



***MAKE DEFENSE
GREAT AGAIN***

DEFENDING RPOs OUT OF 1- & 2- HIGH COVERAGES



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DEFENDING RPOs: QUESTIONS TO ASK

- WHAT TYPES OF RPOs ARE YOU SEEING?
 - HORIZONTAL RPOs (BUBBLES) VERTICAL RPOs (SLANTS)?
- WHAT TYPE OF RUNS ARE YOU SEEING?
 - THIS DETERMINES WHO THEY READ AND OFTEN “TYPE” OF RPO..
 - ZONE READ = OPTION = MORE HORIZONTAL RPOs – CAN DICTATE WHO CARRIES THE BALL
 - ZONE LOCK/STRETCH LOCK = READING 2ND LEVEL DEFENDERS
- ARE THE RPOs READ PRE- OR POST-SNAP? OR BOTH?
 - CAN WE USE PRE-SNAP DISGUISE TO BAIT THE QB OR IS HE READING ON THE SNAP OF THE BALL (DO WE HAVE TO PLAY IT STRAIGHT?)
- WHICH WAY IS THE QB READING?
 - DOES THE OFFENSE ONLY READ RPOs TO THE SIDE THEY OPEN TO? OR DO THEY READ OPPOSITE SIDE AS WELL?



DEFENDING RPOs: MUSTS

- GAP SOUND

- ALL GAPS MUST BE ACCOUNTED FOR, WHETHER YOU ARE TRULY FITTING GAPS, OR FITTING OFF THE RB

- DE TO THE BACK

- HAVE TO KNOW WHETHER YOU ARE SITTING FOR THE QB OR CHASING THE DIVE

- OVERHANGS – IN OR OUT OF THE FIT?

- EACH OVERHANG DEFENDER MUST KNOW IF THEY ARE IN OR OUT OF THE FIT, DEPENDING ON THE FRONT AND COVERAGE

- IN GENERAL:

- 4 DOWN/2 HIGH AND 3 DOWN/1 HIGH: OVERHANG TO THE RB = OUT OF THE FIT/OVERHANG AWAY FROM THE BACK IN THE FIT
- 3 DOWN/2 HIGH AND 4 DOWN/1 HIGH: OVERHANGS NOT NEEDED IN THE FIT (BOX HAS ENOUGH NUMBERS)



COVERAGE/FRONT MENU

- 2 HIGH/EVEN FRONT

- SET THE FRONT TO THE BACK, SIT THE END, OVERHANG AWAY FROM THE RB IN THE FIT, OVERHANG TO THE BACK OUT OF THE FIT
- SET THE FRONT AWAY FROM THE BACK, END TO THE BACK CHASE ANY DIVES, DE AWAY FROM THE RB RUNS A READ TEX, ILB PLAYS RB CUTBACK TO QB

- 2 HIGH/ODD FRONT

- PLAY THE RUN WITH THE PLAYERS IN THE BOX – NO NEED TO INVOLVE THE OVERHANGS; HAVE TO CHASE THE DIVE
 - 10 PERSONNEL – PLAY 3 DOWN (CUB)
 - 11 PERSONEL – PLAY 4 DOWN (MINT)

