

MAXIMIZING YOUR AFTER TIMEOUT (ATO) PLAYS



ADAM SPINELLA, DICKINSON COLLEGE



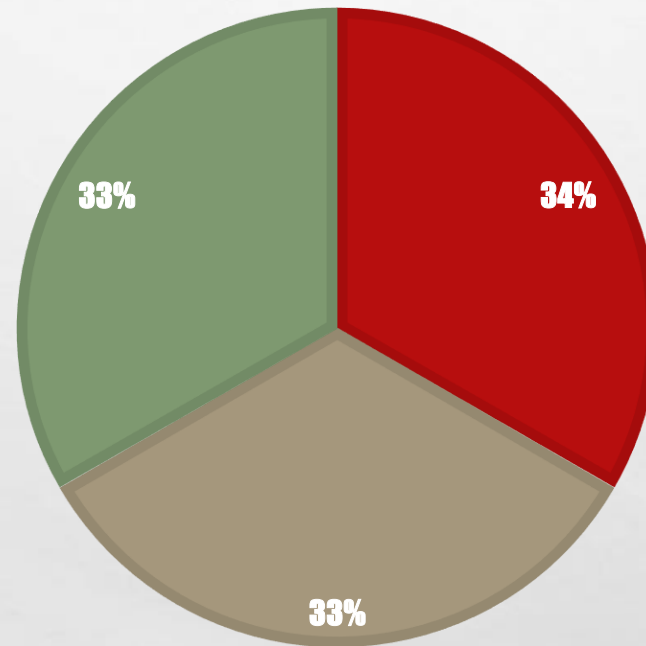
FIRST... AN OFFENSIVE PHILOSOPHY

WHERE OFFENSE COMES FROM

■ After a make

■ After a miss

■ Special Situations



Source: Brett Brown on The Lowe Post Podcast, 3.14.19

SPECIAL SITUATIONS

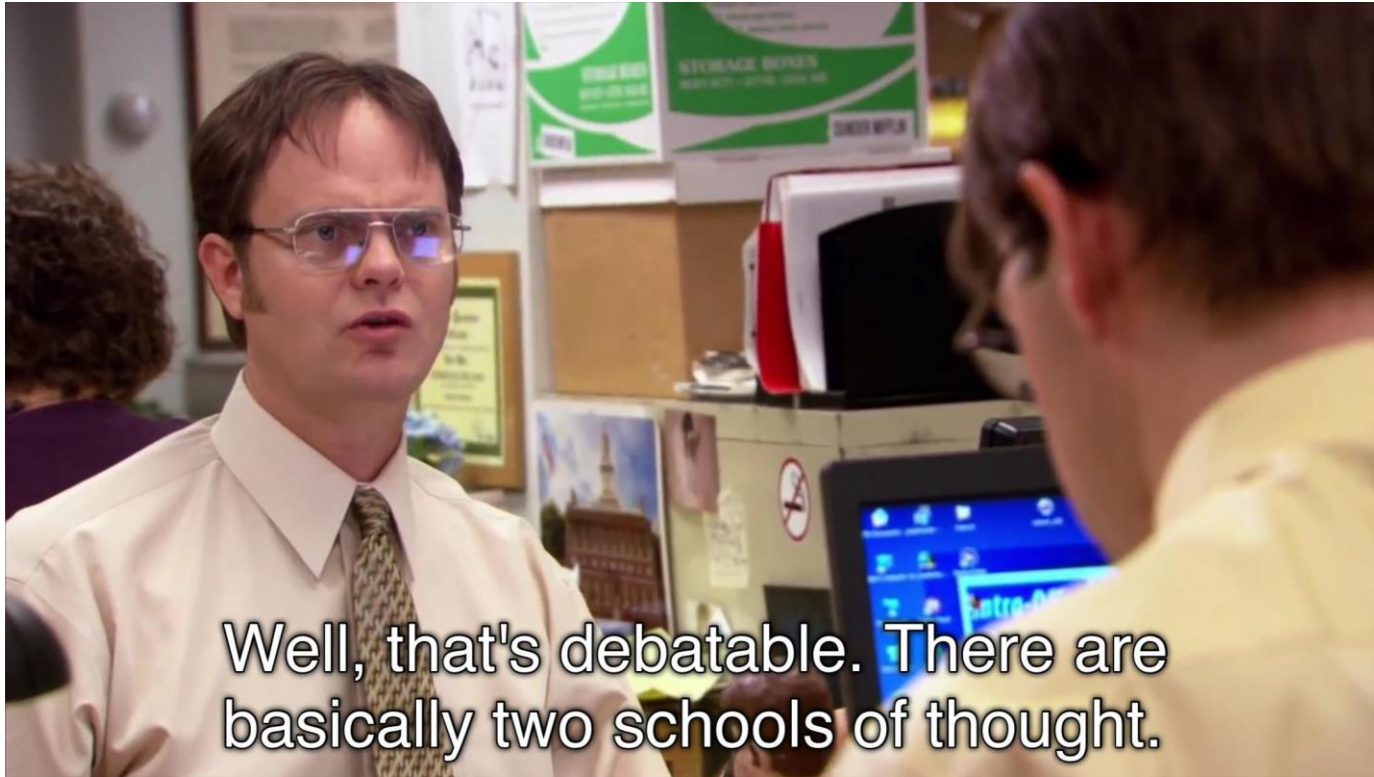
- **WHAT DO THEY INCLUDE?**

- INBOUND PLAYS (BASELINE, SIDELINE, FULL-COURT)
- LATE-GAME INBOUNDS
- ATO PLAYS

- **AREA COACH CAN MOST CONTROL DURING FLOW OF THE GAME**

- **REQUIREMENTS FOR SUCCESS**

- FORESIGHT/ PLANNING
- UNDERSTANDING OF STRENGTHS OF YOUR TEAM
- ANALYSIS OF WEAKNESS IN OPPONENT
- COMMUNICATION OF END-GOAL TO YOUR TEAM



Well, that's debatable. There are basically two schools of thought.

TWO SCHOOLS OF THOUGHT

- **ONLY DO SOMETHING WE PRACTICE**
- **DRAW SOMETHING UP THAT WE BELIEVE TARGETS OUR OPPONENT**

DO SOMETHING WE PRACTICE

PROS

- **AVOIDS CONFUSION OF TRYING SOMETHING NEW WHEN STAKES ARE HIGH**
