

PACK LINE DEFENSE TROUBLE SHOOTING

THINGS THAT WILL KILL YOUR DEFENSE:

1) Poor Closeouts: *Cannot give-up Direct Drives or Rhythm Jumpers - Must Have High Hands and Know who you are Guarding. We don't like to switch for this reason, not switching allows us to lock into our Match-up, who we are defending. I want my best guarding your best!*

2) Getting Stretched: *Cannot wander outside of the Pack Line. Stay in your Gap - Do not become too Man Oriented.*

3) Going for Fakes or Helping up the Floor: *Stay on the Floor - High Hands - Bigs Cannot Help-up or Over Help.*

4) Lunging or Reaching: *Hands on the Glass, stay Balanced.*

5) Being Late to Positioning or to the Post: *Standing... Must be Active and Alert in Gaps, we say Motors Running*

6) Too Low in Gaps: *Too Safe, causes us to have to move to help and forces long closeouts.*

7) Silence: *Talking is the Glue, gives you a head start, helps your teammates, and can intimate the Offense.*