- 1 HIGH/EVEN FRONT

- SET THE FRONT TO THE BACK AND/OR FIELD, SIT THE END TO THE BACK, PLAY RUN WITH THE BOX, SECONDARY PLAYS THE PASS

- 1 HIGH/ODD FRONT

- CHASE THE DIVE WITH 4i, OVERHANG TO THE RB PLAYS THE QB



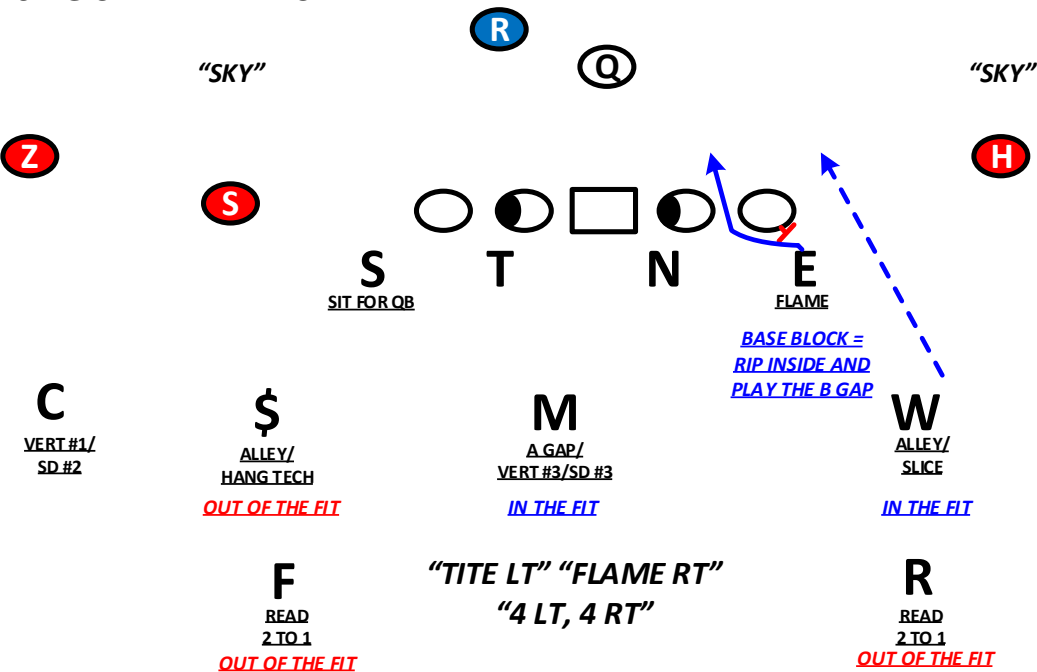
