCHUP**

PLAYER	ROUTE	ASSIGNMENTS
Z	GO ROUTE	CAP COVERAGE – DROPOUT. IF EVEN - LEAVING
Y	SEAM	2 HIGH/1 HIGH READ
T	TAKE IT ROUTE	5 YARDS OVER THE CENTER
H	SEAM	2 HIGH/1 HIGH READ
X	GO ROUTE	CAP COVERAGE – DROPOUT. IF EVEN - LEAVING

PRESSURE PLAN: **REDIRECT PROTECTION TO SAFETIES TILT**

NOTES:

DOUBLES RT (60) DAYTONA SWITCH



FAMILY: **VERTICAL** CONCEPT: **STICKS** NARROW: **SAM OR WILL**

FORMATIONS: **DOUBLES / TRIO** PROTECTION: **60 - 61**

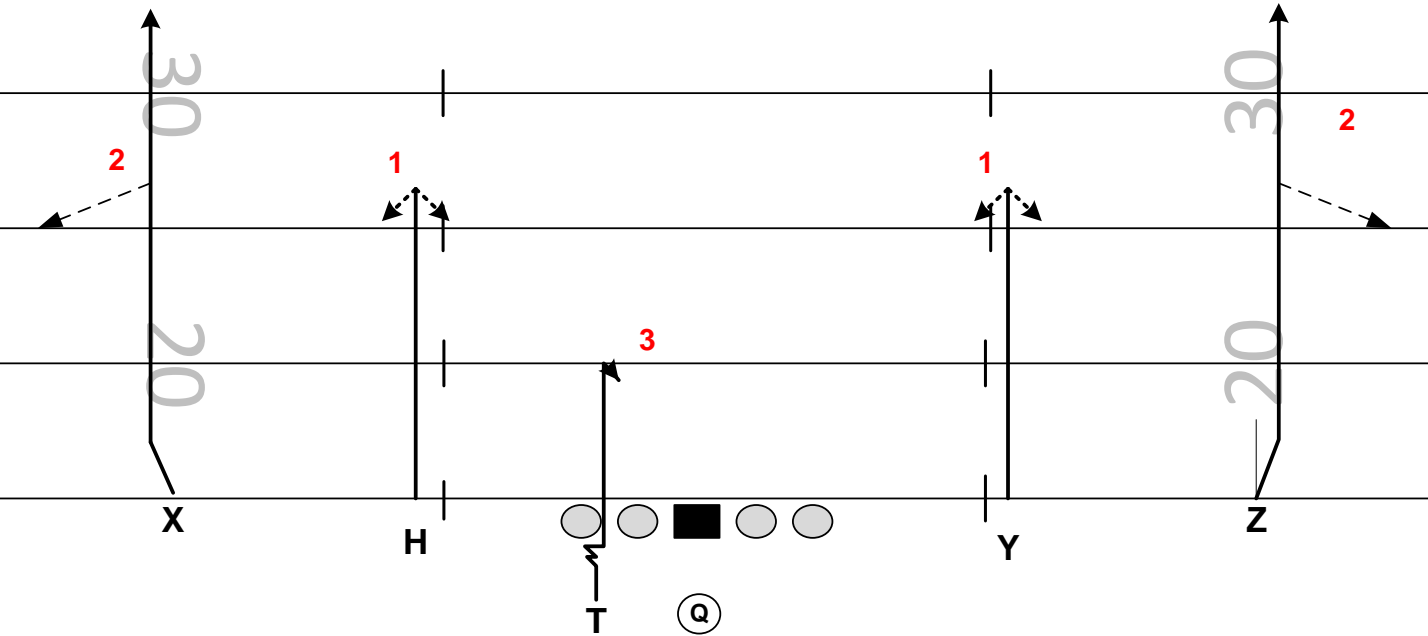
PROGRESSION: **PICK A SIDE – INSIDE OUT TO T** ALERT: **DROPOUTS**

PLAYER	ROUTE	ASSIGNMENTS
Z	VERTICAL SWITCH	ANGLE DEPARTURE – MIDDLE OF THE FIELD OPEN – BEND, MIDDLE CLOSED - SEAM
Y	VERTICAL SWITCH	PRESS 3 STEPS VERTICAL TO ATTACK HOLE PLAYER, THEN CREATE THE "SWITCH"
T	TAKE IT ROUTE	5 YARDS OVER THE CENTER
H	VERTICAL SWITCH	PRESS 3 STEPS VERTICAL TO ATTACK HOLE PLAYER, THEN CREATE THE "SWITCH"
X	VERTICAL SWITCH	ANGLE DEPARTURE – MIDDLE OF THE FIELD OPEN – BEND, MIDDLE CLOSED - SEAM

PRESSURE PLAN: **REDIRECT PROTECTION TO SAFETIES TILT**

NOTES:

DOUBLES RT (60) MARKER



FAMILY: **VERTICAL** CONCEPT: **STICKS** NARROW: **SAM OR WILL**

FORMATIONS: **DOUBLE, QUEEN, TRIO, KING** PROTECTION: **60 - 61**

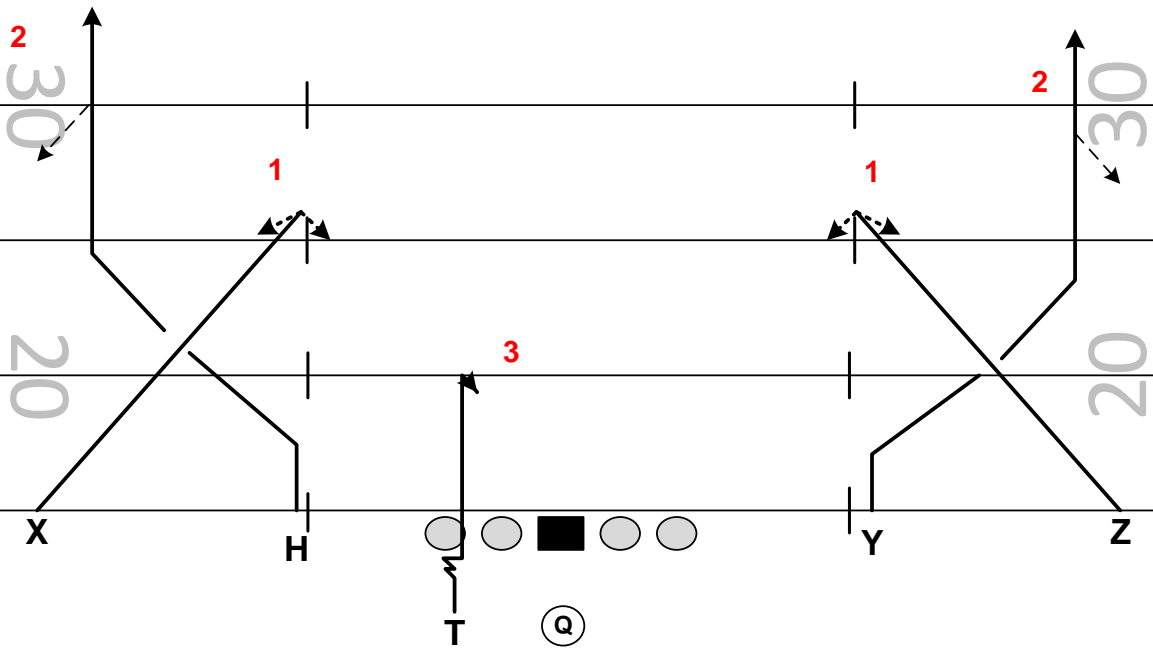
PROGRESSION: **PICK A SIDE – INSIDE OUT TO T** ALERT: **Z/X MATCHUP**

PLAYER	ROUTE	ASSIGNMENTS
Z	GO ROUTE	CAP COVERAGE – DROPOUT. IF EVEN - LEAVING
Y	MARKER ROUTE	DEEP HITCH ROUTE – GET TO 1 ST DOWN MARKER
T	TAKE IT ROUTE	5 YARDS OVER THE CENTER
H	MARKER ROUTE	DEEP HITCH ROUTE – GET TO 1 ST DOWN MARKER
X	GO ROUTE	CAP COVERAGE – DROPOUT. IF EVEN - LEAVING

PRESSURE PLAN: **REDIRECT PROTECTION TO SAFETIES TILT**

NOTES:

