

# Individual Skill Development for Dribble Drive Motion Offense

## Table of Contents

1.	Finishing Drills	5
1.1	Finish Breakdown	5
1.2	X Out/Pull Back Finish	6
1.3	Power Finish	7
1.4	5 Spot Finishing	8
1.5	1 on 0 Corner Drives	9
1.6	1 on 0 Drop Zone/Drive/Finish	10
1.7	X Out/Pull Back Finish	11
1.8	Attack Dribbles	12
1.9	Skate Dribble	13
1.10	Bounce Out	14
2.	1 on 1 Drills	15
2.1	1 on 1 Bubble Drill	15

## Individual Skill Development for Dribble Drive Motion Offense - Contents (cont.)

2.2	1 on 1 Full Court Drill	17
2.3	1 on 1 on 1	18
2.4	5 Spot 1 on 1	19
2.5	5 Spot Sever the Angle	20
2.6	Rip into 1 on 1	21
2.7	Sever the Angle	22
2.8	Sever the Angle (Cones)	23
2.9	Finish with Contact	24
2.10	Glide Dribble	25
2.11	Bounce Out Dribble	26
2.12	Pass into 1 on 1	27
2.13	Escape into 1 on 1	28
2.14	Break Out 1 on 1	29
2.15	Butt Ball on 1 on 1	30
2.16	Bounce Out into 1 on 1	31
3.	2 on 2 Drills	32
3.1	2 on 2 Advantage (Baseline Drive)	32
3.2	2 on 2 Advantage (Baseline Drive)	33
3.3	2 on 2 Advantage (Top of Key)	34
3.4	2 on 2 Advantage (Top of Key)	35
3.5	Shoulder/Numbers Read	36
3.6	Read Defender	37

## Individual Skill Development for Dribble Drive Motion Offense - Contents (cont.)

3.7	Read 2nd Defender	38
3.8	Bounce Out into 2 on 2	39
4.	Post Drills	40
4.1	Post Breakdown	40
4.2	Post Breakdown (High Ball Screen)	41
4.3	Post Breakdown (Side Ball Screen)	42
4.4	Post Breakdown/Off the Dribble	43
4.5	Post Relocate	44
4.6	Post Relocate/Weak Side Drive	45
4.7	2 on 1 Tight	46
4.8	T Up Drill	47
4.9	Weak Side Rebound Drill	48
4.10	Weak Side Seal	49
4.11	2 on 1 Tight	50
4.12	2 on 2 Tight	51
4.13	3 Lobs in a Row	52
4.14	4 Ball Finish	53
4.15	Combo Drill	54
5.	2 Ball Drills	55
5.1	2 Ball Attack/Kick Out	55
5.2	2 Ball Attack/Kick Out/Space	56
5.3	2 Ball Attack/Skip/Space	57

Individual Skill Development for Dribble Drive Motion Offense - Contents (cont.)		
5.4	2 Ball Euro/Attack/Kick Out	58
6.	Dribble Handoffs	59
6.1	DHO 1 on 1	59
6.2	DHO 2 on 2	60
6.3	DHO 2 on 2 Circle Reads	61
7.	Euro Series	62
7.1	Euro/Attack/Safety	62
7.2	Euro/Duck In	63
7.3	Euro/Rack	64
8.	Attack (Drop) Series	65
8.1	Attack/Lift	65
8.2	Attack/Lift/Attack	66
8.3	Attack/Safety Valve	67
8.4	Attack/Shot Fake/Reverse Pivot	68
8.5	Attack/Snap Back	69
8.6	Lift/Bounce Out/Kick	70
9.	Back Door Series	71
9.1	Back Door Read/Defender Jams	71
9.2	Back Door Reads/Defender High Side	72
9.3	Back Door Reads/Defender Hugs	73