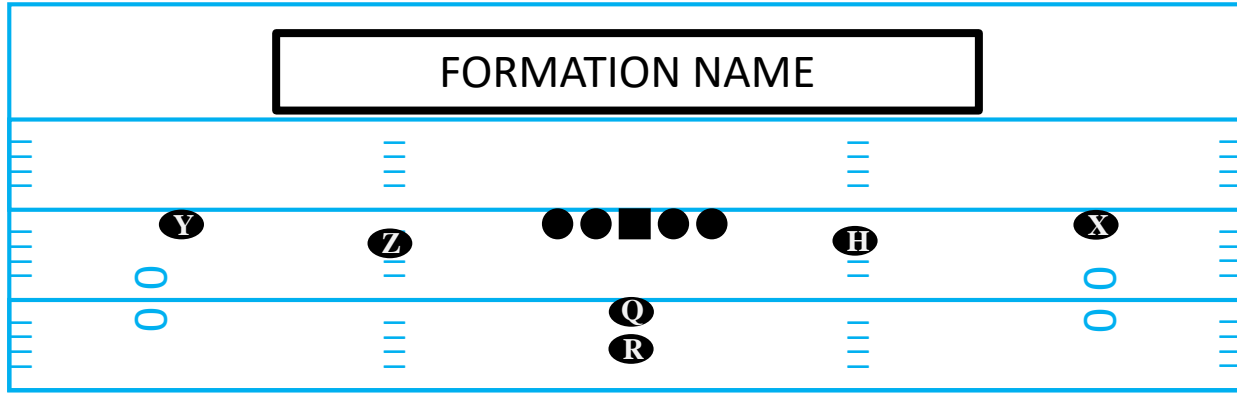


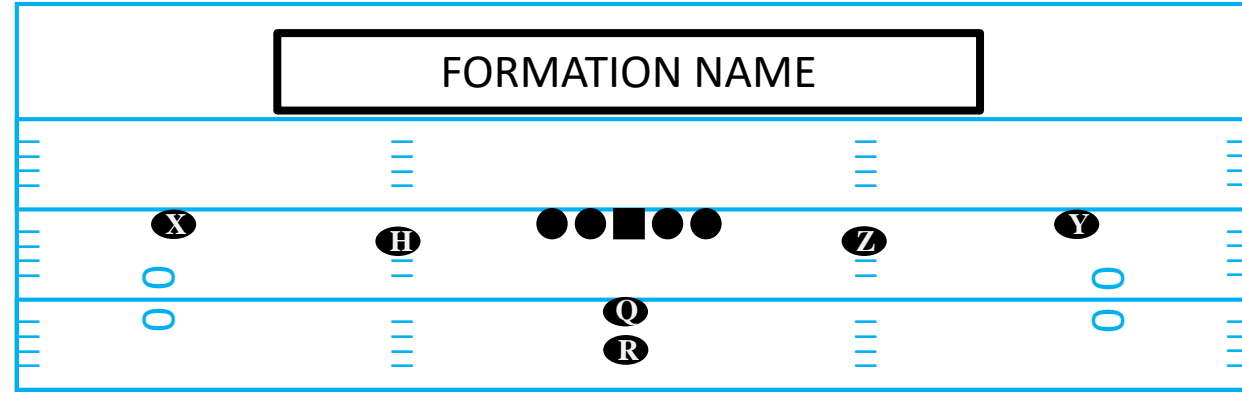
# **FORMATION TEMPLATES**

# FORMATIONS

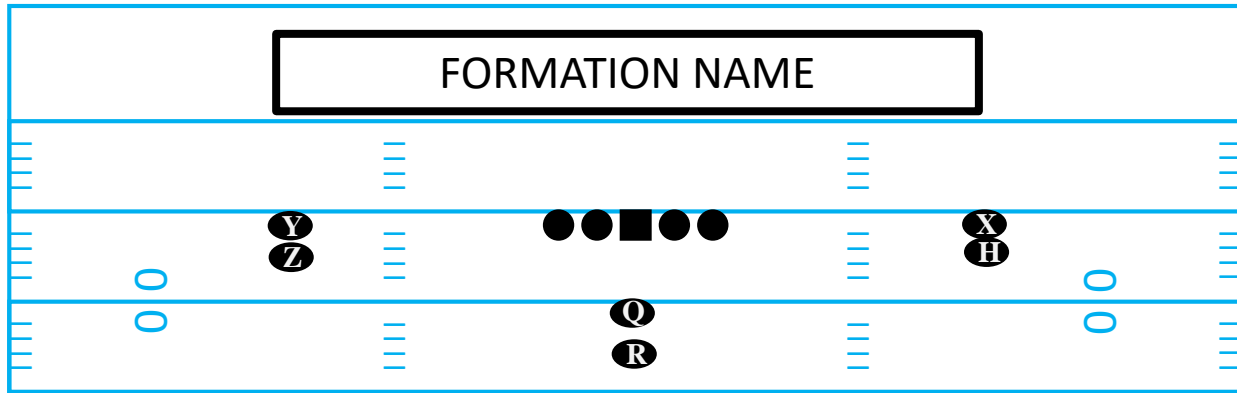
FORMATION NAME



