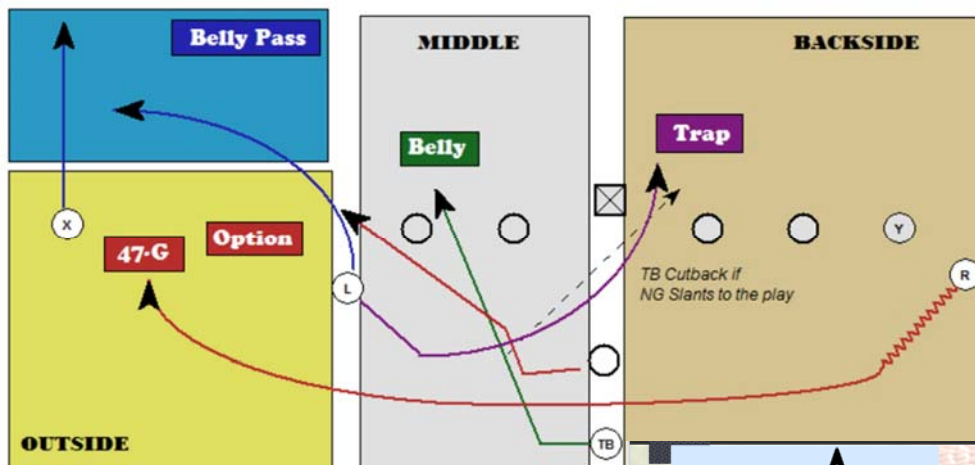


BELLY & DOWN FAMILY



The BELLY series is the weakside iso play focusing on the tailback. Many wing-t coaches consider this the best series in the entire offense because there are so many things that you can do out of it. It is the Wing-T version of inside zone because the Tailback can hit the backside A-gap, playside B-gap, or bounce it.

The tailback will be a 1,000 yard rusher every year because of belly. The counter play pulls a tackle instead of a guard which is tough to read for the linebackers. The belly pass and belly sweep puts the outside linebacker in conflict and slows down his inside help on the TB belly play.



QB Shuffle or no shuffle

"OPEN & RIDE" Open pivots on play-side foot (right foot on 34 Belly), bring the other foot square to LOS.

Do not shuffle into LOS if there is a NG so that the TB can have his cutback lane vs slanting NG.

Cannot ride into the LOS on Belly Pass, Tackle Trap, or Belly Sweep.

