

Cover 3/6 Principles

- Cover 3/6: 1 High Zone Match Coverage that adjusts based on formation
- Dividers: Imaginary lines that run down the field that tell us where help is in 1 High Coverage. DBs and Sam LB play leverage based on these dividers
 - "5, 1, Bottom"
- Position Maintenance: The defender's leverage on a WR based where the WR is on the divider. Different positions include: Inside on Top, Inside Underneath, Outside on Top, and Outside Underneath.
- 3/6: Tells the rotation of the safeties. 3 is strong rotation, 6 is weak rotation.
- Sky, Buzz, Cloud: Tells us who the Curl/ Flat defender is, also tells us who the force defender is. Sky= safety, Buzz= Backer, Cloud= Corner