



RPO Overview



R.P.O. stands for Run-Pass-Option. In this offense the “R” comes first. We are trying to protect our base run game by supplying answers to problems. The RPO portion of the offense is to build-in answers to protect the running game. This offense has 1st/2nd/3rd level RPO’s. My suggestion to those of you new to this portion of the game would b

e to start with 1st level RPO’s, slowly progress to 2nd, and then possibly 3rd level RPO’s.

The beauty of the RPO game is that you can attach the SAME RPO concepts to the entire running game series. Once the quarterback learns the read he can work it on buck sweep or strong belly. Each of our RPO’s is built to address problem areas. We want to have very quick concepts we can go to in the middle of a game.

The RPO section is put in with Buck Sweep and Strong Belly and will give you simple RPO concepts that affect the least amount of players (generally the quick tackle and backside players). This allows the offense to become very good at the base run plays with minimal time spent on the backside adjustments.



Calling Plays



Play call from the coach to the players will follow this format:

- 1- Formation (+any tags)
- 2 - Any motion/shift
- 3 - Run Concept (+any tags)
- 4 - RPO Playside
- 5 - RPO Backside

These can get wordy if you run multiple movements and RPO's on each side, but many plays can be just three words. The only player who needs to learn the entire call is the quarterback. Most of the players will only be listening for part of the call or the tags. Here are some examples of play calls:

Red - Buck - Fast

This would be in our strong right (Red) formation. The run play is buck sweep. The wide receivers are running a fast screen.

Blue Flop - Train - Buck - Bubble

This would be our strong left formation (Blue) and our "A" would split out to the other side (Flop). Train is the motion call for "A" so he would come in motion behind the QB. The play would be buck sweep. The wide receivers (A) would be running a bubble screen.

Red - Bus - Jet

This would be strong right formation (Red). Our "B" would come in motion. The run play is jet sweep. Since there is no RPO attached we don't need to tag it.



Calling Plays



Red Lion - Quick Belly - 42 Fast

This would be a strong right formation (Red) and our "B" would go to make it trips left (Lion). The run play is quick belly. The screen would go to our #2 WR in the trips (42 fast).

Blue - Fly - Q Buck - Bubble

This would be strong left formation (Blue) and our "F" would motion to the quick side (Fly). The run play is quarterback (Q) buck sweep. The RPO would be a bubble (by rule our most inside player runs the bubble, so our "F").

*As you can see throughout this playbook it will be filled with our base run and pass concepts. But you can be as creative as possible. If I listed every possibility this playbook could easily be well over 400-pages.

Formations



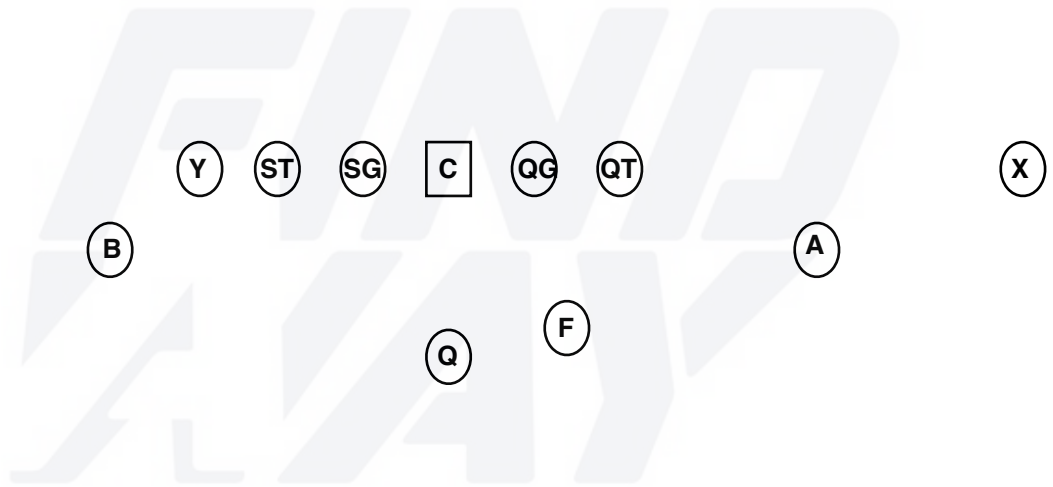
Red



Position	Alignment
X	Top of the numbers
A	Split X and QT off the ball
F	Heels on QB toes. Split the QG and QT
Y	Head even with hip of center. 2 ft splits
B	2x2 off Y
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Blue