- **EVERYONE HAS CONFIDENCE IN THEIR TEAMMATES TO RUN IT CORRECTLY**
- **EMPOWERS PLAYERS TO TAKE OWNERSHIP; ELIMINATES EXCUSES**

CONS

- **LIMITS OUR ABILITY AS COACHES TO REACT TO WHAT OPPONENT THROWS US**
- **NEED TO HAVE PRACTICED AGAINST THE TYPE OF DEFENSE YOU'RE FACING**
- **IF YOU'RE WELL-SCOUTED, SUCCESS MAY BE MITIGATED**

TARGET OUR OPPONENT

PROS

- **ALLOWS OUR TEAM TO HIT THEIR MOST VULNERABLE SPOT CONSISTENTLY**
- **CAN CATCH WELL-SCOUTED OPPONENT OFF-BALANCE AND GENERATE EASY LOOKS**
- **TEACHES PLAYERS HOW TO REACT ON THE FLY; INCREASES THEIR OVERALL IQ**

CONS

- **PUTS ONUS ON COACH TO COMMUNICATE QUICKLY, CLEARLY AND PRECISELY TO ALL PLAYERS**
- **UNROOTS MISTRUST BETWEEN TEAMMATES & LACK OF UNDERSTANDING OF “CONTINGENCY PLAN”**
- **HIGH-RISK, HIGH-REWARD: IF PLAY FAILS, HOLD UP THE MIRROR**

SOME TOP ATO PLAYS AND THEMES

- 1. GET A SHOT FOR A SPECIFIC PLAYER**
- 2. CAN YOU GET YOUR TEAM A LAYUP/ DUNK?**
- 3. DO YOU HAVE SOMETHING TO SCORE QUICKLY?**
- 4. CAN YOU DISGUISE IT WITHIN YOUR OFFENSE?**