DOUBLES RT (60) MARKER SWITCH



FAMILY: **VERTICAL** CONCEPT: **STICKS** NARROW: **SAM OR WILL**

FORMATIONS: **DOUBLE, QUEEN** PROTECTION: **60 - 61**

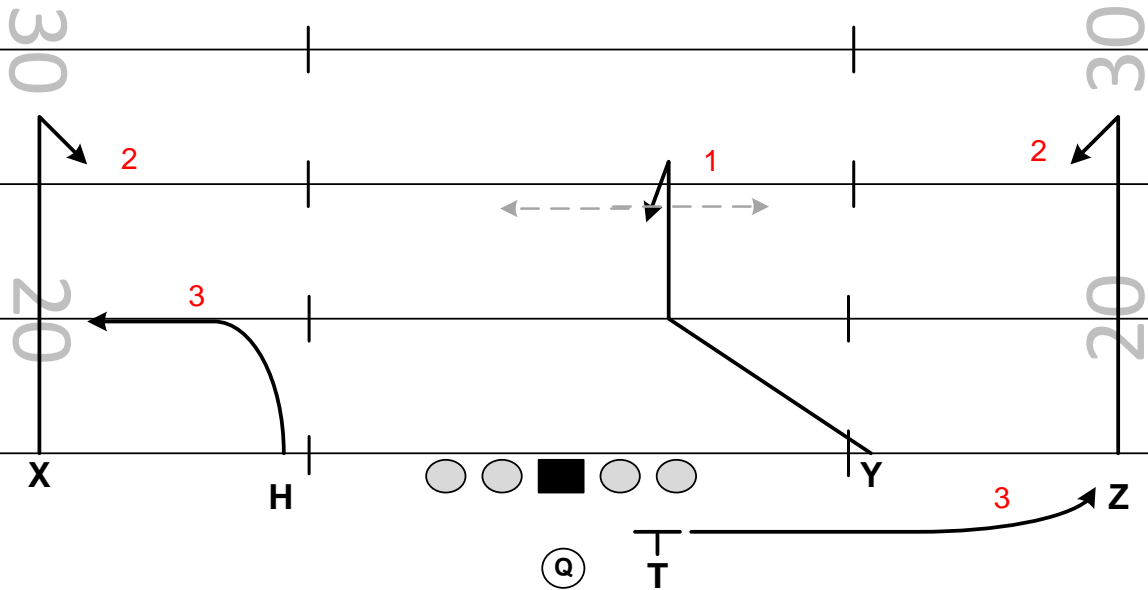
PROGRESSION: **PICK A SIDE – INSIDE OUT TO T** ALERT: **DROPOUTS**

PLAYER	ROUTE	ASSIGNMENTS
Z	MARKER SWITCH	ANGLE DEPARTURE – LANDMARK IS PAST THE 1 ST DOWN STICKS ON THE HASH
Y	VERTICAL SWITCH	PRESS 3 STEPS VERTICAL TO ATTACK HOLE PLAYER, THEN CREATE THE “SWITCH”
T	TAKE IT ROUTE	5 YARDS OVER THE CENTER
H	VERTICAL SWITCH	PRESS 3 STEPS VERTICAL TO ATTACK HOLE PLAYER, THEN CREATE THE “SWITCH”
X	MARKER SWITCH	ANGLE DEPARTURE – LANDMARK IS PAST THE 1 ST DOWN STICKS ON THE HASH

PRESSURE PLAN: **REDIRECT PROTECTION TO SAFETIES TILT**

NOTES:

DOUBLES RT (61) HONDA



FAMILY: **CARS** CONCEPT: **OPTION – CURL/FLAT** NARROW: **MIKE**

FORMATIONS: **DOUBLE, TRIO, TRIPS, KING, QN** PROTECTION: **60 - 61/50 - 51**

PROGRESSION: **TRIANGLE PROGRESSION INSIDE/OUT** ALERT: **Y WILL FIND GRASS**

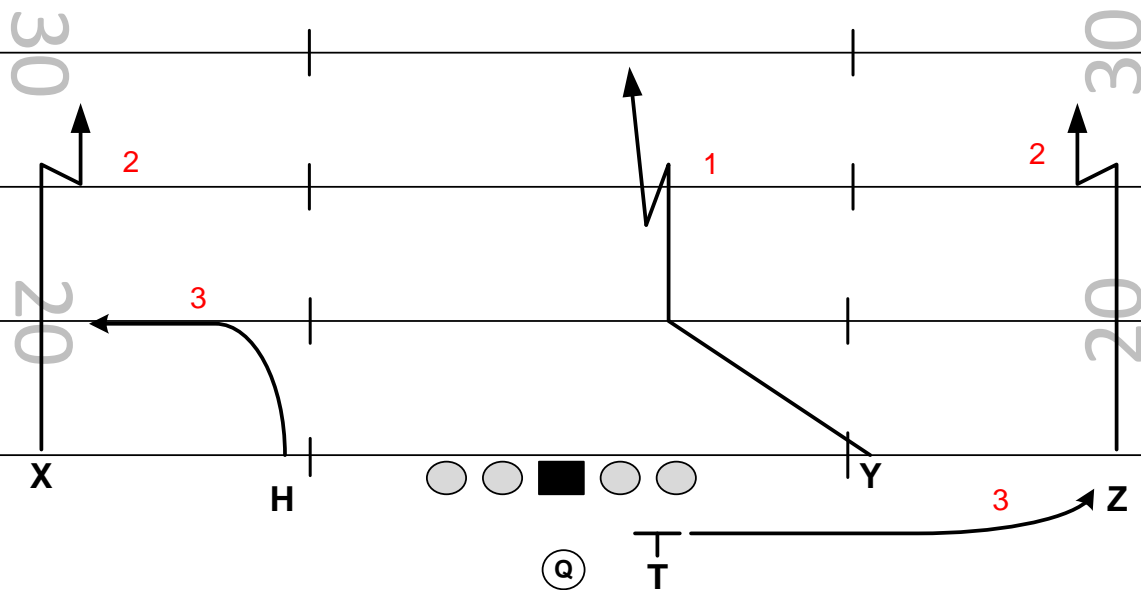
PLAYER	ROUTE	ASSIGNMENTS
Z	12 YD CURL	LANDMARK – INSIDE EDGE OF NUMBERS
Y	OPTION ROUTE	8 -10 YD OPTION ROUTE - WORK MIKE LB FOR GRASS
T	CHECK SWING	5 STEPS PARALLEL TO EDGE OF NUMBERS
H	SPEED OUT	BE AWARE OF TRAP CORNER
X	12 YD CURL	LANDMARK – INSIDE EDGE OF NUMBERS

PRESSURE PLAN: **REDIRECT PROTECTION WITH SAFETY TILT**

NOTES: **COVER 2 – CURL ROUTES INSIDE RELEASE AND GET BACK TO LANDMARK. COVER 1 – OPTION ROUTE MUST WIN VS/ MIKE LB**

PROGRESSION: **OPTION – CURL FLAT (AWAY ROT / 2 HIGH OR EVEN = FIELD)**

DOUBLES RT (61) HONDA PUMP



FAMILY: **CARS** CONCEPT: **OPTION - CURL/FLAT - PUMP** NARROW: **MIKE**

FORMATIONS: **DOUBLES/DUO/TRIPS/TRIO/FLEET** PROTECTION: **60 - 61/50 - 51**

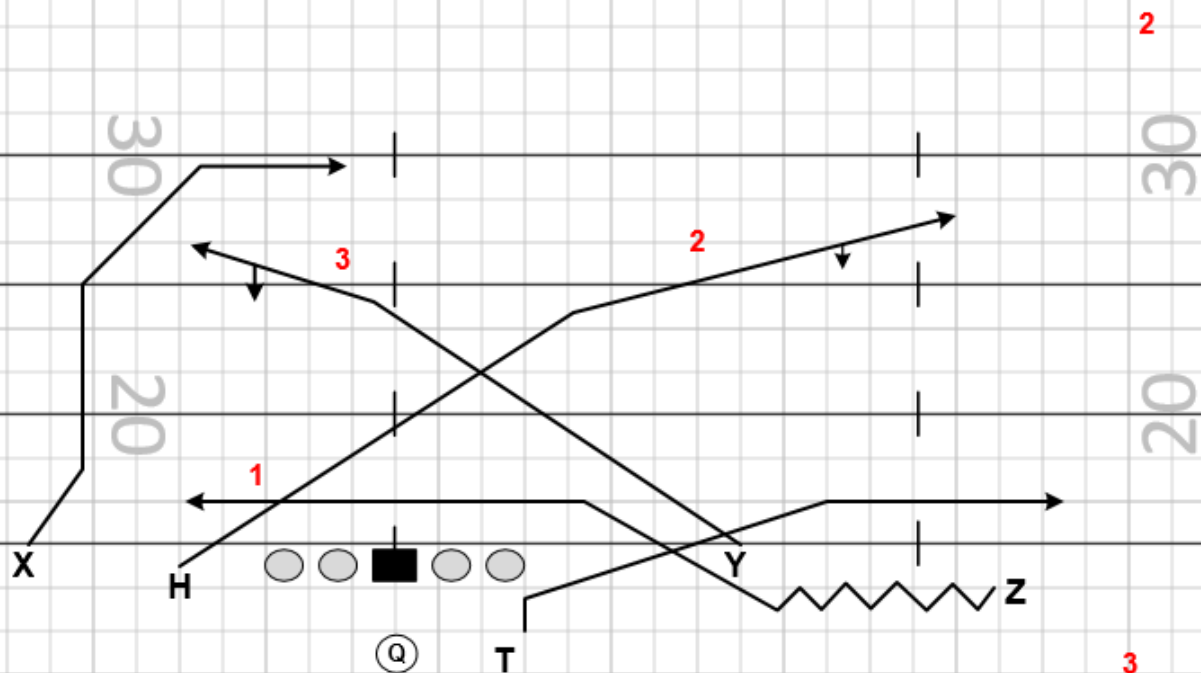
PROGRESSION: **TRIANGLE PROGRESSION INSIDE/OUT** ALERT: **Y WILL FIND GRASS**

PLAYER	ROUTE	ASSIGNMENTS
Z	12 YD CURL & GO	LANDMARK - INSIDE EDGE OF NUMBERS - STUTTER & GO
Y	OPTION ROUTE & GO	8 -10 YD OPTION ROUTE - WORK MIKE LB FOR GRASS
T	CHECK SWING	5 STEPS PARALLEL TO EDGE OF NUMBERS
H	SPEED OUT	BE AWARE OF TRAP CORNER
X	12 YD CURL & GO	LANDMARK - INSIDE EDGE OF NUMBERS - STUTTER & GO

PRESSURE PLAN: **REDIRECT PROTECTION WITH SAFETY TILT**

NOTES: **COVER 2 - CURL ROUTES INSIDE RELEASE AND GET BACK TO LANDMARK. COVER 1 - OPTION ROUTE MUST WIN VS/ MIKE LB**

DOUBLE RT (61) Z-IN ZEBRA



FAMILY: **ZEBRA** CONCEPT: **CROSSERS** NARROW **SAM**

FORMATIONS: **DOUBLE, QUEEN** PROTECTION: **60 - 61**

PROGRESSION: **PURE - Z/Y/T Z/X/H** ALERT: **MAN - F2**

PLAYER	ROUTE	ASSIGNMENTS
Z	SHALLOW CROSS	MOTION TO THE Y ALIGN THEN SHALLOW CROSS AT THE DLINE HEELS
Y	DEEP CROSS	AIM 15 YARDS OPPOSITE HASH (SIT VS ZONE)
T	CHECK FLAT	CHECK BLITZ - GET TO FLAT
X	ENDLINE DIG	LOSE 2 YDS ON RELEASE - POST DIG AT 15 YARDS (ENDLINE)
H	DEEP CROSS	AIM 15 YARDS OPPOSITE HASH (SIT VS ZONE)