2 HIGH/EVEN FRONT



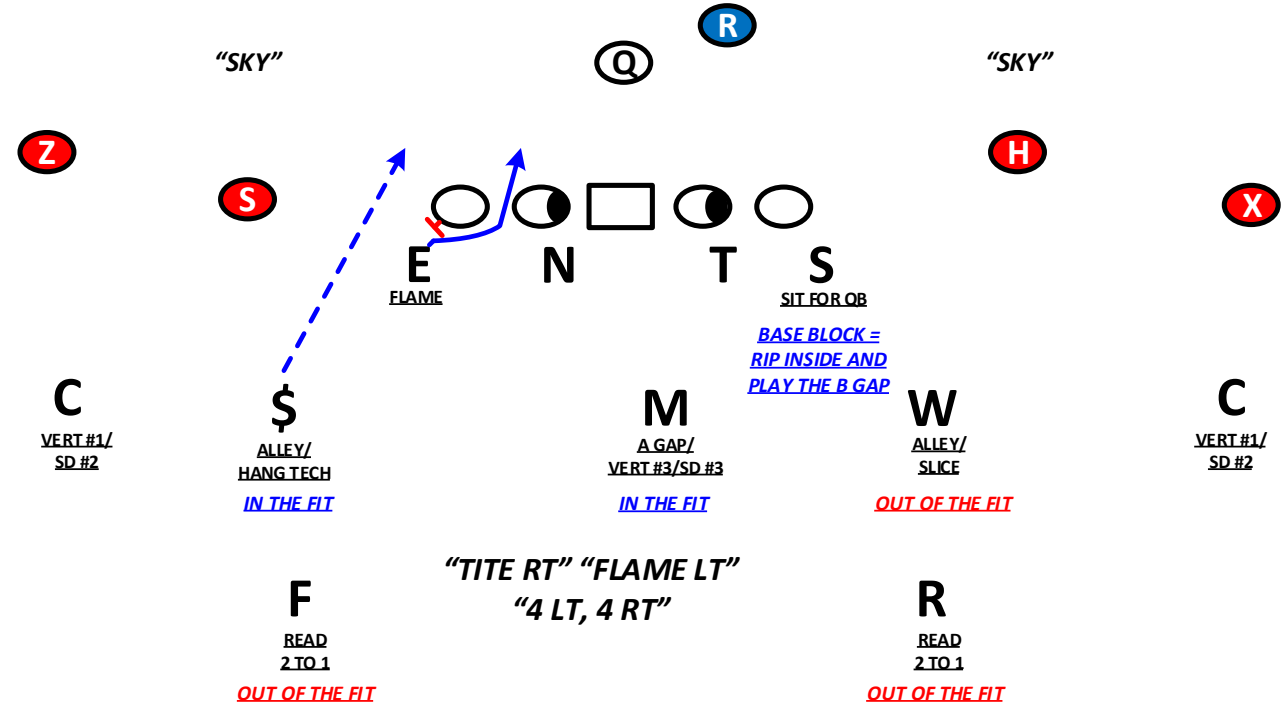
10P G ST DBL TWINS

SET-G (FLAME) 4 STUMP SOLID

VS. 2X2



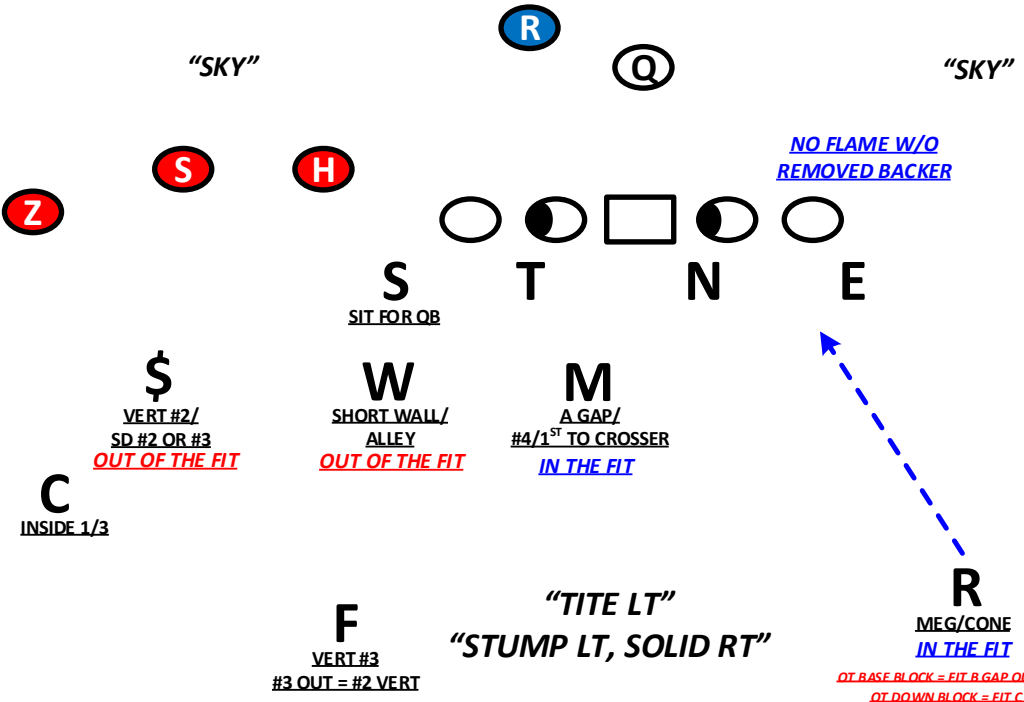
10P G WK DBL TWINS



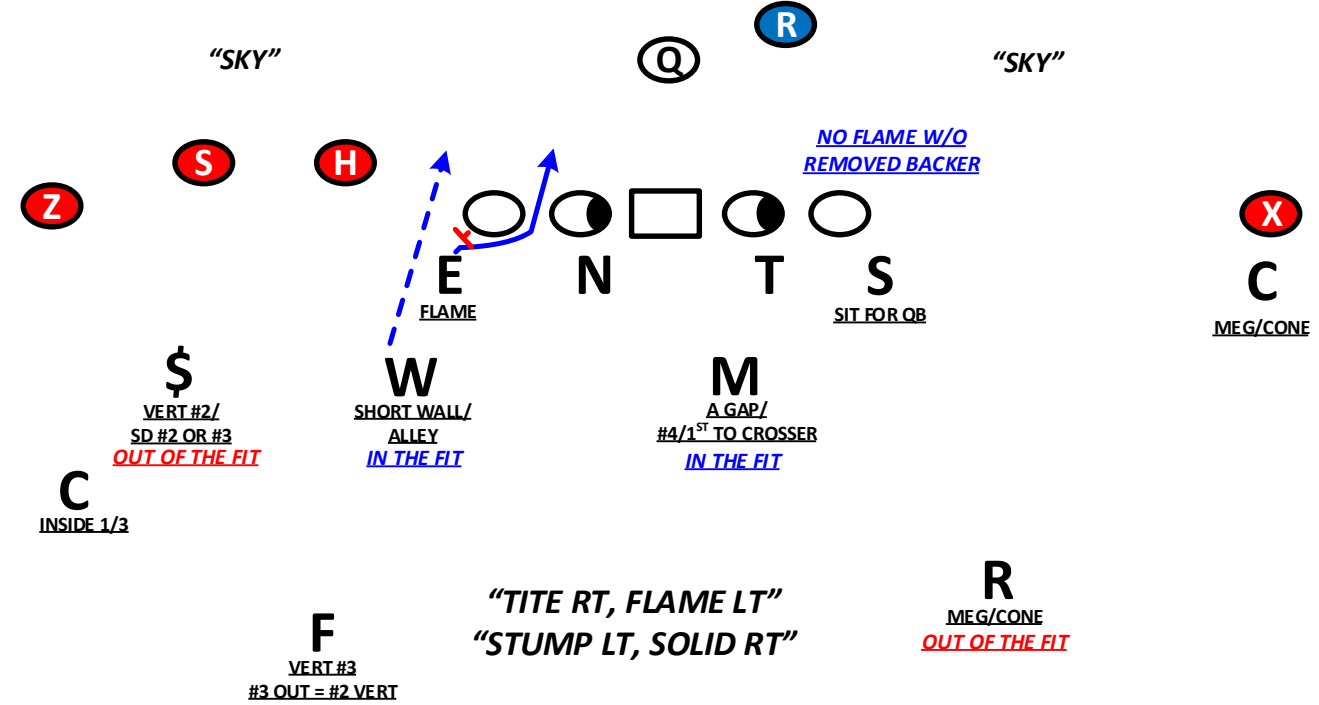