Position	Alignment
X	Top of the numbers
A	Split X and QT off the ball
F	Heels on QB toes. Split the QG and QT
Y	Head even with hip of center. 2 ft splits
B	2x2 off Y
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



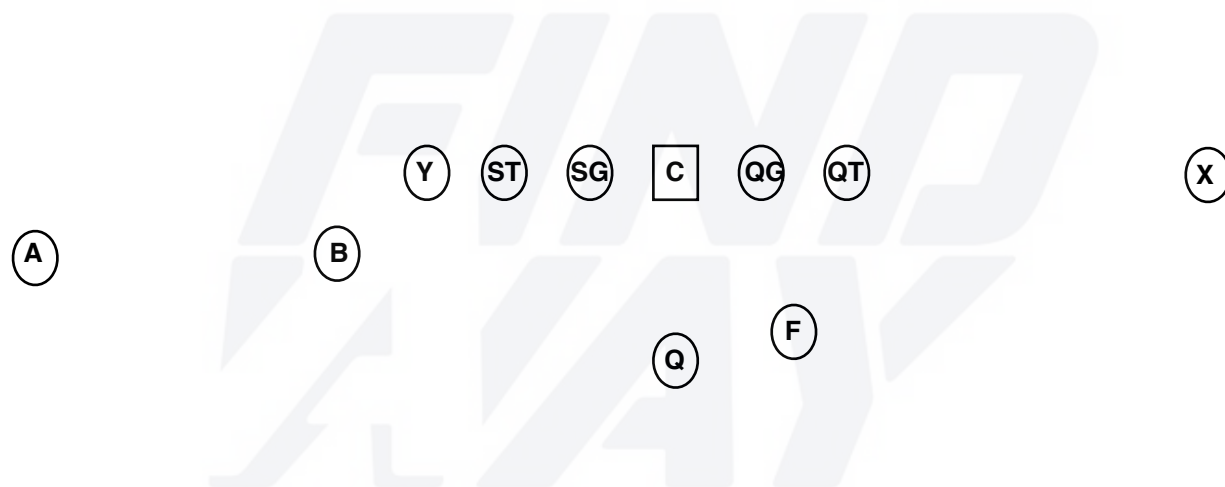
Red Flop



Position	Alignment
X	Top of the numbers
A	On numbers to the strong side
F	Heels on QB toes. Split the QG and QT
Y	Head even with hip of center. 2 ft splits
B	2x2 off Y
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Blue Flop



Position	Alignment
X	Top of the numbers
A	On numbers to strong side
F	Heels on QB toes. Split the QG and QT
Y	Head even with hip of center. 2 ft splits
B	2x2 off Y
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



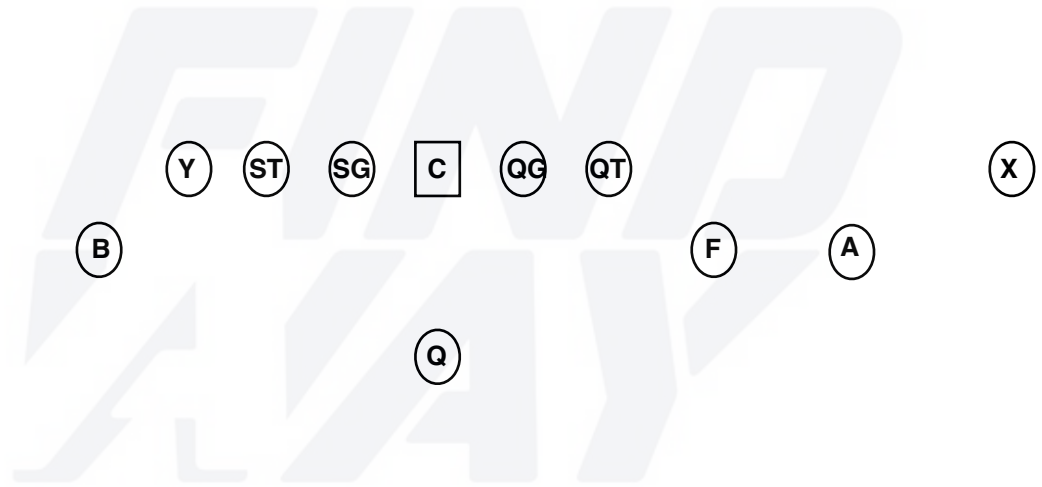
Red
Empty



Position	Alignment
X	Top of the numbers
A	Split X and QT off the ball
F	Split A and QT off the ball
Y	Head even with hip of center. 2 ft splits
B	2x2 off Y
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Blue
Empty