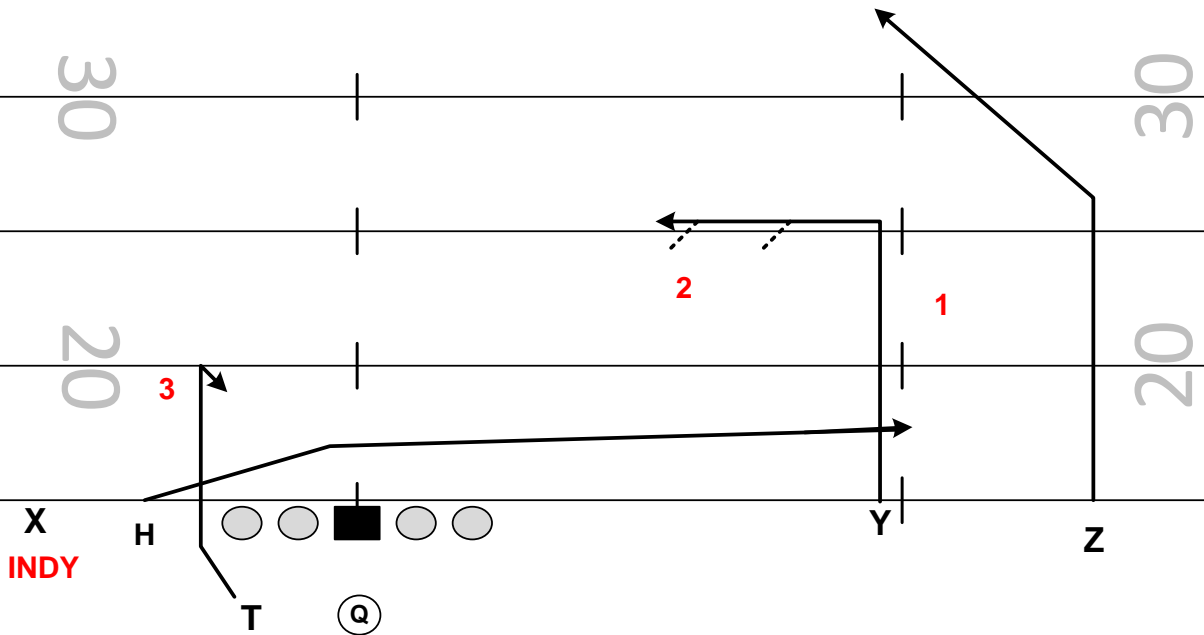
PRESSURE PLAN: **REDIRECT PROTECTION TO SAFETIES TILT**
5/6 MAN PRESSURE - THROW HOT/TROUBLE THROW

NOTES: **COV 1 - F2 TO B1 (CONTROL MIKE WITH EYES)**
BE AWARE OF POSSIBLE BACKSIDE TAGS

DOUBLES RT (60) BENZ

ALERT

ALERT



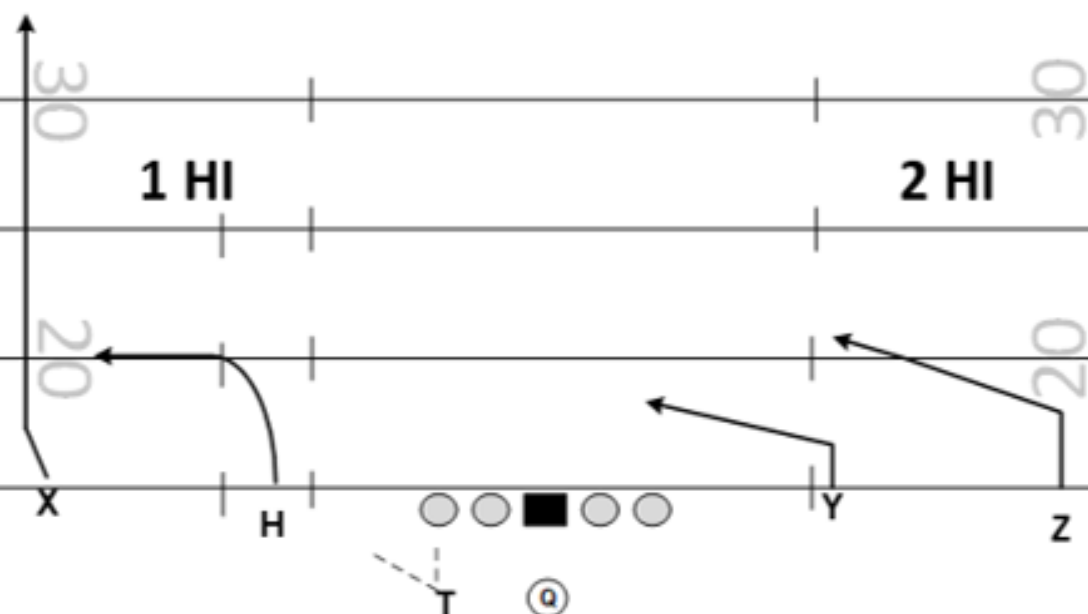
FAMILY: **CARS** CONCEPT: **DRIVE (HIGH-LOW)** NARROW: **SAM**
 FORMATIONS: **DOUBLE, QUEEN, TRIO, TRIPS** PROTECTION: **60 – 61/ 50 - 51**
 PROGRESSION: **ALERT – H / Y / TROUBLE (MIKE RD)** ALERT: **INDY**

PLAYER	ROUTE	ASSIGNMENTS
Z	POST	POST ROUTE – BREAK AT 10-12 YDS
Y	BASIC ROUTE	10 – 12 YD DIG – FIND GRASS. ASSUME 1 ST WINDOW CLOSED
T	SIT ROUTE	C/R SIT AT 5 YDS
H	SHALLOW CROSS	RELEASE AT HEELS OF DL – AIM 5-6 YDS OPPOSITE HASH
X	INDY ROUTE	FADE/GLANCE/DROPOUT/STUTTER FADE

PRESSURE PLAN: **REDIRECT PROTECTION WITH SAFETIES TILT**

NOTES: **QB WILL SIGNAL “X” INDY ROUTE**
IF SAFETIES ROTATE TO STRENGTH, SIT ROUTE BECOMES #2

DOUBLE RT NAIL



FAMILY: **QK GAME** CONCEPT: **ZONE/MAN BEATER** NARROW: **FLAT DEFENDER**

FORMATIONS: **DOUBLE** PROTECTION: **SPAN**

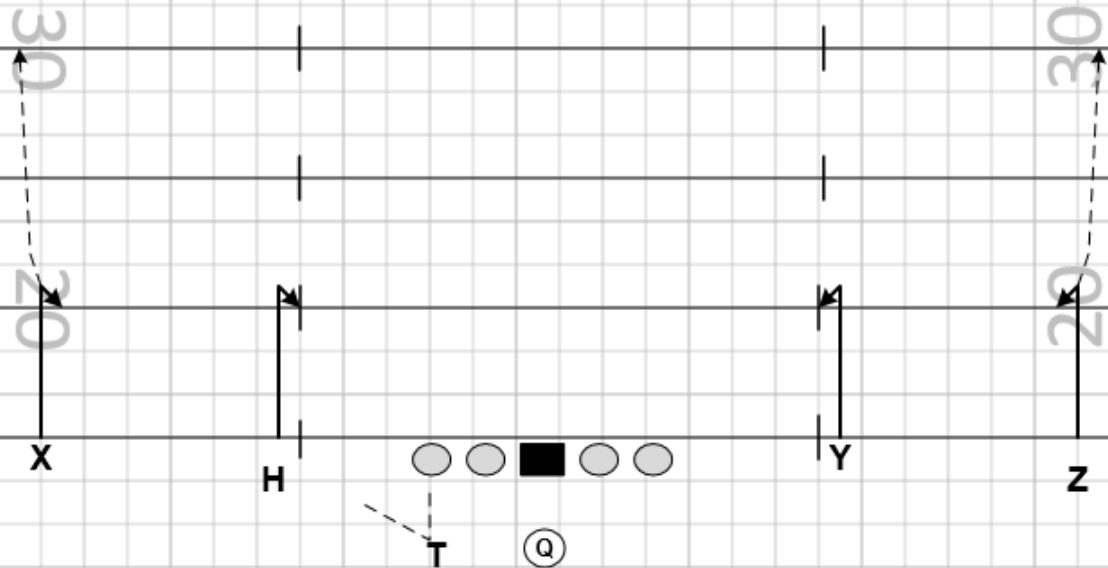
PROGRESSION: **BEST MATCHUP - READ INSIDE OUT** ALERT: **NONE**

PLAYER	ROUTE	ASSIGNMENTS
Z	TEMPO SLANT	5 STEP TEMPO SLANT
Y	SLANT	3 STEP SLANT
T	PASS PROTECTION	PROTECTION - INSIDE/OUT
H	OUT	3 STEP OUT
X	GO	MOR

PRESSURE PLAN: **NONE**

NOTES:

DOUBLES RT (RED) ALL HITCH



FAMILY: **QK GAME**

CONCEPT: **HITCH/SEAM**

NARROW: **DAYTONA RULES**

FORMATIONS: **DOUBLES/DUO/TRIPS/TRIO/FLEET**

PROTECTION: **SPAIN**

PROGRESSION: **POST SAFETY – BEST LOOK/ SPLIT SAFETY – READ LIKE DAYTONA**

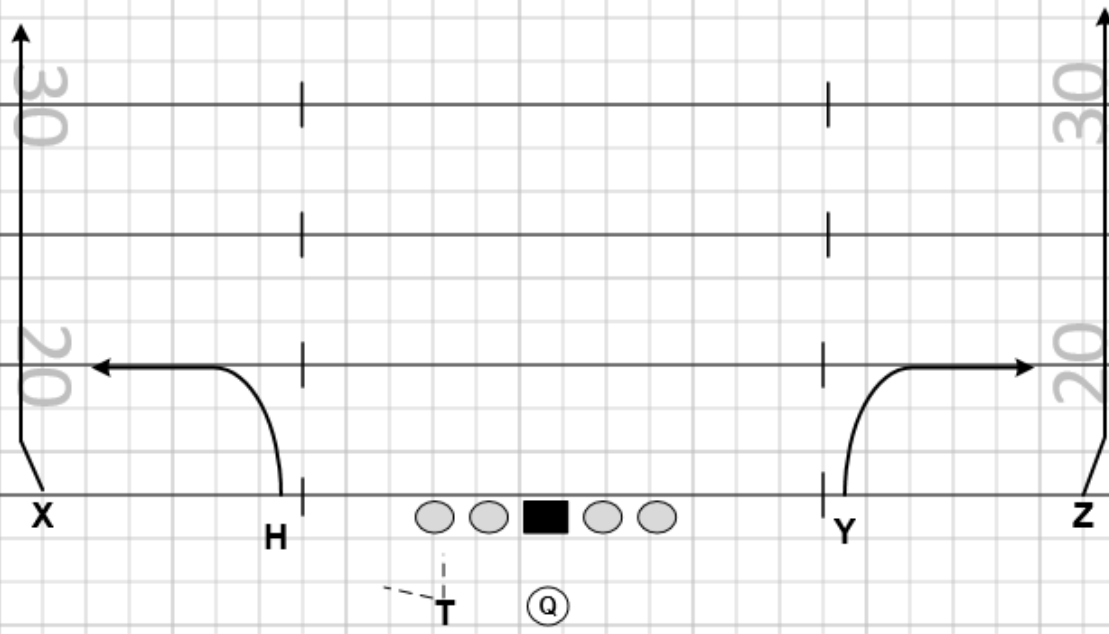
ALERT: **BEST MATCHUP**

PLAYER	ROUTE	ASSIGNMENTS
Z	HITCH	5 YARD HITCH/ADJUST TO FADE VS. PRESS MAN
Y	HITCH	5 YD HITCH
T	PASS PROTECTION	SPAIN PASS PROTECTION – INSIDE/OUT
H	HITCH	5 YD HITCH
X	HITCH	5 YARD HITCH/ADJUST TO FADE VS. PRESS MAN

PRESSURE PLAN: **NONE**

NOTES:

DOUBLES RT FAT



FAMILY: 90's CONCEPT: FAT NARROW: FLAT DEFENDER

FORMATIONS: DOUBLES/DUO/TRIPS/TRIO/FLEET PROTECTION: SPAIN

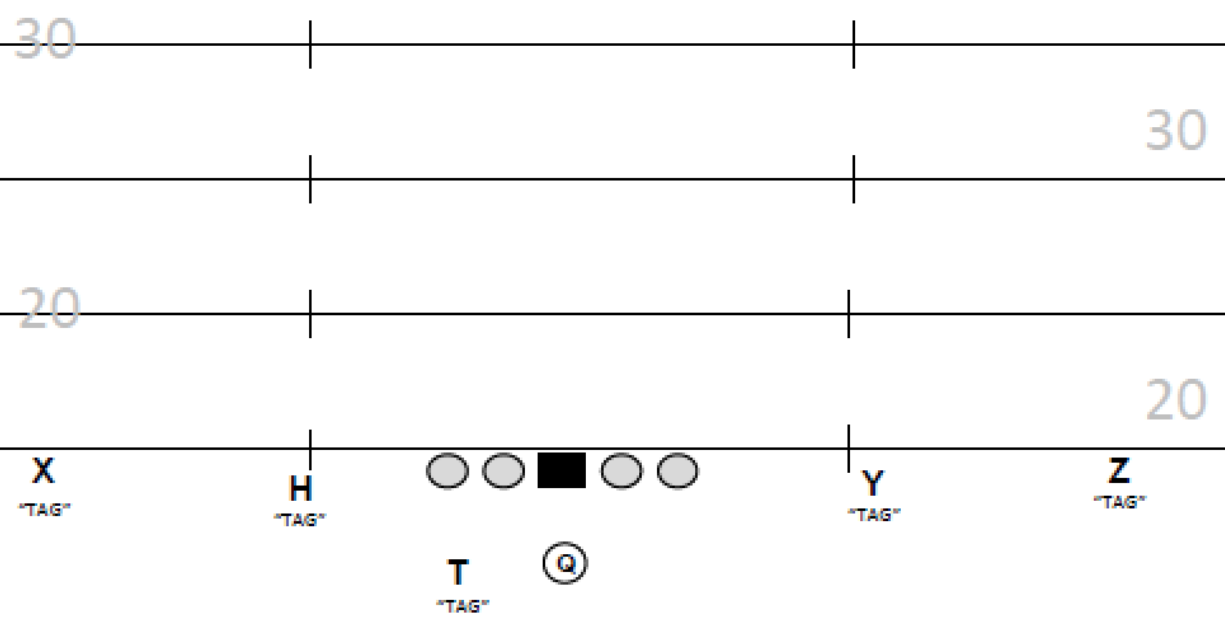
PROGRESSION: PICK A SIDE ALERT: Z/X MATCHUP

PLAYER	ROUTE	ASSIGNMENTS
Z	GO ROUTE	MOR - FADE
Y	SPEED OUT	BEGIN BEND AT 2 YDS - HORIZONTAL AT 5 YDS
T	PASS PROTECTION	SPAIN PASS PROTECTION - INSIDE OUT
H	SPEED OUT	BEGIN BEND AT 2 YDS - HORIZONTAL AT 5 YDS
X	GO ROUTE	MOR - FADE

PRESSURE PLAN: NONE

NOTES:

DOUBLE RT 99



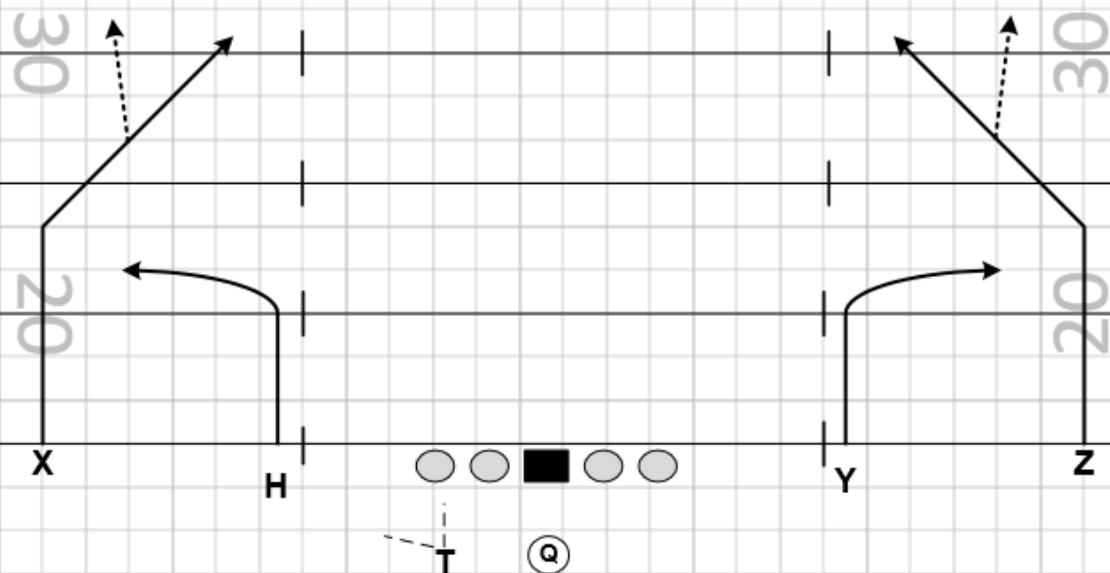
FAMILY: CONCEPT: NARROW:
FORMATIONS: **DOUBLES** PROTECTION:
PROGRESSION: ALERT:

PLAYER	ROUTE	ASSIGNMENTS
Z	TAG	Look at QB and he will give you a signal
Y	TAG	Look at QB and he will give you a signal
T	TAG	Look at QB and he will give you a signal
H	TAG	Look at QB and he will give you a signal
X	TAG	Look at QB and he will give you a signal

PRESSURE PLAN:

NOTES:

DOUBLES RT (RED) OREGON



FAMILY: 90's

CONCEPT: OREGON

NARROW: FLAT DEFENDER

FORMATIONS: DOUBLES/DUO

PROTECTION: RED / BLACK

PROGRESSION: PICK A SIDE

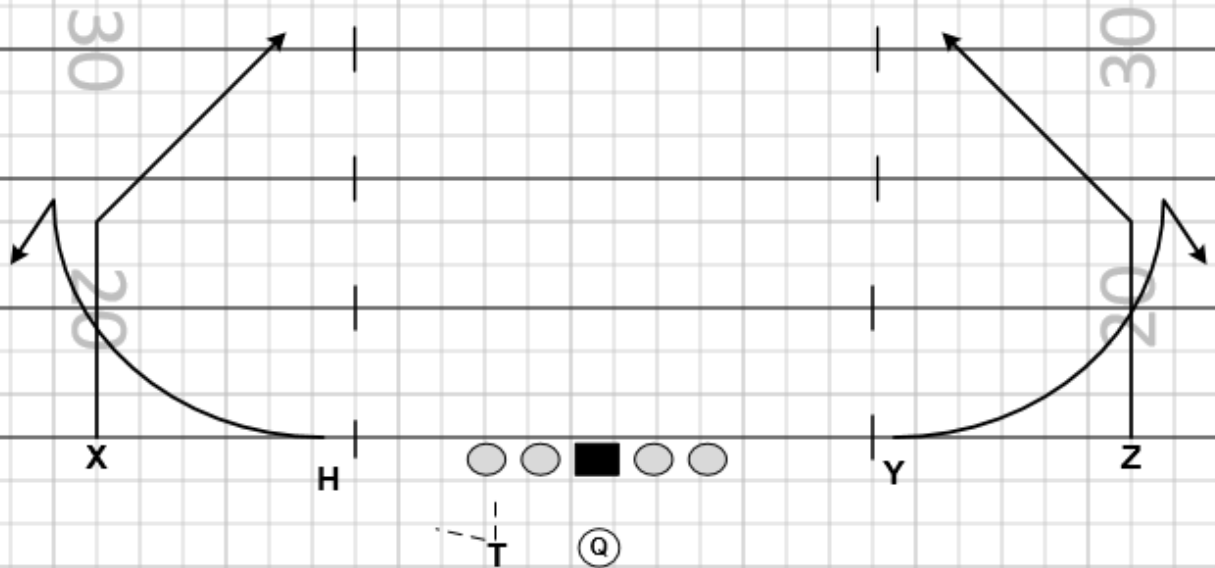
ALERT: SAFTIES

PLAYER	ROUTE	ASSIGNMENTS
Z	POST (FADE)	8 YD POST READ (FADE)
Y	SPEED OUT	7 YD SPEED OUT (ATTRACT \$)
T	PASS PROTECTION	SPAIN PASS PROTECTION – INSIDE OUT
H	SPEED OUT	7 YD SPEED OUT (ATTRACT \$)
X	POST (FADE)	8 YD POST READ (FADE)

