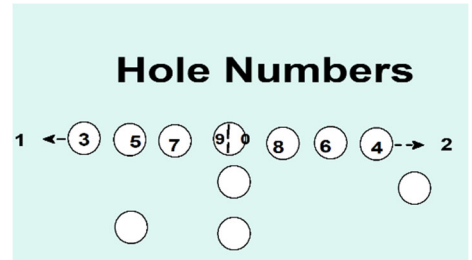


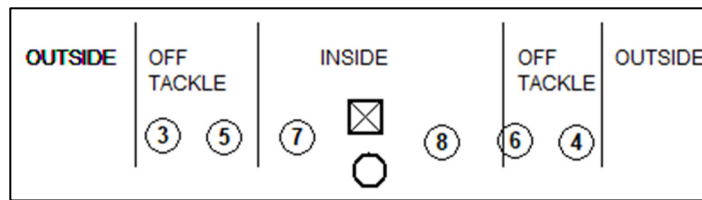
RUN PLAYS

For many offensive systems, the hole the ball is going is the gap between linemen. In our system each of our offensive linemen have a number and they are known as the call man. Everything is predicated by the call man.

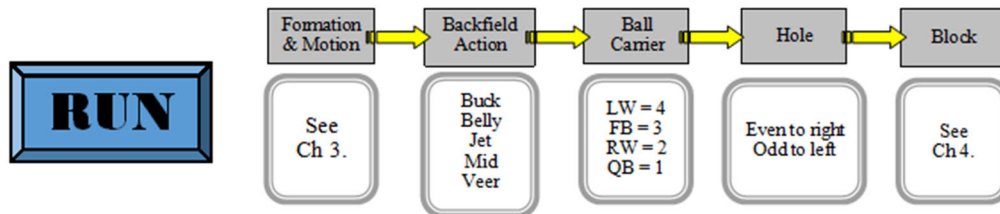
In our numbering system all even numbers are to the right and odd numbers are to the left. The numbers do not flip with a play call. Example Buck 42 Special is always Bucksweep to the Right and Buck 21 Special is always Bucksweep to the Left. Our center will have two numbers assigned to him to determine which side the lead block is coming from. His numbers are 0 on his right cheek and 9 on his left cheek.



In our offense, there are only three areas to run: INSIDE, OFF TACKLE, or OUTSIDE



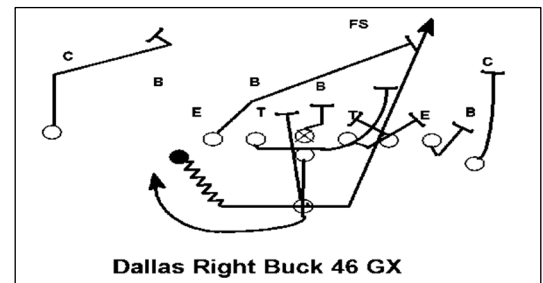
Inside Holes are 0, 9, 7, & 8. Off-Tackle Holes are 3,5,6, & 4. Outside are 1 & 2 hole plays



An example of a play call is: Buck 46 GX (Buck Sweep variation to the right).

- Buck – tells our backs the backfield action and this is how we teach the backs their steps.
- 46 – “4” back is getting the ball (Left Half) and running to the 6 hole.
 - The “6” is also the call man and the blocking rules begin with him.
- GX – is the blocking rule and who is pulling and the technique the pullers will use.

The part of this system that I love the most is that the linemen only have to learn the last digit and their blocking assignment. We joke in practice by having the linemen cover their ears and mumble “blah, blah, blah” until the last number and word after it is called. For example, we can run.



All the linemen heard on the above plays was the 6-Hole and the Blocking assignment, “GX”.

