

The next variation is run with a dive back and this is from Texas Right. That means the dive back is on the play side. K-blocking for us means the linemen are man blocking. We like this versus teams with double A-Gap defenders and often on Goal Line situations.

Guard rule is number one. Tackle is two. Tight End any time he hears the word or the play that is a 3-K or 4-K play. If you've got a K-play that means we're going to kick out the end man on the line. The Tight End's rule on a 4-K play: find the end man on the line and block the first man inside.

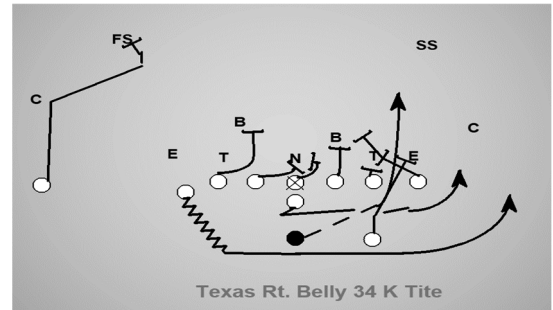


Fig 8-3: TEXAS RT BELLY 34 K TITE

We tagged it with the word 'Tite'. which tells our Tight End, Tackle blocks tackle, End blocks backer. Fullback uses the same steps one, two, three, shoulders squared downhill. Our Halfback now will aim at the outside leg of six, and kick out the end man on the line scrimmage.

This Belly is a better Belly on goal line. It is a better Belly against people that have a 1-technique. It gives us a way to continue to run the play and execute it without having to pull a guard inside if we're not able to get a good down block on an exceptionally quick 1-technique.

This one's been pretty good for us. Now we're in Texas. Our Diveback is on the Tight End side. We've got our H Back in hike motion. He's coming across in extended motion. That means we would go on our 'go' snap count. Now we got Belly 34-K lead.

As our HB comes across in motion, he will be the near back and will become the K Block. Our ZB will then lead through the hole looking for LB to Safety. This gives us essentially a play on the goal line like we are aligned in the Power I Formation.

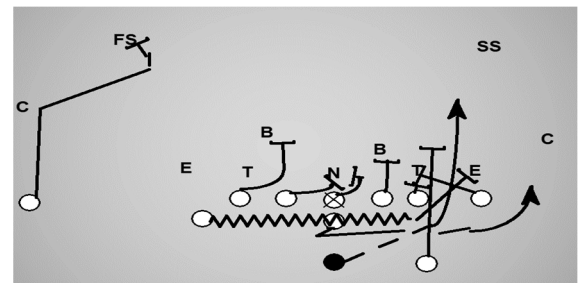


Fig 8-4: TEXAS RT HIKE BELLY 34 K LEAD

### BELLY VARIATIONS VS 4-3

Now we're looking here, we've got a 4-3 look. Another variation for us against a 4-3, is Belly 34-M, tells everybody to block man. Actually, this should be tug, not gut. Because the Tackle is on the down lineman, and the Guard is folding around. It's been a really good look for us against a 4-3 because the 9-technique we can turn him out. We're still running the Belly steps. We're hitting it up inside. We still have a BOB block.

When the SLB is filling and not scraping we can use our BIB call and allow the ZB to go inside for LB.

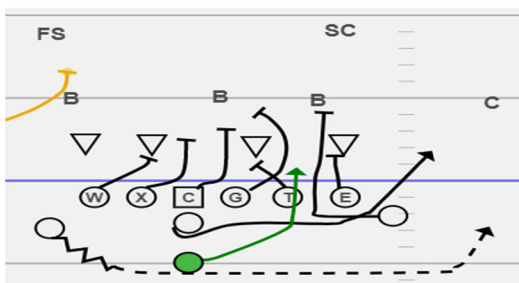


Fig 8-6: BELLY 34 M TUG BIB

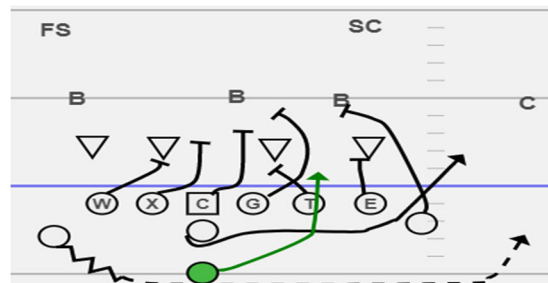


Fig 8-5: BELLY 34 M TUG VS 4-3