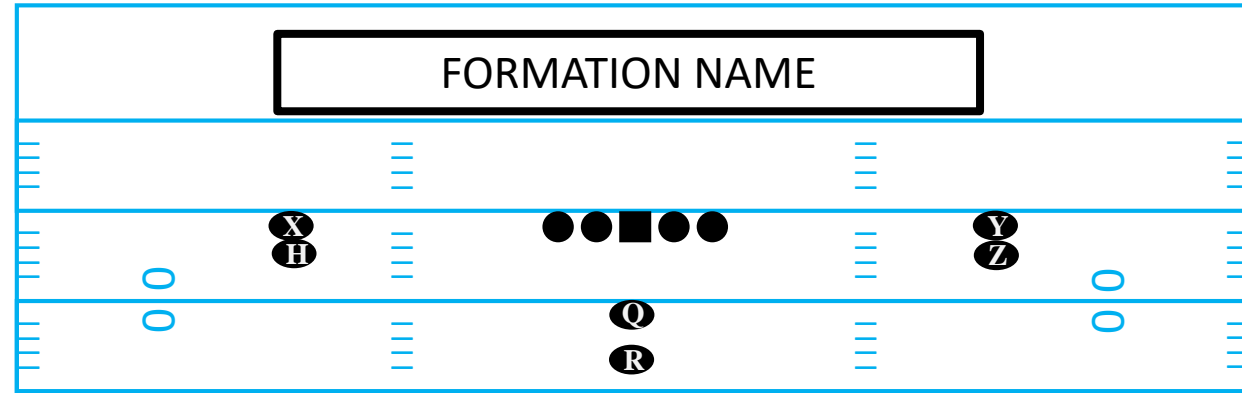
FORMATION NAME



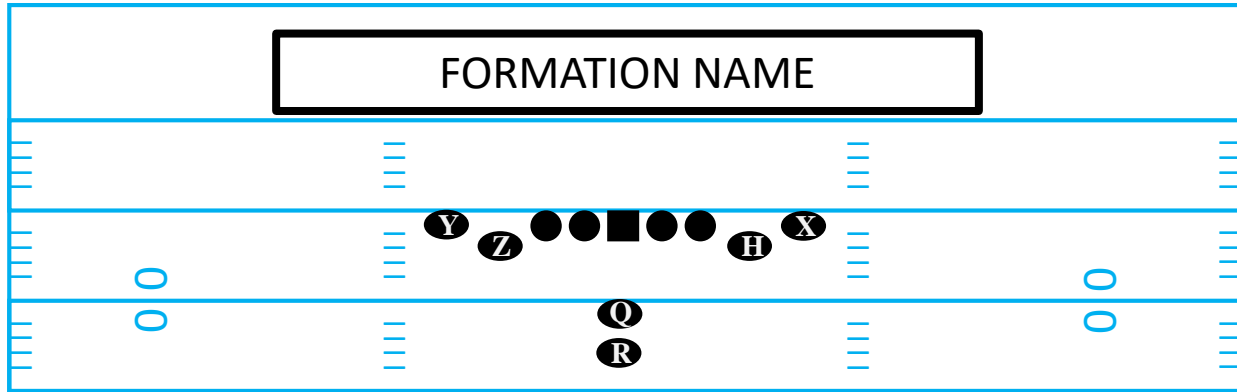
FORMATION NAME



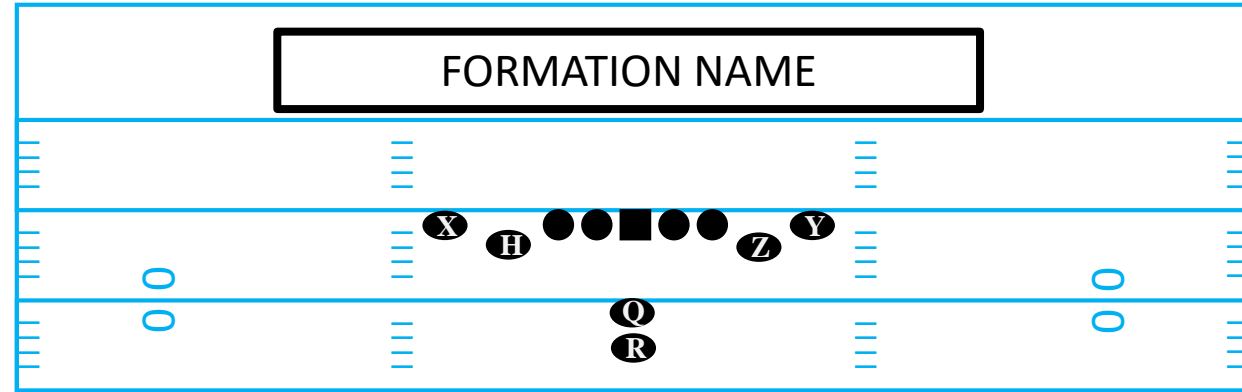
FORMATION NAME