Position	Alignment
X	Top of the numbers
A	Split X and QT off the ball
F	Split A and QT off the ball
Y	Head even with hip of center. 2 ft splits
B	2x2 off Y
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Red Lion



Position	Alignment
X	Top of the numbers
A	Split X and QT off the ball
F	Heels on QB toes. Split the QG and QT
Y	Head even with hip of center. 2 ft splits
B	Split A and QT off the ball
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Blue Roar



Position	Alignment
X	Top of the numbers
A	Split X and QT off the ball
F	Heels on QB toes. Split the QG and QT
Y	Head even with hip of center. 2 ft splits
B	Split A and QT off the ball
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Red Strong



Position	Alignment
X	Top of the numbers
A	Split X and QT off the ball
F	Heels on QB toes. Split the SG and ST
Y	Head even with hip of center. 2 ft splits
B	2x2 off Y
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Blue
Strong



Position	Alignment
X	Top of the numbers
A	Split X and QT off the ball
F	Heels on QB toes. Split the SG and ST
Y	Head even with hip of center. 2 ft splits
B	2x2 off Y
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Red Squeeze



Position	Alignment
X	2 yards outside A on line of scrimmage
A	2x2 off QT
F	Heels on QB toes. Split the QG and QT
Y	Head even with hip of center. 2 ft splits
B	2x2 off Y
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Blue Squeeze



Position	Alignment
X	2 yards outside A on line of scrimmage
A	2x2 off QT
F	Heels on QB toes. Split the QG and QT
Y	Head even with hip of center. 2 ft splits
B	2x2 off Y
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Red Empty Squeeze

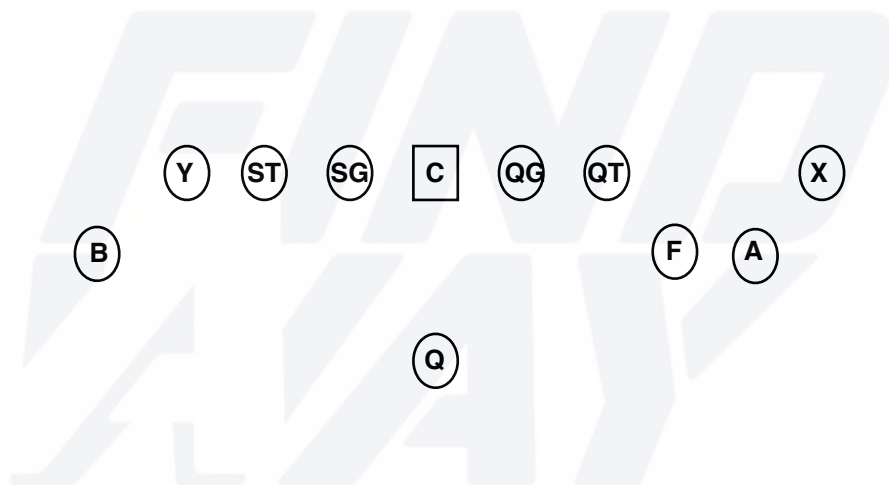


Position	Alignment
X	2 yards outside A on the line of scrimmage
A	2 yards outside F off the ball
F	2x2 off QT
Y	Head even with hip of center. 2 ft splits
B	2x2 off Y
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Blue

Empty Squeeze



Position	Alignment
X	2 yards outside A on line of scrimmage
A	2 yards outside F off the ball
F	2x2 off QT
Y	Head even with hip of center. 2 ft splits
B	2x2 off Y
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Red Lion Squeeze



Position	Alignment
X	2 yards outside A on line of scrimmage
A	2 yards outside B on line of scrimmage
F	Heels on QB toes. Split the QG and QT
Y	Head even with hip of center. 2 ft splits
B	2x2 off QT
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