10P G ST TRIPS OPEN

SET-G (FLAME) 4 STUMP SOLID

VS. 3X1



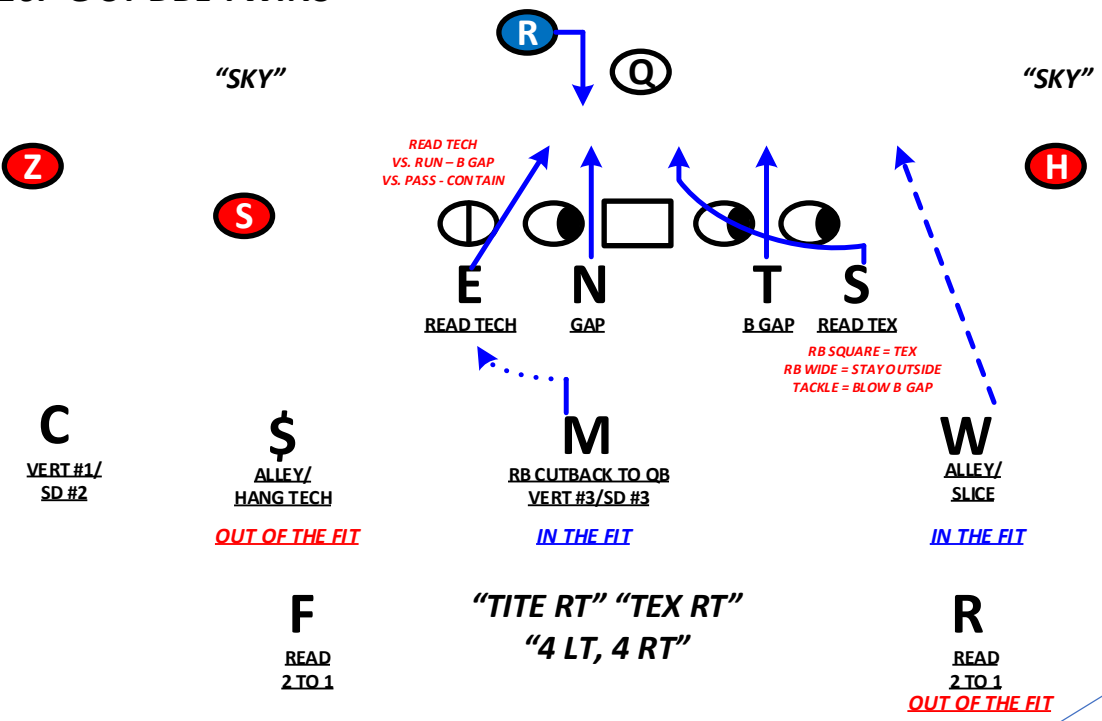
10P G WK TRIPS OPEN



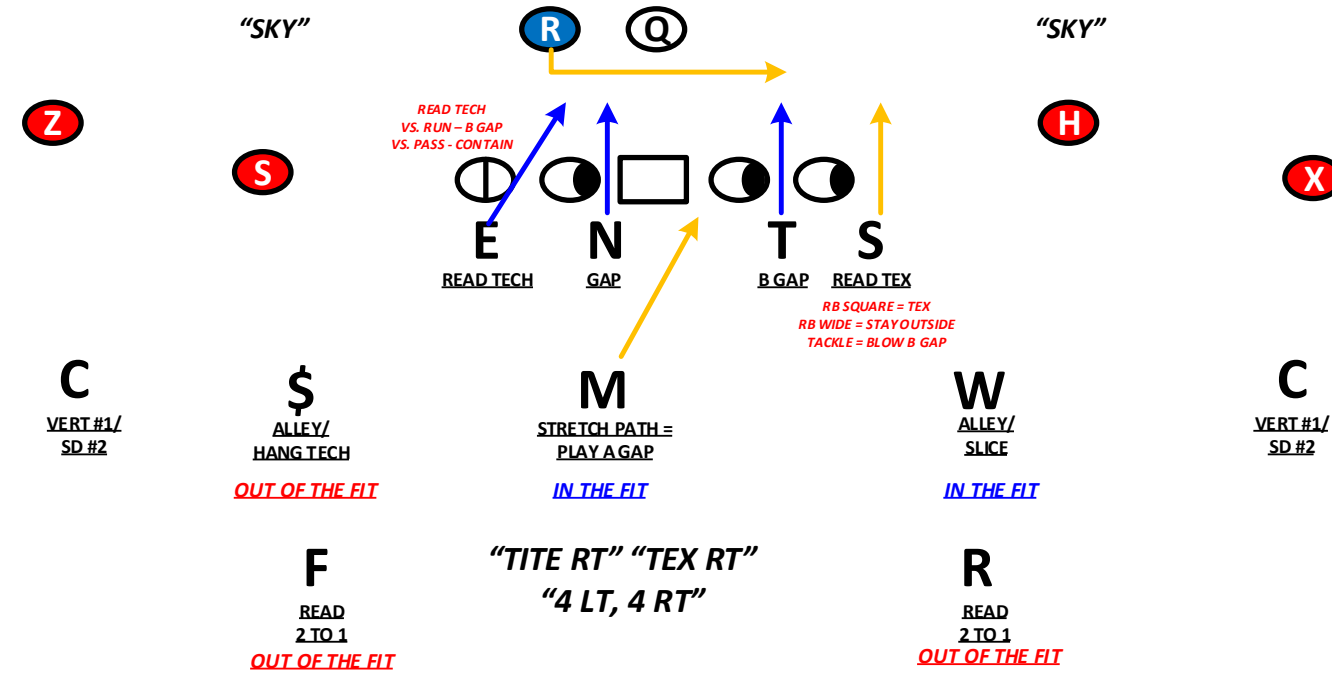
10P G ST DBL TWINS

OPP-G TEX 4 STUMP SOLID

VS. 2X2



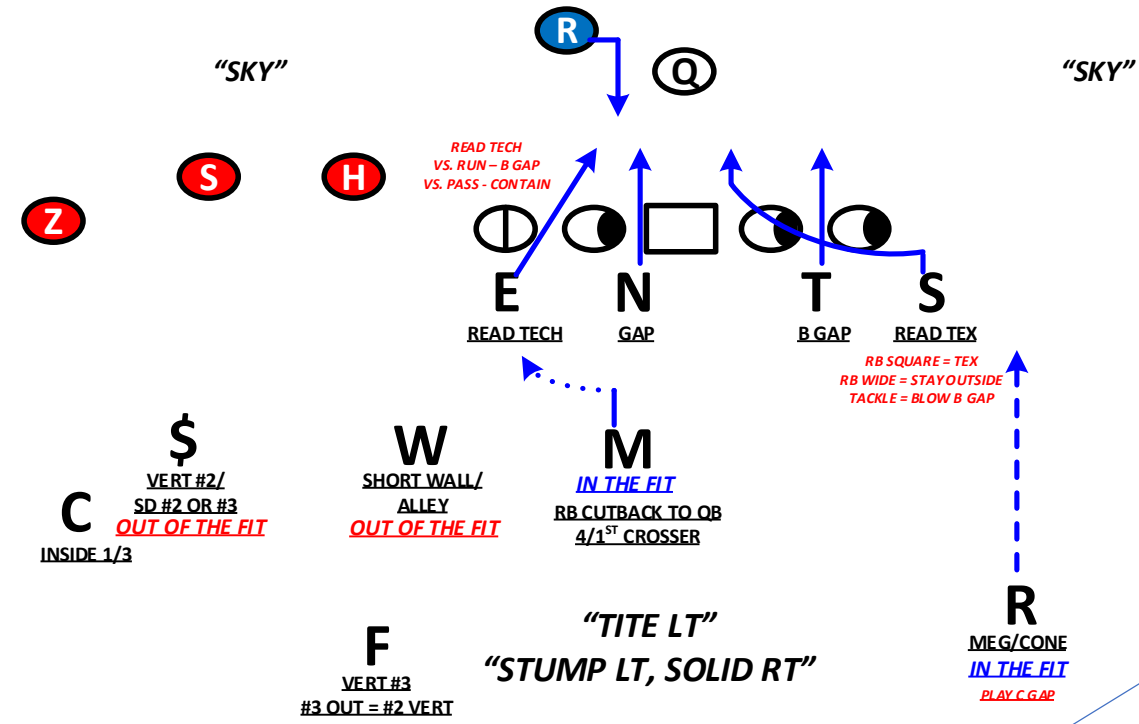