FORMATION NAME



FORMATION NAME



PLAY NAME

10

10

B

F

C

20

W

M

S

C

20

X



H

Z

Y



R

RHYTHM:

READ:

RUSH:

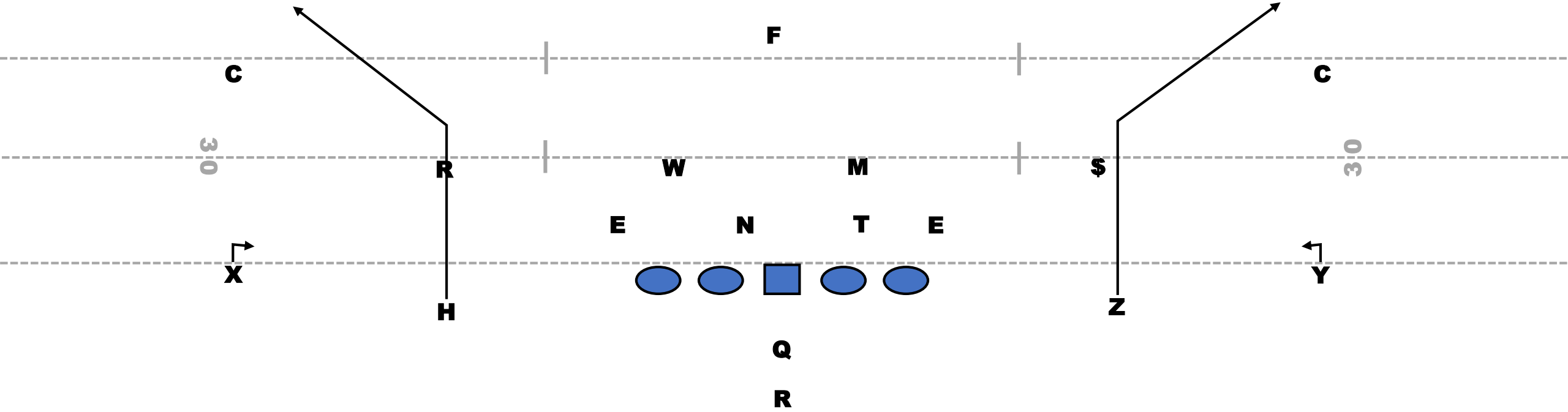
RELEASE:

PLAY NAME

POS	ASSIGNMENT
LT	
LG	
C	
RG	
RT	
X	
H	
Z	
Y	
R	
Q	



# PLAY NAME



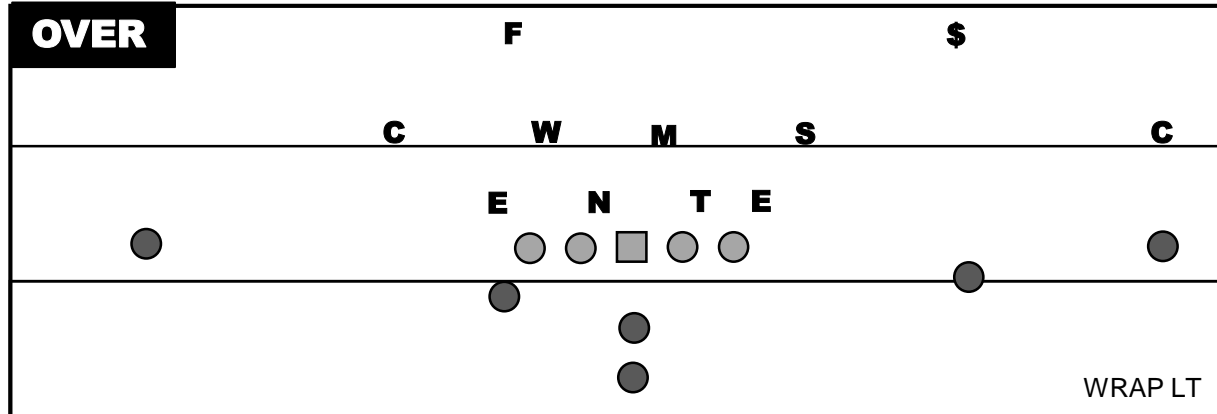
ASSIGNMENT		ASSIGNMENT	
X		LT	
H		LG	
Z		C	
Y		RG	
R		RT	
QB			



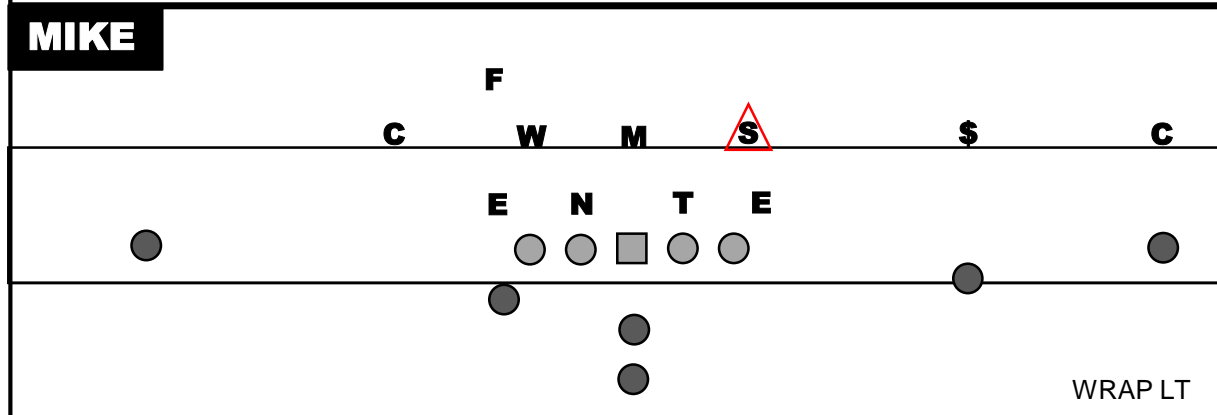


# DEFENSIVE FRONT GRID FOR RUN BLOCKING

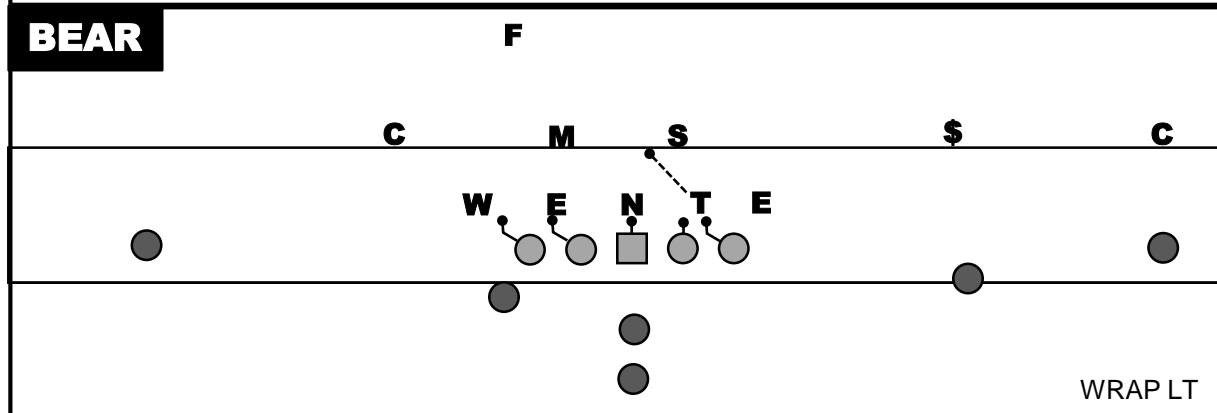
## OVER



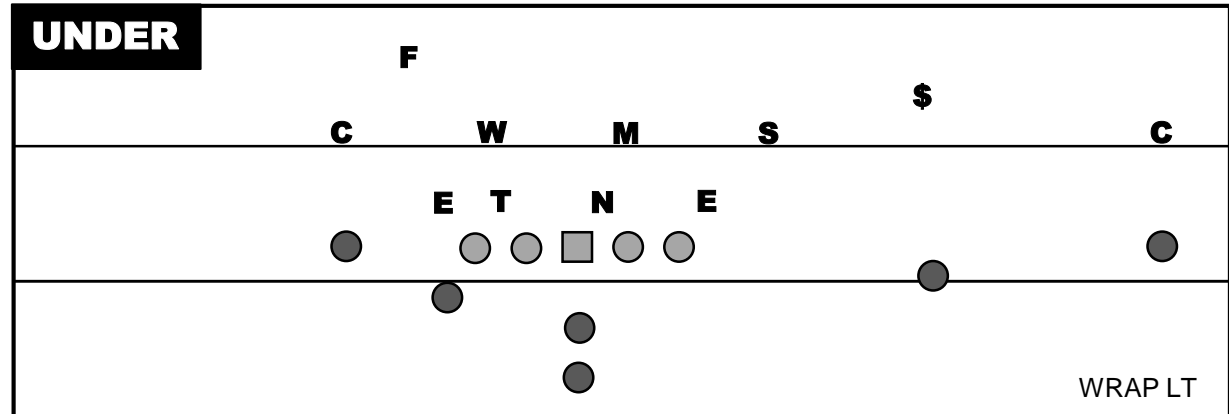
## MIKE



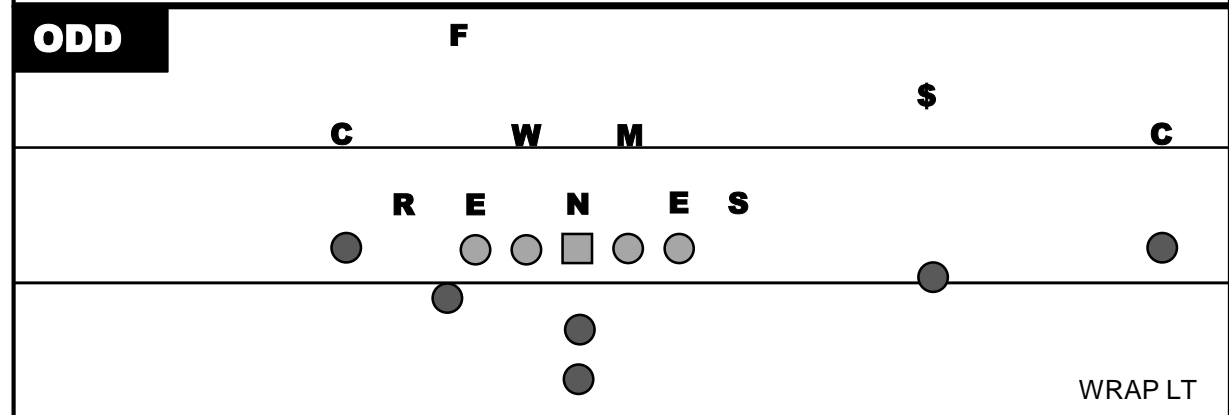
## BEAR



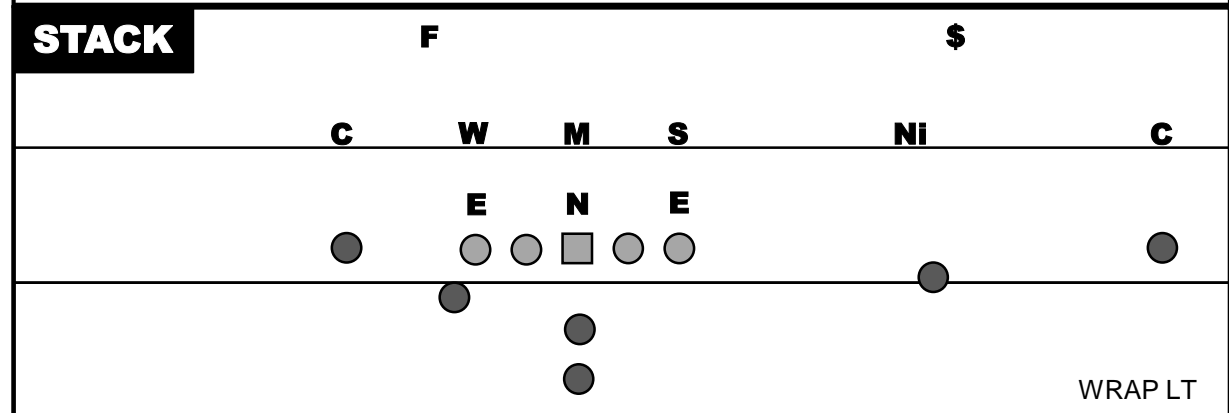
## UNDER



## ODD



## STACK







# PLAY NAME

CONCEPT:

FORMATIONS:

CODE WORDS:

POS

RULES/CALLS