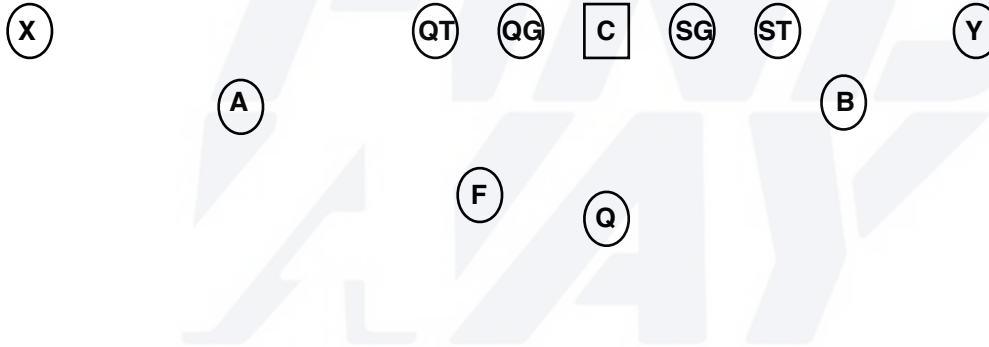
Blue Roar



Position	Alignment
X	2 yards outside A on line of scrimmage
A	2 yards outside B off the ball
F	Heels on QB toes. Split the QG and QT
Y	Head even with hip of center. 2 ft splits
B	2x2 off QT
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Red
Flex



Position	Alignment
X	Top of the numbers
A	Split X and QT off the ball
F	Heels on QB toes. Split the QG and QT
Y	6 yards outside of B on line of scrimmage
B	2x2 off ST
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Blue Flex



Position	Alignment
X	Top of the numbers
A	Split X and QT off the ball
F	Heels on QB toes. Split the QG and QT
Y	6 yards outside of B on line of scrimmage
B	2x2 off ST
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Red Power



Position	Alignment
X	Top of the numbers
A	Split X and QT off the ball
F	Heels on QB toes. Split the QG and QT
Y	Head even with hip of center. 2 ft splits
B	Between SG and ST
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Blue Power



Position	Alignment
X	Top of the numbers
A	Split X and QT off the ball
F	Heels on QB toes. Split the QG and QT
Y	Head even with hip of center. 2 ft splits
B	Between SG and ST
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Red
YO



Position	Alignment
X	Top of the numbers
A	Split X and QT off the ball
F	Heels on QB toes. Split the QG and QT
Y	Head even with hip of center. 2 ft splits. Line up on quick side.
B	2x2 off ST
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Blue
YO



Position	Alignment
X	Top of the numbers
A	Split X and QT off the ball
F	Heels on QB toes. Split the QG and QT
Y	Head even with hip of center. 2 ft splits. Line up on quick side
B	2x2 off ST
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Red
Over



Position	Alignment
X	Top of the numbers
A	Normal alignment as if X were to your side
F	Heels on QB toes. Split the QG and QT
Y	Head even with hip of center. 2 ft splits. Line up on quick side
B	2x2 off QT
QT	Head even with hip of center. 2 ft splits. Line up on strong side
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Blue Over



Position	Alignment
X	Top of the numbers
A	Line up in normal alignment as if X were there
F	Heels on QB toes. Split the QG and QT
Y	Head even with hip of center. 2 ft splits. Line up on quick side
B	2x2 off QT
QT	Head even with hip of center. 2 ft splits. Line up on strong side
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