10P G ST DBL TWINS



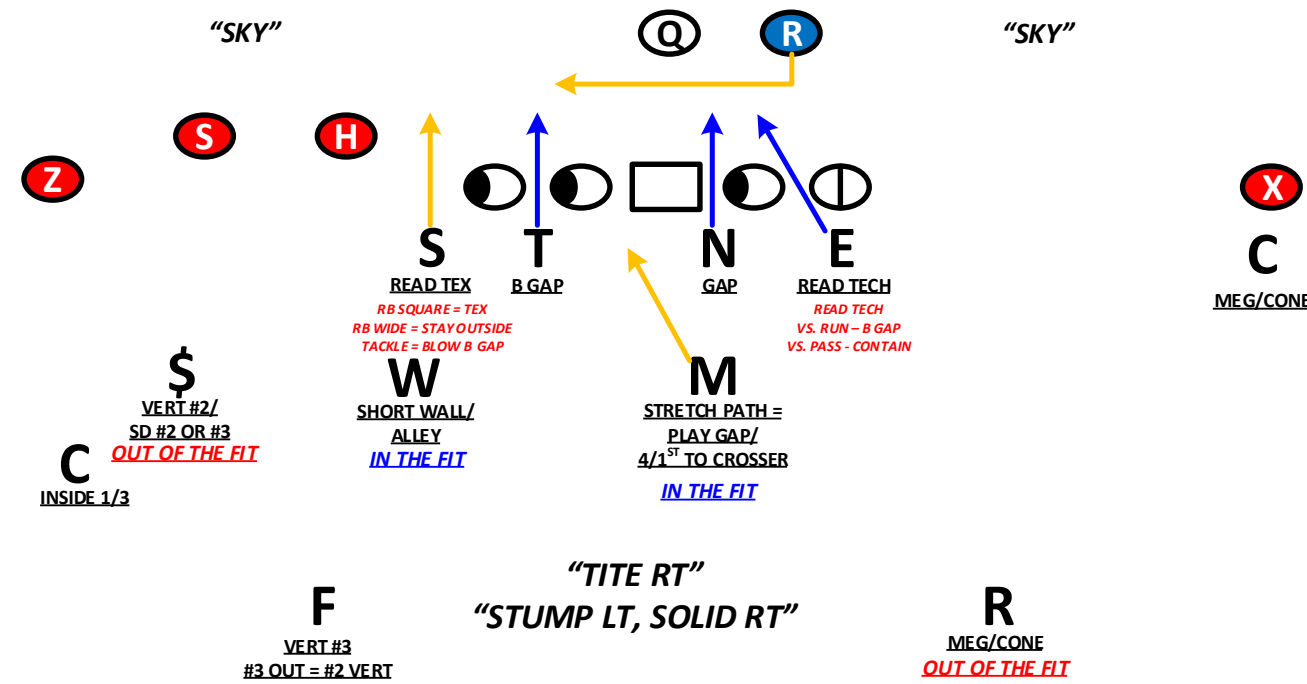
10P G ST TRIPS OPEN

OPP-G TEX 4 STUMP SOLID

VS. 3X1



10P G WK TRIPS OPEN



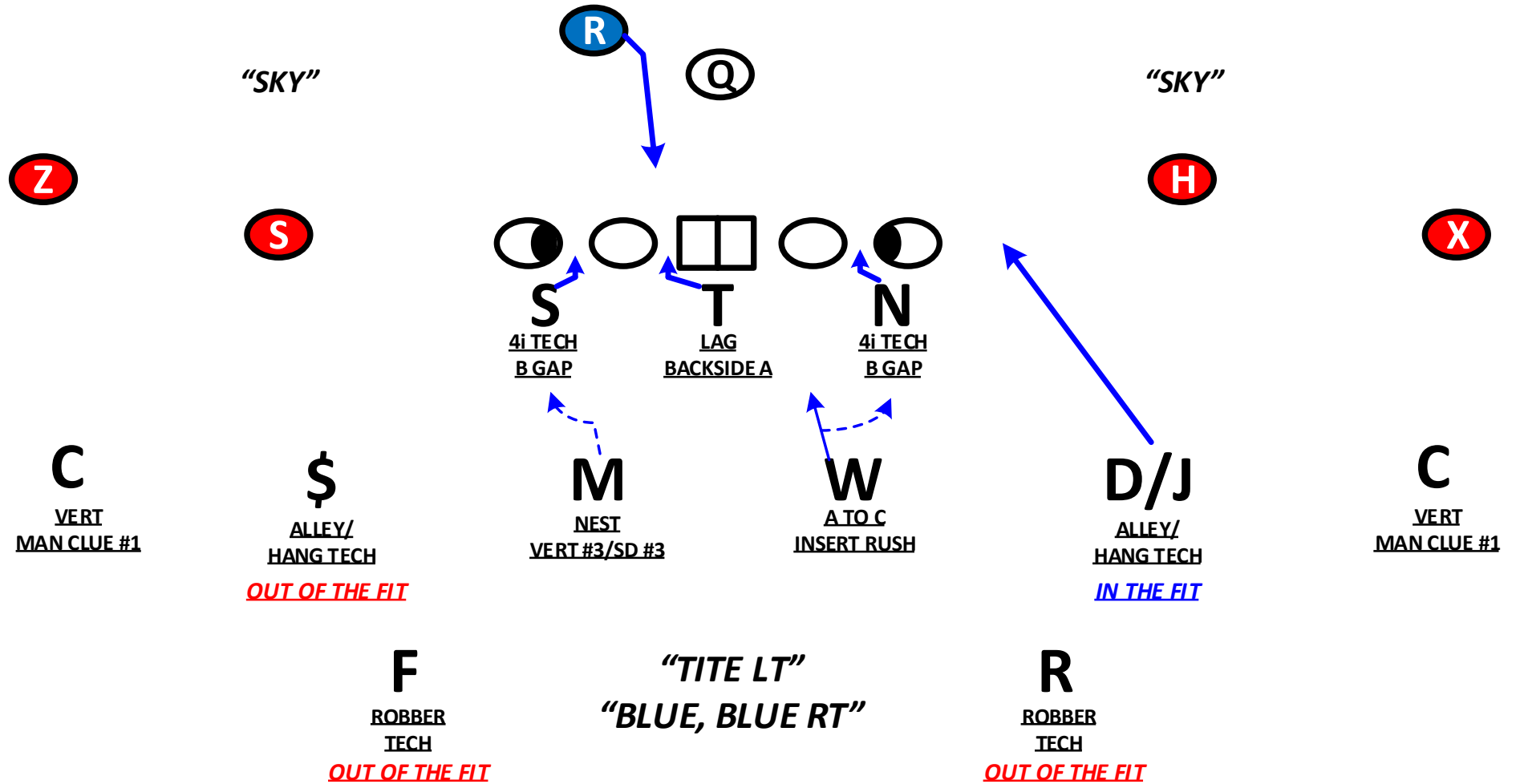
2 HIGH/ODD FRONT



MINT BLUE STUMP SOLID

VS. 2X2

