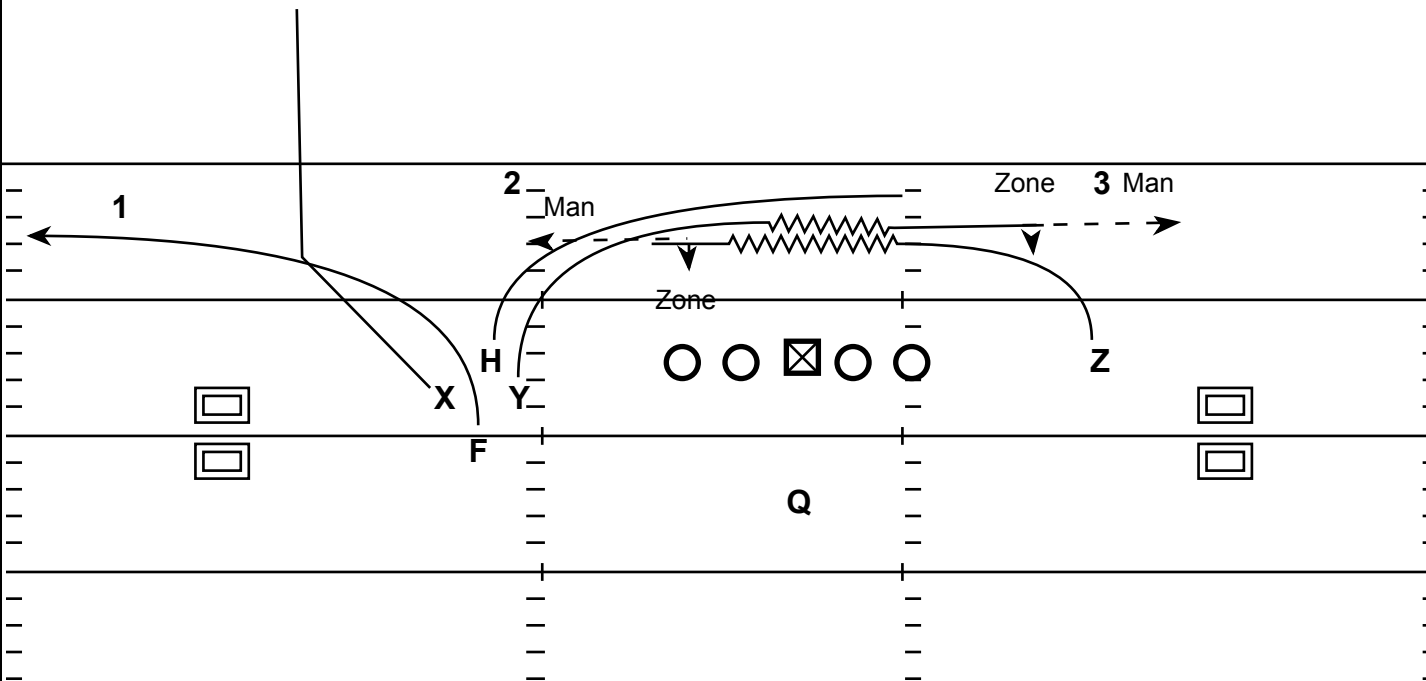


Quads Mesh Pick



Background: Great Goalline Concep utilizing a Quads Formation. Using the X to run off coverage to open up the Flat from the Back. The H is used to give an extra Pick for the Under Mesh. Used to beat Man Coverage

QB Progression: Flat - Near Mesh - Far Mesh

X: Outside Release Run-Off

H: Pick for Under Mesh

Y: Over Mesh (Truck, Responsible for setting depth of the mesh at 5-6 Yards or Linebackers Toes)

Z: Under Mesh (Porsche, Responsible for closing distance with the Over Mesh)

F: Flat working off the X