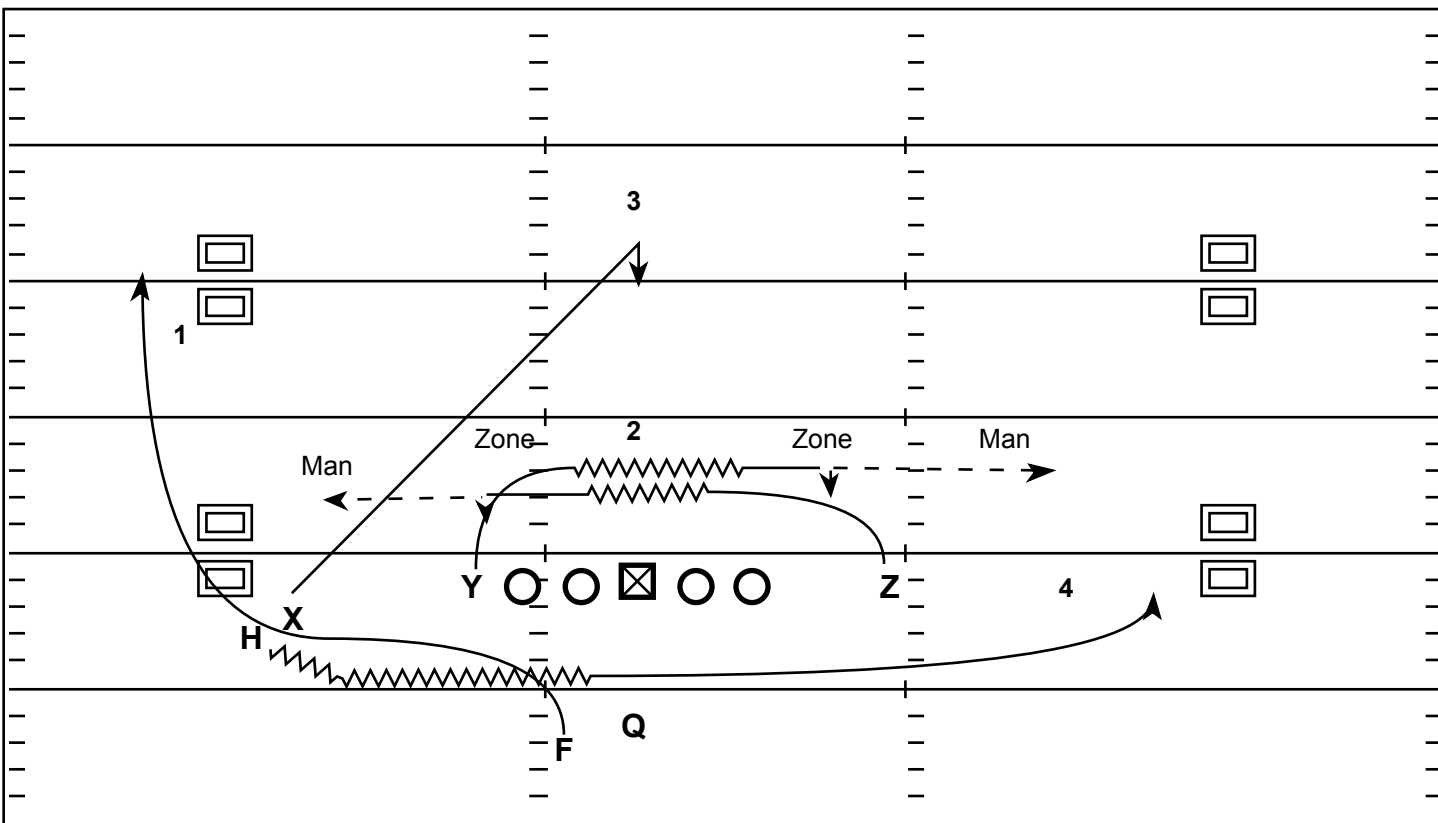


Motion to Spot-Wheel



Background: The Spot Wheel has been the most popular version of Mesh, especially in the NFL. Using Motion forces the defense to make calls and adjust

QB Progression: Wheel - Mesh - Spot

X: Spot Route

H: Motion to a Swing

Y: Over Mesh (Truck, Responsible for setting depth of the mesh at 5-6 Yards or Linebackers Toes)

Z: Under Mesh (Porsche, Responsible for closing distance with the Over Mesh)

F: Wheel