PRESSURE PLAN: NONE

NOTES:

DOUBLES RT (RED) WISCONSIN



FAMILY: 90's CONCEPT: WISCONSIN NARROW: FLAT DEFENDER

FORMATIONS: DOUBLES/DUO PROTECTION: RED / BLACK

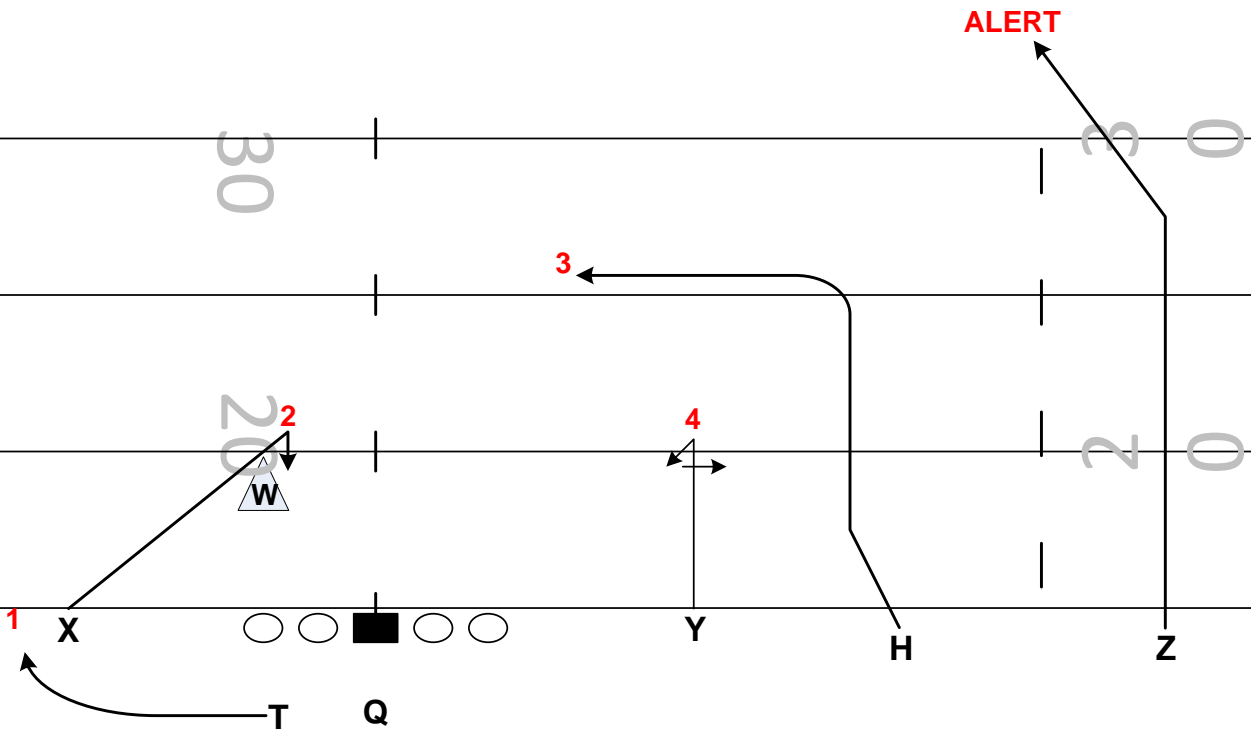
PROGRESSION: PICK A SIDE ALERT: CORNERS

PLAYER	ROUTE	ASSIGNMENTS
Z	POST	8 YD POST
Y	WHEEL SIT	WHEEL TO BOTTOM OF #S COMEBACK AT 8YDS
T	PASS PROTECTION	SPAIN PASS PROTECTION – INSIDE OUT
H	WHEEL SIT	WHEEL TO BOTTOM OF #S COMEBACK AT 8YDS
X	POST	8 YD POST

PRESSURE PLAN: NONE

NOTES:

TRIO RT (50) EXXON



FAMILY: **GAS STATION** CONCEPT: **2 MAN SNAG** NARROW: **WILL**

FORMATIONS: **TRIO** PROTECTION: **50 - 51**

PROGRESSION: **PURE** ALERT: **POST VS COV 4**

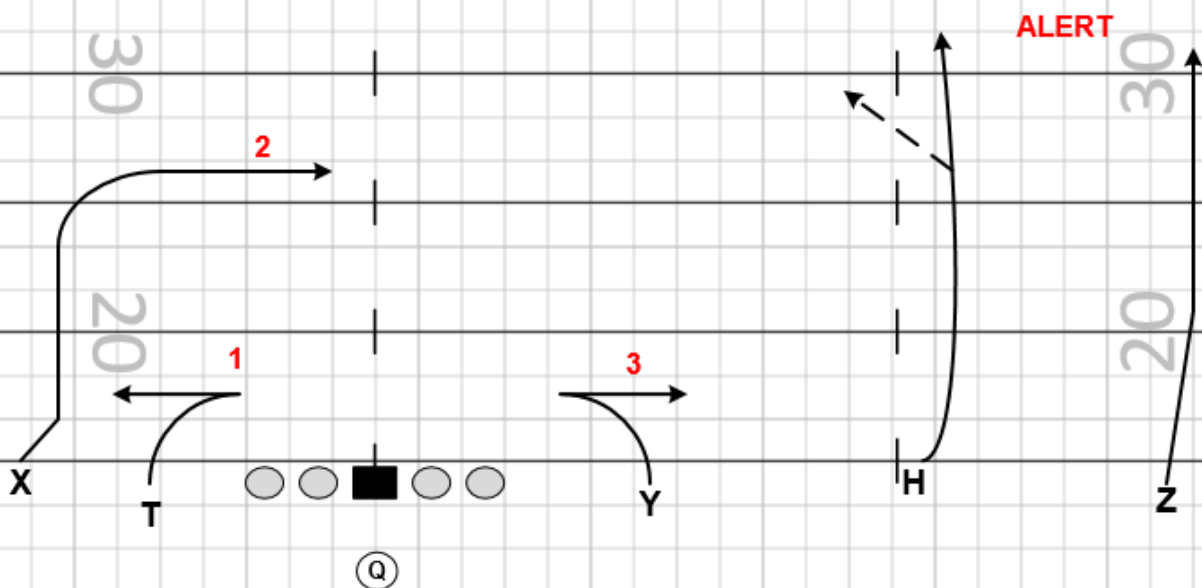
PLAYER	ROUTE	ASSIGNMENTS
Z	10-12 YD POST	VERTICAL RELEASE – LOCK POST
H	10 YD SPEED DIG	LOSE 2 YDS ON RELEASE – SPEED DIG
Y	GRAB	5 YD HITCH – PULL OUT WHEN QB MEETS EYES
X	EXXON SNAG	2 MAN SNAG ROUTE
T	HOT SWING	3 HARD STEPS – GIVE EYES TO QB