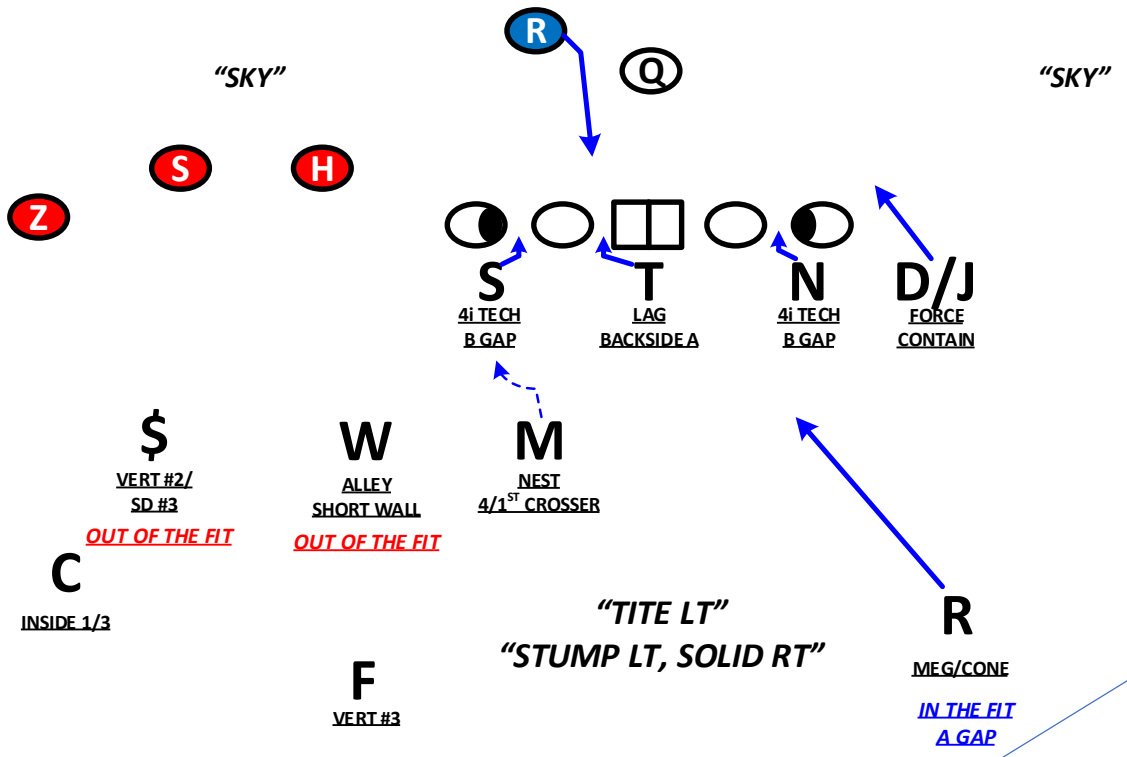
10P G ST DBL TWINS



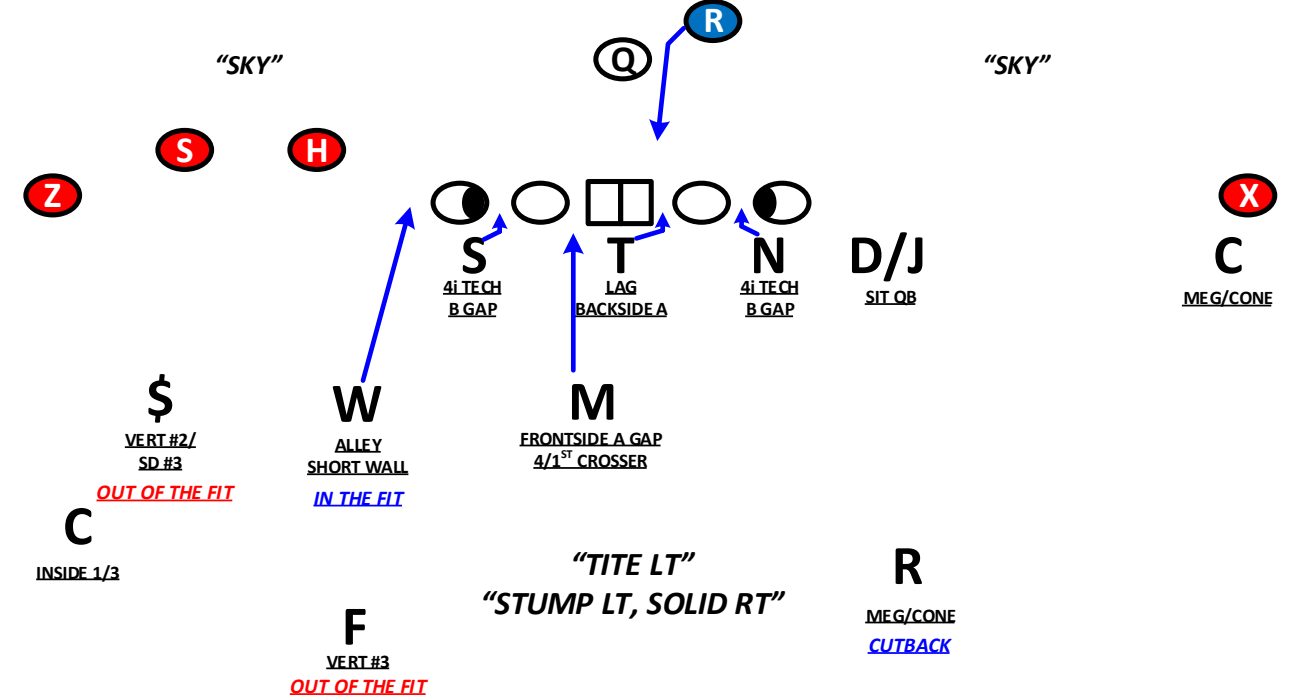
10P G ST TRIPS OPEN

MINT BLUE STUMP SOLID

VS. 3X1

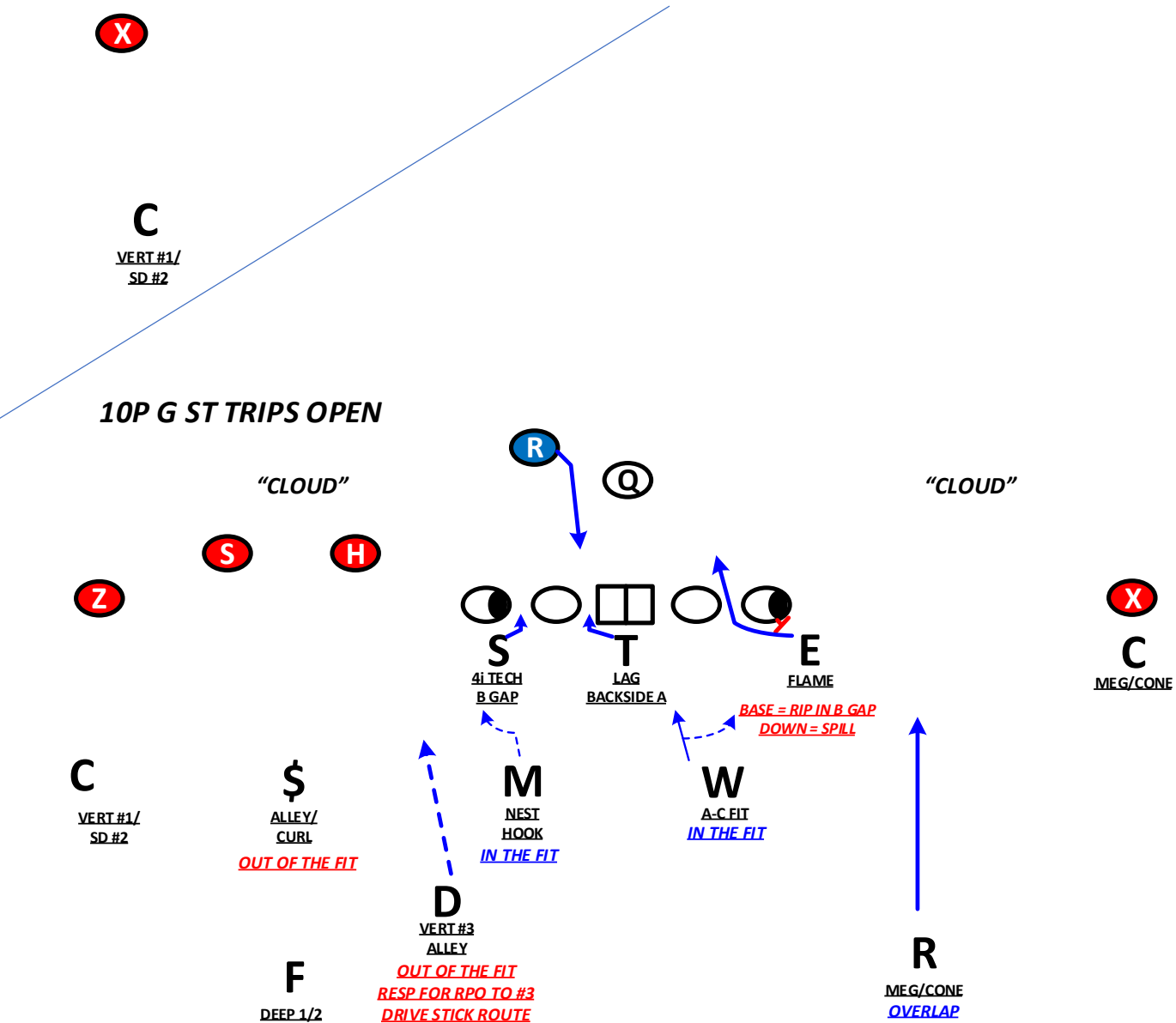
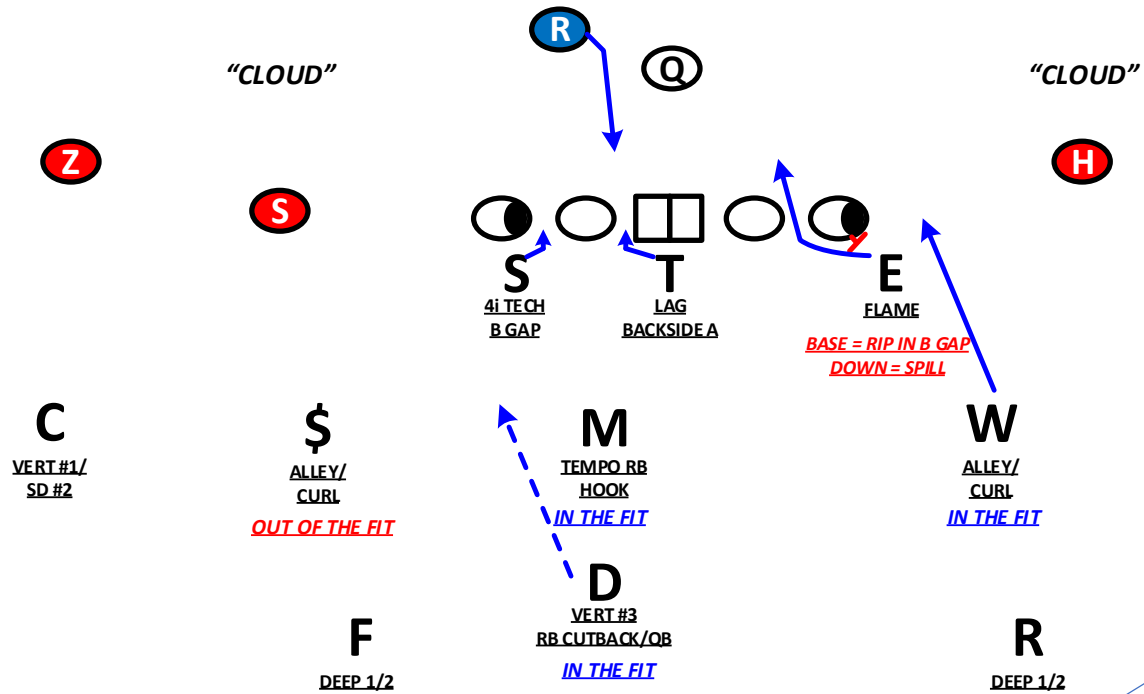


