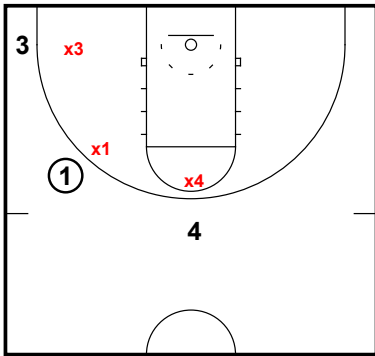


Off Ball- Flare Screen, Seal, Dive

General

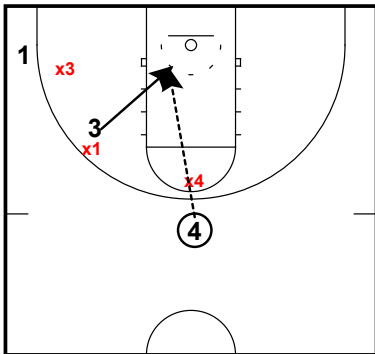
Attacking the Switch- Flare Screen, Seal,
Dive
Concepts



One way of attacking the switch is to run **off-ball flare screen, seal, and dive** action.

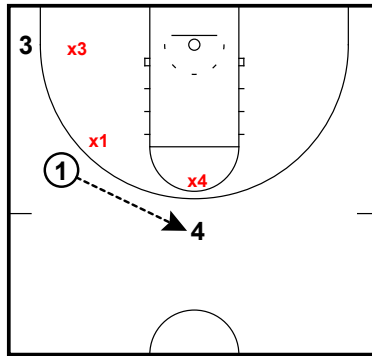
This action can come from a 5 out set that has become popular in the NBA.

Attacking the Switch- Flare Screen, Seal,
Dive
Concepts



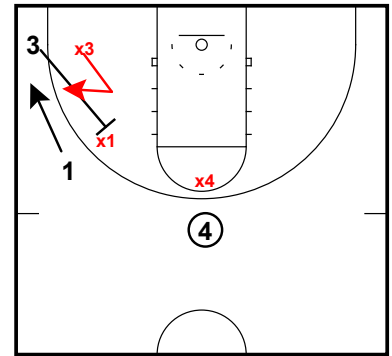
After setting the back screen, 3 seals the defender on the outside and then dives to the rim.

Attacking the Switch- Flare Screen, Seal,
Dive
Concepts



1 reverses ball to trail big.

Attacking the Switch- Flare Screen, Seal,
Dive
Concepts

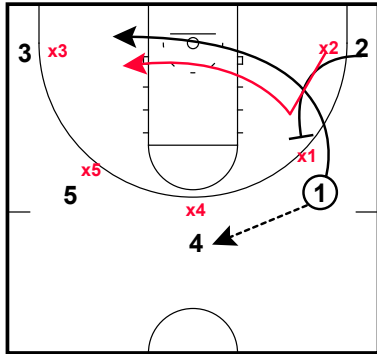


3 flare screens for 1.

Off Ball- Flare Screen, Seal, Dive

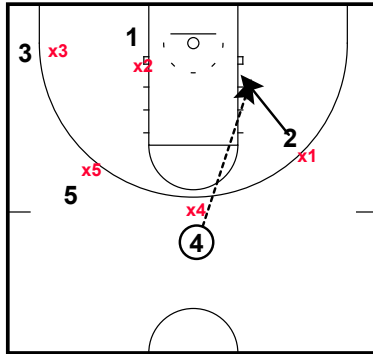
Golden State Warriors

Kings Backscreen (Switch)
Half Court Man Offense- Sets



5 out set. 1 hits trail man. 2 steps up to set back screen for 1. 1 sprints off screen and cuts through to opposite side.

Kings Backscreen (Switch)
Half Court Man Offense- Sets

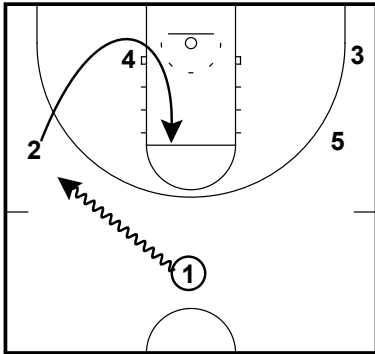


After screening, 2 seals his man on the outside and then dives to the rim.

Off Ball- Flare Screen, Seal, Dive

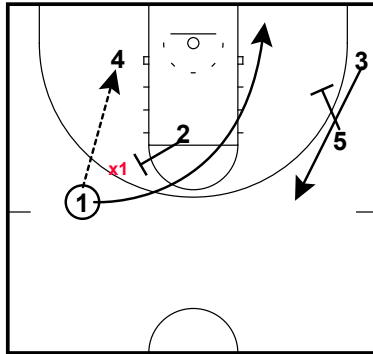
Golden State Warriors

Post, Seal, and Dive
Half Court Man Offense- Sets



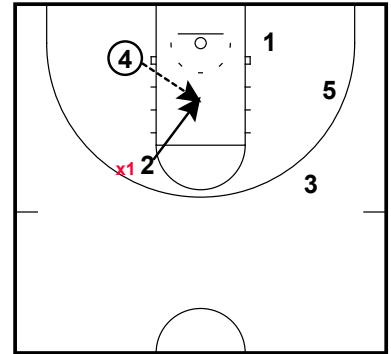
1 dribble enters to the wing. 2 loops off the post to the elbow area.

Post, Seal, and Dive
Half Court Man Offense- Sets



1 enters the ball into the post. 2 back screens for 1. 1 cuts to rim and then out to weak side. 5 pins for 3 on weak side to occupy the defense.

Post, Seal, and Dive
Half Court Man Offense- Sets

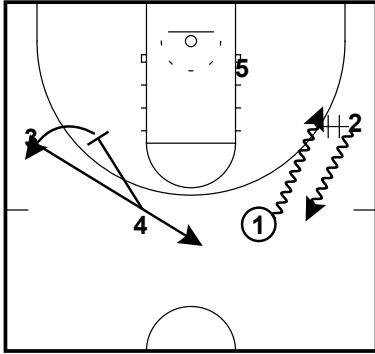


After back screening, 2 seals man on the outside and then dives to the rim.

Off Ball- Flare Screen, Seal, Dive

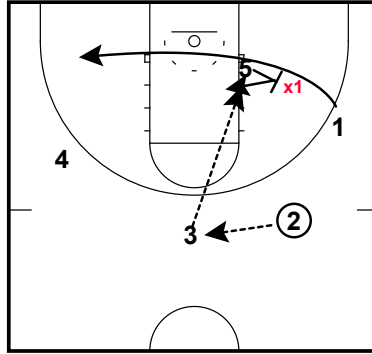
CSKA Moscow

Flex Post
Half Court Man Offense- Sets



1 DHO 2. 4 pins away for 3. 3 pops.

Flex Post
Half Court Man Offense- Sets



2 reverses ball to 3. 5 sets back screen for 1. 1 sprints through. 5 seals man on outside of screen and then flashes for the high low pass.