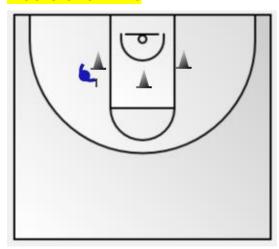
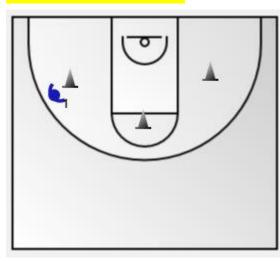
A. 3 SPOTS – 3 MAKES



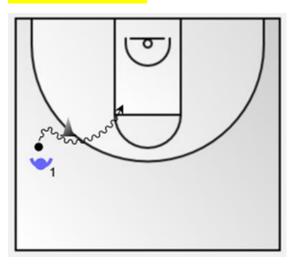
- 1. 3 SHORT QUICK CROSSOVERS CLOSE LEGS & SHOOT (RIGHT & LEFT)
- 2. DOUBLE, THROUGH X 2 TIMES CLOSE LEGS & SHOOT (RIGHT & LEFT)
- 3. 1 DRIBBLE CROSS STEP & FLOATER off 1 leg (from right side make 3 with the left hand & 3 with the right hand same foot same hand).

B. 3 SPOTS WIDER – 3 MAKES



- 1. BETWEEN, BEHIND (hesitate) & AGAIN BETWEEN BEHIND & SHOOT (R&L)
- 2. SHAKE ONLY 1 TIME & SHOOT (R&L)
- 3. 1 DRIBBLE CROSS STEP & HESITATE & SHOOT IMMIDIATELY
- 4. 1 DRIBBLE & STEP BACK SHOT
- 5. 1 DRIBBLE CROSS STEP & FLOATER off 1 leg (from right side make 3 with the left hand & 3 with the right hand same foot same hand).

C. BALL SCREEN DRILLS – BOTH SIDES



- 1. DRIBBLE CHANGE, ELBOW PULL UP SHOT

 3 MAKES
- 2. HESITATION DRIBBLE AFTER THE SCREEN, 1 DRIBBLE and PULL UP 3 MAKES
- 3. ICE DEF. DRIBBLE BEHIND THE BACK, SHOOT FROM SHORT CORNER 3 MAKES
- 4. 2 DRIBBLES AFTER THE SCREEN, 1 FOOT FLOATER 3 MAKES
- 5. 1 OR 2 DRIBBLES AFTER THE SCREEN, <u>2</u> FEET (STRIDE STOP) FLOATER – 5 MAKES