PRESSURE PLAN: **REDIRECT PROTECTION TO SAFETIES TILT**

5/6 MAN PRESSURE – THROW HOT/TROUBLE THROW

NOTES: **COV 2: SNAG MID POINT COR & WILL / PRESS MAN: BULLETS CHECK**

EMPTY (50) X-FOLLOW



FAMILY: **HORIZONTAL**

CONCEPT: **X-FOLLOW**

NARROW: **WILL**

FORMATIONS: **EMPTY**

PROTECTION: **50 - 51**

PROGRESSION: **PRE-SNAP T / Y / X / H**

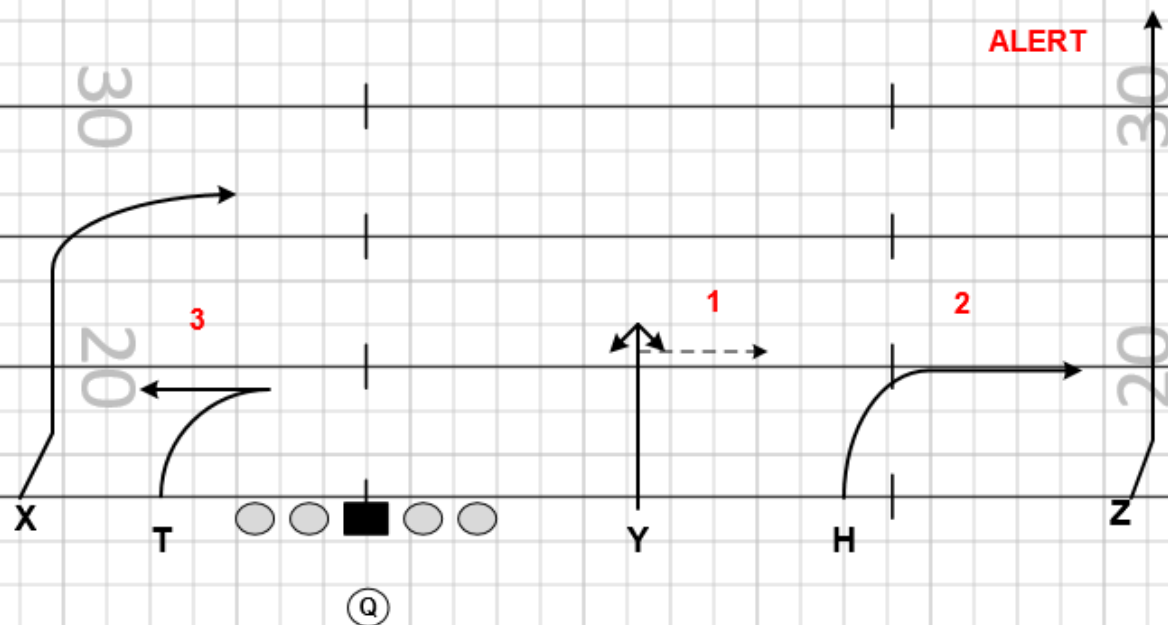
ALERT: **Z CIRCUS / T**

PLAYER	ROUTE	ASSIGNMENTS
Z	VERTICAL READ	OUTSIDE RELEASE FADE. IF CAPPED, DROPOUT AT 12 YDS
X	DIG	INSIDE STEM SPEED DIG AT 12 YDS
T	WHIP ROUTE	SELL RUNNING THE MESH ROUTE THEN WHIP OUT FLAT
Y	WHIP ROUTE	SELL RUNNING THE MESH ROUTE THEN WHIP OUT FLAT
H	SEAM	2 HIGH / 1 HIGH READ

PRESSURE PLAN: **REDIRECT PROTECTION W/ SAFETIES TILT**

NOTES:

EMPTY RT STICK DRIP



FAMILY: **DETROIT**

CONCEPT: **STICK**

NARROW: **MIKE**

FORMATIONS: **TRIPS/TRIO/FLEET**

PROTECTION: **50 - 51**

PROGRESSION: **ALERT / Y / H**

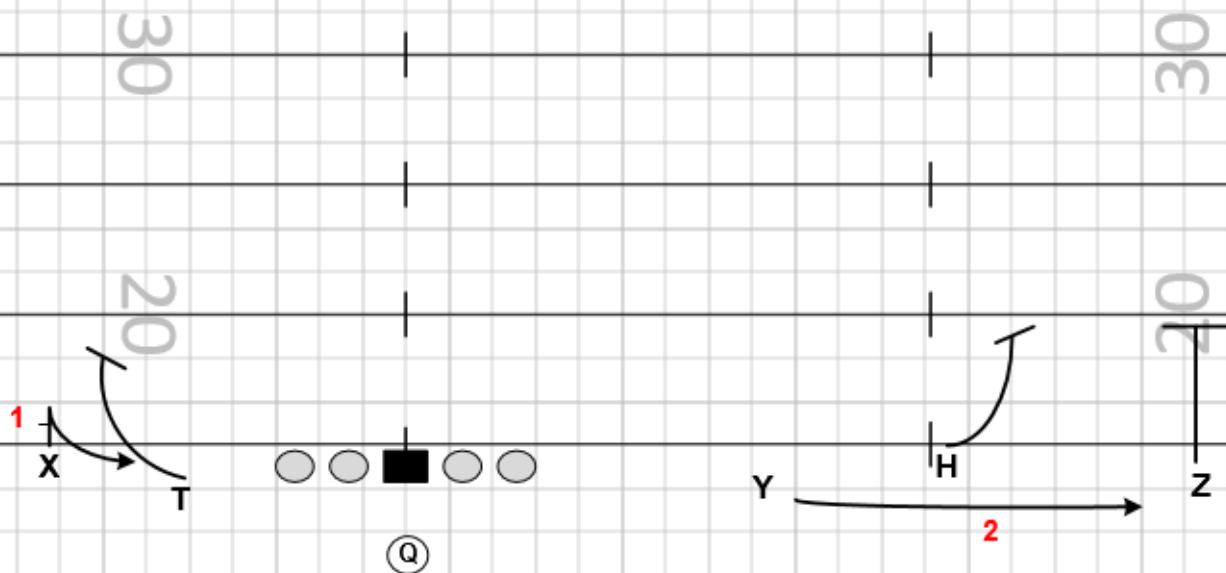
ALERT: **GIFT**

PLAYER	ROUTE	ASSIGNMENTS
Z	GO ROUTE	MOR - FADE
H	SPEED OUT	2 STEPS - WORK TO 5 YDS - IF YOU GET TO #'S THROTTLE DOWN (ALERT - TRAP CORNER)
Y	STICK ROUTE	THROUGH 6 YDS - LULL AWAY FROM PRESSURE / NO PRESSURE - STICK
T	WHIP ROUTE	SELL THE SHALLOW CROSS & BREAK OUT FLAT
X	DIG	INSIDE RELEASE DIG AT 10-12 YDS

PRESSURE PLAN: **NONE**

NOTES:

EMPTY KEY 3 LASER



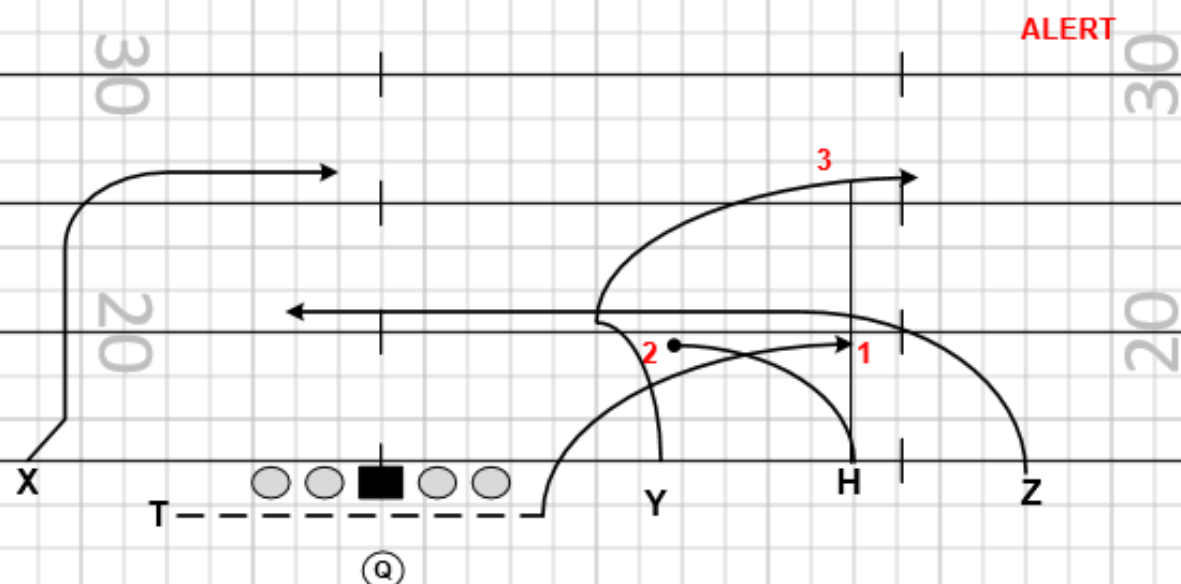
FAMILY: **HORIZONTAL** CONCEPT: **KEY 3 LASER** NARROW: **WILL**
 FORMATIONS: **EMPTY** PROTECTION: **50 - 51**
 PROGRESSION: **PRE-SNAP T / Y / X / H** ALERT: **Z CIRCUS / T**

PLAYER	ROUTE	ASSIGNMENTS
Z	BLOCK	PUSH OFF THE BALL & BLOCK MDM
X	LASER ROUTE	1 STEP VERTICAL & RETRACE BEHIND THE L.O.S
T	BLOCK	GET WIDTH OFF THE SNAP AND BLOCK MDM OVER X ALIGNMENT
Y	KEY 3	PUSH OFF INSIDE FOOT RUN KEY PARALLEL TO L.O.S.
H	BLOCK	GET WIDTH OFF THE SNAP AND BLOCK MDM

PRESSURE PLAN: **REDIRECT PROTECTION W/ SAFETIES TILT**

NOTES:

EMPTY (50) T-ACROSS RUB



FAMILY: **HORIZONTAL**

CONCEPT: **RUB**

NARROW: **WILL**

FORMATIONS: **EMPTY**

PROTECTION: **50 - 51**

PROGRESSION: **PRE-SNAP T / Y / X / H**

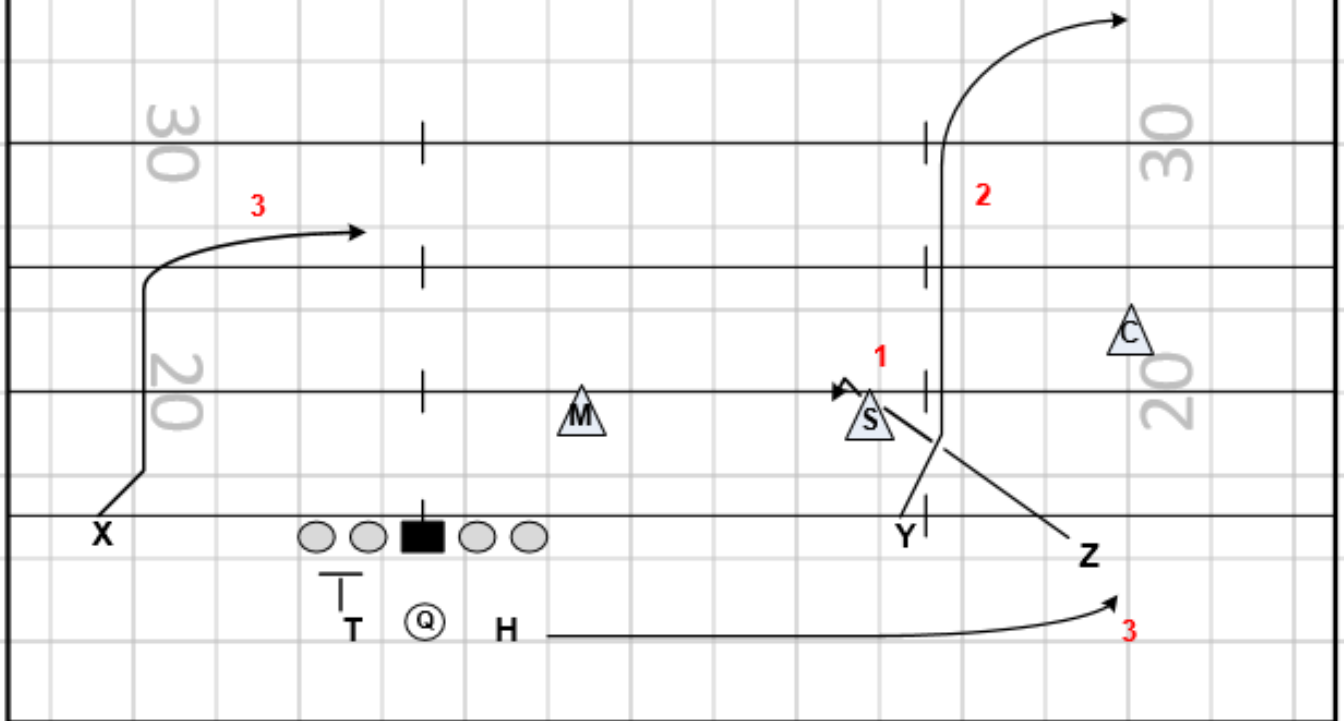
ALERT: **T IN FLAT**

PLAYER	ROUTE	ASSIGNMENTS
Z	SHALLOW	SHALLOW ROUTE BEHIND H 1-2 YDS ON ENDZONE
X	DIG	ENDLINE DIG
T	FLAT ROUTE	ACROSS MOTION GAIN 4-5 YDS THEN FLAT TO THE SIDELINE
Y	CORNER	SHOW INSIDE RELEASE THEN BACK CORNER OF THE ENDZONE
H	RUB SIT	LOOKS TO RUB T DEFENDER & SIT FOR BALL

PRESSURE PLAN: **REDIRECT PROTECTION W/ SAFETIES TILT**

NOTES:

GREEN FREE (60) CHEVRON



FAMILY: **GAS STATION**

CONCEPT: **3 MAN SNAG**

NARROW

SAM

FORMATIONS:

GREEN

PROTECTION: **60 - 61**

PROGRESSION:

PURE - Z/Y/T Z/X/H

ALERT: **MAN - F2**

PLAYER	ROUTE	ASSIGNMENTS
Z	SNAG	3 MAN SNAG
Y	CORNER	CHEVRON CORNER - GAIN 2 ON RELEASE SPEED OUT AT 16 YDS
T	PROTECTION	60 PROTECTION
X	DIG	INSIDE RELEASE 10-12 YD DIG
H	HOT SWING	5 HARD STEPS - GIVE EYES TO QB

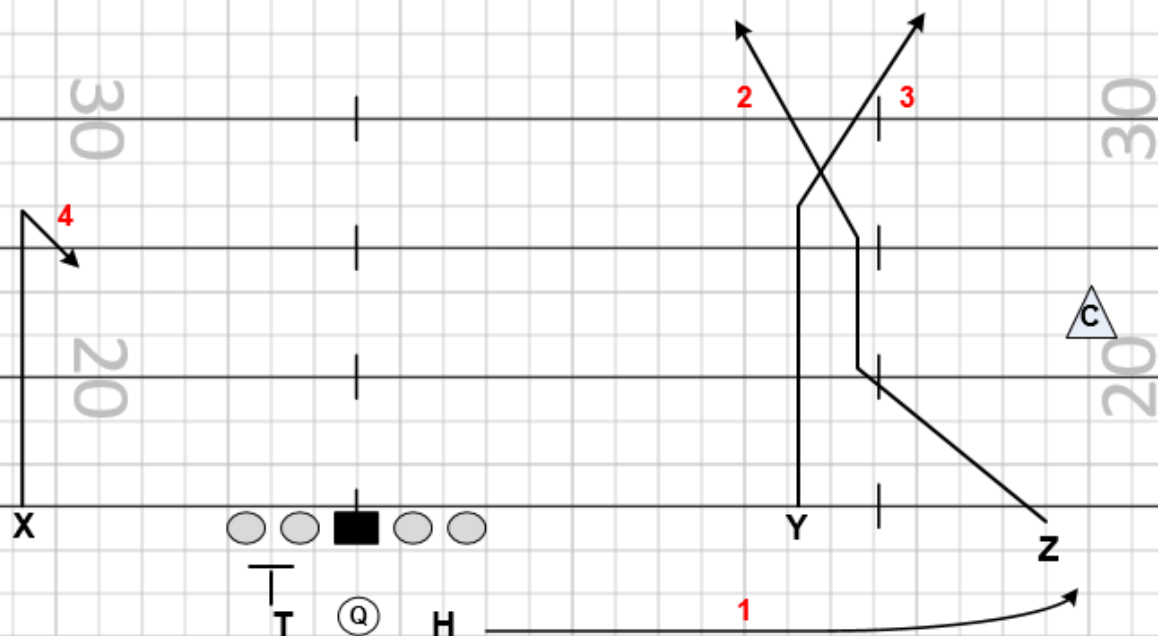
PRESSURE PLAN: **REDIRECT PROTECTION TO SAFETIES TILT**

5/6 MAN PRESSURE - THROW HOT/TROUBLE THROW

NOTES: **COV 1 - F2 TO B1 (CONTROL MIKE WITH EYES)**

BE AWARE OF POSSIBLE BACKSIDE TAGS

GREEN FREE (60) SCISSORS



FAMILY: **SCISSORS**

CONCEPT: **SCISSORS**

NARROW

FORMATIONS:

GREEN

PROTECTION: **60 - 61**

PROGRESSION:

PURE - Z/Y/T Z/X/H

ALERT: **MAN - F2**

PLAYER	ROUTE	ASSIGNMENTS
Z	POST	INSIDE RELEASE TO TRAIL Y THEN POST
Y	CORNER	12 YD CORNER ROUTE
T	PROTECTION	60 PROTECTION
X	CURL	12 YD CURL BACK TO QB
H	HOT SWING	5 HARD STEPS - GIVE EYES TO QB

PRESSURE PLAN: **REDIRECT PROTECTION TO SAFETIES TILT**

5/6 MAN PRESSURE - THROW HOT/TROUBLE THROW

NOTES: **COV 1 - F2 TO B1 (CONTROL MIKE WITH EYES)**

BE AWARE OF POSSIBLE BACKSIDE TAGS



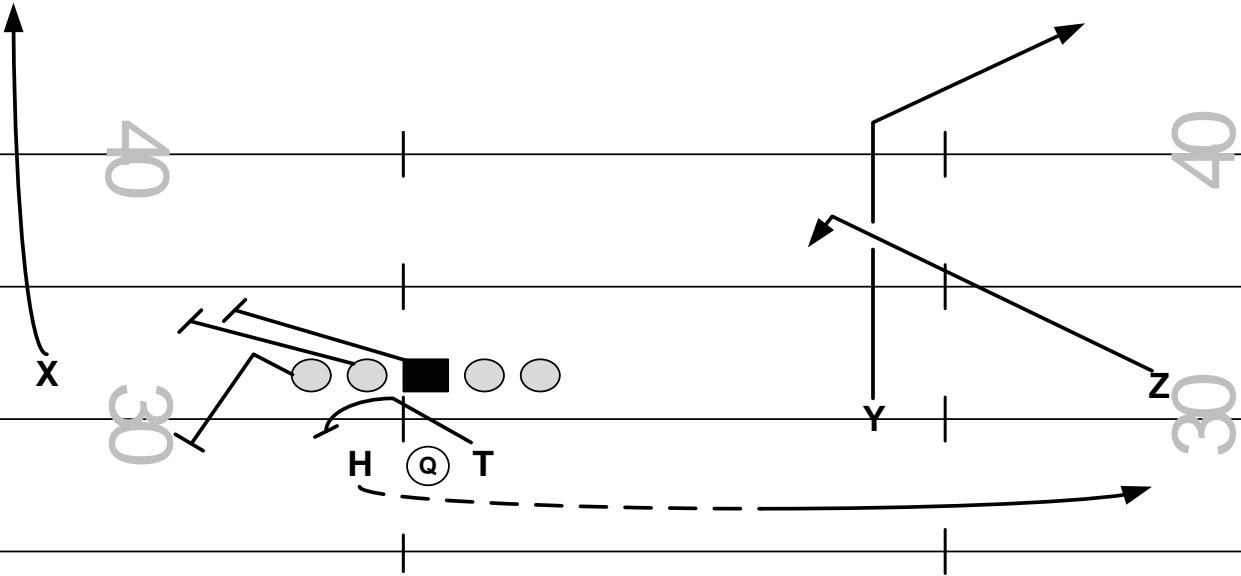
ASCENDER

FOOTBALL



SCREENS

FUEL



FAMILY:

CONCEPT:

NARROW:

FORMATIONS:

RUN PLAY

PROGRESSION:

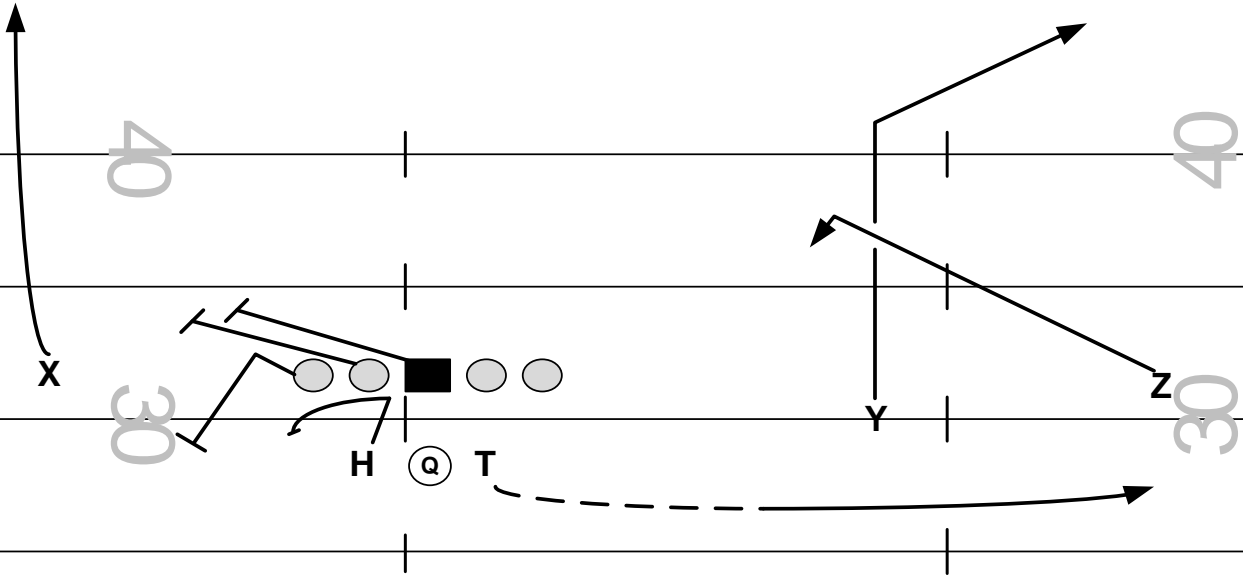
ALERT:

PLAYER	ROUTE	ASSIGNMENTS
Z	SNAG	
Y	CORNER	
H	PLANE KEY 3	
X	RUN OFF	
T	LINDA	

PRESSURE PLAN:

NOTES:

FLEET RT CHOP CHEVRON LINDA



FAMILY:

CONCEPT:

NARROW:

FORMATIONS:

RUN PLAY

PROGRESSION:

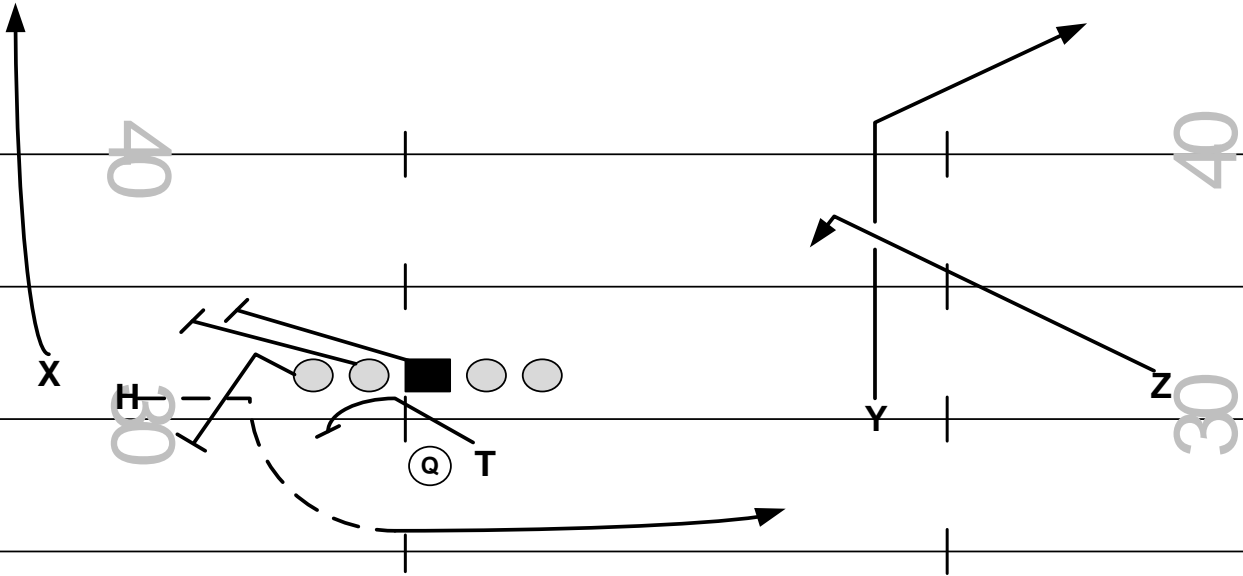
ALERT:

PLAYER	ROUTE	ASSIGNMENTS
Z	SNAG	
Y	CORNER	
H	LINDA	
X	RUN OFF	
T	CHOP MOTION	

PRESSURE PLAN:

NOTES:

DART PLANE CHEVRON LINDA



FAMILY: _____ CONCEPT: _____ NARROW: _____

FORMATIONS: **DART** _____ RUN PLAY _____

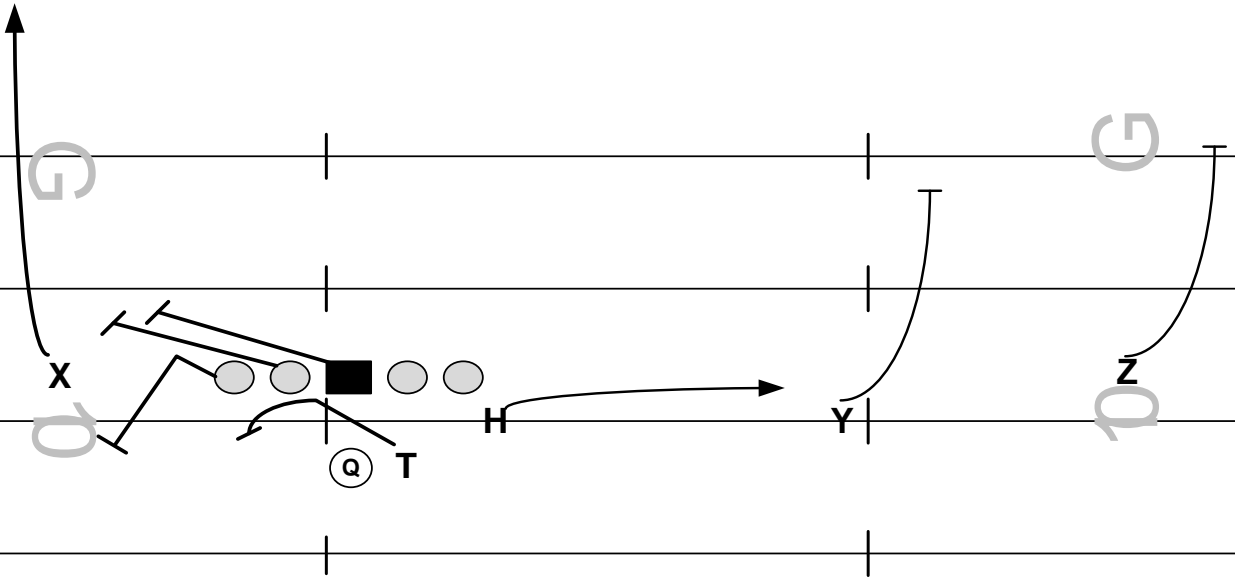
PROGRESSION: _____ ALERT: _____

PLAYER	ROUTE	ASSIGNMENTS
Z	SNAG	
Y	CORNER	
H	PLANE KEY 3	
X	RUN OFF	
T	LINDA	

PRESSURE PLAN: _____

NOTES: _____

TRIO FUNGO LINDA



FAMILY: _____ CONCEPT: **REVERSE** NARROW: _____

FORMATIONS: **TRIPS / TRIO / FLEET** RUN PLAY **TEXAS**

PROGRESSION: _____ ALERT: _____

PLAYER	ROUTE	ASSIGNMENTS
Z	BLOCK	
Y	BLOCK	
H	FUNGO	
X	RUN OFF	
T	LINDA	

PRESSURE PLAN: _____

NOTES: _____



ASCENDER

FOOTBALL



KEYS TO VICTORY



ASCENDER



FOOTBALL

- 1) THE BALL**
- 2) NO UNFORCED ERRORS**
- 3) PLAY THE NEXT PLAY**
- 4) COMMUNICATION**
- 5) PLAY HARD AND AGGRESSIVE**
- 6) IMG FOOTBALL GAME**
- 7) EXPLOSIVE PLAYS**
- 8) ESTABLISH RHYTHM**
- 9) WIN THE SITUATIONS**
- 10) DOMINATE 60 MINUTES**
- 11) BISHOP SYCAMORE WILL PLAY ITS BEST FOOTBALL**
- 12) DO YOUR PART, PLAY WITHIN YOUR SELF**

QB/WR STUDY

TOP COVERAGE VS 2X2: _____

TOP COVERAGE VS 3X1: _____

PREDOMINANTLY MAN OR ZONE: _____

CORNERS FIELD/BOUNDARY OR SAME SIDE: _____

CORNERS PRESS MAN OR SOFT MAN: _____

DEPTH OF SOFT CORNERS: _____

QB/WR STUDY

WHAT PRESS TECHNIQUE DO THE CORNERS PLAY:

LT/CB

RT/CB

SAFETY DEPTH IN COV 2: _____

SAFETY DEPTH IN COV 4: _____

QB/WR STUDY

- SAFETIES ROLL TO THE FIELD OR BNDRY VS 2X2 _____
- SAFETIES ROLL TO THE FIELD OR BNDRY VS 3X1 _____
- WHO IS THEIR NICKEL: _____
- TOP 3RD DOWN COVERAGE: _____
- WHAT UNIQUE COVERAGES: _____
- HIGH/LOW PRESSURE ON BASE DOWNS _____
- HIGH/LOW PRESSURE ON THIRD DOWN _____