

KEY POINTS OF ALL COURSES

understand the 4 basic rules of bicycle

As we learnt 4 basic rules of bicycle riding there are many others rules this 4 are common rules to be followed

1] Always ride your bicycle in bicycle lane

2] During turns show signals

3] Don't ride your bicycle roughly

4] Don't break the traffic rules

Following traffic rules

- ▣ **Common question about some newly riders that why should we follow the traffic rules as we are riding bicycle not a vehicle the reason behind is our safety .for a safe riding we should follow traffic rules to prevent accidents, injuries etc. breaking of traffic rules can seriously injures us . So follow rules and ride safely**

- Basically we should check our bicycle parts which are been told in pervious courses .also riding our bicycles smoothly and safely rather than riding roughly specially in city areas can be the reason of unsafe riding .not only you will injure yourself but also injure to people walking ,or riding bikes ,or crossing roads and many more . Before go on a ride we had learnt about things we required before riding .another major problem is riding bicycle sidewalk which is not safe at all for walking peoples and also riding. So best option is to ride on bicycle lane if not available ride through left side according to Indian traffic rules .ride your bicycles according to your country rules

Understanding gears

- ▣ **We have learnt about basic things related to gears you should understand and remember about how should you shift the no. of gears according to the road conditions which gears need more energy to ride and which gears requires less energy to ride**