THE SHOT FOR YOUR GUY





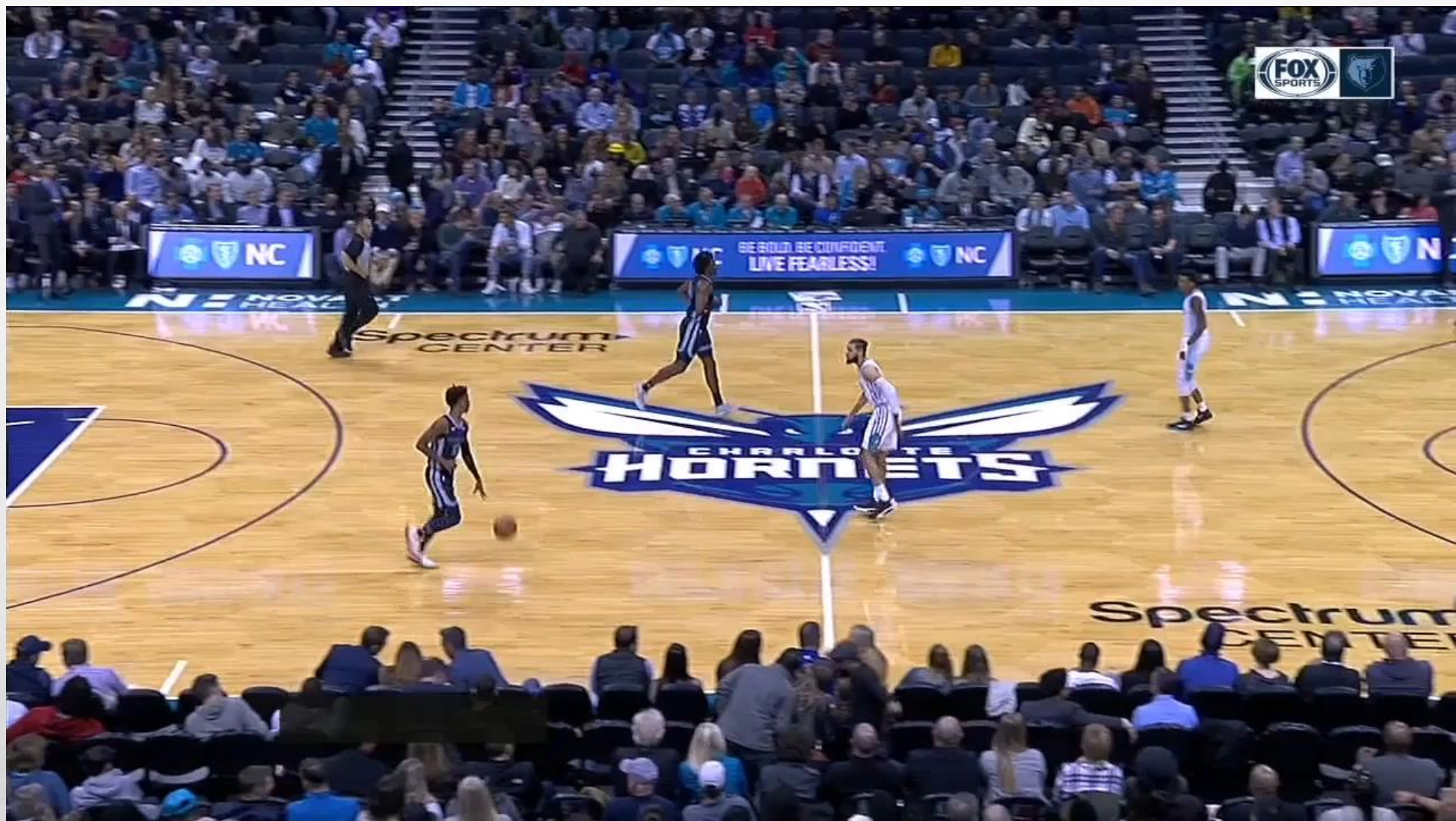
THE BACKDOOR





THE QUICK-HITTER





USING MULTIPLE ENTRIES





SCOUTING 101

- WHILE MAXIMIZING YOUR OFFENSE IS VITAL, DEFENSIVE ATO SITUATIONS HAVE A HIGHER CORRELATION TO WINNING GAMES



SOME SCOUTING SUGGESTIONS

- **PICK 1-2 SETS YOUR OPPONENT RUNS FREQUENTLY**
- **KNOW HOW YOU ARE GOING TO TRY AND DEFEND THEM**
- **KNOW HOW TO COMMUNICATE THAT TO YOUR TEAM QUICKLY**
- **TRUST YOUR ASSISTANTS!**



UTAH JAZZ: ATO DEFENSE





UTAH JAZZ: ATO DEFENSE



IN SUMMARY

- **HAVE A PHILOSOPHY FOR ATO PLAYS AND PLAN AROUND YOUR PLAYERS**
- **FIND WAYS TO DISGUISE WHAT YOU'RE RUNNING**
- **TAKE LAYUPS WHENEVER POSSIBLE**
- **SCOUTING ATO PLAYS ISN'T JUST FOR THE NBA**

QUESTIONS?



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