TECHNIQUE

COACHING POINTS

PST

PSG

C

BSG

BST

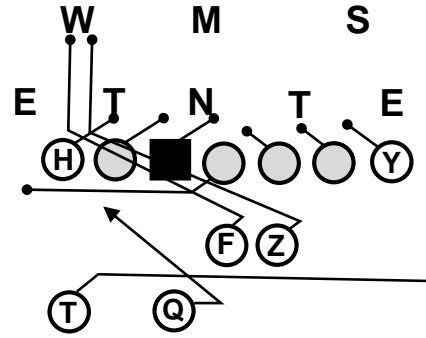
TE/FB

PS WR's

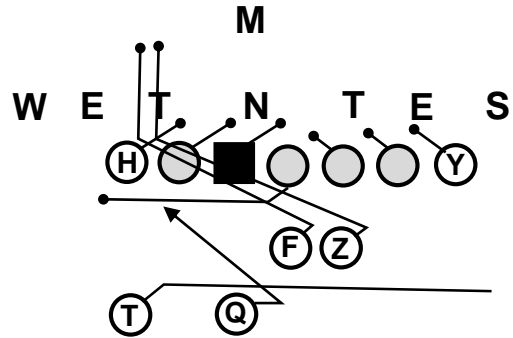
PLAY CONCEPT

PLAY NAME

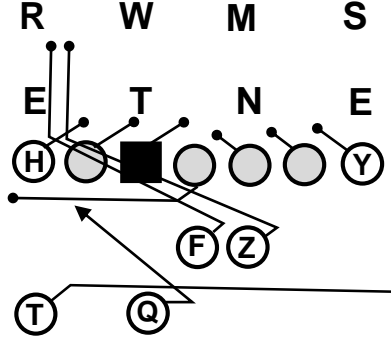
53



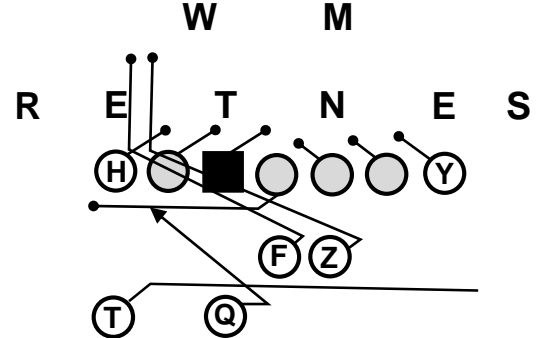
71



44



62



PLAYER

ASSIGNMENT

PLAYSIDE  
TACKLE

PLAYSIDE  
GUARD

CENTER

BACKSIDE  
GUARD

BACKSIDE  
TACKLE

PLAYER

ASSIGNMENT

H

Y

T

Z

F

NOTES	PLAY CALL	PLAY NAME
<b>QB TASKS</b>	<p>The diagram shows a football line of scrimmage. On the left side (playside), there are five players: H (tackle), E (guard), T (center), W (guard), and M (tackle). On the right side (backside), there are two players: Y (tackle) and S (tackle). A quarterback (QB) is positioned behind the center (T). A fullback (F) is positioned behind the guard (W). Arrows indicate the following movements: F moves up the center line; R moves up from the center (T); S moves up from the backside tackle (S). Yard lines for 20 are marked on both sides of the center line.</p>	

PLAYER	ASSIGNMENT	PLAYER	ASSIGNMENT
PLAYSIDE TACKLE		H	
PLAYSIDE GUARD		Y	
CENTER		T	
BACKSIDE GUARD		Z	
BACKSIDE TACKLE		F	