3x1 Wing: Wrap Insert w/ FS Hitch

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Strategy: Put the Alley Defender in a Conflict, Run Fit or Play the Hitch.

Safety is too deep to stop the Hitch

QB Progression/Read: Read the Alley Defender (Conflict Defender) if he inserts

QB Progression/Read: Read the Alley Defender (Conflict Defender) if he inserts on the Run Fit throw the Inside Hitch. If he sits back hand it off.

H - Hitch
Y - Insert to Backside

Z - Vertical

Linebacker

X - Hitch

T - Shuffle Step to Downhill, Follow the Wrap

LT - Man Block Anchor

C - Back Block Nose

LG - Man Block 2i

C - Dack Block Nose

RG - Wrap, Pull for Point (1st Playside Linebacker)

RT - B-Gap to Hinge