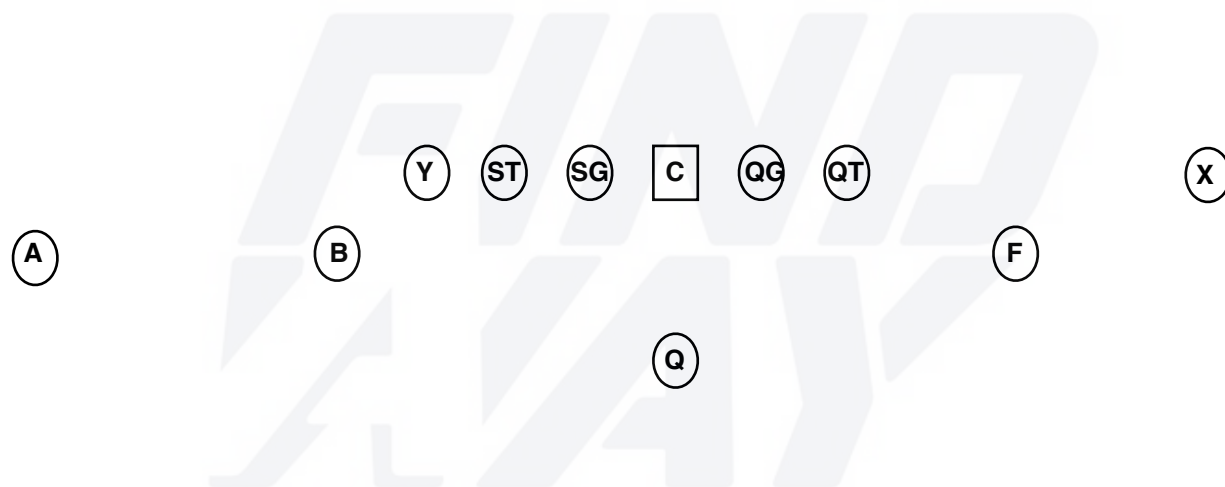
Red Empty Flop



Position	Alignment
X	Top of the numbers
A	On numbers to the strong side
F	Split QT and X off the ball
Y	Head even with hip of center. 2 ft splits
B	2x2 off Y
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Blue Empty Flop



Position	Alignment
X	Top of the numbers
A	On numbers to strong side
F	Split QT and X off the ball
Y	Head even with hip of center. 2 ft splits
B	2x2 off Y
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Red Empty Lion



Position	Alignment
X	Top of the numbers
A	Split X and QT off the ball
F	Split QT and B off the ball
Y	Head even with hip of center. 2 ft splits
B	Split A and F off the ball
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



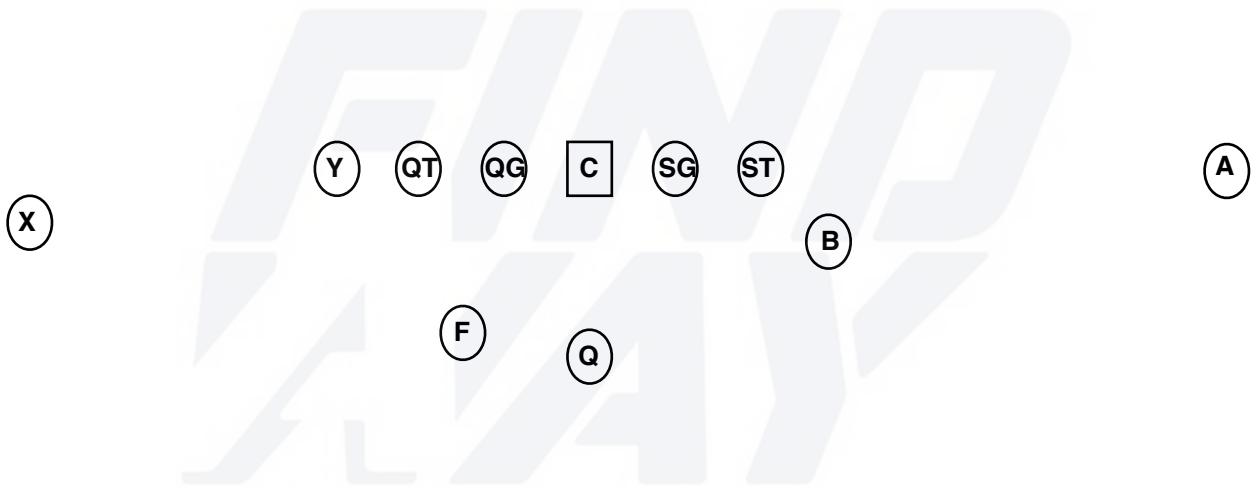
Blue Empty Roar



Position	Alignment
X	Top of the numbers
A	Split X and B off the ball
F	Split B and QT off the ball
Y	Head even with hip of center. 2 ft splits
B	Split A and F off the ball
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Red Flop YO



Position	Alignment
X	Top of the numbers off line of scrimmage
A	On numbers to the strong side on line of scrimmage
F	Heels on QB toes. Split the QG and QT
Y	Head even with hip of center. 2 ft splits. Line up on Quick side
B	2x2 off ST
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards



Blue Flop YO



Position	Alignment
X	Top of the numbers off line of scrimmage
A	On numbers to strong side on line of scrimmage
F	Heels on QB toes. Split the QG and QT
Y	Head even with hip of center. 2 ft splits. Line up on quick side
B	2x2 off ST
QT	Head even with hip of center. 2 ft splits
QG	Head even with hip of center. 2 ft splits
C	On Ball
SG	Head even with hip of center. 2 ft splits
ST	Head even with hip of center. 2 ft splits
Q	Heels at 5 yards