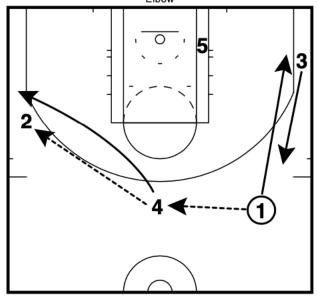
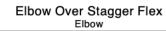
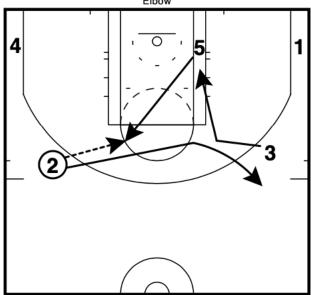
Elbow

Elbow Over Stagger Flex Elbow



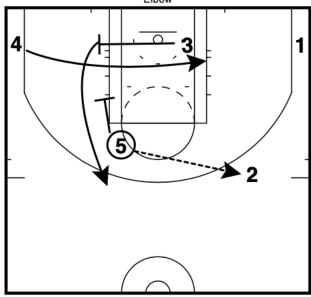




- 1 swings to 4, 4 swings to 2 4 cuts strong side
- 1 and 3 interchange

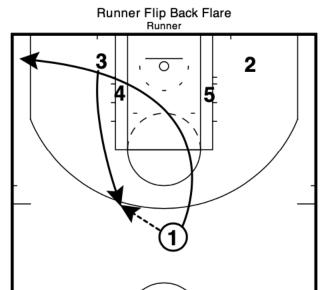
- 2 hits 5 flashing to elbow 2 cuts over 5, 2 acts to set pin for 3
- 2 and 3 split, 5 reads defense

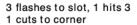
Elbow Over Stagger Flex Elbow

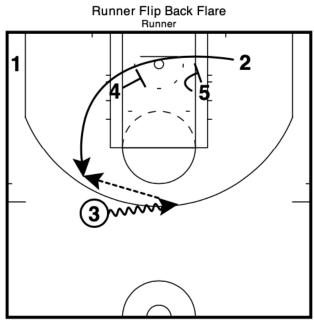


- 5 swings to 2
- 3 sets a flex for 4
- 5 follows to pin down for 3

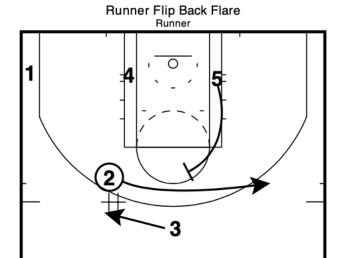
Runner







3 dribbles middle 5 and 4 set a runner for 2 3 hits 2 in slot



2 flips it back to 3 5 follows to flare for 2