DEFINE YOUR OFFENSE

Think about the different elements of offense. Write a few notes describing each of these In your offense.

Personnel & Groupings:

Procedures (Tempo):

Formations:

Motions/Shifts:

Run Game/RPO:

Dropback - 3/5/7 step:

Play Action Pass:

Movement Pass:

Screens:

Tricks/Gimmicks:

- Go through your list In step 1.
- Highlight the key phrases that begin to define you.
- What are the most important parts of your offense?

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IN 3-5 PHRASES DESCRIBE YOUR OFFENSIVE ATTACK WE ARE:

ONCE YOU CLEARLY UNDERSTAND WHO YOU ARE AS An offense, you will better understand how you want to attack a defense