10P G WK TRIPS OPEN



10P G ST DBL TWINS

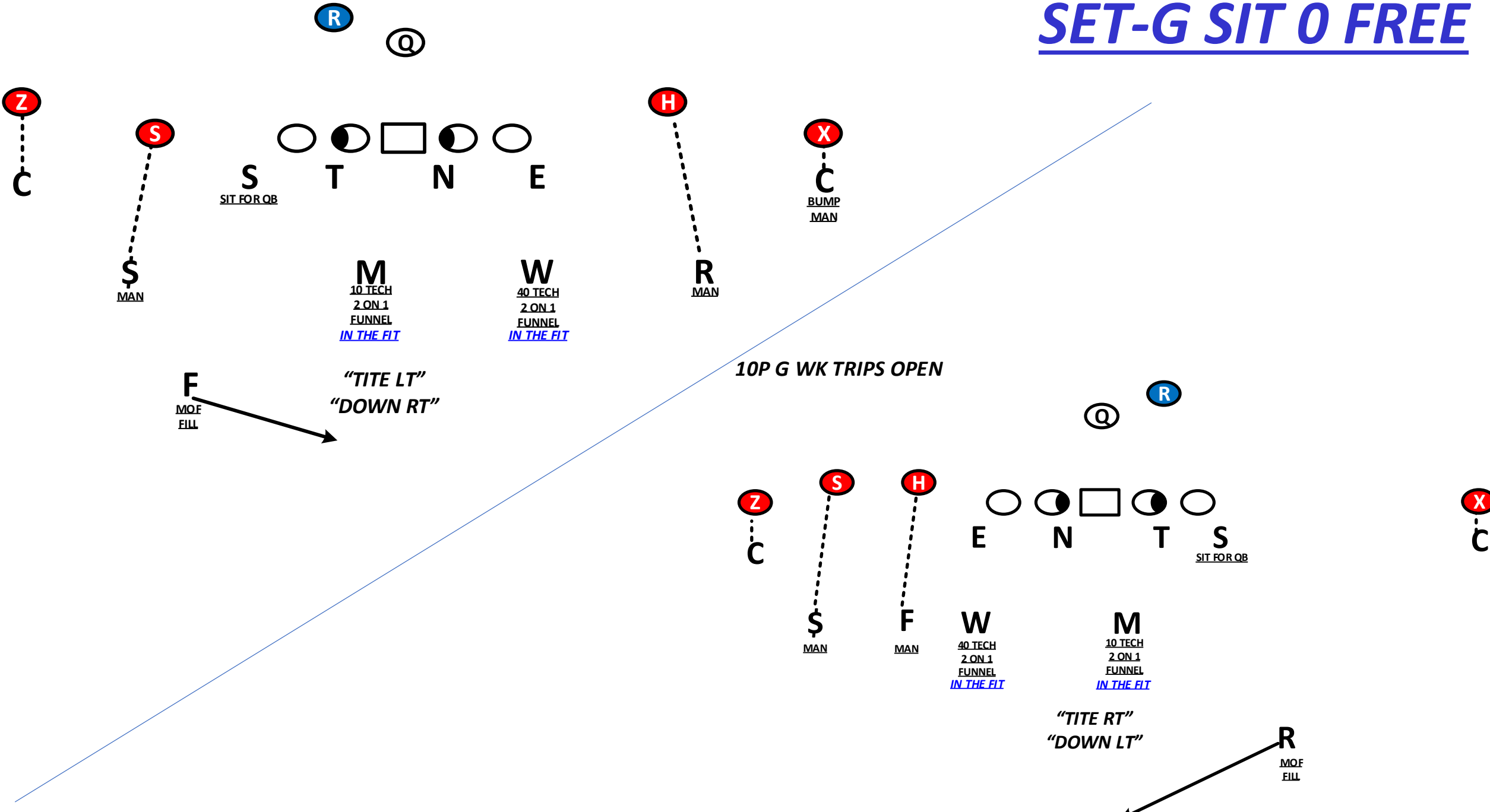
CUB FLAME 5 TAMPA X SOLID



1 HIGH/EVEN FRONT



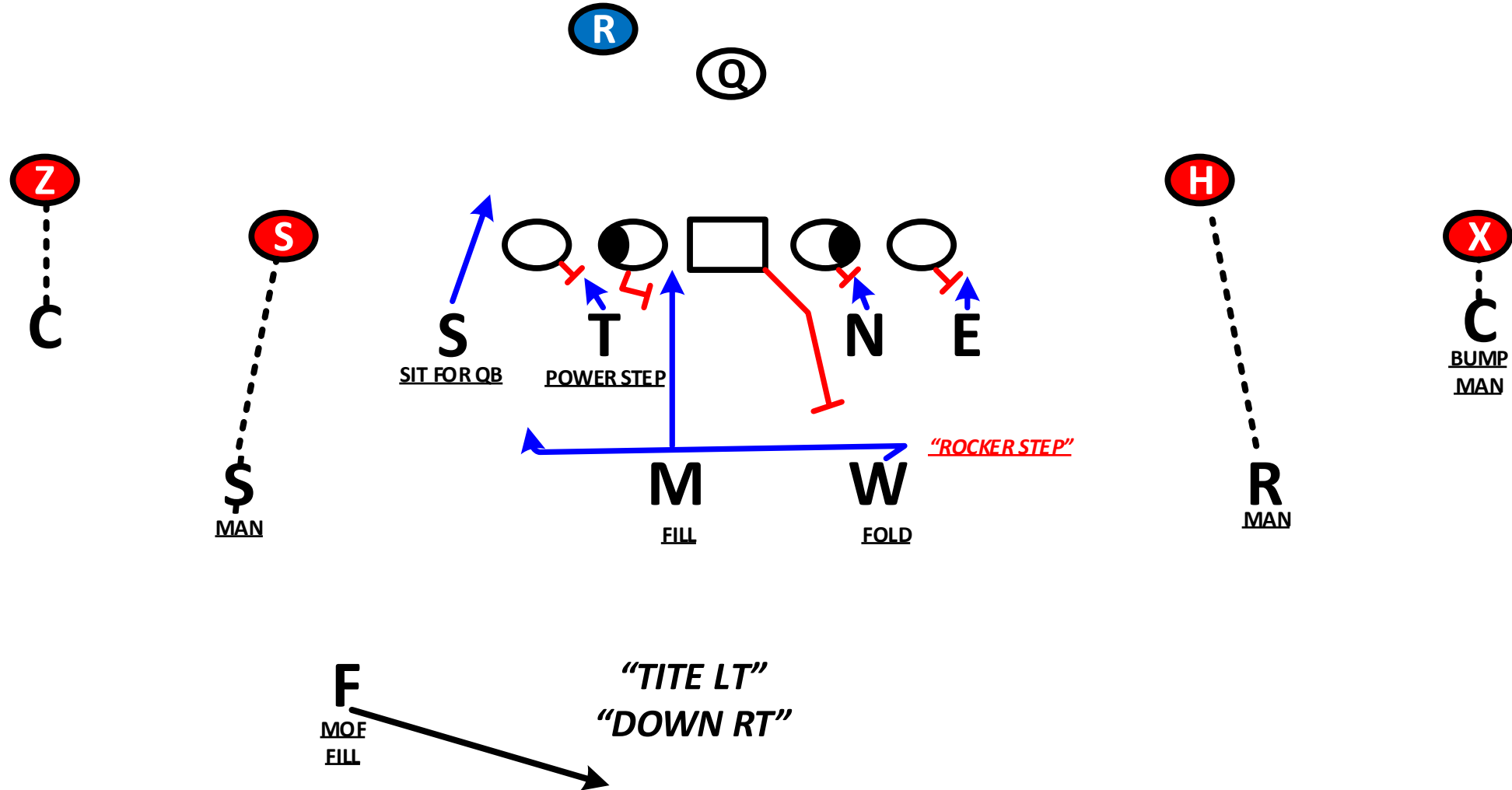
SET-G SIT 0 FREE



OUTLAW 0 FREE

FILL & FOLD

