



Team Guidelines

The following set of guidelines is how the _____ football team is going to achieve their goals and meet their expectations. Remember that these are about teamwork, discipline, and character.

The basic principles are respect and relationships. RESPECT is a two-way thing and must be earned before being received. RELATIONSHIPS are the glue that holds teams together.

- I. TOBACCO, DRINKING, DRUGS- By putting this garbage into our bodies, we are letting people down and we cannot perform at our best. It also shows a lack of discipline
 1. First Offense will be suspension from team.
 2. Second Offense will be removal from team.

- II. ACADEMICS - Bad grades reflect on entire team. Being ineligible lets people down.
 1. Tutoring - Our team will help tutor teammates that need help,
 - a. If weekly grade check is poor, tutoring is mandatory.
 2. Wednesday Late Practice: Use this time for makeup work and homework.

- III. ATTENDANCE
 1. Missing School - We cannot practice or play in a game if we miss school.
 2. Missing Practice - Anybody missing a practice will not start in the next game.
 - a. Must let a coach know before practice.
 - b. Conditioning will be made up at the next practice.
 - c. Playing time will be up to the coaching staff.
 3. Tardiness - Being late is letting teammates down and showing disrespect.
 - a. _____ reminders after practice.

- IV. BEHAVIOR
 1. Locker Room & Practices - behave & keep the area clean. Respect for others.
 - a. Entire team will be reminded when the fieldhouse is not a source of pride
 2. School - An individual's actions are a reflection on the entire team.
 3. In Public - _____ football represents the entire community.
 4. Profanity - Up downs
 5. Game - Respect others.

- V. INJURIES
 1. Pain vs Injury. Know the difference. Talk to a coach & then the trainer.

I have read and fully understand what is expected of me and the guidelines for being a _____.

Student/Athlete

Parent/Guardian Signature