10P G ST DBL TWINS

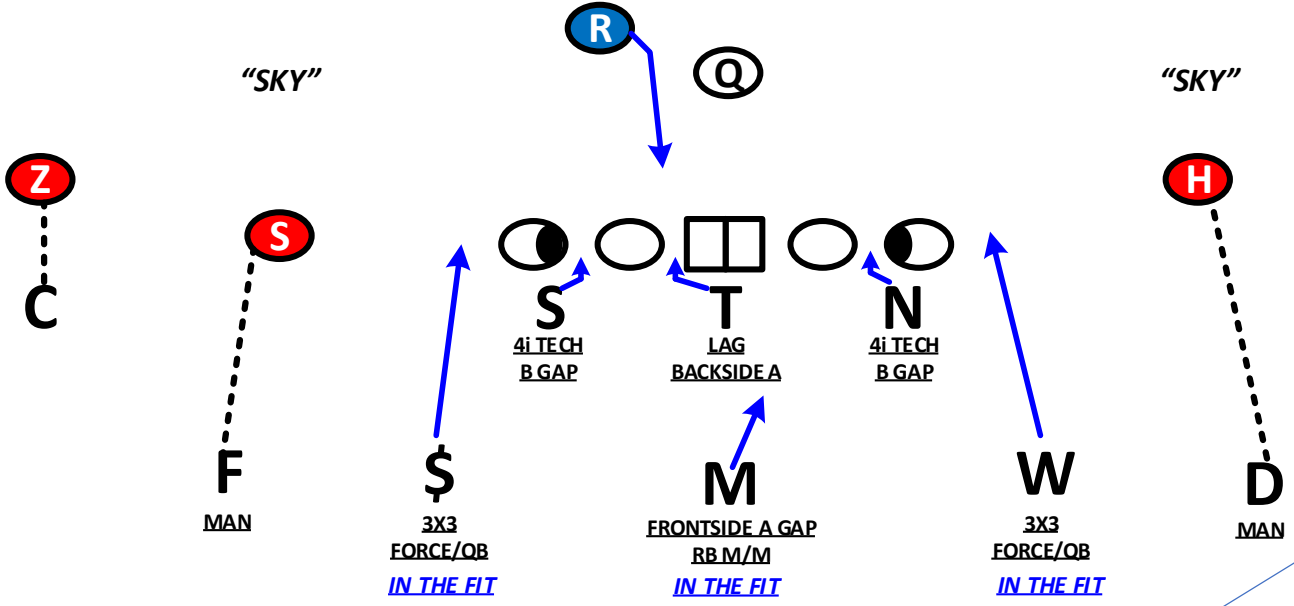


1 HIGH/ODD FRONT

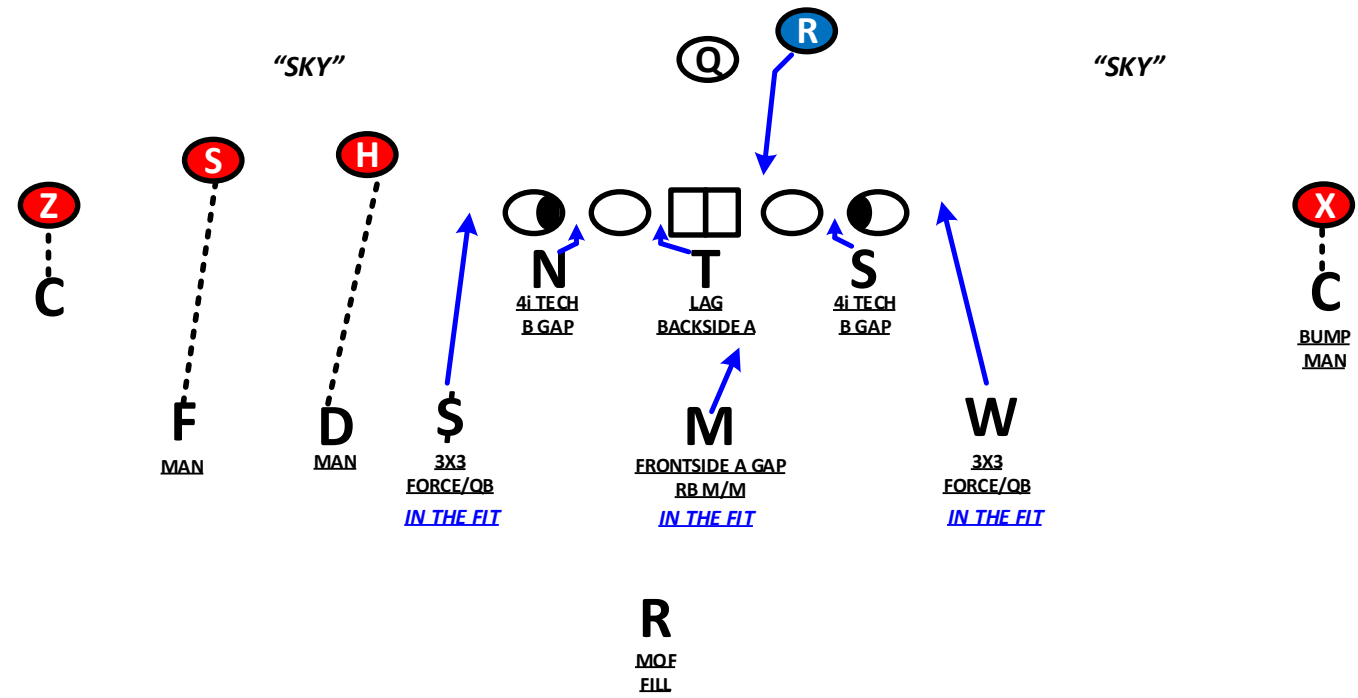


10P G ST DBL TWINS

CUB SHOVE 0 FREE



10 G WK TRIPS OPEN



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